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10252 100% Whole Wheat Bread #1
 10253 100% Whole Wheat Bread #2
 2862### 1981 World Champ Butterfield Stageline Chili
 8624### 5 Bean Soup
 7898### 7 Layer Bars
 10255 90-Minute Soft Pretzels
 8625### A "boiled" Dinner
 9352### A Bloomin' Onion
 10258 Abadoo's Walnut Bread For Bread Makers
 1151### Acadian Peppered Shrimp
 5764### Acapulco Chicken
 5766### Acapulco Chicken Enchilada
 10259 Accidental Whole Wheat Herb Bread
 9353### Aceitunas Rellenas - Stuffed Olives
 7899### Acorn Cookies
 1944### Acorn Squash Rings
 6590### Acorn Squash Rings With Cranberries And Apples
 8626### Acorn Squash Soup
 9354### Acorn Squash With Cranberry Filling
 111### Adas Careh (lentil Butter)
 8627### Adrak
 8628### Adzuki Bean Stew
 5767### Afghan Chicken
 7900### After Dinner Mint Cookies
 10260 Aggie's Irish Soda Bread
 7901### Agression Cookies
 10261 Aiken County Corn Bread Dressing
 5768### Ajam Goreng Djawa (fried Chicken With Spices)
 8629### Ajjaco
 6591### Al's Chocolate To The Max.
 8630### Al's Seafood Bisque
 3434 Alabama Slammer
 10262 Alaskan Blueberry Coffee Cake
 8631### Albondigas Soup
 8632### Albuquerque Corn Soup
 2863### Alehouse Brisket
 6592### Alexander Pie
 10263 Alexandrian Cumin Bread
 1947### All American Hot Dish
 10264 All Bran Seed Loaf
 7325### All In One Tuna Casserole
 11306 All Purpose Barbecue Sauce
 2864### All-American Meatloaf
 11297 All-In-One Tuna Casserole
 10265 All-Season Bread
 1948### Allethea Wall's Copper Pennies (pickled Carrots)
 10266 Almond And Rice Flour Bread With Poppy Seeds.
 7902### Almond Bars

10267 Almond Bread
7903### Almond Butter Cookies
114### Almond Cheese Pinecone
5769### Almond Chicken
7904### Almond Cookies
7906### Almond Crescents
7907### Almond Crisps With Amaretto-Glazed Almonds
5770### Almond Crumb Chicken
4379### Almond Float With Mandarin Oranges
3439### Almond Lace Rolls
7908### Almond Macaroons
7909### Almond Meringues
115### Almond Mushroom Pate
7910### Almond Paste Sugar Cookies
10268 Almond Poppy Muffins
9355### Almond Puff
4380### Almond Ricotta Custard
4381### Almond Slices (mondel Schnits)
7911### Almond Spice Cookies
116### Almond Stuffed Dates With Bacon
6593### Almond Taffy
6594### Almond Truffles
6595### Almond Veloute Sauce
6596### Almond-Crusted Turkey Patties
6597### Almond-Oatmeal Cookies
4382### Almond-Snow Fruit Boats
1106### Aloha Cheesecake
117### Aloo Ko Achar (potato Salad)
3441### Altdeutxche Brotchen (old German Muffins)
10269 Amaranth Date Nut Bread
5771### Amaretto Chicken
11290 Amaretto Coffee
6598### Amaretto Fudge
6599### Amaretto Mousse
1107### Amaretto Peach Cheesecake
11348 Amazing Cookies
6600### Ambrosia Balls
6601### Ambrosia Salad Mold
3443### American Coffee Cake
10270 American Country Biscuits
10271 American Garlic And Parsley Bread - Machine
6602### American Grilled Cheese
7912### American Hermits
4383### American Ice Cream
10273 Amish Friendship Bread
7913### Ammonia Cookies
10274 Amy's Cornbread
10275 Anadama Bread
10276 Anadama Raisin Batter Bread

Sheet1

118### Anchor Bar Hot Wings
119### Anchovy Olive Dip
9356### Anchoyade
120### Andouille A La Jeannine
121### Andouille In Comforting Barbecue Sauce
10277 Angel Biscuits (no Rising Necessary)
7914### Angel Cloud Cookies
4384### Angel Food Supreme
1152### Angel Hair Pasta With Shrimp
9357### Angel Of Death Cheese Spread
4385### Angelica Tartlets
1153### Angels On Horseback
122### Anginares Tarama
7915### Anise Cookies
4386### Anise Meringue Kisses
7916### Aniseed Charabeli
4388### Aniseed Cookies
10278 Anita's Italian Herb Bread
5772### Ann's Ruby Chicken
9358### Anne's Summer Salad
7917### Annette Funicello's Peanut Butter Chocolate Chip Cookies
10279 Annie Mae Jones' Buttermilk Biscuits
10280 Annie Mae Jones' Yeast Rolls
10281 Annie Mae's Georgia Date-Pecan Bread
10282 Annie's Apple Bread
4389### Another Apple Crisp
123### Another Bean Salad
124### Another Garlic Soup Recipe
10283 Another Sourdough Starter
10284 Antebellum Rice Bread
125### Antipasto Kabobs
126### Antipasto Salad
9359### Antipasto Salad li
7562### Ants On The Hill (chinese Style Beef)
11167 Ants-On-A-Log Student Style
7918### Anzac Biscuits (cookies)
4390### Apfelquarkkuchen (apple And Cream Kuchen)
4391### Apfelstrudel (apple Strudel)
10285 Aphrodisiac Bread
127### Appetizer Cheese Ball
129### Appetizer Ham Ball
10286 Apple And Cheddar Corn Muffins
4392### Apple And Cream Kuchen
131### Apple And Fennel Salad
4393### Apple And Nut Pockets
10287 Apple And Oat Bran Muffins
2866### Apple And Orange Pork Chops
3462### Apple And Rye Bread Pudding
4394### Apple Baklava

Sheet1

10288 Apple Banana Bread
8633### Apple Barley Soup
10289 Apple Bran Muffins
3465### Apple Bread
10290 Apple Breakfast Bread
4395### Apple Brown Betty With Rum Whipped Cream
6603### Apple Butter Refrig. Cookies
7919### Apple Butter Refrigerator Cookies
11264 Apple Cake With Icing
4396### Apple Cheddar Cookies
10292 Apple Cheddar Muffins
4397### Apple Cheddar Wontons
10293 Apple Cheese Bread
11337 Apple Chutney
10294 Apple Cinnamon Muffins
10### Apple Cobbler
4398### Apple Crescents
4399### Apple Crisp
4400### Apple Crisp #2
4401### Apple Crisp Ala Brigitte
4402### Apple Crisp Ala Cyberealm
11349 Apple Crumb Pie
10296 Apple Crunch Muffins
7920### Apple Danish
4403### Apple Dumplings
1949### Apple Filled Acorn Squash
1950### Apple Filled Squash Halves
4404### Apple Fritters
10297 Apple Hearth Bread
2867### Apple Meatloaf
10298 Apple Muffins (no Fat)
10299 Apple Oatbran Scones
4405### Apple Pan Dowdy
4406### Apple Pancakes # 2
4407### Apple Pear Brown Betty
6604### Apple Pie--10-Inch
6605### Apple Pie--9-Inch
3478### Apple Roll
10300 Apple Rolls
3480### Apple Scones
4408### Apple Sherbet
132### Apple Slaw
8634### Apple Soup
10301 Apple Spice Bread
4409### Apple Squares
10302 Apple Streusel Coffee Cake
4410### Apple Strips
10304 Apple Strudel (apfelstrudel)
6606### Apple Tart Tatin

4411### Apple Tarts With Ice Cream Part 1
4412### Apple Tarts With Ice Cream Part 2
4413### Apple Turnovers
10305 Apple Waffles
6607### Apple-Apricot Strudels
6608### Apple-Cheese Coleslaw
6609### Apple-Cherry Gumdrops
10306 Apple-Cinnamon Scones
10307 Apple-Hazelnut Muffins
6610### Apple-Liver Pate
11350 Apple-Molasses Bread
10308 Apple-Orange Spice Muffins
5773### Apple-Prosciutto Chicken
10309 Apple-Raisin Stuffing
7921### Apple-Spice Bars
2868### Apples And Buttons (schnitz Un Knepp)
10310 Applesauce Bread
10311 Applesauce Cinnamon Bread
7922### Applesauce Cookies
7923### Applesauce Granola Cookies
6611### Applesauce Jumbles
4414### Applesauce Meringue
10312 Applesauce Nut Bread
10313 Applesauce Raisin Bread
11351 Applesauce Salad
6612### Applesauce Snack Cake
6613### Applesauce Spice Cake
10314 Applesauce Tea Bread
6615### Applesauce-Horseradish Sauce
7924### Applesauce-Raisin Cookies
7925### Applesauce-Spice Drops
7926### Applesauce-Whole Wheat Squares
10315 Apricot Almond Buns
5774### Apricot Basted Quail
4415### Apricot Bonbons
10316 Apricot Bread
6616### Apricot Cashew Rounds
5775### Apricot Chicken Thighs
6617### Apricot Crisp
7927### Apricot Filled Sugar Cookies
3497### Apricot Fritters
4416### Apricot Ice
4417### Apricot Ice Cream
10317 Apricot Kolachky Filling
10319 Apricot Kolachky Filling #2
10320 Apricot Kolachy
10321 Apricot Muffins
6618### Apricot Pie
1154### Apricot Sauced Fish

7928### Apricot Squares
4418### Apricot Summer Sundae
7929### Apricot Tea Cookies
6619### Apricot Truffles
3503### Apricot White Chocolate Walnut Scones
4419### Apricot Whole Wheat Crepes
3504### Apricot-And-Bread Pudding
3505### Apricot-Pecan Loaf
6620### Apricot-Pistachio Rolled Pork
6621### Apricot-Prune Upside Down Cake
6622### Arancia Genovese
2869### Ardshane House Irish Stew
8635### Ark Soup
 133### Armadillo Eggs
8636### Armenian Barley And Yoghurt Soup
3506### Armenian Cracker Bread
7326### Armenian Eggplant Casserole
11352 Armenian Rice
1951### Armenian Style Zucchini
8637### Aromatic Broth With Vegetable Slivers
5776### Aromatic Duck
2870### Aromatic Lamb
7327### Arroz Amarillo Con Camarones -Yellow Rice & Shrimp Casserol
5777### Arroz Con Pollo #2
 12### Artichoke Bake
1952### Artichoke Baskets With Caper Dip
 134### Artichoke Bottoms With Bay Scallops
 135### Artichoke Chili Dip
 13### Artichoke Dip
9360### Artichoke Dip #1
 136### Artichoke Dip #2
 137### Artichoke Dip #3
10322 Artichoke Fritters
1953### Artichoke Gratin
 138### Artichoke Heart And Radicchio Salad
11353 Artichoke Oyster Soup
 139### Artichoke Rice Salad With Dressing
 140### Artichoke Salad
8638### Artichoke Soup
 141### Artichoke Spinach Dip
 142### Artichoke Squares
9362### Artichoke Squares #2
1955### Artichoke Vinaigrette
11354 Artichoke-Spinach Casserole
1155### Artichokes And Shrimp W/ Pasta
6624### Artichokes Globe
6625### Artichokes Jerusalem
6623### Artichokes With Rosemary Sauce
 143### Arugula And Red Onion Salad

Sheet1

2871### Asado Con Pimienta Negra (roast Beef And Black Pepper Crust
9363### Asian Guacamole
7563### Asian Marinated Eggplant
7564### Asian Porterhouse
144### Asinan (sweet And Sour Cucumber Salad)
6626### Asparagi Parmigiana
8639### Asparagu Soup
5778### Asparagus & Chicken In Black Bean Sauce
6627### Asparagus & Endive With Orange
1958### Asparagus (generic)
1959### Asparagus And Acorn Squash Rings
7565### Asparagus And Beef With Black Beans
5779### Asparagus And Chicken In Black Bean Sauce
8640### Asparagus And Crab Meat Soup - Mang Tay Nau Cua
9364### Asparagus And Crabmeat Salad
8641### Asparagus And Sesame Chicken Soup
1961### Asparagus Cashew Stir-Fry
7328### Asparagus Casserole
8642### Asparagus Crab Soup - Sup Mang Tay Cua
1962### Asparagus Frittata
1963### Asparagus Omelet
9366### Asparagus Roll Ups
145### Asparagus Salad With Pickled Ginger
9367### Asparagus Salad With Pickled Red Ginger
146### Asparagus Shrimp Salad
8643### Asparagus Soup
8646### Asparagus Soup #2
1964### Asparagus Strata
6629### Asparagus Tip Pasta
6630### Asparagus Welsh Rabbit
6631### Asparagus With Bacon
7566### Asparagus With Black Bean Beef
7567### Asparagus With Cashews
1965### Asparagus With Mushrooms And Fresh Coriander
1966### Asparagus With Rice
1967### Asparagus With Shallots
1968### Asparagus With Toasted Pine Nuts & Lemon Vinaigrette
1969### Asparagus With Toasted Pine Nuts And Lemon Vi
1970### Asparagus Won Tons
7329### Asparagus-Cheese Casserole
1156### Assam Spicy Shrimp
1157### Assorted Vegetables In A Clear Sauce
1158### Astakos Plaki - Lobster In Tomato Sauce With Saffron Rice
10323 Atomic Bread
6632### Au Gratin Potatoes
6633### Au Gratin Spaghetti Squash With Mushrooms
1971### Aubergine Fritters - Makhua Chub Khai Thord
1972### Aubergine With Lentils - Phad Makhua Sai Thua Khiew
1159### Aubergine With Pork And Prawns - Makhua Phao Song Kruang

Sheet1

7330### Aubergines A La Toulousaine (eggplant A La Toulouse)
5780### Audrey's Oriental Chicken
7930### Aunt Carol's Oatmeal Lace Cookies
10324 Aunt Cora's Biscuits
4420### Aunt Hannah's Lebkuchen
7931### Aunt Lura's Oatmeal Cookies
1973### Aunt May's Pickled Green Tomatoes
11355 Aunt Mildred's Noodle Kugel
10325 Aunt Velma's Shortbread
4421### Auntie Lin's Killer Strawberry Shortcake
7331### Auntie's Chicken Casserole
11356 Aunty Betty's Bombe
2872### Aussie Meatloaf
1160### Aussie Shrimp On The Barbie With Orange Ginger Sauce
7569### Authentic Sweet And Sour Pork
10326 Autumn Apple Bread
1108### Autumn Cheesecake
11357 Autumn Fruit Cornish Hens
8648### Autumn Rarebit Soup
8649### Autumn Squash
8650### Avgolemono
8651### Avgolemono Soup
8652### Avgolemono Soup (lemon)
147### Avocado And Raisin Dip
9369### Avocado And Scallop Ceviche
6634### Avocado And Tomato Salad
148### Avocado Corn Salsa
8653### Avocado Curry Soup
6635### Avocado Dip
10327 Avocado Loaf
10328 Avocado Muffins
6637### Avocado Orange And Watercress
9370### Avocado Salad Jelled
6636### Avocado Soup
8654### Avocado Soup With Radishes & Cilantro Cream
9371### Avocado-Tofu-Egg Dip
149### Awabi Sakami (sweet Cooked Abalone)
3513### Ayalla's Banana Bread
5781### Ayam Goreng Jawa - Fried Chicken Javanese Style
5782### Ayam Petis (indonesia)
2646### Aztec Enchiladas
150### Aztec Pyramid Avocado Dip
11066 B & B
151### Baba Ganouj
152### Baba Ghannouj
9372### Baba Ghannouj (eggplant Appetizer)
9373### Baby Pear Tomatoes And Brie
4422### Baby Ruth Cookies
153### Baby Shrimp And Tarragon Mustard

7932### Baby Teething Crackers
4423### Bachelor Buttons
9374### Bacon And Cheese Eggs
2647### Bacon And Egg Casserole
10331 Bacon And Onion Muffins
9375### Bacon And Smoked Oysters
154### Bacon Artichoke Bundles
8658### Bacon Cabbage And Pasta Soup
8656### Bacon Cawl With Three Sauces
3522### Bacon Cheese And Tomato Sandwiches
10332 Bacon Corn Bread
155### Bacon Horseradish Dip
9376### Bacon Olive Hot Appetizer
10333 Bacon Peanut Butter Corn Bread
11358 Bacon Potato Pie
8657### Bacon Potato Soup
156### Bacon Roll-Ups
10334 Bacon Stix
2873### Bacon Wrapped Little Loaves
11248 Bacon Cheese And Tomato Sandwiches
6638### Bacon-Green Bean Pasta Toss
5783### Bacon-Wrapped Turkey Burgers
10336 Bagel Chips
10337 Bagels
158### Bagna Cauda (bon'-Ya Cod'da)
11067 Bahama Mama
7570### Bahmi Goreng (fried Noodles)
1161### Bailey's Bouillabaisse (fish Stew)
5784### Baja Chicken Pasta Salad
1162### Bakaliaro Tiganito (Fried Salt-Cod)
6639### Baked (shirred) Eggs
4424### Baked Apple Rings
159### Baked Apple Zapata
6640### Baked Apples
11168 Baked Apples Student Style
1974### Baked Asparagus And Mushroom Omelet
1975### Baked Beans
11169 Baked Beans Student Syle
7332### Baked Beans With Ground Beef Topping
8659### Baked Beef And Vegetable Soup
7333### Baked Breast Of Chicken Excelsior
1976### Baked Carrots
1163### Baked Catfish A'la Meuni`ere
1164### Baked Catfish Creole
1165### Baked Catfish Fillets With Horseradish Sauce
160### Baked Cheddar Olives
2648### Baked Cheddar Toast
5785### Baked Chicken
5786### Baked Chicken Garibaldi

Sheet1

7334### Baked Chicken Salad From Oster Kitchen Center
1977### Baked Chile Relleno Ala Weight Watchers
7933### Baked Chocolate Marshmallow Treats
1978### Baked Corn Chex 'n' Cheese Custard
5788### Baked Cornish Hens
1167### Baked Crab In Shells
6641### Baked Custard
2649### Baked Egg Dish
6642### Baked Eggplant Sandwiches
6643### Baked Eggs And Artichokes
6644### Baked Eggs And Green Beans
1979### Baked Eggs Florentine
2650### Baked Eggs In Tomato Shells
1168### Baked Fish Steaks
1169### Baked Fish With Spices
1170### Baked Flounder
4425### Baked Fudge Pudding
161### Baked Goat Cheese With Garden Salad
6645### Baked Honey Apples
1980### Baked Honey Tomatoes
10338 Baked Hush Puppies
4426### Baked Indian Pudding
2874### Baked Kibbee
4427### Baked Marmalade Pancake
6646### Baked Mincemeat Apples
1981### Baked Mushrooms
1982### Baked Pizza Sandwich
9377### Baked Potato Chips
7335### Baked Potato Salad
8660### Baked Potato Soup
162### Baked Potato Spears
11170 Baked Potatoes Student Style
1171### Baked Prawns And Mungbean Noodles - Kung Op Wun Sen
1172### Baked Red Snapper
5790### Baked Rock Cornish Game Hen
1173### Baked Salmon With Caper Sauce
14### Baked Salmon With Herb Sauce
2651### Baked Sour Cream Tacos - Tacos De Jocoqui Al Horno
7336### Baked Spanish Eggs
2875### Baked Spare Ribs And Sauerkraut
163### Baked Spinach
2652### Baked Spinach With Cheese
11171 Baked Squash Student Style
1983### Baked Steak And Lima Beans
1174### Baked Stuffed Fish
9378### Baked Stuffed Fish II
10339 Baked Stuffed French Toast
1175### Baked Stuffed Lake Trout Salmon Or Walleyed Pike
11324 Baked Stuffed Peppers

Sheet1

1984### Baked Stuffed Potatoes
164### Baked Sweet Red & Yellow Pepper Wedges
1985### Baked Tomatoes
1986### Baked Tomatoes And Corn
1176### Baked Trout With Yoghurt And Herbs
5791### Baked Turkey
7337### Baked Turnip Casserole
1987### Baked Vidalia Onions
1177### Baked Walleye In Sour Cream
6647### Baked Whole Onions
5792### Baked Wild Duck Ordinaire
1989### Baked Zucchini Boats
1913### Baked Zucchini With Tomatoes
7934### Baker's Chocolate Chip Cookies
7935### Baker's Fudge Crackle Cookies
10340 Baking Powder And Potato Bread
10341 Baking Powder Biscuits
10342 Baking Powder Biscuits #2
4428### Baklava
4434### Baklawa 'be'aj'
1178### Bamboo's Escovitched Snapper
165### Banadura Salata Bil Kizbara (tomato And Coriander Salad)
10343 Banana And Mango Bread
10344 Banana Blueberry Bread
4435### Banana Bonanza Ice Cream
10345 Banana Bran Bread
10346 Banana Bread (no Milk Or Wheat)
3535### Banana Bread Pudding With Rum Sauce
10347 Banana Chocolate Chip Bread
3537### Banana Coconut Bread
4436### Banana Cookie Ice Cream
7936### Banana Crackers
4437### Banana Custard Pudding
1179### Banana Fish
10348 Banana Flour
4438### Banana Fudge Cookies
10349 Banana Health Loaf
3540### Banana Lime Bread
4439### Banana Mocha Ice Cream
10350 Banana Muffins
10351 Banana Nut Bread
1109### Banana Nut Cheesecake
10353 Banana Nut Chocolate Chip Bread
10354 Banana Oatmeal Bread
4440### Banana Puffs
166### Banana Salad
11359 Banana Split Cake
4441### Banana Split Sundaes
7937### Banana Sunflower Seed Cookies

Sheet1

10355 Banana Walnut Muffins
10356 Banana Wheat Bread
10357 Banana Wheat-Germ Bread
10358 Banana-Blueberry Muffins
4442### Banana-Brownies Lo Cal
4443### Banana-Coconut Bake (akwadu)
10359 Banana-Ginger Bran Muffins
11275 Banana-Nut Muffins
10360 Banana-Oatmeal-Pecan Bread
10361 Banana-Rhubarb Muffins
7938### Banana-Sour Cream Bars
4444### Bananas Flambe
6648### Bananas Foster
4445### Bananas Fritas
7939### Banbury Tarts
10362 Bannock
7940### Banquet Nut Wafers
9380### Bar Cheeze A La Win Shooter's
2878### Bar-B-Barn Ribs
167### Bar-B-Q Wing Dings
10363 Bara Brith (currant Bread) Welsh
10364 Bara Brith (speckled Bread)
2879### Barb's Meatloaf With Cheese
9381### Barbecue Bits
1180### Barbecue Crab Sandwich
9382### Barbecue Cubes
2880### Barbecue Hamburger Patties
6649### Barbecue Pot Roast
11307 Barbecue Ribs
11308 Barbecue Sauce
11249 Barbecued Beef In Crusty Rolls
11250 Barbecued Beef On Buns
2881### Barbecued Brisket
5793### Barbecued Chicken
5794### Barbecued Chicken Wings - Peak Gai Yang *
1181### Barbecued Corn And Hard Shelled Crabs
168### Barbecued Garlic
2882### Barbecued Hamburger Patties
5795### Barbecued Indian Spice Turkey
7571### Barbecued Lamb On Skewers
1182### Barbecued Lobster
7572### Barbecued Pork (cha Siu)
7573### Barbecued Pork Bun
7575### Barbecued Pork Strips
2883### Barbecued Ribs
7339### Barbecued Ribs Oriental
6650### Barbecued Roast Beef Sandwiches
169### Barbecued Salmon Ribbons
1183### Barbecued Shrimp

Sheet1

5796### Barbecued Shrimp And Chicken
1184### Barbecued Shrimp Paste On Sugar Cane - Chao Tom
170### Barbecued Spareribs
2884### Barbecued Venison Ribs
5797### Barbecued Vietnamese Five-Spice Cornish Game Hens
5798### Barbequed Shrimp And Chicken
10372 Barley Bread
8662### Barley Broth With Chicken
7340### Barley Casserole
7342### Barley Casserole #2
7941### Barley Chips
9383### Barley Egg Rolls
2885### Barley Pudding With Lamb
1990### Barley Risotto With Shrimp Eggplant
171### Barley Salad
6651### Barley Vegetable-Beef Soup
7942### Barley-Oat Crackers
10373 Barmbrack (irish)
172### Barvarian Potato Salad
173### Barvarian Sausage Salad
2886### Barvarian Veal
2887### Barvarian Veal With Asparagus
10374 Basic Bread And Rolls
2653### Basic Broccoli Frittata
9384### Basic Crepe Recipe
174### Basic Fish Mousse
1185### Basic Fish Stock - *p Cooking Class
9385### Basic Fondue (fondue Neuchateloise)
2888### Basic Hamburgers
2889### Basic Meat Loaf
2890### Basic Meatballs
7576### Basic Oriental Fried Rice - Stephen Yan
9386### Basic Roquefort Dressing
1186### Basic Soup Stock
10379 Basic Sourdough Batter
10382 Basic Sponge
8664### Basic Stock For Soups
7943### Basic Sugar Cookies
9387### Basic Vegetable Platter
10384 Basic White Bread
7944### Basic White Crackers
7577### Basic Won Ton
2891### Basil Beef Roast
6652### Basil Brie In Pastry
1991### Basil Broccoli Terrine
10385 Basil Parmesan Bread
175### Basil Potato And Egg Salad
1992### Basil-Vegetable Saute
1993### Basque Shepherd's Pie

Sheet1

11309 Basting Sauce For Roast (for Company)
4446### Batter Up Beef Pie
177### Batter-Dipped Fondue Meatballs
1994### Batter-Fried Vegetables
178### Bavarian Liverwurst Dip
1995### Bavarian Patties With Sauerkraut
4447### Bavarian Vanilla Cream
11068 Bay Breeze
179### Bay Head Cream Cheese Spread
9388### Bay Scallop Seviche
8665### Bay Scallop Stew
1187### Bay Scallops With Lemon & Dill
4448### Bayerische Erdbeercreme (strawberry Barvarian)
4449### Bayerische Vanillecreme (bavarian Vanilla Cream)
1996### Bayerischer Mit Spargel (barvarian Veal With Asparagus)
9389### Bayerischer Wurstsalat (barvarian Sausage Salad)
180### Bayrischer Kartoffelsalat (barvarian Potato Salad)
1188### Bayswater Brasserie Seared Sea Scallops In Lime Broth
1189### Bbq Crab Sandwich
1190### Bbq Trout
3580### Bea's Blueberry Gingerbread Treat
9390### Beacon Hill Clam Dip
4450### Beacon Hill Cookies
8666### Bean And Beef Soup
9391### Bean And Cashew Nut Salad
181### Bean And Garlic Dip
8667### Bean And Pasta Soup
7343### Bean And Sausage Casserole
7578### Bean Curd With Oyster Sauce
182### Bean Dip A La Dr. Pepper
8668### Bean Soup
8669### Bean Soup From Tuscany
8670### Bean Soup Veneto-Style-Pasta E Fagioli Alla Veneta
8671### Bean Soup With Frankfurters
9392### Bean Sprout Salad With Garlic
8672### Bean Stew
8673### Bean Stew With Fennel And Tomatoes
7579### Bean Thread Noodles With Pork
9393### Bean Thread Salad (yum Woon Sen)
11325 Bean Vegetable Medley
6653### Beans Green And Wax
6654### Beans Lima
1997### Beans With Thyme & Cashew Nuts
6655### Bearnaise Sauce
6656### Beatrice Salad
2892### Beef & Broccoli
8674### Beef 'n' Barley Vegetable Soup
2893### Beef 'n' Beer
6657### Beef And Artichoke Fettuccine

Sheet1

8675### Beef And Barley Soup
7580### Beef And Bean Curd Clay Pot
1998### Beef And Broccoli
7581### Beef And Broccoli With Garlic Sauce
6658### Beef And Broth
1999### Beef And Cabbage Joes
8676### Beef And Cabbage Soup
4451### Beef And Cheese Pie
8677### Beef And Lentil Stew
2895### Beef And Mushroom Roll
7582### Beef And Pea Pod Stir-Fry
7583### Beef And Rice Dinner
1191### Beef And Scallop Saute
8678### Beef And Vegetable Soup #1
8679### Beef And Vegetable Soup #2
2896### Beef And Vegetables In Red Wine Sauce
2897### Beef Boulash
2000### Beef Boulette Burgers
2898### Beef Bourguignonne
6660### Beef Brisket Barbecue
2899### Beef Brochettes
7347### Beef Brown Rice And Feta Casserole
8680### Beef Burgundy
11291 Beef Burgundy Stew
7344### Beef Casserole With Edam
7590### Beef Cauliflower And Snow Peas
9395### Beef Cheese Ball
8681### Beef Chili With Navy Beans
7584### Beef Chow Fun
7585### Beef Chow Fun With Black Bean Sauce
7586### Beef Chow Mein
2900### Beef En Daube
8682### Beef Goulash
2901### Beef In Walnut Sauce
183### Beef Jerkey #1
9396### Beef Jerky
9397### Beef Kushisashi
7587### Beef Lo Mein With Bean Sprouts
6661### Beef Medallions W/rosemary
2902### Beef Mushroom Freezer Mix
7345### Beef Nacho Casserole
2903### Beef Pastrami
2904### Beef Pita
2905### Beef Pot Roast
2001### Beef Ragout
8683### Beef Ragout Country-Style
6662### Beef Roast W/spicy Chipotle Sau
2906### Beef Rolls
184### Beef Salad

Sheet1

6663### Beef Salad Filling
185### Beef Salad Ole
186### Beef Satay
9398### Beef Sausage - Nella
2907### Beef Short Ribs Pacific Style
8684### Beef Soup With Liver Balls
8685### Beef Stew With Ale
6664### Beef Stew1
6665### Beef Stew2
2908### Beef Stew: Eisenhower's Recipe
2909### Beef Stifado
2910### Beef Stock
2911### Beef Stroganoff
6666### Beef Stroganoff Iv
9399### Beef Teriyaki
2912### Beef Tomato Freezer Mix
2913### Beef Tongue (ozor Na Szaro)
2914### Beef Tournedos With Gin & Juniper Sauce
7588### Beef With Asparagus
7346### Beef With Brown Rice And Feta Casserole
7589### Beef With Chinese Steak Sauce
6667### Beef With Marinated Peppers
2915### Beef With Pickled Walnuts
187### Beef Yakitori
8686### Beef-Barley Soup
8687### Beefy Spaghetti Soup
2002### Beekeeper's Cabbage
188### Beer - Cheese Bits
189### Beer Batter Fried Veggies 'n' Things
10391 Beer Biscuits
10392 Beer Bread
3584### Beer Can Date Bread
190### Beer Cheese
8688### Beer Soup With Cheese
9400### Beet And Cucumber Salad With Orange Dressing
6668### Beet Fettuccine
6669### Beet Fettuccine With Caviar
192### Beet-Orange-Apple Salad
2003### Beets In Onion Vinaigrette
5799### Beggar's Chicken
9401### Beggars' Purses
2004### Begun Kalia - Colorful Eggplant
3588### Beignets De Carnaval Or Fastnachtskiechla
4452### Belgian Cheese Tart
6670### Belgian Endive Salad
193### Bell Pepper Rajas
1192### Belles D'espagne
4453### Ben & Jerry's Cantaloupe Ice Cream
4454### Ben & Jerry's Fresh Georgia Peach Ice Cream

Sheet1

4455### Ben & Jerry's Heath Bar Crunch Ice Cream
4456### Ben & Jerry's Kiwi Ice Cream
4457### Ben & Jerry's New York Super Fudge Chunk
4458### Ben & Jerry's Orange Cream Dream Ice Cream
4459### Ben & Jerry's Oreo Mint Ice Cream
4460### Ben & Jerry's Plum Ice Cream
4461### Ben & Jerry's Raspberry Ice Cream
4462### Ben & Jerry's Sweet Cream Base #1
4463### Ben & Jerry's Sweet Cream Base #2
4464### Ben & Jerry's Sweet Cream Base #3
4465### Ben's Chocolate Ice Cream
2005### Bengali Spinach
7945### Benne (sesame Seed) Cookies
2916### Berghoff Ragout (ragout A La Berghof)
6671### Berliner Kranzer
194### Berried Spinach Salad
4466### Berries Kir Royale
11172 Berries N' Cream Student Style
4467### Berry Cobbler
6672### Berry Milk Shakes
6673### Berry Pirouette
6674### Berry Vinegar
3594### Best Banana Bread
7348### Best Broccoli Casserole
6675### Best Chocolate Cake
7946### Best Frosted Chocolate Creams
4468### Best Jell-O
4469### Best Oatmeal Cookies
2006### Best Tomato Catsup
7947### Best-Ever Cookies
9402### Better-Than-Potato Salad
11069 Between The Sheets
16### Bev's Green Bean Casserole
2007### Bhindi Masala
2008### Bhindi Sabji
7948### Big White Soft Sugar Cookies
1193### Billi Bi Soup
5800### Bird Of Paradise
8689### Bird's Nest Soup
7949### Birds In The Nest
7950### Birdseed Granola Squares
2009### Biryani
7952### Biscotti Del Laggaccio (aniseed Biscotti)
7953### Biscotti Di Greve (Orange Almond Biscotti)
7955### Biscotti Di Prato (Tuscan Almond Biscotti)
6676### Biscuit Tortoni
9404### Bits O' Teriyaki Chicken
2654### Bittara Hodhi (curried Eggs)
195### Bitter Greens Salad

Sheet1

6677### Bittersweet Chocolate Cheesecake
7956### Bittersweet Chocolate Chunk Cookies
2010### Black Bean And Papaya Relish
196### Black Bean Dip
9405### Black Bean Ragout With Snails
2011### Black Bean Relish
197### Black Bean Salad
9406### Black Bean Salad With Oranges
8690### Black Bean Soup #1
8691### Black Bean Soup #2
8692### Black Bean Soup Spanish Style
8693### Black Bean Soup With Rum
198### Black Bean Soup With Sour Cream And Mango Salsa
2012### Black Bean Tortilla Melts
9407### Black Bean With Peppers & Cumin Vinaigrette
2013### Black Beans
11360 Black Bottom Cupcakes
11070 Black Devil
5801### Black Duck With Wine
9408### Black Eyed Beans With Basil Sambuca Dressing
199### Black Eyed Pea Salad
2014### Black Eyed Peas
1110### Black Forest Cheesecake Delight
11361 Black Forest Pie
4470### Black Forest Trifle Dessert
4471### Black Magic Pie *
6678### Black Midnight Cake
9409### Black Olives With Tomatoes And Capers
1194### Black Pepper Angel Hair With Smoked Salmon
2015### Black Tie Tomatoes
11071 Black Velvet
7957### Black Walnut Cookies
6679### Black Walnut Torte
9410### Black-Eyed Peas And Rice Salad
6680### Black-Eyed Peas With Ham
5802### Blackberry Chicken
4472### Blackberry Cobbler
4473### Blackberry Cobbler #2
4474### Blackberry Ice Cream
11265 Blackberry Jam Cake
4475### Blackberry Lemon Ice Cream *
4476### Blackberry Pie (nz)
1195### Blackened (cajun) Arctic Char
1196### Blackened Arctic Char
1197### Blackened Red Snapper
1198### Blackened Redfish
11362 Blender Mayonnaise
2655### Blender Souffle
9411### Blini With Three Caviars

Sheet1

200### Blintz Batter - (mama Leah Cookbook)
4477### Blitzkuchen
17### Blond Brownies - Beverly's
11072 Bloodhound
11073 Bloody Caesar
11074 Bloody Maria
2016### Bloomin' Onion
11173 Blt - Bacon Lettuce And Tomato Sandwich Student Style
9412### Blue Cheese & Walnuts
7958### Blue Cheese Chips
9413### Blue Cheese Dressing # 2
9414### Blue Cheese Dressing # 3
9415### Blue Cheese Dressing # 4
7349### Blue Cheese Hazelnut And Herb Terrine
8694### Blue Cheese Minestrone
201### Blue Cheese Salad
202### Blue Cheese Walnut Spread
203### Blue Cornmeal Chicken Wings
9416### Blue Cornmeal Crepes
204### Blue Crab Cakes With Cayenne Mayonnaise
11075 Blue Hawaiian
11076 Blue Margarita
2017### Blue Ribbon Burgers
1199### Blue Trout
1200### Blue Trout Luchow (2 Servings - Multiply To Serve More)
11239 Blueberry 'n' Spice Sauce
4478### Blueberry Boy Bait
4479### Blueberry Buttermilk Muffins
4480### Blueberry Ice Cream **
11363 Blueberry Muffins
3618### Blueberry Or Cherry Muffins
1915### Blueberry Parfaits
6681### Blueberry Pie--10-Inch
6682### Blueberry Pie--9-Inch
6683### Blueberry Streusel Muffins
4481### Blueberry Upside Down Pudding
8695### Bluenose Strawberry Soup
2656### Blushing Bunny
11364 Bo's Chocolate Chip Cheesecake
9417### Bo-Pe - China
205### Bob Hope's Favorite Lemon Pie
11365 Bob's Buffet Biscuits
9418### Boboli Aka Focaccia Bread
2917### Boeuf Bourguigon
8696### Bogracs Gulyas (kettle Goulash)
4482### Bogus Cookies
1201### Boiled Crabs
1202### Boiled Crawfish
1203### Boiled Crawfish -- Justin Wilson

Sheet1

1204### Boiled Hard-Shell Crabs
4483### Boiled Icing
1205### Boiled Lobster
11174 Boiled Potatoes Student Style
7591### Boiled Rice
1206### Boiled Shrimp
6684### Bok Choy
7592### Bok Choy With Hot Bacon Sauce
6685### Bok Choy With Tofu
7593### Bok Choy With White Pork
5803### Bombay Chicken (health Valley)
5804### Bombay Chicken And Rice
1207### Bombay Monkfish
206### Bombay Nut 'n' Raisin Mix
9419### Bombay Nut And Raisin Mix
3625### Bon Appetit's Strawberry Bread
4484### Bon Bon Pie
6686### Bonbon Cookies
6687### Bonbon Cookies1
6688### Bonbon Cookies2
18### Boneless Chicken With Pimientos
5805### Boneless Cornish Hen W/port Orange Sauce
5806### Boneless Cornish Hen With Port Orange Sauce
9420### Bonjan Salat (spicy Eggplant Salad)
207### Bonnie's Red And White Pizza
6689### Bordelaise Sauce
6690### Borsch
8697### Borscht
2018### Boston Baked Beans
11077 Boston Bullet
8698### Boston Clam Chowder
8699### Botvinia <cold Green Vegetable Soup W/ Fish>
2918### Boudin Blanc
2919### Boudin Blanc I - (sausage-Making Cookbook)
2920### Boudin Blanc I - (sausage-Making Cookbook) French
8700### Bouillabaisse #3
2019### Bounty Pie
6691### Bouquetiere De Legumes
6692### Bourbon Balls
4485### Bourbon Cream Sauce
11078 Bourbon Highball
9421### Bourbon Pate
1208### Bourbon Street Shrimp
5807### Bourbon-Mustard Chicken Fingers
2921### Bow Ties With Sausage Tomatoes And Cream
4486### Brach's Choco-Mint Ice Cream **
4487### Brach's Chocolate Peanut Crunch Ice Cream **
4488### Brach's Chocolate Rum Raisin Ice Cream **
208### Brady's Coleslaw

Sheet1

7594### Braised & Deep Fried Pork Slices In Wine Sauce
7595### Braised And Deep Fried Pork Slices In Wine Sauce
7596### Braised Beef Short Ribs With Ginger-Soy Glaze
5808### Braised Breast Of Duck With Peaches
5809### Braised Chicken Drumsticks
7597### Braised Chinese Cabbage
5810### Braised Cornish Hens
6693### Braised Duckling W/sauerkraut
8701### Braised Lion's Head In A Sandy Pot
1209### Braised Pork And Fresh Oysters In Clay Pot
7598### Braised Spareribs
7599### Braised Spicy Eggplant
7600### Braised Veal Shanks In Hot And Sour Sauce
1210### Braised Whole Fish With Shrimp Sauce
7350### Bramberger Meat And Cabbage Casserole
7959### Bran Cookies
11333 Bran Date Bread
6694### Bran Hermits
11276 Bran Muffins-In-Waiting
2922### Brandied Beef Roast
209### Brandied Cheddar Spread
210### Brandied Gorgonzola Dip
2923### Brandied Liver And Onions
9422### Brandied Tomato Gravy
11079 Brandy Alexander
6695### Brandy Balls
9423### Brandy Cheese Ball
11080 Brandy Flip
11310 Brandy Sauce
7960### Brandy Snaps
11081 Brandy Sour
5811### Brandy-Orange Barbecued Hens
10393 Branicot Banana Bread
11082 Brass Monkey
8702### Brattens Famous Clam Chowder
2924### Braunburgers
4489### Braune Zucker Platzchen (brown Sugar Cookies)
211### Braunschweiger Ball
212### Braunschweiger Glace
11083 Brave Bull
6696### Brazil Nut-Butterscotch Brownie
8703### Brazilian Chicken Rice Soup
213### Brazilian Salad
3635### Bread And Butter Pudding
10395 Bread Machine Cornmeal Bread
11061 Bread Mix
11062 Bread Mix Big Soft Pretzels
11063 Bread Mix Cinnamon Rolls
11064 Bread Mix Homemade White Bread

Sheet1

11065 Bread Mix Pan Rolls
8704### Bread Or Invalid Soup
4490### Bread Pudding With A French Flair
3638### Bread Pudding With Bourbon Sauce
3639### Bread Pudding With Whiskey Sauce
214### Bread Salad With Tomatoes And Basil
10398 Bread Stuffing
10400 Bread: Garlic And Oregano Croutons
2925### Breaded Veal Cutlets
10402 Breadfruit Donuts
10330 Breadmaker Cornmeal Bread -
10329 Breadmaker Sourdough
2020### Breakfast Burritos
3647### Breakfast Cake
2926### Breakfast Casserole (pennsylvania Dutch)
7351### Breakfast Casserole (pennsylvania Dutch "cowboy")
7352### Breakfast Castle Casserole
10404 Breakfast Cereal Bread
10406 Breakfast Dutch
2657### Breakfast Fruit Chimichangas
10408 Breakfast Muffins
11366 Breakfast Pancakes
2658### Breakfast Pizza
7353### Breakfast Potato Casserole
2927### Breakfast Sausage
10409 Breakfast Scones
2928### Breast Of Veal Stuffing
8705### Brenda's Black Bean Soup
7354### Briami - Greek Vegetable Casserole
215### Brie En Croate
6697### Brie-And-Cucumber On Rye
2021### Brigitte's Filled Cucumbers
9425### Brigitte's Real German Potato Salad
1211### Brigitte's Shrimp Or Tuna Mousse
216### Brilliant Beet Dip
10412 Brioche Loaf
7355### Brisket Of Beef
1212### Brithyll A Chig Moch (trout And Bacon) Welsh
8706### Brittany Mixed Fish Soup
2022### Broccoli & Blue Cheese In Prepared Puff
19### Broccoli And Artichoke Casserole
217### Broccoli And Avocado Salad
9426### Broccoli And Blue Cheese In Prepared Puff
2023### Broccoli And Corn Bake
2024### Broccoli And Macaroni With Lots Of Garlic
218### Broccoli And Mushroom Dip
2025### Broccoli And Mushrooms In Oyster Sauce
2026### Broccoli And Noodles Parmesan
6698### Broccoli And Pasta Toss

8707### Broccoli And Swiss Cheese Soup
8708### Broccoli Apple Soup
2027### Broccoli Bake
11367 Broccoli Bisque
2028### Broccoli Casserole
8709### Broccoli Cheese Soup
10413 Broccoli Corn Bread
2029### Broccoli Delight
8710### Broccoli Garden Soup
219### Broccoli Mushroom Bulgur Salad
2030### Broccoli Pasta Toss
220### Broccoli Raisin Salad
7356### Broccoli Rice Casserole
20### Broccoli Salad
8711### Broccoli Soup
7601### Broccoli Stir-Fry
6699### Broccoli With Cheese
8712### Broccoli-Cauliflower Soup
2031### Broccoli-Parmesan Fettuccine
1914### Broccoli-Pasta Toss
2929### Broiled Beef Liver
2032### Broiled Cheddar And Egg Salad Buns
2659### Broiled Cheddar-Olive
5812### Broiled Chicken Fajitas
5813### Broiled Chicken Oregano
5814### Broiled Chicken With Malt Vinegar
11175 Broiled Chops (lamb Or Pork) Student Style
221### Broiled Deviled Tomatoes
2033### Broiled Eggplant Parmigiana
1213### Broiled Fish Fillets
1214### Broiled Fish Steaks
11176 Broiled Fish Student Style
2930### Broiled Flank Steak
7602### Broiled Ginger Beef Strips
5815### Broiled Gingered Chicken
222### Broiled Grapefruit Supreme
6700### Broiled Lemon Chicken
1215### Broiled Monkfish In Gingered Soy Sauce
2034### Broiled Onion Topping
5816### Broiled Or Grilled Marinated Chicken (gai Yang)
1216### Broiled Oriental Swordfish
6701### Broiled Oriental Turkey Slices
1217### Broiled Salmon Teriyaki
9427### Broiled Seafood Canapes
1218### Broiled Sesame Trout
1219### Broiled Spicy Shark
2035### Broiled Tomatoes
1220### Broken Shrimp Jambalaya
10415 Bronco Bread

1221### Brook Trout Meuniere #2
1222### Brook Trout Sauteed With Mushrooms
1223### Brothers' Scampi
5817### Brown And Serve Chicken
223### Brown Bag Gourmet Chili
10417 Brown Bread #1
10418 Brown Bread #2
8713### Brown Flour Soup (braune Mehlsuppe)
8714### Brown Onion Soup
6702### Brown Rice Salad
6703### Brown Sauce
10420 Brown Seed Bread
10421 Brown Soda Bread
10422 Brown Sugar Bread
7961### Brown Sugar Cookies
7962### Brown Sugar Crisps
6704### Brown Sugar Pear Tart
7963### Brown Sugar Spice Cookies
7964### Brown Sugar Walnut Cookies
2931### Brown Veal Stock
2932### Brownd And Seasoned Freezer Mix
6705### Brownd Butter Frosting
3668### Brownes Bistro Bread And Butter Pudding
4491### Brownie Cookies
6706### Brownie Cups
4492### Brownie Mousse Delight
4493### Brownie Pudding
1111### Brownie Swirl Cheesecake
7965### Brownies
2660### Brunch Eggs
6707### Brunch Oven Omelet
9428### Brunch Quiche
7966### Brunslis Cookies
2036### Brussel Sprouts
2037### Brussel Sprouts And Chestnuts
2038### Brussel Sprouts In Pecan Sauce
2039### Brussel Sprouts With Balsamic Vinegar
2040### Brussels Sprout And Rice
2041### Brussels Sprouts In Beer
2042### Brussels Sprouts In Mustard Sauce
6708### Brussels Sprouts In Orange Sau.
6709### Brussels Sprouts W/mustard Vin.
4494### Buche De Noel
3669### Buckwheat Crepes
7967### Buckwheat Flatbread
2933### Buckwheat Scrapple
7603### Buddha's Delight
8715### Buddhist Monk's Soup
5818### Buffalo Chicken Wings

Sheet1

9429### Buffalo Chicken Wings W/ Blue Cheese Dipping Sauce
9430### Buffalo Chicken Wings With Blue Cheese Dipping Sauce
7968### Buffalo Chips
5819### Buffalo Turkey Wings
5820### Buffalo Wings And Blue Cheese Dressing
5821### Buffalo-Style Chicken Wings
2934### Bul Kogi (korean Barbecue)
224### Bulgur Salad With Apples & Grapes
1224### Bulgur Stuffed Fish Rolls
11084 Bullshot
11085 Bunratty
4495### Bunuelos
11266 Burgoo
6710### Burgundy Beef
2935### Burgundy Burgers
8716### Burgundy Oven Beef Stew
4496### Burnt Custard Pudding
7969### Burnt Sugar Cookies
6711### Burrito Casserole
7604### Buta Zen Mai - Pork With Fern Shoots
7970### Butter Crunch Cookies
4497### Butter Pecan Ice Cream *
4498### Butter Pecan Ice Cream Dessert **
6712### Butter-Rum Glaze
4499### Buttercream
2043### Buttered Belgian Endive
2044### Buttered Fried Parsnips
4500### Butterfinger Dessert *
2936### Butterfly Lamb With Rosemary
1225### Butterfly Shrimp With Snowpeas
10430 Buttermil Biscuit Sausage Pinwheels
9431### Buttermilk And Onion Mix
10431 Buttermilk Apple Muffins
8717### Buttermilk Beet Soup
10433 Buttermilk Biscuits
10434 Buttermilk Blue Cheese Bread
10437 Buttermilk Cheese Bread
5822### Buttermilk Chicken
6713### Buttermilk Dressing
6714### Buttermilk Fried Chicken
6716### Buttermilk Pie
10439 Buttermilk Rolls
3686### Buttermilk Scones
4501### Buttermilk Sherbet
8718### Buttermilk Soup
10440 Buttermilk Whole Wheat Bread
8719### Butternut Squash Soup
7971### Butterscotch Bran Nut Squares
6717### Butterscotch Brownies

7972### Butterscotch Cookies
7973### Butterscotch Cookies #2
225### Butterscotch Nibbles
6718### Butterscotch Pudding
6719### Butterscotch Sauce
2045### Buttery Peas And Zucchini
226### Bye-Bye Birdy Curry Dip
227### Cabbage & Dumpling Soup
2046### Cabbage (korean Ho Baechu)
8720### Cabbage And Beet Soup
6720### Cabbage And Sour Cream
7357### Cabbage Casserole
6722### Cabbage Chinese;celery Or Napa
9432### Cabbage Fruit Salad With Sour Cream Dressing
228### Cabbage Fruit Salad With Sour-Cream
6723### Cabbage Red And Green
7358### Cabbage Roll Casserole
6721### Cabbage Rolls
8721### Cabbage Soup
8722### Cabbage Soup #1
8723### Cabbage Soup #2
2047### Cabbage Strudel
2937### Cabrito Al Pastor (broiled Kid)
5823### Cactus Chicken Fried Steak
229### Caesar Mayo Dip
230### Caesar Salad Dressing - Low Cal
9433### Caesar Salad Mix
5824### Cafe Chicken
2048### Cafe En Passant Primavera Au Gratin
231### Cajun Cashews
1226### Cajun Catfish
1227### Cajun Catfish With Spicy Strawberry Sauce
9434### Cajun Chicken Nuggets
232### Cajun Coleslaw
8724### Cajun Corn Soup
2049### Cajun Maquechou
2938### Cajun Meat Loaf
6724### Cajun Okra Slices
1228### Cajun Oysters
1229### Cajun Oytser & Scallop Stew
2939### Cajun Prime Rib
233### Cajun Shrimp
5825### Cajun Spiced Chicken
234### Cajun Style Chicken Nuggets
11298 Cajun-Style Chicken Nuggets
7974### Cake Mix Cookies
3693### Cake: Bread: Cate's Pumpkin Nut Bread
235### Calabacita Salad
2050### Calabacitas

Sheet1

8725### Caldillo (new Mexican Green Chili Stew
2051### Caldo Verde
236### Calico Fruit Salad
237### Calico Salad
10446 California Dip Bread
2661### California Green Onion Rarebit
10448 California Polka Dot Bread
6725### California Potato Salad
2052### California Rarebit
2940### California Roast Lamb
2662### California Style Huevos Rancheros
6726### Calvert's Dilled Tomato Soup
1230### Calvert's Pecan Flounder
1231### Cambodian Eggplant With Pork And Shrimp
5826### Campbell's Paprika Chicken
7975### Camper's Cookies
8726### Canadian Cheddar Soup
8727### Canadian Cheese Soup
2663### Canadian Souffles
6727### Canadian-Style Bacon
6728### Candied Citrus Peel
9436### Candied Pecans
6729### Candied Sweet Potatoes
7976### Candy Bar Cookies
6730### Candy Bar Shakes
7977### Candy Cane Cookies
7978### Candy Cane Twists
2053### Candy Coated Carrots
7979### Canine Cookies
4502### Canned Cake Hints
9437### Cannelini Salad
2664### Cannoli (cream Rolls)
1916### Cantaloupe Fruit Salad
4503### Cantaloupe Melba
4504### Cantaloupe Sherbet
6731### Cantaloupe Sorbet
8728### Cantaloupe Soup
5827### Canton Chicken & Chinese Sausages
5828### Canton Chicken & Snow Peas
7605### Cantonese Casserole
9438### Cantonese Chicken Salad With Cashews
2665### Cantonese Egg Foo Yung
9439### Cantonese Meat Balls
5829### Cantonese Roast Duck
5830### Cantonese Sweet & Sour Chicken
7606### Cantonese Sweet And Sour Spam
11086 Cape Codder
3700### Capirotada (bread Pudding)
5831### Capital Chicken Skillet

6732### Caponata
7980### Cappuccino Biscotti
1112### Cappuccino Cheesecake
6733### Caramel Apples
4505### Caramel Brownies
6734### Caramel Corn
4506### Caramel Flan
9440### Caramel Fondue
4507### Caramel Fried Apples Or Bananas
6735### Caramel Frosting
4508### Caramel Icing
4509### Caramel Pecan Bars
6736### Caramel Pecan Cake
6737### Caramel Popcorn Balls
4510### Caramel Pudding With Passion Fruit
6738### Caramel Sauce
3701### Caramel Shortbread
6739### Caramel-Nut Corn
238### Caramelized Onion Dip
2054### Caramelized Onions In Flaky Pastry
2941### Caraway Burgers
7981### Caraway Cookies
10455 Caraway Rye Onion Bread
3707### Cardamom Coffee Cakes
4511### Cardamom Kulfi Pops
7982### Care-Au-Lait Chocolate Cups
2055### Caribbean Cabbage
6740### Caribbean Chicken
5832### Caribbean Ginger Turkey
9441### Caribbean Guacamole
7983### Caribbean Sand Bars
1232### Caribbean Shrimp And Black Bean Salad
1233### Caribbean Fish Fillet
2942### Caribou Inuulitsivik
5833### Carla's Turkey Loaf
4512### Carmel Apple Dessert
239### Carmel Apple Salad
9442### Carmeled Peanuts
240### Carmelized Carnitas
2943### Carnatzlach
11267 Carne Gisada Con Papas (meat & Potatoes)
8729### Carne Guisada
2944### Carne Mechada
2945### Carne Mechada Sauce
4513### Carob Balls
7984### Carob Chip Cookies
2946### Carolyn's Sweet-And-Spicy Ribs
6741### Carpaccio
4514### Carrageen Pudding With Rhubarb And Rosehip Jelly

Sheet1

1113### Carrot 'n' Raisin Cheesecake
8730### Carrot And Ginger Soup
2056### Carrot And Onion Puff
8731### Carrot And Zucchini Vichyssoise
10458 Carrot Bread
7985### Carrot Cookies
6742### Carrot Fettuccine
5834### Carrot Flower Miniature Loaves
10460 Carrot Muffins (no Fat)
10461 Carrot Or Zucchini Muffins
11368 Carrot Raisin Bars
241### Carrot Salad
8732### Carrot Thyme Soup
2057### Carrot Tzimmes
8733### Carrot Vichyssoise
6743### Carrot-Fennel Souffle
4515### Carrot-Oatmeal Cookies
10462 Carrot-Peanut Butter Bread
10463 Carrot-Raisin Bread
9443### Carrot-Raisin Rice Salad
6744### Carrot-Raisin Salad
3716### Carrot-Walnut Bread
6745### Carrots And Figs
2058### Carrots And Grapes Vermouth
2059### Carrots Glacees
2060### Carrots In Beer
2061### Carrots In Orange-Basil Butter
6746### Carrots With Coconut
9444### Carrots With Ginger And Orange
242### Carry-Out Campers' Coleslaw
1234### Caruru De Camarao
5835### Cashew Chicken
5836### Cashew Chicken #1
5837### Cashew Chicken #2
6747### Cashew Chicken Chop Suey
5838### Cashew Nut Chicken (yiu Gwoh Gai)
1235### Cashew Nut Prawns (yiu Gwoh Ha)
6748### Cashew Triangles
6749### Cashew Truffles
7359### Casserole Florentine
10466 Casserole Stuffing
11369 Castillian Hot Chocolate
7360### Castle Casserole
2947### Castle Loaf Supreme
243### Castle Nacho Grande
7986### Cat Poop Cookies
7361### Catalan Rice
9445### Catalan Saute Of Calamari (squid) In Onion Marmalade
244### Cate's Guacamole-Tomato Cup Salad

Sheet1

9446### Cate's Guacamole-Tomato Salad
245### Catfish And Crawfish Mold
1236### Catfish Baked With Cheese
11370 Catfish Courtbouillon
1237### Catfish Etouffee
1238### Catfish In Mushroom Cream Sauce
1239### Catfish In Oyster Andouille Butter
1240### Catfish Stew
5839### Cathy's Baked Chicken
10469 Catskill Mountain Rye
11371 Cauliflower And Cheese
8734### Cauliflower And Roquefort Soup
2062### Cauliflower Au Gratin
2063### Cauliflower Au Gratin #2
7362### Cauliflower Casserole
2666### Cauliflower Cheese Souffle
2064### Cauliflower Custard
2065### Cauliflower Gratin
2066### Cauliflower Italiano
2067### Cauliflower Piquante
8735### Cauliflower Soup From Veranda Restaurant
6750### Cauliflower Suzuke
2948### Cauliflower With Beef
2068### Cauliflower With Potatoes
2069### Cave And Garden Baked Potatoes
246### Caviar Dill And Purple Onion Dip
9447### Caviar Kisses
9448### Caviar Mold
9449### Caviar Mousse
8736### Cawl Cennin A Hufen (leek Soup Creamed) Welsh
247### Cayenne Mayonnaise Dip
248### Cayenne Pepper Wafers
249### Ceasar For Two
250### Ceasar Salad
1241### Cebiche
1242### Celebration Shrimp
2070### Celery And Cabbage Bake
11372 Celery Root Salad
7987### Celery Seed Circles
251### Celery Seed Dressing
8737### Celery Soup
7608### Celery Sukiyaki
2071### Celery With Pine Nuts
9450### Cereal Crunch
9451### Ceviche
9452### Ceviche Acapulco
5840### Ceylonese Chicken Curry
11373 Chaffcombe Apple Pudding
9453### Chalupa Dip

Sheet1

5841### Champagne Chicken
252### Channukah Candle Salad
4516### Chanuka Fritters
7609### Chao Douya (soybean Sprouts W/ Pork)
1243### Chao Tom - Shrimp And Sugar Cane Rolls
10473 Chapatis #1
10476 Chapatis (roti)
2072### Char Flavoured Eggplant & Green Peas
2073### Char Flavoured Potatoes And Green Beans
1244### Charcoaled Squid - Pla Muk Yang
4517### Charley Brenon Iii's Swedish Apple Pie
7988### Charlie Brown's Peanut Cookies
10477 Charlo's Zucchini Bread
11177 Chasteen's Shepard's Pie Student Style
4518### Chayote Relleno
2074### Chayotes With Corn And Chiles
1245### Checkerboard Square Clam Crunch
10478 Cheddar & Bacon
10479 Cheddar & Bacon Bread
9454### Cheddar And Broccoli Appetizers
4519### Cheddar Apple Cobbler
4520### Cheddar Apple Dandy
2075### Cheddar Bacon Treat
2076### Cheddar Baked Potato Sclices
10482 Cheddar Biscuits
8738### Cheddar Cheese And Cauliflower Soup
10485 Cheddar Cheese Bread
6751### Cheddar Cheese Soup
10488 Cheddar Dumplings
4521### Cheddar Fruit Drops
9455### Cheddar Harvest Fondue
2077### Cheddar Mushroom Open-Face Sandwich
2667### Cheddar Pancakes
4522### Cheddar Pear Cobbler
10490 Cheddar Pinwheels
9457### Cheddar Sage And Walnut Torta
8739### Cheddar Soup
253### Cheddar Spread
3743### Cheddar Squares
2950### Cheddar Stuffed Franks In Buns
9456### Cheddar Toss And Heat
2668### Cheddar-Olive Bread
8740### Cheddar-Potato-Broccoli Soup
254### Cheery Cherry Canapes
8741### Cheese 'n Apple Soup
255### Cheese And Beef Ball
8742### Cheese And Beer Soup
256### Cheese And Pastry Appetizer
7364### Cheese And Rice Casserole

Sheet1

9458### Cheese And Sausage Snacks
2078### Cheese And Tomato Souffles
10494 Cheese And Wine Bread
257### Cheese Ball #1
258### Cheese Ball #2
259### Cheese Balls
9459### Cheese Balls #1
9460### Cheese Balls #2
10495 Cheese Biscuits
2669### Cheese Blintzes
10497 Cheese Bread For Bread Makers
9461### Cheese Buns
6752### Cheese Cauliflower
5842### Cheese Chicken Lasagne
260### Cheese Chiles
261### Cheese Chili Bites
9462### Cheese Cookies
9463### Cheese Crackers
9464### Cheese Crisps
262### Cheese Diablo Wafers (hot)
263### Cheese Dip
10499 Cheese Drop Biscuits
6753### Cheese Dumplings
6754### Cheese Enchiladas
10500 Cheese Filling For Danish Pastry
9465### Cheese Fondue #1
9466### Cheese Fondue #2
6755### Cheese Grits
9467### Cheese Hoosies
7365### Cheese Lasagne Casserole
264### Cheese Log
9468### Cheese Onion Morsels
7989### Cheese Peanut Butter Cookies
2951### Cheese Potato Meat Loaf
8743### Cheese Potato Soup
7990### Cheese Pretzels
2670### Cheese Puffs
6756### Cheese Sauce
6757### Cheese Scalloped Corn
9469### Cheese Snack Rounds
9470### Cheese Snacks
2671### Cheese Souffle
9471### Cheese Souffle Dip
8744### Cheese Soup
6758### Cheese Strata
6759### Cheese Straw Twists
9472### Cheese Straws
11178 Cheese Student Style
9473### Cheese Stuffed Pineapple

Sheet1

2672### Cheese Stuffed Rolls
11179 Cheese Toast Student Style
9474### Cheese Triangles
8745### Cheese Vegetable Soup
7366### Cheese-Beef Casserole Pie
7367### Cheese-Ham Casserole
4523### Cheese-Spinich-Sausage Pie
2673### Cheese-Stuffed Manicotti
8746### Cheeseburger Mac
2952### Cheeseburger Pie
2079### Cheesed Zucchini
2080### Cheest Tater Topper
1246### Cheesy Broiled Flounder
8747### Cheesy Chicken Chowder
7368### Cheesy Chicken Vegetable Casserole
7369### Cheesy Chilanda Casserole
10503 Cheesy Corn Bread
266### Cheesy F.b.i. Man Safe Crackers
1247### Cheesy Garden Tuna-Filled Crepes (microwave Recipe)
6761### Cheesy Ham And Leek Soup
2081### Cheesy Mashed Potatoes
2082### Cheesy Muffin Melt
267### Cheesy Mushroom Canapes
2674### Cheesy Pepper And Mushroom Pizza
10505 Cheesy Popovers
2953### Cheesy Pork Chops
9475### Cheesy Potato Skins
10506 Cheesy Sausage Muffins
6762### Cheesy Spinach Bake
5843### Cheesy Stuffed Chicken Breasts
268### Cheesy Vegetable Spread
2954### Chef Kimos' Rack Of Lamb
9476### Chef's Dressing Mix
9477### Chef's Salad
4524### Cherries And Cream Parfaits
6763### Cherries Jubilee
2955### Cherry Almond Glazed Pork
6764### Cherry Amaretti Dessert
6765### Cherry Blinks
6766### Cherry Blintzes
10507 Cherry Bread
10508 Cherry Cheddar Bread
1114### Cherry Cheesecake
6767### Cherry Clafouti
269### Cherry Coke Salad
6768### Cherry Cola Cooler
6769### Cherry Cordial Pie
4525### Cherry Cranberry Dessert Squares
6770### Cherry Crisp

Sheet1

21### Cherry Crunch
4526### Cherry Desert Meeresburg
4527### Cherry Dessert Meeres
6771### Cherry Frosting
4528### Cherry Garcia Ice Cream
2956### Cherry Glazed Ham
4529### Cherry Mold
10510 Cherry Muffins
4530### Cherry Nut Bars
4531### Cherry Oat Dessert Squares
4532### Cherry Parfait Ice Cream Pie **
6772### Cherry Pie--10-Inch
6773### Cherry Pie--9-Inch
4533### Cherry Souffle
6774### Cherry Truffle Cups
6775### Cherry Truffles
270### Cherry Waldorf Gelatin
6776### Cherry-Berries On A Cloud
6777### Cherry-Nut Cake
6778### Cherry-Nut Frosting
7991### Cherry-Pecan Balls
9478### Chesapeake Bay Crab Cakes
2675### Cheshire Cat
7992### Chewy Chocolate Cookies
4534### Chewy Chocolate-Orange Bars
4535### Chewy Coconut Squares
7993### Chewy Fig Oatmeal Cookies
6779### Chewy Fruit And Walnut Bars
7994### Chewy Macaroons
7995### Chewy Oatmeal Cookie
271### Chex And Chocolate Party Mix
10511 Cheyenne Batter Bread
11087 Chi-Chi
7610### Chiang Mai Steaks
11088 Chicago Cocktail
9479### Chick Pea & Basmati Rice Salad
272### Chick Pea & Tahini Dip
2083### Chick Pea - Zucchini Curry
8748### Chick Pea Soup
8749### Chick Pea Stew
273### Chick Peas And Sesame Paste
7611### Chicken & Cashews
5844### Chicken & Cherries Jubilee
9480### Chicken & Chinese Chive Shu-Mei
5845### Chicken & Dumplings
5846### Chicken & Dumplings
5847### Chicken & Mushrooms Dijon
5848### Chicken & Mushrooms Marsala
5849### Chicken & Pea Pods

5850### Chicken & Pork Adobo
5851### Chicken & Red Cabbage
8750### Chicken & Sausage Gumbo
5852### Chicken 'n Stuffing
5853### Chicken 'n' Vegetable Stir Fry
5854### Chicken A La Kin Hwa
6780### Chicken A La King
8751### Chicken A La Reine Soup
1248### Chicken Acapulco With Creamy Shrimp Sauce
5855### Chicken Adobo
7370### Chicken Ala Can-Can
5856### Chicken Almendrado
5857### Chicken Almond Ding
8752### Chicken And Andouille Gumbo
5858### Chicken And Apple Saute
9481### Chicken And Banana Egg Roll Appetizer
5859### Chicken And Beef
6781### Chicken And Broth1
6782### Chicken And Broth2
5860### Chicken And Cashew Nuts
5861### Chicken And Cashew Nuts Sichuan Style
5862### Chicken And Cashews
5863### Chicken And Cherries Jubliee
5864### Chicken And Chestnuts
5865### Chicken And Dumplings
5866### Chicken And Fresh Vegetable Provencale
9482### Chicken And Ham Mousse
9483### Chicken And Leek Soup
8753### Chicken And Lotus Seed Soup
5867### Chicken And Mixed Vegetables With Shrimp Sauce
7371### Chicken And Mushroom Casserole
8754### Chicken And Mushroom Soup
9484### Chicken And Orange Salad
9485### Chicken And Pasta Salad
5868### Chicken And Peppers
7372### Chicken And Rice Dinner
5869### Chicken And Rice In A Sandy Clay Plot
5870### Chicken And Sausage Gumbo
11259 Chicken And Sausage In Tomato Sauce
5871### Chicken And Sausage With Rice
2676### Chicken And Spinach Quiche
5872### Chicken And Stuffing
7373### Chicken And Stuffing Casserole
7612### Chicken And Sweet Pepper Stir-Fry
5873### Chicken And Sweet Potatoes
7374### Chicken And Vegetable Casserole
5874### Chicken And Vegetable Stir Fry
5875### Chicken And Yellow Rice
7615### Chicken Asparagus And Red Pepper

Sheet1

5876### Chicken Avacado Rice Salad
5877### Chicken Avocado Melt
5878### Chicken Big Mamou On Pasta
5879### Chicken Biryani
5880### Chicken Braised In Walnut Sauce
5881### Chicken Braised With 40 Cloves Of Garlic
5882### Chicken Braised With Cinnamon And Cloves
5883### Chicken Breast With Sage & Nutmeg
5884### Chicken Breasts Florentine
6783### Chicken Breasts In Mustard Sau.
5885### Chicken Breasts Ole'
6784### Chicken Breasts W/zucchini In Romaine
5886### Chicken Breasts With Green Coriander (cilantro)
5887### Chicken Breasts With Rice
5888### Chicken Breasts With Spicy Rub
5889### Chicken Breasts Xeres
5890### Chicken Broccoli Orientale
274### Chicken Broccoli Salad
5891### Chicken Burritos - Sort Of
22### Chicken Cacciatore
5892### Chicken Cacciatore #2
5893### Chicken Cacciatoria
5894### Chicken Cacciatoria #2
275### Chicken Caesar Salad
9486### Chicken Canapes
7375### Chicken Casserole
7376### Chicken Casserole Lone Star
5895### Chicken Chaat
5896### Chicken Chicarrones
5897### Chicken Chili
5898### Chicken Chop Suey
5899### Chicken Chop Suey #1
5900### Chicken Chop Suey #2
5901### Chicken Chow Mein #1
5902### Chicken Chow Mein #2
5903### Chicken Chowd With Black Beans
5904### Chicken Chunks With Peanuts In Spicy Sauce
5905### Chicken Chunks With Peanuts In Spicy Sauce (kung Pao)
5906### Chicken Clemenceau
5907### Chicken Coating Mix
5908### Chicken Cordon Bleu
8755### Chicken Corn Chowder
5909### Chicken Crepes
6785### Chicken Croissant Bake
276### Chicken Croquettes
5910### Chicken Cubes With Cherry And Pineapple
5911### Chicken Curry
5912### Chicken Curry #1
5913### Chicken Curry #2

Sheet1

5914### Chicken Curry Kabobs On Rice
11180 Chicken Curry Student Style
5915### Chicken Da Vinci
7377### Chicken Delish
9487### Chicken Deviled Eggs
5916### Chicken Dijon
5917### Chicken Divan
7378### Chicken Dressing Casserole
5918### Chicken Dumplings W/orange Dipping Sauce (japanese)
9488### Chicken Egg Rolls
6786### Chicken En Papillote
7379### Chicken Enchilada Bake
7380### Chicken Enchilada Casserole
5919### Chicken Enchiladas
5920### Chicken Enchiladas - Clinton
5921### Chicken Enchiladas With Pasilla Chili Sauce
5922### Chicken Etouffee
5923### Chicken Fajitas
11181 Chicken Fajitas Student Style
7381### Chicken Fettuccine *
5924### Chicken Filled Manicotti
9489### Chicken Fondue In Ginger Broth
8756### Chicken Foot Soup
5925### Chicken Francesa
6787### Chicken Fricassee
5926### Chicken Fried Rice
2958### Chicken Fried Steak And Gravy
9490### Chicken Fritters
9491### Chicken Ginger Salad
5927### Chicken Gismonda
5928### Chicken Grand Marnier
5929### Chicken Imperial
5930### Chicken In A Pot
5931### Chicken In Black Bean Sauce
5932### Chicken In Broth With Sour Vegetable
5933### Chicken In Cilantro Sauce
8757### Chicken In Coconut Milk Soup - Gai Tom Kha
5934### Chicken In Green Curry (gang Keao Wan Gai)
5935### Chicken In Lemon Grass And Chili
5936### Chicken In Lemon Grass And Chili (ga Xao Xa Ot)
5937### Chicken In Lemon-Plum Sauce
5938### Chicken In Plum Sauce
5939### Chicken In Plum Sauce - Mwei Jiong Gai - Canton
5940### Chicken In Salsa Verde
5941### Chicken In Silky Almond Sauce
5942### Chicken In Sour Cream
5943### Chicken In Spicy Brown Sauce
5944### Chicken In Spicy Sauce
277### Chicken In Wine Sauce (valerie Shearer)

Sheet1

5945### Chicken Indienne
5946### Chicken Jambalaya 1
5947### Chicken Jambalaya 2
6788### Chicken Joanna
5948### Chicken Kabobs
5949### Chicken Kiev
5950### Chicken Kiev #2
5951### Chicken Korma
5952### Chicken Kurma
 2### Chicken Lasagne
2959### Chicken Lickin Good Pork Chops
9492### Chicken Liver And Anchovy Savory
5953### Chicken Liver Marsala (ny Times Cook Book)
5954### Chicken Liver Mousse
9493### Chicken Liver Pate
5955### Chicken Livers In Chipotle Sauce - Higaditos En Chipotle
6789### Chicken Livers W/glazed Apples
7382### Chicken Madras
5956### Chicken Maque Choux
5957### Chicken Marabella
5958### Chicken Marengo
5959### Chicken Margarita
5960### Chicken Marsala
5961### Chicken Milanese
5962### Chicken Mozzarella
7383### Chicken Mushroom Pie With Dill Crust
 278### Chicken Nachos
5963### Chicken Napoli
6790### Chicken Noodle Soup
8758### Chicken Noodle Yogurt Soup
11182 Chicken Nuggets Student Style
5964### Chicken Ole'
7384### Chicken Or Turkey Casserole
 23### Chicken Parmesan
1917### Chicken Parmesan - Low-cal
5965### Chicken Parmesan I
5966### Chicken Parmesean Ii
 279### Chicken Pate
5967### Chicken Pepperoni
5968### Chicken Picadillo
5969### Chicken Piccata
4536### Chicken Pie With Biscuit Crust
7385### Chicken Pie With Cornmeal Crust
6791### Chicken Pignole
 280### Chicken Pita
5970### Chicken Pot Pie
5971### Chicken Pot Pie # 2
5972### Chicken Pot Pie Ala Lin
 281### Chicken Puffs

Sheet1

9494### Chicken Puffs Amandine
6792### Chicken Quiche
282### Chicken Regency Salad
6793### Chicken Rice Casserole
6794### Chicken Rice Soup
5973### Chicken Risotto
5974### Chicken Rolls
5975### Chicken Rolls Amandine - Microwave
5976### Chicken Romano
283### Chicken Salad
284### Chicken Salad #2
6795### Chicken Salad Filling
285### Chicken Salad Supreme
5977### Chicken Saltimbocca
5978### Chicken Santa Fe
5979### Chicken Satay
5980### Chicken Sate
5981### Chicken Sate With Peanut Sauce
5982### Chicken Sauce Piquant
5983### Chicken Saute
5984### Chicken Saute A La Creole
11183 Chicken Saute Student Style
5985### Chicken Saute With Oranges And Avocados
5986### Chicken Scallopine W/mushroom Sauce
5987### Chicken Scallopine
5988### Chicken Sherry
8759### Chicken Soup
8760### Chicken Soup #1
8761### Chicken Soup #2
8762### Chicken Soup With Guacamole
6796### Chicken Stew1
6797### Chicken Stew2
7613### Chicken Sticks
5989### Chicken Stir Fry
5990### Chicken Stir-Fry With Spaghetti
5991### Chicken Stock - Chinese
5992### Chicken Stuff-A-Roni With Cheese Sauce
5993### Chicken Supreme
7386### Chicken Supreme Casserole
286### Chicken Szechuan-Style With Sesame Paste
5994### Chicken Szechwan-Style With Sesame Paste
7387### Chicken Taco Casserole
5995### Chicken Tacos
5996### Chicken Tacos With Rice
5997### Chicken Tandoori #1
5998### Chicken Tandoori #2
5999### Chicken Teriyaki Dinner
6000### Chicken Teriyaki Kabobs
6001### Chicken Tetrazzini Bake

Sheet1

6002### Chicken Thighs Marengo
5### Chicken Tortilla Casserole
8763### Chicken Tortilla Soup
7388### Chicken Vegetable Casserole
6798### Chicken W/ Garlic & Parsley
9495### Chicken Wing Drumsticks
6003### Chicken Wings
6004### Chicken Wings In Five Spice
6005### Chicken With Asparagus (lee Sun Gai Kau)
6006### Chicken With Avocado Salsa
6799### Chicken With Cashews1
6800### Chicken With Cashews2
6007### Chicken With Chocolate Sauce (chicken Mole)
6008### Chicken With Curry Peanut Sauce
6009### Chicken With Fennel Red Pepper And Rice
6010### Chicken With Garlic Butter
6011### Chicken With Ginger Sauce
6012### Chicken With Grapes
6013### Chicken With Green & Red Pepper
7614### Chicken With Green And Red Pepper
6014### Chicken With Honey And Curry
6015### Chicken With Lemon
6016### Chicken With Lemon Grass And Chili - Ga Xao Xa Ot
6017### Chicken With Mushroom Sauce
6018### Chicken With Mustard And Wine Sauce
6019### Chicken With Peppercorn Sauce
6020### Chicken With Pineapple (bo-Lo-Shao-Ji)
6021### Chicken With Pineapple Salsa
6022### Chicken With Plum Sauce
6023### Chicken With Port And Gorgonzola
6024### Chicken With Raspberry Sauce
6025### Chicken With Sauce Supreme
6026### Chicken With Spicy Fruit Sauce
6027### Chicken With Sun-Dried Tomatoes & Cream
6801### Chicken With Tomatoes And Leeks
6028### Chicken With Vegetables
6029### Chicken With Water Chestnuts
6030### Chicken With Wine And Herbs
6802### Chicken With Winter Fruit
6031### Chicken Ya-Hah!
8764### Chicken-And-Vegetable Soup
6803### Chicken-Asparagus Rolls
4537### Chicken-Broccoli Pie
9496### Chicken-Cheese Canapes
6032### Chicken-Flavored Rice Mix
6804### Chicken-Pasta Salad
6033### Chicken-Vegetable Pot Pies
6805### Chicken-Vegetable Tetrizzini
287### Chickpea & Herb Salad

Sheet1

9497### Chickpea Salad With Garlic-Cumin Vinaigrette
2960### Chil-Beer Brisket Of Beef Over Wild Rice Amad
288### Chile Con Queso #1
289### Chile Con Queso #2
290### Chile Con Queso Mini-Bites
6034### Chile Dusted Duck With South Of The Border Stuffing
7389### Chile Relleno Casserole
1249### Chile-Fried Squid - Sambal Cumi-Cumi
7390### Chiles Rellenos Casserole
9498### Chiles Rellenos Con Queso
291### Chiles Rellenos De Queso
8765### Chili #1
8766### Chili #2
8767### Chili #3
8768### Chili #4
8769### Chili #5
292### Chili Bean Dip
8770### Chili Bean Soup
2961### Chili Cheese Burgers
9499### Chili Cheese Cornsticks
293### Chili Cheese Nachos
10514 Chili Cheese Puff
9500### Chili Cheese Roll
6806### Chili Con Carne
294### Chili Con Carrot
295### Chili Con Queso
9501### Chili Con Queso Dip
11251 Chili Dogs
2962### Chili Elizabeth Taylor
2677### Chili Grits
2084### Chili Non Carne
9502### Chili Peanuts
4538### Chili Relleno Pie
2085### Chili Rice
9503### Chili Rice Salad
296### Chili Shrimp With Basil
8771### Chili Soup
8772### Chili Strata
8773### Chili Verde
2086### Chili With Lamb And Black Beans
8774### Chili-Beef-Potato Soup
6807### Chiliburger Pies
297### Chilled Red Bean Dip
2087### Chilies Rellenos
2088### Chilies Rellenos Stuffed With Herbed Chevre
8775### Chilled Berry Soup
8776### Chilled Cantaloupe Soup
6035### Chilled Chicken With Dill Sauce
8777### Chilled Cream Of Vegetable Soup

Sheet1

8778### Chilled Pear Soup
6808### Chilled Pear-Mint Soup
8779### Chilled Strawberry Soup
1250### Chilled Trout In Dill Sauce
7996### Chinese Almond Cookies
7997### Chinese Almond Cookies #1
7998### Chinese Almond Cookies #2
7616### Chinese Asparagus With Black Bean Beef
7618### Chinese Barbaque Pork (char Siew)
9504### Chinese Barbecued Baby Back Ribs
298### Chinese Barbecued Chunks
7620### Chinese Barbecued Pork Chops
7621### Chinese Barbecued Spareribs
2965### Chinese Barbeque Pork
7622### Chinese Beef And Tomatoes
7623### Chinese Beef Jerky
7624### Chinese Beef With Cashews
6036### Chinese Butterfly
299### Chinese Cabbage & Cilantro Slaw
9505### Chinese Cabbage Salad
6037### Chinese Cashew Chicken
7999### Chinese Chews
6038### Chinese Chicken Casserole
6039### Chinese Chicken Cooked With Rice
6040### Chinese Chicken Livers
9506### Chinese Chicken Salad
9507### Chinese Chicken Salad #1
9508### Chinese Chicken Salad #2
9509### Chinese Chicken Salad (weight Watchers Magazine)
6041### Chinese Chicken Stuffed Peppers
9510### Chinese Chicken Toasts
6042### Chinese Chicken Wing Drumsticks
6809### Chinese Chicken With Rice
7625### Chinese Chili With Peppers
300### Chinese Coleslaw
1918### Chinese Coleslaw - Low-cal
9511### Chinese Coleslaw A La Poggi
8780### Chinese Crab & Corn Soup
1251### Chinese Crab Rice
7626### Chinese Dry Marinade
301### Chinese Egg Rolls
6043### Chinese Fire Pot
8000### Chinese Fortune Cookies #1
8001### Chinese Fortune Cookies #2
8002### Chinese Fortune Cookies #3
7627### Chinese Fried Rice
4539### Chinese Fruit Compote
4540### Chinese Gooseberry Cream
7391### Chinese Green Bean Casserole

Sheet1

1252### Chinese Halibut
6044### Chinese Honey Goose
8781### Chinese Hot And Sour Soup
9512### Chinese Laundry Cafe's Feta And Garlic Pate
6810### Chinese Mixed Vegetables
8782### Chinese Mustard Pickle Soup - Gaeng Jued Pakkaad Dong *
6045### Chinese Noodles With Peanut Sauce
2678### Chinese Omelet
8783### Chinese Oyster Stew
7628### Chinese Pancakes
302### Chinese Pasta Salad
303### Chinese Pasta Salad With Creamy Ginger Dressing
7629### Chinese Pepper Steak
7630### Chinese Pepper Steak #1
7631### Chinese Pepper Steak #2
7632### Chinese Pepper Steak #3
7633### Chinese Pepper Steak Coca-Cola
6046### Chinese Pineapple Chicken (bow Luo Gai)
304### Chinese Popcorn (sweet & Pungent Shrimp)
7634### Chinese Pot Roast
9513### Chinese Radish-Cucumber Salad
7635### Chinese Roast Pork
9514### Chinese Salad
1253### Chinese Shrimp
1254### Chinese Shrimp Fried Rice
4541### Chinese Silk Apples
7636### Chinese Smokey Ribs
7637### Chinese Spareribs ("pa-Kwai")
9515### Chinese Squid Balls
1255### Chinese Steamed Fish
9516### Chinese Steamed Lotus Buns
9517### Chinese Stuffed Mushrooms
7638### Chinese Style Beef And Vegetable Wrap-Ups
24### Chinese Style Fried Rice
305### Chinese Style Spareribs
9518### Chinese Tacos
1256### Chinese Tuna Steaks On The Grill
306### Chinese Vegetable Miso Soup
8784### Chinese Vegetable Stock
8785### Chinese-Ginger-Meatball And Watercress Soup
7639### Chinese-Style Beef
11299 Chinese-Style Spareribs
1257### Chipotle Mussels With Orange Mayonnaise
307### Chipped Beef Dip
6811### Chirizu Dipping Sauce
6047### Chiu Chow Lemon Chicken
6812### Chive Taters
8786### Chive Vichyssoise
8003### Choc 'n' Spice Profiteroles

8004### Chocadamia Coconut Delights
8005### Choco Scotch Clusters
4542### Chocodiles
4543### Chocoholics Cookies
6813### Chocolat Pots De Creme
4544### Chocolate Amaretto Brownies
6814### Chocolate Angel Food Cake
4545### Chocolate Bananas From Brigitte Sealing
6815### Chocolate Belgian Waffles W/haz
6816### Chocolate Belgian Waffles W/str
11089 Chocolate Black Russian
4546### Chocolate Bonbon Cookies
6817### Chocolate Bonbon Cookies1
6818### Chocolate Bonbon Cookies2
3770### Chocolate Bread Pudding
3771### Chocolate Bread Pudding (england)
3772### Chocolate Bread Pudding 2
3773### Chocolate Brownie Waffles
4547### Chocolate Brownies Low Cal
8006### Chocolate Butterflies
6819### Chocolate Caramels
1115### Chocolate Cherry Cheesecake
10518 Chocolate Chip 100% Whole Wheat Bread
10519 Chocolate Chip Banana Bread
8007### Chocolate Chip Bar Cookies
6820### Chocolate Chip Bars
8008### Chocolate Chip Caramel Rolls
1116### Chocolate Chip Cheesecake Supreme
4548### Chocolate Chip Cookie Dough Ice Cream
4549### Chocolate Chip Cookies
8009### Chocolate Chip Cookies (pudding Style)
8010### Chocolate Chip Cookies - M & M Package
8011### Chocolate Chip Cookies On A Stem
8012### Chocolate Chip Macadamia Crunch Cookies
3780### Chocolate Chip Nut Muffins
8013### Chocolate Chip Oatmeal Pecan Cookies
25### Chocolate Chip Oatmeal Wonder's
8014### Chocolate Chip Pecan Cookies
8015### Chocolate Chip Pudding Cookies
4550### Chocolate Chip Squares
4551### Chocolate Chip Torte
6821### Chocolate Chip-Date Cake
8016### Chocolate Chip-Oatmeal Cookies
6822### Chocolate Chip-Peanut Crisps
4552### Chocolate Chocolate Chippers
8017### Chocolate Chubbies
4553### Chocolate Chunk Chocolate Cookies
3781### Chocolate Chunk Coffee Cake
8018### Chocolate Cinnamon Crinkles

Sheet1

8019### Chocolate Cinnamon Snaps
6823### Chocolate Cola Cooler
6824### Chocolate Cookie Ice Cream
8020### Chocolate Cookie Squares
8021### Chocolate Cookies
6825### Chocolate Cream Pie
6826### Chocolate Cream Puffs
8022### Chocolate Crinkle Cookies
8023### Chocolate Crinkles
8024### Chocolate Date Truffles
4554### Chocolate Decadence
8025### Chocolate Dipped Peanut Butter Cookies
6827### Chocolate Drop Cookies
6828### Chocolate Eclairs
6829### Chocolate Frosting
6830### Chocolate Fudge
6831### Chocolate Glaze
4557### Chocolate Hazelnut Tart
6832### Chocolate Ice Cream
6833### Chocolate Ice Cream Roll
8026### Chocolate Indians
4558### Chocolate Intemperance
8027### Chocolate Jumbles
8028### Chocolate Kiss Cookies
8029### Chocolate Lover's Chocolate Chip Cookies
8030### Chocolate Macaroons
8031### Chocolate Madeleines
6834### Chocolate Malts
4559### Chocolate Marshmallow Bars
8032### Chocolate Marshmallow Slices
4560### Chocolate Marshmellow Bars
8033### Chocolate Meringue Cookies
4561### Chocolate Midnight Madness
6835### Chocolate Milk Shakes
4562### Chocolate Mint Baked Alaska
4563### Chocolate Mint Baked Custard
4564### Chocolate Mint Cookies
8034### Chocolate Mint Creams
4565### Chocolate Mint Heaven
4566### Chocolate Mint Ice Cream
4567### Chocolate Mint Meltaways
1117### Chocolate Mint Meringue Cheesecake
4568### Chocolate Mint Pinwheels
4569### Chocolate Mint Sticks
4570### Chocolate Mint Sugar Cookie Drops
8035### Chocolate Mints
8036### Chocolate Morsels
4571### Chocolate Mousse
4572### Chocolate Mousse Flan

Sheet1

6836### Chocolate Mousse In Choc. Cups
4573### Chocolate Mousse Ww
4574### Chocolate Munchies
4575### Chocolate No Bake Cookies
8037### Chocolate Nut Balls
8038### Chocolate Nut Crisps
8039### Chocolate Nut Fantasy
1118### Chocolate Orange Supreme Cheesecake
8040### Chocolate Ovaltine Ovals
3786### Chocolate Pancakes With Chocolate-Raspberry Sauce
8041### Chocolate Peanut Butter Bar
8042### Chocolate Peanut Butter Bars
8043### Chocolate Peanut Butter Cookies
8044### Chocolate Peanut Butter Cup Cookies
8045### Chocolate Peanut Butter Oatmeal Cookies
8046### Chocolate Pecan Cookies
8047### Chocolate Pecan Kisses
4576### Chocolate Peppermint Dessert **
6837### Chocolate Popcorn Balls
4577### Chocolate Pots De Creme
26### Chocolate Pound Cake
6838### Chocolate Pudding
8048### Chocolate Raisin Poppysseed Cookies
4578### Chocolate Raspberry Almond Torte
1119### Chocolate Raspberry Cheesecake
10529 Chocolate Raspberry Muffins
6839### Chocolate Revel Frosting
8049### Chocolate Rice Krispie Treats
4579### Chocolate Rice Ruination
6840### Chocolate Rum Ice Cream
8050### Chocolate Sams
8051### Chocolate Shadows
6841### Chocolate Spritz
3791### Chocolate Stuffed Peanut Butter Scones (randall Chrisman)
3792### Chocolate Teacake
8052### Chocolate Thumbprints
6842### Chocolate Torte
4580### Chocolate Tortoni
1120### Chocolate Turtle Cheesecake
1121### Chocolate Velvet Cheesecake
4581### Chocolate Wafer Mix Pie Crust
4582### Chocolate Wafers
8053### Chocolate Walnut Meringues
4583### Chocolate White Treasure Brownies
10531 Chocolate Zucchini Bread
6843### Chocolate-Caramel Apples
6844### Chocolate-Cherry Drop Cookies
3796### Chocolate-Cinnamon Cake Roll
8054### Chocolate-Dip Cookies

Sheet1

6845### Chocolate-Filled Ravioli Cookie
6846### Chocolate-Walnut Snack Cake
7640### Chop Suey
2089### Chopped Bean Liver
9519### Chopped Chicken Livers
6048### Chopped Liver (sulsum Sine Sulso)
 308### Chorizo & Rice Wrapped In Cabbage Leaves
7392### Chorizo Noodle Casserole
8787### Chow -Down Chowder
6049### Chow Mein (chicken)
7393### Chow Mein Casserole
2090### Chow Mien On A Bun
1919### Chow-Down Chowder
 309### Chris Perry's Cold Pea Salad
 310### Chris Perry's Pasta Salad
8055### Christmas Angel Cookies
8056### Christmas Bisquits
3799### Christmas Bread Pudding
 311### Christmas Coleslaw
8057### Christmas Cookies
8058### Christmas Cookies Frosting
 312### Christmas Crab Quesadillas
9520### Christmas Eve Salad (ensalada De Noche Buena)
8059### Christmas Fruitcake Cookies
8788### Christmas Oyster Soup
8789### Christmas Oyster Soup (soupe Aux Huitres De Noel)
3802### Christmas Stollen (quick-Bread Variety)
8060### Christmas Surprises
4584### Christmas Tiramisu
4585### Christmas-Comes-But-Once-A-Year Chocolate Cak
2091### Chrov Plav
8790### Chunky Avocado Soup
8791### Chunky Chicken Rice Soup
9521### Chunky Chopped Chicken Liver
8792### Chunky Garden Gazpacho
 313### Chunky Kidney Bean Dip
8793### Chunky Pizza Soup
 314### Chutney Cheese Spread
9522### Chutney Cheese Toasts
6050### Chutney Chicken
11292 Cider Snap
 315### Cilantro Potato Salad
8794### Cincinnati 5-Way Chili
 316### Cincinnati Beer-Cheese Dip
8795### Cincinnati Chili
6847### Cincinnati-Style Chili
8061### Cinda's Peanut Butter Cookies
9523### Cindy Black's Garlic Mousse
 27### Cindy's Chocolate Chip Cookie

Sheet1

4586### Cinnamon Apple Crisp
3806### Cinnamon Bread Pudding With Whiskey Sauce
8062### Cinnamon Circles
4587### Cinnamon Crisps
8063### Cinnamon Drop Cookies
4588### Cinnamon Flop
2679### Cinnamon French Toast *****
4589### Cinnamon Ice Cream
10539 Cinnamon Kuchen
10540 Cinnamon Oatmeal Muffins
10542 Cinnamon Rolls (bechtel)
317### Cinnamon Snack Mix
8064### Cinnamon Stars
8065### Cinnamon Stars Cookies
4590### Cinnamon Sugar
8066### Cinnamon-Almond Butter Cookies
1258### Cioppinio
8796### Cioppino
6051### Circassian Chicken -- Russian
318### Citrus & Fennel Salad
1259### Citrus Buttered Lobster Tails
11293 Citrus Dumplings
6849### Citrus Frosting
319### Citrus Grain Salad
6850### Citrus Salad
1260### Citrus Shrimp
11294 Citrus-Buttered Lobster Tails
6052### Citrus-Wine Chicken
7394### Clam And Potato Casserole
320### Clam Chowder
8797### Clam Chowder #1
8798### Clam Chowder #2
8799### Clam Chowder Manhattan Style
8800### Clam Chowder New England Style
321### Clam Dip #1
322### Clam Dip #2
323### Clam Dip #3
9524### Clam Fritters
1261### Clam Linguine
8801### Clam Soup
9525### Clam Stuffed Mushroom Caps
11090 Clamato Red Scorpion
9526### Clams Casino
324### Clarence's Krabdip
325### Classic Barbecued Spareribs
6851### Classic Cheese Souffle
6852### Classic French Dressing
8067### Classic Fudge Brownies
2092### Classic Green Bean Bake

Sheet1

4591### Classic Mexican Flan
8802### Classic Onion Soup
2966### Classic Prime Rib
9527### Classic Waldorf Salad
326### Classy Mustard - Garlic Mayonnaise Dip
3821### Claudia'a (??) Quick Cinnamon Rolls
1262### Clay Pot Shrimp With Bean Thread Noodles Goong Ope Maw Di
8803### Clear Fish Soup
8804### Clear Japanese Soup
8805### Clear Spinach Soup (korean Malgun Sigumchi Kuk)
8068### Clementine's Oatmeal Chocolate Chip Cookies
8806### Clive Younghusband's Venison Stew
8069### Clods
6053### Close To Kfc Original Recipe
4592### Cloutie Dumpling With Ginger Cream
2680### Clown Faces *****
9528### Club Chicken Casserole
6853### Club Sandwiches
6854### Club Waldorf Sandwich Loaf
6855### Cobb Salad
4593### Cocada Imperial (imperial Coconut Flan)
8070### Cocanes
327### Cock-A-Leekie (chicken And Leek Soup)
8807### Cock-A-Leekie Soup
10550 Cocklecakes With Laverbread
9529### Cocktail Biscuits
328### Cocktail Cheese Balls
329### Cocktail Crab Dip
9530### Cocktail Crisps
330### Cocktail Dressing
331### Cocktail Kebabs
6856### Cocktail Meatballs
11338 Cocktail Okra
332### Cocktail Party Shrimp
333### Cocktail Sauce
6857### Cocktail Sausages
334### Cocktail Wieners
6858### Cocoa Drop Cookies
8071### Cocoa Drops
8072### Cocoa Hermits
10552 Cocoa-Nut Bread
1122### Cocoa-Nut Meringue Cheesecake
8073### Cocoanut Crispettes
8074### Cocoanut Date Cookies
8075### Cocoanut Macaroons
8076### Cocoanut Meringues
8077### Cocomalt Cookies
8078### Cocomalt Macaroons
6859### Coconut Angel Food Cake

Sheet1

9531### Coconut Beer Batter Shrimp
1123### Coconut Choco Cheesecake
8079### Coconut Cookies
 335### Coconut Cream Dressing
8808### Coconut Curry Soup Explosion
4595### Coconut Custard (thai)
8080### Coconut Jelly Balls
6860### Coconut Macaroons
9532### Coconut Shrimp With Sweet Dipping Sauce
8081### Coconut Snaps
4596### Coconut Snowball Cocoa
10553 Coconut-Cranberry Cheese Spread
6861### Coconut-Papaya Rice
3828### Coconut-Praline Coffee Cake
6862### Coconutty-Marshmallow Bars
6863### Cocoons
1263### Cod In Spicy Sauce
1264### Cod With Garlic
9533### Codfish Balls
10554 Coffee Banana Scones
4597### Coffee Brickle Ice Cream *
3830### Coffee Cake
3831### Coffee Cake #2
3832### Coffee Cake (kaffee Kuchen)
10555 Coffee Can Bread
6864### Coffee Cordial Pie
8082### Coffee Crackers
8083### Coffee Drop Cookies
6865### Coffee Frosting
6866### Coffee Fudge
10556 Coffee Muffins
2093### Cold Asparagus With Walnuts
9534### Cold Bean Salad
9535### Cold Broccoli Salad
8809### Cold Buttermilk And Shrimp Soup
8810### Cold Cherry Soup
8811### Cold Cherry Soup #1
8812### Cold Cherry Soup #2
 336### Cold Clam Dip
8813### Cold Corn And Tomato Soup
9536### Cold Crabmeat Nacho
8814### Cold Cucumber Soup - Naing Kuk *
9537### Cold Cucumbers With Garlic (leng Qing Gua)
6054### Cold Fruited Chicken
8815### Cold Gaspacho
8816### Cold Gazpacho
 337### Cold Glazed Salmon
 338### Cold Lemon Chicken With "fragrant Green"
6867### Cold Lemon Souffle

Sheet1

7641### Cold Noodles
1265### Cold Poached Salmon1
1266### Cold Poached Salmon2
6868### Cold Poached Turkey W/curry
339### Cold Potato Salad
4598### Cold Pumpkin Souffle
6055### Cold Shredded Vegetables With Chicken
1267### Cold Spiced Shrimp
7642### Cold Spicy Noodles
9538### Cold Spinach Dip
340### Cold Sweet And Sour Soup
1268### Cold Trout In Aspic
341### Cole Slaw #2
28### Cole Slaw Dressing
10557 Colonial Bread
4599### Colonial Gingerbread
9539### Colorado Pate
342### Columella Salad (moretum)
1269### Com Yam Gung (thai Shrimp Soup)
2094### Company Beef Oriental
6869### Company Microwave Rice
9540### Conch Salad
343### Concia (Marinated Zucchini)
10560 Confectioners' Sugar Glaze
6870### Confederate Pie
344### Confetti
2095### Confetti Penne
7395### Confetti Potato Casserole
9541### Confetti Rice Salad
7643### Congee - Rice Gruel
345### Contemplating Cape Cod Clam Dip
9542### Continental Mushroom Caviar
9543### Cook Up An Oriental Hot Pot
9544### Cooked Cucumber Salad - Oi Bok Kum Na Mool *
6871### Cooked Salad Dressing
6872### Cooked Smoked Ham Slice
11184 Cooked Spinach Student Style
2096### Cooked Wild Rice
4600### Cookie Ice Cream-A-Rounds
8084### Cookie Monster Cookies
8085### Cookie On A Stick
6873### Cookie Pizza
6874### Cookie Tart Pastry
4601### Cookies (\$250 Neiman Marcus)
1124### Cookies And Cream Cheesecake
6875### Cooking Bag Chicken
6056### Cooking Duck Chinese Style
2097### Copper Pennies (pickled Carrots)
6057### Coq Au Vin

Sheet1

6058### Coq Au Vin (burgundy Chicken)
1270### Coquilles Saint-Jacques Sautees A La Provencale
1271### Coquillesauce Champagne/kiwi
8817### Corn & Bean Chowder
9545### Corn & Zucchini Quesadilla W/ Tomato Salsa & Avocado Relish
8818### Corn And Bean Chowder
6876### Corn And Cheese
8819### Corn And Crab Chowder
9546### Corn And Marigold Fritters
346### Corn And Walnut Dip
2098### Corn Bread Mix
10562 Corn Bread Rolls
10563 Corn Bread Sticks
6877### Corn Bread Stuffing
10564 Corn Bread Topping
8820### Corn Chowder
10566 Corn Dodgers
2967### Corn Dog
2968### Corn Dogs
8821### Corn Flower Soup
10567 Corn Fritters
10568 Corn Lightbread
11277 Corn Meal Muffins
11295 Corn Muffins
10571 Corn Pone
2099### Corn Pudding
2100### Corn Pudding - Budin De Elote
2101### Corn Roasted With Herb Butter
8822### Corn Salad
2681### Corn Souffle
8823### Corn Soup
6878### Corn Sticks
2102### Corn Stuffed Poblano Chiles
2103### Corn Timbales
10574 Corn-Meal Turnovers
8086### Corn-Millet Circles
11185 Corn-On-The-Cob Student Style
10575 Cornbread Dressing
10576 Cornbread Muffins
2969### Corned Beef
6880### Corned Beef And Cabbage
7396### Corned Beef Casserole
10577 Cornell Bread
8087### Cornflake Macaroons
6059### Cornish Hen With Peaches
6881### Cornish Hens W/glazed Oranges
6060### Cornish Hens With Apple Glaze
6061### Cornish Hens With Raisin-Rice Pilaf
6062### Cornish Hens With Rum

Sheet1

2970### Cornish Pasties
2104### Cornish Under Roasted Potatoes
8088### Cornmeal Guava Thumbprint Cookies
6883### Cornmeal Noodles
6885### Cotes D'agneau Champvallon
2682### Cottage Cheese (helen's Smierkase)
8089### Cottage Cheese Cookies
347### Cottage Cheese Dip
10583 Cottage Cheese Fritters
7397### Cottage Cheese Vegetable Casserole
7398### Cottage Cheese-Spinach Casserole
2683### Cottage Eggs
2971### Cottagers' Meatloaf
11278 Country Bran Muffins
6063### Country Captain Chicken
348### Country Club Sour Cream And Dill Dip
8824### Country Cork Irish Stew
2684### Country Fresh Baked Eggs
2972### Country Fried Chicken Steak With Cream Gravy
2973### Country Fried Steak
8090### Country Gingerbread Dough
9547### Country Pate
9548### Country Pate' With Pistachios
10585 Country Pumpkin Bread
8825### Country Style Cream Soup
10586 Country Style Hazelnut Bread
6886### Country-Style Ribs
2105### Couscous
6887### Couscous Soup With Sausage
349### Coventry Harlequin Holiday Fruit & Nut Cheese Balls
350### Cowboy Caviar
8091### Cowboy Cookies
7399### Cowboy Hot Tamale Pie
2974### Cowboy's Brisket
1272### Coygimwch Dell Patagonia (prawn Patagonia) Welsh
9549### Crab & Avocado Fritters
351### Crab 'n Avacado Salad
9550### Crab And Asparagus Dijonnaise
9551### Crab And Avacado Salad
352### Crab And Avocado Cocktail
9552### Crab And Corn Cakes
353### Crab And Cream Cheese Hors D'oeuvre
9553### Crab And Cream Cheese Hors D'oeuvres
6888### Crab Benedict
8826### Crab Bisque
7400### Crab Broccoli Casserole
1273### Crab Burgers
1274### Crab Cakes
7401### Crab Casserole

Sheet1

366### Crab Chili Cheese
29### Crab Claw Marinade
8827### Crab Combination Soup
1275### Crab Croissant Bake
1276### Crab Delights Stir Fry
354### Crab Dip #1
355### Crab Dip #2
356### Crab Dip #3
30### Crab Dip #4
357### Crab Fritters
1277### Crab In Puff Pastry
1278### Crab Louis
1279### Crab Louis1
1280### Crab Louis2
358### Crab Meat Alma
32### Crab Meat Au Gratin
359### Crab Meat Bacon Rolls
1281### Crab Meat Lion's Head - Shanghai
360### Crab Mousse
361### Crab Muffins
1282### Crab Newberg
1283### Crab Newburg In Popovers
1284### Crab Quiche
9554### Crab Rangoon
9555### Crab Rangoon #1
9556### Crab Rangoon #2
362### Crab Roll Hors D'oeuvre
9557### Crab Roll Hors D'oeuvres
363### Crab Salad
9558### Crab Souffle Roll
31### Crab Souffl_ Roll
1285### Crab Stuffed Chicken Breasts
1286### Crab Stuffed Flounder
364### Crab Stuffed Jalapenos
365### Crab Stuffed Mushrooms
9559### Crab Stuffed Mushrooms # 2
1287### Crab Stuffed Shrimp
9560### Crab Tarts
1288### Crab Topped Shrimp
1289### Crab With Prosciutto
1290### Crab With Snow Peas
367### Crab-Melt Canapes
11296 Crab-Topped Shrimp
368### Crabby Mushrooms
1291### Crabmeat And Grapefruit Salad
9561### Crabmeat Appetizer
9562### Crabmeat Dip
9563### Crabmeat Mousse
9564### Crabmeat Ravigote

9565### Crabs Carribbean-Style
 1292### Crabs With Ginger And Green Onions
 10589 Crackling Bread
 8828### Crackling Rice Vegetable Soup
 9566### Crakerjack
 4602### Cran-Brandy Pudding
 4603### Cran-Brandy Pudding****fjvs25a
 10593 Cranberry Bread
 8092### Cranberry Crunches
 4604### Cranberry Fritters
 3874### Cranberry Fruit Nut Bread
 10596 Cranberry Glazed Rolls
 3876### Cranberry Hazelnut Bread
 4605### Cranberry Ice
 10597 Cranberry Muffins
 10598 Cranberry Nut Bread
 10599 Cranberry Or Blueberry Muffins
 4606### Cranberry Orange Holiday Wreath
 4607### Cranberry Raspberry Ice Cream **
 369### Cranberry Salad
 4608### Cranberry Walnut Tart
 6889### Cranberry-Apple Pie
 10604 Cranberry-Corn Muffins
 6891### Cranberry-Peach Pie
 10605 Cranberry-Pumpkin Muffins
 2106### Cranberry-Stuffed Acorn Squash
 370### Crawfish And Egg Salad
 1293### Crawfish Chili
 1294### Crawfish Etouffee
 33### Crawfish Of Shrimp Etouffee
 371### Crawfish Or Shrimp Cocktail
 1295### Crawfish Risotto (nz)
 1296### Crayfish Bisque
 1297### Crayfish Etouffee
 10606 Cream Biscuits
 9567### Cream Cheese Apple Dip
 372### Cream Cheese Ball
 2685### Cream Cheese Bars
 8093### Cream Cheese Cookies
 4609### Cream Cheese Crosses
 373### Cream Cheese Dip
 4610### Cream Cheese Frosting
 4611### Cream Cheese Ice Cream
 34### Cream Cheese In Sour Dough
 35### Cream Cheese Pie
 374### Cream Cheese Stuffed Cucumbers
 4612### Cream Cheese Swirl Brownies
 4613### Cream Cheese Tarts
 6892### Cream Cheese-Fruit Tarts

8829### Cream Chicken Soup
36### Cream Dementh Brownies
375### Cream Dressing For Cucumbers
4614### Cream For Fruit
376### Cream Herb Dip
8830### Cream Mushroom Soup
8831### Cream Of Asparagus
8833### Cream Of Brie And Leek Soup
8834### Cream Of Broccoli Soup
8835### Cream Of Broccoli Soup #1
8836### Cream Of Broccoli Soup #2
8837### Cream Of Broccoli Soup #3
8838### Cream Of Carrot Soup
8839### Cream Of Cauliflower And Cheese Soup
6893### Cream Of Cauliflower Soup
8840### Cream Of Cheese Soup
377### Cream Of Crab Soup
8841### Cream Of Mushroom Soup
8842### Cream Of Mushroom Soup #2
8843### Cream Of Mussel Soup
8844### Cream Of Pea Soup
8845### Cream Of Peanut Soup
8846### Cream Of Pecan Soup
8847### Cream Of Potato Soup
8848### Cream Of Potato Soup #2
8094### Cream Of Rice Crackers
8849### Cream Of Ruben Soup
1298### Cream Of Smoked Salmon Soup
8850### Cream Of Zucchini Soup
378### Cream Pepper Dip
6894### Cream Puffs
8851### Cream Tomato Soup
6895### Cream Wafers
8852### Creamed Carrot Soup
7644### Creamed Eggs With Scallions
379### Creamed Herring
8853### Creamed Leek Soup
9568### Creamed Lobster And Clams
2107### Creamed Onions
9569### Creamed Scallops In Wine Sauce (coquillies St. Jacques)
2108### Creamed Spinach
9570### Creamed Spinach Iii
2109### Creamed Spinach With Wild Mushrooms
9571### Creamed Sweetbreads
8854### Creamed Tomato Soup
380### Creamy Avocado With Bacon Dip
6064### Creamy Baked Chicken Breasts
2110### Creamy Beef-Noodle Combo
6896### Creamy Caramels

Sheet1

9572### Creamy Cheese Fondue
6065### Creamy Chicken & Mushrooms
7402### Creamy Chicken Bake
6066### Creamy Chicken Broccoli Noodles
7403### Creamy Chicken Casserole
7404### Creamy Chicken Casserole Lo Cal Lo Fat
6067### Creamy Chicken Popovers
37### Creamy Chicken Tarragon
1125### Creamy Chilled Cheesecake
6897### Creamy Cocoa Frosting
6068### Creamy Crunchy Chicken Rice
9573### Creamy Dijon Topped Potatoes
6898### Creamy Dill Meatballs
2111### Creamy Egg And Vegetable Bake
2686### Creamy Feta Spread
4619### Creamy Fudgy Nutty Brownies
6899### Creamy Gravy
9574### Creamy Green Garlic Dressing
6900### Creamy Guacamole
381### Creamy Herb Dip
382### Creamy Horseradish Dip #1
383### Creamy Horseradish Dip #2
6901### Creamy Italian Dressing
4615### Creamy Lemon Tart Pudding
6902### Creamy Low-Cal Dressing
6903### Creamy Meatball Dinner
4616### Creamy Mocha Frozen Dessert
8855### Creamy Mushroom Barley Soup
8856### Creamy Mushroom Soup
11186 Creamy Mustard Student Style
4617### Creamy Onion And Chilies Lorraine
6904### Creamy Onion-Smothered Pork Chops
384### Creamy Pepper Dip
9575### Creamy Pepper Dressing
385### Creamy Picante Dressing
8857### Creamy Potato Soup
386### Creamy Purple Onion And Basil Dip
4618### Creamy Rice Pudding
387### Creamy Salsa Dip
388### Creamy Shrimp Spread
9576### Creamy Smoked Salmon And Dill Tart
389### Creamy Spinach Dip
8858### Creamy Spinach Soup (lf)
6905### Creamy Stuffed Pasta Shells
8859### Creamy Tomato Soup
390### Creamy Trout Mousse
7405### Creamy Tuna Casserole
6069### Creamy Turkey Pie
6906### Creamy Vanilla Frosting

Sheet1

11187 Creamy Vegetable Student Style
8095### Creamy Whole-Wheat Crackers
8860### Cream Of Ruben Soup
6907### Creme Anglaise
2687### Creme Bath Oil Soak
4620### Creme Brulee
8096### Creme Cheese Cookies
4621### Creme De Menthe Brownies
8097### Creme De Menthe Chocolate Squares
4622### Creme De Menthe Parfait
6908### Creme De Menthe Truffle Cups
6909### Creme Fraiche
8861### Creme Of Vegetable Soup - Le Cellier Restaura
8862### Creme Pea Soup Francaise
8863### Creole Bouillabaisse
2688### Creole Brunch Eggs
1299### Creole Catfish
1300### Creole Crab And Rice
2112### Creole Eggplant Souffle
2689### Creole Eggs
8864### Creole Garlic Soup
391### Creole Gumbo Pot
2690### Creole Omelet
1301### Creole Shrimp
8865### Creole Shrimp Stew
392### Creole Stuffed Artichokes-From: La Bouche Creole
2113### Creole Stuffed Eggplant
2691### Crepe Pancakes With Filling
393### Crepes
4623### Crepes Batter And Filling Suggestions: Frugal Gourmet
4624### Crepes Suzette
2114### Crepes With Cottage Cheese
1302### Crepes With Tuna Sauce
4625### Crescent Cheese Delights
4626### Crescent Cookies
10610 Crescent Roll Bread
6910### Crespelle Alla Modenese
394### Crimson Slaw
8098### Crisco Peanut Butter Cookie
10612 Crisp Bacon Muffins
7645### Crisp Beef In Chili Sauce
11339 Crisp Bread And Butter Pickles
7646### Crisp Chinese Pork
8099### Crisp Cookies
8100### Crisp Florentine Cookies
8101### Crisp Molasses Cookies
395### Crisp Pasta And Goat Cheese Salad
11340 Crisp Pickled Watermelon Rind
7647### Crisp Roasted Pig's Head

Sheet1

396### Crisp Split Peas
9577### Crisp Sugared Walnuts
1303### Crispy Baked Fish & Herbs
1304### Crispy Baked Fish And Herbs
2115### Crispy Baked Onion Rings
397### Crispy Bean Curd Cubes With Peanut Dipping Sauce
6070### Crispy Chicken
6071### Crispy Chicken Drumsticks
9578### Crispy Chicken Nuggets
6072### Crispy Chicken With Asparagus Sauce
1305### Crispy Coconut Shrimp
6073### Crispy Corny Baked Chicken
6074### Crispy Mandarin Chicken
6075### Crispy Mustard Chicken
11188 Crispy Non-Fried Chicken Student Style
398### Crispy Noodles (mee Krop)
1306### Crispy Pecan Fish Fillet
7648### Crispy String Beans
6911### Crispy Walnuts
9579### Crispy Wontons
2975### Crock Pot Italian Beef
8866### Crock-Pot Beef Vegetable Soup
8867### Crock-Pot Beef Vegetable Soup %%% Drnd29a
2976### Crock-Pot Curry+++fggt98b
8868### Crockpot Baked Bean And Wiener Soup
2977### Crockpot Barbecued Turkey Legs
2978### Crockpot Beef And Potatoes
8869### Crockpot Beef Stew
2116### Crockpot Boston Baked Beans
6076### Crockpot Brunswick Stew
8870### Crockpot Brunswick Stew-Pjxg05a 1i27
2979### Crockpot Budget Beef Stroganoff
2980### Crockpot Cajun Ribs
2692### Crockpot Cheese And Macaroni
2693### Crockpot Cheese Fondue Dip
6077### Crockpot Chicken And Cheddar Sauce
6078### Crockpot Chicken And Herb Dumplings
6079### Crockpot Chicken Cacciatore (pjxg05a) 1i27
6080### Crockpot Chicken Parmigiana
2981### Crockpot Chinese Style Country Ribs
2982### Crockpot Corn Stuffed Pork Chops
6081### Crockpot Cornish
8871### Crockpot Country Chicken Rice Soup
6082### Crockpot Cowloon Chicken
2983### Crockpot Curried Beef
8872### Crockpot Dumpling Soup
2984### Crockpot Fondue Italiano
2985### Crockpot Frankfurter Noodles
8873### Crockpot French Onion Soup *** (grdg72b)

Sheet1

2986### Crockpot Glazed Corned Beef
7406### Crockpot Granny Jean's Lima Bean Casserole
2987### Crockpot Italian Pot Roast
2988### Crockpot Knockwurst And Cabbage
9580### Crockpot Little Smokies
2989### Crockpot Mexican Style Short Ribs
6083### Crockpot Neopolitan Tostada
2990### Crockpot New England Pot Roast
2991### Crockpot Onion Mushroom Steak
2117### Crockpot Orange Glazed Carrots
2992### Crockpot Perfect Meatloaf
4627### Crockpot Pina Colada Bread Pudding
2993### Crockpot Pork Chops
9581### Crockpot Refried Bean Dip
2994### Crockpot Round Steak Italiana
2995### Crockpot Round Steak With Rich Gravy
2996### Crockpot Sausage And Cabbage
2997### Crockpot Southwestern Beef And Beans
2118### Crockpot Stuffed Green Peppers
2119### Crockpot Swedish Cabbage Rolls
2998### Crockpot Swedish Style Steak
6084### Crockpot Sweet And Sour Chicken
2999### Crockpot Teriyaki Steak
8875### Crockpot Vichyssoise
8876### Crocodile Cafe's Chicken Tortilla Soup
8102### Crocus Cookies
 399### Croutes Au Fromage
9582### Croutes Au Fromage (cheese Pastries)
2694### Crowdie Butter With Garlic And Parsley
3000### Crown Roast Of Frank
6912### Crown Roast Of Lamb With Corn Bread Stuffing
4628### Crumb Topping For Fruit Buckle
2120### Crumb-Topped Green Beans And Mushrooms
 400### Crunchy Bacon Coleslaw
7649### Crunchy Bean Sprouts With Beef
6085### Crunchy Chicken-Cheese Bake
9583### Crunchy Hot Crab Bites
6913### Crunchy Oven-Fried Chicken
 401### Crunchy Pea Salad
8103### Crunchy Peanut Balls
8104### Crunchy Peanut Crackers
9584### Crunchy Stuffed Eggs
2121### Crunchy Teriyaki Burgers
1307### Crunchy Topped Fish With Potato Sticks
 402### Crunchy Tuna Salad
 403### Crunchy Turkey Salad
2695### Crustless Chili Quiche
 38### Crustless Crab Quiche
2696### Crustless Quiche

Sheet1

9585### Crustless Spinach Mushroom Quiche
10624 Crusty Rye Bread
404### Crystal Palace Dumpling With Peanut Sauce
11091 Cuba Libre
2122### Cuban Beans And Rice
8878### Cuban Black Bean Soup
8879### Cuban Black Bean Soup With Marinated Rice (light)
405### Cucumber And Avocado Salad
6914### Cucumber And Dill Salad
6915### Cucumber And Kale Saute
8880### Cucumber And Potato Soup
9586### Cucumber And Sesame Seed Salad
6916### Cucumber And Tomato Skillet
406### Cucumber Dill Dip
9587### Cucumber Dill Dip #1
407### Cucumber In Sour Cream Salad
408### Cucumber Relish Salad
9588### Cucumber Ring With Chicken Filling
409### Cucumber Salad
7650### Cucumber Stir Fried With Pork
9589### Cucumber Stuffed With Roquefort And Hazelnuts
9590### Cucumber Tea Sandwiches With Mint Mayonnaise
9591### Cucumber Vegetable Salad (korean Oi Namul)
6917### Cucumbers
9592### Cucumbers In Yogurt
410### Cumcumber Dill Dip
1308### Cumi-Cumi Isi (stuffed Squid)
6086### Cumin Baked Chicken
411### Cumin Crusted Chicken Salad
2697### Cup Cheese
1309### Cured Salmon
3908### Currant Pound Cake
3909### Current Pound Cake
412### Curried Almonds
413### Curried Apple-Walnut Salad
1310### Curried Apples And Shrimp
9593### Curried Beef Balls
3001### Curried Beef In Wrappers
6918### Curried Beef With Fruit
8881### Curried Carrot Soup
2123### Curried Cauliflower & Potatoes (aloo Gobi)
414### Curried Chicken & Mango Salad
9594### Curried Chicken And Bow Tie Pasta Salad
6087### Curried Chicken Dinner
415### Curried Chicken Liver Pate
6088### Curried Chicken Platter
6919### Curried Chicken Salad
6089### Curried Chicken Spring Rolls
416### Curried Chicken Triangles #1

Sheet1

417### Curried Chicken Triangles #2
9595### Curried Chutney Spread
1311### Curried Coconut Shrimp
8882### Curried Corn And Tomato Soup
8883### Curried Cream Of Chicken Soup
418### Curried Garlic Dip
7407### Curried Hash
9596### Curried Lentil Pate
2124### Curried Lentils And Vegetables
6920### Curried New Potatoes
9597### Curried Peanuts
9598### Curried Pear Halves
2125### Curried Potatoes With Eggplant (aloo Baigan Sabji)
2126### Curried Rice And Carrots
1312### Curried Scallops
419### Curried Sesame Sauce
1313### Curried Shrimp - Goong Pad Pong Garee *
9599### Curried Shrimp Phyllo Bundles
420### Curried Spinach & Chick Pea Soup
421### Curried Supper Salad!
422### Curried Yogurt Dip
8105### Curry Crackers
9600### Curry Cream Mussels
2127### Curry Delight
39### Curry Dip
423### Curry Dip #2
424### Curry Lime Dip
11341 Curry Pickles
9601### Curry Puffs
6090### Curry Sauce With Beef Or Chicken - Herb Chow
8884### Curry Soup Noodles
4629### Custard Tartlets
2128### Cut (schnitzel) Beans
4630### Cut Glass Dessert
8106### CyberealM Mincemeat Cookies
8885### Czech Cabbage Soup
8886### Czech Liverballs
8887### Czechoslovakian Goulash
10629 Daddy's Dark Pumpernickel Bread
2129### Dagung (corn Fritters)
11092 Daiquiri Frozen
4631### Daiquiri Souffle
7408### Dairy Beef Casserole
7409### Dairy Noodle Casserole
4632### Daisy White's Strawberry Ice Cream
10630 Dak's Apple Wheat Bread (bread Machine)
10631 Dak's Banana-Nut Wheat Bread (bread Machine)
10632 Dak's Buttermilk Wheat Bread (bread Machine)
10633 Dak's Corn-Cheddar Cheese-Oat Bran Bread (bread Machine)

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10634 Dak's Ear-Coconut Oat Bran Bread (bread Machine)
10635 Dak's Eggnog Oat Bran Bread (bread Machine)
10636 Dak's Ellen's Favorite Oat Bran Muffin Bread (bread Machine)
10637 Dak's Gugelhupf Wheat Bread For Bread Machine
10638 Dak's Honeyed Beet Oat Bran Bread (bread Machine)
10639 Dak's Mint Zucchini Oat Bran Bread (bread Machine)
10640 Dak's Molasses Wheat Germ Bread (bread Machine)
10641 Dak's Olive Oat Bran Bread (bread Machine)
10642 Dak's Orange-Raisin Wheat Bread (bread Machine)
10643 Dak's Peanut-Peanut Butter Wheat Bread (bread Machine)
10644 Dak's Plain Oat Bran Wheat Bread (bread Machine)
10645 Dak's Pumpkin Wheat Bread (bread Machine)
10646 Dak's Ranch Wheat Bread (bread Machine)
10647 Dak's Rosemary Oat Bran Bread (bread Machine)
10648 Dak's Rye Oat Bran Bread (bread Machine)
10649 Dak's Sherry-Poppy Seed Wheat Bread (bread Machine)
10650 Dak's Sourdough Bread (bread Machine)
10652 Dak's Walnut Blue Wheat Bread (bread Machine)
10653 Dak's Whole Grain Oat Bread (bread Machine)
425### Dallas Cowboy Tacos
10656 Damper
8888### Danablu Soup
426### Dandelion And Lettuce Salad
427### Dandelion Salad
1314### Dango Jiru (dumplings With Miso)
10657 Daniel Boone Tavern Spoon Bread
10659 Danish Cream Cheese Coffee Cake
10660 Danish Flatbread
4633### Danish Pastry
8889### Danish Pea Soup With Pork
8107### Dar's Oat Bran Cookies
4634### Dark And Dense Chocolate Mousse
8108### Dark Chocolate Fudge
10662 Dark Moist Bran Muffins
1315### Darley Street Thai Chuu-Chii (red Curry) Of Coffin Bay Sc
8890### Dashi (basic Soup Stock)
4635### Date And Apple Squares
8109### Date And Nut Bars
10663 Date And Nut Bread
8110### Date And Nut Squares
10664 Date Bread
8111### Date Cookies
9602### Date Fried Won Ton
8112### Date Honeys
8113### Date Macaroons
10665 Date Muffins
40### Date Nut Bars
3948### Date Nut Bread
11279 Date Or Raisin Bran Muffins

Sheet1

8114### Date Pinwheel Biscuits (cookies)
8115### Date Sandwich Bars
8116### Date Sticks
8117### Date Torte
9603### Daube Glace
4636### Death By Chocolate Ala Mr. Food
4637### Death By Vanilla Pudding
10667 Deb's Breakfast Cake
 428### Debbie's Chalupa Dip
4638### Decadent Chocolate Hearts
10668 Dede's Buttermilk Bread
4639### Deep Chocolate Torte With Coffee Buttercream
8118### Deep Dark Chocolate Fudge Cookies
3002### Deep Dish Taco Squares
4640### Deep Fried Sesame Seed Ball - Jien Duy
9604### Deep Fried Squid Rings
 429### Deep Fried Tofu With Plum Sauce
1316### Deep-Fried Catfish Fillets
9605### Deep-Fried Crab Balls With Vinegar Dip
1317### Deep-Fried Fish
1318### Deep-Fried Oysters And Clams
1319### Deep-Fried Scallops
1320### Deep-Fried Shrimp #2
 430### Deep-Fried Shrimp Balls With Celery Sauce
1321### Deep-Fried Trout
8119### Deep-Fried Wonton Cookies (teem Gok)
 431### Deep-Fried Yellow Bean Paste (baa Yir)
1322### Deli Seafood Sandwich
 432### Delicious Dip
8120### Delicious Nut Cookies
 433### Delicious Party Spread
11240 Della Robbia Ice Ring
11093 Delmonico
4641### Deluxe Chocolate Marshmallow Bars
9606### Deluxe Nachos
 434### Deluxe Salmon Spread
8891### Denise's Diet Soup
10670 Denmark Rolls
10671 Dessert Cornbread
4642### Dessert: Cherry Oat Dessert Squares
3003### Detroit Deep Dish Pizza
3004### Devil's Steak
1323### Deviled Crab
1324### Deviled Crab Croquettes
1325### Deviled Crab Croquettes
9607### Deviled Crab Quiche
2698### Deviled Eggs
2699### Deviled Eggs # 2
2700### Deviled Eggs And Noodles

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3005### Deviled Ham Muffins
9608### Deviled Ham Puffs
9609### Deviled Rock Lobster Or Crab
435### Deviled Smelt
436### Deviled Tomatoes
1326### Deviled Walleye Fillets
437### Devilish Eggs
3006### Devilish Potato Stacks
438### Devilishly Delicious Eggs
439### Devilled Crab In Cucumber Cups.
440### Devilled Crabs
441### Dhal
8121### Diabetic Cookies
8122### Diabetic Date Nut Cookies
9610### Diablo Dip
10673 Diamond Head Bread
42### Diane's Bean Salad
43### Diane's Chicken
8123### Diane's Sugar Cookies
10674 Diet Bread
10675 Diet Rite Bread
442### Dieter's Taco Salad
1920### Dieter's Taco Salad #2
443### Dill Dip
9611### Dill Dip In Rye Bread
2701### Dill Pickled Eggs
9612### Dill Vegie Dip
9613### Dill Wilted Lettuce Salad
3959### Dillbrot (dill Bread)
2130### Dilled Carrots
6091### Dilled Chicken Pot Pie
444### Dilled Cucumber Salad
11342 Dilled Green Tomatoes Or Cherry Tomatoes
445### Dilled Potato-Apple Salad
2131### Dilly Carrots
11280 Dilly Zucchini Ricotta Muffins
2132### Dillybeans
8892### Diner Goulash
8124### Dip And Sprinkle
446### Dippety Doo Dip
447### Dipping Sauce
11094 Dirty Mother
1327### Dishwasher Shrimp
10682 Dixie Corn Bread
2133### Dixie's Red Beans And Rice
2134### Do It Yourself Bean Sprouts
1328### Dobinmushi
11189 Doctored Campbells Student Style
448### Dolmadakia (stuffed Grapeleaves With Rice)

Sheet1

449### Dolmades Yialandzi (stuffed Grapevine Leaves)
10683 Dom Deluise's Cheese & Onion Bread
8893### Dom Yam Gung (thai Shrimp Soup)
8894### Domatosoupa Me Spaghetti
9614### Domestic Boursin Cheese
450### Domesticated Chick-Pea Dip
9350### Don's Piquant Salad Dressing
451### Donna's Chicken Salad
44### Dorothy's Sweet And Sour Chicken
4643### Double Almond Ice Cream *
8125### Double Cashew Crackers
2135### Double Cheese Hamburger Casserole
452### Double Cheese Wheel
4644### Double Chocolate Brownies
8126### Double Chocolate Brownies Ala Weight Watchers
8127### Double Chocolate Drops
4645### Double Chocolate Mint Chip Cookies
8128### Double Chocolate Thumbprint Cookies
8129### Double Quick Pumpkin Bars
453### Double Raspberry Salad
4646### Double-Berry Shortcakes
3967### Double-Boiler Bread Pudding
8130### Doubly Chocolate Cookies
4647### Doughnuts (fastnachts- A Shrove Tuesday Tradition)
6092### Dove Monterey Style
455### Down And Dirty Apple Chutney Dip
3007### Down Home Hash And Eggs
7651### Down-Home Fried Rice
3971### Downhome Cafe Banana Bread
2136### Dr. Pepper Baked Beans
9615### Dr. Pepper Glazed Pecans
8131### Dream Bars
10686 Drew's Famous Onion Dill Bread
7410### Dried Beef And Noodle Casserole
456### Dried Beef Log
8895### Dried Fish Belly Soup - Kapaw Pla *
9616### Dried Split Pea Dip
3973### Drop Donuts
10687 Drop Dumplings
8132### Drop Ginger Cookies
9618### Drunken Chicken Salad
8896### Drunken Chicken Soup
1330### Drunken Fish
6093### Drunken Mexican Chicken (pollo Boracho)
1331### Drunken Shallot Shrimp
457### Drunken Tuna Dip
10689 Dry Baking Mix
3008### Dry Cure Southwest Jerky
1332### Dry-Fried Shrimp With Ginger

Sheet1

3009### Dublin Stewed Pork
6094### Duck A L'orange
6095### Duck Braised With Olives
6096### Duck Breast Louisiana Style
6097### Duck Curry - Kaen Of Duck *
6098### Duck Gumbo
9619### Duck Liver Moose
9620### Duck Liver Mousse
458### Duck Sauce
6099### Duck Webs In Oyster Sauce
3010### Duck With Black Bean Sauce And Tamarind Jus
6100### Duck With Pine Nut Wild Rice
6101### Duck With Plum Sauce
6102### Duck With Raspberry Sauce
6103### Duck With Sugar Cane - Vit Tiem Mia
6104### Duckling L' Vernors
8897### Ducklings Swimming In A Pond
8133### Dusty Road Cookies
8134### Dutch Almond Bars
8135### Dutch Almond Ice Box Cookies
459### Dutch Apple Salad
4648### Dutch Apple Tart
2702### Dutch Cheese Spread
3977### Dutch Kringle Bread
8898### Dutch Leek Soup
3011### Dutch Meatloaf
11268 Dutch Oven Pot Roast
7411### Dutch Pot Pie
10691 Dutch Schneck
2137### Dutch Slaw
2138### Dutch Stewed Potatoes
2139### Dynamite Chili With Beans
3012### Earth Oven Roast Pig
6105### East Indian Chicken
1333### East: Bengal Lancers Shrimp Curry (jhinka Masala)
1334### East: Calcutta Curried Fish With Crisp Vegetables
8136### Easter Cookies
460### Easy 10-Minute Chili
9621### Easy Apple Salad
2140### Easy Baked Potatoes
7412### Easy Bar-B-Que Chicken Casserole
7413### Easy Barbecued Chicken Casserole
2141### Easy Beef And Broccoli Stir-Fry
10694 Easy Biscuit Mix
2142### Easy Blender Potato Kugel
9622### Easy Cheese And Shrimp Gyozas (east/west)
6106### Easy Chicken And Dressing
6107### Easy Chicken Cacciatore
7414### Easy Chicken Casserole

461### Easy Chocolate Dipping Sauce
4649### Easy Chocolate Terrine
8137### Easy Coconut Macaroons
7415### Easy Crab Casserole
11343 Easy Dill Pickles
2703### Easy Egg And Tomato Benedict
4650### Easy Freezer Strawberry Sorbet
6108### Easy Harvest Drumsticks
8899### Easy Hodge Podge Soup
9623### Easy Hot Dog Cheese Roll Ups
8900### Easy Hungarian Soup
4651### Easy Ice Cream
9624### Easy Macaroni Salad
2143### Easy Marinated Asparagus
9625### Easy Nachos
8138### Easy Oat Bran & Date Cookies
462### Easy Onion Bites
8139### Easy Peanut Butter Cookies
3013### Easy Pork Chops With Dill
4652### Easy Pumpkin Ice Cream
9626### Easy Roasted Pepper Salad
463### Easy Salad
1335### Easy Shrimp Etouffee
464### Easy Shrimp Salad
7416### Easy Spaghetti Casserole
465### Easy Sunflower Pate
7652### Easy Sweet-N-Sour Pork Chops
466### Easy Tomato Soup
467### Eating Well's Parmesan Straws
468### Ebi Kimizushi (prawn Sushi With Egg Yolk)
8140### Eclairs
8141### Ed's Famous Cowboy Cookies
9627### Eels In Piquant Sauce (All I Pebre)
2704### Egg And Spinach Casserole
2705### Egg Baskets
2706### Egg Croquettes
4653### Egg Custard Tarts
8901### Egg Drop Soup #1
8902### Egg Drop Soup #2
8903### Egg Drop Soup #3
8904### Egg Drop Soup #4
8905### Egg Drop Soup #5
8906### Egg Drop Soup #6
8907### Egg Drop Soup #7
7653### Egg Foo Yong
7654### Egg Foo Yong (master Recipe)
2707### Egg Foo Yung # 2
7655### Egg Foo Yung (chinese Omelet)
7656### Egg Foo Yung (foo Yung Don)

7657### Egg Fu Yung
2708### Egg Go - Rounds
469### Egg Mayonnaise Indienne
4654### Egg Nog li
470### Egg Pancake Rolls With Pork Filling
9628### Egg Plant Fritters
9629### Egg Roll Skins
471### Egg Rolls
9630### Egg Rolls #1
9631### Egg Rolls #2
472### Egg Roulade
8142### Eggless Cookies
10697 Eggless Corn Muffins
3986### Eggless Ginger Cookies - Rolled
3987### Eggnog Bread Pudding
4655### Eggnog Bread Pudding With Rum Sauce
4656### Eggnog Mold
4657### Eggnog Rice Pudding
4658### Eggnog Snickerdoodles
8143### Eggnog Thumbprints
473### Eggplant A La Provencale
2144### Eggplant Au Gratin
7417### Eggplant Casserole
474### Eggplant Caviar Dip
2145### Eggplant Croquettes
2146### Eggplant Curry
475### Eggplant Dip
9632### Eggplant Imam Bayildi
2147### Eggplant In Coconut Milk
2148### Eggplant Milanese
2149### Eggplant Mozzarella
2150### Eggplant Parmesan
2151### Eggplant Parmesian
476### Eggplant Salad
2152### Eggplant Stuffed L'italienne
477### Eggplant Tahini Pate
6109### Eggplant With Chicken (or Tofu)
7658### Eggplant With Spicy Meat
2153### Eggplant With Yogurt
7418### Eggplant-Cheese Casserole
7419### Eggplant/swiss Cheese Casserole
2709### Eggs Baked In Sour Cream
2710### Eggs Benedict Without Real Eggs
2711### Eggs Continental
2712### Eggs Elegant With Mushroom Sauce
9633### Eggs In Red Pepper Sauce
9634### Eggs In Red Pepper Sauce - Sambal Goreng Telor
3014### Eggs Portugal
2713### Eggs Sofrito

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11190 Eggs-In-A-Poke Student Style
11191 Eggwich Student Style
3015### Egyptian-Greek Meatloaf
6110### Eight Jewel Chicken
2154### Eileen's Potatoes
2714### Ekoori
8908### El Torito Chicken And Lime Soup
9635### Elegant Crabmeat Balls
1336### Elegant Fillets Veronique
2155### Elegant Green Beans
1337### Elegant Southern Seafood Cake
478### Elephant Stew From: Cooking For Someone Special
9636### Elida Proenza's Yuca Con Mojo
4659### Elizabethan Orange Tart
11095 Emerald Isle Cooler
3016### Emmenthal Veal Schnitzel
9637### Empanadas (brazilian Meat Pies)
9638### Empanadas - S. American
479### Empanaditas
7659### Empress Chicken
9639### Empress Chicken Wings
6921### Empress Spinach Salad
2715### Enchilada Bake
6111### Enchilada Casserole
7420### Enchiladas Banderas
6112### Enchiladas San Antonio
2716### Enchiladas Verdes - Green Chili
11192 Enchiritoes Student Style
481### Endive Beet And Red-Onion Salad
9640### Endive With Bleu Cheese
480### Endive With Tomato Rosettes
4660### English Orange Trifle
4661### English Raspberry Trifle
7421### English Shepherd's Pie
6922### English Trifle
482### English Walnut Salad
9641### Ensalada De Margarita
9642### Ensalada Guanajuato (five Bean Salad Guanajuato Style)
2156### Erbsenpuree (yellow Split-Pea Puree)
2157### Escalloped Potatoes
483### Escargot A La Bourguignonne
9643### Escargot En Croute
9644### Escargots En Cercueils (Snails In Puff Pastry Shells)
484### Escargots On Mushroom Caps
6923### Espresso Granita
4662### Eton Mess
4663### Eva Miracle Meringue Topping
3991### Eva's Zucchini Bread
11096 Everybody's Irish

Sheet1

6113### Evil Jungle Prince With Chicken (or Mixed Vegetables)
6114### Evil Jungle Prince With Chicken (or With Mixed Vegetables)
6924### Exotic Chinese Fruit Bowl
2717### Extra Crusty Macaroni And Cheese
4664### Fairfax Chocolate Icing
10701 Fairy Gingerbread
6115### Fajitas
6116### Fajitas Grande
6925### Fajitas1
6117### Fake Fried Chicken
8909### Fakes Xithati (Sour Lentil Soup)
2158### Falafel
3017### Falscher Hase (false Hare (german Meatloaf))
3018### Family Pot Roast
10702 Famous Durgin-Park Corn Bread
8144### Famous Oatmeal Cookies
7660### Fantasy Pork
485### Far East Peanut Dipping Sauce
1338### Far Eastern Rice Loaf
2718### Farmer's Breakfasts
2719### Farmer's Cheese
8910### Fasoulada
8911### Fassoulada (Greek Bean Soup)
8912### Fast And Creamy Vegetable Soup
3996### Fastnacht Potato Cake
8145### Fat-Free Chewy Chocolate Cookies
8146### Fattigmands Bakkelese
9645### Faux Stuffed Eggs
9646### Fava Bean Salata
1126### Favorite Cheesecake Squares
2159### Favorite Chili Sauce
2720### Favorite Egg Nog
8147### Favorite Molasses Cookies
11344 Favorite Mustard Pickles
10706 Feather Muffins
8148### Fennel And Onion Crackers
486### Fennel And Watercress Soup
6927### Fennel Cucumbers
9648### Fennel Orange And Caper Salad
9647### Fennel Salad
487### Fennel Seed Onion Dip
2721### Festival Eggs
488### Festive Cheese Ball
6118### Festive Chicken
8149### Festive Fruit Cake Cookies
489### Festive Herb Dip
4665### Festive Pudding
1127### Festive Irish Cream Cheesecake
2722### Feta And Ricotta Cheese Fondue

Sheet1

490### Feta Stuffed Pasta Shells
6928### Fettuccine Uzie
3019### Fettuccine With Peas And Ham
1339### Fettuccine With Scallops And Peas
1340### Fettuccine With Shrimp
6929### Fettuccini Portofino Ambrosino
4### Fettucini Alfredo
2723### Fettucini Alfredo Ii
2724### Fettucini Alfredo Iii
2160### Fettucini Florentine
7661### Fiery Beef Stir-Fry
7662### Fiery Pork & Winter Bamboo Shoots Over Snow
7663### Fiery Pork And Winter Bamboo Shoots Over Snow
9649### Fiery Salsa
1341### Fiery Shrimp Curry
6119### Fiesta Chicken
1342### Fiesta Chowder
1343### Fiesta Fish And Pasta
9650### Fig Appetizers
8150### Fig Bars
10708 Fig Bread
4666### Fig Delight
8151### Fig Envelopes
8152### Fig Honey Cookies
8153### Fig Newtons
4667### Figs Poached In White Wine And Fresh Thyme
2725### Figue Vert (green Banana) Gratin
8913### Fihserman's Chowder
1344### Filet De Vivaneau Sauce D'algues
3020### Filet Steak Salteado
3022### Filete Enchocolatado (beef In Chocolate Sauce)
4002### Filled Berlin Doughnuts (bismarks)
8154### Filled Cookies
3023### Filled Frankfurters
3024### Filled Hamburgers
8155### Filled Peanut Butter Cookies
6930### Filled Pork Roll1
6931### Filled Pork Roll2
6932### Filled Sugar Cookies
9651### Filled Tortillas
1345### Fillet De Sole Catalane
1346### Fillet Mosaic With Red Pepper Sauce
1347### Fillet Of Fish A L'orange
1348### Fillet Of Fish Florentine
1349### Fillet Of Fish Provencale
1350### Fillet Of Steelhead Bonne Feeme
1351### Fillet Of Steelhead Bonne Femme
1353### Filled Trout With Macadamia Nuts And Fried Capers
1354### Fillets (or Steaks) Of Walleye Mornay

1355### Fillets Of Walleye Mornay
491### Filo Mushroom Pies
492### Filo Shrimp Puffs
6933### Finger Juice
8156### Finikia (Semolina Honey Cookies)
8157### Finnish Logs
8914### Finnish Summer Soup
8915### Fire Stew
493### Firecracker Dumplings
8158### First Chocolate Chunk Blondies
8159### First Classic Brownies
8160### First Extra-Chocolatly Chocolate-Chip Cookies
8161### First Ginger Molasses Cookies
8162### First Hermits
8163### First Jam Bars
8164### First Oatmeal Raisin Cookies
8165### First Peanut-Butter Cookies
8166### First Slice & Bake Sugar Cookies
8167### First Snickerdoodles
1356### Fish And Brewis
1357### Fish And Chips
1358### Fish And Peppers
1359### Fish And Potato Platter
1360### Fish Aspic
1361### Fish Baked Broiled Or Barbecued In Foil
1362### Fish Broth
45### Fish Chowder
1363### Fish Cutlets With Curry Sauce
494### Fish En Escabeche
1364### Fish Fillets #2
1365### Fish Fillets With Asian Vegetables
9### Fish Fillets with Bell Pepper salsa
1366### Fish House Barbecue
1367### Fish In Adobo Sauce
1368### Fish In Cilantro Sauce
1369### Fish In Fiery Lemon-Coriander Sauce
1370### Fish In Orange Juice
1371### Fish Kabobs
1372### Fish Lemongrass
1373### Fish Patties With Tomato Salsa
11193 Fish Shake Student Style
1374### Fish Slices Peking Style
8916### Fish Soup
1375### Fish Steamed In Napa Cabbage
1376### Fish Stew
1377### Fish Stock - John Folse
1378### Fish Tacos
1379### Fish-Stuffed Bean Curd
1380### Fish: Salmon With Pistachio-Basil Butter

1381### Fish: Shrimp Creole
8917### Fisherman Chowder
8918### Fisherman's Bouillabaisse
9652### Five Cheese Pizza
495### Five Cup Fruit Salad
8919### Five Dahl Soup
10710 Five Grain Sourdough Bread
6120### Five Spice Baked Chicken
6121### Five Spice Game Hens (siu Yeah Gai)
7664### Five-Spice Bouquet
496### Five-Spice Tofu
9653### Flaky Beef Turnovers
6122### Flaming Sherried Rock Cornish Game Hens
3025### Flank Steak With Garlic Wine Sauce
3026### Flank Steak With Peppers Stir Fry
497### Flash Un Kas
9654### Flautas
3027### Flavored Salt
9655### Flavorings For Main Course Crepes
8920### Flemish Beef Stew
6123### Florentine Chicken (pollo Alla Fiorentina)
6934### Florentines
4668### Florida Or Southern Sherbet
1382### Florida Red Snapper
1383### Flounder Or Sole Fillets
1384### Flounder Au Gratin
1385### Flounder With Scallions
10711 Flour Tortilla
1386### Flower Blossom Squid
4669### Flowerpots (baked Alaska)
10713 Fluffy Corn Bread
3028### Fnllyn Bara Lawr Ae Oen Cymreig Alewn Crwstyn - Welsh
2726### Foamy Omelet
11097 Fog Cuttere
1387### Foil Envelope Fish
9656### Fondue # 3
9657### Fondue #2
8168### Fondue Crackers
7665### Foo Yung Hai
10716 Foolproof White Bread For The R2 D2
9658### For The Elegant Set (menu & Recipes)
4671### Forgotten Cookies
8169### Fortune Cookies
8170### Fortune Cookies #1
8171### Fortune Cookies #2
8921### Four Cheese Soup
8922### Four Delight Sizzling Rice Soup
7666### Four Happiness Meatballs
7667### Four Kinds Of Steamed Vegetables

Sheet1

8923### Four Treasure Soup
10718 Four-Hour Bread
6124### Fourth Of July Cornish Hens
3029### Fowl Stuffing With Potatoes
4672### Frango Mints
7668### Frank Oriental Stir Fry
2161### Frank's Eggplant Siciliano
6935### Frankfurters And Smoked Sausage
8924### Frankfuter Bohnensuppe (bean Soup With Frankfurter
8925### Frankfuter Bohnensuppe (bean Soup With Frankfurters)
1388### Franks Place (crawfish 'etouff'ee)
3030### Frecnch Bread Mexi-Melt
3031### Fred Drexel's 1981 Winning Chili Recipe
11098 Freddy Fudpucker (cactus Cooler)
4673### Free-Form Apple Tart
9659### Freezer Log
3032### Freezer Mix All American Hot Dish
3033### Freezer Mix Barley Soup
3034### Freezer Mix Cheeseburger Pie
7422### Freezer Mix Chilies Casserole
3035### Freezer Mix Chow Mein
3036### Freezer Mix Dinner
7423### Freezer Mix Enchilada Casserole
3037### Freezer Mix Goulash
3038### Freezer Mix Lasagne
3039### Freezer Mix Lentil Stew
3040### Freezer Mix Meat And Potato Favorite
3041### Freezer Mix Meat And Potatoes Au Gratin
7424### Freezer Mix Mexican Casserole
3042### Freezer Mix One Dish Spaghetti
3043### Freezer Mix Pasties
3044### Freezer Mix Pizza
3045### Freezer Mix Pizzawiches
3046### Freezer Mix Romanoff
3047### Freezer Mix Skillet Goulash
3048### Freezer Mix Sloppy Joes
3049### Freezer Mix Spanish Rice
3050### Freezer Mix Stroganoff
3051### Freezer Mix Tacos
4674### French Apple Dessert
6936### French Apple Pie
4675### French Apple Tart
3052### French Bread Mexi-Melt
8926### French Canadian Pea Soup
9660### French Country Potato Salad With Turkey
498### French Dressing
1389### French Fried Shrimp
499### French Fried Sweet Potatoes
9661### French Italian Dressing Mix

Sheet1

6937### French Lace Cookies
9662### French Mushroom Salad
6938### French Omelet
500### French Onion Dip
9663### French Onion Rings
46### French Onion Soup
8927### French Onion Soup Coca-Cola
501### French Onion Soup With Croutons
9664### French Potato Salad
6939### French Puffs
9665### French Rice Salad
8172### French Sponge Cookies
502### French Style Herbed Cheese
4676### French Style Ice Cream **
6940### French Summer Salad
2727### French Toast Cheddar Sandwiches
6125### French Twist New England Boiled Dinner
3053### French's Simply Venison
6941### French-Fried Onions
6942### French-Fried Potatoes
503### Fresh And Smoked Salmon Pate
4677### Fresh Apricot Ice Cream **
9666### Fresh Artichokes With Mustard Sauce
2162### Fresh Asparagus
6943### Fresh Blueberry Cobbler
6944### Fresh Cherry Cobbler
9667### Fresh Corn And Sausage Fritters
4678### Fresh Corn Ice Cream
9668### Fresh Fruit Dip
4679### Fresh Fruit Ice Cream
6945### Fresh Fruit In Phyllo Cups
8173### Fresh Fruit Pizza Cookie
4680### Fresh Garden Mint Ice Cream
6946### Fresh Herb Vinaigrette
6947### Fresh Lemon Tartelettes
8928### Fresh Minestrone Soup
8929### Fresh Mushroom Soup
504### Fresh Mushrooms With Eggplant And Tomato
6948### Fresh Peach Cobbler
6949### Fresh Peach Ice Cream
9669### Fresh Pineapple Slaw
2163### Fresh Roasted Peppers
7669### Fresh Spinach In Bean Cheese Sauce
505### Fresh Spinach Salad
6950### Fresh Strawberry Ice Cream
11241 Fresh Strawberry Pie
2164### Fresh Tomato Relish
6951### Fresh Tomato Salsa
2165### Fresh Tomato Scallop

Sheet1

8930### Fresh Tomato Soup
7425### Fresh Vegetable Casserole
506### Fresh Vegetable Pizza
11269 Fried Apples
2166### Fried Asparagus
4681### Fried Banana
7670### Fried Bean Curd With A Sweet And Sour Sauce
507### Fried Beancurd With Sweet Nut Sauce (tao Hou Tod)
3054### Fried Beef With Watercress Salad
9670### Fried Catfish Batter
6126### Fried Chicken For Chanuka
6127### Fried Chicken Roman Style (from England)
6128### Fried Chicken Slices With Lemon Sauce
6129### Fried Chicken With Cream Gravy
508### Fried Deviled Camembert
1390### Fried Dumplings With Hot Chili Sauce
2167### Fried Eggplant
6952### Fried Eggs
7671### Fried Eggs Shanghai-Style
11194 Fried Eggs Student Style
9671### Fried Fish Balls
1391### Fried Fish With Whole Garlic
9672### Fried Fragrant Bells
6130### Fried Garlic Chicken Balls
2168### Fried Green Tomatoes
7672### Fried Gyoza
6953### Fried Ice Cream
1392### Fried Lake Trout
9673### Fried Leeks With Tarragon
4682### Fried Mexican Ice Cream
11195 Fried Noodles (yakisoba) Student Style
2169### Fried Okra
1393### Fried Oysters Wrapped In Bacon
3055### Fried Pasta With Sausage
6954### Fried Polenta Mush
7673### Fried Pork Dumplings W/hot Garlic Sauce
7674### Fried Rice
7675### Fried Rice #1
7676### Fried Rice #2
7677### Fried Rice #3
7678### Fried Rice #4
7679### Fried Rice #5
7680### Fried Rice #6
7681### Fried Rice #7
7682### Fried Rice (chow Fun)
7683### Fried Rice - Herb Chow
6955### Fried Sage Leaves
1394### Fried Salt Cod
1395### Fried Scallops

Sheet1

2170### Fried Shredded Carrots
509### Fried Shrimp Balls
1396### Fried Soft_shell Crabs
7684### Fried Spare Ribs With Honey
2171### Fried Spinach
1397### Fried Squid With Hot Sauce (pla Mung Pad Prig)
1398### Fried Sun-Dried Fish - Pla Kem Taud *
510### Fried Tortilla Chips
1399### Fried Trout
9674### Fried Walnuts
1400### Fried Whole Fish Nonya Style - Ikan Goreng Tauceo
9675### Fried Wontons With Orange Dipping Sauce
9676### Fried Yam Puffs - Epok-Epok Keladi
511### Fried Yucca With Feta Cheese Sauce
2172### Frijoles Refritos (refried Beans)
8931### Frische Tomatensuppe (fresh Tomato Soup)
2728### Frittata Ranchera
512### Frog Eye Salad
1401### Frogmore Stew
4683### Frontier Fudge
10724 Frosted Buns
9677### Frosted Liver Paté
4684### Frosted Pumpkin-Walnut Cookies
4685### Frozen Amaretto Zabaglione **
4686### Frozen Angel Parfait
6956### Frozen Banana Yogurt
6957### Frozen Chocolate Cream
4687### Frozen Cinnamon Nut Yogurt
6958### Frozen Fresh Berry Yogurt
4688### Frozen Fruit Salad
4689### Frozen Graham Custard
4690### Frozen Ho Ho Dessert **
4691### Frozen Jack-O-Lanterns *
4692### Frozen Lady Heath Dessert **
11242 Frozen Lemon Cream Pie
4693### Frozen Lemon Souffle
4694### Frozen Passion
6959### Frozen Raspberry Salad
6960### Frozen Rum Cream
9678### Fruchtsalat Mit Nussen (fruit Salad With Nuts)
10725 Fruit And Nut Ginger Bread From Mary Killen
513### Fruit And Shells Salad
9679### Fruit And Shrimp Salad - Yam Polamai
6961### Fruit And Yogurt Dip
8932### Fruit Bat Soup
4695### Fruit Buckle
4696### Fruit Cheddar Bars
4697### Fruit Cobbler
11311 Fruit Cocktail Cake

11312 Fruit Coctail Cake Icing
8174### Fruit Cookies
8175### Fruit Cookies #2
8176### Fruit Crescents
4698### Fruit Delight
47### Fruit Dip
514### Fruit Dip #1
515### Fruit Dip #2
516### Fruit Dip #3
11196 Fruit In Ice Student Style
8177### Fruit Jumbles
4699### Fruit Leather
4019### Fruit Loaf
11243 Fruit Medley Punch
48### Fruit Pizza
8178### Fruit Pockets
4700### Fruit Preserve Bars
517### Fruit Salad #1
518### Fruit Salad #2
6962### Fruit Salad W/ Honey Dressing
519### Fruit Salad W/dried Cherry Vinaigrette
9680### Fruit Salad With Dried Cherry Vinaigrette
520### Fruit Salad With Nuts
1921### Fruit Smoothie
8933### Fruit Soup
4701### Fruit Tart
4702### Fruit Tarts
1402### Fruit-Stuffed Trout
4703### Fruitcake Cookies
7426### Fruited Beef Curry Casserole
521### Fruited Cheese Log
522### Fruited Chicken Salad
7685### Fruited Pork
4704### Fruited Rice Pudding
523### Fruited Rice Salad
6963### Fruited Rice Stuffing
8179### Fruited Shortbread Cookies
524### Fruited Spinach Salad
1922### Fruited Spinach Salad #2
6131### Fruited Turkey Roll
6964### Fruited Turkey Salad
10727 Fruity Buckwheat Muffins
8180### Fruity Cookies
1403### Fruity Seafood
8181### Fruity Spice Bars
8182### Frying Pan Cookies
4705### Fudge Brownies
8183### Fudge Drop Cookies
6965### Fudge Frosting

Sheet1

8184### Fudge Nut Brownies
49### Fudge Pie
4706### Fudgy Chocolate Pudding
8185### Fudgy Fruitcake Drops
8186### Fudgy Minty Brownies
1404### Full Moon Magic (menu & Recipes)
6132### Fun And Game Hens
525### Fun Gwau (steamed Translucent Dumplings)
6133### Fun See Chicken
1405### Fusilli With Roasted Tomatoes Asparagus & Shrimp
11099 Fuzzy Navel
9681### Gado Gado
2173### Gado-Gado (mixed Vegetables In Peanut Sauce)
9682### Gado-Gado (vegetable Salad With Peanut Sauce)
6134### Gaeng Kiow Wahn Gai (green Chicken Curry)
6135### Gai Dom Kha (thai Chicken Soup)
8934### Gai Tom Kha (thai Chicken In Coconut Milk Soup)
8935### Gai Tom Kha - Chicken And Galanga Soup.
1128### Gala Apricot Cheesecake
526### Gala Vegetable-Nut Pate'
4707### Galaktobourekó
8187### Galaxy Cookies (with Galaxy Cookie Icing)
527### Galloping Horses (thai Appetizer)
9683### Gamberi Alla Pasquale (shrimp With Special Lemon Sauce)
8188### Garbanzo Bean (chick-Pea) Crackers
6966### Garbanzo Beans And Vegetables
2174### Garbanzo Burgers
8936### Garbanzo Soup
8937### Garbanzo Stew (If)
528### Garden Pasta Salad
6967### Garden Potato Salad
529### Garden Vegetable Dip
9684### Garden Wild Rice Salad
1406### Garides Tourkolimano (greek Shrimp)
530### Garlic & Chickpea Dip
9685### Garlic And Parmesan Popcorn
2175### Garlic And Shrimp Veggies
531### Garlic Broth
6968### Garlic Butter
9686### Garlic Buttered Shrimp
536### Garlic Cheese And Nut Dip
8189### Garlic Chip Cookies
9687### Garlic Clam Dip
532### Garlic Coeurs A La Creme
10730 Garlic Croutons With Thyme
2176### Garlic Green Beans
1407### Garlic Mackerel
2177### Garlic Mashed Potatoes
533### Garlic Mayonnaise Dip

6136### Garlic Mud Chicken
9688### Garlic Olives
2729### Garlic Parmesan Pasta
534### Garlic Sauce
1408### Garlic Shrimp - Goong Gratiem
1409### Garlic Shrimp - Goong Kratiem Prik Thai *
1410### Garlic Skewered Shrimp
535### Garlic Soup
7686### Garlic Steak Stir-Fry
6969### Garlic Vinegar
10731 Garlic Wheat Bread
2178### Garlic Wine Rice Pilaf
1411### Garlic-And-Beer Shrimp Kabobs
8190### Garlic-Poppy Seed Crackers
537### Garlic-Stuffed Mushrooms
11260 Garlic-Wine Rice Pilaf
538### Garlicky Clam Dip
539### Garlicky Garbanzo Bean Dip
540### Garlicky Gilroy Chicken Wings
2179### Garlicky Mashed Potatoes
7687### Garlicky Snowpeas Saute
4708### Gary's Chocolate Pudding
4709### Gateau De Mousse A La Nectarine
541### Gazpacho
9689### Gazpacho # 2
8938### Gazpacho De Los Angeles
9690### Gazpacho Salad
2180### Gedunstetes Weisskraut (skillet Cabbage)
2181### Geef Strips And Carrots
3056### Gefllter Braten
2182### Gefullt Krautroladen (stuffed Cabbage Rolls)
3057### Gefullte Kalbsbrust (stuffed Veal Breast)
6137### General Tao's Chicken
6138### General Tao's Chicken (le Piment Rouge)
6139### General Tao's Chicken (piment Rouge)
6140### General Tsao's Chicken
6141### General Tso's Chicken
6142### General Tso's Chicken #1
6143### General Tso's Chicken #2
6144### General Tso's Chicken #3
6145### General Tso's Chicken #4
6146### General Tso's Chicken #5
6147### General Tso's Chicken #6
6148### General Tso's Chicken #7
6149### General Tso's Chicken #8
6150### General Tso's Chicken (real Thing)
1412### Gently Persuasive Prawns
6151### George Liu's Moo Goo Gai Pan
10733 German Brown Bread

Sheet1

10734 German Cabbage Muffins
9691### German Chicken Salad
8191### German Chocolate Crinkle Cookies
4710### German Chocolate Ice Cream **
8192### German Gingerbread Cookies
4711### German Ice Cream Torte *
4712### German Kasekuchen
8939### German Lentil Soup With Frankfurters
3058### German Meatloaf
2730### German Noodle Ring With Cheese Sauce
8193### German Pepper Cookies
8940### German Potato Soup Plaza Inn Disney World
8941### German Soup Balls
51### German Sweet Chocolate Cake
4713### German Sweet Chocolate Cream Cheese Brownies
7427### German Vegetable Medley
8942### German Vegetable Soup
4714### Gewurzplatzchen (spice Cookies)
2731### Gibanica
6970### Giblet Gravy
6971### Giblet Stuffing
11100 Gibson
543### Giffilte Fish
544### Gifilte Fish From A Jar
1413### Gilled Salmon
11101 Gimlet
11103 Gin And Tonic
11102 Gin Sling
6152### Ginger And Peach Chicken
545### Ginger Apple Salad
7688### Ginger Beef With Bok Choy
546### Ginger Broccoli Soup
4031### Ginger Cakes
8194### Ginger Chocolate Biscotti
8195### Ginger Cookies
9692### Ginger Dip
1415### Ginger Garlic Shrimp China Royal
8196### Ginger Icebox Cookies
547### Ginger Lime Dip
7689### Ginger Melon Pork
9693### Ginger Oriental Dressing
548### Ginger Salad Dressing
1414### Ginger Shrimp With Snow Peas
6972### Ginger Spice Cake
8197### Ginger Spice Cookies
6153### Ginger Spicy Chicken
7690### Ginger Tea
6973### Ginger Vinegar
7691### Ginger-Fried Beef

11261 Ginger-Garlic Shrimp China Royal
6974### Ginger-Pear Beets
4715### Ginger-Snappy Pumpkin Pie
9694### Ginger-Tofu Dressing
4033### Gingerbread Baked In Jars
8198### Gingerbread House My Recipe
10737 Gingerbread Loaf
8199### Gingerbread Teddy Bears
2183### Gingered Carrots
549### Gingered Chicken Salad
8943### Gingered Chinese Noodle Soup
6975### Gingered Pineapple
6976### Gingered Pork With Peaches
4716### Gingered Rhubarb Crisp With Vanilla Ice Cream
1416### Gingered Shrimp
9695### Gingered Shrimp Appetizer
1417### Gingered Sole Fillets
1418### Gingered Tuna Steaks
4717### Gingered Watermelon Rind
6977### Gingered Wax Beans
6978### Gingersnaps
7692### Ginseng Shreds Stir Rice - For A Special Meal
2184### Glamorgan Sausages
9696### Glass Noodle Salad With Chicken
9697### Glazed Almond Brie
9698### Glazed Belgian Carrots
2185### Glazed Carrots
6979### Glazed Chicken Wings
52### Glazed Cornish Hens
53### Glazed Fruit Pie
4037### Glazed Irish Tea Cake
11252 Glazed Pork Loin Roast
7428### Glazed Sweet Potato Casserole
4038### Glazed Triple Chocolate Bread
550### Glazed Turkey Sausage Squares
3059### Glazed Venison Pate
9699### Glazed Water Chestnuts
6980### Glazes For Ham
8200### Glittering Snowflakes
11104 Glogg
8201### Gloreo Cookies
9700### Gloria's Black Bean Soup
551### Glorified Pasta Salad
8202### Glorio Cookies (oreo Cookies) - Gloria Pitzer
8203### Gluten-Free Peanut Butter Cookies
2186### Glutinous Rice
6154### Goan Style Chicken With Roasted Coconut
3060### Goan Style Hot And Sour Pork
6155### Goan-Style Chicken With Roasted Coconut (shakoothi)

Sheet1

1419### Goanese Curried Fish
9701### Goat Cheese And Sundried Tomato Salad
2187### Gobi Dal - Lentils With Cauliflower
3061### Goetta
2732### Golden Apricot Nog
11105 Golden Cadillac
10740 Golden Cheddar Corn Bread
6156### Golden Chicken Nuggets
8204### Golden Chocolate Treasure Cookies
552### Golden Citrus Raisin Dip
1420### Golden Crab Puff
8944### Golden Cream Potato Soup
1421### Golden Crown Restaurant House Special Chow Mein
2188### Golden Fried Artichokes
553### Golden Kringel Beet & Potato Salad
6981### Golden Onion Soup
6982### Golden Panfried Mushrooms
7693### Golden Pepper Steak
6983### Golden Raisin Puff
2189### Golden Spiced Cauliflower
7429### Golden Squash Casserole
4718### Golden Sugar Cookies
8945### Golden Tiger Dumpling Soup
4719### Golden Wardens
554### Goma Jayu-Ae (soy & Sesame-Seed Dressing W/ French Beans)
8205### Good Dog Biscuits
4720### Good Luck Rice Custard
4721### Gooseberry Burnt Creams
11197 Gorp Student Style
4722### Gosh Feel (elephant Ear Pastries)
6984### Gosht Bhuna
8946### Goulash Soup
9703### Gourmandise W/ Pine Nuts
8206### Gourmet Chocolate Chip Cookies
4723### Gourmet Chocolate Dipped Strawberries
2190### Gourmet's Boston Baked Beans
6157### Gourmet's Chicken Divan
6158### Gourmet's Chicken Tetrizzini
7430### Gourmet's Lobster Newburg
4043### Gourmet's Popovers
1422### Gow Gees
8947### Graesht Mehl Grumbara Supp
4724### Graham Bavarian
8207### Graham Butter-Scotch Cookies
4725### Graham Cracker Applesauce Pudding
6985### Graham Cracker Crust
4726### Graham Cracker Ice Cream
4727### Graham Cracker Pudding
4728### Graham Loaf

4729### Graham Wafer Loaf
8208### Graham Wafers
8209### Gramma's Chocolate Cookies
4044### Grand Champion Pumpkin Bread
2734### Grand Marnier Souffle
4730### Grand Marnier Souffle Avec Creme Anglaise
4731### Grandma Blanche's Persimmon Pudding
4732### Grandma Ruby's Peachy Floating Island
6159### Grandma Vanicek's Czechoslovakian Liverballs
4733### Grandma Vavricek's Kolache Recipe
4734### Grandma's Hot Fudge Pudding
6160### Grandma's Roast Lemon Chicken
4735### Grandma's Vanilla Ice Cream (and Several Flavor Variation
11313 Grandmother Merrill's Chili Sauce
8210### Grandmother's Brown Sugar Cookies
4736### Grandmother's Creamy Rice Pudding
2191### Grandmother's Southern Fried Okra
10745 Grangers' Corn Bread
4737### Granita Di Limone (lemon Water Ice)
4738### Granny Smith Apple Sorbet
8948### Granny's Broth
8949### Granny's Broth (cawl Marngu) Welsh
2192### Granny's Country Chili
8211### Granola Bars
8212### Granola Cookies
6986### Granola Pie Crust
9704### Grant's Fry Batter
6987### Grape Gumdrops
4739### Grape Ice
9705### Grape Jelly Meatballs
4740### Grape Juice Custard
555### Grape Leaves Stuffed With Rice
4741### Grape Sherbet
4742### Grape Torte
4743### Grape-Nut Pudding
4744### Grapefruit Mint Sorbet
4745### Grapefruit Mousse
4746### Grapefruit With A Twist
6988### Grasshopper Pie
4747### Grasshopper Tarts
6161### Grated Pie
2193### Gratin Of Potatoes And Cheese
1423### Gratin Of Walleye
9706### Gratineed Oysters With Diced Apples In A Calvados Sabayon
556### Gravlax
1424### Gravlax Of Salmon
2194### Grean Beans With Dill
557### Great Antipasto
8213### Great Ghost Pumpkin Cookies

558### Great Gluten Turkey
559### Great Guacamole
6989### Great Wall Of China Chicken
8214### Great-Shape Cookies
2195### Grecian Green Beans
2196### Grecian Green Beans Coca-Cola
8950### Greek Bean Soup
6990### Greek Beef And Orzo
9707### Greek Charoset
6162### Greek Chicken
8951### Greek Egg Lemon Soup
4748### Greek Honey Cream With Fruits And Nuts
6991### Greek Lamb And Orzo
2735### Greek Meatballs With Egg And Lemon Sauce
560### Greek Onion Soup
2197### Greek Patates
2198### Greek Potato Salad
2199### Greek Potatoes
561### Greek Salad
8952### Greek Stew
6163### Greek Stuffed Footballs
2200### Greek Stuffed Tomatoes
7431### Greek Vegetable Casserole
8953### Greek Vegetable Stew
562### Green And Gold Bean Salad
7432### Green Bean & Onion Casserole
7433### Green Bean And Onion Casserole
563### Green Bean And Red Onion Salad
7434### Green Bean Casserole
105### Green Bean Salad
6992### Green Bean Stir-Fry W/ Hoisin
11198 Green Beans Almondine Student Style
2201### Green Beans Amadine
2202### Green Beans And Bamboo Shoots
2203### Green Beans Braised With Mint & Potatoes
2204### Green Beans Braised With Mint And Potatoes
2205### Green Beans Provencal
2206### Green Beans Served With Italian Tomato Sauce
2207### Green Beans With Dill
2208### Green Beans With Mushrooms And Cherry Tomatoes
1425### Green Chile & Oyster Chowder
3062### Green Chile Chuck
2209### Green Chile Stew
564### Green Chili Salsa Dip (beware Very Hot)
2210### Green Chilies Rellenos (stuffed Green Chili)
6993### Green Goddess Dressing
565### Green Lentil Soup With Lemon
9708### Green Oaks Cheese Spread
566### Green Onion Dip

Sheet1

6164### Green Or Red Enchiladas
567### Green Papaya Salad (som Tam)
9709### Green Pasta Salad
9710### Green Pea And Peanut Salad
9711### Green Peas With Celery And Ripe Olives
7694### Green Pepper Steak
3063### Green Tomato Minced Meat
2211### Green Tomato Relish #2
11345 Green Tomato Relish li
8954### Green Tomato Soup
2212### Green Tomatoes Fried
568### Green-Bean Salad
2213### Greenhouse Kebabs
2214### Greens And Yellow Squash With Eggs
9712### Greens With Basil Vinaigrette
569### Greens With Orange Dressing
6994### Greens: Beet Chicory Collards
11106 Greyhound
570### Grill-Side Garden Salad
4749### Grilled Bananas
9713### Grilled Beef And Romaine Salad Thai-Style
3064### Grilled Buffalo Steak
9714### Grilled Catfish Salad
6165### Grilled Chicken Adobo
6166### Grilled Chicken And Red Pepper Taco
571### Grilled Chicken Breast And Bean Salad
6167### Grilled Chicken Breasts In Raspberry Vinegar
6168### Grilled Chicken Breasts In Raspberry Vinegar Marin
6169### Grilled Chicken Breasts In Raspberry Vinegar Marinade
6170### Grilled Chicken Dijonnais
6171### Grilled Chicken Teriyaki
6172### Grilled Chicken With Oregano - Pollo Con Oregano
6173### Grilled Chicken-Jalapeno Burgers
2215### Grilled Corn With Spicy Butters
6174### Grilled Cornish Hens
3065### Grilled Country Ribs From George Fassett
1426### Grilled Fish In Banana Leaf
1427### Grilled Fish In Foil
6995### Grilled Fruit-And-Cheese Sand.
572### Grilled Garden Pizza
1428### Grilled Glazed Tuna Steaks
9715### Grilled Green Bean & Eggplant Salad
1429### Grilled Halibut
3066### Grilled Jalapeno Buffalo Burgers
7695### Grilled Japanese Eggplant With Garlic-Chili Goat Cheese
3067### Grilled Lamb Chops
2216### Grilled Lemon Potatoes
6175### Grilled Lime Chicken
1430### Grilled Margarita Grouper

54### Grilled Moroccan Spices
1431### Grilled Oriental Fish Steaks
4750### Grilled Peaches And Berries
4751### Grilled Peaches With Raspberry Puree
6176### Grilled Peking Duck
2736### Grilled Pepper Quesadillas
573### Grilled Peppers And Apples
1432### Grilled Prawns With Fresh Coriander
2217### Grilled Red Onions
1433### Grilled Salmon & Cheddar Sandwiches
9716### Grilled Sausage Tapas
574### Grilled Seafood Kabobs
7696### Grilled Sesame Seeds Steak Strips With Vegetables
1434### Grilled Shark To Die For
1435### Grilled Shrimp
1436### Grilled Shrimp Wrapped In Bacon
1437### Grilled Spiced Fish
6177### Grilled Squab Vietnamese-Style
1438### Grilled Squid With Asian Slaw And Hoisin Barbecue Sauce
1439### Grilled Swordfish In Lemon-Ginger Marinade
1440### Grilled Swordfish With Barbecue Sauce
1441### Grilled Teriyaki Swordfish
6996### Grilled Tomatoes
1442### Grilled Trout
1443### Grilled Tuna In Ginger-Cilantro Butter Sauce
1923### Grilled Turkey Shish Kabob
2218### Grilled Vegetable Kabos
2219### Grilled Vegetable Packets
6997### Grilled Wild Mushrooms
1444### Grilled Yellowfin With Mango-Papaya Relish
7435### Grits Casserole
3068### Grits Italiano
3069### Groaty Dick Pudding
6998### Ground Beef Calzones
6999### Ground Beef Lasagne
3070### Ground Meat Sausages Smryna Style
8955### Groundnut Stew
1445### Grouper & Horseradish Sauce
1446### Grouper With Horseradish Sauce
2220### Grune Bohnen Mit Dill (grean Beans With Dill)
8956### Grunkohlsuppe (kale And Potato Soup)
575### Guacamole #1
576### Guacamole #2
577### Guacamole #3
9717### Guacamole (avocado Dip)
578### Guacamole And Chips
9718### Guacamole De La Mixteca
9719### Guacamole Dip #1
9720### Guacamole Dip #2

Sheet1

2737### Guacamole Omelet
579### Guacamole Salad
11199 Guacamole Student Style
9721### Guacamole-Tomato Cup Salad
2221### Guadalajara Grill Guacamole
6178### Guajolote En Mole Poblano (turkey In Mole Sauce)
4752### Guava Fool
4753### Guava Mousse
7436### Guess Again Carrot Casserole
4754### Gugelhupf
7697### Guizhou Lianai Doufu
9722### Gujerati Carrot Salad
2222### Gujerati Style Cabbage With Carrots
8957### Gulaschsuppe (goulash Soup)
8958### Gulyassuppe
8959### Gumbo
8960### Gumbo File'
4049### Gumdrop Bread
8215### Gumdrop Cookies
8216### Gumdrop Cookies #2
4755### Gundula Ring
8961### Gurken Und Kartoffelsuppe (cucumber And Potato Soup)
580### Gurkensalat (cucumber Relish Salad)
6179### Guy's Chinese Chicken
7000### Gyros
581### Gyuniku Negimaki (steak And Onion Spring Rolls)
9723### Ha Gow
582### Hacienda Dressing
3071### Haggis
3072### Haggis (mock)
3073### Haggis (scotch-Canadian)
7001### Half-Time Beef Sandwiches
1447### Halibut On Steamed Vegetables
1448### Halibut Orange
1449### Halibut With Cilantro Pesto
8217### Halvah Shortbread
4756### Halwau-E Aurd-E Sujee (semolina Sweetmeat)
8962### Ham & Potato Cheddar Chowder
9724### Ham And Beet Salad
9725### Ham And Cheese Appetizers
9726### Ham And Cheese Ball
2223### Ham And Cheese Potatoes Au Gratin
583### Ham And Cheese Rilette
584### Ham And Cheese Roll-Ups
11253 Ham And Cheese With Coleslaw
7437### Ham And Corn Casserole
8963### Ham And Lima Bean Soup
7438### Ham And Noodle Casserole
7002### Ham And Scalloped Potatoes

Sheet1

4757### Ham Apple Pie
10753 Ham Biscuits
8964### Ham Chowder
8965### Ham Corn Chowder
2224### Ham Frittata
7003### Ham Loaf With Red Currant Sauce
9727### Ham Pate
9728### Ham Pinwheels
585### Ham Roll-Ups
9729### Ham Rolls
7004### Ham Roulade
7005### Ham Salad Filling
3074### Ham Steaks With Whiskey Sauce
3075### Ham With Potatoes And Green Beans
7006### Ham-And-Brie-Stuffed Apples
10754 Ham-And-Cheese Muffins
7007### Ham-And-Spinach Turnovers
586### Hamaguri Sakami (sake Seasoned Clams)
587### Hamaguri Shigure-Ni (sweet Cooked Clams)
7439### Hamalaya Casserole
4758### Hama's Ears
588### Hamburg-Style Fish Salad
7440### Hamburger Casserole
7441### Hamburger Corn Casserole
9731### Hamburger Fischsalat (hamburg-Style Fish Salad)
7008### Hamburger Minestrone
7442### Hamburger Pacific
2225### Hamburger Pasties
2226### Hamburger Pastry
3076### Hamburger Patties
2227### Hamburger Pizza
8966### Hamburger Soup
2228### Hamburger Stroganoff
7009### Hamburgers - microwave
3077### Hamburgers Au Poivre
2229### Hamburgers Diane
11200 Hamburgers Student Style
3078### Hammin Di Pesach (Lamb Meatballs & Spinach For Passover)
8967### Hanoi Beef And Rice-Noodle Soup (pho Bac)
4759### Hans Peachy Crepes With Marinated Peaches
7698### Harbor Village Bbq Pork
10755 Hard Tack
11201 Hard-Boiled Eggs Student Style
7010### Hard-Cooked Eggs
8968### Hardy Vegetable Soup
8969### Harira
7011### Harris' Country Pate
8218### Hartshorn German Christmas Cookies
7012### Harvard Beets

Sheet1

7013### Harvest Beef Stew
8970### Harvest Bowl Soup
8219### Harvest Cookies
6180### Harvest Cornish Hens
8220### Harvest Drop Cookies
8971### Harvest Soup
2231### Harvest Vegetable Curry
11107 Harvey Wallbanger
4760### Haselnusstorte (hazelnut Torte)
3079### Hasen Pfeffer
7014### Hash Brown Potatoes
2232### Hashed Brown Potatoes
3080### Hashwa (filling For Kibbi)
4761### Hasty Pudding
4762### Hasty Pudding (mrs. Beeton's)
4763### Haupia (hawaiian Coconut Dessert) Fbfj97a
6181### Hawaiian Chicken
1450### Hawaiian Fish With Thai Banana Salsa
6182### Hawaiian Grilled Chicken
8221### Hawaiian Macadamia Nut Bites
8222### Hawaiian Mood Cookies
9732### Hawaiian Pate
7015### Hawaiian-Ice Cream Dessert
4764### Hazelnut Au Chocolat
4765### Hazelnut Biscotti
8223### Hazelnut Cookies
7016### Hazelnut Cream Torte
7017### Hazelnut Fudge
4766### Hazelnut Poundcake With Raspberries And Fruit
4767### Hazelnut Semifreddo
4768### Hazelnut Souffle W/sauce
4769### Hazelnut Success
4770### Hazlenut Icebox Pudding
7443### He-Man's Tuna Noodle Casserole
7018### Heart Meringue
8972### Heart Russian Beet Soup
9733### Heart-Shaped Shortbread Flavored With Cayenne
3081### Hearty Beef Supper
8973### Hearty Beef Vegetable Soup With Noodles
8974### Hearty Chicken Soup
4059### Hearty Dark Rye Bread
10757 Hearty Garlic Bread
8975### Hearty German Sour Cream Soup
8976### Hearty Halloween Soup
7444### Hearty Hungarian Goulash!
11300 Hearty Meatless Chili
8977### Hearty Minestrone
589### Hearty Party Dip
590### Hearty Pasta And Red Bean Salad

Sheet1

8978### Hearty Potato Soup
8979### Hearty Russian Beet Soup
8980### Hearty Soup Mix And Stock
7019### Hearty Tomato Soup
8981### Hearty Vegetable Barley Soup
8982### Hearty Vegetable Beef Soup
8983### Hearty Vegetable Soup
4771### Heath Bar Brownie Sundaes/caramel Sauce
4772### Heath Bar Crunch Ice Cream
4773### Heath Coffee Cake
1129### Heavenly Chocolate Cheesecake
1130### Heavenly Dessert Cheesecake
4774### Heavenly Strawberries Romanoff
4775### Heavenly Strawberry Trifle
4776### Heavenly Topping
8984### Hebridean Scotch Broth
4777### Hedgehog Roll
3082### Heidelberg Meat Loaf
11281 Heirloom Raisin Muffins
1451### Hemingway's Trout
10759 Henzi's Seed Bread
8985### Herb And Egg Soup
7020### Herb Batter Bread
10761 Herb Croutons
7021### Herb Dumplings
7022### Herb Sauce
8224### Herb Sticks
7023### Herb Vinegar
7024### Herb-Roasted Chicken With Lemon
2233### Herbed Asparagus W/shiitakes & Parmesan
2234### Herbed Asparagus With Shiitakes And Parmesan
7025### Herbed Broccoli
2235### Herbed Cauliflower
9734### Herbed Cheese Spread
9735### Herbed Cheese Tarts
7026### Herbed Chicken
9736### Herbed Chicken Pate
1924### Herbed Corn On The Cob
591### Herbed Garlic Croutons
2236### Herbed Green Beans
2738### Herbed Macaroni Parmesan
2237### Herbed Onions
7027### Herbed Pot Roast
2238### Herbed Potato Patties
1452### Herbed Salmon In Foil
9737### Herbed Shrimp In Beer
2239### Herbed Spaghetti Squash With Mozzarella
2521### Herbed Spinach
2739### Herbed Spinach Bake

Sheet1

9738### Herbed Stuffed Eggs #1
9739### Herbed Stuffed Eggs #2
8986### Herbed Tomato Soup
2240### Herbed Vegetable Combo
8987### Herbed Vegetable Soup
2241### Herbed Vegetable Toss
8225### Herbfarm Rosemary Shortbread
9740### Heringsalat (herring Salad)
9741### Heringstopf Mit Saurer Sahne (herring Salad With Sour Cre
9742### Heringstopf Mit Saurer Sahne (herring Salad With Sour Cream
8226### Herman Cookies
7028### Hermits
8988### Hernekeitto
9743### Herring In Wine And Sour Cream
592### Herring Salad With Sour Cream Sauce
4778### Hersheys Chocolate Syrup
4779### Hersheys Fudgey Chocolate Torte
8227### Hickory Nut Drop Cookies
593### Hickory-Smoked Cheese Dip
594### Hidden Valley Hot Potato Salad
9744### Hidden Valley Ranch - Oyster Crackers
595### Hidden Valley Ranch Oyster Crackers
8228### Hidden Valley Rancy Oyster Crackers
8989### Hideg Cseresnyelevel (spiced Cherry Soup)
6183### Higaditos En Chipotle
11282 High-Protein Muffins
4780### High-Summer Pudding
4781### Highland Fling
596### Highland Sausage Roll
8229### Hilary Clinton's Chocolate Chip Cookies
8230### Hillary Clinton's Choc Chip Oatmeal Cookie
8231### Hillary Clinton's Chocolate Chip Cookies
4782### Hilou Gamar Id-Din
4783### Himmel's Ferter
7699### Hiranaka Sukiyaki
597### Hmee Grob - [thai Crispy Noodles].
2242### Hobo Buns
3083### Hobo Dinner
2243### Hochrippe Und Sauerkraut (spareribs And Sauerkraut)
9745### Hogan's Nuclear Chicken Wings
6184### Hoisin Chicken
8232### Hokey Pokey Cookies
598### Holiday Appetizer Quiche
4784### Holiday Delight Cheesecake (lo-Fat)
2740### Holiday Eggnog #2
1131### Holiday Eggnog Cheesecake
8233### Holiday Fans
599### Holiday Ham & Chili Cheese Ball
8990### Holiday Pumpkin Soup

Sheet1

8234### Holiday Spice Cookies
7029### Hollandaise Sauce
2244### Home Baked Beans
4785### Home-Made Frozen Custard
4786### Home-Made Fudgy Chocolate Ice Cream
6185### Home-Made Hot Wings
4787### Home-Made Strawberry Ice Cream
4069### Home-Style Bread Pudding
600### Homemade Chips
4788### Homemade Chocolate Chocolate-Chip Ice Cream
8991### Homemade Cream Soup Mix
8992### Homemade Cream Soup Substitute
601### Homemade Croutons
2741### Homemade Egg Substitute
8235### Homemade Graham Crackers
8236### Homemade Oreo Cookies
7030### Homemade Pasta
4789### Homemade Sin
2245### Homestyle Zucchini & Tomatoes
2246### Homestyle Zucchini And Tomatoes
2247### Hominy With Roasted Peppers
602### Homus Dip
7031### Honey Almond-Apple Puffs
603### Honey And Garlic Dressing 2
6186### Honey Basted Turkey
4790### Honey Bread Pudding
55### Honey Broiled Sea Scallops
6187### Honey Chicken
6188### Honey Chicken W/ Peppers And Onions
8237### Honey Chocolate Chip Cookies
8238### Honey Cookies
4791### Honey Country Ice Cream
8239### Honey Crisp Wafers
4792### Honey Crunch Baked Apples
4793### Honey Crunch Peanut Spread
6189### Honey Curried Chicken
8240### Honey Date Cookies
8241### Honey Drop Cookies
604### Honey Garlic Dressing
4794### Honey Gelato
6190### Honey Glazed Chicken Breasts
8242### Honey Grahams
3084### Honey Grilled Pork
3085### Honey Ham
8243### Honey Hermits
4795### Honey Ice Milk
10767 Honey Muffins
605### Honey Mustard Dressing
3086### Honey Mustard Meatloaf

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6191### Honey Mustard Turkey
8244### Honey Newtons
4796### Honey Oat Biscotti
8245### Honey Oatmeal Chewies - From Crisco
8246### Honey Raisin Bars
8247### Honey Raisin Cookies
4797### Honey Rice
 606### Honey Roasted Bridge Mix
8248### Honey Walnut Drops
4798### Honey Walnut Ice-Cream
10768 Honey White Bread For Bread Machines
6192### Honey-Apple Glazed Turkey Breast
6193### Honey-Baked Chicken
7032### Honey-Ginger Chicken
 607### Honey-Mustard Dressing..type 2
7033### Honey-Mustard Spread
4799### Honey-Spice Apple
4800### Honey-Sweetened Gelatine Ice Cream
9746### Honey-Wheat Pumpkin Muffins
4073### Honey-Whole Wheat Bread
10769 Honeymoon Sourdoughs
7700### Hong Kong Lamb With Spring Onions
1453### Hongshao Wanyu (red Cooked Carp)
9747### Hoppel Poppel Tart
8993### Hoppin John
7034### Hoppin' John Soup
 608### Horenscho Hitashi (spinach W/ Toasted Sesame Seeds)
9748### Horenso No Goma-Ae
9749### Horseradish Cheese Spread
7035### Horseradish-Sauced Artichokes
8994### Hortosoupa 1
7701### Hot & Sour Eggs In A Noodle Nest
8995### Hot & Sour Soup
9750### Hot & Spicy Chicken Quesadillas
6194### Hot 'n Spicy Chicken Soft Tacos
 609### Hot 'n Spicy Salad Sizzler
7702### Hot And Sour Cabbage
8996### Hot And Sour Chicken Soup
8997### Hot And Sour Mandarin Soup
8998### Hot And Sour Mushroom Soup (tom Yam Het)
8999### Hot And Sour Seafood Soup
9000### Hot And Sour Shrimp Soup
9001### Hot And Sour Shrimp Soup (thai)
9002### Hot And Sour Shrimp Soup - Tom Yam Goong *
9003### Hot And Sour Soup
9004### Hot And Sour Soup #1
9005### Hot And Sour Soup #2
9006### Hot And Sour Soup #3
9007### Hot And Sour Soup #4

Sheet1

9008### Hot And Sour Soup With Tofu
610### Hot And Sour Vermicelli Salad (yam Wun Sen)
4801### Hot And Spicy Almonds
6195### Hot And Spicy Chicken (Ma La Tze Gee) - Hunan
6196### Hot And Spicy Chicken Wings
9751### Hot And Spicy Salad Sizzler
1454### Hot And Spicy Shrimp
4802### Hot Apple Pandowdy
611### Hot Artichoke Dip
6197### Hot Barbecued Chicken
9752### Hot Bean Dip
7703### Hot Bean Thread Noodles
9753### Hot Beef Spread
10771 Hot Bisquits
9754### Hot Brie With Toasted Almonds
1455### Hot Buttered Mussels
11108 Hot Buttered Rum
9755### Hot Cashew Chicken Salad
612### Hot Cheddar Bean Dip
4804### Hot Cherry Fruit Compote
613### Hot Chicken & Apple Salad
56### Hot Chicken Salad
614### Hot Chicken Wings
9009### Hot Chili Beef And Onion Soup - Yukkai Jang Kuk *
4805### Hot Chocolate Float
11314 Hot Chocolate Mix
4806### Hot Chocolate Souffles
615### Hot Clam Dip
7036### Hot Cocoa
616### Hot Crab Dip
9756### Hot Crab Dip #1
9757### Hot Crab Dip #3
9758### Hot Crab Fondue
9759### Hot Crabmeat Spread
2742### Hot Cross Frittata
2248### Hot Dog Relish
4807### Hot Fig Pudding
9760### Hot Fried Chicken Salad
9010### Hot German Bean Salad
7037### Hot German Potato Salad
7704### Hot Hunan Hoagies
3087### Hot Italian Sausage (1)
3088### Hot Italian Sausage (2)
617### Hot Mexican Bean Dip
618### Hot Mushroom Turnovers
619### Hot Mustard Dip
9011### Hot Orange Soup With Wafers
7038### Hot Oriental Slaw
11109 Hot Pants

7705### Hot Pepper Green Beans
1456### Hot Pepper Prawns
6198### Hot Pot Lemon Chicken
620### Hot Potato And Broccoli Salad
8249### Hot Potato Crackers
9012### Hot Red Snapper Soup (korean Domi Chigae)
621### Hot Salad Dressing
622### Hot Shoestring Potato Salad
9761### Hot Spiced Chicken
9013### Hot Spiced Crab Soup
4808### Hot Zabaglione (zabaglione Caldo)
9014### Hot-&-Sour Mushroom Soup (tom Yum Het)
623### Hotter Than Heck Horseradish Dip
10774 How To Set Buckwheat
624### Howard Karten's Salsa
6199### Howtowdie (scottish Roast Chicken)
6200### Hsun Chi (tea Smoked Chicken)
1458### Huachinango
1459### Huachinango A La Veracruzana
1460### Huachinango En Tostado (tostadas With Red Snappers)
1461### Huachinango Maria Teresa
4809### Hudson's Chocolate Dessert
2743### Huevos Con Chorizo
2744### Huevos Loma Vista
2745### Huevos Mexicanos
7445### Huevos Ranchero Casserole Souffle
2746### Huevos Rancheros #2
2747### Huevos Revueltos A La Mexicana (mexican Scrambled Eggs)
9762### Hummous Bi Tahini
625### Hummus
626### Hummus #1
627### Hummus #2
2252### Hummus (again)
628### Hummus With Tomato Relish
629### Humus Tahini Dip
6201### Hunan Blend
6202### Hunan Hot & Sour Chicken
9015### Hungarian Brandy Beef Goulash
8250### Hungarian Chocolate Cream Bars
9016### Hungarian Goulash
9017### Hungarian Goulash Soup
9018### Hungarian Goulash Soup With Spaetzle
8251### Hungarian Kiffles (cookies)
8252### Hungarian Nut Crescents
8253### Hungarian Poppy Seed Cookies
9763### Hungarian Potato And Egg Casserole
630### Hungarian Spiced Cheese Dip
7446### Hungry Boy's Casserole
4810### Hunter's Buns

9019### Hunter's Stew Dish For Royalty
631### Hunters Stew
4811### Hunza Apricots With Thick Yoghurt
7447### Hurry Tuna Please
4079### Hushpuppies
8254### Hydrox Cookie Dessert
4812### Hydrox Mint Dessert
4813### Ice Cream
4814### Ice Cream Recipe (easy)
4815### Ice Cream Recipe (no Maker Req'd)
4816### Ice Cream Tacos
4817### Ice Cream With Black Cherry Sauce
11346 Ice-Water Pickles
8255### Icebox Cookies
4818### Icebox Dessert
4819### Icebox Pumpkin Cream Roll
10775 Icebox Rolls
10776 Icebox Rolls #2
4820### Iced Brownies
8256### Iced Molasses Cookies
9020### Ichiban Dashi (Basic Soup Stock)
4821### Icing (kitchen Kandy)
3089### Ideal Lasagna
1462### Ikan Asam Padeh
1463### Ikan Asam Padeh (fish In Sour Sauce)
1464### Ikomi-Wakanasu
6203### Imperial Chicken
4822### Imperial Coconut Flan
9764### Imperial Rolls
1465### Imperial Sesame Fish
2748### Impossible Bacon Breakfast Pie
4823### Impossible Banana Cream
3090### Impossible Beef And Tomato Pie
4824### Impossible Beef And Tomatoe Pie
2749### Impossible Breakfast Quiche
2253### Impossible Broccoli-Cheese Pie
2254### Impossible Cauliflower Quiche
632### Impossible Cheddar And Broccoli Appetizers
3091### Impossible Cheeseburger Pie
6204### Impossible Chicken 'n Broccoli Pie
6205### Impossible Chicken And Broccoli Pie
6206### Impossible Chicken Parmigiana
4825### Impossible Chicken Pie
7039### Impossible Chili-Cheese Pie
1466### Impossible Creole Pie
2255### Impossible Crustless Spinach Quiche
4826### Impossible Ham & Asparagus
3092### Impossible Ham And Asparagus
4827### Impossible Ham Pie

2750### Impossible Ham Salad Pie
4828### Impossible Hamburg Pie
2256### Impossible Herbs And Onion Pie
2751### Impossible Italian Pie
4829### Impossible Lasagne Pie
4830### Impossible Peanut Butter Cookies
9765### Impossible Quesadilla Pie
4831### Impossible Ratatouille Pie
1467### Impossible Seafood Pie
1468### Impossible Tuna And Cheddar Pie
1469### Impossible Tuna Pie
1470### Impossible Tuna-Cheese Pie
6207### Impossible Turkey And Stuffing Pie
6208### Impossible Turkey Pie
4832### Impossible Vegetable Pie
1471### In The Spirit Seafood Strata
4833### India Khir (rice Pudding With Almonds)
11347 India Relish
2752### Indian Cheese - Paneer & Channa
9766### Indian Chicken Balls
6209### Indian Chicken Curry
6210### Indian Chicken Curry Coca-Cola
6211### Indian Chicken Pies
633### Indian Gazpacho
10778 Indian Muffins
8257### Indian Papadams
4834### Indian Pudding
4835### Indian Pudding (roberta Krieger)
4836### Indian Rice Pudding
4837### Indian Rice Pudding (india)
2257### Indian Spinich
4838### Individual Almond-Cream Tarts
4839### Individual Flan
4840### Individual Fruit Tarts
7040### Individual Meat Loaves
7041### Individual Meringues
3093### Individual Pizzas
7706### Indonesian Brisket Of Beef
9767### Indonesian Corn Shrimp Fritters
1472### Indonesian Curried Crab
6212### Indonesian Peanut Chicken
2259### Information About Chilies
634### Insalata De Peperoni Arrostiti (roasted Pepper Salad)
9768### Insalata Di Crescione
4841### Instant Chocolate Syrup
10780 Instant Potato Lefse
7448### Iowa Corn Casserole
635### Iowa Pea Salad
10781 Irish Bread

4087### Irish Breakfast Scones
11110 Irish Brogue
11111 Irish Coffee
11112 Irish Coffee No. 2
11113 Irish Handshake
10784 Irish Herb Scones
7449### Irish Hot Pot
9021### Irish Lamb Stew
9022### Irish Nettle Soup
10785 Irish Soda Bread
10788 Irish Soda Bread For Breadmaker
11114 Irish Spring
9023### Irish Stew *
10790 Iron Rich Quick Bread
7042### Isobe Hosomaki Tamago
1473### Isobe Zukuri (sashimi Wrapped In Laver)
4842### Italian (cooked) Meringue
9024### Italian Bean Soup
7450### Italian Braised Lamb & Potatoes
4843### Italian Cheese Pudding
7451### Italian Cheese-It Casserole
6213### Italian Chicken Dinner
6214### Italian Chicken With Noodles
7043### Italian Dressing
9769### Italian Dressing Mix
4097### Italian Flatbread
4844### Italian Ice
7044### Italian Lamb Shanks
9025### Italian Lentil Minestrone Soup
2753### Italian Macaronie And Cheese
9770### Italian Marinated Mushrooms
9026### Italian Minestrone Soup Coca-Cola
9771### Italian Pepper Dip
7045### Italian Rice Salad
3094### Italian Sausage (sweet Or Hot)
636### Italian Sausage In Tomato Sauce
7046### Italian Sausage Lasagne
3095### Italian Sausage Sweet
3096### Italian Sausage Sweet #2
9027### Italian Sirloin Stew
637### Italian Style Eggplant & Pepper Salad
1474### Italian Style Fish And Vegetables
9772### Italian Style Zucchini
7047### Italian Tomato Sauce
638### Italian Tray 1
639### Italian Tray 2
1475### Italian Trout
640### Italian Vegetable Dip
9773### Italian Vegetables

Sheet1

9028### Italian Wedding Soup
7048### Italian White Beans
8258### Italian Whole Wheat Focaccia Crackers
4845### J.r.'s Layered Chocolate Mousse
8259### Jack & Dill Squares
4846### Jack Daniel's Chocolate Ice Cream
4847### Jack Dudley's Woodpecker Pudding
4098### Jack's Famous Lemon Poppy Seed Muffins
4848### Jack-O-Lantern Frosting
4849### Jackson's Vanilla Wafer Banana Pudding
6215### Jade And Ruby Stir-Fry
7049### Jalapeno Buffalo Burgers
6216### Jalapeno Chicken Fajitas
2260### Jalapeno Potatoes
9775### Jalapenos Stuffed With Chorizo And Cream Cheese
 641### Jalepeno Cheese Crackers
11315 Jalepeno-Cheese Dip - Texas Style
4850### Jam Tarts
9776### Jamaican Beef Patties
6217### Jamaican Jerk Chicken
8260### Jamaicas
 57### Jambalaya
1476### Jambalaya #2
2261### James Beard's Lamb Shanks With Beans
4851### Jane's Rice Pudding
7707### Japanese Beef Stir-Fry
9777### Japanese Chicken Wings
 642### Japanese Gyoza Pot Stickers
 643### Japanese Noodle Shrimp And Cucumber Salad
9029### Japanese Onion Soup
7708### Japanese Pickled Cauliflower Coca-Cola
 644### Japanese Salad
1925### Japanese Skewered Lamb (low Cal)
9778### Japanese Soy Vinegar Dressing
7050### Japanese Stir-Fry With Pork
 645### Japanese Stuffed Mushrooms
7709### Japanese Udon
1477### Jar Yue Har Guen (deep-Fried Fish And Prawn Rolls)
7051### Jarlsberg Crepe Horns
4852### Jasper's Bread And Butter Pudding With Cranberries
8261### Java Crunch Cookies
7452### Jean Hardin's Potatoes
4853### Jean Pare's Jiffy Cinnamon Rolls
4854### Jean's Bourbon Ice Cream
4855### Jell-O Jigglers
 646### Jell-O Mold With Broccoli
4856### Jell-O Plum Pudding
4857### Jell-O Pudding Dirt Cups
9030### Jellied Beet Borscht

Sheet1

4858### Jellied Fruit Salad
3097### Jellied Veal Loaf
4859### Jello Snacks For Kids
4100### Jelly Roll
8262### Jelly Top Cookies
6218### Jerk Chicken Fajitas With Papaya-Pineapple Salsa
647### Jerk Chicken Wings
9779### Jerky
4860### Jerry's Chocolate Ice Cream
7052### Jerusalem Artichokes With Sauce
648### Jewish Caponata
2262### Jewish Potato Knish
649### Jicama Salad
10792 Jiffy Yeast Rolls
4861### Jigglers(tm) Creamy Valentines
8263### Jim Jams
7710### Jing Char Siu Bau (steamed Bbq Pork Buns)
3098### Jo's Two Cheese Meatloaf
2263### John Wayne's Cheese Casserole
2754### John's Eggnog
8264### Johnny Ohs
7053### Jonathan Apple Crisp
7054### Jonathan Apple Crisp <microwave>
9780### Josephine's Pineapple Salad
9781### Joys Of Jell-O
4862### Juan's Killer Flan
650### Judi's Creamy Potato Salad
7055### Juicy Baked Pears
4863### Julia Child's Chocolate Mousse
8265### Julia Child's Macaroons
8266### Jumbles
7056### Jumbo Caramel Sticky Rolls
7057### Jumbo Chocolate Chip Cookies
8267### Jumbo Cream Cheese Peanut Butter Cookie
8268### Jumbo Oat Cookies
8269### Jumbo Raisin Cookies
11115 Jump Up And Kiss Me
1478### Jungle Curry With Catfish - Gaeng Paa Pla Dook *
4864### Junket
4865### Junket Ice Cream
6219### Junkfood Cookbook Kfc
8270### Just Good Cookies
1479### Justin Wilson's Boiled Crawfish
9782### Justin Wilson's Crawfish Or Shrimp Cocktail
9783### Justin Wilson's Tuna Salad
651### Justin's Tuna Salad
7058### Kabura-Furofuki
3099### Kadin Budu (ladies' Thighs' Croquettes)
4866### Kadin Gobegi (ladies' Navels)

Sheet1

9784### Kadju Badun (deviled Cashewnuts)
4867### Kahlua Brownies
8271### Kahlua Cocoa Balls
8272### Kahlua Gingerbread People
4868### Kahlua Mousse Bownies
4869### Kahlua-Colada Parfaits *
2755### Kai Kem (salty Eggs)
6220### Kai Yang (garlic Chicken)
652### Kalamaria Parayemista
2264### Kalbsschnitzel Mit Feinen Gemusen (veal Rounds / Vegetables
3100### Kalbsschnitzel Mit Joghurt (veal Steaks With Yogurt)
3101### Kalbsschnitzel In Currysosse (veal Steaks / Lemon & Curry)
9031### Kale And Potato Soup
3102### Kalsbrust Mit Krauterfullung (veal Breast / Herb Stuffing)
653### Kalter Kartoffelsalat (cold Potato Salad)
11116 Kamikaze
654### Kamo Sakamushi (sake Steamed Duck)
7059### Kamonan Soba
9032### Kang Cheud Tang-Ran Sodsai - Stuffed Zucchini Soup.
6221### Kang-Ped Bhet-Yang - Thai Roast Duck Red Curry.
7711### Kangaroo Strips With Bok Choy And Chilli Black Bean Sauce
3103### Kapernschnitzel (veal Cutlets With Capers)
9785### Karelian Bacon Buns
4103### Karen Butler's Banana Bread
10794 Karen's Herb Oatmeal-Potato Bread
655### Karl Irvine's Garlicbuster Hummus
2265### Karotten In Bier Gedunstet (carrots In Beer)
2266### Kartoffelpfannkuchen (potato Pancakes)
2267### Kartoffelpuree Meerrettich (mashed Potatoes/horseradish C
2268### Kartoffelpuree Meerrettich (mashed Potatoes/horseradish Crm
656### Kartoffelsalat Mit Biermarinade (potato Salad/beer Dressing)
9033### Kartoffelsuppe (potato Soup)
2756### Kasespatzle (spaetzle Cheese Noodles)
2269### Kasha Varnishkes
2270### Kasha-Patate Sucree
2271### Kashmiri Spinach
7060### Kasserli Cheese Mousse
3104### Kassler Ripschen And Sauerkraut
8273### Katherine Hepburn's Brownies
6222### Kay Patkhin (chicken With Ginger)
6223### Kay Phaneng (chicken With Coconut Milk)
58### Kaye's Spinach Madeline
6224### Kazakh Lemon Chicken
6225### Kelia Ayam - Chicken Curry
9034### Ken's Hot-And-Sour Soup
657### Ken's Salsa
1480### Kennet Fried Trout
9035### Kentucky Burgoo
59### Kentucky Derby Pie

Sheet1

4870### Kentucky Kernels - S.a. Express News - Karen Haram
6226### Kentucky Turkey And Bacon Brochettes
7453### Kerry Casserole
2272### Ketchup
9036### Kettle Goulash
9037### Kettle Stew
8274### Key Lime Bars
4871### Key Lime Mousse
4872### Key Lime Roll
658### Khao-Tung Hna-Tung (crusty Rice With Shrimp Dip).
3105### Kibbee (lamb And Bulgur)
3106### Kibbee Bissaneeeyeh - Lamb W/wheat Baked W/stuffing
3107### Kibbi Neeyee (basic Kibbi)
7061### Kidney Bean And Cheese Salad
7062### Kidneys
4873### Kiffles
11316 Killer Salza (hothothot)
2273### Kim Chee - 2
659### Kim Chee - 3
2274### Kim Chee I
1481### Kim's Pacific Salmon
2275### Kimchee
2276### Kimchi (korean Cabbage Relish)
7454### King Ranch Casserole
6227### King Ranch Chicken
4874### King's Arms Tavern Raisin Rice Pudding
660### Kinome-Ae (bamboo Shoots With Green Soy Dressing)
4875### Kir Sorbet
3108### Kirsch-Schnitzel (veal Cutlets With Cherry Sauce)
8275### Kisses #1
4876### Kit's Chocolate Mousse
4877### Kiwi Fruit Cream
4878### Kiwi Fruit Gelato
7063### Kiwi Sherbet
4879### Kiwi Yogurt Whip
4880### Kiwifruit Sorbet **
2277### Knabrus
10798 Knach Kuken
9786### Knishe Dough
9787### Knishes
4881### Knox Blox
2278### Kohl Westfalisch (westphalian Cabbage)
7064### Kohnomono
3109### Kokoretsi Tis Souvlas (Skewered Variety Meats)
4882### Kolaches (or Kolacky)
4883### Kolaches - Cheese Filling
10802 Kolachky Dough #3
4884### Kolatchkies
661### Koloketes (pumpkin Pies)

Sheet1

2279### Koorma Vegetable Curry
662### Korean Bean Sprouts
9788### Korean Beef Sticks
663### Korean Dipping Sauce
7712### Korean Marinade
3110### Korean Pork Or Beef
7713### Korean Wontons
2280### Kosher Pickled Dill Tomatoes
6228### Kota Kapama (chicken Braised With Cinnamon & Cloves)
6229### Kotlety Pozharskie <ground Chicken Cutlets>
6230### Kotmis Satsivi
6231### Kotopoulo Giouvetsi
2281### Kraut Burgers
11270 Kraut Burgers (bierochen)
3111### Kraut Un Chops
9038### Krautsuppe (cabbage Soup)
3112### Kreplach With Several Fillings
2282### Kroketten
8276### Kruchiy
8277### Krumiri
10803 Kuchen
2757### Kugel
6232### Kumquat Chicken
4885### Kumquat-Pecan Crepes
7714### Kung Pao Beef
6233### Kung Pao Chi (chicken With Chilies And Nuts)
6234### Kung Pao Chicken
6235### Kung Pao Chicken #1
6236### Kung Pao Chicken #2
6237### Kung Pao Chicken #3 ****
6238### Kung Pao Chicken - Gungbao Chicken
1482### Kung Pao Squid
6239### Kung Pao Stir-Fry
6240### Kung Pau's Chicken
6241### Kung Po Chicken
1483### Kung Yang Sot Makham Piak-Broiled Lobster In Tamarind Sau
1484### Kuruma Ebi Isobe Age
9039### Kvas <mint-Flavored Bread Beer Soup>
6242### Kyettha Sikyan Yakyan (spiced Game Hen Stew)
4886### La Culinaire
6243### La Fogata's Green Chicken Enchiladas
664### La Jolla Salad
3113### La Marada
4887### La Tarte Tatin (caramalized Apples On Puff Pastry)
8278### Lace Cookies
8279### Lacy Oatmeal-And-Wheat Germ Cookies
4888### Lady Apple Fruit Wreath
2283### Lady's Fingers (okra)
3114### Lamb & Pear Tagine.

Sheet1

3115### Lamb And Pine Nut Stir-Fry
3116### Lamb And White Bean Stew
3117### Lamb Baked In Paper
3118### Lamb Bulgogi
3119### Lamb Carnitas
3120### Lamb Chops Korabiak
7065### Lamb Chops W/raspberry Sauce
3121### Lamb Chops With Gorgonzola
7066### Lamb Chops With Pineapple
9043### Lamb Lentil And Rosemary Soup
3122### Lamb Meatballs Persian Style
3123### Lamb Patties With Vegetables Provencal
9040### Lamb Ragout
7715### Lamb Slivers In Pungent Sauce
9041### Lamb Soup Pot
9042### Lamb Stock
9789### Lamb Tartare
7716### Lamb Teriyaki With Mushrooms
3124### Lamb With Artichokes And Preserved Lemons
3125### Lamb With Cashew Nut Curry
3126### Lamb With Onions
3127### Lamb With Orzo Paste Greek Style
3128### Lamb With Spinach
2284### Lancaster County Lima Beans
4889### Lapis Legis
4890### Lapis Legis (indonesian Dessert)
8280### Large Chocolate Chip Cookie
7067### Large Cookie-Sour Cream Cake
10804 Large Garlic Croutons
4891### Large Pearl Tapioca Pudding
9790### Larry Dunlap's World Famous Stuffed Mushrooms
8281### Larry's Tropical Treats
60### Lasagna
3129### Lasagna Rolls
7068### Lasagne Roll-Ups
9791### Lasagne appetizer
9044### Last Minute Chili
1132### Lattice Cherry Cheesecake
7069### Lattice Coffee Cake
4892### Lavender Ice Cream
1485### Laverbread And Crab Souffles With Cockle Sauce
7455### Lavinna Chicken
665### Layered Bean Dip
666### Layered Mexican Dip
61### Layered Mexican Dish
9792### Layered Shrimp Salad
2758### Lazy Chili Rellenos
4893### Lazytown Chocolate Fluff
11317 Ld's Homade Mayonnaise

Sheet1

7070### Lean Pork Breakfast Patties
62### Lebanese Eggplant
9793### Lebanese Herb Salad
9045### Lebanese Mjderah
667### Lebanese Stuffed Grape Leaves
9794### Lebanese Tabbouleh
4894### Lebkuchen (spice Bars)
8282### Leckerli Cookies
668### Leek & Tomato Soup
7071### Leek And Mushroom Tart
2285### Leek And Potato Gratin
7072### Leek Rolls W/tarragon Mustard
9046### Leek Soup #1
9047### Leek Soup #2
9048### Leek-And-Artichoke Soup
7073### Leeks
7717### Leftover Lo Mein
10808 Leftover Rice Muffins
6244### Leftover Turkey Or Chicken Hash
3130### Leg Of Lamb
7074### Legumes
8283### Lehigh County Oatmeal Cookies
4895### Lemmon Poppy Seed Tart
10809 Lemon & Poppy Seed Muffins I
4896### Lemon Afternoon Delight
4897### Lemon And Almond Tart
1926### Lemon Asparagus And Carrots
4898### Lemon Babka
4899### Lemon Baked Alaska
4900### Lemon Bars
8284### Lemon Bars #2
8285### Lemon Bars Deluxe
4901### Lemon Bavarian
7718### Lemon Beef Oriental
7075### Lemon Berry Tart
10371 Lemon Bread
4902### Lemon Bread Pudding
4120### Lemon Bread With Lemon Ice
2286### Lemon Broccoli
6245### Lemon Broccoli Chicken
6246### Lemon Butter Glazed Chicken
4903### Lemon Butter Layers
4904### Lemon Butter Mousse
4905### Lemon Caramel Custard
4906### Lemon Cheese Chiffon
4907### Lemon Cheese Dessert Bombe
4908### Lemon Cheese Stuffed Nectarines
6247### Lemon Chicken
6248### Lemon Chicken #1

Sheet1

6249### Lemon Chicken #2
6250### Lemon Chicken #3
6251### Lemon Chicken #4
9795### Lemon Chicken Asparagus
9796### Lemon Chicken Iii
9049### Lemon Chicken Soup
4909### Lemon Chiffon Pudding
669### Lemon Coleslaw
8286### Lemon Cookies
8287### Lemon Cooler Cookies
8288### Lemon Crackers
8289### Lemon Cream Cookies
9797### Lemon Cream Dressing
4910### Lemon Cream Rice (southern Rice Industry 1934)
4911### Lemon Cream Sherbet
4912### Lemon Curd Pavlova
4913### Lemon Curd Tarts
4914### Lemon Custard In Meringue Cups
1133### Lemon Delight Cheesecake
4915### Lemon Dream
7076### Lemon Dressing
8290### Lemon Drop Cookies
4916### Lemon Fig Ice-Cream
4917### Lemon Filling
8291### Lemon Fire Crisps
4918### Lemon Fluff Custard
4919### Lemon Gelatin
7719### Lemon Ginger Beef
4920### Lemon Ginger Syllabubs
7077### Lemon Glaze
4921### Lemon Granita
1486### Lemon Grass Seafood Combination - Pad Po Taek *
2287### Lemon Herb Roasted Potatoes
4922### Lemon Ice
4923### Lemon Ice Cream
4924### Lemon Italian Ice
8292### Lemon Kiss Cookies
4925### Lemon Loaf
4926### Lemon Lovely
4927### Lemon Milk Sherbet
4928### Lemon Mint Milk Sherbet
4929### Lemon Mist
4930### Lemon Mousse
7078### Lemon Pasta
7079### Lemon Pasta With Capers
9798### Lemon Popcorn
7080### Lemon Pork Chops
4931### Lemon Pots De Creme
4932### Lemon Pudding

Sheet1

4121### Lemon Raspberry Muffins
7081### Lemon Rice
7082### Lemon Schaum Torte
8293### Lemon Semolina Cookies
670### Lemon Sesame Chicken
4933### Lemon Sherbet
4934### Lemon Snowballs
7083### Lemon Sorbet
7084### Lemon Souffle
4935### Lemon Sponge
8294### Lemon Sticks
671### Lemon Tarragon Dip
4936### Lemon Tart
4937### Lemon Tea Snow With Strawberry Sauce
1487### Lemon Tuna Pasta
7085### Lemon Veal Scallopini
7086### Lemon Vinegar
8295### Lemon Wafers
672### Lemon-Basil Carrot Bundles
1488### Lemon-Basil Swordfish
7087### Lemon-Chive Potatoes
7088### Lemon-Coconut Squares
8296### Lemon-Coconut Wafers
6252### Lemon-Garlic Chicken
3131### Lemon-Herb Lamb Roast
4938### Lemon-Lattice White Chocolate Cake
8297### Lemon-Lime Oat Cookies
7089### Lemon-Oat Scones
9799### Lemon-Orzo Pilaf
4939### Lemon-Poppy Seed Muffins
11202 Lemon-Tarragon Chicken Student Style
4940### Lemon/orange Ice
6253### Lemonade Fried Chicken
6254### Lemongrass Chicken - Ga Xao Sa Ot
9800### Lemony Radish Salad
673### Lentil & Brown Rice Soup
9050### Lentil And Brown Rice Soup
9051### Lentil And Rice Soup
3132### Lentil Chili
9052### Lentil Pheasant Soup
7090### Lentil Pilaf
674### Lentil Salad
9053### Lentil Soup
9054### Lentil Soup With Franankfurters
9055### Lentil Soup With Frankfurters
9056### Lentil Vegetable Soup
4941### Leon's Stemmed Glass Baracreme
10810 Lesleigh's Whole Grain Batter Bread
4942### Lethal Layers

Sheet1

675### Lettuce Salad
676### Lettuce Salad (24-Hour)
677### Lettuce Wedge With Poppy Seed Dressing
678### Lettuce With Sweet Oxyporum Dressing
7720### Liang Ban Rou (twice Cooked Pork)
4943### Libby's Famous Pumpkin Pie From Fred Goslin
4944### Lichees Sorbet
4945### Licorice Ice Cream
4946### Light 'n' Luscious Lemon Pudding
1489### Light And Lemony Broiled Scallops
4947### Light Creme Brulee
2759### Light Custard Egnog
9801### Light Fiesta Shrimp Dip
4948### Light Lemon Mousse Terrine
8### Light Pumpkin Cheesecake
9802### Light Spinach Dip
6255### Light Swiss Enchiladas
9057### Light Vegetable Stock
10811 Light Whole Wheat Bread For Bread Machines
9058### Lima Bean Soup
2288### Lima Beans Smitane
1490### Lime And Dill Seafood Skewers
6256### Lime Chicken
1134### Lime Delicious Cheesecake
679### Lime Velvet Salad
680### Lime Waldorf Salad
7091### Limeade
4949### Lincoln And Lee Pudding
4950### Lincoln's Log
7456### Linda Kaysen's Mixed Bean Casserole
9059### Linda Williams' Many Bean Soup
681### Linda's Curry Dip
9803### Linda's Potato Skins
4951### Lingonberry Or Cherry Torte
682### Linguine Tuna Salad
1491### Linguine With Clam Water Cress Sauce
1492### Linguine With Crab And Wild Mushrooms
1493### Linguine With Scallops
1494### Linguine With White Clam Sauce
9060### Linsensuppe Mit Frankfurter (lentil Soup With Frankfurter
9061### Linsensuppe Mit Frankfurter (lentil Soup With Frankfurters)
8298### Linzer Augen (linzer Eyes)
8299### Linzer Cookies
4952### Linzer Torte
8300### Linzertorte Fingers
7721### Lion's Head Pork
683### Liptauer Cheese
9804### Liptauer Cheese #1
9805### Liptauer Cheese #2

Sheet1

3133### Lipton Onion Burgers *****
10814 Lisa's Corny Bread
4953### Little Bit's Bacon Popovers
1495### Little Parcels Of Trout
684### Little Pigs In Blankets
63### Little Round Cheesecakes
685### Little Wieners And Orange Sauce
3134### Liver And Onions
3139### Liver Bacon And Onions.
6257### Liver Black Beans And Snow Pea Stir Fry
3135### Liver Cakes
3136### Liver Dumplings
3137### Liver In Mustard Sauce
9806### Liver Loaf
686### Liver Paste
687### Liver Pate
3138### Liver With Onions And Apples
7722### Lo Mein
9808### Lo-Cal Dressing
9062### Lobster Bisque
1496### Lobster Cantonese
1497### Lobster In Lemon Sauce
1498### Lobster In Puff Pastry
1499### Lobster In Sauce
1500### Lobster In Tomato Sauce With Saffron Rice
1501### Lobster Newburg In Popovers
9809### Lobster Pate
1502### Lobster Scallop Curry
9810### Lobster Spread
1503### Lobster Stew
1504### Lobster Tart
4128### Log Roll
3140### Lois's Meat Loaf
4954### Lokum (Turkish Delight)
1505### Lomi Lomi Salmon
1506### Lomi Lomi Salmon Fbfj97a
7092### London Broil
1507### Londontown Terrace Crab Pie
7457### Lone Star Chicken Casserole
11318 Lone Star Steak Sauce
11117 Long Island Iced Tea
11118 Long Island Iced Tea No. 2
1508### Long Jing Chao Xia
7723### Long Life Noodles With Egg
688### Longhorn Quick Chili Dip
9063### Lord And Taylor's Scotch Broth
7093### Lorenzo Dressing
689### Los Angeles Luncheon Salad
8301### Lots Of Cookies

4955### Louisa May Alcott's Apple Slump
4130### Louisburg Cafe Bread Pudding
3141### Louisiana Roast Beef
1509### Louisiana Shrimp With Tasso
9064### Lovage Potato & Buttermilk Soup
3142### Love In Disguise
1510### Lovers Lure
9811### Lovers Prawns
6258### Low Cal Chicken Curry
7724### Low Calorie Chinese Cabbage: Nixon
9812### Low Calorie Clam Dip For Vegetables
4956### Low Calorie Lemon Bavarian
11244 Low Calorie Lemonade
7094### Low Calorie Saucy Cubed Steak
4957### Low Fat Creme Caramel
1511### Low-Cal Florentine Fillets (microwave)
7095### Low-Cal Lemon-Pepper Dressing
7096### Low-Calorie Herb Dressing
7097### Low-Calorie Vinaigrette
9065### Low-Fat Crab Chowder
2289### Low-Fat Potato Pancakes
4131### Low-Salt Honey Wheat Bread
7098### Low-Salt Traditional Bread
690### Lower East Side Lox
2760### Lowfat Eggnog
2761### Lukschen Kugel (mama Leah Cookbook)
691### Lumpia Shanghai
9813### Lumpia With Sweet Potatoes
692### Lung Fung Shrimps
4958### Luscious Lemon Ice Cream
6259### Lust At First Bite
8302### M & M Pizzas
7725### Ma-Po Dou-Fu
7726### Ma-Po Tofu
4959### Macadamia Chiffon Pie
7099### Macadamia-Coconut Banana Bread
2762### Macaroni And Cheese # 2
2290### Macaroni And Cheese With Vegetables
2763### Macaroni And Lots Of Cheese
9066### Macaroni Con Queso
4960### Macaroni Or Spaghetti Pudding
3143### Macaroni Pizza
693### Macaroni Salad
7458### Macaroni Supper Casserole
7100### Macaroni-Cheese Salad
694### Macaroni-Chicken Salad
1512### Macaroni-Shrimp Salad
4961### Macaroon Bavarian
8303### Macaroon Crispies

Sheet1

7101### Macaroon Ice Cream Delight
4962### Macaroon Ice-Cream
4963### Macaroon Pudding
4964### Macaroon Stuffed Peaches W/raspberry Sauce
8304### Macaroons
8305### Macaroons - Lace Cookies
9814### Macayo Fajitas
4965### Macedoine Of Fresh Fruit
11203 Macho Nachos Student Style
4966### Macintosh Apple Cobbler With Vanilla Ice Cream
1513### Mackerel In Vinegar
2764### Mackinac Island Omelet
7102### Madeira-Sauced Chicken Wings
8306### Madeleines
695### Madras Dip
696### Magic Pan Orange Almond Salad
1514### Mahalia Jackson's Okra Gumbo
1515### Mahimahi In Fennel Sauce
6260### Mahogany Duck
11119 Mai Tai
4967### Maids Of Honour
9067### Maine Fish Chowder
2291### Makai Kari (corn Curry)
9068### Make Ahead Gazpacho
11326 Make-Ahead Gazpacho
7459### Make-Ahead Sausage Souffle
6261### Malay Barbecued Game Hens With Sweet Spicy Lime Sauce
1516### Malayan Lobster Curry
2765### Malfatti Cheese And Spinach Dumplings
6262### Mallard With Turnips
7103### Maltaise Sauce
8307### Malted Milk Crackers
1517### Mama Lan's Vietnamese Stir-Fried Crabs
9815### Mandalay Nangyi (rice Noodle Salad With Curried Game Hen)
4968### Mandarin Cherry Eggnog Ring
6263### Mandarin Chicken #1
6264### Mandarin Chicken #2
7104### Mandarin Chicken And Broccoli
6265### Mandarin Chicken Crepes
6266### Mandarin Chicken Wings
7727### Mandarin Chow Mein
6267### Mandarin Cornish Hens
9069### Mandarin Hot And Sour Soup
64### Mandarin Orange And Green Salad
7728### Mandarin Pancakes
7729### Mandarin Pancakes (doilies)
7105### Mandarin Salad
4969### Mandel-Halbmonde (almond Crecents)
9816### Manderin Almond Salad

Sheet1

4970### Mango Blossoms
4971### Mango Brown Betty
4972### Mango Cream Ice Cream
4973### Mango Ice Cream
4974### Mango Kulfi
7106### Mango With Passion Fruit
1518### Manhattan Clam Chowder
11120 Manhattan Dry
11121 Manhattan Perfect
2292### Manicotti
2766### Manicotti (mamma Leone's)
2767### Manicotti Filling
4975### Maple Apple Rings With Raisins
4976### Maple Charlotte
4977### Maple Coffee Ice-Cream
4978### Maple Creme Brule
4979### Maple Frosting
8308### Maple Gingersnaps
2293### Maple Glazed Carrots
4980### Maple Ice Cream
4981### Maple Mousse
4982### Maple Nut Sundae
4983### Maple Parfait
4984### Maple Rice Pudding
6268### Maple Syrup Broilers
10818 Maple Syrup Corn Bread
4985### Maple Syrup Ice Cream On Sable Rafts
4986### Maple Syrup Mousse
8309### Maple Syrup Shortbreads
4987### Maple Walnut Ice Cream
4988### Maple-Nut Frosting
7108### Maple-Nut Snack Cake
10819 Maple-Pecan Corn Bread
1135### Marble Cheesecake
9817### Marbled Eggs
4989### Marbled Strawberry Mousse
11122 Margaritas
8310### Marguerites
4990### Marillen Knoedel
4991### Marilyn Descours' Lemon Tart
65### Marinade For Flank Steak
697### Marinated Antipasto
698### Marinated Beef Roll
699### Marinated Broccoli And Tomato Salad
700### Marinated Broccoli Chunks
66### Marinated Carrots
6269### Marinated Chicken
701### Marinated Crabs
9818### Marinated Cubed Beef With Lime Sauce (cambodian)

Sheet1

2294### Marinated Eggplant In Olive Oil
9819### Marinated Feta With Greek Olives And Roasted
6270### Marinated Ginger Chicken
6271### Marinated Lemon Chicken
702### Marinated Mushroom Salad
9820### Marinated Mushrooms #1
9821### Marinated Mushrooms #2
703### Marinated Olives
2295### Marinated Peppers
2296### Marinated Peppers And Olives
3144### Marinated Pork
3145### Marinated Pork Chops
9822### Marinated Prawns
9823### Marinated Shrimp Appetizer
1519### Marinated Shrimp In Avocado Halves
704### Marinated Shrimp Kabobs
705### Marinated Spiced Olives
2297### Marinated Tomatoes
6272### Marinated Turkey Slices
706### Marinated Vegetables
2298### Marinierte Toamten (marinated Tomatoes)
9824### Mark's Fabulous Vinaigrette Salad Dressing
4992### Mark's Quick And Dirty Peach Cobbler
4993### Marlborough Tart
4994### Marmalade Pudding
9825### Marmaliga
7109### Marshmallow Bars
4995### Marshmallow Bavarian
4996### Marshmallow Dessert Topping
10821 Marshmallow Nut Loaf
7110### Marshmallow Sauce
4997### Marshmallow Sundae
8311### Marshmallow Treats
707### Martha's Rye Spread (bon Appetit/july 1983)
11123 Martini Dry (5-To-1)
11124 Martini Extra Dry (8-To-1)
3146### Martini Steak
11125 Martini Traditional (2-To-1)
9826### Marty's 5 Cup Salad
4998### Marvelous Mocha Brownies
4999### Mary Korman's Icebox Pudding
11334 Mary Rogers's Sourdough Biscuits
9827### Maryland Crab Cakes
7111### Maryland Fried Chicken
9828### Maryland Style Crab Cakes
5000### Marzipan Ravioli With Mocha Sauce
5001### Mascarpone Ice Cream Campanile
9829### Mashed Aubergines - Nam Prik Makhua Yao
2299### Mashed Potato

Sheet1

5002### Mashed Potato Crust
2300### Mashed Potatoes With Garlic
2301### Mashed Potatoes With Horseradish
10823 Massachusetts Corn Bread
2768### Matar Paneer (fresh Cheese)
5003### Matrimonial Cake
5004### Matzo Apple Kugel
9830### Maui Onion Rings
67### Maw Maw's Carrots
2302### Maya's Potatoes
6273### Mayonnaise Chicken
708### Mayonnaise Dressing
2303### Mazetti
3147### Mccall's Creole Jambalaya
7460### Meat And Macaroni Casserole
3148### Meat And Potato Squares
2304### Meat And Potatoes
7730### Meat Dumplings Poached Or Pot-Sticker Style
7731### Meat Filled Oriental Pancakes
2305### Meat Loaf Tropical
2306### Meat Loaf Tropicale
9070### Meatball Minestrone
3149### Meatball Stew With Dumplings
709### Meatballs In Chile Sauce
11204 Meatballs Student Style
11327 Meatless Loaf
9071### Meatless Mission Chili
11205 Meatloaf Student Style
3150### Medallions Of Pork
7112### Mediterranean Celery
6274### Mediterranean Chicken
9831### Mediterranean Salad
7113### Mediterranean Sandwiches
1520### Mediterranean Style Fish
10825 Medium White Bread
1521### Mee Krob - Crisp-Fried Noodles
5005### Meersburger Kirschen-Dessert (cherry Desert Meeres
5006### Meersburger Kirschen-Dessert (cherry Desert Meeresburg)
1522### Mel's Huachinango Tikin Xic
2307### Melanzane Sott'olio D'oliva (marinated Eggplant In Olive Oi
710### Melitzanosalata
9072### Mellow Cheese Soup
9073### Mellow Melon Soup
5007### Melomakarona * Phoenikia
5008### Melon & Ginger Basket
7114### Melon And Fig Salads
7115### Melon And Prosciutto Bites
711### Melon Blue Cheese Appetizer
712### Melon Grape Salad

Sheet1

714### Melon Hearts Of Palm And Prosciutto Salad
713### Melon Medley Salad
5009### Melon Velvet Pie
715### Melrose Avenue Spring Rolls
8312### Meltaways
5010### Melting Moments
1523### Menage A Trois
9832### Menai Pride Mussel Pate
3403### Mendenhall Sourdough Gingerbread
1524### Mendocino Sole
9074### Menudo
9075### Menudo (tripe Soup)
9076### Menudo Estilo Norteno
8313### Meringue Cookies W/fresh Strawberries
5011### Meringue Fruit Torte
5012### Meringue Glacee En Surprise
5013### Meringue Hearts
7116### Meringue Shell
8314### Meringue Shells
5014### Meringue Tarts With Strawberries
5015### Meringue Trifle
5016### Meringues
3151### Merrie Crown Roast Of Pork****fjvs25a
5017### Merry Cranberry Ring
3152### Meshoui
716### Mexcican Cheese Dip
2769### Mexi Corn Lasagna
7117### Mexi-Dip
7461### Mexicali Casserole
6275### Mexicali Chicken Breasts
7462### Mexicali Pasta Pie
9833### Mexicali Pasta Salad
7463### Mexicali Rice
7464### Mexicali Spoon Bread Casserole
2770### Mexicalli Omelet
9834### Mexican Appetizer
2308### Mexican Beans
7118### Mexican Black Beans
9835### Mexican Chef Salad
6276### Mexican Chicken Bake
6277### Mexican Chicken Lasagna
9836### Mexican Chicken Salad
9837### Mexican Chicken Wings
5018### Mexican Chocolate Ice Cream
2309### Mexican Cole Slaw
2310### Mexican Corn
10827 Mexican Cornbread
10828 Mexican Cornbread #2
9838### Mexican Dairy Dip

9839### Mexican Deviled Eggs
68### Mexican Dip
717### Mexican Dip #2
2311### Mexican Fiesta Casserole
5019### Mexican Fiesta Tart
5020### Mexican Fruit Dessert
9077### Mexican Garlic Soup
7465### Mexican Hash
7120### Mexican Kasha
3153### Mexican Lasagna
718### Mexican Layered Dip
2771### Mexican Omelet
6278### Mexican Omelet With Chicken
719### Mexican Pasta Salad
720### Mexican Pinto Bean Dip
721### Mexican Pita Chips
2772### Mexican Rarebit
7121### Mexican Refried Beans
7122### Mexican Rice Morsels
9840### Mexican Salsa Dip
722### Mexican Shrimp Cocktail
2312### Mexican Spanish Rice
2313### Mexican Spinach
6279### Mexican Stuffed Chicken
9841### Mexican Stuffed Mushrooms
723### Mexican Treats
8315### Mexican Wedding Cakes (cookies)
5021### Mexican Wedding Cookies
8316### Mexican Wedding Ring Cookies
2314### Mexican-Style Creamed Corn
10830 Mexican: Old El Paso Enchiladas Suiza
724### Miami Salsa
5022### Michele's Triple C Cookies
3154### Michigan Pasties
7123### Micro Fudge
7124### Micro Zucchini
7125### Microwave Beef Stroganoff
7126### Microwave Black Bean Burritos
7127### Microwave Brownies
9842### Microwave Cauliflower Pick-Ups
725### Microwave Chicken Nuggets
7128### Microwave Eggs In Hash Nests
3155### Microwave Italian-Style Pot Roast
7129### Microwave Lasagna
3156### Microwave Meatloaf
7131### Microwave Peach Cobbler
1525### Microwave Salmon Ring
7132### Microwave Spiced Red Cabbage
5023### Microwave Truffles

Sheet1

10831 Microwave Waffles Divan
5024### Microwaved Norwegian Baked Apples
9843### Middle Eastern Carrot Salad
6280### Mideastern Chicken
5025### Midnight Mints
7133### Midori Gelatin
8317### Midori Macaroons
5026### Milk-Chocolate Pan Souffle'
5027### Milky Way Ice Cream
8318### Millet Crackers
10832 Millet Muffins
1526### Millet Pilaf
9078### Millet-Cauliflower Soup
5028### Millet-Peach Pudding
2315### Million Dollar Pickles
6281### Millionaire Chicken
5029### Mimi's Bread Pudding (lois Comeaux)
5030### Mimosa Ice Cream Crepes With Buttered Honey
1136### Miniature Cheesecakes
8319### Mince-Meat Oatmeal Cookies
7732### Minced Pork Balls On Skewers
9844### Minced Squab With Lettuce Cups
8320### Mincemeat Cookies
3157### Mincemeat For Pie
5031### Mincemeat Plum Pudding
9079### Minestra Di Riso Per Pesach
9080### Minestrone
9081### Minestrone Lo-Cal
9082### Minestrone Soup
1527### Ming Shrimp W/ Hot Sauce
7134### Mini Banana Breads
5032### Mini Chip Marshmallow Glaze
726### Mini Monte Cristo Sandwiches
8321### Mini Oreo Magical Pizza
3158### Mini-Pizza
9846### Mini-Quiches
727### Mini-Sausage Rubens
10833 Miniature French Breakfast Puffs
728### Miniature Puff Appetizers And Fillings
729### Miniature Seafood Quiches
9083### Minnesota Minestrone
3159### Minnesota-Glazed Sausages
9084### Minnestrone Soup
8322### Mint And Lemon Cookies
5033### Mint Chocolate Chip Marquise With Creme De Cacao Creme An
5034### Mint Flower Ice Cream
11126 Mint Julep
7135### Mint Macaroons
7136### Mint Wafers

Sheet1

7137### Minted Cucumber & Yogurt Salad
730### Minted Eggplants
9847### Minted Fresh Peas
7138### Minted Lemonade
731### Minted Melon Mold
5035### Minted Peaches And Melons
9848### Minted Veggie Dip
732### Minty Fresh Fruity Salad
5036### Minty Fudge Brownies
7466### Mirliton El Casserole
7733### Mishoshiru No-Mi (miso Soup Garnishes)
7734### Miso Barbecue Beef W/ginger Teriyaki
9085### Miso Soup
9086### Misoshiru (clear Soup With Soybean Paste)
7467### Miss Allie's Chicken And Rice Casserole
5037### Miss Corbett's Fast Oatmeal Candy
7468### Mixed Bean Casserole
5038### Mixed Fruit Cobbler
5039### Mixed Fruits With Grass Jelly
7469### Mixed Grain Mushroom Casserole
9849### Mixed Italian Olives
1528### Mixed Seafood Grill In Corn Husks
6282### Mixed Tostadas
2316### Mixed Vegetable Cutlets
9850### Mixed Vegetable Salad With Peanut Sauce Gado-Gado
5040### Mocha Bombe
1137### Mocha Chocolate Chip Cheesecake
5041### Mocha Chocolate Torte
5042### Mocha Cookies
5043### Mocha Creme Caramel
7139### Mocha Frosting
5044### Mocha Ice Cream Cake
5045### Mocha Meringues W/ Chocolate
5046### Mocha Pudding
5047### Mocha Rice Pudding
8323### Mocha Truffle Cookies
6283### Mochiko Chicken
9851### Mock Caviar
5048### Mock Cool Whip
3160### Mock Duck
9852### Mock Guacamole
1529### Mock Lobster
8324### Mock Ms Smiths Chocolate Chip Cookies
5049### Modena Rice Pudding
6284### Moghlai Chicken 2
2317### Moghul-Style Mixed Vegetables With Paneer
2318### Mohren Mit Geschnetzeltern (beef Strips And Carrots)
10834 Molasses Brown Bread
8325### Molasses Cookies

Sheet1

5050### Molasses Ginger Slice And Bake Cookies
7140### Molasses Hermits
8326### Molasses Oat Crackers
5051### Molasses Or Honey Doughnuts (fastnacht Kucka)
11283 Molasses Refrigerator Muffins
8327### Molasses Sugar Cookies
7142### Molded Avocado-Egg Salad
5052### Molded Chocolate Mousse
8328### Molded Christmas Cookies
7143### Molded Tangerine Salad
6285### Mole
6286### Mole Castellano
6287### Mole Negro Oaxaqueno
6288### Mole Poblano De Dos Chiles
9087### Mole Poblano Picante
70### Molly's Spaghetti
5053### Mom's Bread Pudding
9853### Mom's Cherry Salad
8329### Mom's Chocolate Chip Cookies
3161### Mom's German Meatballs
10836 Mom's Hush Puppies
7470### Mom's Pepper Steak
7471### Mom's Spanish Rice
3162### Mom's Stir Fry Sweet And Sour Pork
9854### Mom's Sweet And Sour Meatballs
7472### Mom's Taco Casserole
9855### Mom's Tidbits
9088### Momma's Beef Stew
733### Momo Sauce
734### Momo Wrapprs
9856### Moms Dill Dip
7735### Mongolian Beef
7736### Mongolian Beef #1
7737### Mongolian Beef #2
7738### Mongolian Grill
7739### Mongolian Hot Pot
7144### Monique's Fondue
10837 Monkey Bread (friendship Bread)
5054### Monkey Tails
8330### Monkey-Faced Cookies
9857### Monkfish Kebob With Vegetables
1530### Monkfish With Sour Cream Sauce
8331### Monster Cookies
6289### Moo Goo Gai Peen
6290### Moo Goo Gaipan #1
6291### Moo Goo Gaipan #2
6292### Moo Goo Gaipan #3
8332### Moravian Christmas Cookies
8333### Moravian Sand Tarts

Sheet1

8334### Moravian White Christmas Cookies
735### More Falafel
8335### More Ginger Snaps
72### Mornaise Sauce
736### Morning Fruit Salad
8336### Moroccan Almond Rolls
7145### Moroccan Beef With Couscous1
7146### Moroccan Beef With Couscous2
9858### Moroccan Carrot And Orange Salad
9089### Moroccan Chick Pea Soup
6293### Moroccan Chicken With Olives
6294### Moroccan Chicken With Pistachiosapricotsroses & Marigolds
2319### Moroccan Garbanzo Beans With Raisins
2320### Moroccan Sweet Rice With Cinnamon
737### Mos' Nilly Guacamole
11127 Moscow Mule
2321### Mother's Spinach
7740### Mou-Shou Pork
1531### Moules Au Saffron
5055### Mousse Au Chocolate
5056### Mousse In A Minute
7147### Mousseline Sauce
5057### Moxie Mocha Pudding
2773### Mr. Green's Quiche Lorraine Verte
8339### Mrs. Atwoods' Calla Lilies
8340### Mrs. Criswell's Ginger Cookies
738### Mrs. Maline's Health Salad
6295### Mrs. Peacock's Quail
7741### Mu Shu Pork #1
9859### Mu Shu Pork Appetizer
6296### Much Lighter Chicken Casserole
5059### Much Too Rich Chocolate Sorbet
8350### Muesli & Honey Cookies
11284 Muffins Basic And Variations
73### Muffuletta
5060### Mulled Summer Fruits In Chenin Blanc
7148### Mulligatawny Soup
739### Multilayered Mexican Dip
5061### Muscat Ice
74### Mushroom Wild Rice
9860### Mushroom Almond Pate
9090### Mushroom And Barley Soup
9091### Mushroom And Cheddar Cheese Soup
6297### Mushroom And Chicken Fajitas
9861### Mushroom Appetizer
740### Mushroom Balls (look Chin Het)
9092### Mushroom Bisque
5062### Mushroom Caps
9862### Mushroom Caps With Pesto

9093### Mushroom Clam Chowder
2774### Mushroom Crust Quiche
741### Mushroom Cups
6298### Mushroom Foo Yung
7149### Mushroom Gravy
2775### Mushroom Omelet
9863### Mushroom Pate #1
9864### Mushroom Pate #2
9865### Mushroom Pate #3
9866### Mushroom Piccante
7150### Mushroom Rice
7151### Mushroom Rice With Turmeric
742### Mushroom Satay (satay Het Hom)
7152### Mushroom Sauce
743### Mushroom Side Dish
2776### Mushroom Souffle
744### Mushroom Soup
745### Mushroom Spread
9094### Mushroom Stew (nz)
746### Mushroom Strudel
7153### Mushroom Stuffing
747### Mushroom Turnovers #1
748### Mushroom Turnovers #2
75### Mushroom Wild Rice
7154### Mushroom-Wine Sauce
2322### Mushrooms & Tofu In Wine
7155### Mushrooms A La Daum
7156### Mushrooms And Leeks
9867### Mushrooms Barcelona
2323### Mushrooms In Cream Sauce
2324### Mushrooms In Olive Oil
9868### Mushrooms Montreal
9869### Mushrooms Stuffed With Escargot
9870### Mushrooms Stuffed With Whole Clams
749### Mushrooms With Tarragon
750### Mussel & Saffron Soup
9871### Mussel And Saffron Soup
9872### Mussel And Tomato Soup
1532### Mussels In Black Bean Sauce
1533### Mussels In Wine (nz)
9873### Mussels Mariniere
3163### Mustard And Wine Marinated Lamb Chops
6299### Mustard Chicken
8351### Mustard Seed-Wheat Germ Wafers
7157### Mustard Short Ribs
7158### Mustard Spareribs
9874### Mustard Vinaigrette
5063### Mustard-Honey Vinaigrette
3164### Mustard/wine Marinated Lamb Chops

Sheet1

8352### My Favorite Cookies
5064### My Favorite Ice Box Cookies
3165### My Mom's Stuffed Cabbage Rolls (gulampki)
2325### My Stir Fried Cabbage
2326### Myong's Kim Chee
751### Myra's Before-She-Kept-Kosher Pate
752### Myra's Jewish Chopped Liver
9875### Mystery Crackers
10843 Naan
10845 Naan #2
9095### Nacho Cheese Soup
9876### Nacho Popcorn
753### Nachos
9096### Nam Phrik Kaeng Som (sour Soup Curry Paste)
9097### Nam Phrik Kaeng Som (sour Soup Curry Paste) Ett
754### Namasu (daikon And Carrot In Vinegar Dressing)
6300### Nancy's Sesame Chicken
7742### Nancy's Sesame Noodles (cold)
4161### Nanny's Irish Bread
3166### Narsai's Pomegranate Lamb
1534### Nasi Goreng
2327### Nasi Goreng (fried Rice)
755### Nasu Karashi Sumiso-Ae (eggplant W/ Mustard & Miso Dressing)
2777### Natcho Cheese Potato Slices
5065### Natilla Creme
5066### Natillas
3167### Navajo Green Chili
9098### Navy Bean Borsch
106### Neapolitan-Style Crostini
8353### Nearly Brownie Cookies
3168### Neat's Tongue (to Serve Hot Or Cold)
5067### Nectarine-Raspberry Ice
756### Neighbor's Cucumber-Dill Dip
5068### Neiman Marcus \$250 Cookie
5069### Nelly's Shape (taurus)
1535### Nero Wolfe's Bacalhau (portugese Salt Cod)
1536### Nero Wolfe's Bacalhau (portuguese Salt Cod)
1537### Nero Wolfe's Broiled Shad With Sorrel Sauce
2328### Nero Wolfe's Carottes Flamandes
1538### Nero Wolfe's Clams Hashed With Eggs
4163### Nero Wolfe's Corn Cakes
4164### Nero Wolfe's Corn Cakes With Tomato And Cheese Sauce
2329### Nero Wolfe's Corn Fritters
1539### Nero Wolfe's Finnan Haddie (smoked Haddock)
2330### Nero Wolfe's Green-Corn Pudding
3169### Nero Wolfe's Lamb Kidneys Bourguignonne
6301### Nero Wolfe's Roast Quail Veronique
2778### Nero Wolfe's Yorkshire Buck
5070### Nesselrode Pudding

10848 Never Fail Biscuits
5071### Never Fail Meringue
5072### Never On Sunday Chocolate Ice Cream
6302### New Delhi Chicken Thighs
5073### New England Apple Duff
5074### New England Baked Plum Pudding
7159### New England Boiled Dinner
1540### New England Clam Chowder
9878### New England Clam Chowder Iv
3170### New England Lamb Bake
7160### New England Pot Roast
9099### New Mexican Green Chili Stew
2331### New Mexico Pinto Beans
9879### New Orleans Crab Canape
757### New Potato Salad
9880### New Potatoes With Salami & Sorrel
2779### New Wave Egnog
6303### New World Stuffed Cabbage
7743### New Year Fried Rice
5075### New Year's Pretzels
3171### New York City Hot Dogs
1541### New York Times Lobster Moana
1542### New York Times Lobster Thermidor
2332### Newton Baked Glazed Onions
5076### Next Best Thing To Robert Redford Dgsv43a
9100### Niban Dashi (vegetable Stock)
3172### Nicholas' Baked Lamb Shanks
3173### Nicholas' Souvlaki
5077### Nick's Peach Cobbler
758### Nicose Tuna Dip
3174### Nifty Hamburgers On A Bun
1543### Nike Hazelton's Spanish Trout
7162### Nimono
5078### No Bake Butterscotch Cookies
5079### No Bake Peach Crisp
5080### No Fat Pear And Apricot Strudel
10851 No Knead Italian Whole Wheat Bread
7473### No Peek Beef Casserole *
11271 No Tenemos Rancho Applesauce Cake
8357### No-Bake Cookies
2780### No-Bread Sandwiches
5081### No-Cholesterol Fruit-Filled Muffins
9881### No-Crust Spinach Pie
6304### No-Fat "fried" Chicken
5082### No-Fat Chocolate Cookies
5083### No-Fat Chocolate Cupcakes
5084### No-Fat Chocolate Layer Cake
9882### No-Fry Tortilla Chips
759### No-Name-Yet Salad

5085### Non-Fat Berry Yogurt
7474### Noodle Cheese And Vegetable Casserole
8358### Noodle Nests
2333### Noodle Nibbles
5086### Noodle Pudding
760### Noodle Waldorf Salad+
7475### Noodle-Cheese-Vegetable Casserole
7164### Noodles And Apples
7744### Noodles And Gravy (yee Mein)
2334### Noodles Cabbage And Onions
9101### Noodles For Soup
7745### Noodles In Cucumber Meat Sauce - Za Jiang Mein
761### Noodles In Sesame Sauce
5087### Noodles Kugel
7165### Noodles Romanoff
7746### Noodles With Spicy Pork
5088### Nora Mill Buckwheat Buttermilk Pancakes
10853 Nora Mill Buttermilk Corn Bread
10854 Nora Mill Easy Corn Bread
10855 Nora Mill Whole Wheat Muffins
5089### Nora Mill Whole Wheat Pancakes
5090### Nora Pouillon's Lemongrass Sorbet
9102### Norene's Chicken Soup
7747### North South Onion Pancakes
3175### Northern Italian-Style Hot Or Sweet Sausage
9883### Northfork Crab Meat
1138### Northwest Cheesecake Supreme
8359### Norwegian Flatbread
8360### Norwegian Sanbakkels
9884### Norwegian Sardine Pate
762### Not Miss Lily's Olives Dip
5091### Nouvelle Gateau
5092### Nova Scotia Gingerbread
3176### Nue Gra Pao: Stir-Fried Beef With Mint
3177### Nue Nam Tok: Grilled Beef With Thai Seasoning
5093### Nusskipferl (nut Crecents)
10856 Nut Bread
8361### Nut Cookies
8362### Nut Crecents
8363### Nut Fruit Tarts
10857 Nut Kolachky Filling
10858 Nut Loaf
5094### Nut Or Almond Ring
7166### Nut Pie Crust
8364### Nut Shortbread
5095### Nut Tarts
5096### Nut Torte (nuss Torte)
7168### Nut-Flavored Oil
5097### Nut-Stuffed Semolina Pastries Cyprus Style

Sheet1

1544### Nuta-Ae (seafood And Spring Onions In Miso Dressing)
10859 Nutmeg Bread
9885### Nuts About Cheese
9886### Nuts And Bolts
763### Nutted Cheese Spread
5098### Nutty Apricot Bars
8365### Nutty Bites
9887### Nutty Cheese Ball
764### Nutty Cheese Brulee
7169### Nutty Fruit Spread
765### Nutty Rice Pate
5099### Nutty Rice Pudding (india)
8366### Nutty White Chunk Cookies
5100### O'henry Bars li
5101### Oak Hill Icebox Hash
8367### Oat Bran Squares
1545### Oat Pizza Squares
8368### Oatmeal Apple Cookies
8369### Oatmeal Butter Crackers
8370### Oatmeal Chip Cookies
7171### Oatmeal Chocolate Squares (microwave)
5102### Oatmeal Cookies *****
8371### Oatmeal Cookies - Old And New
8372### Oatmeal Drop Cookies
5103### Oatmeal Fudge
8373### Oatmeal Maple Syrup Drop Cookies
11285 Oatmeal Muffins
8374### Oatmeal Nut Crisp
8375### Oatmeal Peanut Butter Cookies
5104### Oatmeal Raisin Cookies
8376### Oatmeal Raisin Drop Cookies
8377### Oatmeal Raspberry Bar Cookies
3178### Oatmeal Scrapple
7172### Oatmeal Squares
7173### Oatmeal-Molasses Snack Cake
8378### Oatmeal Raisin Cookies
6305### Oaxacan Black Mole - Mole Negro Oaxaqueno
9888### Obatzda (cheese Spread)
5105### Obin's Death-By-Chocolate Cake
5106### Obsttorte (fruit Torte)
9103### Ochschwanzsuppe (ox Tail Soup)
3179### Octoberfest Ribs
1546### Okonomiyaki
2335### Okra Ro*tel
9104### Okra Seafood Gumbo
7748### Okra With Tomatoes
8379### Old Country Buttermilk Pretzels
8380### Old English Cookies
9889### Old English Sherry Cheese Puffs

Sheet1

5107### Old Fashioned Bread Pudding - From Lois Flack
4180### Old Fashioned Bread Stuffing
8381### Old Fashioned Butterscotch Cookies
5108### Old Fashioned Coconut Oatmeal Cookies
7749### Old Fashioned Egg Fu Yung
8382### Old Fashioned Hermits
8383### Old Fashioned Lace Cookies
10863 Old Fashioned Lemon Bread
5109### Old Fashioned Popcorn Balls
5110### Old Fashioned Rice Pudding
7175### Old Fashioned Rice Pudding - Microwave
10864 Old Fashioned Scones
5111### Old Fashioned Strawberry Ice Cream
5112### Old Fashioned Strawberry Shortcake
8384### Old Fashioned Sugar Cookies
5113### Old Fashioned Vanilla Ice Cream
9105### Old Fashioned Vegetable Soup
11128 Old Fashioned
4183### Old German Muffins
5114### Old Time Vanilla Ice Cream
7750### Old White-Cut Pork Slices With Garlic Sesame Sauce
8385### Old World Lemon Cookies
2781### Old-California Empanaditas
7176### Old-Fashioned Baked Beans
5115### Old-Fashioned Bread Pudding
8386### Old-Fashioned Butter Drop Cookies
8387### Old-Fashioned Oatmeal Cookies
5116### Old-Fashioned Peach Cobbler
8388### Old-Fashioned Peanut Butter Cookies
9106### Old-Fashioned Potato Soup
8389### Old-Fashioned Sour Cream Cookies
2336### Old-Fashioned String Beans And Bacon
2337### Old-Fashioned Vegetable-Beef Stew
9890### Olive Cheese Balls
9891### Olive Dip
1547### Olive Gardens Shrimp Cristoforo
767### Olive Salad
768### Olive Tapenade
2782### Omelet Ole
11206 Omelets Student Style
2783### Omelette With Zucchini Tomato And Basil
2784### One Egg Omelet
3180### One Pan Dinner
2338### One Potato Two Potato
5117### One-Bowl Brownies
769### Onion "caviar"
770### Onion & Mushroom Bhajis
9892### Onion And Mushroom Bhajis
9107### Onion And Potato Soup

Sheet1

771### Onion Bhaji
5118### Onion Bread Pudding
3181### Onion Buttered Deer Steak
9893### Onion Cake
9894### Onion Cakes
7476### Onion Casserole
7477### Onion Casserole #2
8390### Onion Cookies
11207 Onion Dip Student Style
3182### Onion Meat Loaf
9895### Onion Patties
2339### Onion Pepperoni Quiche
2340### Onion Pie
2785### Onion Quiche
7177### Onion Rice
772### Onion Rings
773### Onion Salad
9896### Onion Sandwich
9108### Onion Seasoning Mix
76### Onion Soup
774### Onion Soup #2
9109### Onion Soup Fondue
9110### Onion Soup Gratinee
9897### Onion Tart
11301 Onion-Cheddar Bread
8391### Onion-Chocolate Chip Cookies
7179### Onions And Carrots
7180### Onions Green
775### Onions In Sweet And Sour Sauce
2341### Onions Vidalia
7181### Onions: White Yellow Or Red
8392### Onna's Doubly Delicious Chocolate Chocolate Chip Cookies
9898### Ono Chicken Wings
9899### Open Face Mushroom Brie Sandwiches
1548### Open Faced Crab Sandwich
776### Open Faced Reuben Sandwiches
777### Open Sesame-Ginger Dip
9900### Open-Face Dumplings
5119### Open-Faced Strawberry Sandwiches
2342### Orak Orik (cabbage Scramble)
2786### Orange - Eggnog Souffle
8393### Orange Almond Biscotti
1549### Orange Almond Stir Fry
778### Orange And Black Olive Salad
779### Orange And Onion Salad
2343### Orange And Peanut Sweet Potatoes
780### Orange And Radish Salad
9901### Orange Appetizers
6306### Orange Baked Chicken

Sheet1

5120### Orange Baked Pears
5121### Orange Bavarian
7182### Orange Bavarian Cream
7751### Orange Beef
7752### Orange Beef #1
7753### Orange Beef #2
7754### Orange Beef With Green Peppers
5122### Orange Blossom Honey Custard/sherry Custard
5123### Orange Blossom Honey Sherry Custard
10867 Orange Bread
2344### Orange Butter
5124### Orange Butter Frosting
8394### Orange Butter Thins
7183### Orange Cafe Au Lait
5125### Orange Charlotte Russe
6307### Orange Chicken
6308### Orange Chicken #1
6309### Orange Chicken #2
7184### Orange Chicken With Bacon
5126### Orange Chocolate Chip Ice Cream
8395### Orange Chocolate Chunk Cookies
8396### Orange Chocolate Cookies
5127### Orange Chocolate Mousse
7185### Orange Clouds
8397### Orange Coconut Refrigerator Cookies
8398### Orange Cookies
7755### Orange Crispy Beef
5128### Orange Crush Sherbet
5129### Orange Custard Pudding
5130### Orange Dessert Ring With Fruit
8399### Orange Drop Cookies
5131### Orange Filling
5132### Orange Flan With Almonds
7186### Orange Fudge Sauce
5133### Orange Gelatin
5134### Orange Gelatin Dessert
7756### Orange Ginger Beef
6310### Orange Ginger Chicken
9902### Orange Ginger Dip #1
9903### Orange Ginger Dip #2
7187### Orange Glaze
9904### Orange Glazed Carrots
7188### Orange Gumdrops
5135### Orange Ice
781### Orange Jello Salad
5136### Orange Julius Type Drink +++khwp68a
3183### Orange Pepper Steaks
10868 Orange Poppy Seed Muffins
782### Orange Poppyseed Dressing

Sheet1

4190### Orange Potato Bread
8400### Orange Raisin Squares
9905### Orange Red Pepper Radish And Red Onion Salad
6311### Orange Rice With Chicken
1550### Orange Roughy In Parchment
1551### Orange Roughy Oriental
1552### Orange Roughy Veracruz
1553### Orange Roughy With Tarragon Tartar Sauce
7189### Orange Sauce
5137### Orange Sherbet
2345### Orange Sweet Potatoes
5138### Orange Syllabub
3184### Orange Tangerine Beef
5139### Orange Trifle
5140### Orange Truffles
1139### Orange Upside-Down Cheesecake
5141### Orange Zabaglione
7757### Orange-Beef Stir-Fry
1140### Orange-Butterscotch Cheesecake
783### Orange-Ginger Dip
784### Orange-Jicama Salad
8401### Orange-Wine Wafers
8402### Orange/Lemon Crisps
8403### Orangenplaetzchen
8404### Orangenplaetzchen From Brigitte Sealing
5142### Oranges In Liqueur (arance Al Liquore)
8405### Oreo Centers
5143### Oreo Cookies
5144### Oreo Mint
11129 Orgasm
7758### Oriental Barbecue Pork Tenderloin
11254 Oriental Beef And Pea Pods
7759### Oriental Beef Short Rib Barbecue
5145### Oriental Chews
6312### Oriental Chicken #1
6313### Oriental Chicken #2
6314### Oriental Chicken Salad
6315### Oriental Chicken Stir-Fry
9111### Oriental Chrysanthemum Bowl
785### Oriental Coleslaw
786### Oriental Dressing And Marinade
1554### Oriental Fish Kabobs
1555### Oriental Fish With Bok Choy
7760### Oriental Flank Steak
787### Oriental Flavored Cucumber Salad
788### Oriental Ginger Shrimp
7761### Oriental Grilled Steaks
6316### Oriental Honey-Glazed Chicken
7762### Oriental Honeyed Pork

Sheet1

9906### Oriental Hot Wings *
3185### Oriental Meatball Salad
7763### Oriental Meatballs
6317### Oriental Mini Meat Loaves With Honey Garlic Sauce
7764### Oriental Noodles With Chilli And Cashews
789### Oriental Openers
7765### Oriental Pea Pods And Carrots
6318### Oriental Pistachio Chicken
6319### Oriental Plum-Glazed Chicken
11255 Oriental Pork
7766### Oriental Rice
7767### Oriental Rice Salad
7768### Oriental Sausage And Rice Casserole
7769### Oriental Spicy Orange Beef
77### Oriental Spinach Salad
6320### Oriental Steak
1556### Oriental Steamed Fish
9112### Oriental Stew
6321### Oriental Stuffed Chicken Rolls With Sweet-Sour Apricot Sa
9907### Oriental Stuffed Mushrooms
7770### Oriental Style Beef Filets
7771### Oriental Style Beef Kabobs
7772### Oriental Style Flank Steak
9113### Oriental Treasure Soup
790### Oriental Vegetable Salad
7773### Oriental Vegetables
6322### Oriental Wings
6323### Original Buffalo Wings
791### Original Chex Party Mix
1141### Oringinal "philly" Cheesecake
5146### Ortega Jalapeno Ice Cream
3186### Osso Buco
3187### Ossobucco
6324### Out-Of-The-Ordinary Chili
6325### Outarde Au Vin Blanc-Snow Goose In White Wine
8406### Outrageous Chocolate Chip Cookies
1557### Oven "fried" Scallops
3188### Oven Baked Bourguignonne
6326### Oven Baked Buttermilk Chicken
11208 Oven Barbequed Chicken Student Style
7190### Oven Barbequed Ribs
6327### Oven Braised Teal
9908### Oven Cheese And Spinach Fondue
6328### Oven Chicken Kiev
7774### Oven Chop Suey Casserole
2346### Oven Country "fries" W/garlic & Parmesan Cheese
2347### Oven French Fries
6329### Oven Fried Corn Flake Chicken
6330### Oven Fried Pecan Cornmeal Chicken

3189### Oven Kalua Pig
7478### Oven Roasted Potatoes
1558### Oven Salmon Cakes
11302 Oven-Baked Bourguignonne
11303 Oven-Baked Buttermilk Chicken
6331### Oven-Barbecued Chicken
7479### Oven-Barbecued Turkey Legs
5147### Oven-Fried Bananas
6332### Oven-Fried Chicken
1559### Oven-Fried Fish
1560### Oven-Fried Orange Roughy
2348### Oven-Roasted Potatoes And Onions
3190### Ovenbaked Christmas Ham (ugnsbakad Julskinka)
792### Overnight Coleslaw
5148### Overnight Cookies
7480### Overnight Hashed Brown Potatoe Casserole
793### Overnight Layered Salad
9909### Overstuffed Mushrooms
9114### Ox Tail Soup
2349### Oyster Corn Fritters (welshkorn Eishtar-Puffers)
794### Oyster Crackers
9910### Oyster Croquettes
1561### Oyster Fritters Cajun-Style
1562### Oyster Mussel Milkbath
795### Oyster Pate
6333### Oyster Sauce Chicken
6334### Oyster Sauce Chicken (ho Yow Gei)
3191### Oyster Sauce Roast Pork
11209 Oyster Saute Student Style
1563### Oyster Soup
9115### Oyster St. Laurent
796### Oyster Stew
1564### Oyster Stew With Vegetables
6335### Oyster Stuffing
7481### Oysters And Artichoke Casserole
1565### Oysters Bienville
9911### Oysters Bingo (fried Oysters)
9912### Oysters In Champagne Sauce
1566### Oysters Parmesan
797### Oysters Poached In White Wine
798### Oysters Rockefeller (gourmet Mag.)
1567### Oysters Rockefeller #2
9913### Oysters Rockefeller - Gourmet Magazine
9914### Oysters Thomas
9116### Ozark Mountains Stew
5149### Ozark Pudding
5150### Ozark Pudding (america)
8407### P B And O Snackers
11059 P.j.'s Hummus Bread

Sheet1

1568### Pacific Chicken Shrimp And Kiwifruit Kebabs
3192### Pacific Pot Roast
1569### Pacific Rim Shrimp And Snowpeas
1570### Paella
1571### Paella-Stuffed Snapper
7775### Pagoda Fried Rice
799### Pai Chiao Hsia Ch'iu (shrimp Balls)
800### Pai Gwat Shu Mai (steamed Spare Ribs In Black Bean Sauce)
5151### Paintbrush Cookies
5152### Painted Dessert
5153### Palace White Chocolate Mousse
5154### Palatschinken From Brigitte Sealing
1572### Pan Fried Black Bass With Maitre D'hotel Sauc
1573### Pan Fried Black Bass With Maitre D'hotel Sauce
1574### Pan Fried Catfish
7776### Pan Fried Noodles
1575### Pan Fried Or Sauteed Yellow Perch
1576### Pan Fried Trout
3193### Pan Pizza
1577### Pan-Fried Brook Trout With Bacon
1578### Pan-Fried Trout Meuniere
1579### Pan-Fried Trout With Sage And Almonds
9915### Pancakes With Nine Fillings - Guchul Pan *
3194### Paneed Veal And Fettucini
2787### Paneer (homemade Cheese)
2350### Paneer Braised With Creamy Spinach Sauce
5155### Paneer Patties In Orange Perfumed Cream Sauce--Ras Malai
1580### Panfried Fish
2351### Panfried Tomatoes
4192### Panhandle Cornbread
2788### Panzarotti (fried Cheese-Filled Crescents)
9916### Panzerotti Master Recipe
801### Papadakis Stuffed Grape Leaves
2352### Papas Con Tomates
5156### Papaya Pie
1581### Paper Prawns
9917### Paper Wrapped Chicken (gee-Bow Gai)
6336### Pappacito's Mango Chicken
3195### Paprika Cream Schnitzel
802### Parchment-Wrapped Chicken
5157### Paris Brest
5158### Parisienne Fruit Tart
803### Parma Dip
1582### Parmesan Baked Fish
6337### Parmesan Chicken
6338### Parmesan Chicken Bake
6339### Parmesan Chicken Fingers With Lemon
8408### Parmesan Crackers
7191### Parmesan Croutons

Sheet1

11286 Parmesan Herb Muffins
9918### Parmesan Pine Cone
2353### Parmesan Potato Puffs
1583### Parmesan Prawns
2789### Parmesan-Basil Vegetables
2354### Parmesan-Style Eggplant
6340### Parrot Pie
804### Parsley & Potato Soup
2355### Parsley Artichokes
805### Parsley Cheese Ball
10871 Parsley Croutons
2356### Parsnip Cakes
2357### Parsnips
806### Party Cheese Ball
9919### Party Cheese Log
5159### Party Date
2790### Party Deviled Eggs
9920### Party Fodder
9921### Party Meatballs
9922### Party Mix #1
9923### Party Mix #2
807### Party Pate
9924### Party Pick-Up Chicken Livers
808### Party Pleaser Meatballs
7482### Party Potatoes
9925### Party Sushi Rolls
8409### Party Time Cookies
5160### Passion Fruit Curd
11130 Passion Mimosa
809### Pasta & Red Bean Salad
2358### Pasta Al Pesto
9117### Pasta And Bean Soup
810### Pasta Di Pina
9118### Pasta E' Fagioli Soup
1584### Pasta Orleans
11210 Pasta Parmesan Student Style
2359### Pasta Primavera No. 2
1585### Pasta Primavera With Scallops
811### Pasta Salad
9926### Pasta Salad Dijonnaise
813### Pasta Salad Minestrone Soup Ice Tea
812### Pasta Salad With Artichoke Hearts & Sprouts
9927### Pasta Salad With Artichokes And Sprouts
9928### Pasta Salad With Chicken And Artichokes
2360### Pasta Shells With Lemon Vinaigrette
2361### Pasta W/broccoli And Garlic
1586### Pasta With Asparagus And Shrimp
7777### Pasta With Chinese Tahini Sauce
2362### Pasta With Fresh Vegetables

Sheet1

2791### Pasta With Garlic And Eggs
2363### Pasta With Goat Cheese And Asparagus
2792### Pasta With Herbed Ricotta And Pine Nuts
3196### Pasta With Pork & Basil
2793### Pasta With Ricotta-Walnut Sauce
7778### Pasta With Szechwan Peanut Dressing
7779### Pasta With Szechwan Peanut Dressing Dgcp02c
7192### Pasta With Walnuts
7483### Pasticcio Di Maccheroni
5161### Pasticiotti & 3 Fillings
5162### Pastle Dessert
5163### Pastry Pie Crust (non-Fat)
2364### Pat Boutonnet's Artichoke Sunflower
5164### Pate A La Rapure (grated Pie)
5165### Pate Aux Poireaux (leek Tart)
814### Pate Cregyn Gleision Mucai (menai Pride Mussel Pate) Welsh
815### Pate De Chateau Blanc
5166### Pate De Chocolate
816### Pate Maison
817### Pate Maison Ala Silver Palate
5167### Pate Sucree
1587### Patout's Boiled Crawfish
818### Patout's Hot Crab Dip
3197### Patties Parmigiana
5168### Pavalova/kiwi
5169### Pavlova
5170### Pavlova (meringue With Whipped Cream And Strawberries)
5171### Pavlova (nz)
7780### Pea Pods Chinese
9119### Pea Soup
5172### Peach & Yogurt Parfait
5173### Peach Amaretti Dessert
5174### Peach Ambrosia
1927### Peach Bavarian
5175### Peach Bavarian (low-Cal)
5176### Peach Caramel Crisp
5177### Peach Cobbler
5178### Peach Cobbler With Cheddar Biscuits
5179### Peach Cream Filling
11272 Peach Cream Pie
5180### Peach Crisp
5181### Peach Daiquiri Ice
5182### Peach Dessert Pizza
5183### Peach Filling
5184### Peach Frozen Yogurt
5185### Peach Gelatin
5186### Peach Ice Cream
5187### Peach Melba Dessert
5188### Peach Mousse

5189### Peach Pan Dowdy
5190### Peach Puff Pudding
819### Peach Salad
5191### Peach Sherbet
5192### Peach Sorbet With Pineapple
5193### Peach Soup
5194### Peach Sundae
5195### Peach Syllabub
5196### Peach Yam Custard
7193### Peach-Blueberry Crisp
5197### Peach-Oat Cobbler
9929### Peaches & Cream Rice Salad
10873 Peaches 'n Cream Bread
5198### Peaches 'n' Cream
5199### Peaches And Cream Dessert
5200### Peaches And Kiwi In Champagne
5201### Peaches In Apple Juice
5202### Peaches In Wine
6341### Peachy Chicken
5203### Peachy Ice Cream Crown Cake **
7194### Peachy Lemon Crisp
5204### Peachy Pinwheels
5205### Peachy Pizza Dessert
5206### Peachy Pudding Bake
5207### Peachy Swirls
5208### Peachy-Strawberry Toast Topper
8410### Peanut Blossom Cookies
8411### Peanut Blossom Cookies From Alan's Mom
5209### Peanut Brittle
8412### Peanut Brittle Cookies
5210### Peanut Brittle Ice-Cream
8413### Peanut Butter & Jelly Cookies
5211### Peanut Butter And Jelly Cookies
8414### Peanut Butter And Jelly Jewels
8415### Peanut Butter Bars
10875 Peanut Butter Bread
8416### Peanut Butter Burst Cookies
6342### Peanut Butter Chicken Wings
5212### Peanut Butter Chip Cookies
5213### Peanut Butter Chocolate Ice Cream Decadence
5214### Peanut Butter Cookies
8417### Peanut Butter Cookies #2
8418### Peanut Butter Cookies Ala Lois
8419### Peanut Butter Crisscross Cookies
8420### Peanut Butter Crunches
8421### Peanut Butter Cup Tarts
5215### Peanut Butter Dessert
5216### Peanut Butter Frosting
8422### Peanut Butter Honey Cookies

Sheet1

5217### Peanut Butter Ice Cream
5218### Peanut Butter Ice Cream (bon Bons)
5219### Peanut Butter Ice Cream Pie
8423### Peanut Butter Kiss Cookies
5220### Peanut Butter Kisses
820### Peanut Butter Noodles
8424### Peanut Butter Nuggets
8425### Peanut Butter Oatmeal Chocolate Chip Cookies
5221### Peanut Butter Rice Krispies
5222### Peanut Butter Rocky Road
8426### Peanut Butter Sandwich Cookies
5223### Peanut Butter Satin
9120### Peanut Butter Soup
5224### Peanut Butter Swirled Brownies
8427### Peanut Butter Thumbprints
5225### Peanut Butter-Marshmallow Bars
8428### Peanut Butterfinger Chunk Cookies
8429### Peanut Butterscotch Squares
821### Peanut Chili Dip
8430### Peanut Crisps
822### Peanut Dip
9121### Peanut Soup
8431### Peanut Squares
7195### Peanut Stuffed Chicken Breast
8432### Peanut-Pecan Chocolate Chip Cookies
6343### Peanuttty Chicken Kabobs
5226### Pear & Fig Strudel
823### Pear & Parsnip Salad
5227### Pear And Chocolate Tart
5228### Pear And Mandarin Crumble
9930### Pear Avocado Mousse
4199### Pear Bread Pudding
5229### Pear Bread Pudding With Muscat Sauce
5230### Pear Compote With Brandied Vanilla Cream
8433### Pear Cookies
5231### Pear Crumble
5232### Pear Gelasurs
5233### Pear Melba
5234### Pear Mincemeat
8434### Pearls 'n' Chocolate Cookies
5235### Pears Amaretto
5236### Pears Belle Helene
78### Pears Helene
5237### Pears In Pineapple Cream
5238### Pears With Tapioca
5239### Pearson's Food For The Gods
2365### Peas And Cheese Salad
2366### Peas And Prosciutto
2369### Peas Green

Sheet1

2367### Peas In Curry Sauce
2368### Peas Pilav
10877 Pecan Banana Bread
9931### Pecan Cheese Crisps
11287 Pecan Cinnamon Muffins
8435### Pecan Crisps
8436### Pecan Diamonds
8437### Pecan Fingers
79### Pecan Pie-Beverly's
5240### Pecan Pudding
7196### Pecan Pudding (microwave)
5241### Pecan Raspberry Waffle With Chocolate A La Al Martin
2370### Pecan Rice Melange
8438### Pecan Squares
8439### Pecan Supremes
5242### Pecan-Date Meringue
5243### Peches Aux Epices
9932### Pecos Steaks On Olive Toast
2371### Peele Aloo
7484### Peg's Pimiento Pigs
3198### Peggy's Beef Stew
6344### Peking Chicken
6345### Peking Duck
9122### Peking Shrimp Ball Soup
5244### Pelham Tart
5245### Penn & Teller Dessert
1588### Penne In Tomato Sauce With Crabmeat
6346### Penne With Chicken
1589### Penne With Smothered Scallops Tomato Basil
7485### Pennsylvania Chicken Casserole
7486### Pennsylvania Dutch Breakfast Casserole
824### Pennsylvania Pepper Cabbage (cole Slaw)
2372### Pennsylvania Sweet Potatoes In Tangy Sauce
5246### Penuche
825### Pepper And Bread Salad
8440### Pepper Balls
11211 Pepper Boats Student Style
2373### Pepper Cabbage
1590### Pepper Fish Steaks
3199### Pepper Steak Strips
9123### Pepper-And-Tomato Soup
6347### Peppered Beef Tenderloin With Horseradish Sau
9933### Peppered Channa Dip - Thecha
826### Peppered Cheese
9934### Peppered Seafood Sausage
8441### Pepperines
1142### Peppermint Cheesecake
5247### Peppermint Cream Torte
5248### Peppermint Frosting

Sheet1

11131 Peppermint Pattie
5249### Peppermint Stick Frozen Yogurt
8442### Peppermint Swirl Refrigerator Cookies
5250### Peppermint Taffy
8443### Peppernuts (pfeffernussen)
3200### Pepperoni Calzones
9935### Pepperoni Onion Quiche
827### Pepperoni Pizza Dip
3201### Peppers And Steak For Crockpot
2374### Peppers Bell
8444### Peppery Molasses Crisps
828### Peppery Mozzarella Salad
9936### Peppy Cocktail Nuts
3202### Peppy Pizza Pie
2375### Perfect Beans
6348### Perfect Chicken Cacciatore
7781### Perfect Chinese Steamed Rice
5251### Perfect Chocolate Curls
829### Perfection Salad
9937### Permesan Chicken Wings Oreganata
3203### Persian Kebabs
8445### Persimmon Cookies
5252### Persimmon Pudding
5253### Persimmon Pudding li
1591### Pescado En Tikin Xik (broiled Fish Seasoned With Achiote)
11060 Pesto Bread #4
830### Pesto Potato-Sausage Salad
8446### Petit Lemon Cups
5254### Petits Bateaux Dans La Sauce (little Boats In Sauce)
7198### Petits Pots De Creme Au Cafe
2376### Petjel Terong (eggplant In Savory Sauce)
6349### Petto Di Pollo Al Limone E Zen Zaro
8447### Pfefferkuchen
5255### Pfeffernusse (pepper Balls)
8448### Pfeffernusse Cookies
6350### Phall
6351### Pheasant Breast With Cinnamon Marmalade
6352### Pheasant In Almond Red Sauce
6353### Pheasant In Mushroom Sauce
7487### Pheasant Wild Rice Casserole
9124### Philadelphia Pepper Pot
9125### Philadelphia Pepper Pot Soup
5256### Philadelphia Vanilla Ice Cream
6354### Philippine Lumpia
6355### Philippine Vinegar Chicken
6356### Phoenix And Dragon
1592### Phoenix-Tailed Shrimp
5257### Phony Whipped Cream
9938### Phyllo Eating Well's Low-Fat Method

Sheet1

9939### Picante Dressing
5258### Picante Turkey Pie
2377### Piccalilli
831### Pickle Roll Ups
5259### Pickled African Peaches
2378### Pickled Beet And Onions
2379### Pickled Beets With Cucumber And Onion
2380### Pickled Black Eyed Peas
2381### Pickled Cauliflower
2794### Pickled Eggs
9940### Pickled Eggs #1
9941### Pickled Eggs #2
1593### Pickled Fish
1594### Pickled Herring
832### Pickled Holland Herring
2382### Pickled Hot Red Peppers
2383### Pickled Onions
2795### Pickled Red Eggs
833### Pickled Shrimp
2796### Pickled Spiced Eggs
2384### Pickled Zucchini
834### Picnic Potato Salad
835### Picnic Potatoe Salad
3204### Pig's Knuckles With Sauerkraut And Dumplings
5260### Pillsbury Plus Cherry Dream Squares
2385### Pilze In Sahnesosse (mushrooms In Cream Sauce)
6357### Pimento Chicken
836### Pimiento Cheese
9942### Pimiento Cheese Sandwiches
9943### Pimiento Cheese Spread
8449### Pin Wheel Cookies
5261### Pina Colada Mold
5262### Pina Colada Sorbet
8450### Pina Colada Squares
5263### Pina Colada Wedges
8451### Pinata Cookies
9126### Pine Nut And Green Onion Pilaf
80### Pineapple -Chicken Teriyaki
837### Pineapple And Cheese Salad
5264### Pineapple Bavarian
5265### Pineapple Bavarian Cream
4207### Pineapple Bread Pudding (cajun)
5266### Pineapple Casserole
5267### Pineapple Charlotte
6358### Pineapple Chicken
6359### Pineapple Chicken (bow Luo Gai)
9944### Pineapple Coleslaw
8452### Pineapple Cookies
5268### Pineapple Cream Loaf

5269### Pineapple Crumble
1595### Pineapple Curry - Gaeng Kua Sapparod *
5270### Pineapple Dream
8453### Pineapple Drop Cookies
5271### Pineapple Filling
3205### Pineapple Ham Balls
5272### Pineapple Ice
5273### Pineapple Ice-Cream
4209### Pineapple Microwave Bread Pudding
838### Pineapple Mint
839### Pineapple Mint Cup
5274### Pineapple Mint Parfait
8454### Pineapple Muffin Cookies
5275### Pineapple Orange Bavarian
5276### Pineapple Orange Mousse
5277### Pineapple Pops
5278### Pineapple Pudding
10884 Pineapple Raisin And Rum Bread Pudding
4210### Pineapple Raisin And Rum Bread Pudding
5279### Pineapple Refrigerator Ice Cream
5280### Pineapple Sherbet
5281### Pineapple Sherbet #2
5282### Pineapple Sherbet #3
5283### Pineapple Sundae
2386### Pineapple Sweet Potatoes
5284### Pineapple With Port Wine
7488### Pineapple-Barbecued Lamb Spare Ribs
10885 Pineapple-Bran Whole-Wheat Muffins
6360### Pineapple-Lemon Chicken
2387### Pineapple-Marshmallow Coleslaw
1928### Pineapple-Pear Mold
4212### Piney Woods Hush Puppies
5285### Pink Grapefruit Honey Sorbet
5286### Pink Grapefruit Ice
11132 Pink Lady
9945### Pink Pickled Onions
11133 Pink Squirrel
1929### Pink Tartar Sauce
840### Pinto Bean Cakes With Salsa
9127### Pinto Bean Soup With Mint & Pine Nuts
8455### Piparkukas Cookie Mix (from Eastern Europe)
3206### Pipi Kaula (hawaiian Style Jerky)
2388### Piquant Green Beans
841### Piquant Popcorn
842### Piquant Salmon Rolls
7199### Piquante Sauce
5287### Pirao De Arroz Com Leite De Coco
843### Pisang Goreng
7782### Pisang Goreng (sauteed Bananas)

Sheet1

7200### Piselli Alla Menta
5288### Pistachio Fluff **
5289### Pistachio Ice Cream
5290### Pistachio Kulfi Pops
8456### Pistachio Meltaways
5291### Pistachio Pudding Dessert
8457### Pistachio Sugar Cookies
5292### Pistachio Torte
844### Pistachio-Stuffed Mushrooms
10888 Pita Bread li
6361### Pita Chicken Sandwiches
845### Pita Crisps
10889 Pita Pizza Bites
3207### Pitkin County Pork Chops
7489### Pizza Casserole
3208### Pizza Pockets
847### Pizza Salad
848### Pizza Snacks
11212 Pizza Student Style
8458### Pizza-Pan Chocolate Chip Cookies
3209### Pizzaburgers
849### Pizzalinni Greek Salad Dressing
5293### Pizzelles
5294### Plain And Fancy Fruit Pops
5295### Plain Ice-Cream
5296### Plantation Plum Pudding
5297### Platanos Con Crema
9128### Plattsburgh Tomato Beef Soup
9129### Plomeek Soup (vulcan Orange Vegetable Soup)
6362### Plum Delicious Chinese Chicken
7783### Plum Delicious Pork Cutlets
5298### Plum Duff
7201### Plum Sauce
7784### Plum Sauced Ribs
5299### Plum Tart (taurus)
9946### Plum Tomato Tart
5300### Plum Torte
3210### Plum-Barbecued Spareribs
5301### Poached Apples In Wine
5302### Poached Apples With Maple Cream
6363### Poached Chicken Breasts
2797### Poached Eggs #2
2389### Poached Eggs Massena
1596### Poached Fish With Orange Sauce
1597### Poached Halibut Rolls
9947### Poached Lobster Delights And Garden Vegetables
5303### Poached Meringue W/apricot Sau.
1598### Poached Salmon
1599### Poached Salmon With Caper Sauce

Sheet1

1600### Poached Salmon With Lobster Butter
1601### Poached Trout
1602### Poached Whitefish
7202### Poireaux Salad
5304### Poires Au Vin Rouge (pears Poached In Red Wine)
1603### Poisson Cru
9948### Pokey's Beef Dip Or Appetizer
 850### Polenta Triangles
3211### Polish Reuben Casserole
2390### Polish Sausage And Cabbage...vxrf36b
9130### Polish Stew
2391### Polk Salad Sauté
6364### Pollo Alla Diavola (devil's Chicken)
6365### Pollo Con Oregano
6366### Pollo Con Queso En Tortilla
6367### Pollo Pibil
7203### Pollo Scapariello
6368### Polo Alla Cacciatora
5305### Polynesian Bombe
7204### Polynesian Chicken
9949### Polynesian Kabobs
7490### Polynesian Yam Casserole
5306### Pommes Caramel (caramel Apples)
7205### Pommes Gratinee Forezienne
7206### Pommes Noisettes
2392### Pommes Souffles
1604### Pompano In Paper
1605### Pompano Nicoise
6369### Pon Pon Chicken
9131### Poo Man's Soup
11319 Poor Man's Cake
9132### Poor Man's Soup
8459### Popcorn Fruit Cookies
9950### Popcorn Italiano
8460### Popcorn Macaroons
5307### Popcorn Pudding
11213 Popcorn Student Style
9951### Popcorn With Basil And Sun Dried Tomatoes
9952### Poppy & Sesame Seed Straws
5308### Poppy Seed Chiffon Torte
8461### Poppy Seed Cookies
9953### Poppy Seed Dressing For Fruit Salad
10895 Poppy Seed Oatmeal Bread
5309### Poppy Seed Ravioli Cookies
10896 Poppy-Seed Rolls
11134 Popsicle
3212### Porcupine Meat Balls
2393### Porcupines
 82### Pork Chop Casserole

Sheet1

7491### Pork Chop Lima Casserole
3213### Pork Chops And Stuffing
1930### Pork Chops Dijon
3214### Pork Chops In Cream Sauce
3215### Pork Chops With Apples And Sweet And Sour
3216### Pork Chops With Capers
3217### Pork Chops With Garlic And Onions
3218### Pork Chops With Olives
9133### Pork Dumpling Soup
9954### Pork Dumplings
7785### Pork In Plum Sauce
7786### Pork In Plum Sauce (mwei Jiong Yoke) - Canton
3219### Pork Loin With Sauerkraut And Apples
83### Pork Marinade
3220### Pork Medallions With Glazed Apples And Cider Sauce
3221### Pork Medallions With Port Sauce
1931### Pork Pinwheels With Apricot Stuffing
3222### Pork Ribs
851### Pork Rilette
3223### Pork Roast With Rosemary
852### Pork Salad With Mustard-Soy Sauce
853### Pork Satay
7787### Pork Shau Mai (dumplings)
7788### Pork Spareribs In Black Bean Sauce/see Jup Pai Gwut
3224### Pork Spareribs With Potatoes
7492### Pork Steak Casserole
11304 Pork Steaks With Peppers
3225### Pork Stew With Beer
2394### Pork Stew With Corn Bread Topping
3226### Pork Tenderloin With Apple And Onion
9955### Pork U Pine Meatballs
3227### Pork With Celery & Orange
7789### Pork With Chestnuts
3228### Pork With Coriander
3229### Pork With Rice And Olives
3230### Pork With Straw Mushrooms
11256 Pork With Vegetables And Cashews
3231### Porter Beef
7207### Porterhouse Steaks
5310### Portokalia Se Mavrothaphne - Oranges In Red Wine
5311### Portuguese Biscotti
3232### Portuguese Pork With Lemon
10897 Portuguese Sweet Bread
9134### Posole
5312### Post Oak Delight
3233### Pot And Cot Roast
1606### Pot Au Feu Of Salmon
3234### Pot Roast *** (gkdr92a)
3235### Pot Roast With Mustard Sauce

Sheet1

9956### Pot Sticker Dough
9957### Pot Stickers (huo Tip)
9958### Pot Stickers Filling
9135### Potage Puree De Pommes De Terre (potato-Leek Soup)
9136### Potage St. Germain
7493### Potato & Egg Casserole
2395### Potato & Onion Koorra
7494### Potato And Egg Casserole
2396### Potato And Fresh Horseradish Pancakes
854### Potato And Onion Soup
9137### Potato And Pea Stew
2397### Potato Balls (kartoffel Balle)
10899 Potato Bread With Sour Cream & Chives
855### Potato Cakes
7495### Potato Casserole
9138### Potato Cheese Soup
8462### Potato Chip Cookies
856### Potato Crisps With Sour Cream And Caviar
2398### Potato Croquettes (kartoffel Kloesse)
10900 Potato Dinner Rolls
2399### Potato Dumplings
2400### Potato Galettes
2401### Potato Kugel # 2
2402### Potato Latkes
858### Potato Momos
2403### Potato Pancake Wedges
2404### Potato Pancakes (latkes)
2405### Potato Pancakes With Juniper
859### Potato Patties
7496### Potato Pot Pie
5313### Potato Pudding
2406### Potato Puffs
10902 Potato Rusks
860### Potato Salad
861### Potato Salad Recipe
862### Potato Salad Roll
863### Potato Salad With Beer Dressing
2407### Potato Sambal
11214 Potato Socks Student Style
864### Potato Soup
9139### Potato Soup With Kale And Bacon
10903 Potato Sponge Bread
7208### Potato Time
7497### Potato-Cabbage Casserole
9140### Potato-Corn Chowder
8463### Potatoe Chip Cookies
2408### Potatoe Wedges
7498### Potatoes & Ham With Cheese Sauce
2411### Potatoes Garlic

Sheet1

2409### Potatoes Mary Margaret
2412### Potatoes Small New
2410### Potatoes Thermidor
2413### Potatoes White
2414### Potatoes: Sweet Or Yams
2415### Potluck Surprise
 3### Pots de Creme au Chocolat (Mousse)
9959### Potsticker Crisps
9960### Potstickers
5314### Pouding Renverse Des Bluets (blueberry Upside Down Puddin
6370### Poulet Chasseur
6371### Poulet Marengo
6372### Poult Au Gnemboue (chicken With Nuts)
5315### Pound Cake A L'orange
5316### Pour La France Chocolate Decadence
11135 Pousse Cafe
5317### Poutines Rapees
9141### Pozole
11136 Prairie Oyster
1143### Praline Cheesecake
5318### Praline Crepes
5319### Praline Ice Cream **
5320### Praline Powder
5321### Praline Truffle Cups
5322### Pralines
5323### Pralines & Cream Ice Cream
1607### Prawn And Vegetable Stir Fry
1608### Prawn Kabobs With Peanut Sauce
1609### Prawn Patagonia
9961### Prawn Pate
1610### Prawn Vindaloo (hot Prawns)
 865### Prawns And Spinach Salad
1611### Prawns Hunan Style
1612### Prawns With Walnuts
9962### Prawns-In-Shell
10904 Prepared Pancake Flour
 866### President Nixon's Diet Special
 867### Pressed Bean Curd Soup
6373### Pressed Duck With Sweet And Sour Plum Sauce
8464### Prize Cookies
10906 Prize Winning Quick Brown Bread
5324### Professor Plum's Pudding
4234### Profiteroles (cream Puffs)
1613### Promiscuous Prawns
 868### Prosciutto And Melon
5325### Prosciutto With Carmalized Pears
9963### Provolone-Ham Celery Stuffing
5326### Prune Bavarian
10907 Prune Bread

Sheet1

8465### Prune Cookies
5327### Prune Filling I
5328### Prune Filling li
5329### Prune Ice-Cream
10908 Prune Muffins
5330### Prune Pudding
869### Pseftokeftedes Santorini
2416### Pseudo Baked Beans
7209### Pseudo-Salisbury Steaks (microwave)
9142### Puchero
5334### Pudding Bread
5331### Pudding Crepes
5332### Pudding Icing
5333### Pudding In A Cloud
5335### Pueblo Indian Bread Pudding
5336### Pueblo Indian Bread Pudding - Capirotado
9143### Pueblo Red Chile Stew
5337### Puff Pastry (pate Feuilletée)
5338### Puff Pastry Hearts
2798### Puffy Omelet
2799### Puffy Omelet Squares
5339### Pulitzer Pudding
8466### Pumkincookies
5340### Pump House Peaches In Flame
10909 Pumpkin Bread Or Muffins
7499### Pumpkin Casserole
5341### Pumpkin Cheese Tart
5342### Pumpkin Coffee Cake
8467### Pumpkin Cookie Bars
9964### Pumpkin Eaters Doughnuts From Fred Goslin
5343### Pumpkin Empanadas
5344### Pumpkin Empanadas (jacqueline Higuera McMahan)
5345### Pumpkin Flan
1144### Pumpkin Marble Cheesecake
5346### Pumpkin Mousse
11288 Pumpkin Muffins
11289 Pumpkin Oat Muffins
8468### Pumpkin Onion Cookies
2417### Pumpkin Potatoes
2800### Pumpkin Ravioli
5347### Pumpkin Rum Bread Pudding
9144### Pumpkin Soup
5348### Pumpkin Trifle
5349### Pumpkin-Spice Bars
11320 Punch
5350### Puppy Chow
5351### Puree Of Apricots
2418### Puree Of Leeks
9965### Puree Of Onion Soup

Sheet1

9145### Puree Of Sweet Potato Soup
9146### Puree Of Tomato Soup
9147### Pureed Vegetable Soup With Broccoli Florets
5352### Purim Manicotti
8469### Purim Moscardini
1614### Pyi-Gyi Nga Kazun Ywet (squid And Dandelion Stir Fry)
9966### Quacker Jacks - Gloria Pitzer
6374### Quails On Mushrooms
5353### Quatorze's Chocolate Praline Mousse
5354### Quebec Apple Dumplings
1615### Quebec Poached Salmon
3236### Quebec-Style Roast Goose
5355### Queen Anne's Spiral
5356### Queen Of Rice Pudding
870### Queijo Fresco (creamy Milk Cheese)
2419### Quelites (spinach With Beans)
2801### Quesadilla Quiche
7211### Quesadillas W/antonio's Sauce
2802### Quiche Florentine
84### Quiche Lorraine
2803### Quiche Lorraine #2
9967### Quiche Nicoise
10913 Quick Applesauce Muffins
871### Quick Bacon-Spinach Dip
6375### Quick Barbecue Sandwiches
11245 Quick Barbecue Sauce
872### Quick Barshch
9968### Quick Beef Sausage - Nella
3237### Quick Beef Stew
9148### Quick Beef Vegetable Soup
10914 Quick Biscuit Mix
873### Quick Borshch
9149### Quick Cape Breton Chowder
10915 Quick Cheddar Bread
6376### Quick Chicken Piccata
9969### Quick Chili Con Queso Dip
9970### Quick Chinese Chicken Salad
4244### Quick Coconut-Praline Cof. Cake
1616### Quick Crab Cakes
5357### Quick Custard Rice Pudding
1617### Quick Fish Aspic (about 1 Quart)
9150### Quick French Onion Soup
10916 Quick Garlic Bread
5358### Quick Hot Fudge
8470### Quick Mint Brownies
7212### Quick Oriental Chicken & Cashews
7500### Quick Orzo Casserole
874### Quick Pate With Onion-Fruit Marmalade
9151### Quick Pea Soup

Sheet1

5359### Quick Pear Crumble
875### Quick Picante Salad Toss
5360### Quick Pots De Creme
10917 Quick Raisin Bread
10918 Quick Sally Lunn
1618### Quick Shrimp Curry
8471### Quick Soda Crackers
2420### Quick Southern Red Beans And Rice
2421### Quick Southern Style Red Beans And Rice
6377### Quick Spaghetti With Meat Sauce
876### Quick Spinach Salad With Sprouts
11215 Quick Stroganoff Student Style
1619### Quick Trick Stir-Fry Chart
6378### Quick Turkey Dinner
9152### Quick Vegetable Soup
9153### Quick Vegetable Stock
8472### Quickie Cookies A La Stove Top
3238### Quickie Jerk Pork
7501### Quickie Pasta Bake
5361### Quince And Cranberry Compote
9971### Quinoa Tabouli
3239### Rabbit Cake (hasen Kucka)
3240### Rabbit Stewed In Stout
3241### Rack Of Lamb Dijon
3242### Rack Of Lamb With Bacon Vinaigrette
9972### Raclette/style Cheese
3243### Ragout A La Berghof
5362### Rainbow Jello
3244### Rainbow Party Mold
10920 Raisin Bread
8473### Raisin Catsup Cookies
8474### Raisin Cookies
877### Raisin Cream Cheese Spread
5363### Raisin Filling
8475### Raisin Granola Cookies
8476### Raisin Honey Chews
5364### Raisin Mint Ice-Cream
9973### Raisin Nut Party Mix
8477### Raisin Peanut Butter Cookies
8478### Raisin Pineapple Drop Cookies
8479### Raisin Squares
4251### Raisin/date Bread Pudding
9974### Ramen Cabbage Salad
11216 Ramen Student Style
11137 Ramos Fizz
3245### Ranch Round Steak
3246### Ranch Stew
2804### Ranch Style Brunch Eggs
11273 Ranch Style Chicken Fried Steak And Gravy

Sheet1

9975### Ranch Style Taco Salad
7502### Rancho California Rice (ronald Reagan)
6379### Randy Farkas Jerked Chicken
878### Randy Red Salsa Dip
8480### Ranger Cookies
6380### Rantott Csirke
3247### Rare Prime Rib
5365### Rasberry Kisses
5366### Raspberry Alaskas
5367### Raspberry Angel Food
8481### Raspberry Bars
5368### Raspberry Chocolate Torte
5369### Raspberry Cobbler
5370### Raspberry Cranberry Mousse
5371### Raspberry Cream Gateau
5372### Raspberry Cream Sorbet
5373### Raspberry Currant Coulis (rodegruett)
5374### Raspberry Custard
5375### Raspberry Flummery
5376### Raspberry Fool
5377### Raspberry Frost
5378### Raspberry Frozen Yogurt
5379### Raspberry Fruit Fondue
5380### Raspberry Fuchsia Soup
5381### Raspberry Fudge Balls
9154### Raspberry Fuschsia Soup
8482### Raspberry Gems
8483### Raspberry Hazelnut Cookies
5382### Raspberry Ice
5383### Raspberry Meringue Shells
5384### Raspberry Mousse
5385### Raspberry Pretzel Delight
5386### Raspberry Snow
5387### Raspberry Souffle
5388### Raspberry Swirl Frozen Yogurt
5389### Raspberry Swirl Parfaits
5390### Raspberry Tart
5391### Raspberry Tart (tarte Aux Framboises)
5392### Raspberry Truffle Cups
879### Raspberry Vinegar
5393### Raspberry-Chocolate Bars
5394### Raspberry-Currant Sauce
5395### Raspberry-Lemon Meringue Pudding
6381### Raspberry-Peach Chicken
9976### Ravioli Filled W/pumpkin
2805### Ravioli With Ricotta Filling
1620### Raw Fish Salad
1621### Raw Fish Salad (japanese Sashimi)
3248### Raw Kibbee

Sheet1

9977### Raw Mushroom Appetizers
9978### Raw Mushroom Dip
880### Ray's Atomic Wings
5396### Razzle Dazzle Raspberry Sherbet
5397### Real Chocolate Bread (dak Breadmaster Recipe)
5398### Real French Chocolate Mousse
7790### Real Ginger Beef
5399### Real Whipped Cream
5400### Receta De Flan Antigua
3249### Recipie For Leftover Ham
9979### Red Bean Paste Cakes
2422### Red Beans & Rice
2423### Red Beans And Rice
2427### Red Beans And Rice Family Recipe New Orleans
2424### Red Beans And Rice I
2425### Red Beans And Rice li
2426### Red Beans And Rice With Smoked Sausage
7504### Red Beans Pasta Sausage & Tomatoes
7503### Red Beans With Pasta Sausage And Tomatoes
2428### Red Beans With Rice
9980### Red Bell Pepper And Cheddar Cheese Spread
881### Red Cabbage Salad
2429### Red Cabbage With Apples And Chrysanthemums
2430### Red Cabbage With Beer
2431### Red Cabbage With Wine And Apples
9981### Red Cheese Ball
5401### Red Cherry Cobbler
7791### Red Cooked Beef With Gravy Noodles
9982### Red Cooked Eggs #1
9983### Red Cooked Eggs #2
7792### Red Cooked Short Ribs
6382### Red Cooked Tangerine Chicken
5402### Red Currant Jelly Sauce
9984### Red Devil Eggs
2806### Red Enchiladas With Cheese
2432### Red Hot Pepper Sauce
9155### Red Kidney Bean Stew
882### Red Lentil Soup
883### Red Pepper Dip
884### Red Potato Salad With Bacon
5403### Red Raspberry Sherbet
5404### Red Ribbon Delight
9156### Red Rice
1622### Red Snapper Veracruz Style
885### Red Sockeye Salmon Special
5405### Red Velvet Cake
5406### Red Wine Apple Pie
3250### Red Wine Steak
3251### Red Wine-And-Garlic Pot Roast

Sheet1

886### Red-Beet Salad
887### Red-Cooked Eggs
2807### Reduced-Fat Fried Eggs
8484### Reese's Cookies
2433### Refried Beans
2434### Refried Beans # 2
2808### Refried Beans - Frijoles Refritos
5407### Refrigerator Fruit Ice Cream
5408### Refrigerator Ice Cream
8485### Refrigerator Nut Cookies
8486### Refrigerator Pecan Cookies
5409### Regular Crepes
8487### Reindeer Cookies
7213### Reuben Casserole
7214### Reuben Meatloaf
7215### Reunion Frittata
5410### Revani With Orange
8488### Reverse Chocolate Chip Cookies
9157### Revithia Soupa (chick Pea Soup)
5411### Rhubarb And Melon Salad
5412### Rhubarb And Strawberry Tart
4254### Rhubarb Bread Pudding
5413### Rhubarb Butter Tarts
8489### Rhubarb Cookies
5414### Rhubarb Cream
5415### Rhubarb Crumb Tart
5416### Rhubarb Crumble
5417### Rhubarb Crunch
5418### Rhubarb Dream
5419### Rhubarb Mousse
7505### Rhubarb Pork Chop Casserole
5420### Rhubarb Pudding With Strawberries (cancer)
5421### Rhubarb Radio Pudding
5422### Rhubarb Raisin Crumble
5423### Rhubarb Ripple
5424### Rhubarb Sherbet
5425### Rhubarb Soft Ice "cream"
5426### Rhubarb Sorbet
5427### Rhubarb Tart
5428### Rhubarb Tarts With Walnut Pastry
5429### Rhubarb Yorkshire
5430### Rhubarb-Apple Crunch
5431### Rhubarb-Cherry Crunch
2435### Rhubarb-Pear Bread
10925 Rhubarb-Pecan Muffins
5432### Rhubarb-Strawberry Cobbler
2436### Rhubarb-Strawberry Fool
888### Ribbon Loaf
2809### Riccota

2437### Rice Almondine
7216### Rice And Artichoke Heart Salad
2810### Rice And Beans With Cheese
7793### Rice And Beef Oriental
7506### Rice And Broccoli Casserole
2811### Rice And Cheese Casserole
889### Rice And Endive Soup
7507### Rice And Sour Cream Casserole
5433### Rice Bavarian
7217### Rice Cheese Chili Medley
890### Rice Cheese Croquettes
5434### Rice Cream With Strawberry Sauce
8490### Rice Flake Macaroons
5435### Rice Flan Tart With Candied Ginger
893### Rice Orange And Pecan Salad
2438### Rice Pilaf
891### Rice Polaf Salad
7794### Rice Porridge And Corn (yumi Zhou)
5436### Rice Pudding #2
5437### Rice Pudding (leti Label)
5438### Rice Pudding (mexican Style)
5439### Rice Pudding A La Marge Clark
5440### Rice Pudding With Blueberries
5441### Rice Raisin And Rum Pudding
9985### Rice Salad With Wasabi Dressing
892### Rice Soup
7795### Rice Sticks With Vegetables
11217 Rice Student Style
9986### Rice Stuffed Mushrooms
10926 Rice Stuffing
2439### Rice With Apple And Raisin Dressing
1623### Rice With Crab
2440### Rice With Garlic And Pine Nuts
2441### Rice With Tomatoes
8491### Rice-Flour-Soy Sauce Crackers
2442### Rice-Stuffed Artichokes
894### Rich And Creamy Refried Bean Dip
6383### Rich And Famous Chicken
5442### Rich Chocolate Mousse
10927 Rich Delicious Orange Tea Muffins
8492### Rich Lemon Brownies
9158### Rich Spinach Soup (korean Ginchang Sigumchi Kuk)
5443### Rich Vanilla Ice Cream
5444### Rich Vanilla Pudding - Fruit Sweet
9159### Rich Venison & Mushroom Stew
8493### Richard's Chocolate Cookies
9987### Richer Ro*tel Dip
5445### Rick Eastes's Berry Sorbet
7218### Ricotta & Vegetable Pasta

2812### Ricotta Tacos - Tacos De Requeson
3252### Rigatoni With Sausage
7508### Rindergulasch (beef Goulash)
7219### Rindfleisch Salat
7220### Rindsuppe Mit Einlage
2813### Rinktum Ditty
2443### Rio Grande Valley Spanish Rice
7221### Risotto
9160### Ritzy Ragout (microwave)
9161### Rivel Soup
1624### Riverside Kedgeree
5446### Riviera Peaches
5447### Rizogalo
7222### Roast Beef
6384### Roast Chicken
6385### Roast Goose With Apple Stuffing
7223### Roast Leg Of Lamb
3253### Roast Leg Of Venison Unmarinated
6386### Roast Lung Kong Chicken
3254### Roast Meat Loaf
7224### Roast Peppers With Anchovies
3255### Roast Pork Loin
6387### Roast Rock Cornish Hen
6388### Roast Turkey With Chestnut Filling
9988### Roast Turkey With Gravy
6389### Roast Wild Duck Or Quail
6390### Roasted Chicken Breasts - Five-Spice Glaze
6391### Roasted Duckling W/apple Sesame Stuffing
895### Roasted Garlic
9989### Roasted Garlic Dip
9162### Roasted Garlic Soup
9990### Roasted Onion Endive And Orange Salad
2444### Roasted Onions
2445### Roasted Peppers With Garlic
2446### Roasted Peppers With Mozzarella And Caramelized Garlic
9991### Roasted Potato Surimi Salad
2447### Roasted Potato Wedges
2448### Roasted Potatoes With Tomatoes And Rosemary
896### Roasted Red And Green Pepper Dip
897### Roasted Red Pepper And Chive Dressing
9992### Roasted Red Pepper Cheese Toasts
1625### Roasted Snapper With Tomato Relish
11138 Rob Roy
8494### Rock Cookies
9163### Rock Shrimp Chowder
8495### Rocks
8496### Rocky Mountain-Chip Cookies
1145### Rocky Road Cheesecake
5448### Rocky Road Fudge Bars

Sheet1

9993### Rohkostsalat (cabbage Fruit Salad With Sour-Cream Dressin
9994### Rohkostsalat (cabbage Fruit Salad With Sour-Cream Dressing)
5449### Roll-The-Can Ice Cream
3256### Rolled Castle Steak
10929 Rolled Oats Bread
7225### Rolled Rib Roast
8497### Rolled Sugar Cookies
5450### Rolled-Oat Macaroons
9995### Rollitos De Jaiba - Crab Rolls
5451### Roly-Poly Peach Cobbler
898### Romaine And Tangelo Salad
899### Romaine Lettuce With Oyster Sauce
900### Roman Coleslaw
3257### Roman Pie
6392### Romertopf's Beggar's Chicken
5452### Root Beer Ice
9164### Root Vegetable Soup
8498### Roquefort & Caraway Cookies
9996### Roquefort & Cream Cheese Chicken Spread
901### Roquefort & Walnut Salad
5453### Roquefort Apple Dessert
902### Roquefort Biscuits
9997### Roquefort Mousse
903### Rosalynn's Plains Cheese Ring
8499### Rose Almond Jumbles
5454### Rose Bavarois Cream
9165### Rose Hip Soup (hagebuttem Soup)
7226### Rosemary Chicken
3258### Rosemary Lamb Ragout
2449### Rosemary Lyonnaise Potatoes
904### Rosemary Turkey Salad
905### Rosemary's Chicken Salad
2450### Rosenkohl In Bier Gedunstet (brussels Sprouts In Beer)
5455### Rosettes
2451### Rosti Potatoes
9166### Rosy Berry Soup
5456### Rosy Rhubarb Sherbet
906### Rote Rubensalat (red-Beet Salad)
2452### Rotkohl (red Cabbage)
907### Rotkrautsalat (red Cabbage Salad)
3259### Round Up Beef
11321 Round-Up Beef (for A Crowd)
9998### Royal Camembert Mousse
5457### Royal Custard
3260### Ruben Burgers
1626### Rubio's Fish Tacos
7509### Rueben Brunch Casserole
8500### Rugalas (cookies)
5458### Rugelach

Sheet1

8501### Rugelach With Fruit Jam
3261### Rum Balls
5459### Rum Chocolate Mousse
5460### Rum Custard Cake
5461### Rum Flan Cake
5462### Rum Pineapple Boats
1146### Rum Raisin Cheesecake
9999### Rum Tum Tiddy
5463### Rum-Flamed Bananas
5464### Rum-Raisn Bread Pudding
908### Rumaki
10000### Rumaki #1
10001### Rumaki #2
10002### Rumaki Hors D'oeuvres
5465### Rummed Maple Pudding
5466### Rummed Oat Crust
6393### Rummy Chicken (smashed Chicken)
5467### Runny Butter Tarts
10932 Rusk Buns
10933 Russian Black Bread
6394### Russian Chicken
5468### Russian Chocolate Tort
1627### Russian Pickled Whitefish
8502### Russian Tea Balls
5469### Rustic Plum And Nectarine Tart
11139 Rusty Nail
2453### Rutabagas
2454### Rutabagas And Applesauce
10003### Ruth's Vegetable Medley
8503### Rye Crisps
11140 Rye Highball
5470### Rye Popovers
5471### Rystpudding Met Bessensaus (rice Pudding With Red Currant
10004### S&w Chicken Fajita Salad
2455### Saag Paneer
2456### Saag Vali Khichri
5472### Saballene
5473### Sabayon
5474### Sabayone
5475### Sacher-Bits (steve Shanker)
5476### Sadie's Rice Pudding
909### Sadie's Shrimp Salad
910### Sadie's Shrimp Salad Dressing
5477### Sadiq's Rice Pudding
2457### Safari Supper
10005### Saffron Buttered Popcorn
10006### Saffron Potato Onion Soup
2458### Saffron Rice
2814### Saganaki

6395### Sage Dressing
2459### Sajor Bayam (spinach-Corn Puree)
911### Sakhu Sai Hmu - Pork Filled Sago Ball.
10007### Salad Dressing
10008### Salad Dressing Mix
912### Salad In A Boat
913### Salad Nicoise
7227### Salad Rossini With Dressing
11328 Salad-In-A-Boat
914### Salada Fresca!
10009### Salade De Roquette
10010### Salat Khaek - Southern Thai Salad
6396### Sali Jardaloo Murgi (chicken With Apricots And Potato)
3262### Salisbury Steak
1628### Salmon Ala Tandy Pro
10011### Salmon Ball
10012### Salmon Balls
1629### Salmon Burgers
1630### Salmon Buried In Potatoes
10013### Salmon Cheese Ball
1631### Salmon Croquettes
10014### Salmon Dip
10015### Salmon Dip Ball
1632### Salmon Fillets Buried In Potatoes
1633### Salmon For Supper
85### Salmon In Dill Sauce
1634### Salmon In Red Wine With Apricots
1635### Salmon Loaf
1636### Salmon Loaf With Horseradish Sauce
1637### Salmon Loaves
915### Salmon Log - Tom Adams
1638### Salmon Mousse With Sour Cream Dill Sauce
1639### Salmon Mousse With Watercress Sauce
916### Salmon Pate
10016### Salmon Pate #1
10017### Salmon Pate #2
917### Salmon Rollups
918### Salmon Salad
9167### Salmon Soup
1640### Salmon Steak With Cloud Ears And Noodles
1641### Salmon Steaks
1642### Salmon Steaks In Herb Blankets
1643### Salmon Steaks W/ Black Bean Sauce
1644### Salmon Steaks With Cucumber Dill Sauce
1645### Salmon Steaks With Raspberry Mirepoix
1646### Salmon Sushi
1647### Salmon W/ Cabbage Chestnuts & Bacon
1648### Salmon With 2 Purees
1649### Salmon With Cabbage Chestnuts And Bacon

Sheet1

1650### Salmon With Creamy Horseradish Sauce
1651### Salmon With Fines Herbes Stuffing
10018### Salmon With Leek Foudue
1652### Salmon With Pistachio Basil Butter
1653### Salmon With Rosemary Sauce
1654### Salmon With Yogurt
1655### Salmon-Horseradish Rolls
919### Salsa #1
920### Salsa #2
921### Salsa And Three Bean Salad
10019### Salsa Bandera
10020### Salsa De Linda
922### Salsa Dip
923### Salsa Pasta Ole'
1656### Salsa Sandwich
9168### Salsify Or Vegetable Oyster Soup
1657### Salt And Pepper Spicy Shrimp
6397### Salt Baked Chicken
3263### Salt Cured Ham
7510### Salt Pork Beans And Hominy
6398### Salt-Roasted Chicken With Marinade
6399### Salt-Smothered Chicken
5478### Salted Peanut Crisps
3264### Saltimbocca #1
3265### Saltimbocca #2
3266### Saltimbocca Alla Romana
11141 Salty Dog
3267### Sam Arnold's Boneless Rump Roast
3268### Sam Arnold's Cowboy Pot Roast
3269### Sam Arnold's Cross Rib Roast
924### Sambal Goreng Telor (eggs In Red Pepper Sauce
10021### Samoosas - Fish Filling
10022### Samoosas - Mince Filling
10023### Samoosas - Mixed Vegetable Filling
10024### Samoosas - Potato Filling
10025### Samoosas - The Pastry
10026### Samoosas Chicken Filling
925### Samosas
10027### Samosas #1
10028### Samosas #2
10029### Samosas #3
10030### Samosas #4
926### San Antonio Chicken Salad
927### San Antonio Seafood Cocktail
1658### San Ton Pa (mincemeat Of Raw Fish)
5479### Sand Cups
5480### Sand Dunes Cocoa Espresso Bars
8504### Sand Tarts
8505### Sand Tarts (real Old German Style)

Sheet1

5481### Sander's Hot Fudge
5482### Sandtortchen (sand Tarts)
8506### Sandwich Cookies
7228### Sangrita
6400### Santa Fe Chicken
7511### Santa Fe Trail Beef & Bean Casserole
10936 Sarah's Pizza Crust
928### Sardine Cheese Balls
1659### Sashimi
1660### Sashimi (sliced Raw Fish)
8507### Sassy Bars
10031### Sassy Onion Dip
9169### Sassy Spinach Soup
10032### Satay Beef - Nuea Satay *
10033### Satay Chicken
7796### Satay Style Beef With Broccoli
5483### Satiny Beige Frosting
9170### Satsuma Jiru (miso-Flavored Pork And Vegetable Stew)
5484### Sauce Cockaigne
7229### Sauce Florentine
2460### Saucy Bean And Beef Pie
3270### Saucy Meatballs
2461### Saucy Mini-Loaves
929### Saucy Sardine
10034### Saucy Shrimp
3271### Sauerbraten
3272### Sauerbraten Ala Brigitte
3273### Sauerbraten Meatballs
930### Sauerkraut Balls Tom Brown
7512### Sauerkraut Casserole
931### Sauerkraut Salad
10035### Sauerkraut Salad With Ham
932### Sauerkraut Salad With Yogurt Dressing
10036### Sauerkrautsalat Mit Schinken (sauerkraut Salad With Ham)
1661### Saumon Beurre Blanc
3274### Saurebraten & Ginger
8508### Saurebraten And Gingersnaps
9171### Sausage & Pork Jambalaya
933### Sausage And Mushroom Phyllo Twists
3275### Sausage And Spinach Turnovers
934### Sausage Balls
10037### Sausage Balls #1
10038### Sausage Balls #2
10937 Sausage Biscuits
9172### Sausage Broccoli Chowder
7513### Sausage Brunch Casserole
9173### Sausage Cabbage Soup
3276### Sausage Cacciatore
7514### Sausage Cheese And Egg Casserole

Sheet1

3277### Sausage In Corn Bread
3278### Sausage Quiche
3279### Sausage Sandwiches
3280### Sausage Skillet
3281### Sausage With Friggione
3282### Sausage-Centered Hamburger Rolls
6401### Sausage-Stuffed Turkey Breast
10039### Saute Chicken Livers With Onions & Mushrooms
10040### Sauteed Chicken Livers With Onions & Mushrooms
5485### Sauteed Apples
935### Sauteed Bean Curd
6402### Sauteed Chicken Breast With Wild Rice Sauce
10041### Sauteed Chicken Breasts
6403### Sauteed Chicken Livers With Blueberry Vinegar
10042### Sauteed Chicken Wontons
2462### Sauteed Crookneck Squash
7230### Sauteed Cucumbers
2463### Sauteed Green Beans And Mushrooms
2464### Sauteed Mushrooms
11218 Sauteed Mushrooms Student Style
2465### Sauteed Peppers
1662### Sauteed Scallops On Red Pepper Sauce
1663### Sauteed Scallops With Feta
1664### Sauteed Shrimp With Curried Banana Sauce
1665### Sauteed Soft-Shelled Crab
10043### Sauteed String Beans
7231### Sauteed Zucchini
7797### Sauteed Zucchini And Mushrooms In Spicy Sauce
86### Sauteed Salmon Steaks
7515### Savory Beef
2466### Savory Cheddar Sandwiches
6404### Savory Chicken
7516### Savory Chicken Potpies
6405### Savory Chicken With Pine Nuts
9174### Savory Hamburger Soup
7232### Savory Meatballs
7233### Savory Red Potatoes
2467### Savory Rice
2468### Savory Stuffed Meat Loaf
6406### Savory Turkey Loaf
2469### Savoury Mashed Sweet Potato Patties
10044### Savoury Salmon Bread Cases
10045### Sawdust Salad
2470### Sayur Goreng (sauteed Mixed Vegetables)
5486### Sazerac Rouge Blanc Bleu Sorbets In Ice Swan
4269### Scallion Bread Sticks
4270### Scallion Cakes
7798### Scallion Pancakes #1
7799### Scallion Pancakes #2

Sheet1

1666### Scallop And Green Bean Terrine
10046### Scallop Ceviche
9175### Scallop Corn Soup
1667### Scallop Ravioli In Saffron-Caviar Sauce
10047### Scallop Salad
1668### Scallop Saute
2471### Scalloped Corn
1669### Scalloped Oysters
1670### Scalloped Oysters (nz)
2472### Scalloped Potatoes
1671### Scalloped Salmon Or Trout
2473### Scalloped Sweet Potatoes And Apples
1672### Scallops & Mussels On Asparagus
1673### Scallops And Cashews In Tangerine Sauce
1674### Scallops And Pasta With Fresh Tomato Cream Sauce
1675### Scallops Fenton
1676### Scallops Florentine
1677### Scallops In Sesame Marinade
1678### Scallops In Szechwan Spicy Sauce
1679### Scallops In Wine (nz)
1680### Scallops Provencal
1681### Scallops Saute
10048### Scallops With Mushrooms In Shells
1682### Scallops Zinfandel
3283### Scaloppine Al Lemon
3284### Scaloppine Di Vitello All'agro
6407### Scampi-Style Chicken Thighs
3285### Scandinavian Beef Patties With Beets And Cape
8509### Scandinavian Hardtack
2474### Scandinavian Potato Salad
936### Scandinavian Raspberry Soup
11142 Scarlet O'hara
7517### Schinkenfleckerln (ham And Noodle Casserole)
6408### Schmaltz With Griebenens
5487### Schnapped Peaches
937### Schnittbohnenalat (green-Bean Salad)
3286### Schnitzel Meat
5488### Schokolade Edelweiss
3287### Schwalbennester (barvarian Veal)
4271### Scones From Scotland
11143 Scorpion
5489### Scotch Apple Pudding
9176### Scotch Barley Broth
9177### Scotch Broth
2815### Scotch Eggs
7800### Scotch Eggs Chinese Style
8510### Scotch Krispies
5490### Scotch Shortbread
5491### Scotch Whisky Trifle

Sheet1

3288### Scottish Eggs
6409### Scottish Roast Chicken
5492### Scottish Trifle
2816### Scrambled Eggs
2817### Scrambled Eggs Benedict
11219 Scrambled Eggs Student Style
2818### Scrambled Eggs With Cactus
2819### Scrambled Eggs With Cumin And Fragrant Herbs
2820### Scrambled Eggs With Zucchini
3289### Scrapple (ponhaws)
11144 Screaming Green Lizard
11145 Screaming Orgasm
11146 Screwdriver
5493### Scrumptious Strawberry Soup
1683### Sea Bass In Cilantro
1684### Seafood A La Mediterranee
1685### Seafood And Vegetable Omelet (cheon)
2821### Seafood Benedict
1686### Seafood Chilaquiles Casserole
1687### Seafood Creole
1688### Seafood Creole #2
10049### Seafood Glace'
1689### Seafood Gumbo
10050### Seafood Pancakes (cancer)
87### Seafood Pasta Salad
9178### Seafood Pozole
1690### Seafood Quiche
10051### Seafood Sausage
9179### Seafood Soup
1691### Seafood Stock
1692### Seafood Stuffed Flounder
938### Seafood Toasts
939### Seared Scallops With Cucumber-Pepper Relish
6410### Sesame Chicken
11220 Seasoned Chicken Student Style
8511### Seasoned Oyster Crackers
940### Seasoned Tempeh Filling In A Steamed Wonton Skin.
6411### Seasoned Turkey Patties
9180### Seasoned Vegetarian Broth
6412### Seattle Scrapple
5494### Secret Kiss Cookies
5495### Sedberry's Ginger Pudding
6413### See You Gai (red Cooked Chicken)
8512### Selma's Best Oatmeal Cookies
2475### Selsig Morgannwg (glamorgan Sausages) Welsh
2476### Senate Bean Soup
9181### Senator's Navy Bean Soup
2822### Sensational Scrambled Eggs
2477### Serrano Grits With Cheese

Sheet1

10052### Sesame Baked Mushrooms
7234### Sesame Bananas
7235### Sesame Beef Strips
10053### Sesame Cheese Crackers
6414### Sesame Chicken #1
6415### Sesame Chicken #2
6416### Sesame Chicken #3
10054### Sesame Chicken Fingers
10055### Sesame Chicken Fingers With Plum Sauce
10056### Sesame Chicken Salad
6417### Sesame Chicken Teriyaki
941### Sesame Chicken Wings
10057### Sesame Chicken With Honey Dip
5496### Sesame Cookies
2478### Sesame Corn
8513### Sesame Corn Chips
10058### Sesame Dressing
1693### Sesame Jellyfish
6418### Sesame Lemon Chicken
7801### Sesame Noodles #1
7802### Sesame Noodles #2
7803### Sesame Noodles #3
7804### Sesame Pea Pods
1694### Sesame Perch
10059### Sesame Pork Tidbits With Sweet & Sour Sauce
10060### Sesame Pork Tidbits With Sweet And Sour Sauce
1695### Sesame Sea Scallops
942### Sesame Shrimp
943### Sesame Shrimp Toasts
8514### Sesame Snacks
944### Sesame Soup
3290### Sesame Soy Spareribs
6419### Seven Flavor Chicken
8515### Seven-Layer Cookies
945### Seviche
5497### Sex In A Pan
11147 Sex On The Beach
1696### Shabu Shabu Dinner
6420### Shake It And Bake It Coating
9182### Shaker Bean Soup
11148 Shamrock
11149 Shandy Gaff (shandy)
7805### Shanghai Beef
6421### Shanghai Drunk Chicken
9183### Shanghai Fish Soup
6422### Shanghai Red Cooked Chicken
1697### Shangyi Shrimp
11150 Shannon Cream
11151 Shannon Dove

Sheet1

1698### Shark Steaks Au Poivre
2479### Shartlesville Corn Pudding
8516### Shaughn's Pineapple Drop Cookies
946### Shawn's Bean Salad
10940 Shepherder Bread
9184### Sheila Copps' Unity Stew
5498### Shensel Topping
7518### Shepherd's Pie
7519### Shepherd's Pie #2
7520### Shepherd's Pie #5
5499### Sherbert Ice Cream
5500### Sherbet Dessert
947### Sherried Cheddar Cheese Dip
1699### Sherried Lobster Bisque
948### Sherry Tuna Dip
949### Shibu Kawa-Ni (chestnuts Cooked In Green Tea)
6423### Shih Chin Tan P'ai (assorted Meat In Egg Pie)
950### Shira-Ae (tofu & Sesame-Seed Dressing W/ Vegetables)
10941 Shirley's Nut Bread
2823### Shirred Eggs
3291### Shish Kabobs
7236### Shitashi
6424### Shiu Ng Heung Gai (oven Roasted Spiced Chicken)
2480### Shoestring Jicama
8517### Shoo-Fly Cookies
4276### Shortbread Crust
8518### Shortbreads
7806### Shredded Beef With Sesame Seeds
2481### Shredded Carrots A L'orange
10061### Shredded Chicken Sesame
6425### Shredded Chicken With Sesame Seeds
7807### Shredded Pork With Yellow Chives
7808### Shredded Pork With Yu Shon Sauce
2482### Shredded Yellow Squash
8519### Shrewsbury Cakes
11221 Shrimp "scampi-Style" Student Style
1700### Shrimp & Barbecued Pork Fried Rice
1701### Shrimp & Dill Sauce In Artichoke Cups
1702### Shrimp & Scallop Kabobs
1703### Shrimp & Wild Rice
1704### Shrimp Acapulco
951### Shrimp And Asparagus Salad
1705### Shrimp And Feta Alla Grecque
10062### Shrimp And Leek Pizza
1706### Shrimp And Pasta Primavera
1707### Shrimp And Pistachio Spread
7521### Shrimp And Rice Casserole
1708### Shrimp And Scallop Kabobs
952### Shrimp And Sirloin Satay

Sheet1

1709### Shrimp And Vegetable Pasta
1710### Shrimp And Yellow Rice
9185### Shrimp Bisque
1711### Shrimp Butter
10063### Shrimp Ceviche With Creme Fraiche
10064### Shrimp Cheese Pate
1712### Shrimp Chicken And Bacon
953### Shrimp Chips
1713### Shrimp Club Sandwiches
88### Shrimp Creole
1714### Shrimp Creole #1
1715### Shrimp Creole #2
1716### Shrimp Curry
10065### Shrimp Dejonghe li
1717### Shrimp Destin
954### Shrimp Dip
10066### Shrimp Dip #1
10067### Shrimp Dip #2
10068### Shrimp Dunk
1718### Shrimp Egg Foo Yung
1719### Shrimp Etouffee
1720### Shrimp Fried Rice
1721### Shrimp Fritters
1722### Shrimp Gumbo
10069### Shrimp Hors D'oeuvres
1723### Shrimp In Champagne Sauce With Pasta
1724### Shrimp In Chinese Lobster Sauce
1725### Shrimp In Coconut Curry Sauce
1726### Shrimp In Coconut Milk
1727### Shrimp In Garlic Sauce
1728### Shrimp In Greek Tomato Sauce With Feta
1729### Shrimp In Hot Garlic Sauce
1730### Shrimp In Indian Sauce
1731### Shrimp In Lobster Sauce
1732### Shrimp In Puff Pastry
1733### Shrimp In Tamarind Sauce
1734### Shrimp Jambalaya
11222 Shrimp Jambalaya Student Style
10070### Shrimp Lejon
1735### Shrimp Louis #2
955### Shrimp Louis Dip
956### Shrimp New Orleans
1736### Shrimp Newburg
1737### Shrimp On Crab Legs - Cang Cua Boc Tom
1738### Shrimp On Sugar Cane - Chao Tom
1739### Shrimp Ono Nui (coconut Shrimp)
1740### Shrimp Or Chicken Curry - Sandra Rayburn
89### Shrimp Or Oysters Brochette
1741### Shrimp Pancettati

Sheet1

957### Shrimp Pasta Salad
10071### Shrimp Paste
10072### Shrimp Pate
1742### Shrimp Pilau
10073### Shrimp Quesadillas
1743### Shrimp Remoulade
1744### Shrimp Risotto
10074### Shrimp Rolls
10075### Shrimp Rolls (cuon Tom)
958### Shrimp Sauce For Steamed Shrimp
6426### Shrimp Sauce Mixed Vegetables & Shredded Chicken
6427### Shrimp Sauce Mixed Vegetables And Shredded Chicken
90### Shrimp Scampi
1745### Shrimp Seville
1746### Shrimp Souffle
9186### Shrimp Soup
959### Shrimp Spread
10076### Shrimp Spread #1
10077### Shrimp Spread #2
10078### Shrimp Stuffed Mushrooms
10079### Shrimp Teriyaki
961### Shrimp Toast
1747### Shrimp With Chili And Garlic
1748### Shrimp With Cornmeal Pancakes
1749### Shrimp With Garlic (gaeng Kua Goong)
1750### Shrimp With Lobster Sauce
1751### Shrimp With Lobster Sauce #1
1752### Shrimp With Lobster Sauce #2
1753### Shrimp With Pumpkin Seed Sauce
1754### Shrimp With Sauce
10080### Shrimp With Spicy Black Bean Spread
1755### Shrimp With Thai Dipping Sauce
1756### Shrimp With Tomato Sauce
9187### Shrimp Won Ton
9188### Shrimp Wonton Soup
1757### Shrimp-And-Chicken Curry
962### Shrimp-Cheese Roll
1758### Shrimp/orange Appetizer
1759### Shrimps In Chipotle Sauce - Camarones Enchipotlados
963### Siam Chili Dipping Sauce
6428### Siamese Fried Chicken (gai Tord)
6429### Sichuan Cashew Chicken
6430### Sichuan Chicken
7809### Sichuan Pork
7810### Sichuan Vegetable Toss
7811### Sichuan-Style Fried Shredded Beef With Carrots And Chillies
5501### Sicilian Cassata
964### Sicilian Eggplant Appetizer
2483### Sicilian Rice

Sheet1

3292### Sicilian-Style Hot Or Sweet Sausage #1
3293### Sicilian-Style Hot Or Sweet Sausage #2
11152 Sidecar
965### Silky Apricot Cheese Dip
9189### Silver Noodle Soup
7812### Silver Thread Stirred Eggs
5502### Simple Chocolate Souffle
7813### Simple Chop Suey
10081### Simple Pate
9190### Simple Potato Soup
3294### Simple Salisbury Steak
1760### Simple Salmon Fillets
10082### Simple Sausage Balls
2484### Simple Sauted Cabbage
1761### Simple Scallops Supreme
1762### Simple Sweet 'n' Sour Shrimp
1763### Simply Sumptuous Shrimp
6431### Sindhi Chicken
10083### Sinful Salad
1764### Singapore Chilli Crab
7814### Singapore Fried Noodles
4277### Singin' Hinney
10942 Singing Hinnies
966### Siopow (steamed Dumplings)
7237### Sirloin Steak
8520### Six Layer Cookie Bar
10943 Sixty Minute Rolls
2485### Sizzling Rice Soup # 2
1765### Sizzling Sichuan Scallops
1766### Sizzling Sweet & Sour Seafood
8521### Skeleton Bones (cookies)
1767### Skewered Fish With Honey-Mustard Sauce
967### Skewered Mozzarella With Canadian Bacon
5503### Skidaddle Cookies
2486### Skillet Cabbage
1933### Skillet Chicken And Rice
6432### Skillet Corn And Chicken
9191### Skillet Goulash
2487### Skillet Potato Pie
968### Skillet Salad
11153 Skip And Go Naked
2488### Skirlie With Mushrooms
5504### Skor Toffee Candy Bar Ice Cream
9192### Skyline Chili
8522### Slice And Bake Oatmeal Cookies
5505### Slice And Bake Sugar Cookies
5506### Sliced Kiwi And Banana With Strawberry Puree
5507### Sliced Peaches With Champagne Bellinis
7815### Sliced Pork With Wood Ear Fungus

Sheet1

9193### Slim And Savory Spinach Potato Soup
11154 Sloe Gin Fizz
11257 Sloppy Franks
6433### Sloppy Josephines
11155 Slow Comfortable Screw
11156 Slow Comfortable Screw Up Against The Wall
6434### Slow-Poke Jambalaya Bsw00a
6435### Sm Chicken Fajitas
10944 Sm Parmesan Break-Away Rolls
5508### Sm Peaches And Cream Turnovers
2489### Sm Stir Fry Veg Pockets
2490### Sm Stir Fry Vegetable Pockets
10945 Smackin Cracklin Cornbread
2824### Small Brunch Oven Omelet
4282### Small Coffee Cakes (kleina Kaffee Kuchen)
7816### Small Shanghai-Style Sweet And Sour Ribs
1768### Smallmouth A La Spednik Sauteed Bass Meunier
11223 Smashed (mashed) Potatoes Student Style
1769### Smoked Fish Salad
10084### Smoked Fish Spread
1770### Smoked Mackerel With Nuts Grapes & Brown Rice
2491### Smoked Pork Chops With Cabbage
3295### Smoked Prime Rib
3296### Smoked Prime Rib (rich Davis K.c. Masterpiece R
3297### Smoked Prime Rib (rich Davis K.c. Masterpiece Resturan
3298### Smoked Prime Rib (rich Davis K.c. Masterpiece Resturant)
10085### Smoked Salmon And Dill
969### Smoked Salmon Canapes
10086### Smoked Salmon Quesadillas
1771### Smoked Salmon Roulade
10087### Smoked Salmon Spread
1772### Smoked Salmon W/ Fettucine - Serves 4
10088### Smoked Stuffed Artichoke
10089### Smoked Trout Tartlets
970### Smoked Turkey Calzones
6436### Smoked Turkey Sandwich
971### Smokey Brie Spread
10090### Smoky Mushroom Tart
10091### Smoky Salmon
972### Smooth And Spicy Boursin Cheese Dip
5509### Smooth Frozen Yogurt
2825### Smooth Slim Rum Eggnog
5510### Smooth-As-Silk Ice Milk
3299### Smothered Round Steak
973### Snail Fritters / Beignets D'escargots
2826### Snail Omelette
2827### Snail Omelette / Cagouilles En Omelette
974### Snails (3 Recipes)
975### Snails Bourguignonne / Escargots A La Bourguignonne

Sheet1

976### Snails Cauderan / Escargots A La Cauderan
977### Snails Menetrel / Escargots A La Menetrel
980### Snails Sicilian Style
978### Snails Sommeroise / Escargots A La Sommeroise
3300### Snails With Frog Legs
979### Snails With Frogs' Legs / Escargots Aux Grenouilles
9194### Snapper Soup
981### Snappy Spinach Dip
1773### Snappy Swordfish Kabobs
5511### Snicker's Dessert
5512### Snickerdoodles
8523### Snickerdoodles li
5513### Snickers Ice Cream *
3301### Snippets Of Venison
5514### Snow Covered Almond Crescents
982### Snow Pea & Pear Salad
983### Snow Pea And Red Pepper Salad
7817### Snow Peas With Sesame Seeds
5515### Snow Pudding
6437### Snow White Chicken
8524### Snowballs
1774### So Easy Fish
1775### Soave Sole
1776### Soba Noodles With Grilled Tuna & Soy Ginger Sauce
91### Sock It To Me Cake
5516### Soft Custard
4284### Soft Ginger Bread
8525### Soft Ginger Cookies
5517### Soft Molasses Cookies
10092### Soft Pretzels
1777### Soft Shell Crabs With Scallions
8526### Soft Sugar Cookies
6438### Soft Tacos
2828### Soft-Cooked Eggs
11224 Sole Food - Dill Style Student Style
1778### Sole In Wine
1779### Sole Romesco
1780### Sole Steam In Corn Husks
1781### Sole Veronique
1782### Sole With Grapes
10947 Soma D'ai
2492### Sonoran Rice
9195### Sopa De Aguacate (avocado Soup)
9196### Sopa De Ajo
9197### Sopa De Ajo (garlic Soup)
9198### Sopa De Albondigas (meat Ball Soup)
9199### Sopa De Albondigas (soup With Meat Balls)
7238### Sopa De Arroz
9200### Sopa De Elote (corn Soup)

Sheet1

2493### Sopa De Maiz
9201### Sopa De Mani (peanut Soup)
7239### Sopa De Tortillas
9202### Sopa Leao Velloso
5518### Sorbet Au Cabernet
5519### Sorbet Au Sauterne (sauterne Sherbet)
10093### Sorrel Frittata
3302### Sotterley Plantation Country Ham
2829### Souffle Au Fromage
7240### Souffle Grand Marnier
5520### Souffleed Cherry Soup (soupe De Cerise Soufflee)
10094### Souffleed Crepes
9203### Soup Noodles With Chicken
9204### Soup Satisfier
9205### Soup: Creme Of Vegetable Soup - Le Cellier Restaurant
9206### Soup: French Onion Soup (au Pied De Cochon Restaurant/par
9207### Soupa Avgolemono (Greek Egg-Lemon Soup)
9208### Soupa Fakes
9209### Soupa Revithia
9210### Soupe A L'oignon Au Fromage (french Onion Soup)
7241### Soupe A L'oignon Gratinee
7242### Soupe Aux Amandes
1783### Soupe De Saumon A La Creme
8527### Sour Cream And Raisin Cookies
10951 Sour Cream Biscuits
2494### Sour Cream Broiled Tomatoes
3303### Sour Cream Burgers
6439### Sour Cream Chicken Casserole
6440### Sour Cream Chicken Enchiladas
5521### Sour Cream Cookies
985### Sour Cream Dressing
5522### Sour Cream Jell-O D' Akron
6441### Sour Cream Onion-Chive Chicken
5523### Sour Cream Raisin Cookies
10953 Sour Cream Rolls
8528### Sour Cream Tarts
8529### Sour Cream-Onion Twists
10954 Sour Dough Bread
9211### Sour Fish Head Soup For One (canh Chua Dau Ca)
9212### Sour Lentil Soup
10955 Sour Milk Biscuits
9213### Sour Soup With Rice Noodles
9214### Sour-Hot Soup (suan La Tang)
3405### Sourdough Applesauce Cake
10956 Sourdough Banana Bread
10957 Sourdough Biscuits
10958 Sourdough Bread - S.f. Style
4296### Sourdough Chocolate Cake
10960 Sourdough Cornbread

Sheet1

10961 Sourdough Cornmeal Bread
11335 Sourdough French Bread
5524### Sourdough Gingerbread
11274 Sourdough Honey Whole Wheat Bread
10965 Sourdough Oatmeal Bread
10966 Sourdough Onion Rye
10967 Sourdough Pancakes #1
10968 Sourdough Pancakes #2
10969 Sourdough Pancakes #3
10970 Sourdough Pancakes #4
10971 Sourdough Pancakes #5
10973 Sourdough Peasant Bread
10974 Sourdough Pizza Shells
11336 Sourdough Pumpernickle
10976 Sourdough Sams
10977 Sourdough Starter
10978 Sourdough Starter #1
10979 Sourdough Starter #2
10980 Sourdough Starter #3
10981 Sourdough Starter #4
10982 Sourdough Starter #5
10983 Sourdough Starter #6
1784### Sourdough Stuffed Trout
10986 Sourdough Wheat Bread
10987 Sourdough Whole Wheat Bread With Cheddar Cheese
10095### Soured Cream Clam Dip
5525### Soursop Ice Cream
5526### Soursop Sherbert
1785### Soused Oysters - Ostiones En Escabeche
9215### South American Potato Platter
10096### South Of The Boarder
4305### South Of The Border Bread Pudding
9216### South Of The Border Stew
6442### South Seas Chicken Salad
2495### South Seas Combo
1786### South Seas Shrimp Salad
6443### South Texas Duck Gumbo
5527### South Texas Kolaches
6444### South: Goanese Fiery Duck Curry In Vindaloo Sauce
1787### South: Malabar Fish Poached In Coconut Milk
9217### Southern Beans
2496### Southern Black Beans
6445### Southern Cornbread Dressing
986### Southern Dixie Veal Ham And Cheese Rolls
1788### Southern Fried Oysters
10992 Southern Gems
5528### Southern Poached Pears With Gentlemen Jack Sauce
10993 Southern Spoon Bread
5529### Southern Sweet Potato Pudding

Sheet1

9218### Southwest Black Bean Soup
6446### Southwest Chicken Soup
9219### Southwest Green Rice
987### Southwest Guacamole
988### Southwest Ham And Cheese
2497### Southwest Relish
989### Southwest Riblets
2830### Southwest Torte
2498### Southwestern Black-Eyed Peas
2831### Southwestern Corn And Cheese Pudding
6447### Southwestern Corn Stuffing
2832### Southwestern Egg Puff
3304### Southwestern Eggs
9220### Southwestern Meatball Soup
1789### Southwestern Shrimp Pockets
10994 Soutine's Rosemary Whole Wheat For Bread Machines
3305### Soutzoukakia Smyrneika (ground Meat Sausages Smryna Style)
3306### Souvlaki With Tzaziki
6448### Soy Sesame Chicken With Oriental Vegetables
990### Spa-Camole
2833### Spaetzle Cheese Noodles
6449### Spaghetti And Chicken Sauce
1790### Spaghetti And Crabmeat #9
11225 Spaghetti And Meat Sauce Student Style
2499### Spaghetti Squash
2500### Spaghetti Squash W/cilantro Pes
1791### Spaghetti With Salmon And Sorrel (or Spinach)
991### Spam Meat Spread
7522### Spam-Mac Casserole
2501### Spanahorizo
992### Spanakopita Nistisimi (lenten Spinach Pie)
993### Spanakopita Peloponnisos
994### Spanakopita Peloponnisos (peloponnese Spinach Rolls)
995### Spanakopites Apo Ti Samos (spinach Pies From Samos)
10097### Spanikopita
3307### Spanish Hot Dogs And Rice
2834### Spanish Omelet
2502### Spanish Rice
2503### Spanish Rice #2
2504### Spanish Rice With Beef
6450### Spanish Saffron Chicken
1792### Spanish Style Codfish
2505### Spanish Tortilla
7523### Spanish Vegetable Stew With Eggplant
9221### Spanish Vegetable Stew With Squash
3308### Spareribs And Apples
3309### Spareribs And Sauerkraut
3310### Spareribs And Topping By Mike Schaffner
2506### Spargel In Weisser Sosse (white Asparagus In White Sauce)

Sheet1

2507### Spargelgemuse (fresh Asparagus)
8530### Special Butter Cookies
7818### Special Egg Foo Yung
8531### Special Florentines
8532### Special K Cookies
6451### Special Thai Chicken With Chillies (mild)
8533### Speculatus Cookies
92### Speedy Crab Meat Imperial
10098### Speedy Crabmeat Imperial
5530### Speedy Fruit Mousse
5531### Speedy Pat-In Pastry
996### Speedy-Spicy Italian Dressing
8534### Spekulatus
8535### Spekulatus By Brigitte Sealing
8536### Spice Bars
8537### Spice Cookies
8538### Spice Tea Wafers
6452### Spice Yogurt Chicken
997### Spiced Bake Sweet Potatoes
2508### Spiced Basmati Rice
3311### Spiced Bean Bake
11226 Spiced Carrots Student Style
6453### Spiced Chicken Curry
10099### Spiced Cranberry-Orange Mold
1793### Spiced Fish - Chekiang
5532### Spiced Gooseberries (old)
5533### Spiced Gyngerbrede
3312### Spiced Hamburgers
10100### Spiced Lamb Triangles
998### Spiced Melon Cocktail
7243### Spiced Nuts
10101### Spiced Oil
2509### Spiced Okra
4311### Spiced Or Plain Butterhorns
5534### Spiced Pickled Fruit
5535### Spiced Prunes
10995 Spiced Pumpkin Bread Abm
5536### Spiced Pumpkin Pudding With Walnut Cream
5537### Spiced Quince Compote
1794### Spiced Shrimp (laht Ha)
2510### Spiced Somerset Carrots
5538### Spiced Squash Pudding
999### Spiced Sweet Potatoes li.
5539### Spiced Vegetable Pasties
1795### Spiced Whitebait - Jeot Khal *
5540### Spicy Fudge Pudding
9222### Spicy And Sour Shrimp Soup
10997 Spicy Apricot Oat Muffins
10102### Spicy Artichoke Dip

Sheet1

5541### Spicy Baked Syrup Cakes
6454### Spicy Barbecue Wings
1000### Spicy Barbecued Cashews
7819### Spicy Bean Curd
10103### Spicy Beef Lettuce Cups
10104### Spicy Black Bean & Lentil Salad
1796### Spicy Breaded Red Snapper
3313### Spicy Cajun Pork
1797### Spicy Calamari - Pla Muk Pad Ped *
1798### Spicy Catfish - Pad Ped Pla Dook *
2511### Spicy Cauliflower With Braised Tomatoes
6455### Spicy Chicken
6456### Spicy Chicken (Le Tze Gee) - Shangtung
9223### Spicy Chicken Coconut Soup
6457### Spicy Cold Noodles With Chicken
1001### Spicy Corn And Black Bean Salad
8539### Spicy Corn Chips
7244### Spicy Country Pasta And Cheese
6458### Spicy Country Style Chicken
5542### Spicy Cream Cheese Pastry
6459### Spicy Deep Fried Chicken - (hunan Chicken)
10105### Spicy Dip For Vegetables
10106### Spicy Fried Cashews
1002### Spicy Fruit Salad
1799### Spicy Garlic Fish Fry
6460### Spicy Glazed Chicken
6461### Spicy Glazed Oriental Wings
2512### Spicy Green Beans
2513### Spicy Green Beans (masaledar Sem)
2514### Spicy Grilled Corn
2515### Spicy Hot Black Beans & Tomatoes
6462### Spicy Italian Patties
10107### Spicy Jalapeno Spread
9224### Spicy Lentil Stew (yemiser W'et)
3314### Spicy Malaysian Style Beef
5543### Spicy Maple Fruit Kabobs
11262 Spicy Marinated Shrimp And Garlic
1003### Spicy Meatballs
3315### Spicy Mexican Torte
7820### Spicy Mu Shu Beef Roll-Ups
10108### Spicy Nachos Supreme
8540### Spicy Nut Rugelach
10109### Spicy Nuts
8541### Spicy Oatmeal Cookies
7821### Spicy Orange Beef Stir Fry
6463### Spicy Orange Chicken
10110### Spicy Orange Nuts
5544### Spicy Peach Crisp
5545### Spicy Peach Crumble

5546### Spicy Peach Frozen Yogurt
2516### Spicy Peanut Cauliflower
1004### Spicy Peanut Yogurt Dip
11332 Spicy Pineapple Zucchini Cake
7822### Spicy Pork Strips With Black Fungus
7823### Spicy Pork With Peanuts
7245### Spicy Pumpkin Butter
10111### Spicy Rice Balls
1800### Spicy Scampi
10112### Spicy Seafood Wontons
1801### Spicy Shrimp
1802### Spicy Shrimp Omelet
1803### Spicy Shrimp Patties
7824### Spicy Sichuan Noodles (dan Dan Mian)
2517### Spicy Split Peas
2518### Spicy Stewed Cauliflower & Potatoes
1804### Spicy Stir-Fried Squid (ojingeo Pokkum)
2519### Spicy Stuffed Zucchini
5547### Spicy Summer Fruit
2520### Spicy Sweet Potatoes
6464### Spicy Szechwan Chicken
6465### Spicy Szechwan Sauteed Chicken
6466### Spicy Thai Chicken #1
6467### Spicy Thai Chicken #2
6468### Spicy Turkey Burgers
5548### Spicy Wine Fruit
1005### Spicy-Sweet Far East Dressing
1006### Spicy-Sweet Treats
1007### Spinach & Fennel Pastries
2835### Spinach & Feta Cheese Quiche
1008### Spinach & Leek Soup
1009### Spinach & Lentil Soup
2522### Spinach (korean Sigumchi Namul)
7524### Spinach And Artichoke Casserole
7525### Spinach And Artichoke Casseroles:
1010### Spinach And Feta Cheese In Phyllo
9225### Spinach And Potato Soup
10113### Spinach Balls
7526### Spinach Casserole
1011### Spinach Dip
1012### Spinach Dip #1
1013### Spinach Dip #2
1014### Spinach Dip #3
10114### Spinach Dip In Pumpernickel
2523### Spinach Fettuccine
2836### Spinach Gnocci
10117### Spinach Mushroom & Anchovy Salad
2524### Spinach Quiche #2
93### Spinach Quiche - Beverly's

Sheet1

10115### Spinach Rice Salad
2525### Spinach Risotto
94### Spinach Salad
1015### Spinach Salad #1
1016### Spinach Salad (marge)
1017### Spinach Salad Orientale
2526### Spinach Souffle
10116### Spinach Squares
1018### Spinach Vegetable Dip
1019### Spinach Walnut And Raisin Boreks
2527### Spinach With Beans
2528### Spinach With Moong Dal
7246### Spinach With Pine Nuts
9226### Spinach Yogurt Soup
1020### Spinach-Cheese Puffs
10118### Spinach-Feta Rolls
1021### Spinach-Grapefruit Salad
10119### Spinach-Parmesan Balls
1022### Spinach-Radiccho Salad
7247### Spinaci Alla Romana
3316### Spit Roasted Chili Barbequed Ribs
3317### Spit Roasted Chili Barbequed Ribs
1023### Splendiferous Guacamole Dip
9227### Split Pea Soup
9228### Split Pea Soup With Sausage
9229### Split Pea Soup With Sorrel
11000 Spoon Bread
3318### Spooned Up Meat Loaf
5549### Spotted Chocolate Macadamia Nut Torte
5550### Spotted Dog
10120### Spring Rolls
10121### Spring Rolls (chinese)
1024### Spring Salad
1805### Spring Trout And Fiddlehead
2529### Spring Vegetable Pie
5551### Springerle
5552### Springerle (molded Christmas Cookies)
2530### Springtime Potatoes
5553### Spritz
8542### Spritz Cookies
5554### Spritzgeback (spritz Cookies)
9230### Sprout Bean & Vegetable Stew
5555### Spumoni Gourmet
2531### Spunky Vegetable Pizza
2532### Squash And Apple Bake
9231### Squash Apple Walnut Bisque
95### Squash Casserole
7527### Squash Lasagna
7248### Squash Souffle

2533### Squash Summer
2534### Squash Winter
3319### Squaw Point Pork Chops
8543### St Louis' Peanut Butter Cookies
8544### St Louis' Rum Balls
9232### St. Louis' Ham Chowder
11157 St. Patrick's Day
7528### Stack-A-Roll Stroganoff
10122### Stacked New Mexico Quesadilla
8545### Stained Glass Cookies
9233### Star Anise Beef Rice Noodle Soup
8546### Starlight Mint Surprise
8547### Starlight Sugar Crisps
3320### Steak And Cheese
3321### Steak Au Poivre
3322### Steak In Red Wine Sauce
3323### Steak Supper In Foil
1025### Steak Tartare
7825### Steak Teriyaki (and Chicken Teriyaki)
2535### Steak Vegetable Pockets
1806### Steak With Crab
1934### Steak-Vegetable Pockets
3324### Steaks Esterhazy
5556### Steamed American Indian Pudding
5557### Steamed Apple Raisin Pudding
10123### Steamed Beef Dumplings
5559### Steamed Bread Pudding
6469### Steamed Breast Of Chicken With Black Mushroom
6470### Steamed Breast Of Chicken With Black Mushrooms
11003 Steamed Brown Bread
10124### Steamed Bun Dough
6471### Steamed Chicken
6472### Steamed Chicken & Ham With Broccoli Spears
6473### Steamed Chicken And Bean Curd
6474### Steamed Chicken With Chinese Vegetables
6475### Steamed Chicken With Sausage
1807### Steamed Clams
11227 Steamed Clams Student Style
1808### Steamed Crab With Hot Sauce - Poo Neung *
10125### Steamed Dumplings
1809### Steamed Fish - Pla Neung *
1810### Steamed Fish With Black Beans #1
1811### Steamed Fish With Black Beans #2
1812### Steamed Fish With Ginger And Onions
1813### Steamed Fish With Young Ginger
1814### Steamed Fresh Crab In Curry Sauce
1815### Steamed Garlic Shrimp - Goong Neung Kratiem *
6476### Steamed Ginger Chicken With Black Beans
5560### Steamed Ginger Pudding

Sheet1

2536### Steamed Greens W/mushroom Sauce
5561### Steamed Honey Pears
1816### Steamed Kauai Clams With Lemongrass And Green Curry Sauce
7826### Steamed Mushrooms
1817### Steamed Mussels
10126### Steamed Open Dumplings
1818### Steamed Oysters
10127### Steamed Oysters With Black Beans
1026### Steamed Pearl Balls
5562### Steamed Pears
4321### Steamed Plum Pudding
7827### Steamed Pork Buns
7828### Steamed Pork Dumplings
7829### Steamed Pork Dumplings (shiu Mai)
7830### Steamed Pork With Preserved Tianjin Vegetable
1819### Steamed Prawns With Black Beans
1820### Steamed Prawns With Black Beans (see Jup Jing Ha)
1821### Steamed Pungent Cod With Cabbage
7831### Steamed Rice - Herb Chow
7832### Steamed Rice - Stephen Yan
7833### Steamed Shredded Cabbage
7834### Steamed Spareribs With Black Beans
10128### Steamed Stuffed Clams
10129### Steamed Translucent Dumpling - Fun Gwau
10130### Steamed Translucent Dumplings
11228 Steamed Vegetables Student Style
1822### Steamed Whole Fish
1823### Steamed Whole Fish - Pla Chon Pae-Sa *
1027### Steamy Smoked Oyster Dip
3325### Stefado Of Beef And Garlic
9234### Stephanie's Chilly Day Chili
5563### Stewed Apples
1824### Stewed Cauliflower In Cream Sauce
2537### Stewed Eggplant
1028### Stewed Mushrooms & Queens
9235### Stewed Paua (nz)
7835### Stewed Pork Intestine Over Wu-Ching Burner
3326### Stewed Pork With Pickles
2538### Stewed Red Beans
7249### Stewed Tomatoes
6477### Sticky Chicken
3327### Stifado
11158 Stinger
2539### Stir Fried Asparagus
3328### Stir Fried Beef And Broccoli In Oyster Sauce
7836### Stir Fried Beef With Orange
7837### Stir Fried Bok Choy In Garlic Oil
7838### Stir Fried Celery
6478### Stir Fried Chicken And Apples

6479### Stir Fried Chicken Shreds
7839### Stir Fried Longbeans
1825### Stir Fried Oysters With Garlic And Green Onio
7840### Stir Fried Rice Stick Noodles
1826### Stir Fried Scallops With Leeks
7841### Stir Fried Vegetables
7842### Stir Fried Velvet Spinach With Glass Noodles
6480### Stir Fry Of Broccoli & Chicken
3329### Stir Fry Pork With Peapods
7843### Stir Fry Rice And Beef
1029### Stir-Fried Beef Salad
7844### Stir-Fried Broccoli And Mushrooms
6481### Stir-Fried Chicken & Apples
6482### Stir-Fried Chicken And Chinese Cabbage
6483### Stir-Fried Chicken With Chilies And Peanuts
1827### Stir-Fried Clams In Chile Garlic Black Bean Sauce
1828### Stir-Fried Crab Curry - Poo Pad Pong Garee *
7845### Stir-Fried Cucumber With Pork
7846### Stir-Fried Ginger Beef (nua Pad King)
7847### Stir-Fried Hamsteak And Asparagus
7848### Stir-Fried Liver
1829### Stir-Fried Lobster With Ginger Sauce - Pad Goong Mang-Gor
6484### Stir-Fried Minced Chicken
7849### Stir-Fried Orange Beef
6485### Stir-Fried Pineapple Chicken
7850### Stir-Fried Pork And Asparagus With Fish Sauce
7851### Stir-Fried Pork With Broccoli
1830### Stir-Fried Scallops And Apples
1831### Stir-Fried Scallops In A Basket
1832### Stir-Fried Shrimp With Green Onions
1833### Stir-Fried Shrimp With Peppers
7852### Stir-Fried Spinach With Fermented Bean Cheese
2540### Stir-Fried Tofu With Onions
1834### Stir-Fried Two Noodles - Hokkien Mee
7853### Stir-Fried Vegetables With Bean Curd
2541### Stir-Fried Zucchini
7854### Stir-Fried Zucchini And Jicama
7855### Stir-Fried Zucchini Carrots And Leeks
7856### Stir-Fry Pork & Peppers
7857### Straits Chinese Vegetables In Tangy Peanut Sauce
7858### Straw Mushroom Medley
7250### Strawberries Alberto
5564### Strawberries And Molded Devonshire Cream
5565### Strawberries And Rice
5566### Strawberries Cardinal
7251### Strawberries Devonshire
5567### Strawberries For Remembrance Topping
5568### Strawberries In March
5569### Strawberries Macerated In Red Wine

5570### Strawberries Romanoff
5571### Strawberries With Jazzed Up Whipped Cream
5572### Strawberries With Orange Champagne Sabayon
5573### Strawberries With Orange Sabayon
5574### Strawberries Yogurt San Remo
5575### Strawberry Angel Fluff
5576### Strawberry Angel Mousse
5577### Strawberry Baked Alaska
5578### Strawberry Barvarian
5579### Strawberry Cheese Tart
7252### Strawberry Cheesecake li
5580### Strawberry Coulis
5581### Strawberry Cream Crepes
5582### Strawberry Creams
11159 Strawberry Daiquiri Frozen
5583### Strawberry Frozen Yogurt
5584### Strawberry Fruit Flan
5585### Strawberry Ginger Parfaits
5586### Strawberry Granita
5587### Strawberry Ice Cream
1030### Strawberry Jello Salad
5588### Strawberry Lemon Trifle
11246 Strawberry Lemonade
11160 Strawberry Margarita Frozen
5589### Strawberry Marlow
5590### Strawberry Meringue Cups
5591### Strawberry Meringue Pudding
5592### Strawberry Mold
5593### Strawberry Mousse
5594### Strawberry Nut Drops
5595### Strawberry Parfait
7253### Strawberry Pie
5596### Strawberry Rhubarb Compote
5597### Strawberry Rice Cream
5598### Strawberry Ricotta Tart
5599### Strawberry Sherbert
5600### Strawberry Sipper
1935### Strawberry Sorbet
5601### Strawberry Souffle With Orange Sauce
1031### Strawberry Soup
5602### Strawberry Tart
5603### Strawberry Tarts
5604### Strawberry Trifle
9236### Strawberry Tropical Soup
5605### Strawberry-Champagne Sherbet
5606### Strawberry-Forgotten Torte
5607### Strawberry-Rhubarb Crisp
2542### Strawberry-Spinach Toss
5608### Strawberry/peach Baked Dessert

2543### String Bean Provencal
2544### String Beans & Coconut Koorra
2545### Stroganoff Sandwich
7254### Stroganoff Style Beef (microwave)
7255### Stuffed Acorn Squash
2546### Stuffed Artichokes
7256### Stuffed Baked Potatoes
10131### Stuffed Baked Potatoes li
3330### Stuffed Barbecue Pork Loin
7859### Stuffed Bean Curd With Peas And Mushrooms
2547### Stuffed Bell Peppers
2548### Stuffed Cabbage Rolls
10132### Stuffed Cantaloupe
2549### Stuffed Celery
6486### Stuffed Chicken Breasts
6487### Stuffed Chicken Cyprus Style
10133### Stuffed Chiles With Olive Mole
1835### Stuffed Crabs
2550### Stuffed Crown Roast Of Frankfurters
1032### Stuffed Cucumber Rings
3331### Stuffed Double Layer Deep Dish Pizza
5609### Stuffed Figs And Dates
1836### Stuffed Fish Fillets
1837### Stuffed Fish Fillets (mexico)
1033### Stuffed Grape Leaves
2551### Stuffed Grape Leaves (vegetarian)
2552### Stuffed Green Chili
1034### Stuffed Jalapeno Peppers
10134### Stuffed Jalapenos
2837### Stuffed Lemon Eggs
3332### Stuffed Liver
3333### Stuffed Meat Loaf
1035### Stuffed Mushroom Caps
1036### Stuffed Mushrooms
10135### Stuffed Mushrooms #1
10136### Stuffed Mushrooms #2
10137### Stuffed Mushrooms #3
10138### Stuffed Mushrooms #4
10139### Stuffed Mushrooms #5
1037### Stuffed Mushrooms With Crabmeat
5610### Stuffed Nasturtium Flowers
2553### Stuffed Okra
5611### Stuffed Peaches
7529### Stuffed Pepper Casserole
5612### Stuffed Plantains
1838### Stuffed Prawns
10141### Stuffed Quahogs
3334### Stuffed Rabbit
7530### Stuffed Rabbit Armagh Style (irish)

Sheet1

4324### Stuffed Rolls
1839### Stuffed Sea Bass
3335### Stuffed Sheep's Hearts
1840### Stuffed Shrimp I
1841### Stuffed Squid In Red Sauce
1842### Stuffed Squid With Vinegar/soy Dip - Ojingu Chim *
3336### Stuffed Steak Roll
1038### Stuffed Stromboli
2554### Stuffed Summer Squash
2555### Stuffed Tomatoes
11229 Stuffed Tomatoes Student Style
3337### Stuffed Veal Breast
1932### Stuffed Zucchini
2556### Stuffed Zucchini #2
2557### Stuffed Zucchini #3
10142### Stuffed Zucchini Boats
7531### Stuffed Pepper Casserole
10143### Stuffin' Muffins
 96### Stuffing For Flounder
3338### Submarine Sandwich
2558### Succotash
8548### Succotash Snacks
1843### Succulent Salmon (c) 1992 George Gilder
2559### Suet Or Carrot Pudding
5613### Sugar Cookies
8549### Sugar Cookies (for Cast Iron Cookie Mold)
3339### Sugar Cured Ham
8550### Sugar House Cookies
3340### Sugar House Ham
8551### Sugar Jumbles
10144### Sugar Puffs
 97### Sugared Almond Salad With Orange Vinaigrette
2560### Sugared Muffins
10145### Sugared Pecans
5614### Sugared Tamarillos (tree Tomatoes) (nz)
5615### Sugared Walnuts
8552### Sugarless Apple Cookies
8553### Sugarplum Cookies
1039### Sui Mai Pork Dumplings
7860### Sukiyaki
10146### Sumatra Salad **
11374 Summer Asparagus Soup
5616### Summer Breakfast Sundae
1040### Summer Fruit Compote
7257### Summer Lasagna
7258### Summer Pasta Sauce
5617### Summer Pudding
2561### Summer Vegetable Bowl
2562### Summer Vegetable Stir Fry

Sheet1

10147### Summer Waldorf Rice Salad
1041### Summertime New Potato Salad
1042### Sun Dried Tomato & Herb Cheese Strudels
10148### Sun Dried Tomato Dip
1844### Sun-Dried Salty Fish - Pla Kem *
10149### Sun-Dried Tomato Cheese Ball
2838### Sun-Dried Tomato-Noodle Pudding
1147### Sun-Sational Cheesecake
5618### Sunbeam Tapioca
5619### Sundae Apples
9237### Sunday Black Bean Soup
9238### Sunday Black-Bean Soup (new York Times)
6488### Sunflower Chicken Stir Fry
2839### Sunflower Eggs
8554### Sunflower Seed Cookies
8555### Sunken Kisses
5620### Sunny Cocoa Drop Cookies
9239### Sunny Splits Soup
6489### Sunset Chicken
11375 Sunshine Bean Casserole
10150### Sunshine Brussel Sprouts
5621### Sunshine Peach Pudding
7259### Sunshine Salad
1043### Super Bowl Salsa
2840### Super Grilled Cheese
5622### Super Super Dessert
11376 Super-Bowl Chili
11377 Superior Whipping Cream
3341### Supreme Burgers
11378 Supremes De Volaille Rouge Et Vert
6490### Supremes En Vermouth
3342### Sur Le Gril Chopped Liver
9240### Surf And Turf Chili
5623### Surprise Banana Pudding
10151### Surprise Cheese Puffs
2563### Surprise Meat Loaf Squares
7861### Sushi (japanese Rice With Vinegar Sauce)
7862### Sushi-Meshi (rice With Sweet Vinegar Sauce)
2564### Suss-Saures Kartoffelgemuse (sweet-And-Sour Potatoes)
2565### Suss-Saures Rotkraut (sweet-And-Sour Red Cabbage)
8556### Swedish Balls
3343### Swedish Beef Roast
11379 Swedish Chocolate Cake
5624### Swedish Cream
5625### Swedish Fruit In Liqueur
8557### Swedish Ginger Cookies
8558### Swedish Ginger Cookies (pepparkakor)
8559### Swedish Lemon Angels
3344### Swedish Meatballs

Sheet1

11380 Swedish Rye Bread
8560### Swedish Spritz (sprintsar) Cookies
6491### Sweet & Sour Chicken -Cranberries
10152### Sweet & Sour Pork
7863### Sweet & Spicy Spareribs
11258 Sweet 'n' Sour Pork
2566### Sweet 'n' Sour Squash Medley
11305 Sweet 'n' Spicy Onion Glaze
6492### Sweet - Sour Meat
5626### Sweet Almond Pudding With Dates
5627### Sweet Almond Pudding With Red Dates
7864### Sweet And Pungent Lotus Root With Pork
2567### Sweet And Sour Aubergines - Yam Makhua Phao
7865### Sweet And Sour Beef Stir Fry
6493### Sweet And Sour Chicken #2
6494### Sweet And Sour Chicken Balls
7260### Sweet And Sour Chicken Breasts
1044### Sweet And Sour Cucumber Salad
1045### Sweet And Sour Dip
1845### Sweet And Sour Fish
2568### Sweet And Sour Meatballs
2569### Sweet And Sour Peppers With Almonds (mandorlata Di Peperoni
7866### Sweet And Sour Pork #1
7867### Sweet And Sour Pork #2
3345### Sweet And Sour Pork Chops
2570### Sweet And Sour Potatoes
2571### Sweet And Sour Red Cabbage
10153### Sweet And Sour Short Ribs
1846### Sweet And Sour Shrimp
11329 Sweet And Sour Soybeans
2572### Sweet And Sour Stuffed Cabbage
2573### Sweet And Sour Tofu
7261### Sweet And Sour Tvp With Pineapple
10154### Sweet And Sour Vegetable Salad
5628### Sweet Avocado Mousse
1847### Sweet Cajun Shrimp
5629### Sweet Cinnamon Fettuccine
5630### Sweet Cinnamon Wontons
1848### Sweet Corn & Halibut Tamales
11381 Sweet Cucumber Chunks
5631### Sweet Flan Pastry
5632### Sweet Fried Cream (crema Fritta)
5633### Sweet Ice Cream Base
5634### Sweet Little Things
11008 Sweet Milk Corn Bread
8561### Sweet Onion Cookies
2841### Sweet Onion Fajitas
10155### Sweet Onion Quiche
10156### Sweet Onion Shrimp Balls

Sheet1

1046### Sweet Pea Guacamole
2574### Sweet Pepper Relish
2575### Sweet Pickled Carrots
2576### Sweet Pickled Cherry Tomatoes
5635### Sweet Pink Pasta With White Chocolate Sauce
11382 Sweet Potato & Cranberry Quiche
11009 Sweet Potato Biscuits
7532### Sweet Potato Casserole
10157### Sweet Potato Casserole (microwave)
98### Sweet Potato Crunch
5636### Sweet Potato Flan
2577### Sweet Potato Pancakes
11383 Sweet Potato Pie
8562### Sweet Potato Raisin Cookies
2842### Sweet Potato Scrambled Eggs
2578### Sweet Potato Soup
5637### Sweet Potatoe Pone
2579### Sweet Potatoes And Apples
2580### Sweet Potatoes In Maple Syrup
10158### Sweet Salad Mix
5638### Sweet Shavout Tortelli
5639### Sweet Yeast Crisps
5640### Sweet Yeast Crust
6495### Sweet-And-Sour Chicken1
7868### Sweet-And-Sour Pork
2581### Sweet-And-Sour Potatos
1047### Sweet-And-Sour Salad
7869### Sweet-And-Sour Sauce
1849### Sweet-And-Sour Tuna
2582### Sweet-Pickled Cauliflower (cavolfiore In Agrodolce)
11384 Sweet-Potato Tzimmes
2583### Sweet-Sour Carrots
2584### Sweet-Sour Kabobs
7870### Sweet-Sour Meatballs Oriental
3346### Sweet-Sour Pork Chops & Sweet Potatoes
2585### Sweet-Sour Red Cabbage
10159### Sweetheart Salad
2586### Swiss Asparagus Au Gratin
1048### Swiss Chalet Dip
2843### Swiss Cheese Fondue
6496### Swiss Chicken Enchiladas
1049### Swiss Fondue
10160### Swiss Fondue #1
10161### Swiss Fondue #2
2587### Swiss Fried Potatoes
7262### Swiss Steak From Fred Goslin
11385 Szczupak Po Polsku
6497### Szechuan Cashew Chicken
6498### Szechuan Chicken

Sheet1

7871### Szechuan Green Beans
10162### Szechuan Noodle Salad In Peanut Sauce #1
7872### Szechuan Noodles
1850### Szechuan Shrimp
7873### Szechwan Bean Curd (tofu)
1050### Szechwan Beef
7874### Szechwan Beef Stew
7875### Szechwan Beef Stir-Fry
7876### Szechwan Beef With Garlic
6499### Szechwan Cashew Chicken
6500### Szechwan Chicken And Cashews
1936### Szechwan Chicken Soup
6501### Szechwan Crispy Skin Duck
6502### Szechwan Curried Coconut Chicken
7877### Szechwan Dry-Fried Beef
1851### Szechwan Hot & Sour Shrimp
10163### Szechwan Noodle Salad In Peanut Sauce #2
7878### Szechwan Noodles
7879### Szechwan Noodles With Green Onions
10164### Szechwan Pasta Salad
9241### Szechwan Soup
6503### Szechwan White Cut Chicken With Spicy Peanut Sauce
11386 Szekeley Goulash
1051### Tabbouli Salad
1052### Taboule
10165### Tabouleh (burghul And Parsley Salad)
1053### Tabouli Herb Salad
6504### Taco Chicken Wings
1054### Taco Dip
1055### Taco Dip Platter
2588### Taco Patties
3347### Taco Salad
11230 Taco Salad Student Style
11231 Tacos Student Style
1056### Taffy Apple Dip
11387 Tagliatelle
7533### Tamale Casserole
3348### Tamale Pie
6505### Tamarind Chicken
1852### Tampa's Own Fish Chowder
6506### Tandoori Chicken
6507### Tandoori Chicken #2
6508### Tandoori Duck & Lentils
6509### Tandoori Methi Murgh (chicken In Yogurt And Fenugreek)
6510### Tandoori Murgh (tandoori Chicken)
6511### Tandoori Roasted Chicken
1853### Tandoori Shrimp
3349### Tangerine Beef
1057### Tangy Blue Cheese Dip

Sheet1

10166### Tangy Meatballs
1058### Tangy Potted Cheese
5641### Tangy Raspberry Freeze
7534### Tangy Short Rib Barbecue
3350### Tangy Short Ribs
7535### Tangy Touchdown Casserole
10167### Tangy Vegetable Soup
5642### Tapioca Brulee With Fresh Summer-Fruit Topping
5643### Tapioca Pudding
1059### Taramosalata
10168### Taramosalata (greek Pate)
1060### Tarragon Chicken Salad
10169### Tarragon Chicken Salad Loaf
11388 Tarragon Game Hens
1061### Tarragon Mushroom And Shrimp Bites
1062### Tarragon Mustard Dip
7263### Tart Cherry Soup
9242### Tart Tomato And Red Onion Soup
1063### Tartar Of Smoked Salmon On Rye Barquette
5644### Tarte Alsacienne
5645### Tarte Au Citron
7264### Tarte Citron Mama
5646### Tarte Tatin
5647### Tarten Riwbob (rhubarb Tart) Welsh
7880### Taste Of The Orient Vegetables
9351### Tasty Black-Ey Pea Salad
1854### Tasty Maritime Pie
1064### Tataki
10170### Tater-Stuffed Mushrooms
7265### Taunt Emma's Pear Preserves
5648### Tauraso's Blueberry Cobbler
7266### Tavern Chili
5649### Tea And Lemon Ice
11013 Tea Biscuits
8563### Tea Cookies
8564### Tea Cookies From Brigitte Sealing
1065### Tea Eggs
11014 Tea Muffins
6512### Tea Smoked Duck
6513### Tea-Smoked Duck Or Cornish Hens
4334### Teatime Scones
2589### Tecolote Squash
8565### Teething Cookies
1066### Tempeh & Bulgur Salad
1067### Tempeh Mock Chicken Salad
1068### Tempeh Party Spread (temspr)
1069### Tempeh Satay & Asian Peanut Sauce
1148### Tempting Trifle Cheesecake
6514### Tempting Turkey Loaf

Sheet1

1855### Tempura
7881### Tempura Onion Rings
1856### Tender Broccoli Stems With Clams
6515### Tender Roast Pheasant
7882### Tenderloin Chinese Style
3351### Tenderloin W/black Bean-Tomato
11389 Teno Salmon
11161 Tequila Sunrise
6516### Teriyaki Chicken
11232 Teriyaki Chicken Student Style
10171### Teriyaki Chicken Wings
11233 Teriyaki Salmon Student Style
7267### Teriyaki Steak Chesapeake
1857### Teriyaki Turf And Surf Kabobs
10172### Teriyaki Wing Dings
11390 Terong Balado
1070### Terrine Of Smoked Catfish
1071### Tex Mex Dip #2
3352### Tex-Mex Bake
2590### Tex-Mex Beans With Cornmeal Dumplings
3353### Tex-Mex Beef Casserole
9243### Tex-Mex Carrot Soup
1072### Tex-Mex Dip
6517### Tex-Mex Roasted Chicken
1073### Tex-Mex Salad
2844### Tex-Mex Scrambled Eggs
11391 Tex-Mex Style Enchiladas
11392 Tex-Mex Style Tacos
9244### Tex-Mex Tortilla Soup
2845### Tex-Mex Tortilla Stack
1074### Tex-Mex Tuna Salad
5650### Texas Brownies
11016 Texas Corn Bread
1075### Texas Crab Grass
1076### Texas Island Dressing
10173### Texas Pecan Cheese Balls
2591### Texas Red Chili
99### Texas Style Chili
7268### Texas Style Cole Slaw
2846### Texas Toast Chili And Eggs
1077### Thai Bbq Chicken Appetizers
10174### Thai Calamari Salad With Lemon Grass
9245### Thai Carrot Soup
6518### Thai Chicken
9246### Thai Chicken And Coconut Milk Soup (tom Ka Gai Or Kai Tom G
9247### Thai Chicken And Noodle Soup
9248### Thai Chicken Coconut Soup
10175### Thai Chicken Salad
6519### Thai Chicken With Basil

Sheet1

6520### Thai Chicken With Fresh Basil
10176### Thai Crab Rolls
6521### Thai Curry Chicken And Vegetables
9249### Thai Egg Noodles And Pork Soup (ba Mee Nam)
1858### Thai Fish Cakes
10177### Thai Fresh Cucumber Salad (taeng Kwa Brio Wan)
1859### Thai Garlic Prawns
6522### Thai Green Curry Chicken With Basil
1078### Thai Grilled-Beef Salad
6523### Thai Ham And Chicken Salad
10178### Thai Melon Salad
10179### Thai Mini Spring Rolls
6524### Thai Orange Chicken Salad
10180### Thai Pasta And Seafood Salad
10181### Thai Pomelo-And-Chicken Salad
3354### Thai Pork Satay
3355### Thai Roast Pork With Sticky Rice*
1860### Thai Salmon Parcels
1861### Thai Salmon Steaks In Panang Curry Sauce
7536### Thai Seafood Casserole With Basil
9250### Thai Shrimp Or Chicken Soup
1079### Thai Shrimp Salad
1862### Thai Shrimp With Asparagus
9251### Thai Shrimp-Chicken Soup
6525### Thai Spicy Barbecued Chicken
1080### Thai Spicy Noodles
1863### Thai Stuffed Fish
6526### Thai Style Basil Chicken
1864### Thai Style Gemfish With Beans & Mushrooms
9252### Thai Style Soup
1865### Thai Style Topping For Pan Fried Fish
1866### Thai Tomyum Gung (shrimp) / Gai (chicken)
6527### Thai Turkey Platter
2592### Thambapu Kadala
11393 Thanksgiving Pie
8566### The Authentic Mrs. Field's Cookies!
10182### The Bee Cheese
5651### The Best Chocolate Mousse
8567### The Best Peanut Butter Cookies Ever
1081### The Captain's Table House Salad
10183### The Coach House Salad
8568### The Joy Of Brownies
2593### The Mother Superior's Cabbage Salad
5652### The Next Best Thing To Robert Redford
4338### The Peace Maker
7537### The Perfect Tuna Casserole
5653### The Rasperry
10184### The Ubiquitous Crab
5654### The Ultimate Nanaimo Bar

Sheet1

5655### The Ultimate Rice Pudding
1082### The Ultimate Salad Dressing
1867### The Union Oyster House's Lobster Stew
6528### The Vertically Roasted Chicken
10185### Thick Vegetable Soup
7883### Thousand-Year-Old Eggs
108### Three Bean Salad
2594### Three Bean Turkey Burger Bake
7538### Three Cheese Chicken Bake
9253### Three Flavors Soup
1083### Three Lettuce Chiffonade
2595### Three Onion Pie With Feta Cheese
10187### Three Pepper Popcorn
1084### Three Tomato Salsa
2596### Three-Bean Salad
2847### Three-Cheese Manicotti
8569### Three-Minute Oatmeal Cookies
10188### Three-Way Cheese Ball
8570### Thumbprint Cookies
5656### Tidal Wave Cocoa Almond Mousse
5657### Tiered Biscotti Tree
6529### Tikka Chicken
10189### Time To Wind Down (menu & Recipes)
8571### Ting A Lings
9254### Tinned Toheroa Soup (nz)
5658### Tiny Chocolate Souffles
5659### Tiramisu (light)
9255### To Make Beef Tea
9256### To The Moon Chili
9257### Toam Yum Gai (thai Soup)
7269### Toasted Almond Amaretto
5660### Toasted Coconut Bisque
1868### Toasted Dried Sea Laver - Keem Kui *
11019 Toasted French Bread With Pistachio Butter
10190### Toasted Mushroom Rolls
7270### Toasted Pecans
7### Tobouli
10191### Todd Marn Gai
7271### Toffee Apples And Bananas
5661### Toffee Chip Squares
5662### Toffee Ice-Cream Layer Cake
2597### Tofu Au Gingembre
1085### Tofu Dip
7272### Tofu Dressing
5663### Tofu Pudding
2598### Tofu Quiche
10192### Tofu Salad
1086### Tofu Triangles
1869### Tofu With Crab Sauce

Sheet1

5664### Tofu-Strawberry Dessert
5665### Tollhouse Squares
11162 Tom Collins
9258### Tom Kha Gai
2599### Tom Wappel's Stuffed Green Peppers
9259### Tom Yum Goong - Hot And Sour Soup
9260### Tom Yum Goong - Thai Shrimp Soup
7273### Tomato Aux Herbes
1087### Tomatensalat (tomato Salad)
6530### Tomatillo Chicken Enchiladas
1088### Tomato & Dill Soup
5666### Tomato And Basil Tarts
7884### Tomato And Liver Stir-Fry
10193### Tomato Aspic
7885### Tomato Beef (fon Kehr Ngow Yuk)
9261### Tomato Bologna Soup
9265### Tomato Bread And Pastina Stew
2848### Tomato Cheddar Rarebit
9262### Tomato Cheese Soup
1090### Tomato Cocktail
9263### Tomato Egg Drop Soup
1091### Tomato Kachumber
7274### Tomato Lentil Soup
7539### Tomato Quiche
2600### Tomato Relish
10194### Tomato Salad
9266### Tomato Seafood Stew
9264### Tomato Soup With Cream And Dill
1092### Tomato Soup With Pasta
1093### Tomato-Cucumber Salad
9267### Tomato-Leek Soup
2601### Tomato-Pasta Salad
1937### Tomato-Seafood Stew
7540### Tomato-Zucchini Casserole
2602### Tomatoes
10195### Tomatoes Parmesan
2603### Tomatoes Persillees
2604### Tomatoes Stuffed With Bulgur Or Cracked Wheat
6531### Tongdak Juk (roasted Chicken)
3356### Tongue
3357### Tony's Lemony Veal Piccata
7541### Tony's Manicotti With Four Cheeses
8572### Tony's Mom's Lemon Snowflakes
11163 Tootsie Roll (candy Bar)
5667### Topping Low Fat Whipped
6532### Toriwasa (chicken & Parsely With Horesradish Sauce)
5668### Torta Di Cioccolato
2849### Torta Expanola (spanish Omelet)
7275### Tortellini Al Brodo

Sheet1

1### Tortellini salad
9268### Tortilla Black Bean Soup
9269### Tortilla Dumpling Soup
9270### Tortilla Soup
10196### Tortilla Soup (sopa De Tortilla)
9271### Tortilla Soup Two
5669### Tortoni (frozen Custard)
1870### Tosa Joyu Dipping Sauce
2605### Tossed Snow Peas & Zucchini
10197### Tostada Dip
6533### Tostadas De Pollo Y Frijoles
1094### Tostado Dip
10198### Tourte Milanese
3358### Tourtiere
3359### Tourtiere #2
3360### Tourtiere #3
2606### Traditional Calabacitas Con Leche
5670### Traditional Caramel Custard - Flan A La Antigua
1095### Traditional Chex Party Mix
5671### Traditional Decorated Christmas Cookies
1096### Traditional Party Mix
5672### Traditional Pavlova
8573### Traditional Soda Crackers
11164 Traffic Light
7542### Trail Drivers Goulash
9272### Tregaron Granny's Broth (cawl Mamgu Treagon) Welsh
4342### Tri-Color Jelly Roll
5673### Trifle (raspberry-Custard Bowl)
9273### Trinity Square Cafe Moroccan Tomato Soup
3361### Tripe Florentine
2850### Triple Cheese - Poppyseed Noodles
7276### Triple Chocolate Delight
5674### Triple Chocolate Terrine
8574### Triple Espresso Brownies
1097### Triscuit Snack
8575### Triticale Crisps
5675### Tropfkrapfen (drop Donuts)
4343### Tropical Bread Pudding
2607### Tropical Carrots
5676### Tropical Cheese Bars
6534### Tropical Chicken Kabobs
1098### Tropical Chicken Salad
5677### Tropical Custard
5678### Tropical Island Sherbet
5679### Tropical Quesadillas
1099### Tropical Salad
1871### Trout
1872### Trout And Bacon
1873### Trout And Mushrooms In Cream

1874### Trout And Vegetables In Foil
1875### Trout Crepes
1876### Trout In Wine
1877### Trout In Wine (nz)
1878### Trout Sauteed In Butter
1879### Trout Served Cold In Aspic
1880### Trout Stuffed Japanese Style
1881### Trout With Bay Leaf
1882### Trout With Lemon And Capers
11263 True Garlic Bread
5680### Truffier Au Chocolat A La Cafe De Paris
1883### Truite Au Bleu (blue Trout)
1884### Truites Au Bleu (trout Cooked In Court Bouillon)
5681### Trump's Chocolate-Pumpnickel Pudding
8576### Tulip Cookie Shells
10199### Tulip Crab And Asparagus Appetizers
1100### Tuna And Avocado Salad
1101### Tuna Apple Salad
7543### Tuna Broccoli Casserole
1885### Tuna Buns
7544### Tuna Casserole
11234 Tuna Casserole Student Style
7545### Tuna Casserole Supreme
11235 Tuna Face Student Style
1886### Tuna Fish Curry
1887### Tuna Melt Pie
10200### Tuna Mounds With Curry Mushroom Sauce
1888### Tuna Noodle Casserole
10201### Tuna Pate
1889### Tuna Pitas With Yogurt & Mustard
1890### Tuna Salad Filling
1891### Tuna Sashimi With Orange Glaze
10202### Tuna Slaw
1892### Tuna Steaks
1893### Tuna Steaks Glazed With Ginger Lime And Soy
10203### Tuna Tartare-Stuffed Cucumbers
10204### Tuna Toasties
1102### Tuna-Bean Salad
10205### Tuna-Broccoli Potatoes
1103### Tuna-Pesto Salad
7277### Tunesian Salad
7886### Tung-Po Golden Pork Feet
1104### Tunisian Eggplant Salad
5682### Tunnel Of Fudge
9274### Turkey Albondigas
6535### Turkey Almond Stir Fry
6536### Turkey And Cranberry Chili
1105### Turkey And Ham Rillettes
7546### Turkey And Leek Casserole

Sheet1

7547### Turkey And Pecan Casserole
10206### Turkey And Rocket Salad With Macadamias
6537### Turkey Breast- Orange Blackberry Relish
6538### Turkey Breast-Spinach Rice Dressing
6539### Turkey Burgers
6540### Turkey Crunch
6541### Turkey Curry
6542### Turkey Cutlets Milanaise
6543### Turkey Divan
6544### Turkey Dressing Pie
6545### Turkey Empenadas
6546### Turkey Enchiladas
6547### Turkey In Lemon Caper Sauce
6548### Turkey Marinade: From La Bouch Creole
10207### Turkey Nacho Special
10208### Turkey Or Chicken Tenders
6549### Turkey Paprikash
6550### Turkey Parmigiana
1938### Turkey Patties Oriental
6551### Turkey Piccata
5683### Turkey Pot Pie
7549### Turkey Puff
9275### Turkey Revenge Soup
10209### Turkey Salad Arizona
10210### Turkey Salad Stuffed Eggs
6552### Turkey Saltimbocca
9276### Turkey Soup
9277### Turkey Soup Continental
6553### Turkey Stew Island Style
9278### Turkey Stew With Dumplings
6554### Turkey Stir Fry
6555### Turkey Strips With Artichokes
6556### Turkey Stuffed Shells
6557### Turkey Tamale Pie
7278### Turkey Tetrizzini
9279### Turkey Tortellini Soup
6558### Turkey Tostadas
6559### Turkey Tropicale
6560### Turkey Vegetable Stir-Fry
6561### Turkey W/sage And Rosemary
6562### Turkey With Southwest Stuffing
6563### Turkey-Macaroni Chili
7551### Turkey/chicken Tetrizzini
6564### Turkeyburgers Parmigiana
6565### Turkish Chicken With Walnut Sauce
5684### Turkish Delight (loukoumi)
2608### Turkish Eggplant
1894### Turkish Sea Bass
9280### Turnip And Bacon Soup

Sheet1

2609### Turnips
9281### Turtle Soup #1
9282### Turtle Soup #2
9283### Tuscan Bean Soup
5685### Tutti Fruitti Ice Cream
8577### Tutti-Fruitti Squares
5686### Tvarohove Sisky
107### Twenty Four Hour Lettuce Salad
7887### Twice Cooked Pork With Spicy Vegetables
2610### Twice-Baked Potatoes
2611### Twice-Baked Sweet Potatoes With Raisins And Pineapple
7888### Twice-Fried Shredded Beef
5687### Twinkies
9284### Two Bean Soup
1895### Two Brines For Smoking Fish
8578### Two Color Chocolate Brownies
5689### Two-Tone Ice Cream
6566### Tyrone Roast Goose
10211### Tyropites
10212### Tzatziki
10213### Tzatziki Sauce
9285### U Ponnya's Nwa Mee Hinga (oxtail And Watercress Soup)
2851### Uberbackener Spinat Mit Kase (baked Spinach With Cheese)
8579### Unbaked Caramel Cookies
8580### Unbaked Chocolate Cookies
8581### Unbaked Cooky Or Candy
5690### Uncle John's Ice Cream
7279### Uncle Tai's Special Drink
8582### Uncooked Cookies
5691### Uncooked Plum Pudding
5692### Undescended Twinkies
10214### Unstuffed Mushroom Dip
3362### Unusual Chinese Grilled Shortribs
7280### Uova Tonnato
5693### Up The Holler Puddin'
5694### Upside Down Chocolate Pecan Torte
5695### Upside Down Pear Tart
9286### Upstate Minestrone Soup
3363### Uzbek Palov
10215### Uzie's Special Salad
8583### V-8 Crackers
5696### Vacuum Cleaner Bars
5697### Vanilla & Chocolate Covered Strawberries
8584### Vanilla Crackers
5698### Vanilla Crisps
10216### Vanilla Extract
5699### Vanilla Flan With Raspberries
5700### Vanilla Frozen Yogurt
7281### Vanilla Glaze

Sheet1

5701### Vanilla Ice Cream (see Butter Pecan Sauce)
7282### Vanilla Ice Cream With Kahlua
10217### Vanilla Popcorn
5702### Vanilla Pudding Mix
5703### Vanilla Rice Pudding
5704### Vanilla Souffle With Flaming Grand Marnier
5705### Vanilla Velvet Ice Cream
8585### Vanilla Wafers
8586### Vanillas Kifli
8587### Variations On Rice Krispies Marshmallow Squares
8588### Variations On World's Best Chocolate Chip Cookies
3364### Veal Birds Paprika
3365### Veal Breast With Herb Stuffing
3366### Veal Cutlets With Capers
3367### Veal Cutlets With Cherry Sauce
3368### Veal Fricasse With Capers & Dill
3369### Veal Fricasse With Capers And Dill
3370### Veal Loaf
5706### Veal Loin Chops With Double Tomato Sauce
3371### Veal Marsala
3372### Veal Marsala With Provolone
3373### Veal Normande
3374### Veal Paprika
3375### Veal Parmesan With Prosciutto
3376### Veal Piccata
3377### Veal Pot Roast
3378### Veal Rounds With Vegetables
2612### Veal Rounds With Vegetables
3379### Veal Scaloppine With Marsala
3380### Veal Scaloppine With Tomatoes And Olives
3381### Veal Steaks
3382### Veal Steaks With Lemon And Curry
3383### Veal Steaks With Yogurt
3384### Veau Dans Le Chaudron (Veal Pot Roast)
7283### Vegetable And Pork Stir-Fry
7552### Vegetable Bean & Noodle Casserole
7553### Vegetable Bean And Noodle Casserole
7889### Vegetable Beef With Rice Cakes
9287### Vegetable Burger Soup
9288### Vegetable Cheese Soup
2613### Vegetable Chili
7284### Vegetable Chop Suey (microwave)
2614### Vegetable Curry
9289### Vegetable Dahl Soup
1896### Vegetable Fish Filets
2615### Vegetable Frittata
7285### Vegetable Kabobs With Marinara
2616### Vegetable Kebabs With Rosemary
2617### Vegetable Lasagna

Sheet1

10218### Vegetable Latkes
7286### Vegetable Meat Loaf
10219### Vegetable Momos
6567### Vegetable Pasta Italiano
10220### Vegetable Platter - Dia Rau Song
2618### Vegetable Rice Bake
10221### Vegetable Samosa
10222### Vegetable Sausage (hoy Jaw)
100### Vegetable Soup
9290### Vegetable Soup (su Tsai Tang)
9291### Vegetable Soup With Tilsit Toast
10223### Vegetable Spring Rolls
2619### Vegetable Stir-Fry
9292### Vegetable Stock
2620### Vegetable Style Rarebit
10224### Vegetable Sushi Roll
7287### Vegetable-Beef Soup
2621### Vegetable-Stuffed Meat Loaf
1897### Vegetable-Stuffed Sole
1939### Vegetable-Style Rarebit
7890### Vegetables Lo Mein
6### Vegetarian Baked Beans
9293### Vegetarian Barley-Vegetable Soup
9294### Vegetarian Chili Texas Style
2622### Vegetarian Chili With Rice
8589### Vegetarian Ginger Snaps
2852### Vegetarian Lasagna
10225### Vegetarian Spring Rolls With Sweet And Sour Sauce
7288### Veloute Froid Aux Fines Herbes
7289### Veloute Sauce
10226### Velveeta Salsa Dip
9295### Velvet Chicken & Sweet Corn Soup
6568### Velvet Chicken Satays With Fresh Cilantro Chutney
6569### Velvet Chicken Under Snow
9296### Velvet Corn Soup
5707### Velvet Crumb Cake
5708### Velvet Fudge Souffle
9297### Velvet Vegetable Soup
10227### Velveeta Salsa Dip
1898### Venezuelan Peppers With Shrimp
2623### Venison Chops And Rice
10228### Venison Hard Salami
3385### Venison Picadillo
3386### Venison Rib Barbecue
3387### Venison Roast
3388### Venison Roast Burgundy
7290### Venison Sauerbraten
9298### Venison Savory Stew
3389### Venison Steaks With Scotch Sour Sauce

Sheet1

9299### Venison Stew
3390### Venison Swiss Steak
7291### Verde Mista
2624### Verdura Mista (mixed Vegetablse)
7554### Vericheesey Casserole
9300### Vermont Corn Chowder
8590### Versatile Cookie Mix
1899### Very Best Monkeyed-Up Lobster Dish
1149### Very Blueberry Cheesecake
7555### Very Cheesey Casserole
1150### Very Smooth Cheesecake
9301### Vichyssoise
9302### Vichyssoise Creme Glacee'
10230### Vichyssoise li
5709### Vicki's Fresh Fruit Ice Cream
10231### Vidalia Onion Dip
10232### Vidalia Onion Tart
7556### Vidalia Sweet Onion Chicken Breast Casserole
8591### Vienesse Jam Cakes
7292### Vienne Sauce
9303### Viennese Beef Soup
7557### Viennese Puff
7293### Viennese Rounds
7294### Viennese Sandwiches
10233### Vietnamese Crab Spring Rolls
6570### Vietnamese Curry - Cari
10234### Vietnamese Pork Sticks With Lettuce Cups
10235### Vietnamese Shrimp Toast
10236### Vietnamese Spring Rolls
6571### Vietnamese Stir Fried Chicken With Lemon Grass
7295### Vinaigrette
7296### Vinegar And Oil Dressing
11322 Vinegar Pie
7297### Vinson's Pecan Pie
11323 Wacky Cake
10237### Waikiki Appetizers
2853### Waist-Watching Western Omelets
10238### Waldorf Salad Spread
7299### Waldorf Salad Supreme
1900### Walleyes In Red Wine Sauce
8592### Walnut And Chocolate Cookies
11025 Walnut Bread
8593### Walnut Chews
7300### Walnut Cookies
5710### Walnut Cottage Pudding
8594### Walnut Crackers
5711### Walnut Cream Dessert With Chocolate Sauce
8595### Walnut Crescents #2
8596### Walnut Hermits

5712### Walnut Horns
10239### Walnut Orange Salad
10240### Walnut Phyllo Rounds
5713### Walnut Raspberry Brownies
11027 Walnut Shortbread
5714### Walnut-Cinnamon Crisps
5715### Walnut-Pepper Biscotti
11236 Wanny Joe Special Student Style
5716### Warm Apricot Crunch Sundaes
7301### Warm Banana And Papaya Salad
10241### Warm Bean And Tomato Salad With Basil
10242### Warm Blue Cheese Dip
10243### Warm Fajita Rice Salad
1901### Warm Lobster Taco With Yellow Tomato Salsa
10244### Warm Tomato Vinaigrette
10245### Warm Vegetable Seafood Dip
10246### Warmer Kartoffelsalat (hot Potato Salad)
10247### Watercress Finger Sandwiches
10248### Watercress Goat Cheese Salad
10249### Watercress Salad With Bean Cheese Dressing
101### Watergate Salad
5717### Watermelon Rind Preserves
5718### Watermelon Compote
5719### Watermelon Fruit Basket
5720### Watermelon Ice
7302### Watermelon Mint
5721### Watermelon Sherbet
7303### Watermelon Sorbet
7304### Watermelon With Blackberries
10250### Wayward Wontons
9304### Wedding Soup
5722### Wedding Torte
10251### Weight Watchers Apple Cheddar Salad
9305### Weight Watchers Soup
6572### Weihnachtsgans
5723### Weingelee (dessert Wine Jelly)
5724### Weintraubentorte (grape Torte)
9306### Weisse Bohnensuppe (white Bean Soup)
11029 Weixenkeimbrot (molasses Brown Bread)
4352### Welsh Cakes
2854### Welsh Rabbit With Beer (nothing To Do With Wales & Not A Ha
2855### Welsh Rarebit
2625### Wesley's Secret Eggplant Recipe
9307### West African Groundnut Stew
9308### West African Lemony Chicken-Okra Soup
9309### West Indies Pepper Pot Soup
102### West Indies Salad
6573### West: Bombay-Style Chicken Curry In Delicate Cream Sauce
2856### Western Omelet

6574### Western-Style Peking Duck
2626### Westphalian Cabbage
5725### Whacky Cakes
10256 What To Do With All Those Zucchini Bread
8597### Wheat Berry Whizzes
11030 Wheat Bran Bread
7891### Wheat Starch Wrappers For Dumplings
8598### Wheat Thins
11031 Wheaten Bread (maddybenny Irish)
8599### Wheaties Cookies
5726### Whipped Avacado Dessert
11032 Whipped Cream Biscuits
5727### Whipped Cream Filling
5728### Whipped Cream Substitute
5729### Whipped Cream Topping
3391### Whiskey Sour Sirloin
5730### Whisky Fudge Cake
2627### White Asparagus In White Sauce
6575### White Bean Chili
9310### White Bean Soup
9311### White Bean Soup With Rosemary
7558### White Castle And Zucchini Casserole
3392### White Chili
9312### White Chili #1
9313### White Chili #2
9314### White Chili #3
6576### White Chili With Salsa Verde
5731### White Chocolate "ravioli" W/ Hazelnut Filling
5733### White Chocolate Brownies
5734### White Chocolate Chip Cookies With Macadamia Nu
8601### White Chocolate Chip With Macadamia Nut
5735### White Chocolate Creme Brulee
5736### White Chocolate Ice Cream
5737### White Chocolate Lasagna With Peanut Ice Cream & Hot Fudge
5738### White Chocolate Mousse
8603### White Chocolate Nut Cookies
5739### White Chocolate Pound Cake
5740### White Chocolate Ravioli
5741### White Chocolate Roulage
5742### White Chocolate Shortbread
5743### White Chocolate Truffles
5744### White Chocolate Whisper Cake
8604### White Chocolate-Hazelnut Cookies
7305### White Cloud Pasta
8605### White Drop Cookie
1902### White Fish Filets In Bean Sauce
9315### White Fish Pieces In Soup
11247 White Gazpacho
6577### White Meat Ravioli

Sheet1

7306### White Mountain Frosting
1903### White Perch In Beer Batter
5745### White Radish Cake With Beansprouts (kanom Pad Tua Ngok)
7307### White Rice
11165 White Russian
7308### White Sauce
9316### White Sonoran Menudo - Menudo Blanco Sonorese
8606### White Trash
5746### White Wine Balls
5747### White Wine Mold
1904### Whitebait Fritters (nz)
1905### Whitefish With Sauerkraut
11034 Whole Bran Muffins
1906### Whole Salmon With Dill Sauce
11035 Whole Wheat Banana Bread
11039 Whole Wheat Bread (machine)
8607### Whole Wheat Cookies
11041 Whole Wheat Fruit Bread
5748### Whole Wheat Heart Smart Cookies
11042 Whole Wheat Muffins
8608### Whole Wheat Spice Cookies
3393### Wick Fowlers Two Alarm Chili
8609### Wild Blueberry Cookies
6578### Wild Duck And Andouille Sauce Piquant
6579### Wild Goose
6580### Wild Rabbit Gumbo With Oysters
7309### Wild Rice Soup
7310### Wild Rice-Nut Cake
1907### Wild Rice-Stuffed Northern Pike
2628### Wild Rice-Stuffed Squash
1943### Wild Wild Rice Loaf
6581### Williamsburg Chicken As Served At London Town
6582### Williamsburg Chicken As Served At London Town Publik Hou
6583### Williamsburg Chicken As Served At London Town Publik House
2629### Wilted Greens
7311### Wilted Spinach
4369### Wiltshire Lardy Cake
6584### Wine Braised Cornish Hen
5749### Wine Cream Roll
1908### Wine Fish Chunks In Broth
5750### Wine Glazed Oranges
3394### Wine Marinated Kabobs
8610### Wine Tasting Crackers
1909### Wined Fish Chunks In Broth
5751### Winesap Apple Turnovers
5752### Winning Rice Pudding
8611### Winston Cookies
9317### Winter Carrot Soup
5753### Winter Fruit Pandowdy

Sheet1

9318### Winter Melon Soup Simplified (doong Gwah Tong)
9319### Winter Squash And Apple Soup
7313### Winter Squash With Madeira
9320### Winter Vegetable Soup
9321### Winter-Warmer Soup
9322### Wisconsin Cheese Soup
2857### Wisconsin Holiday Fondue
7892### Wok Beef Burgundy
7893### Wok Vegetables
7894### Won Ton In Oyster Sauce
7895### Won Ton In Oyster Sauce (ho Yau Gon Lo Won Ton)
5754### Wonderful Layered Peach Dessert
7314### Wonton Soup
9323### Wonton Soup #1
9324### Wonton Soup #2
9325### Wonton Soup Or Fried Wonton
1910### Woo Dip Har - Butterfly Prawns
8612### World's Best Chocolate Chip Cookies
8613### World's Finest Health Cookie
8614### World's Second Health Cookie
7315### Yale Beets
8615### Yam Crackers
7896### Yan Jian Rou (chili Pork)
11047 Yankee Corn Bread
11048 Yankee Maple Corn Muffins
7316### Yasai Shirozuae
2630### Yataklele Kilkil (potatoes With Nutmeg)
1911### Ybor City Crab Croquettes
7317### Year Of The Dragon Beef
6585### Yellow Curry Chicken
2631### Yellow Split-Pea Puree
4374### Yeola's Bread Pudding
5755### Yoghurt Mint Drink
7318### Yogurt Cheese
6586### Yogurt Chicken
6587### Yogurt Chicken With Garlic-Mint Dipping Sauce
1940### Yogurt Dip
5756### Yogurt Heart With Strawberry Coulis
11237 Yogurt Sundae Student Style
8616### Yogurt Thins
4375### York County Corn Bread
5757### York County Farm Apple Mystery Pudding
3395### Yorkshire Pork Chops
11050 Yorkshire Pudding
7897### Young Jewel Fried Rice (yeung Chau Chow Faan)
11238 Your "basic" Oil And Vinegar Student Style
3396### Youvarlakia
2858### Yucatan Poached Eggs
2859### Yum Kai Kem (salty Egg Salad)

Sheet1

4377### Yum-Yum Gems
2632### Yummy Zucchini Bake
9326### Yunnan Steamed Pot Chicken #1
6588### Yunnan Steamed Pot Chicken #2
5758### Zabaglione (wine-Flavored Custard)
2633### Zacusa (chopped Peppers And Eggplant)
5759### Zesta Dessert
3397### Zesty Barbecued Ribs
3398### Zesty Burgers
7319### Zesty Campania Salad
7320### Zesty Deviled Eggs
6589### Zesty Indian Chicken
5760### Zesty Lemon Granita
8617### Zesty Rosemary-Rye Sticks
9327### Zinfandel's Tortilla Soup
9328### Zinfandel's Tortilla Soup - S.a. Express - Arlene Lightsey
7559### Zippy Beef Casserole
2634### Zippy Cauliflower
7560### Ziti Casserole
11166 Zombie
2635### Zr Frijoles (mexican Beans)
7321### Zucca Alla Noce Di Burro
8618### Zucchini "frisbees"
7561### Zucchini & Tomato Casserole
7322### Zucchini And Cream Cheese Sand.
2636### Zucchini And Hominy
 103### Zucchini And Tomato Casserole
1941### Zucchini And Tomato Salad
5761### Zucchini Apple Crisp
5762### Zucchini Apple Crisp (jamie Dudzik)
4378### Zucchini Bread
 104### Zucchini Casserole
2860### Zucchini Cheddar Quiche
8619### Zucchini Cookies
5763### Zucchini Custard
8620### Zucchini Drop Cookies
11330 Zucchini Fiesta Salad
2637### Zucchini Flower Taco
2638### Zucchini Frittata
11331 Zucchini Frittata
7323### Zucchini Muffins
8621### Zucchini Oatmeal Cookies
1942### Zucchini Patties
2639### Zucchini Patties #2
2861### Zucchini Pesto Quiche
2640### Zucchini Pudding
9329### Zucchini Soup
2641### Zucchini Stuffing Casserole
2642### Zucchini-Layered Meat Loaf

Sheet1

7324### Zucchini-Spice Cake
2643### Zucchini/courgettes With Peanuts
8622### Zucckies (sandy Colby)
9330### Zuchini And Sausage Soup
9331### Zuni Green Chili Stew
2644### Zuni Vegetable Stew
1912### Zuppa Di Cozze
9332### Zuppa Di Vongole (clam Soup)
9333### Zwei-Bohnenensuppe (two Bean Soup)
8623### Zwieback
2645### Zwiebelkuchen (onion Pie)
11394 Apple Brandy Butter
11395 Bamberger Krautbraten (bramberger Meat & Cabbage Casserole)
11396 Bauernfruhstuck (farmers Breakfast)
11397 All-American Hot Dish
11398 All-Bran Seed Loaf
11399 Apfelpfannkuchen (apple Pancakes)
11400 Apple Cheddar Shortcake
11401 Apple Pie In Cheddar Crust
11402 Apple Swirl Cake
11403 Apple-Cheddar Muffins
11404 Australian Cheesecake
11405 Authentic Pennsylvania Dutch Shoo Fly Pie
11406 Buttermilk Chocolate-Hazelnut Cake
11407 Bacon-Wrapped Little Loaves
11408 Bagel Thins Lo Cal Lo Salt
11409 Banana Bread Dip
11410 Banana-Brownies Lo Cal
11411 Barbecued Pork Chops
11412 Batter Rolls
11413 Beef Shreds With Green Pepper
11414 Beef With Wine And Mushroom Sauce
11415 Beef In Red Wine
11416 Bernaise Sauce
11417 Black Bottom Pie
11418 Black Magic Cake
11419 Black Russian
11420 Blitzkuchen Mit Apfeln (apple Cake)
11421 Bloody Mary
11422 Butter Ginger Sauce For Pasta
11423 Butternut Cake
11424 Corn Relish
11425 Creamy Chicken Casserole Lo Cal Lo Fat
11426 Caesar Salad Dressing Low Cal
11427 Cajun Pork Roast
11428 Cake Brownies
11429 Carrot Cake
11430 Carrot Cake (low Fat)
11431 Cauliflower With Beef "sichuan Style"

Sheet1

11432 Caviar Dill And Purple Onion Dip
11433 Champagne Punch
11434 Cheddar Bread Ring
11435 Cheddar Crackers
11436 Cheddar Crumble Apple Pie
11437 Cheddar Date Nut Loaf
11438 Cheddar Fans
11439 Cheddar Cheese Casserole Bread
11440 Cheese-Potato Meat Loaf
11441 Cherry Cheese Pie
11442 Chicken Marinade
11443 Chili Sauce
11444 Chili-Cheese Bread
11445 Chimpanzee Cheesecake
11446 Chinese Barbeque Sauce
11447 Chinese Chicken-Stuffed Peppers
11448 Chocolate Brownies Low Cal
11449 Chocolate Chip Cheesecake Dip
11450 Chocolate Leaf Pie
11451 Chocolate Marble Cheesecake
11452 Chocolate Pretzels
11453 Chocolate Sauerkraut Cake
11454 Chocolate Vinegar Cake
11455 Citrus Chiffon Pie
11456 Coffee Espresso Or Cappuccino
11457 Country Beef Loaf
11458 Cranberry Relish
11459 Crawfish Pie
11460 Cream Cheese Chocolate Cake
11461 Cream Cheese Sauce
11462 Crumb-Nut Cheesecake Crust
11463 Czechoslovakian Cheesecake
11464 Dutch Apple Cake
11465 Deep Dish Peach Pie
11466 Deutsches Beefsteak (german Beefsteaks)
11467 Dutch Cheesecake
11468 Easy Shortbread
11469 Egyptian Chocolate Cake
11470 Eier In Gruner Sosse (eggs In Green Sauce)
11471 English Cheese Pie
11472 English Toffee
11473 Faye's Zucchini Relish
11474 Fresh Tomato Sauce
11475 Family Favorite Burgers
11476 Finnish Curd Cake
11477 Fladle Uberbacken (swabian Pancakes)
11478 Fourth Street Rose Rhubarb Pie
11479 Frances Cook's Bread & Rolls
11480 Franfurter Kranz (frankfurt Crown Cake)

Sheet1

11481 French Cheesecake
11482 Fried Beef With Watercress Salad(bo Luc Lac)
11483 Fried Spinach (rau Muong Xao)
11484 Grand Marnier Marmalade
11485 Garlic Cheese And Nut Dip
11486 Gegrillte Bratwurst (grilled Bratwurst)
11487 Gingersnap Gravy
11488 Gloria Moss Old Fashioned Pumpkin Pie
11489 Golden Citrus-Raisin Dip
11490 Golden Spoon Bread
11491 Golden Treasure Pie
11492 Graham Cracker Cheesecake Crust
11493 Harvest-Time Meatballs
11494 Herb And Oil Marinade
11495 Heringstopf Mit Saurer Sahne (herring Salad With Sour Cream)
11496 Holiday Cheddar Date Cake
11497 Homemade Chips Lo Cal Lo Fat.
11498 Horseradish Bbq Sauce
11499 Hungarian Cheesecake
11500 Hungarian Meatballs
11501 Individual Carrot-Pork Loaves
11502 Italian Meat Sauce
11503 Italian Meatballs In Tomato Sauce
11504 Jager-Eintopf (hunter's Stew)
11505 Jim Echols' Cajun Spice
11506 Kalbsschnitzel Mit Feinen Gemusen (veal Rounds / Vegetables)
11507 Kartoffelpuree Meerrettich (mashed Potatoes/horseradish Crm)
11508 Kartoffelsalat Mit Biermarinade (potato Salad/beer Dressing)
11509 Key Lime Pie
11510 Konigsberger Klopse (konigsberg Meatballs)
11511 Lemon Spice Tea
11512 Lemon Sponge Pie
11513 Libby's Jeweled Relish
11514 Little Cheddar Biscuits
11515 London Town Gratitude Punch
11516 Macaroni Bake Low Cal
11517 Mango Cream Dip
11518 Mango Salsa
11519 Manitoba Wild Rice
11520 Marbled Chocolate Cheesecake (lo Cal)
11521 Marions Best Ever Apple Pie
11522 Mary Yarborough Pie
11523 Mayonnaise Chocolate Cake
11524 Meat Patties
11525 Mile-High Chocolate Cake
11526 Miniature Cheesecakes
11527 Mushroom-Onion Topper
11528 Mustard Butter
11529 Neujahrspretzel (new Year's Pretzels)

Sheet1

11530	New Zealand Kiwi Cheesecake
11531	No-Knead Cheddar Rolls
11532	Onion Chutney
11533	Our Marmalade
11534	Old Fashioned Apple Cider Pie
11535	Old Time Cornbread
11536	Old World Chocolate Cake
11537	Onion Dip Lo Cal
11538	Open-Faced Crab Sandwich
11539	Orange-Glazed Ham
11540	Oriental Bar-B-Q Pork Tenderloin
11541	Oriental Rhubarb Jam
11542	Overnight Coffee Cake
11543	Perfect Apple Butter
11544	Pineapple Raisin And Rum Bread Pudding
11545	Pancakes With Mushrooms
11546	Paskha (russian Cheesecake)
11547	Pastry Cheesecake Crust
11548	Peach Cheese Pie
11549	Peach Walnut Spice Cake
11550	Pecan Pie Pastry
11551	Pepper Beef Balls
11552	Phipps Famous Shortbread
11553	Pickled Mushrooms
11554	Pierogi With Meat
11555	Pineapple Butterscotch Cake
11556	Pineapple-Walnut Dip
11557	Polish Cheesecake
11558	Pop-Up Pizza
11559	Poppin' Fresh Barbe Cups
11560	Pork Chops And Rice
11561	Pork Chops With Garlic And Onions (suon Uop Hanh Toi Nuong)
11562	Pork Tenderloin With Hawaiian Sauce
11563	Pork In Hot Peanut Sauce
11564	Potato Farls (irish)
11565	Potatoes Garlic
11566	Pretzels
11567	Processor Hollandaise Sauce
11568	Quick Tomato Sauce
11569	Red Cabbage li
11570	Rahmapfelkuchen (apple And Rum Custard Cake)
11571	Raspberry Cheese Pie
11572	Raspberry Meringues
11573	Red Beet Chocolate Cake
11574	Red Wine Marinade For Beef
11575	Rhubarb And Nut Streusel Cake
11576	Rice Apple And Raisin Dressing
11577	Rich Cheddar Sauce For Apple Pie
11578	Rinderrouladen (beef Rolls)

Sheet1

11579	Rindfleisch-Eintopf (beef Stew)
11580	Roggenbrot (rye Bread)
11581	Rostbraten Mit Pilzfulle (beef Roast With Mushroom Stuffing)
11582	Rumaki Hors D'oeuvres Restaurant
11583	Sambuca Romana Jam
11584	Salmon Steaks With Wine Sauce
11585	Salsa Low Cal.
11586	Satay Kuah Sauce (spicy Peanut Sauce)
11587	Saucy Bean 'n Beef Pie
11588	Sauerbraten Klopse (sauerbraten Meatballs)
11589	Sauerbraten Mit Ingwer Kuchen Sosse(saurebraten&gingersanps
11590	Sausage And Cornbread Cabbage Rolls
11591	Schokoladenpretzel (chocolate Pretzels)
11592	Schwarzwald Kirschtorte (black Forest Cherry Cake)
11593	Schweinekotelett In Zwiebelsose (pork Chops In Onion Sauce)
11594	Schweinekoteletts In Saurer Sahnesosse (baked Pork Chops)
11595	Scrambled Eggs And Ham
11596	Sesame Butter
11597	Smoked Prime Rib (rich Davis K.c. Masterpiece Resturant)
11598	Soda Bread (irish Whisky Soda)
11599	Souper Baked Sandwich
11600	Sour Cream Chocolate Layer Cake
11601	Spagetti Primavera
11602	Spanish Cheesecake
11603	Spareribs With Mustard Sauce
11604	Spatzle (spaetzle Noodles)
11605	Spiced Chocolate Applesauce Cake
11606	Spicy Thai Noodles
11607	Spooned-Up Meat Loaf
11608	Steak Marinade
11609	Steamed Ginger Rice With Snow Peas
11610	Stirred Custard Sauce
11611	Strawberry Grand Marnier Cheesecake Dip
11612	Strawberry Mousse Cake
11613	Streusel Cream Peach Pie
11614	Streuselkuchen (crumb Cake)
11615	Stuffed Pork Chops
11616	Summertime's Bounty Pie
11617	Swedish Cheese Pie
11618	Sweet 'n' Sour Sauced Pork
11619	Swiss Cheesecake
11620	Swiss-Sauced Broccoli
11621	Tomato Salsa
11622	Traditional Chutney
11623	Tarragon Sauce
11624	Toasty Walnut Muffins
11625	Tomato Brushetta Lo Cal
11626	Topping Low Fat Whipped
11627	Triple Cheese Burgers

Sheet1

11628 Twice Cooked Pork And Spicy Vegetables
11629 Tyler Pie
11630 Ukrainian Cheesecake
11631 Victory Chocolate Cake
11632 Warm Springs Fried Bread
11633 West Haven Chocolate Cake
11634 Westphalian Cheesecake
11635 Wheaten Bread (maddybenny Irish)
11636 Whole Wheat Batter Bread
11637 Whole Wheat Chocolate Cake
11638 Williamsburg Chicken As Served At London Town Publik House
11639 Yule Log
11640 Zesty Italian Zucchini Dip
11641 Zippy Kidney Bean Dip
11642 Zippy Tomato Sauce
11643 Zucchini Chocolate Cake
11644 All Purpose Marinade
11645 Applesauce Cake
11646 Barbecue Sauce Au Justin
11647 Beer Marinade For Beef
11648 Betty Ann's Asparagus Casserole
11649 Cajunized Oriental Pork Chops
11650 Comforting Barbecue Sauce
11651 Crumb Coffee Cake
11652 Date Fruit Cake
11653 Dehydrator Barbecue Sauce
11654 Doris's Pralines
11655 Fish Marinade
11656 Fluffy Gold Cake
11657 Hurry-Up Hollandaise
11658 Italian Sausage Spaghetti Sauce
11659 Justin Wilson's Hush Puppies
11660 Lisa's Tartar Sauce.
11661 Marinade And Basting Sauce For Brisket Of Beef
11662 Marinade For Lamb Or Goat
11663 Mattie's Jam Cake
11664 Mimi's Pound Cake
11665 Oatmeal Cake And Frosting
11666 Remoulade Sauce
11667 Sauce Bechamel
11668 Sour Cream Coffee Cake
11669 Sugar 'n' Spice Apple-Nut Cake
11670 Alfie And Archie's Dog Biscuits
11671 Apple Juice Roast
11672 Arcadian Shepherd's Pie
11673 Brownie Bottom Bourbon Pie
11674 Bubbly Berry Lattice Pie
11675 Butterscotch Apple Crumb Pie
11676 Baked Lobster

Sheet1

11677	Baltimore Peach Cake
11678	Barbecued Beef Roll
11679	Barbeque Sauce 2
11680	Basmati Chaaval
11681	Batter Dipped Tofu
11682	Beef Baked In A Barrel
11683	Beef Pita Greek Style
11684	Beef With Caper Sauce
11685	Beef With Hot Sauce
11686	Blue Cheese Dip
11687	Boston Brown Bread (a Must With Baked Beans)
11688	Bread & Butter Pickles (mother Stickney's Very Best)
11689	Brisket With Prunes
11690	Burgundy Style Beef
11691	C.v. Woods World Championship Chili
11692	Caramel Pecan Pie
11693	Cheese Pudding Pie
11694	Cherry Almond Pie
11695	Cherry Berry Pie
11696	Chess Pie
11697	Chili Poblano Pie
11698	Chocolate Cheese Pie
11699	Chocolate Crumb Pie Shell
11700	Chocolate Pecan Pie
11701	Chocolate Pie
11702	Classic Sour Cream Raisin Pie
11703	Coconut Cream Pie
11704	Cottage Cheese Pie
11705	County Fair Banana Cream Pie
11706	Cranberry Mince Pie
11707	Cranberry Pear Pie
11708	Cream Raisin Pie
11709	Creole Daube Glace'
11710	Crumb Crust
11711	Crumb Pie Shell
11712	Custard Pie
11713	Cafe' Mexicano
11714	Caldillo(new Mexican Green Chili Stew
11715	Caper Sauce
11717	Caribbean Fudge Pie
11718	Carne Adovada (marinated Pork)
11719	Celery Cranberry Relish
11720	Chasing Chili
11721	Cheddar Braids
11722	Cheese Toasts
11723	Cheesecake Cookies
11724	Chil Con Queso
11725	Chil-Beer Brisket Of Beef Over Wild Rice Amadine
11726	Chipotle Mussels With Orange Mayonnaise

Sheet1

11727	Chocolate Creme De Mints
11728	Chocolate Mint Layer Cake
11729	Chunky Beef Fritters
11730	Cilantro-Miso Sauce
11731	Clam Casserole
11732	Classic Lipton Onion Dip
11733	Classic Mud Pie
11734	Classy Mustard-Garlic Mayonnaise Dip
11735	Crab Vegetable Dip
11736	Creamy Corn Sauce
11737	Creamy Miso Dressing
11738	Crusty Cheddar Bread
11739	Curried Lamb
11740	Curried Mayonnaise
11741	Curried Oysters With Banana Salsa
11742	Curry-Lime Dip
11743	Delicious Key Lime Pie
11744	Danish Apple Cake
11745	Deli Brisket Bake
11746	Deviled Swiss Steak
11747	Dutch Spiced Beef
11748	Easy Beef Roll-Ups
11749	Easy Double Chocolate Banana Snack Cake
11750	English Sweet And Sour Ribs
11751	Fillet Of Sole With Tartar Sauce
11752	Fillets Pacifica
11753	Fish Timbales With Curry Sauce
11754	Garam Masala
11755	Golden Harvest Beef
11756	Grape Catsup (good With Baked Beans Or Hash)
11757	Gujerati-Style Cabbage With Carrots (sambhara)
11758	Hacienda Hamburger
11759	Halfway House Pot Roast
11760	Hearthside Cheddar Bread
11761	Hershey's Light Chocolate Cake
11762	Hot Potato Salad
11763	Hot Stuff Dipping Sauce
11764	Iced Coffee
11765	Italian Meatballs In A Basket
11766	Kashmiri Rogan Josh
11767	Kennebunk Relish (surely From Georges Family)
11768	Konigsberg Meatballs
11769	Lamb W/ Yoghurt Coconut Milk & Almond Masala (badami Gosht)
11770	Lamb With Cashew-Nut Curry (korma)
11771	Lamb With Spinach (dilli Ka Saag Gosht)
11772	Margarita Sunrise
11773	Mariachi Beefballs And Rice
11774	Marinade For Steak
11775	Mark's Famous Po-Boy

Sheet1

11776 Mexican Tea Punch
11777 Molasses Popcorn Balls
11779 Mulled Cider
11780 Mustard Sauce (excellent With Corned-Beef)
11781 New England Baked Beans (the Real Thing)
11782 New Hampshire Maple Syrup Pie
11783 No Bake Special K Candies
11784 Nora Mill Grits (white Or Yellow)
11785 Nora Mill Whole Wheat Biscuits
11786 Old Fashion Corned Beef & Cabbage
11787 Parker House Rolls
11788 Poached Salmon With Hollandaise Sauce
11789 Polka Dot Quick Bread
11790 Pot 'n Cot Roast
11791 Real Sauce A La King
11792 Red Chile Pesto Clams
11793 Red Chile Risotto Clams
11794 Rhubarb Cream Pie
11795 Rip & Dip
11796 Rogan Josh
11797 Sangria
11798 Sangria Blanco
11799 Saucy Beef Taco Pizza
11800 Savory Braised Short Ribs
11801 Shahi Korma
11802 Shrimp And Feta Ala Grecque
11803 Southwest Smoothie
11804 Spiced Basmati Rice (masaledar Basmati)
11805 Stained Glass Candies
11806 Stuffed Mexican Meatloaf
11807 Succulent Sour Cream Pot-Roast
11808 Sunrise Popovers
11809 The Doctor's Sourdough Bread
11810 Tomato Bruschetta Lo Cal
11811 Vindaloo (goan-Style Hot And Sour Pork)
11812 Wild Rice Amadine
11813 Yogurt With Cumcumber And Mint (kheere Ka Raita)
11814 Zucchini Fritters
11815 Capital Punishment Chili
11820 \$250.00 Cookies (neiman Marcus)
11821 (crostini Napoletani) Neapolitan-Style Crostini
11823 10-Minute German Sweet Choc. Cream Pie
11824 100 Percent Whole-Wheat Bread
11825 24-Hour Lettuce Salad
11826 3-Bean Salad
11827 90 Minute Dinner Rolls
11829 A 10 Minute Szechuan Chicken
11830 A 100% Parmesan Chicken
11831 A 14 Carat Gold Cake

Sheet1

11832 A 14-Minute Maple Candy
11833 A 2-Minute Fudge
11834 A 24-Hour Chicken Fiesta Salad
11835 A 3-Day Marmalade
11836 A 4 & 20 Meat Pie
11837 A 9 Minute Microwave Pineapple Cake
11838 A Bag Of Bean Tricks
11839 A Different Meatloaf
11840 A Fancy Curry Powder
11841 A Norwegian Coffee Cake "kringlas"
11842 A Nun's Sigh
11843 A Red Chili Nightmare
11844 A To Z Of Spices (part 1)
11845 A To Z Of Spices (part 2)
11846 Aam Lhassi
11847 Abidjan Cabbage Salad
11848 Abilene Chili
11849 Acapulco Chicken (en Escabeche)
11850 Acapulco Rice
11851 Acorns
11852 Adobo (mexican Smoked Chile Marinade)
11853 African Green Pepper And Spinach
11854 African Squash And Yams (futari)
11855 African Tomato-Avocado-Buttermilk Soup
11856 Afternoon Tea Cakes
11857 Aggression Cookies
11858 Ahu
11859 Aigo Bouido (garlic Soup)
11860 Aioli
11861 Aioli Platter
11862 Al's Seafood Bisque - From Al's Soup Kitchen Nyc
11863 Alabama Corn Sticks
11864 Alaskan Sourdough Fruitcake
11865 Alfredo Sauce
11866 All At Once Spaghetti
11867 All Purpose Pickling Solution
11868 All-American Chocolate Cake
11869 All-American Meatloaf *btmf00b*
11870 Allethea Wall's Brown Sugar-Banana Pound Cake
11871 Alligator Cacciatora Banquet
11872 Almond Butter Chicken With Orange Sauce
11873 Almond Butter Christmas Cake
11874 Almond Butter Spread
11875 Almond Cake
11876 Almond Chicken Wings With Plum Orange Sauce
11877 Almond Chocolate Creme Brulee
11878 Almond Coffee Walnuts
11879 Almond Cream Dip With Strawberries
11880 Almond Cream Filling (the Art Of Fine Baking 1961)

Sheet1

11881 Almond Cream Pie
11882 Almond Cream Puff Ring
11883 Almond Cream Sauce
11884 Almond Cream Souffle
11885 Almond Crescents
11886 Almond Crescents (german)
11887 Almond Crescents (oatmeal)
11888 Almond Crescents By Brigitte Sealing
11889 Almond Dumplings (for Soup)
11890 Almond Filling
11891 Almond Macaroon Cherry Pie
11892 Almond Nougat
11893 Almond Pudding
11894 Almond Red Sauce
11895 Almond Rhubarb Pastry
11896 Almond Rocca (#1)
11897 Almond Rocca (#2)
11898 Almond Snow Fruit Boats
11899 Almond Splinters
11900 Almond Topped Pear Pie
11901 Almond Topping
11902 Almondnog
11903 Almost Grandma's Sausage And Peppers
11904 Aloo Matar Rasedaar
11905 Aloo Mattar Rasedaar
11906 Alsatian Onion Pie
11907 Alu Matar (potatoes And Peas In Onion-Tomato Sauce)
11908 Amanda's Angel Food Cake
11909 Amaretti
11910 Amaretto Apples With Meringue
11911 Amaretto Cream
11912 Amarillo Chili
11913 Ambrosia Ice-Cream
11914 Ambush Chili
11915 Amehnat (country Style Beef)
11916 America's Favorite Flavor?
11917 American Black Bread
11918 American Indian Pudding
11919 American Oriental Chicken Soup
11920 Americana Key Lime Pie
11921 Amish Custard Pie
11922 Amish Ham Salad
11923 Amish Ice Cream
11924 Amish Peach Pie
11925 Amish Rhubarb Jam
11926 Amish Rice Pudding
11927 Amish Vanilla Pie
11928 Anasazi-Tofu Enchiladas
11929 Ancho Sauce

Sheet1

11930 Anchovy Sandwich Butter
11931 Anchovy Spread
11932 Anco Chili Devil's Food Cupcakes With Roasted Macadamias
11933 Andouille (#1)
11934 Andouille (#2)
11935 Andouille Smoked Sausage In Red Gravy
11936 Andouille-Tasso Dressing
11937 Andre Black's Carrot Cake
11938 Andrea's Fudge Cake
11939 Angel Cake
11940 Angel Food Cake
11941 Angel Food Trifle
11942 Angel Hair Pasta With Pimiento
11943 Angie's Chicken 'n Dumplings
11944 Anglesey Cake
11945 Anise - Fennel
11946 Anise Hard Candy
11947 Aniseed Chrabeli
11948 Ann Fowler's Toffee Crunch Cake
11949 Ann Howard's Famous Apricot Gelato Sundae
11950 Ann's Tarragon Chicken
11951 Annella Campbell's Company Cake
11952 Annie Mae Jones' Chicken Fricassee
11953 Annie Mae Jones' Corn Chowder
11954 Annie Mae Jones' Fresh Blackberry Cobbler
11955 Annie Mae Jones' Ham And Bean Soup
11956 Annie Mae Jones' Old-Fashioned Fried Chicken
11957 Annie Mae Jones' Peach Cobbler
11958 Annie Mae Jones' Sponge Cake For Strawberry Shortcake
11959 Another Chicken Pot Pie
11960 Anticucho Style Grilled Fish
11961 Antipasto (#1)
11962 Antipasto (#2)
11963 Antipasto Salad (#1)
11964 Antipasto Salad (#2)
11965 Anytime Brownies
11966 Aplets
11967 Aplets And Cotlets
11968 Appetizer Egg Rolls
11969 Apple Almond Coffee Cake
11970 Apple Almond Pancakes
11971 Apple Almond Pie
11972 Apple Almond Tart
11973 Apple And Cider Jelly
11974 Apple And Green Tomato Chutney
11975 Apple And Pork Curry
11976 Apple And Prune Chutney
11977 Apple Blueberry Pie
11978 Apple Bread li

Sheet1

11979 Apple Bread Pudding
11980 Apple Butter Crescents
11981 Apple Cake In A Jar
11982 Apple Candy
11983 Apple Catsup
11984 Apple Cheese Icing
11985 Apple Cheese-Filled Rolls
11986 Apple Cider Pound Cake
11987 Apple Cobbler (#1)
11988 Apple Cobbler (#2)
11989 Apple Cranberry Chutney
11990 Apple Cranberry Pie
11991 Apple Crisp For One -- Microwave (marge Clark)
11992 Apple Crumb Cake
11993 Apple Crumble Pie
11994 Apple Crunch Cake
11995 Apple Dessert Sauce
11996 Apple Dip
11997 Apple Dumplings (eb'l Dumpling)
11998 Apple Fritters (ob'l Puffers)
11999 Apple Glazed Roast Pork
12000 Apple Hermits
12001 Apple Jelly
12002 Apple Johnnycakes
12003 Apple Lasagna
12004 Apple Lokshen (noodle) Kugel (sweet)
12005 Apple Maple Jam
12006 Apple Marmalade
12007 Apple Mash (irish)
12008 Apple Meringue
12009 Apple Meringue Pie
12010 Apple Meringue Pudding
12011 Apple Nut Coffee Cake
12012 Apple Nut Spread
12013 Apple Oatmeal Crisp
12014 Apple Onion Pie
12015 Apple Or Grape Jelly
12016 Apple Or Plum Cake
12017 Apple Orange Spice Muffins (ww)
12018 Apple Pancakes From The Townships
12019 Apple Peanut Cake
12020 Apple Pear Butter
12021 Apple Pear Cake
12022 Apple Pepper Jelly
12023 Apple Pickles
12024 Apple Pie #1
12025 Apple Pie #2
12026 Apple Pie #3
12027 Apple Plum Butter

Sheet1

12028 Apple Plum Crisp
12029 Apple Pork Chops
12030 Apple Pork Roast In Crockpot
12031 Apple Pot Pie
12032 Apple Prosciutto Chicken
12033 Apple Quince Jelly
12034 Apple Raisin Cream Pie
12035 Apple Raisin Crepes
12036 Apple Raisin Scones
12037 Apple Sauce Fruit Cake
12038 Apple Sauce Spice Cake
12039 Apple Sauce Wheat Germ Cake
12040 Apple Slump
12041 Apple Snowballs
12042 Apple Souffle
12043 Apple Spice Cake
12044 Apple Strawberry Jelly
12045 Apple Strudel (apfelstrudel) (sallie Austin)
12046 Apple Tart With Cheddar Crust
12047 Apple Thyme Jelly
12048 Apple-Raisin Whole-Wheat Stuffing
12049 Applebutter From Brigitte Sealing
12050 Apples And Noodles
12051 Apples Normandes
12052 Applesauce And Hazelnut Bread
12053 Applesauce Cake (ob'I Dunkes Kucka)
12054 Applesauce Cake Baked In A Jar
12055 Applesauce Crisp
12056 Applesauce Fudgies
12057 Applesauce Raisin Squares
12058 Applesauce Walnut Cake
12059 Applesauce Whole Wheat Squares
12060 Applesaucy Chicken
12061 Applettes
12062 Apricot Almond Bark
12063 Apricot Amaretto Cake
12064 Apricot And Walnut Chutney
12065 Apricot Angel Pudding
12066 Apricot Basting Sauce
12067 Apricot Bundt Coffeecake
12068 Apricot Butter
12069 Apricot Cheese Pie
12070 Apricot Chicken With Boysenberries
12071 Apricot Chutney
12072 Apricot Coffee Cake
12073 Apricot Cream Cheese Spread
12074 Apricot Cream Filling (the Art Of Fine Baking 1961)
12075 Apricot Cream Whip (also Good In Peaches)
12076 Apricot Crumbcake

Sheet1

12077 Apricot Delight
12078 Apricot Filling
12079 Apricot Fool
12080 Apricot Gelatin
12081 Apricot Ginger Conserve
12082 Apricot Ice-Cream
12083 Apricot Jalapeno Jelly
12084 Apricot Jam
12085 Apricot Kolachky Filling #1
12086 Apricot Layer Pudding
12087 Apricot Lite Jam
12088 Apricot Marmalade
12089 Apricot Meat Loaf Roll
12090 Apricot Preserves
12091 Apricot Pudding
12092 Apricot Raspberry Jam
12093 Apricot Rosemary Chicken
12094 Apricot Sauce Iii
12095 Apricot Snow
12096 Apricot Snowballs
12097 Apricot Spread
12098 Apricot Strudel
12099 Apricot Orange & Almond Jam
12100 Arabian Ribbon Cake
12101 Arabian Stew
12102 Arcadian Eight Bean Chili
12103 Arkansas Cheesecake
12104 Arkansas River Apple Cakes
12105 Armadillo Chili
12106 Armenian Stew
12107 Aromatic Cabbage
12108 Arroz Blanco
12109 Arroz Con Pollo (chicken With Rice)
12110 Arroz Con Pollo Chicken And Rice Casserole
12111 Arroz De Bacalhau
12112 Arroz Dulce (sweet Rice)
12113 Arroz Verde
12114 Artichoke Bisque
12115 Artichoke Chicken Casserole
12116 Artichoke Dip (#1)
12117 Artichoke Dip (#2)
12118 Artichoke Dip (#3)
12119 Artichoke Dip (#4)
12120 Artichoke Dip (#5)
12121 Artichoke Squares #1
12122 Artichoke Tart In Walnut Pastry
12123 Artichokes And Peas
12124 Arugula And Tomato Salad
12125 Arugula Potato And Leek Soup

Sheet1

12126 Asian Crepinettes
12127 Asian Hot-Que Grill Sauce For Chicken Beef Or Pork
12128 Asopao De Pollo
12129 Asparagi Fritti Al Prosciutto
12130 Asparagus & Chicken Pasta
12131 Asparagus And Acron Squash Rings
12132 Asparagus And Emmenthaler Tart
12133 Asparagus Cheese Casserole
12134 Asparagus In Its Own Juices
12135 Asparagus Potato Soup
12136 Asparagus Soup (#1)
12137 Asparagus Soup (nz)
12138 Asparagus Strudel
12139 Asparagus Vichyssoise
12140 Asparagus With Hot Bacon Dressing
12141 Assorted Vegetables In Clear Sauce
12142 Atjar Tumis Djamur (mushroom Pickles)
12143 Atole - Atole De Zarzamora
12144 Au Gratin Potatoes And Ham
12145 Au Gratin Turnips And Potatoes
12146 Aubergine Relish - Sambal Terong
12147 Aunt Mary's Hot Peppers
12148 Aunt Ro's Coleslaw
12149 Australian Dinkum Chili
12150 Australian Dinkum Chili (original Recipe)
12151 Austrian Cheesecake
12152 Austrian Gugelhupf
12153 Austrian Homestyle Generic Vegetable Soup
12154 Authentic Fried Rice
12155 Authentic Texas Border Chili
12156 Autumn Quinoa And Butter Beans
12157 Avocado Butter
12158 Avocado Cilantro Soup
12159 Avocado Gazpacho Soup
12160 Avocado Ice Cream
12161 Avocado Relish
12162 Avocado Soup With Green Peppercorns
12163 Avocado Soup With Radishes And Cilantro Cream
12164 Avocado Tofu Egg Dip
12165 Avocado Tomato And Mushroom Salad
12166 Avocado Whip
12167 Avocado Relish From The Mesa Grill
12168 B/m "sour" Sourdough
12169 Baba Ghannouj (eggplant Appetizer) (#1)
12170 Baba Ghannouj (eggplant Appetizer) (#2)
12171 Baba Ghannouj (eggplant Appetizer) (#3)
12172 Babi Ketjap (pork In Soy Sauce)
12173 Babka (yeast Cake)
12174 Baby Apple Crunch

Sheet1

12175 Baby Carrots Glazed With Butter
12176 Baby Corn Relish
12177 Baby Ruth Layer Cake
12178 Bacon And Bean Soup
12179 Bacon And Egg Pie
12180 Bacon Avocado And Cheese Omelets With Tomato Salsa
12181 Bacon Cheese Muffins
12182 Bacon Flavored Dip Mix
12183 Bacon Roll Ups
12184 Bacon Stuffed Burgers
12185 Bacon Wrapped Turkey Burgers
12186 Badam Barfi (almond Fudge)
12187 Bagna Caudi (on Ziti With Carrots)
12188 Baigan Aur Tamaatar
12189 Bailey's Chocolate Chip Cheesecake
12190 Baja Seafood Stew
12191 Bajan Baked Chicken
12192 Bajan Black Bean Soup
12193 Bake And Baste Chicken
12194 Bake Cherry Chesse Pie
12195 Baked Apple Dumplings
12196 Baked Apple Rice Pudding
12197 Baked Apple With Maple Yogurt Sauce
12198 Baked Apples In Phyllo Cups
12199 Baked Apples Stuffed With Dates Walnuts
12200 Baked Apricots
12201 Baked Bananas
12202 Baked Bean Soup
12203 Baked Bean Speed-Up
12204 Baked Brie In A Crust
12205 Baked Bulgur With Pecans
12206 Baked Burgundy Beef
12207 Baked Canned Ham
12208 Baked Caramel Corn
12209 Baked Cherry Cheese Pie
12210 Baked Chicken Breasts With Rice And Vegetable Stuffing
12211 Baked Chicken Burgers
12212 Baked Chicken In Honey Sauce
12213 Baked Chicken Kiev
12214 Baked Chicken Livers
12215 Baked Chicken Salad (oster Kitchen Center Cookbook)
12216 Baked Chicken With Cider And Apples
12217 Baked Chicken With Sherry Mushroom Sauce
12218 Baked Chicken With Tomato Sauce
12219 Baked Chicken Microwave
12220 Baked Chimichangas
12221 Baked Chocolate Custard
12222 Baked Citrus Swordfish
12223 Baked Cod With Stuffing

Sheet1

12224	Baked Cranberry Pork Chops
12225	Baked Custard (master Recipe) And Variations
12226	Baked Eggplant With Two Cheeses
12227	Baked Fish Steaks (nz)
12228	Baked French Toast
12229	Baked Fresh Salmon
12230	Baked Garlic Chicken Legs
12231	Baked Ham
12232	Baked Ham In Champagne
12233	Baked Ham W/ Spicy Orange Glaze (micro)
12234	Baked Ham With Strawberry Sauce
12235	Baked Harvest Vegetables
12236	Baked Horseradish Chicken
12237	Baked Ice-Cream
12238	Baked Lasagna
12239	Baked Lemon Chicken
12240	Baked Lemon Chicken With Peppers
12241	Baked Limas And Chicken
12242	Baked Macaroni & Tofu
12243	Baked Maple Bananas
12244	Baked Microwave Spiced Pork Chops
12245	Baked Nut Candy
12246	Baked Papaya
12247	Baked Party Dip
12248	Baked Peaches From The Piedmont
12249	Baked Peaches Italian Style
12250	Baked Peameal Bacon
12251	Baked Peanut Butter Chicken
12252	Baked Pineapple
12253	Baked Pork Carrot Dinner
12254	Baked Pork Chops
12255	Baked Pork Chops (for The Microwave)
12256	Baked Rice Pudding
12257	Baked Rice With Green Chiles
12258	Baked Salmon Rolls
12259	Baked Stuffed Lake Trout Salmon Or Walleyed Pike
12260	Baked Stuffed Vidalia Onions
12261	Baked Vanilla Cheesecake
12262	Baked Vegetable And Seafood Won Tons
12263	Baked Whole Ham
12264	Baked Zucchini Boats
12265	Bakeless Cookies
12266	Bakewell Tart
12267	Baklava (Papadakis Taverna)
12268	Baklava (low Fat Low Cal Version)
12269	Baklava 2
12270	Bakoy Highwaymen Style Soup
12271	Balsamic Chicken And Broccoli
12272	Balsamic Roast Chicken

Sheet1

12273 Balsamico Chicken With Olives
12274 Banana Boats
12275 Banana Bonanza Ice Cream *
12276 Banana Brownies
12277 Banana Brownies Lo Cal
12278 Banana Butter
12279 Banana Butter Frosting
12280 Banana Cake
12281 Banana Chocolate Cake
12282 Banana Chocolate Pudding Cake
12283 Banana Coconut Bake (akwadu)
12284 Banana Condiment
12285 Banana Cookie Ice Cream *
12286 Banana Cream Pie
12287 Banana Cream Puffs
12288 Banana Curry Dip
12289 Banana Date Cake
12290 Banana Delight
12291 Banana Fritters
12292 Banana Ginger Bran Muffins
12293 Banana Green Mango Chutney
12294 Banana Ice Cream
12295 Banana Layer Cake
12296 Banana Lemon Sauce For Pancakes
12297 Banana Meringue Pie
12298 Banana Mocha Ice Cream *
12299 Banana Nut Muffins
12300 Banana Pancakes
12301 Banana Passover Sponge Cake
12302 Banana Pineapple Kabobs
12303 Banana Pudding
12304 Banana Pudding - 50's Style
12305 Banana Pudding Surprise
12306 Banana Push-Ups
12307 Banana Shortcake
12308 Banana Sour Cream Bars
12309 Banana Sour Cream Waffles
12310 Banana Spice Cake
12311 Banana Split Cake li
12312 Banana Split Cake Weight Watchers
12313 Banana Split Sundaes (microwave)
12314 Banana Stuffed French Toast
12315 Bananas Foster Bread Pudding
12316 Bananas Rosanna
12317 Bangor Tomato Devil's Food Cake With Classic Boiled Icing
12318 Barb's Ohio Buckeyes
12319 Barb's Special Sweet Breads Part 2
12320 Barb's Special Sweet Breads Part 3
12321 Barb's Special Sweet Breads Part 5

Sheet1

12322 Barb's Special Sweet Breads Part I
12323 Barbacoa De Cabeza
12324 Barbara Bush's Chocolate Chip Cookies
12325 Barbara's Applesauce Meat Loaf
12326 Barbara's Skillet Chicken
12327 Barbecue Beef Ribs
12328 Barbecue Meatloaf
12329 Barbecue Meatloaf Aussie Style
12330 Barbecue Sauce # 3
12331 Barbecue Sauce # 4
12332 Barbecue Sauce - Norine Juenger - Lenzburg
12333 Barbecue Sauce 1
12334 Barbecue Sauce 2
12335 Barbecue Sauce Prudhomme
12336 Barbecue Wing Dings
12337 Barbecued Beef (korean Bul Kogi)
12338 Barbecued Beef Ribs
12339 Barbecued Bits
12340 Barbecued Brisket Of Beef
12341 Barbecued Fish
12342 Barbecued Ham And Pineapple
12343 Barbecued Lamb (nz)
12344 Barbecued Marinated Chicken
12345 Barbecued Pigs' Tails
12346 Barbecued Pork Bun (cha Siu Bow)
12347 Barbecued Pork North Carolina Style
12348 Barbecued Pork Spare Ribs
12349 Barbecued Ribs South American Style
12350 Barbecued Short Ribs
12351 Barbecued Spiced Bananas
12352 Barbecued Tempeh
12353 Barbecued Wing Dings
12354 Barbecued Wings & Ribs
12355 Barley Basil Pilaf
12356 Barley Casserole #1
12357 Barley Soup
12358 Barley Soup Casserole
12359 Barley Soup With Ham
12360 Barley-Buttermilk Soup
12361 Basai Badawi (onions With Lentils Nuts And Fruit)
12362 Basic Apple Pie
12363 Basic Biscuits - *p Cooking Class
12364 Basic Blender Mayonnaise
12365 Basic Cake Mix
12366 Basic Chicken Stock
12367 Basic Chili
12368 Basic Chocolate Sauce
12369 Basic Chowder
12370 Basic Cooked Rice - Prudhomme

12371	Basic Cookie Mix
12372	Basic Cream Soup And Variations
12373	Basic Creme Center
12374	Basic Divinity
12375	Basic Egg-Pasta Recipe
12376	Basic Fish Chowder
12377	Basic Fresh Pasta Dough
12378	Basic Fruit Sauce
12379	Basic Green Sauce
12380	Basic Honey Jelly
12381	Basic Honey Taffy
12382	Basic Mustard And Variations
12383	Basic Oven Meatballs
12384	Basic Pie Crust
12385	Basic Recipe For Steamed Pudding
12386	Basic Red Sauce
12387	Basic Salsa
12388	Basic Shrimp Stock
12389	Basic Sourdough Starter
12390	Basic Sourdough Starter (with Potato)
12391	Basic Southern Tomato Sauce
12392	Basic Sponge Cake
12393	Basic Stock - Prudhomme
12394	Basic Turkey Burger Plus
12395	Basic Vegetarian Tomato Sauce
12396	Basic White Bread I
12397	Basic White Sauce W/variations
12398	Basic White Sauce With Variations
12399	Basil Brie Toast
12400	Basil Onion Pie
12401	Basil Pork Chops
12402	Basil Potato And Egg Salad
12403	Basil-Parmesan Scones
12404	Basil-Ricotta Stuffed Chicken Legs With Bacon
12405	Basil-Tomato-Pasta
12406	Batter For Frying - Oriental
12407	Batter Fried Brain Sandwiches
12408	Battleview's Blueberry Crunch
12409	Bavarian Cream
12410	Bavarian Cream Torte With Fresh Strawberries Or Raspberries
12411	Bavarian Spice Chocolate Cake
12412	Bavarian Wieners
12413	Bay Country Crab Soup
12414	Bayou-Country Beignets
12415	Bazaar Vegetable Soup
12416	Bbq Lamb Chops
12417	Bbq Meatloaf Aussie Style
12418	Bbq Pork Loin Chops
12419	Bea's Unstuffed Cabbage

Sheet1

12420	Bean And Franks Soup
12421	Bean And Pistou Soup
12422	Bean And Rice Burritos
12423	Bean Burrito Layers
12424	Bean Burritos
12425	Bean Chili
12426	Bean Curd Rolls
12427	Bean Curd With Broccoli
12428	Bean Curd With Chinese Parsley
12429	Bean Curd With Ginger
12430	Bean Curd With Pineapple
12431	Bean Moussaka
12432	Bean Tortilla Casserole
12433	Bean Barley & Sausage Soup
12434	Beans & Franks
12435	Beans Cooked In A Pot (frijoles De Olla)
12436	Beans For Burritos
12437	Beaten Biscuits
12438	Beef & Vegetable Skillet Dinner
12439	Beef And Bean Chili
12440	Beef And Macaroni
12441	Beef And Macaroni Chili
12442	Beef And Pork Chili
12443	Beef And Tofu
12444	Beef Bourguignonne li
12445	Beef Burger Mignon
12446	Beef Burritos
12447	Beef Flank Steak With Mushroom Stuffing
12448	Beef Jerky (#1)
12449	Beef Jerky (#2)
12450	Beef Jerky A La Willie
12451	Beef Noodle Bake
12452	Beef Pita Greek Style #2
12453	Beef Rendang
12454	Beef Rhapsody In Blue En Croute
12455	Beef Rib Eye Roast With Red Wine Mushroom Sauce
12456	Beef Roast With Mushroom Stuffing
12457	Beef Roasted In Salt Crust
12458	Beef Short Ribs Adobo With Spinach
12459	Beef Spectacular
12460	Beef Stew With Cranberries
12461	Beef Stew Pressure Cooked
12462	Beef Stewed In Cranberry Chutney
12463	Beef Strips And Carrots
12464	Beef Tacos
12465	Beef Tortilla Casserole
12466	Beef Vindaloo
12467	Beef Wellington
12468	Beef Wellington (gourmet Mag)

Sheet1

12469 Beef Brown Rice And Feta Casserole
12470 Beef Cauliflower And Snow Peas
12471 Beet & Cucumber Salad W/orange Dressing
12472 Beet Cabbage Relish
12473 Beet Cake
12474 Beet Relish
12475 Beet Soup With Dill And Yogurt
12476 Beginners Popcorn Balls
12477 Beignes Aux Dattes De Ma Mere (mother's Date Doughnuts)
12478 Beignets With Chocolate And Apricot Sauce
12479 Beinets Or French Fritters
12480 Belgian Club Soda Waffles
12481 Belgian Endive And Ham Au Gratin
12482 Believe It Or Not Cake
12483 Bellini Mousse
12484 Bellinis
12485 Benihana Ginger Sauce
12486 Benihana Magic Mustard Sauce
12487 Benihana Mustard Sauce
12488 Benne Brittle
12489 Benne-Oyster Soup
12490 Berbere
12491 Berks County Potato Custard Pie
12492 Berks County Potato Dumplings
12493 Berries Delight
12494 Berries With Pepper Sauce
12495 Berry Berry Sundae
12496 Berry Buttermilk Soup
12497 Berry Rhubarb Fool
12498 Berry Sauce
12499 Bert Greene's Peppered Chili
12500 Best Butterscotch Pudding
12501 Best Chocolate Cake With Fudge Frosting
12502 Best Ever Brownies
12503 Best Ever Chocolate Cake
12504 Best Ever Plain Ole Peas (black-Eyes)
12505 Best Peach Conserve
12506 Best Pinto Bean Soup
12507 Best Rhubarb Cake
12508 Bestever Pound Cake
12509 Better Than Sex Cake
12510 Better Than Sex Cake (ladies Only)
12511 Better Than Sex Pie
12512 Betty Carter's Company Chicken
12513 Betty Carter's Refrigerator Pickles
12514 Beurre Maitre D'hotel
12515 Bienville Sauce
12516 Big Batch Rolls
12517 Big Bucket In The Sky Chicken (k F C) - Gloria Pitzer

Sheet1

12518	Big Bucket In The Sky Fried Chicken
12519	Bimini Bread
12520	Bird Cake
12521	Bird's Nest Pudding
12522	Birria
12523	Birria (seasoned And Baked Meat)
12524	Biryani Rice
12525	Biscuit Bonanza
12526	Biscuit Mix
12527	Biscuit Short Cake
12528	Biscuit Topped Italian Casserole
12529	Bishop Pie
12530	Bishop Whipple Pudding
12531	Bisquick Blueberry Muffins
12532	Bisquick Sausage
12533	Bistro In A Pot
12534	Bittersweet Chocolate Coated Truffles
12535	Bizcochitos
12536	Black & White Cheesecake
12537	Black And Orange Ice-Cream
12538	Black And White Fudge
12539	Black Bean "cassoulet" Soup
12540	Black Bean Burritos
12541	Black Bean Chili
12542	Black Bean Chili Burgers
12543	Black Bean Chili With Toasted Spice Seasoning
12544	Black Bean Gazpacho
12545	Black Bean Pesto
12546	Black Bean Quesadillas
12547	Black Bean Soup With Cumin
12548	Black Bean Soup With Jalapenos
12549	Black Beans With Bean Curd
12550	Black Cake
12551	Black Chili Paste - Nam Prik Pow *
12552	Black Chocolate Cake
12553	Black Chocolate Cake Frosting
12554	Black Currant & Red Currant Tarts
12555	Black Forest Cheese Cupcakes
12556	Black Forest Cherry Cake
12557	Black Forest Pudding
12558	Black Forest Torte
12559	Black Jack Bbq Sauce
12560	Black Magic Cake (for Food Processor)
12561	Black Or Pinto Beans & Chicken Southwestern Style
12562	Black Pepper Cream Gravy
12563	Black Raspberry Cobbler
12564	Black Walnut Cake
12565	Black Walnut Christmas Cake
12566	Black Walnut Taffy

Sheet1

12567 Black-Eyed Pea-Corn Salad
12568 Blackberries With Minted Ricotta Cream (weight Watchers Mag
12569 Blackberry Jam Cake With Caramel Icing
12570 Blackberry Mini-Flan
12571 Blackberry Preserves
12572 Blackberry Sauce
12573 Blackberry Wine Cake
12574 Blackberry Zabaglione
12575 Blackened Chicken
12576 Blackened Pork Chops
12577 Blackened Red Steaks
12578 Blackeyed Peas And Rice
12579 Blanquette Of Veal And Cauliflower
12580 Blazing Cranberry Pie
12581 Blender Breakfast
12582 Blender Broccoli Soup
12583 Blender Hollandaise Sauce For Trout
12584 Blender Hollandaise Sauterne
12585 Blender Peach Parfait
12586 Blintz Batter - (mama Leah)
12587 Blintzas
12588 Blintzes
12589 Blintzes Cheese Or Fruit
12590 Blitz Torte
12591 Blondies
12592 Blondies .. Pdpp83a
12593 Blood And Tongue Sausage
12594 Blood Sausage (kiszka)
12595 Blossom Butter
12596 Blt Potato Salad
12597 Blue Cheese Burgers
12598 Blue Cheese Souffle
12599 Blue Cheese Toasts With Walnuts
12600 Blue Cheese Hazelnut And Herb Terrine
12601 Blue Corn And Buttermilk Fried Chicken
12602 Blue Corn Waffles
12603 Blueberries Topped With Lemon Mousse
12604 Blueberry And Cherry Cream Cheese Pie
12605 Blueberry And Spice Sauce
12606 Blueberry Betty
12607 Blueberry Bread
12608 Blueberry Buckle
12609 Blueberry Buttercream Torte
12610 Blueberry Cheese Pie
12611 Blueberry Chews
12612 Blueberry Chutney
12613 Blueberry Clafoutti
12614 Blueberry Cobbler
12615 Blueberry Cornmeal Loaf Cake

12616	Blueberry Cottage Pudding
12617	Blueberry Coulis
12618	Blueberry Crisp
12619	Blueberry Cup Cakes
12620	Blueberry Fluff
12621	Blueberry Funny Cake
12622	Blueberry Grunt
12623	Blueberry Icebox Cake
12624	Blueberry Jam
12625	Blueberry Lemon Cobbler
12626	Blueberry Lemon Ice Cream
12627	Blueberry Marmalade
12628	Blueberry Mousse
12629	Blueberry Or Huckleberry Jam
12630	Blueberry Parfaits (low-Cal)
12631	Blueberry Pineapple Mold
12632	Blueberry Poppy Seed Brunch Cake
12633	Blueberry Pot Pie
12634	Blueberry Pudding
12635	Blueberry Pudding With Lemon Cream Sauce
12636	Blueberry Sauce
12637	Blueberry Snow Ice Cream
12638	Blueberry Spread
12639	Blueberry Torte
12640	Blueberry-Cherry Jam
12641	Blueberry-Lemon Bread
12642	Blueberry-Lemon Jam
12643	Blueberry-Rhubarb Crumble
12644	Blueberry-Rhubarb Jam
12645	Bluefish Chowder
12646	Bluegill Dip
12647	Blushing Grapefruit Marmalade
12648	Boiled Custard
12649	Boiled Frosting
12650	Boiled Pork Dumplings
12651	Bombay (mild) Curry Mixture
12652	Bombe Aux Trois Chocolats (part 3)
12653	Bombe Aux Trois Chocolats (part 4)
12654	Bon Blé Riz Bon Bon Chicken
12655	Bon Bon Chicken
12656	Boneless Chicken With Pimiento's
12657	Boot Scootin' Bean Soup
12658	Bosche Bollen
12659	Boston Cake
12660	Boston Cream Pie
12661	Botana Peanuts
12662	Boudin Du Pays (blood Pudding)
12663	Boudin Sausage
12664	Bouillon

Sheet1

12665 Bouranee Baunjan (eggplant With Yoghurt Sauce)
12666 Bow Ties W/sausage Tomatoes & Cream
12667 Bow Ties With Sausage Tomatoes And Cream
12668 Boxwallah's Chutney
12669 Boy's Legs (boova Shenkel)
12670 Braised Beef Cube Mix
12671 Braised Belgian Endive
12672 Braised Breast Of Duck/chicken With Peaches
12673 Braised Celery
12674 Braised Lamb Shanks
12675 Braised Leeks
12676 Braised Leeks & Mushrooms
12677 Braised Lettuces
12678 Braised Meat Loaf
12679 Braised Pork And Tomato Sauce For Orzo
12680 Braised Pork Chops (microwave)
12681 Braised Red Onions
12682 Braised Sweetbreads
12683 Bramberger Meat & Cabbage
12684 Bran Buckwheat Bread
12685 Bran Candy
12686 Brandied Cranberries
12687 Bratwurst
12688 Brazil Nut Bark
12689 Brazil Nut Spice Cake
12690 Brazilian Chicken And Mushrooms
12691 Brazilian Iced Chocolate Coca-Cola
12692 Bread And Butter Pickles
12693 Bread Crumb Cake
12694 Bread Pudding (again)
12695 Bread Pudding - Clinton
12696 Bread Pudding Made With French Bread
12697 Bread Pudding Made With White Bread
12698 Bread Pudding With Meringue
12699 Bread Pudding With Praline Sauce
12700 Bread Sponge Cake
12701 Bread Sticks
12702 Bread Stuffing (for Poultry)
12703 Breaded Pineapple
12704 Breaded Pork Chops
12705 Breaded Tofu Cutlets
12706 Breaded Veal Cutlet (weinerschnitzel)
12707 Breakfast Patties
12708 Breakfast Sandwiches
12709 Breast Of Chicken Magnifique
12710 Breast Of Chicken Toledo For Two
12711 Breast Of Chicken With Mustard Sauce
12712 Brenda's Italian Bread
12713 Brenda's Pumpkin Cake Roll

Sheet1

12714 Brennan's Strawberries Romanoff
12715 Bresse Farmhouse Chocolate Cake
12716 Brigitte Sealing's Melba Cheesecake Pie
12717 Brigitte's German Cabbage Casserole
12718 Brigitte's Tuna Burgers
12719 Brined Dills
12720 Brisket Of Beef With Sauerkraut And Dumplings
12721 Brisket With Peppercorns
12722 Broad Beans And Bacon (dicke Bohnen Mit Speck)
12723 Broccoli "castlerole"
12724 Broccoli & Blue Cheese Puff Pastry
12725 Broccoli Bud Soup
12726 Broccoli Cheese Pie
12727 Broccoli Cheese Wedges
12728 Broccoli Crevette Soup
12729 Broccoli Onion Soup
12730 Broccoli Rabe
12731 Broccoli Vichyssoise
12732 Broccoli-Cheese-Mustard Soup
12733 Broccoli/mushroom Chowder
12734 Brochettes Of Bay Scallops
12735 Brocoli And Artichoke Casserole
12736 Brocoli Casserole
12737 Brocoli Salad
12738 Broiled Chicken Deluxe
12739 Broiled Chicken Paprika
12740 Broiled Eggplant With Walnut Sauce
12741 Broiled Family Fare Beef Steak
12742 Broiled Ham With Peanut-Orange Sauce
12743 Broiled Potato Skins
12744 Broiled Steak
12745 Broiled Swordfish And Cucumber Sauce
12746 Broiled Tomatoes (mexican)
12747 Broiled Tomatoes With Feta Cheese
12748 Bronzed Chicken Wings With Young Ginger
12749 Brown Bagger's White Bread
12750 Brown Betty
12751 Brown Betty Pudding
12752 Brown Bread Ice-Cream
12753 Brown Butter Blackberry Charlotte
12754 Brown Lentil Bake With Pineapple
12755 Brown Rice Casserole
12756 Brown Rice Chicken Bake
12757 Brown Sugar Fudge
12758 Brown Sugar Fudge - Penuche
12759 Brown Sugar Icing
12760 Brown Sugar Pudding Sauce
12761 Brown Sugar Slices
12762 Brown Sugar Squares

Sheet1

12763 Brown Sugar Taffy
12764 Browned Butter Cookies
12765 Brownie Cakes In A Jar
12766 Brownie Mix
12767 Brunoise
12768 Brunswick Stew
12769 Brunswick Stew Family-Size Recipe
12770 Bruschetta With Tomato Basil And Mozzarella Relish
12771 Brussels Sprouts Gratin
12772 Bubba's Fajitas
12773 Bubbie's Dairy Noodle Kugel
12774 Bubbies Chicken Soup
12775 Buckeyes
12776 Buckwheat Applesauce
12777 Buckwheat Bake
12778 Buckwheat Bread
12779 Bud's Pineapple Drops
12780 Buddhist Nuoc Leo
12781 Budwix Cream
12782 Buffalo Chicken Wings With Blue Cheese Dressing
12783 Buffalo Fire Flings - Wings
12784 Bulgar Sweet (lapsi)
12785 Bulgur Burgers
12786 Bulgogi #1
12787 Bulgogi #2
12788 Bulgogi (marinated Sirloin Steak)
12789 Bulgur And Lentil Pilaf
12790 Bulgur Bread
12791 Bulgur Chili
12792 Bulgur Saute
12793 Bulgur Lentil & Tofu Casserole
12794 Bun Less Super Bowl Burger
12795 Bunch O' Bread
12796 Burmese Coconut Rice
12797 Burmese-Style Coconut Spiced Fruit Rice
12798 Burnt Grapes
12799 Burnt Orange Meringue Cake
12800 Burnt Strawberry Cream
12801 Burnt Sugar Cake
12802 Burnt Sugar Candy
12803 Burrito Filling
12804 Buster Brown Cake
12805 Butter Cake
12806 Butter Confectionary Candy
12807 Butter Dips
12808 Butter Frosting
12809 Butter Icing
12810 Butter Pecan Cheesecake
12811 Butter Sauce For Cooked Artichokes

Sheet1

12812 Butter Sauces #2
12813 Butter Sauces #3
12814 Butter Sauces #5
12815 Butter Semmels (a Moravian "companies" Delicacy)
12816 Butter Sponge Cake
12817 Butter Sponge For French Pastry
12818 Butter Tart Pie
12819 Butter Tarts
12820 Butter-Dipped Biscuits
12821 Butter-Scotch
12822 Butter-Scotch Cookies
12823 Butter-Scotch Sundae
12824 Buttered Brazil Nuts
12825 Buttered Bread Crumbs
12826 Buttered Honey Nuts
12827 Buttered Saffron Rice
12828 Butterfingers Candy
12829 Butterfly Soup
12830 Butterless Eggless Milkless Cake
12831 Buttermilk Brown Sugar Pound Cake
12832 Buttermilk Butter Cake
12833 Buttermilk Cake
12834 Buttermilk Chocolate Hazelnut Cake
12835 Buttermilk Pecan Pralines
12836 Buttermilk Pecan Pralines (cook 'em Horns)
12837 Buttermilk Spice Cake
12838 Buttermilk Waffles
12839 Buttermilk Waffles With Raspberry Sauce
12840 Butternut Bisque
12841 Butternut Maple Pecan Buns
12842 Butterscotch Bananas
12843 Butterscotch Bars
12844 Butterscotch Candy
12845 Butterscotch Fudge
12846 Butterscotch Ice Cream
12847 Butterscotch Pecan Crumb Cake
12848 Butterscotch Pecan Rolls
12849 Butterscotch Pie
12850 Butterscotch Pudding Mix
12851 Butterscotch Sauce For Ice Cream
12852 Butterscotch Tapioca
12853 Buttery Caramel Quicks
12854 Buzzard's Breath Chili
12855 Bye Bye Birdy Curry Dip
12856 Cabbage And Bacon Goulash
12857 Cabbage Cooked With Bean Curd
12858 Cabbage In Dutch Style
12859 Cabbage Loaf
12860 Cabbage Orzo And Sausage Soup

Sheet1

12861	Cabbage Relish
12862	Cabbage-Filled Peppers
12863	Cabinet Pudding
12864	Cabinet Pudding - Bread And Butter Pudding
12865	Cactus Candy
12866	Caesar Chicken
12867	Caesar Salad Dressing Mix
12868	Caesar Salad With Tortellini
12869	Cafe Au Lait Custard
12870	Cafe Beaujolais Sour Cream Waffles
12871	Cajeta De Leche (burnt Milk)
12872	Cajun 3-Pepper Bread
12873	Cajun Black Bean Soup
12874	Cajun Hushpuppies
12875	Cajun Prime Rib - Blackened
12876	Cajun Red Beans And Rice
12877	Cajun Seasoning
12878	Cajun Shepherd's Pie
12879	Cajun Spice Mix
12880	Cajun Vinegar
12881	Cajun-Country Bread Pudding With Rum Sauce And Soft Cream
12882	Cake And Wine Pudding (kucha Un Wei)
12883	Cake Doughnuts
12884	Cake Pockets
12885	Cake Recipe
12886	Cakey Gingerbread Squares
12887	Calabrian Asparagus Soup
12888	Calavo Guacamole Dip
12889	Caldereta
12890	Calf's Feet Jelly
12891	Calico Pickles
12892	California Black Bean Salad
12893	California Cheeseburger Pie
12894	California Country Meatballs And Peppers
12895	California Fruit Terrine
12896	California Marinade
12897	California Mincemeat
12898	California Pork Chop Barbecue
12899	California Steamed Vegetable Pudding
12900	Calliope Coffee
12901	Calvados Souffle
12902	Calypto Plantain Dessert
12903	Calzone With Sun-Dried Tomatoes
12904	Cambell's Mock Hollandaise
12905	Campers Hobo Pie
12906	Campers Pizza Pie
12907	Canadian Corn Chowder
12908	Canadian Flapjacks
12909	Canadian Pea Soup

Sheet1

12910	Canadian Style Bacon
12911	Canadian Yellow Split-Pea Soup
12912	Candied Apples
12913	Candied Apples For Halloween
12914	Candied Chicken Wings
12915	Candied Cranberries
12916	Candied Fruit
12917	Candied Grapefruit
12918	Candied Grapefruit Peel
12919	Candied Holiday Fruitcake
12920	Candied Lemon Zest
12921	Candied Orange Peel
12922	Candied Orange Rind Bread
12923	Candied Peels
12924	Candied Spiced Walnuts
12925	Candied Walnuts
12926	Candy Crunch Cake
12927	Candy Making Information
12928	Candy Melt Roses
12929	Candy- Peanut Butter Easter Eggs
12930	Candy-Stick Logs
12931	Candy: M&m Christmas Ornaments
12932	Cannelloni (stuffed Pasta)
12933	Cannoli (cream Rolls)
12934	Cantaloupe & Raspberries
12935	Cantaloupe Pickles
12936	Cantaloupe Soup (sopa De Melon Escribe)
12937	Cantaloupe Sundae
12938	Cantonese Meatballs
12939	Cape Breton 'pork Pies'
12940	Cape Breton Oatcakes
12941	Cape Breton Scones
12942	Cape Cod Cranberry Bread Bake
12943	Cape Cod Cranberry Pie
12944	Cape Cod Cranberry-Blueberry Crisp
12945	Caper Sandwich Butter
12946	Capetown Fruit & Vegetable Curry
12947	Capitol Punishment Chili
12948	Capon In Milk And Honey
12949	Cappuccino Creme Brulee
12950	Cappuccino Flats
12951	Caramel Apple Tart
12952	Caramel Bread Pudding
12953	Caramel Candy
12954	Caramel Candy Pie
12955	Caramel Cookies
12956	Caramel Crisp
12957	Caramel Crunch
12958	Caramel Custard

Sheet1

12959 Caramel Fudge Frosting
12960 Caramel Gelatin
12961 Caramel Ice Cream
12962 Caramel Mocha Cheesecake
12963 Caramel Mountain Ranch Cold Strawberry Soup
12964 Caramel Oranges
12965 Caramel Pecan Ice Cream Dessert
12966 Caramel Rolls
12967 Caramel Spice Apple Butter
12968 Caramel Turtles
12969 Caramel Velvet Ice Cream
12970 Caramel-Glazed Apple Cake
12971 Caramel-Orange Buche De Noel
12972 Caramel-Orange Buche De Noel Part 1
12973 Caramel-Orange Buche De Noel Part 2
12974 Caramel-Orange Buche De Noel2
12975 Caramel-Orange Mousse
12976 Caramelized Banana Mousse
12977 Caramelized Peaches
12978 Caramels
12979 Caramels Au Chocolat (chocolate Caramels)
12980 Caramels Mous Au Chocolat (soft Chocolate Caramels)
12981 Caraway Cakes
12982 Caraway Pork Chops
12983 Carbonara Sauce
12984 Carbonated Beverage Jelly
12985 Cardamom-Spiced Coffee
12986 Caribbean Chicken Salad
12987 Caribbean Chicken With Tropical Fruit
12988 Caribbean Fish Chowder
12989 Caribbean Pepper Oil
12990 Carmael Corn
12991 Carmel Fudge Cake
12992 Carmel Mountain Ranch Cold Strawberry Soup
12993 Carmelized Oranges (leo)
12994 Carmels
12995 Carne Asada
12996 Carne Con Chili Colorado
12997 Carne Gisada Con Papas - Meat And Potatoes
12998 Carne Guzado
12999 Carnero En Adobe - Tangy Braised Lamb Shanks
13000 Carol Potter's Noodles With Peanut Sauce
13001 Carol's Coconut Cream Cheese Cake
13002 Carol's Sketti Sauce
13003 Carole's Christmas Cake
13004 Carroll Shelby's Chili
13005 Carrot & Raspberry Preserve
13006 Carrot And Raisin Cheesecake
13007 Carrot Burgers

Sheet1

13008 Carrot Cabbage Casserole
13009 Carrot Cake (microwave)
13010 Carrot Cake - Fruit Sweet
13011 Carrot Cake - Low Fat
13012 Carrot Cake With Marmalade Cream Cheese Frosting
13013 Carrot Cake With Orange Glaze
13014 Carrot Cake A La Anne
13015 Carrot Casserole
13016 Carrot Fudge
13017 Carrot Jam
13018 Carrot Loaf Cake
13019 Carrot Pudding
13020 Carrot Soup
13021 Carrot Soup With Plums
13022 Carrot Zucchini Cake
13023 Carrot-Banana Cake
13024 Carrot-Raisin Loaf
13025 Carrot-Zucchini Bread
13026 Carrots In Vinegar
13027 Carrots Roman Style
13028 Caryl Smith's Barbecued Pork Sandwich
13029 Caryl's Posole
13030 Casera Sauce
13031 Cashew "whipped Cream"
13032 Cashew Cream
13033 Cashew Mushroom Loaf
13034 Cassata
13035 Casserole Bbq Chicken
13036 Casserole Chicken And Dressing
13037 Casserole Of Salt Cod And Potatoes
13038 Cassie's Egg Cornbread
13039 Cassis Jelly
13040 Cassoulet
13041 Cassoulet (bean And Chicken Stew)
13042 Cassoulet Corpulent
13043 Castle Stuffed Peppers
13044 Casual Kimchi (korean Mak Kimchi)
13045 Catfish Chowder
13046 Cathedral Windows
13047 Cato's Cheese Bread
13048 Cato's Cheese Bread (libum)
13049 Cato's Grape Bread
13050 Cato's Grape Bread (mustaceus)
13051 Cauliflower Curry
13052 Cauliflower Salad
13053 Cauliflower Souffle
13054 Cauliflower With Beef "szechwan Style"
13055 Cauliflower With Mustard Sauce
13056 Cauliflower-Broccoli "cheese" Bake

Sheet1

13057 Cauliflower-Ham Au Gratin
13058 Cavatelli With Broccoli And Cream
13059 Cavatiney
13060 Cawl Cennin A Hufen (leek Soup Creamed) Welsh
13061 Celery Relish
13062 Celery-Apple Salad With Currants
13063 Celestial Chicken
13064 Cereal Mix Snack
13065 Cereal Pudding
13066 Challah
13067 Challah French Toast
13068 Champagne Jelly
13069 Champagne Mustard
13070 Champagne Sherbet
13071 Champagne Truffles
13072 Chana Dhal (or Dal)
13073 Chana Masaledar
13074 Chap Ch'ae
13075 Chapatis #2
13076 Chapatis #3
13077 Char-Grilled Kangaroo Kebabs And Smoked Eggplant Puree
13078 Charcoaled Chuck Roast
13079 Charcoaled Squid - Pla Muk Yang *
13080 Charleston Spice Cake
13081 Charlotte Russe Imperial
13082 Cheddar And Dill Cornbread
13083 Cheddar Baked Potato Slices
13084 Cheddar Bread Pudding
13085 Cheddar Burgers
13086 Cheddar Chili Cheesecake
13087 Cheddar Sage And Walnut Torta
13088 Cheddar-Olive Tart
13089 Cheery Cherry Cheese Pie
13090 Cheese 'n Pears
13091 Cheese And Chocolate Tunnel Cake
13092 Cheese And Rice Casserole From Joan Johnson
13093 Cheese And Sausage Biscuits
13094 Cheese Cake
13095 Cheese Cake (nurit)
13096 Cheese Crumb Topping
13097 Cheese Dill Bread
13098 Cheese Filling (the Art Of Fine Baking)
13099 Cheese Filling For Strudel
13100 Cheese Fritters
13101 Cheese Fudge
13102 Cheese Meat Loaf Pinwheel
13103 Cheese Meatloaf
13104 Cheese Mushroom Suffle
13105 Cheese Pineapple Pie

Sheet1

13106	Cheese Puffles
13107	Cheese Roll
13108	Cheese Spinich Sausage Pie
13109	Cheese Stuffed Chicken
13110	Cheese Stuffed Chicken Breasts
13111	Cheese Tarts With Fruit
13112	Cheese Chicken And Cauliflower Casserole
13113	Cheese-Cherry-Pie
13114	Cheese-Garlic Biscuits
13115	Cheese-Topped Chili
13116	Cheeseburger Pizza
13117	Cheesecake Breadring
13118	Cheesecake Divine
13119	Cheesecake Ice Cream
13120	Cheesecake Pecan Pie
13121	Cheesy Chicken Casserole
13122	Cheesy Chicken Meatballs
13123	Cheesy Chicken Rolls
13124	Cheesy Cream Of Broccoli Soup
13125	Cheesy F. B. I. Man Safe Crackers
13126	Cheesy Gravy
13127	Cheesy Ham Bake
13128	Cheesy Mexican Pasta
13129	Cheesy Pita Salad Sandwiches
13130	Cheesy Pork Chops N Potatoes
13131	Cheesy Vegetable Sandwiches
13132	Cherokee Bread Pudding
13133	Cherokee Chicken
13134	Cherokee Corn Pones
13135	Cherries To My Darling Topping
13136	Cherry Almond Cake
13137	Cherry Almond Nanaimo Bars
13138	Cherry Almond Trifle
13139	Cherry And Apricot Cobbler
13140	Cherry And Raspberry Jam
13141	Cherry Angel Delight
13142	Cherry Butter
13143	Cherry Cake
13144	Cherry Cake From Mary Killen
13145	Cherry Cheesecake Ice Cream *
13146	Cherry Cheesecake Tarts
13147	Cherry Chicken Salad
13148	Cherry Chocolate Cake
13149	Cherry Chocolate Clusters
13150	Cherry Cobbler
13151	Cherry Crisp (steve Herrick)
13152	Cherry Delight Cake
13153	Cherry Deluxe Dessert
13154	Cherry Dessert Wontons

13155	Cherry Fizz
13156	Cherry Freezer Jam
13157	Cherry Jam
13158	Cherry Jelly
13159	Cherry Mousse
13160	Cherry Olives - Pickled
13161	Cherry Orange Chicken
13162	Cherry Pineapple Jam
13163	Cherry Pork Loin
13164	Cherry Preserves
13165	Cherry Soufflé
13166	Cherry Sour Cream Tortes
13167	Cherry Strudel
13168	Cherry Tomato Salsa
13169	Cherry Walnut Divinity
13170	Cherry Orange And Peach Preserves
13171	Cherry-Wine Soup
13172	Cherry-Yogurt Filling
13173	Chestnut And Lentil Soup
13174	Chestnut Bites
13175	Chestnut Puff
13176	Chestnut Roast
13177	Chestnut Soup With Amaretto
13178	Chestnut Stuffing For Poultry
13179	Chestnuts With Rice
13180	Chevre Chicken Breasts With Squash
13181	Chewy Cherry Coconut Tarts
13182	Chewy Fudge Sauce
13183	Chex Mix Oyster Crackers
13184	Chez Helene Calas Tout Chaud
13185	Chez Melange Gazpacho
13186	Chez Panisse Pastry Crust
13187	Chez Piggy's Lemon Poppy Seed Cake
13188	Chicago Deep-Dish Pizza
13189	Chicago Pepper Steak
13190	Chick Pea And Mushroom Bake
13191	Chick Pea And Spinach Soup
13192	Chick Pea And Vegetable Soup
13193	Chick Pea Loaf
13194	Chick Peas In Olive-Tahini Sauce
13195	Chick Peas In Spanish Sauce
13196	Chicken & Andouille Sausage Gumbo
13197	Chicken & Broccoli Cassarole
13198	Chicken & Pasta Salad
13199	Chicken - Veal Scallopine
13200	Chicken A L'orange
13201	Chicken A La Avacado
13202	Chicken A La Suisse
13203	Chicken A' La Tartare

Sheet1

13204	Chicken Amandine
13205	Chicken Amore
13206	Chicken And Asparagus Saute
13207	Chicken And Bean Soup
13208	Chicken And Broccoli Bake
13209	Chicken And Cheddar Pasta Toss
13210	Chicken And Cortland Apple Couscous
13211	Chicken And Cracked-Wheat Salad
13212	Chicken And Eggplant
13213	Chicken And Fruit Casserole
13214	Chicken And Gravy
13215	Chicken And Ham Gumbo
13216	Chicken And Ham In Green Paradise
13217	Chicken And Leeks
13218	Chicken And Lima Beans
13219	Chicken And Mushrooms
13220	Chicken And Mushrooms In Sour Cream Sauce
13221	Chicken And Onion Broil
13222	Chicken And Oyster Casserole
13223	Chicken And Pasta With Jalapeno And Tomato Dressing
13224	Chicken And Pear Salad
13225	Chicken And Pineapple Salad In Curried Mayonnaise Dressing
13226	Chicken And Potatoes Oregano
13227	Chicken And Rice Casserole
13228	Chicken And Rice Salad With Cashews
13229	Chicken And Sausage Bake
13230	Chicken And Sausage Cassoulet
13231	Chicken And Sausage Stew
13232	Chicken And Vegetable Casseroles
13233	Chicken And Vegetable Soup
13234	Chicken Apple Salad
13235	Chicken Barbecue Turnovers With Bbq Sauce
13236	Chicken Barley Soup
13237	Chicken Booyah
13238	Chicken Braised With Marsala
13239	Chicken Breast In Cream Sauce
13240	Chicken Breast Piccata
13241	Chicken Breast Stuffed With Herb Cheese And Wild Mushrooms
13242	Chicken Breast Wellington
13243	Chicken Breast With Rhubarb Sauce
13244	Chicken Breast With Yogurt And Lime
13245	Chicken Breasts Au Citron
13246	Chicken Breasts Bonne Maman
13247	Chicken Breasts Geneva
13248	Chicken Breasts In Cranberry Sauce
13249	Chicken Breasts Paprika
13250	Chicken Breasts Parmesan
13251	Chicken Breasts Stuffed With Orzo
13252	Chicken Breasts Stuffed With Sausage And Pecans

Sheet1

13253	Chicken Breasts With Balsamic Vinegar
13254	Chicken Breasts With Blue Cheese Stuffing
13255	Chicken Breasts With Cheese And Herbs
13256	Chicken Breasts With Curried Stuffing
13257	Chicken Breasts With Lime & Cilantro
13258	Chicken Breasts With Mushrooms And Marsala (microwave)
13259	Chicken Breasts With Tomato Sauce
13260	Chicken Breasts Wrapped In Bacon
13261	Chicken Broccoli Divan
13262	Chicken Cardinale
13263	Chicken Casserole Lone Star
13264	Chicken Chasseur
13265	Chicken Cilantro
13266	Chicken Club Sandwiches
13267	Chicken Corn-Meal Soup
13268	Chicken Creole
13269	Chicken Crescent Rolls
13270	Chicken Curry Croquettes
13271	Chicken Cutlet Supreme
13272	Chicken Cutlets With Lemon
13273	Chicken Delight
13274	Chicken Dumplings With Orange Dipping Sauce
13275	Chicken Dumplings With Spinach And Sultanas
13276	Chicken En Casserole
13277	Chicken Fajitas With Tomato-Coriander Salsa
13278	Chicken Fillets In Tomato Wine Sauce
13279	Chicken Fingers
13280	Chicken Fingers From Joan Johnson
13281	Chicken Flautas
13282	Chicken Florentine
13283	Chicken Fricassee - Low Fat
13284	Chicken Fried Round Steak
13285	Chicken Fruit Salad In Pineapple Boats
13286	Chicken Gan Eden
13287	Chicken Garlic Oyster
13288	Chicken Garlic Rosemary
13289	Chicken Hash "21"
13290	Chicken Hash With Biscuits
13291	Chicken In A Skillet
13292	Chicken In Cream
13293	Chicken In Lime Butter
13294	Chicken In Mole Sauce
13295	Chicken In Mustard Cream Sauce
13296	Chicken In Nut Sauce
13297	Chicken In Sun-Dried Tomato Cream Sauce
13298	Chicken In The Pot
13299	Chicken In The Skillet
13300	Chicken In Tomato Marsala Sauce
13301	Chicken In White Wine Sauce

Sheet1

13302	Chicken Jerusalem (covered Bridge Restaurant)
13303	Chicken Korma Curry
13304	Chicken Legs Bell Peppers And Sausage
13305	Chicken Lemonaise
13306	Chicken Limone
13307	Chicken Liver Pate (jewish Style)
13308	Chicken Liver Stroganoff
13309	Chicken Livers Over Rice
13310	Chicken Loaf
13311	Chicken Macaroni Casserole
13312	Chicken Marbella
13313	Chicken Marinated With Grapefruit
13314	Chicken Medallions
13315	Chicken Mix
13316	Chicken Mole
13317	Chicken Monterey
13318	Chicken Morocco
13319	Chicken Mousse
13320	Chicken Mushroom Saute
13321	Chicken Nicoise
13322	Chicken Noodle Soup (slow Cooker)
13323	Chicken Noodle Soup New Orleans Style
13324	Chicken Normandy
13325	Chicken Obeidos
13326	Chicken Or Turkey Mornay On Broccoli
13327	Chicken Paprika With Dumplings
13328	Chicken Paprikash
13329	Chicken Parmigiana
13330	Chicken Pasta Italiana
13331	Chicken Patties
13332	Chicken Peach Casserole
13333	Chicken Pineapple
13334	Chicken Pinwheel
13335	Chicken Pita Cucumber Salad
13336	Chicken Pita Cucumber Salad Ice Tea
13337	Chicken Popovers
13338	Chicken Pot Pie With Herbs
13339	Chicken Pot Pie With Vegetables
13340	Chicken Provencal
13341	Chicken Puff Bravo
13342	Chicken Ranchero
13343	Chicken Roasted With Parsley
13344	Chicken Salad With Black Beans
13345	Chicken Saté With Peanut Sauce
13346	Chicken Saute Archduke
13347	Chicken Saute With Peanut-Orange Sauce
13348	Chicken Sesame Salad
13349	Chicken Shortcake
13350	Chicken Smothered In Oysters

Sheet1

13351	Chicken Souffle
13352	Chicken Sour Cream Casserole
13353	Chicken Spaghetti - Crockpot
13354	Chicken Stock (stovetop)
13355	Chicken Stroganoff
13356	Chicken Tarragon
13357	Chicken Velvet Soup
13358	Chicken Veronique
13359	Chicken Vinaigrette With Mushrooms
13360	Chicken Waterzooi
13361	Chicken Wellington
13362	Chicken Wild Rice Salad
13363	Chicken Wings Valencia
13364	Chicken With Apples And Onions
13365	Chicken With Apricot Salsa
13366	Chicken With Artichokes And Peppers
13367	Chicken With Broccoli & Walnut Pesto
13368	Chicken With Cherries And Sour Cream Sauce
13369	Chicken With Citrus Cream Sauce
13370	Chicken With Cream Sauce
13371	Chicken With Dill Sauce
13372	Chicken With Dumplings
13373	Chicken With Eggplant
13374	Chicken With Garlic And Onion Sauce
13375	Chicken With Green Grapes
13376	Chicken With Green Pepper And Cashews
13377	Chicken With Lemon Dill Sauce
13378	Chicken With Mushrooms And Balsac Vinegar
13379	Chicken With Mustard Cream
13380	Chicken With Mustard Relish
13381	Chicken With Nectarines
13382	Chicken With Olive And Capers Sauce
13383	Chicken With Onion Marmalade
13384	Chicken With Orange Sauce
13385	Chicken With Peanut Butter Sauce
13386	Chicken With Peanut Sauce
13387	Chicken With Pork
13388	Chicken With Shallots And Sundried Tomatoes
13389	Chicken With Shrimp
13390	Chicken With Snow Peas
13391	Chicken With Sweet Onions
13392	Chicken With Sweet Potato Pilaf
13393	Chicken With Tomatoes And Jack Cheese
13394	Chicken With Wine And Vegetables
13395	Chicken Yellow Rice
13396	Chicken Asparagus And Red Pepper
13397	Chicken Corn And Tomato Chowder
13398	Chicken Country Ham And Peas
13399	Chicken Mushroom Stove Top Stuffing Casserole

Sheet1

13400 Chicken Potato And Spinach Salad
13401 Chicken-Chili Cheesecake
13402 Chicken-Filled Puffs
13403 Chicken-Fried Steak
13404 Chicken-In-A-Corn Bread Pocket
13405 Chicken-Pecan Cheese Spread
13406 Chicken-Style Noodle Soup
13407 Chicken/turkey And Mushrooms Parmesan
13408 Chickpeas Italienne
13409 Chickpeas With Pasta And Zucchini
13410 Chilaquile Pie
13411 Chilaquiles
13412 Chile Caribe
13413 Chile Colorado
13414 Chile Cream Sauce
13415 Chile Pablano With Verde Sauce
13416 Chile Peppers In Spicy Cream Sauce
13417 Chile Piquin Sauce
13418 Chile Tuna Sea Shells
13419 Chiles In Walnut Sauce
13420 Chiles Rellenos Sauce
13421 Chili - Al Roche
13422 Chili A La Franey
13423 Chili Ambrosia
13424 Chili And Corn Relish
13425 Chili And Rice
13426 Chili Base
13427 Chili Bean Casserole
13428 Chili Bean Tacos
13429 Chili Beans
13430 Chili Blanco Especial
13431 Chili Cheese Dogs
13432 Chili Chicken
13433 Chili Colorado - Red Chili
13434 Chili Con Carne Winchester
13435 Chili Con Elote
13436 Chili Dogs (microwave)
13437 Chili H. Allen Smith
13438 Chili N'awlins
13439 Chili Oil
13440 Chili Our Way
13441 Chili Paste - Sambal
13442 Chili Pickled Cabbage - Kim Chee *
13443 Chili Pork
13444 Chili Primero
13445 Chili Rico
13446 Chili Sauce (good On Venison) (ai)
13447 Chili Seasoning Mix
13448 Chili Stack

Sheet1

13449	Chili Stewed Hen
13450	Chili Verde - Green Chili
13451	Chili With Beans
13452	Chili With Rice
13453	Chili Woody Desilva
13454	Chili Skyline
13455	Chili-&-Tomato Dip (nam Prik Num)
13456	Chili-Cheese Steaks
13457	Chili-Roni
13458	Chilis In Oil (nam Prik Pow)
13459	Chilled Cranberry Soup
13460	Chilled Cream Of Cucumber And Celery Soup
13461	Chilled Creamy Carrot Soup
13462	Chilled Fillet Of Beef With Sour Cream
13463	Chilled Fruit Soup
13464	Chilled Herb Fried Chicken
13465	Chilled Leek And Potato Soup
13466	Chilled Pea Pod Soup
13467	Chilled Puree Of Beet And Watermelon
13468	Chilled Puree Of Carrot And Melon
13469	Chilled Raspberry Soup
13470	Chilled Red Pepper Soup
13471	Chilled Rhubarb Soup
13472	Chilled Tomato Basil Soup
13473	Chimicangas
13474	Chimichangas
13475	Chimichangas (deep Fried Burritos)
13476	Chimichangas Supreme Part 1
13477	China Moon Ginger Dipping Sauce
13478	China Moon Ten Spice Honey Dip
13479	Chinaberry Salad
13480	Chinese Banquet
13481	Chinese Barbecue Pork - Char Siew
13482	Chinese Barbecue Sauce
13483	Chinese Barbecue Sauce #1
13484	Chinese Barbecue Sauce #2
13485	Chinese Brine Pickles
13486	Chinese Chicken Noodle Salad
13487	Chinese Coconut Candy
13488	Chinese Cooking Sauce - Melinda Lee
13489	Chinese Duck Sauce
13490	Chinese Five-Spice Powder
13491	Chinese Lemon Chicken
13492	Chinese Mapo Tofu
13493	Chinese Mixed Pickles
13494	Chinese Mustard Sauce
13495	Chinese New Year Noodles
13496	Chinese Salsa With Mushrooms
13497	Chinese Salt And Pepper

13498	Chinese Steam Buns
13499	Chinese Style Bean Sauce With Tofu
13500	Chinese: Orange Chicken
13501	Chip Stuffing For Spareribs
13502	Chipotle Mayonnaise
13503	Chipotle Sauce
13504	Chipotle Tomatillo Salsa
13505	Chips Ahoy Ice Cream Cake
13506	Chitty-Chitty Bang-Bang Fudge
13507	Chive-Cheese Butter
13508	Choc Krinkle Cookies
13509	Choco Date Cake
13510	Choco-Almond Confections
13511	Choco-Berry Freeze
13512	Choco-Orange Fluff
13513	Choco-Scotch Clusters
13514	Chocolate - Peanut Butter Rice Krispies
13515	Chocolate Almond Coffee
13516	Chocolate Almond Pate
13517	Chocolate Almond Pound Cake
13518	Chocolate Almond Souffle
13519	Chocolate Almond Terrine Or Parfait
13520	Chocolate Amaretto Cheesecake
13521	Chocolate Amaretto Mousse
13522	Chocolate Amaretto Truffles
13523	Chocolate Angel Food Layer Cake
13524	Chocolate Angel Pie
13525	Chocolate Apple Snack Cake
13526	Chocolate Banana Freeze
13527	Chocolate Banana Snack Cake
13528	Chocolate Banana Split Pie
13529	Chocolate Birds Nest
13530	Chocolate Biscotti
13531	Chocolate Brownies-Fobel
13532	Chocolate Butter Cream Frosting
13533	Chocolate Buttermilk Cake
13534	Chocolate Butterscotch Fudge
13535	Chocolate Cake
13536	Chocolate Cake Ala Florence
13537	Chocolate Cake And Strawberry Shortcake Variation
13538	Chocolate Cake Chez Eddy
13539	Chocolate Cake Florence
13540	Chocolate Cake With Grand Marnier
13541	Chocolate Cake With Mayonaisse
13542	Chocolate Cake With Surprise Filling
13543	Chocolate Cake With Yeast
13544	Chocolate Candy Squares
13545	Chocolate Caramel Bars
13546	Chocolate Caramel Fudge Cake

Sheet1

13547 Chocolate Caramel Pecan Rolls
13548 Chocolate Carrot Cake
13549 Chocolate Cheesecake
13550 Chocolate Cherry Cake
13551 Chocolate Cherry Upside Cake
13552 Chocolate Chestnut Truffles
13553 Chocolate Chiffon Cake With Chocolate Cream Center
13554 Chocolate Chip Bread
13555 Chocolate Chip Butter Cake
13556 Chocolate Chip Cake
13557 Chocolate Chip Coffee Cake
13558 Chocolate Chip Cookies (van Houten Recipe)
13559 Chocolate Chip Croissants
13560 Chocolate Chip Peanut Butter Crescents
13561 Chocolate Chip-Pecan Pie
13562 Chocolate Chocolate Chip Cake (plain Jane)
13563 Chocolate Cinnamon Bars
13564 Chocolate Cinnamon Cake Roll
13565 Chocolate Coffee Cream Roll
13566 Chocolate Coffee Swirls
13567 Chocolate Covered Cherries
13568 Chocolate Covered Cherry Cookies
13569 Chocolate Covered Strawberries
13570 Chocolate Cream Cheese
13571 Chocolate Cream Roll
13572 Chocolate Crisp
13573 Chocolate Curls
13574 Chocolate Custard With Raspberries
13575 Chocolate D**nation
13576 Chocolate Damnation
13577 Chocolate Decadant Cake
13578 Chocolate Decadence Cake
13579 Chocolate Delight
13580 Chocolate Delight Cake
13581 Chocolate Dessert With Raspberry Sauce
13582 Chocolate Devastation (part 2)
13583 Chocolate Dipped Almond Crescents
13584 Chocolate Dipped Candies
13585 Chocolate Dipped Strawberries
13586 Chocolate Dream Pie
13587 Chocolate Dumplings
13588 Chocolate Eclair Cake
13589 Chocolate Filled Babka
13590 Chocolate Filled Eggs
13591 Chocolate Filling
13592 Chocolate Fingers
13593 Chocolate Flan
13594 Chocolate Frosting li
13595 Chocolate Frozen Yogurt

Sheet1

13596 Chocolate Fruit Balls
13597 Chocolate Fudge Batter Pudding
13598 Chocolate Fudge Cake
13599 Chocolate Fudge Icing
13600 Chocolate Fudge Icing (for Plain Cake)
13601 Chocolate Fudge Sheba With Creme Anglaise
13602 Chocolate Fudge Sundae
13603 Chocolate Ginger Sorbet
13604 Chocolate Ginger Sushi
13605 Chocolate Glaze For Doughnuts
13606 Chocolate Hazelnut Pear Torte
13607 Chocolate Ice Box Pudding
13608 Chocolate Ice Milk
13609 Chocolate Ice-Cream I
13610 Chocolate Ice-Cream li
13611 Chocolate Icebox Cake
13612 Chocolate Icing
13613 Chocolate Indulgence
13614 Chocolate Lace Eggs
13615 Chocolate Lard Cake
13616 Chocolate Layer Cake With Date Filling
13617 Chocolate Layer Pie -- Low Cal
13618 Chocolate Liqueur Shells
13619 Chocolate Lush
13620 Chocolate Malt Cake
13621 Chocolate Malt Cake From Kaitlin Young
13622 Chocolate Marble Cake
13623 Chocolate Marlow Freezer Dessert
13624 Chocolate Marshmallow Freeze
13625 Chocolate Marshmallow Fudge
13626 Chocolate Marshmallow Pudding
13627 Chocolate Marshmallow Sundae
13628 Chocolate Marzipan Slices
13629 Chocolate Marzipan Slices - Mandulas Szalami
13630 Chocolate Mayonnaise Cake
13631 Chocolate Mayonnasie Cake
13632 Chocolate Meringues
13633 Chocolate Mint Coffee
13634 Chocolate Mint Middles
13635 Chocolate Mint Sauce
13636 Chocolate Mint Truffle Cake
13637 Chocolate Mints (karin Brewer)
13638 Chocolate Mocha Icebox Pudding
13639 Chocolate Mosaic Fruit Tart
13640 Chocolate Mousse "architectural" Tart
13641 Chocolate Mousse (again)
13642 Chocolate Mousse Cake
13643 Chocolate Mousse Cake (part One)
13644 Chocolate Mousse Cake (part Two)

Sheet1

13645 Chocolate Mousse From The Manor
13646 Chocolate Mousse Torte
13647 Chocolate Mud Cake
13648 Chocolate Nougatines
13649 Chocolate Nut Caramels
13650 Chocolate Nut Chews
13651 Chocolate Nut Chip Cookies
13652 Chocolate Nut Filling
13653 Chocolate Nutmeg Cakeroll
13654 Chocolate Oblivion
13655 Chocolate Orange Drops
13656 Chocolate Orgasms
13657 Chocolate Pasta Parfait
13658 Chocolate Pasta Tendrils With Raspberry Sauce
13659 Chocolate Peach Upside Down Pudding
13660 Chocolate Peanut Butter Cake
13661 Chocolate Peanut Butter Cups
13662 Chocolate Peanut Butter Cups Ala Weight Watchers
13663 Chocolate Peanut Butter Log
13664 Chocolate Peanut Butter Pie
13665 Chocolate Peanut Butter Pizza
13666 Chocolate Peanut Butter Pound Cake
13667 Chocolate Peanut Butter Ribbon Fudge
13668 Chocolate Peanut Shake
13669 Chocolate Pears
13670 Chocolate Pecan Pralines - Prudhomme
13671 Chocolate Pistachio Orange Cake
13672 Chocolate Pixies
13673 Chocolate Pizza
13674 Chocolate Popcorn Fudge
13675 Chocolate Pots De Creme (microwave)
13676 Chocolate Praline Layer Cake
13677 Chocolate Pudding Cake
13678 Chocolate Pudding Mix
13679 Chocolate Pudding Pie Filling
13680 Chocolate Pudding With Cinnamon Whip Topping
13681 Chocolate Puddle Pudding
13682 Chocolate Quick Cake
13683 Chocolate Raisin Snacking Cake
13684 Chocolate Raspberry Cobbler
13685 Chocolate Raspberry Mousse Cake
13686 Chocolate Raspberry Shortcakes
13687 Chocolate Raspberry Truffles
13688 Chocolate Red Beet Cake
13689 Chocolate Refrigerator Slices
13690 Chocolate Rice Ruination (john Hartman)
13691 Chocolate San Andreas Cake
13692 Chocolate Sauce
13693 Chocolate Saurkraut Cake

Sheet1

13694 Chocolate Sheet Cake
13695 Chocolate Shortcakes
13696 Chocolate Silk Mousse Cake
13697 Chocolate Souffle
13698 Chocolate Soup With Whipped Cream
13699 Chocolate Sour Cherry Cake
13700 Chocolate Sour Cream Cake
13701 Chocolate Sour Cream Frosting
13702 Chocolate Spiders
13703 Chocolate Sponge Cake
13704 Chocolate Sundae Cookies
13705 Chocolate Supreme Cake
13706 Chocolate Supreme Tarts
13707 Chocolate Surprise Cake
13708 Chocolate Surprise Cupcakes
13709 Chocolate Swirl Cheesecake
13710 Chocolate Syrup
13711 Chocolate Syrup Sauce
13712 Chocolate Tea Bread
13713 Chocolate Tile Cake
13714 Chocolate Tile Cake - Part 1
13715 Chocolate To The Max.
13716 Chocolate Toffee
13717 Chocolate Toffee Candy
13718 Chocolate Truffle Cake
13719 Chocolate Truffle Linzer Heart
13720 Chocolate Truffle Loaf
13721 Chocolate Truffle Loaf W/ Raspberry Sauce
13722 Chocolate Truffle Tart With Raspberries
13723 Chocolate Turtle Cheese Cake--Microwave
13724 Chocolate Vanilla Pudding
13725 Chocolate Velvet Ice Cream
13726 Chocolate Waffles
13727 Chocolate Walnut Butter Bread
13728 Chocolate Walnut Fudge
13729 Chocolate Walnut Sour Cream Cake
13730 Chocolate Wine Balls
13731 Chocolate Wreath Cake
13732 Chocolate Zucchini Cake
13733 Chocolate Zucchini Cake Recipe
13734 Chocolate Zucchini Nut Bread
13735 Chocolate-Amaretto Cheesecake (make Ahead)
13736 Chocolate-Applesauce Cake
13737 Chocolate-Chocolate-Chocolate-Chip Fudge Cake
13738 Chocolate-Cinnamon Dessert Nachos
13739 Chocolate-Dipped Strawberries
13740 Chocolate-Filled Brioche
13741 Chocolate-Fudge Frosting
13742 Chocolate-Mint Cake Roll

Sheet1

13743	Chocolate-Oatmeal Cookies
13744	Chocolate-Peanut Cookies
13745	Chocolate-Peanut Trifle
13746	Chocolate-Walnut Meringues
13747	Chocolate-Walnut Meringues (denmark)
13748	Chocolatetown Special Cake
13749	Chocolatey Chocolate-Chip Cookies
13750	Chocolatey Peanut Brittle
13751	Chocolatissimo
13752	Chocolaty Chili
13753	Choice Chicken Curry
13754	Cholesterol-Free Carrot Cake
13755	Chorizo A La Mexicana (mexican Sausage)
13756	Chorizo Homemade Sausage
13757	Chorizo Quiche In Cornmeal Crust
13758	Choux Pastry
13759	Choux Pastry Ring With Chocolate Sauce
13760	Chow Chow
13761	Chow Mein Candy Clusters
13762	Chow Mein Hot Dish
13763	Chow-Chow Relish
13764	Chox Rouge Aux Groseille Braise
13765	Chris's Kicky Ketchup
13766	Christmas Borscht
13767	Christmas Cranberry Pudding
13768	Christmas Delight Candy
13769	Chuck Steak Marinade
13770	Chuck Wagon Salisbury Steak
13771	Chuckwagon Stew
13772	Chunk Pickles
13773	Chunky Apple Butter
13774	Chunky Chicken Salad
13775	Chunky Gazpacho
13776	Chunky Granola (with No Oil Added)
13777	Chunky Mustard Beans With Red Peppers
13778	Chunky Peanut Soup
13779	Chunky Potato-Leek Soup
13780	Chunky Soup
13781	Chunky Vegetable Soup
13782	Chunky Vegetable Stew With Chickpeas
13783	Chutney Baked Pears
13784	Chutney Chicken Salad
13785	Chutney Peanut Butter Canapes
13786	Chutney Sandwich Butter
13787	Cider Gelatin
13788	Cider Grape Gelatin
13789	Cider Ice
13790	Cilantro Pesto
13791	Cilantro Pesto - Rahk Pahk Chee-Gratiem-Prik Thai

Sheet1

13792 Cinco De Mayo Casserole
13793 Cinnamon Apple Jelly
13794 Cinnamon Baked Apples
13795 Cinnamon Buns (the Famous Dutch Sticky Buns)
13796 Cinnamon Cake
13797 Cinnamon Candy
13798 Cinnamon Cherry Souffle
13799 Cinnamon Chocolate Cake
13800 Cinnamon Equal
13801 Cinnamon Flavored Candied Apples
13802 Cinnamon Honey Wings
13803 Cinnamon Nut Biscuits - *p Cooking Class
13804 Cinnamon Peach Soup
13805 Cinnamon Pecans
13806 Cinnamon Raisin Babka
13807 Cinnamon Sticks
13808 Cinnamon Streusel Coffeecake
13809 Cinnamon Sugar Crusted Sweet Bread
13810 Cinnamon Swirl Bread Pudding
13811 Cinnamon-Blueberry Sauce
13812 Cinnamon-Raisin Bread
13813 Cinnamon-Raisin Drops
13814 Cinnamon-Spiced Tea
13815 Ciorba
13816 Cipaille Or Cipate (layered Meat Pie)
13817 Cipate Au Salmon (layered Salmon Pie)
13818 Citron Preserves
13819 Citrus And Red Onion Chicken
13820 Citrus Barbecue Sauce
13821 Citrus Berry Soup (weight Watchers Magazine)
13822 Citrus Chicken And Rice Teriyaki
13823 Citrus Custards
13824 Citrus Granita
13825 Citrus Marinade And Salsa (for Chicken Or Fish)
13826 Citrus Marinated Mushrooms
13827 Citrus Shrimp And Scallops
13828 Citrus Vinaigrette With Hazelnut Oil
13829 Citrus-Marinated Pork Chops
13830 City Chickens
13831 Claire's Cold Crab Soup
13832 Clam And Olive Dip
13833 Clam Chowder - New England Home Style
13834 Clam Chowder Manhattan Style
13835 Clam Chowder New England Style
13836 Clam Hash
13837 Clarified Butter
13838 Classic Challa
13839 Classic Chicken & Coconut Soup
13840 Classic Chicken Saute

Sheet1

13841	Classic Chocolate Sauce
13842	Classic Cream Cheese-Salsa Spread
13843	Classic French Fries With Chili Salt
13844	Classic Pace Con Queso Dip
13845	Classic Spinach Lasagna
13846	Clay Pot Shrimp With Bean Thread Noodles Goong Ope Maw Di
13847	Clear Tomato Consomme
13848	Clyde's Chili
13849	Coach House Black Bean Soup
13850	Coal Miner's Spaghetti
13851	Cobble Corn Chili Tacos
13852	Coca Cola Basted Ham
13853	Coca Cola Chicken
13854	Coca Cola Ice
13855	Coca-Cola Cake
13856	Coca-Cola Cake Frosting
13857	Coca-Cola Carrot Cake
13858	Cocka-Leeke Soup
13859	Cockentrice (a Marvelous Beast)
13860	Cocktail Crunch
13861	Cocoa Angel Food Cake
13862	Cocoa Bundt Cake
13863	Cocoa Decadence With Raspberry Sauce
13864	Cocoa Glaze
13865	Cocoa Mocha
13866	Cocoanut Cake
13867	Cocoanut Caramels
13868	Cocoanut Custard Pie
13869	Cocolat Walnut Torte
13870	Cocomalt Cake
13871	Cocomalt Mousse
13872	Coconut Almond Balls
13873	Coconut Bon Bons
13874	Coconut Bread Pudding
13875	Coconut Cake
13876	Coconut Cake Filling
13877	Coconut Candy
13878	Coconut Chicken
13879	Coconut Chicken Curry
13880	Coconut Chutney
13881	Coconut Cream Tapioca
13882	Coconut Custard (sang Khaya)
13883	Coconut Date Slices
13884	Coconut Fish Roe Sambal (sambal Kelapa Dengan Telur Terubu
13885	Coconut Frosting
13886	Coconut Ice (uncooked)
13887	Coconut Ice Cream
13888	Coconut Milk
13889	Coconut Mist Cake

Sheet1

13890	Coconut Patties
13891	Coconut Peach Filling
13892	Coconut Potato Drops
13893	Coconut Pound Cake
13894	Coconut Relish - Sambal Kelapa
13895	Coconut Rice
13896	Coconut Rice Noodles
13897	Coconut Roll
13898	Coconut Snowballs
13899	Coconut Souffle
13900	Coconut-Baked Bananas
13901	Coconut-Peanut Brittle
13902	Coeur A La Creme
13903	Coeurs A La Creme With Fresh Raspberry Coulis
13904	Coffee Almond Ice Cream Cake
13905	Coffee Butter Icing
13906	Coffee Cake With Streusel Topping
13907	Coffee Chiffon Cake
13908	Coffee Coffeecake With Espresso Glaze
13909	Coffee Mallow
13910	Coffee-Toffee Ice Cream Cake *
13911	Cognac Glaze
13912	Cointreau Souffle
13913	Coke Cake
13914	Cola And Catsup Chicken
13915	Cola Roast
13916	Cold Avocado And Buttermilk Soup
13917	Cold Avocado Soup
13918	Cold Buttermilk Soup
13919	Cold Carrot Soup
13920	Cold Chicken With Lime Dressing
13921	Cold Cucumber And Spinach Soup
13922	Cold Curried Cream Of Eggplant Soup
13923	Cold Eggplant Provencale
13924	Cold Lemon Or Lime Souffle
13925	Cold Melon Soup
13926	Cold Orzo Salad With Shrimp
13927	Cold Peach Strawberry Soup
13928	Cold Sesame Noodles
13929	Cold Sichuan Noodles
13930	Cold Yogurt Gazpacho
13931	Colombian Fresh Banana Cake With Sea Foam Frosting Coca-C
13932	Colonial Apple Crisp
13933	Colonial Goose (nz)
13934	Colonial Seed Cake
13935	Colorful Deluxe Fruit Cake
13936	Columbian Fresh Banana Cake With Sea Foam Frosting
13937	Combs Or Bear Claws
13938	Company Curried Chicken

Sheet1

13939	Company Ham Sauce
13940	Company Pork Roast With Apricot Glaze And Baked Apricots
13941	Compote De Peches A La Menthe Fraiche
13942	Conchas (coiled Sweet Rolls)
13943	Concord Grape Pie
13944	Concord Grape Tart
13945	Coney Island Chili
13946	Coney Island Hot Dogs
13947	Coney Island Sauce
13948	Confetti Crab Salad
13949	Consomme
13950	Consomme De Mer
13951	Continental Chicken
13952	Continental Eggs
13953	Convenient Chili
13954	Cook's Treat Chicken
13955	Cooked Cranberry-Orange Relish
13956	Cooked Fondant
13957	Cooked Strawberry Jam
13958	Cookie Crumb Crust Mix
13959	Cookie Peach Cobbler
13960	Cookie: Crispie Treats (no Bake)
13961	Cookies And Cream Cake
13962	Cooking Duck Chinese Style
13963	Cookout Chili
13964	Coolers
13965	Coq Au Vin (chicken In Red Wine)
13966	Coq Au Vin (chicken In Wine)
13967	Corn And Ham Chowder
13968	Corn And Summer Squash Ragout
13969	Corn Beef With Colcannon Potatoes
13970	Corn Bread Sausage Stuffing
13971	Corn Cakes
13972	Corn Chowder New England Style
13973	Corn Flakes Meat Loaf
13974	Corn Ice Cream
13975	Corn Meal Herb Bread
13976	Corn Pudding Robert
13977	Corn Salsa
13978	Corn Tortillas
13979	Corn-Bean-Pork Bake
13980	Corn-Starch Pudding
13981	Cornbread Batter
13982	Cornbread Stuffing
13983	Cornbread Stuffing 1986
13984	Cornbread With Corn
13985	Corncob Jelly
13986	Corned Beef Cabbage & Peppers
13987	Cornflake Balls

13988	Cornflake Cookies
13989	Cornflake Ice-Cream
13990	Cornflakes Chews
13991	Cornish Hens Stuffed With Wild Rice
13992	Cornish Saffron Cake
13993	Cornmeal Biscuits
13994	Cornmeal Bread
13995	Cornmeal Crepes With Berries
13996	Cornmeal Mix
13997	Cornmeal Mush
13998	Cornmeal Sally Lunn
13999	Cornstarch Paste
14000	Cornstarch Pastry
14001	Corny Frank Chowder
14002	Cottage Pudding
14003	Country Beef And Rice
14004	Country Chicken
14005	Country Chicken With Creamy Gravy
14006	Country Ham
14007	Country Ham And Pork Sausage
14008	Country Ham And Potatoes
14009	Country Hearth Stew
14010	Country Honey Mustard Dip
14011	Country Life Tofu Cheesecake
14012	Country Molasses Pie
14013	Country Omelet Cake
14014	Country Pork Chop Casserole
14015	Country Ribs
14016	Country Sausage And Rice
14017	Country Strawberry Ice Cream
14018	Country-Style Chicken Casserole
14019	Country-Style Sauerkraut & Sausages
14020	Court Bouillon
14021	Couscous Patties:
14022	Couscous Stuffed Eggplant
14023	Couscous With Spicy Chick Pea Stew
14024	Cover-Up Icing
14025	Crab And Asparagus Soup (queensland)
14026	Crab And Pink Grapefruit Salad
14027	Crab Avocado Melt
14028	Crab Custard With Lemon Butter Sauce
14029	Crab Fried Rice - Khao Pad Poo *
14030	Crab Melt Canapes
14031	Crab Soup With Sherry
14032	Crab Chili Cheese
14033	Crab-Apple Butter
14034	Crab-Apple Jelly
14035	Crab-Stuffed Chicken
14036	Crabmeat Au Gratin

Sheet1

14037 Cracked Wheat Bread
14038 Cracker Crumb Mixture
14039 Cracker Pudding
14040 Crackerjack
14041 Crackling Cornbread Muffins
14042 Craig Claiborne's No-Salt Chili Con Carne
14043 Craig's Macadamia Cake
14044 Cranapple Cake
14045 Cranberry And Apple Crisp
14046 Cranberry Apple Custard Pie
14047 Cranberry Apple Relish
14048 Cranberry Applesauce Bread
14049 Cranberry Betty
14050 Cranberry Cake
14051 Cranberry Catsup
14052 Cranberry Cherry Relish
14053 Cranberry Conserve
14054 Cranberry Cookies
14055 Cranberry Cornbread Stuffing For Ham
14056 Cranberry Ice-Cream
14057 Cranberry Kuchen
14058 Cranberry Mousse
14059 Cranberry Orange Relish
14060 Cranberry Pecan Tarts
14061 Cranberry Preserves
14062 Cranberry Pudding
14063 Cranberry Quince Jelly
14064 Cranberry Sauce
14065 Cranberry Scones
14066 Cranberry Shrub
14067 Cranberry Stuffing Balls
14068 Cranberry Upside-Down Cake
14069 Cranberry-Nut Bread
14070 Cranberry-Onion Relish
14071 Cranberry-Orange Reslish
14072 Cranberry-Orange Sauce
14073 Crater Ham Loaf
14074 Crawfish Beignets
14075 Crazy Cake
14076 Crazy Chicken
14077 Cream Cake
14078 Cream Cheese Frosting For Vegetable Cakes
14079 Cream Cheese Icing
14080 Cream Cheese Pancakes
14081 Cream Cheese Pie Dough
14082 Cream Cheese Pound Cake
14083 Cream Cheese Salsa Spread
14084 Cream Cheese Snickers Candy Bar Pie
14085 Cream Cheese Veggie Spread

Sheet1

14086 Cream Cheese-Deviled Ham Dip
14087 Cream Consomme
14088 Cream Custard Filling
14089 Cream Filling
14090 Cream Of Almond Soup
14091 Cream Of Asparagus Soup
14092 Cream Of Cauliflower Soup (veloute De Chor-Fleur)
14093 Cream Of Celery Soup
14094 Cream Of Cilantro Soup
14095 Cream Of Corn Soup
14096 Cream Of Curried Corn Soup
14097 Cream Of Eggplant Soup
14098 Cream Of Fresh Vegetable Soup
14099 Cream Of Garlic Soup
14100 Cream Of Leek Soup
14101 Cream Of Lima Bean Soup
14102 Cream Of Onion Soup
14103 Cream Of Oyster Stew
14104 Cream Of Peanut Butter Soup
14105 Cream Of Pumpkin Soup
14106 Cream Of Shiitake Mushroom Soup
14107 Cream Of Sun-Dried Tomato Soup
14108 Cream Of Vegetable Soup
14109 Cream Pound Cake With Soft Coffee Frosting
14110 Cream Puffs (pastry)
14111 Cream Sauce For Fettuccine Alfredo
14112 Cream Scones
14113 Cream-Cheese Fudge
14114 Cream-Filled Waffles
14115 Creamed Broccoli Soup
14116 Creamed Chicken And Fettuccine
14117 Creamed Chicken On Cornbread
14118 Creamed Icing
14119 Creamed Tuna - Jim Sisk
14120 Creamsicle Cups
14121 Creamy Artichoke And Oyster Soup
14122 Creamy Basmati Rice Pudding
14123 Creamy Blender Chocolate Frosting
14124 Creamy Cannelloni With Chicken And Almonds
14125 Creamy Carrot Soup
14126 Creamy Chicken Breasts
14127 Creamy Chicken In Phyllo Cups
14128 Creamy Chicken Noodle Soup
14129 Creamy Cinnamon Rice Pudding With Fresh Fruit
14130 Creamy Coconut Cake
14131 Creamy Country Ice Cream
14132 Creamy Fennel Soup
14133 Creamy Fruit Ice Milk
14134 Creamy Fruit Soup

Sheet1

14135	Creamy Garlic Soup
14136	Creamy Garlic Spinach Soup With Garlic Croutons
14137	Creamy Green Pepper Soup
14138	Creamy Ham And Pasta
14139	Creamy Horseradish Sauce
14140	Creamy Leek Soup
14141	Creamy Lemon Pie
14142	Creamy Mizutaki Sauce
14143	Creamy Mocha Fudge
14144	Creamy Mushroom Sauce
14145	Creamy Nut Pudding
14146	Creamy Onion Soup
14147	Creamy Orange Sherbert
14148	Creamy Peanut Butter Fudge
14149	Creamy Tarragon Dip
14150	Creamy Tomato Onion Soup
14151	Creamy Fudgy Nutty Brownies
14152	Create-A-Casserole
14153	Creme Anglaise (chocolate)
14154	Creme Anglaise (cocolat)
14155	Creme Brulee Aux Fruits
14156	Creme Brulee Avec Fruit Fraiche
14157	Creme De Menthe Custard Sauce
14158	Creme Of Vegetable Soup - Le Cellier Restaurant
14159	Creole Beans & Rice
14160	Creole Celery Sauce
14161	Creole Chicken Wings With Peach Mustard Sauce
14162	Creole Meatloaf
14163	Creole Pork Chops
14164	Creole Pork Sausage
14165	Creole Seasoning
14166	Crepes A La Neige (crepes With Snow)
14167	Crepes Ensenada
14168	Crepes Filled With Poached Peaches
14169	Crepes With Fresh Berry Sauce
14170	Crescent's Eggs In Hell
14171	Cretons
14172	Crisp Coconut Sambal (sambal Kelapa Kering)
14173	Crisp Deviled Drumsticks
14174	Crisp Fried Noodles And Chili Vegetables
14175	Crisp Oatmeal Cookies
14176	Crisp-Fried Shallots - Hanh Kho Phi
14177	Crispy Chicken (weight Watchers Magazine)
14178	Crispy Chicken Bites
14179	Crispy Chicken Wings
14180	Crispy Chicken With Parmesan Tomatoes
14181	Crispy Lemon-Fried Chicken
14182	Crispy Potato Chicken
14183	Crispy Taco

Sheet1

14184 Crispy Taco Recipe
14185 Crock Pot Chili
14186 Crock-Pot Baked Custard
14187 Crock-Pot Fifteen-Bean Soup
14188 Crockery-Baked Stuffed Apples
14189 Crockpot Beef Vegetable Soup
14190 Crockpot Dressing
14191 Crockpot Home Style Chunky Applesauce
14192 Crockpot Pork Chops/mushroom Sauce
14193 Crockpot Stuffing
14194 Crockpot Tropical Tea Warmer
14195 Croissants
14196 Croquembouche
14197 Croquettes De Couscous Et Pois Chiches
14198 Crossroads Curry Powder
14199 Crostata Di Frutta Di Stagione (shortcake With Fresh Fruits
14200 Crouton
14201 Crown Roast Of Pork
14202 Crullers
14203 Crumb Cake
14204 Crumb Cake (krum Kuchen)
14205 Crumb Cake - Or - Steussel Kuchen
14206 Crumb Cake(german)
14207 Crumb Cakes
14208 Crumb Topping Mix
14209 Crumb-Topped Blueberry Cake
14210 Crunchies
14211 Crunchy Beans & Wiener Casserole
14212 Crunchy Parmesan Chicken Wings
14213 Crunchy Peanut Butter Frosting
14214 Crunchy Taco Chip Chicken
14215 Crushed Chillis - Sambal Ulek
14216 Crusty French Bread
14217 Crusty Garlic Bread
14218 Crusty Ham Sizzler With Glazed Peaches
14219 Crusty Parmesan Wings
14220 Crystal Candies
14221 Crystal Cukes
14222 Crystalized Ginger
14223 Cuban Farm Style Chicken
14224 Cuban Lunch
14225 Cucumber And Mint Salsa
14226 Cucumber And Onion Salad
14227 Cucumber Dill Dip #2
14228 Cucumber Dill Relish
14229 Cucumber Dip With Pita Crisps
14230 Cucumber Oil Pickles
14231 Cucumber Pachadi
14232 Cucumber Pickle

Sheet1

14233	Cucumber Rings
14234	Cucumber Salsa
14235	Cucumber Soup With Pistou
14236	Cucumber Stir-Fried With Pork
14237	Cucumber Yogurt Sauce
14238	Cucumber Red Onion And Watercress
14239	Cucumber-Cream Soup
14240	Cucumbers And Ham Salad
14241	Cumin Nan
14242	Cumin Rice With Eggplant And Peppers
14243	Curied Cashew Chicken Salad With Mango And Cashews
14244	Currant Bread
14245	Currant Cake
14246	Currant Cakes (old-Fashioned Christmas Drop Cakes)
14247	Currant Conserve
14248	Currant Jelly
14249	Currant Jelly Sauce
14250	Currant Wheels
14251	Curried Apple Soup
14252	Curried Apple Walnut Salad
14253	Curried Avocado Soup
14254	Curried Beef And Potatoes
14255	Curried Broccoli Soup
14256	Curried Chicken Breasts (oven Bag)
14257	Curried Chicken Salad (sen. Bond-Missouri)
14258	Curried Coconut Chicken Balls
14259	Curried Coconut Soup
14260	Curried Cucumber And Tomato Soup
14261	Curried Egg Dip For Shrimp
14262	Curried Fresh Pears
14263	Curried Frogs' Legs
14264	Curried Frogs' Legs - Ech Nau Ca-Ri
14265	Curried Fruit Compote
14266	Curried Lamb Chops
14267	Curried Lentil Pie
14268	Curried Lentils With Spinach
14269	Curried Mayonnaise Spread
14270	Curried Meatballs With Chutney
14271	Curried Mussels
14272	Curried Peanut Soup
14273	Curried Pork With Noodles
14274	Curried Salmon Steaks
14275	Curried Shellfish Pot Pie
14276	Curried Spareribs
14277	Curried Tuna Salad In Red Pepper
14278	Curried Vegetable Dip
14279	Curried Whole Chick Peas (chole)
14280	Curried Zucchini Soup
14281	Curry Dip #1

Sheet1

14282 Curry Powder
14283 Curry Powder #1
14284 Curry Powder #2
14285 Curry Powder #3
14286 Curry Powder #4
14287 Curry Powder #5
14288 Curry Powder #6
14289 Curry Powder #7
14290 Curry Powder #8
14291 Curry-Laced Tomato-Lentil Broth
14292 Custard Ice-Cream
14293 Custard Sauce
14294 Custard Sauce (creme Anglaise)
14295 Cutlass Potato Soup
14296 Cutlets Paprikesh
14297 Cyberealm's Cinnamon Apple Crisp
14298 Cynthia's Grilled Beef Tenderloin
14299 Czech Dumplings
14300 Czech Potato Dumplings
14301 Czechoslovakian Liverballs
14302 Czechoslovakian Plum Dumplings
14303 Dad's Wacky Cake
14304 Dagwoods
14305 Daikon Sauce
14306 Dairy-Free Pasta "cheese" Sauce
14307 Dakota Bread
14308 Dale Murphy Bread
14309 Dale-Burgers
14310 Dallas Chili
14311 Dan's Spicy Smoked Spareribs
14312 Dandelion Jelly
14313 Dandelion Soup
14314 Danish Aebleskivers
14315 Danish Cherry Sauce
14316 Danish Dessert Sauce
14317 Danish Hash With Fried Eggs (biksemad)
14318 Danish Meat Balls
14319 Dark Bread
14320 Dark Chocolate Brownies
14321 Dark Chocolate Glaze (for Decadence Cake)
14322 Dark Chocolate Mousse
14323 Dark Chocolate Mousse #13
14324 Dark Chocolate Pecan Torte
14325 Dark Chocolate Sauce
14326 Dark Chocolate Torte
14327 Dark Chocolate Walnut Bark
14328 Darley Street Thai Chuu-Chii (red Curry) Of Coffin Bay Scal
14329 Date Bars
14330 Date Cake

Sheet1

14331 Date Candy
14332 Date Cup Cake
14333 Date Fig Mousse
14334 Date Filled Drop Cookies
14335 Date Log Cookies
14336 Date Pudding
14337 Date Pudding (baked)
14338 Date Pudding (steamed)
14339 Date Pudding Cake
14340 Date Pudding Cake (bon Appetit/july 1983)
14341 Date-Coconut Puffs
14342 Date-Cream Cheese Rollups
14343 Date-Nut Bread
14344 Date-Nut Logs
14345 Dates And Poppy Seeds In Hot Toffee
14346 Davos Torte
14347 Deadman's Chili
14348 Death By Chocolate Truffle Tart With Raspberry Sauce
14349 Decadent Chocolate Cake
14350 Deccan Meat Burtas
14351 Decorating Icing
14352 Deep Dish Apple Tapioca
14353 Deep Fried Mashed Potatoes
14354 Deep South Cornbread
14355 Deep-Dish Chicken Pie
14356 Deep-Dish Sausage And Shrimp Pie
14357 Deep-Fried Bean Curd Stir-Fried With Mushrooms And Broccoli
14358 Deep-Fried Sesame Seed Ball
14359 Deep-Fried Tofu
14360 Deli Corn Rye
14361 Deli In A Skillet
14362 Delicate Homemade Pasta
14363 Delice Aux Noisettes
14364 Delicious Fudge
14365 Delmonico Potatoes
14366 Delmonico Potatoes And Ham
14367 Deluxe Chocolate Chip Cookies
14368 Deluxe Pork Stir-Fry
14369 Denver Dry's Tearoom's Peach Cobbler
14370 Depression Cake
14371 Desperation Diet Dip
14372 Dessert Crepe Batter
14373 Devil's Delight Chili
14374 Devil's Food Cake
14375 Devil's Food Cake (microwave)
14376 Devil's Food Cake With Fudge Frosting (u. S.)
14377 Devil's Food With Fudge Frosting
14378 Deviled Bones - Chicken Wings
14379 Deviled Drumsticks

14380 Deviled Pork Chops
14381 Devon Honey Cake
14382 Devonshire Cake
14383 Devonshire Splits
14384 Dhansak
14385 Diefenbaker's Rhubarb Cobbler
14386 Diet Chili
14387 Dieter's Blender Chocolate Mousse
14388 Dijon Chicken
14389 Dijon Chicken Salad Sandwich
14390 Dijon Drambuie Dip
14391 Dijon Mustard
14392 Dijon Pork Chops
14393 Dill And Caraway Pork
14394 Dill Bread
14395 Dill Cream Dressing
14396 Dill Cucumber Relish
14397 Dill Mustard Sauce
14398 Dill Pickles
14399 Dill Sandwich Butter
14400 Dill Vinegar
14401 Dill-Flavored Beet And Carrot Bread
14402 Dill-Lemon Rice Mix
14403 Dilled Chicken Paprika
14404 Dilled Zucchini Sticks
14405 Dilly Dip
14406 Diner Meat Loaf
14407 Dinkum Chili
14408 Dinner Chowder
14409 Dinner-In-A-Bowl
14410 Dip In Sour Dough
14411 Dip N' Bake Chicken
14412 Dip Showmanship
14413 Dip Soup
14414 Dipping Sauces For Chinese Dumplings
14415 Dippy Snacks
14416 Dirt Cake
14417 Dirt Cups
14418 Dirty Rice
14419 Disappearing Marshmallow Brownies
14420 Divine Triple Chocolate Pie
14421 Divinity
14422 Divinity And Variations
14423 Divinity Candy
14424 Divinity Fudge
14425 Dixie Belle Stuffing [for A 12-Pound Turkey]
14426 Dixie Fried Chicken
14427 Do Ahead Chicken Casserole
14428 Do It Yourself Croutons

Sheet1

14429 Do-It-Yourself Peanut Butter
14430 Dolly's Peach Cobbler
14431 Dolma Ici Zeytinyagli (rice Stuffing For Vegetables)
14432 Dolores Scaia's Cinnamon Nut Cake
14433 Don's Ambush Chili
14434 Donvier Chocolate Ice Cream
14435 Dopiazza - (pork Curry With Onions)
14436 Doree's Extravagant Almond Cake
14437 Double Cappuccino Heaven
14438 Double Caramel Flan
14439 Double Chocolate Fudge
14440 Double Chocolate Oat Cookies
14441 Double Chocolate Pound Cake
14442 Double Chocolate Pudding
14443 Double Chocolate Snack Cake
14444 Double Chocolate Torte
14445 Double Crust Lemon Pie
14446 Double Decker Pastry
14447 Double Rice Stuffing [for A 12-Pound Turkey]
14448 Dough Starter In Bread
14449 Dow Sah Bow/ Cha Siu Bow
14450 Down On The Farm Fried Chicken
14451 Down Under Fudge Pudding
14452 Downtown Black Bean Soup
14453 Dr. Pepper Cherry Marshmallow Cake
14454 Dreamy Jello Mold
14455 Dried Apple Cakes
14456 Dried Apple Jelly
14457 Dried Fruit Compote
14458 Dried Kingfish
14459 Dried Onion Soup Mix
14460 Dried Orange Or Lemon Peel
14461 Dried Prawn Sambal #1 (sambal Lada Udang Kering #1)
14462 Dried Prawn Sambal #2 (sambal Lada Udang Kering #2)
14463 Dried Tart Cheery Scones
14464 Drinking Custard
14465 Drop Biscuit Swirl
14466 Drop Doughnuts
14467 Drunkard's Noodles (gueyteow Pad Ki Mow)
14468 Dry Box Bacon Cure
14469 Dry Chili Mixture
14470 Dry Jerk Seasoning
14471 Dry Ribs
14472 Dry Seasonings
14473 Dubliner Dip With Rustic Vegetables
14474 Duchess Potato Puff
14475 Duffs Bread Pudding
14476 Duke's Clam Chowder
14477 Dump Cake

14478	Dumplings
14479	Dumplings #1
14480	Dumplings #2
14481	Dumplings Iv
14482	Dunbar's Jambalaya
14483	Dundee Cake
14484	Durian Frozen Yogurt
14485	Dutch Apies Cake
14486	Dutch Apple Pie
14487	Dutch Baby Pancakes
14488	Dutch Green Split-Pea Soup
14489	Dutch Pancake
14490	Dutch Pea Soup
14491	Dutch Pickles
14492	Eagle Chocolate Cake
14493	Early American Apple Grunt
14494	Early-Bird Buttermilk Pancakes
14495	East Texas Corn Bread
14496	East: Chili Lima Beans With Fresh Dill (dalna)
14497	Easter Bunny Breads
14498	Easter Eggs
14499	Easter Eggs Candies
14500	Easter Mints Kids Can Make
14501	Easter Pie
14502	Easy And Ohh So Good Hot Fudge
14503	Easy Apple Cake
14504	Easy Apple Dumplings
14505	Easy Apple Puff Pie
14506	Easy Apple Relish
14507	Easy Barbecue Chicken Casserole
14508	Easy Beef Bake
14509	Easy Beef Tips
14510	Easy Carrot Cake
14511	Easy Cheese Sauce
14512	Easy Cheesy Artichoke Dip
14513	Easy Cheesy Salsa Dip
14514	Easy Chicken And Rice
14515	Easy Chicken Florentine
14516	Easy Chili
14517	Easy Chocolate Cake
14518	Easy Chocolate Mousse Cream Puffs
14519	Easy Chocolate Pudding For Children
14520	Easy Chocolate Sprinkled Ice Cream
14521	Easy Creamy Fudge
14522	Easy Danish Pastry
14523	Easy Frozen Yogurt
14524	Easy Garlic And Onion Bread Wedges
14525	Easy Green Chili
14526	Easy Karo Pecan Pie

Sheet1

14527 Easy Lasagna
14528 Easy Mexican Chicken And Rice
14529 Easy Milk Fudge
14530 Easy Milky Way Pie
14531 Easy Mix Yeast Bread
14532 Easy Mushroom Soup
14533 Easy Parker House Rolls
14534 Easy Pesto
14535 Easy Refrigerator Pickles
14536 Easy Rhubarb Dessert
14537 Easy Shrimp Cocktail Sauce
14538 Easy Spicy Meat Loaf
14539 Easy Strawberry Mousse
14540 Easy Tapenade
14541 Easy Toffee Bars
14542 Easy Turkey Sloppy Joes
14543 Easy Wheat And Honey Bread
14544 Easy-Glazed Pearl Onions
14545 Eating Well's Granola
14546 Eclairs Au Chocolat
14547 Edible Aquarium
14548 Edna Lewis' Thirteen-Bean Soup
14549 Egg And Bacon Pie
14550 Egg Bread (hootsla)
14551 Egg Casserole
14552 Egg Drop Soup # 2
14553 Egg Substitute
14554 Eggless "mayonnaise"
14555 Eggless Cake
14556 Eggless Chocolate Cake
14557 Eggless Mayo ("better 'n Hellman's")
14558 Eggless Mock Mayonnaise
14559 Eggnog Waffles
14560 Eggplant And Tomato Galette
14561 Eggplant Bharta
14562 Eggplant Gratin
14563 Eggplant In A Carriage (melanzane In Carrozza)
14564 Eggplant In The Style Of Modugno (melanzane Alla Modugno)
14565 Eggplant Lasagna
14566 Eggplant Lasagne
14567 Eggplant Manicotti
14568 Eggplant Marmalade
14569 Eggplant Parmesian -Bsnx01a
14570 Eggplant Parmigiana
14571 Eggplant Provencale
14572 Eggplant Sichuan Style
14573 Eggplant Stuffing
14574 Eggplant Sze-Chuan Style
14575 Eggplant Tomato Tart

Sheet1

14576 Eggplant With Quinoa And Chickpeas
14577 Eggplant With Tofu
14578 Eggplant Yeast Bake
14579 Eggplant Red Pepper & Spinach Curry
14580 Eggplant-Macaroni Bake
14581 Eggplant-Spinach Curry
14582 Eggplant-Tomato Chutney
14583 Eggplant-Tomato Sauce
14584 Eggs And Chorizo
14585 Eggs In Green Sauce
14586 Eggs Motul Style
14587 Eggs Riverbend
14588 Egyptian Kebabs
14589 Eileen's Corn-Chillies-Cheese Bread
14590 Elanor's Sweet Potato Pie
14591 Elderberry Grape Jelly
14592 Elegant Chocolate Log
14593 Elegant Tea Cakes
14594 Eli Zabar's Raspberry Tower Of Bagel
14595 Elizabeth Burris' Broccoli Salad
14596 Emerald Ilse Cake
14597 Emerald Isle Cake
14598 Emeril's Creole Seasoning
14599 Empanada (meat Pie)
14600 Empanadas De Fruta
14601 Empanaditas (pork Turnovers)
14602 Empress Chocolate Cake
14603 Empress Frosting
14604 Enchilada Sauce
14605 Enchiladas (red Chili)
14606 Enchiladas Verdes (green Enchiladas)
14607 Endive Beet And Red-Onion Salad
14608 Engine Co. No. 28 Chocolate Bread Pudding
14609 English Country House Lemon Curd
14610 English Cucumber And Ginger Conserve
14611 English Muffins
14612 English Orange Marmalade
14613 English Toffee Candy
14614 English Toffee Refrigerator Cake
14615 Escargot - Chanterelle Stew
14616 Escarole Soup
14617 Esquire Fortnightly's Eastern Establishment Chili
14618 Ethiopian Ambasha
14619 European Cocoa Fudge
14620 Evedine's Banana Nut Bread
14621 Everybody's Favorite Chocolate Cake
14622 Everyday Salad Dressing
14623 Excellent Holiday Fruitcake
14624 Excellent Steak Diane

Sheet1

14625 Exner Chicken
14626 Exner Chicken Revised #1
14627 Extra Cheese Lasagne
14628 Extra-Rich Chocolate Pecan Pie
14629 Ez Ham & Corn Casserole
14630 Fabrizio's Poached Chicken With Cucumber Glaze
14631 Fabulous Carrot Cake
14632 Fake Guacamole
14633 Fake Kentucky Fried Chicken Recipes
14634 Falafel (lebanese)
14635 Falafel Golden Domes With Tahini Sauce
14636 Fall Harvest Cake
14637 Fall Salad
14638 False Hare (german Meatloaf)
14639 Fancy Coconut Rotti
14640 Fancy Ground Poppy Seed Cake
14641 Fantasy Fudge
14642 Fanwood Chow-Chow
14643 Farm Journal's Sourdough White Bread
14644 Farm Pot Roast
14645 Farmers Breakfast
14646 Farmhouse Pork Pot Pie
14647 Fashioned Sweet Potato Pie
14648 Fast Chicken Fiesta
14649 Fast Meat Loaf Patties
14650 Fast Track Trifle
14651 Fastest Salsa In The West
14652 Fat Free Chocolate Cake
14653 Fat-Free Pineapple Upside Down Cake
14654 Fat-Free Pumpkin Raisin Cake
14655 Favorite Spice Cake
14656 Fdr's Favorite Pecan Pie
14657 Feathery Fudge Cake
14658 Feathery Fudge Cake With Hungarian Frosting
14659 Felafel In Pita Pockets
14660 Fennel Seed-Onion Dip
14661 Fennel Mushroom And Parmesan Salad
14662 Fennel Orange And Caper Salad
14663 Fennel-Raisin Round
14664 Fermented Fruit Freindship Cake
14665 Fermented Fruit Friendship Cake
14666 Fermented Fruit Starter (friendship Cake)
14667 Fermented Or Brined Pickles
14668 Festive Citrus Sirloin Strips
14669 Festive Cranberry Loaf
14670 Festive Honey-Pecan Chicken
14671 Festive Pumpkin Pie
14672 Feta & Ricotta Cheese Fondue
14673 Fettuccine Al Prosciutto

Sheet1

14674 Fettuccine Alfredo
14675 Fettuccine Alfredo (prince)
14676 Fettuccine With Asparagus Ham And White Cheddar
14677 Fettuccine With Chicken-Pepper Sauce
14678 Fettuccine With Cream Basil And Romano
14679 Fettuccine With Tuna Sauce
14680 Fettucini Carbonara Ala Fratelli
14681 Fettucini Romano Ala Fratelli
14682 Fideo
14683 Fido's Cheese Nuggets
14684 Fido's Favorite Treats
14685 Fido's Ranch Biscuits
14686 Fido's Rewards
14687 Fiery Beef (bulgoki)
14688 Fiery Chile-Mustard Relish (bengali Kasundi)
14689 Fiesta Casserole
14690 Fiesta Chicken Roll Ups
14691 Fiesta Chicken Low Cal
14692 Fiesta Hot Chocolate
14693 Fiesta Onion Dip
14694 Fiesta Pasta Salad
14695 Fiesta Rice
14696 Fiesta Shrimp Dip
14697 Fifteen-Minute Magic
14698 Fig Cake
14699 Fig Filling
14700 Fig Ginger Cake
14701 Fig Jam
14702 Fig Mousse
14703 Fig Pudding
14704 Fig Raisin Cake
14705 Fig Salad With Greens And Walnuts
14706 Fig Squares
14707 Filet Cordon Bleu
14708 Filete Albanil
14709 Filled Bee Sting Cake
14710 Filled Peppers With Meat
14711 Fillet Of Beef With Cilantro Lime Sauce
14712 Fillet Of Beef With Cornichon Tarragon Sauce
14713 Filomena Rodriguez Market St. Meatloaf
14714 Finnish Bread
14715 Finnish Bread***vgwn37a
14716 Fire Camp Chili
14717 Firehouse Hot Chili Powder
14718 First Time Chili
14719 First-Love Chili
14720 Fish Aspec
14721 Fish Baked Broiled Or Barbecued In Foil
14722 Fish Brown Sauce

Sheet1

14723 Fish Relish - Sambal Ikan
14724 Fish Sauce
14725 Fish Sauce (nuoc Cham Dipping Sauce)
14726 Fish Slices Peking Style
14727 Fish Soup With Fennel
14728 Fish Steamed In Napa Cabbage - *p Cooking Cla
14729 Fishburger
14730 Five Bean Soup
14731 Five Minute Chocolate Mousse
14732 Five Minute Chocolate Pudding
14733 Five Pound Fudge
14734 Five Spice Powder
14735 Five-Alarm Salsa
14736 Flag Dessert
14737 Flagons Pain Perdue With Praline Sauce
14738 Flaky Apple Foldovers
14739 Flaky Mushroom Swirls
14740 Flaky Pastry
14741 Flaky Pie Crust Mix
14742 Flaky Pie Pastry Robert
14743 Flaming Plum Pudding
14744 Flan - Cuban Dessert
14745 Flan Cheesecake
14746 Flapper Pie
14747 Flavoured Oil For Stir Frying
14748 Flesh Of The Pig Ala Bob Greenberg (and Secret
14749 Flesh Of The Pig Ala Bob Greenberg (and Secret Sauce)
14750 Flexible Artwork Chocolate
14751 Florida Bouillabaisse
14752 Florida Chicken
14753 Florida Key Lime Pie
14754 Flotegrot
14755 Flour Tortillas
14756 Flourless Carrot Cake
14757 Flourless Chocolate Mousse Cake
14758 Flourless Chocolate Roulade With Whipped Apricot Souffle
14759 Flowerpot Cupcakes
14760 Flowerpots - Baked Alaska
14761 Fluffy Light Meat Loaf
14762 Fluffy Pink Grapefruit Frosting
14763 Fluffy Strawberry Pie
14764 Foamy Sauce
14765 Focaccia
14766 Foldovers
14767 Fondant
14768 Fondant Mints
14769 Fondant Cooked And Candy Recipes
14770 Fontina Mushroom And Pancetta Lasagna
14771 Food Processor Brioche

Sheet1

14772 Food Processor Walnut Bread
14773 Fool-Proof Baka Lava
14774 Foolproof Chocolate Mousse
14775 Foolproof Dark Chocolate Fudge
14776 Forever Raspberries Topping
14777 Forget 'em Cookies
14778 Forty Clove Chicken Filice
14779 Four Way Cincinnati Chili
14780 Four-Layer Lemon Pie
14781 Four-Pepper Relish
14782 Four-Spice Cake
14783 Fourth Of July Flag Cake
14784 Fragrant Coconut And Spice Rice
14785 Fragrant Coconut Rice
14786 Fraidy-Cat Cupcakes
14787 Framboise Raspberry Jam
14788 Frances Cook's Bread And Rolls
14789 Frangelica Velvet Dessert
14790 Frank's Natchitoches Spicy Meat Pies
14791 Frank-Sauerkraut Goulash
14792 Franks With Peanut Curry Sauce
14793 Frappes
14794 Frau Moyer's Cheese Custard
14795 Fred Drexel's 1981 Winning Recipe Chili
14796 Fred Goslin's Pumpkin Nut Bread
14797 Freddi's Fruit Cocktail Mix
14798 Freezer Pickles
14799 Freezer Strawberry Jam
14800 French Apple Cake With Apricot Glaze
14801 French Bread # 2
14802 French Chicken W/roquefort And Garlic
14803 French Chocolate Cake
14804 French Chocolate Mousse
14805 French Dressing Mix
14806 French Fantan Rolls
14807 French Ham Souffle
14808 French Honey Bread
14809 French Market Soup
14810 French Market Soup Mix
14811 French Nougat
14812 French Pear Pie
14813 French Potato Pancakes
14814 French Rib Steak With Marrow And Red Wine Sauce
14815 French Sourdough Bread
14816 French Stuffed Cabbage
14817 French Taffy
14818 French-Style Chicken Fricassee
14819 French-Style Cream Cheese Spread
14820 Fresca Cake With Maraschino Frosting

Sheet1

14821	Fresh Apple Cake
14822	Fresh Apple Yogurt Coffee Cake
14823	Fresh Berry Cobbler
14824	Fresh Berry Sherbet
14825	Fresh Berry Tarts
14826	Fresh Black Or Red Raspberry Or Strawberry Souffle
14827	Fresh Blueberry Coffee Cake
14828	Fresh Blueberry Fluff
14829	Fresh Chilli Chutney
14830	Fresh Chutney
14831	Fresh Coconut Cake
14832	Fresh Coconut Patties
14833	Fresh Corn Chowder
14834	Fresh Cornbread
14835	Fresh Cranberry Relish
14836	Fresh Cucumber Pickle (ajad)
14837	Fresh Fig Tart
14838	Fresh Figs Curacao
14839	Fresh Fruit Dumplings
14840	Fresh Fruit Frappe
14841	Fresh Fruit Halloween Cake
14842	Fresh Fruit Soup
14843	Fresh Fruit Tart
14844	Fresh Garden Chicken
14845	Fresh Ginger Muffins
14846	Fresh Golden Delicious Apple Walnut Relish
14847	Fresh Grapefruit Cake
14848	Fresh Mushroom Bisque
14849	Fresh Peach Crumble
14850	Fresh Pear And Apple Pie
14851	Fresh Pears Kiwis And Oranges With Rosemary Syrup
14852	Fresh Pesto Pasta
14853	Fresh Pineapple With Port Sauce
14854	Fresh Pinto Beans With Tomatoes
14855	Fresh Spinach Ham And Jack Sandwich Heated
14856	Fresh Strawberry Cupcakes
14857	Fresh Strawberry Pie Glace
14858	Fresh Strawberry Sherbet
14859	Fresh Strawberry Sundae
14860	Fresh Tomato Cake
14861	Fresh Tomato Chili Soup
14862	Fresh Tomato Soup With Sweet Basil
14863	Fresh Tomato Bacon And Onion Fettucine
14864	Fresh Tomato-Basil Soup
14865	Fresh Tuna (marmita-Kua)
14866	Friar's Zucchini Bread
14867	Friar's Zucchini Relish
14868	Fricassee Of Chicken (low Calorie)
14869	Fricasseed Chicken

Sheet1

14870 Fricot A La "belette" ("weasel" Fricot/soup)
14871 Fried Batilgian
14872 Fried Bean Curd With A Sweet & Sour Sauce
14873 Fried Bread Crumbs
14874 Fried Curried Rice (khao Pad Pong Kari)
14875 Fried Mush
14876 Fried Pies
14877 Fried Pigskin In Green Sauce - Chicharron En Salsa Verde
14878 Fried Rice With Basil (khao Pad Krapow)
14879 Fried Shrimp Dip
14880 Fried Spinach - Rau Muong Xao
14881 Fried Tofu
14882 Fried Whole Fish Nonya Style - Ikan Goreng Tauceo
14883 Friendship Cake - 30 Day Cake
14884 Frijoles A La Charra (Ranch Beans)
14885 Frijoles Charro
14886 Frijoles De Olla (beans Cooked In A Pot)
14887 Frontier Beans
14888 Frosted Banana Pops
14889 Frosted Grapes
14890 Frosted Jam Cake
14891 Frosted Jam Cake Icing
14892 Frosted Melon Salad
14893 Frosted Mountain Layer Cake
14894 Frosted Plum Soup
14895 Frosted Walnuts
14896 Frosty Clouds
14897 Frosty Lemon Ice
14898 Frosty Peanut Butter Dessert
14899 Frosty Pumpkin Ice Cream Pie
14900 Frosty Ricotta Cheese Pie
14901 Frozen Cafe' Au Lait Mousse
14902 Frozen Chocolate Bananas
14903 Frozen Chocolate Mousse
14904 Frozen Citrus Pie
14905 Frozen Fruit Treat
14906 Frozen Fruiti Yogurt
14907 Frozen Fudge Popsicles
14908 Frozen Ginger Cream
14909 Frozen Guacamole
14910 Frozen Lemon Mousse With Blackberry Sauce
14911 Frozen Lemon Salad
14912 Frozen Lime Mint Salad
14913 Frozen Milky Way Mousse With Bittersweet Choc. Sauce
14914 Frozen Milky Way Mousse With Bittersweet Chocolate Sauce
14915 Frozen Mocha Toffee Dessert
14916 Frozen Mocha Truffle Loaf
14917 Frozen Pudding Pops
14918 Frozen Raspberry Cream

Sheet1

14919	Frozen Raspberry Cream With Blueberry Coulis
14920	Frozen Raspberry Souffle
14921	Frozen Rice And Apricot Pudding (southern Rice Industry193
14922	Frozen Strawberry Cream Torte
14923	Frozen Strawberry Cream Torte (the Art Of Fine Baking)
14924	Frozen Stromboli
14925	Frozen Zabaglione
14926	Fruit And Nut Filling
14927	Fruit Boat With Orange Creme
14928	Fruit Brulee
14929	Fruit Cake
14930	Fruit Cake-Myrtle
14931	Fruit Candy
14932	Fruit Cocktail A La Sharon
14933	Fruit Cocktail Cake Icing
14934	Fruit Compote
14935	Fruit Compote Supreme
14936	Fruit Curry
14937	Fruit Dessert
14938	Fruit Filled Meringue Baskets
14939	Fruit Filling For Japanese Fruitcake
14940	Fruit Flummery
14941	Fruit Gelatin
14942	Fruit Goops
14943	Fruit In Orange Cream
14944	Fruit Jellies
14945	Fruit Juice Knox Blox
14946	Fruit Kebabs
14947	Fruit Moos
14948	Fruit Pudding
14949	Fruit Puddings
14950	Fruit Salsa Sundaes *
14951	Fruit Sauce For Cake Or Ice Cream
14952	Fruit Sherbert
14953	Fruit Slush Mix
14954	Fruit Sponge
14955	Fruit Squares
14956	Fruit Strudelettes
14957	Fruit Topped Cheese Pie
14958	Fruit Topping Or Pudding
14959	Fruit Torte
14960	Fruit Trifle
14961	Fruit Turnovers
14962	Fruit Vinegars
14963	Fruit With Cheese
14964	Fruit-And-Nut Balls
14965	Fruit-Filled Muffins
14966	Fruit-Glazed Chicken
14967	Fruited Buttermilk Scones

Sheet1

14968 Fruited Dessert Ring
14969 Fruited Pork Chops
14970 Fruited Rice Mix
14971 Fruity Pistachio "sundaes"
14972 Fry's Fudgey Layer Cake
14973 Fudge # 2
14974 Fudge # 3
14975 Fudge (microwave)
14976 Fudge A La Louise
14977 Fudge Balls
14978 Fudge Filled Cupcakes
14979 Fudge Foggies
14980 Fudge Ice Cream
14981 Fudge Icing
14982 Fudge Icing With Raisins
14983 Fudge Pecan Pie
14984 Fudge Sauce
14985 Fudge Yummies
14986 Fudgey Brownies
14987 Fudgie Cake
14988 Fudgies
14989 Fudgy Chocolate Brownies
14990 Fudgy Ice Cream
14991 Funnel Cake
14992 Funnel Cakes
14993 Fusilli With Vegetables
14994 Fuzzy Naval Cake
14995 Fuzzy's Fantastic South Texas Road Meat Chili
14996 Gala Chicken Breasts
14997 Galliano Barbecue Sauce - Mary Hudgins - Hollywood Park
14998 Garam Masala #1
14999 Garam Masala #2
15000 Garam Masala #3
15001 Garam Masala #4
15002 Garam Masala #5
15003 Garam Masala #6
15004 Garbanzo And Tomato Pilaf
15005 Garbanzo Parsnip Gnocchi
15006 Garden Blend Salt Substitute
15007 Garden Burgers
15008 Garden Chicken
15009 Garden Harvest Chili
15010 Garden Relish
15011 Garden Rice Stuffed Chicken Breasts
15012 Garden Special
15013 Garden Vegetable Mix
15014 Garlic And Cilantro Sauce
15015 Garlic Butter Spread
15016 Garlic Chicken Breasts

Sheet1

15017 Garlic Chicken With Vegetables
15018 Garlic Custard
15019 Garlic Gazpacho
15020 Garlic Ice Cream
15021 Garlic Jelly
15022 Garlic Lime Chicken
15023 Garlic Lover's Pizza Sauce
15024 Garlic Marinara
15025 Garlic Oil
15026 Garlic Or Shallot Jelly
15027 Garlic Pepper Chicken Breasts
15028 Garlic Potato Puree
15029 Garlic Sandwich Butter
15030 Garlic Soup (florida Cooking)
15031 Garlic Soup Royale
15032 Garlic Soup With Chicken
15033 Garlic Spareribs
15034 Garlic Stuffed Mushrooms
15035 Garlic-Cheese Bread
15036 Garlicky Pork And Asparagus Pancakes
15037 Gary's Chocolate Cream Pie
15038 Gateau Ganache
15039 Gateau Noir
15040 Gateaux Jos Louis (joe Louis Cakes)
15041 Gazpacho 1
15042 Gazpacho Relish For Franks
15043 Gelatin Surprise
15044 Gelatina De Cafe Con Licor De Cafe (coff
15045 Gelato Di Caffè
15046 Gelato Di Crema
15047 Gelato Di Mirtille
15048 Gelato Di Pesche
15049 Gelato Di Ricotta
15050 Gelo Di Mellone
15051 General Chua's Spicy Hot Chicken
15052 General Tso's Chicken # 2
15053 Generic Chili Recipe
15054 Genoise Mousseline
15055 Genuine Texas Red Chili (rio Llano Variety)
15056 George Bush Pralines
15057 George Fassett's Cheesecake Cupcakes
15058 George Fassett's Meat Marinade
15059 George Washington Gingerbread Cream Pie
15060 Georgia Chain-Gang Chili
15061 Georgia Country Ham
15062 Georgia Crab Soup
15063 Georgia Cucumber Jelly
15064 Georgia Peach Conserve
15065 Georgia Peach Ice Cream

15066 Georgia Peach Pie
15067 Georgia Peach Shortcake
15068 Georgia Peaches And Cream Cake
15069 Georgian Cheeese Bread
15070 Geri's Honey Curry Chicken Wings
15071 German Apple Torte
15072 German Beefsteaks
15073 German Bread
15074 German Cabbage Muffins Xcnm40a
15075 German Cheese Soup
15076 German Chocolate Cake
15077 German Chocolate Pie
15078 German Leaven
15079 German Meatballs
15080 German Meatballs #2
15081 German Pancake
15082 German Strickle Sheets
15083 German White Chocolate Cake
15084 German's Sweet Chocolate Cake
15085 Get Together Rice
15086 Ghee - Clarified Butter
15087 Ghirardelli Chocolate Frosting
15088 Giant Chocolate Kiss -- Microwave (joann Pierce)
15089 Giant Hershey Kiss
15090 Giardiniera (pretty Pickle)
15091 Giblet Gravy (for Poultry)
15092 Gift Cake
15093 Gift Christmas Kuchen
15094 Gillyflower Sorbet
15095 Ginger Apple Compote
15096 Ginger Chicken With Peaches
15097 Ginger Cream
15098 Ginger Creams
15099 Ginger Curry
15100 Ginger Ice Cream
15101 Ginger Icing
15102 Ginger Jelly
15103 Ginger Mustard Chicken Saute
15104 Ginger Orange Cream Cheese Spread
15105 Ginger Peach Jam
15106 Ginger Peach Plum Butter
15107 Ginger Pear Crumble
15108 Ginger Pears
15109 Ginger Plum Spareribs
15110 Ginger Raisin Muffins - Edna Staebler
15111 Ginger Snaps
15112 Ginger Soy Sauce
15113 Ginger Squash Soup
15114 Ginger Stuffed Eggplant

Sheet1

15115	Ginger Syllabub
15116	Ginger Tofu With Vegetables
15117	Ginger Tomatoes
15118	Ginger Vinaigrette
15119	Ginger Wallace's Pecan Tart
15120	Ginger-Apple Loaf
15121	Ginger-Banana Chutney
15122	Ginger-Carrot Bisque
15123	Ginger-Rhubarb Sauce
15124	Ginger-Sauced Pork
15125	Ginger-Upper
15126	Gingerberry Pops
15127	Gingerbread Biscotti
15128	Gingerbread Cream Pie -- George Washington
15129	Gingerbread Deluxe
15130	Gingerbread House My Recipe
15131	Gingerbread Mix
15132	Gingerbread Muffins
15133	Gingerbread Waffles With Peach Sauce
15134	Gingered Chicken Stir Fry
15135	Gingered Chicken With Apricots
15136	Gingered Grapefruit Baskets
15137	Gingered Holiday Chutney
15138	Gingered Tofu Peanut Spread
15139	Gingered Vegetable-Chicken Soup
15140	Gingersnap-Peach Crisp
15141	Girdle Scones
15142	Glaze Nuts And Fruits
15143	Gladys' Finger-Lickin' Fried Chicken
15144	Glass-Noodle Salad With Chicken
15145	Glaze For Corned Beef
15146	Glazed Apple Cake
15147	Glazed Apple Tart
15148	Glazed Apricot Ginger Chicken
15149	Glazed Canadian Bacon
15150	Glazed Cauliflower With Ginger
15151	Glazed Cherry Tarts
15152	Glazed Cinnamon Loaf
15153	Glazed Coffee Cake
15154	Glazed Corned Beef
15155	Glazed Fresh Strawberry Pie
15156	Glazed Ham With Acorn Squash
15157	Glazed Pork Chops With Maple Syrup
15158	Glazed Smoked Ham
15159	Glorified Pork Chops
15160	Glover Chicken Casserole
15161	Glutinous Rice (khow Neow)
15162	Goat Cheese And Walnut Pizza Topping
15163	Gobhi Mung

Sheet1

15164	Gold Cake
15165	Gold Cake (gelb Kuchen)
15166	Gold Spice Cake
15167	Golden Apricot Ginger Cake (low Fat)
15168	Golden Biscotti
15169	Golden Butter Cream Cake
15170	Golden Carrot Soup
15171	Golden Chicken And Rice
15172	Golden Chicken Spaghetti Casserole
15173	Golden Corn Sticks
15174	Golden Crust Zucchini Cake
15175	Golden Delicious Grill
15176	Golden Egg Bread
15177	Golden Egg Bread (challa)
15178	Golden Low Calorie Chicken
15179	Golden Mushroom Chicken Thighs
15180	Golden Peach Butter
15181	Golden Popcorn Patties
15182	Golden Pork Stir-Fry
15183	Golden Raisin Bread
15184	Golden Raisin Loaves
15185	Golden Roast Turkey
15186	Golden Rosemary Chicken
15187	Golden Saffron Cake
15188	Golden Squash And Carrot Bisque
15189	Golden Tiger Pot Sticker Dipping Sauce
15190	Golden Tomato Soup
15191	Good Dog Biscuits
15192	Good Fudge Dessert
15193	Good Luck New Year's Soup
15194	Goody Cake
15195	Gooseberry Curd
15196	Gooseberry Fool
15197	Gooseberry Jam
15198	Gooseberry Jelly
15199	Gooseberry Relish
15200	Goosnargh Cakes
15201	Gorgonzola And Fresh Thyme Sauce For Pasta
15202	Gosht Madras (madras Beef Curry)
15203	Gougeres (cheese Puffs)
15204	Gourmet Chili Pot Pie Topping
15205	Gourmet Vinegar
15206	Gourmet's Clarified Butter
15207	Gourmet's Genoise Cake
15208	Gracia's Black Beans
15209	Graham Cracker Bars
15210	Graham Cracker Brownies
15211	Graham Cracker Cake
15212	Graham Cracker Candy

Sheet1

15213 Graham Cracker Dream Squares
15214 Graham-Almond Candy
15215 Grain Bread
15216 Grainy Mustard
15217 Grainy Raspberry Mustard
15218 Grainy Sherry Mustard
15219 Gramp's Microwave Peanut Brittle
15220 Grand Central Oyster Stew
15221 Grand Ghirardelli Fudge Cake
15222 Grand Marnier Chocolate Pecan Torte
15223 Grand Marnier Nanaimo Bars
15224 Grand Prize Winner Black Bean Tamale Pie (greta Weingast)
15225 Grand Prize Winning Maple Walnut Mousse Pie
15226 Grandma Clark's Cranberry Jelly
15227 Grandma Rampke's Easy Rhubarb Pie
15228 Grandma Ruby's Fabulous Fudge
15229 Grandma Vanicek's Czechoslovakian Liverballs/liver Dumpling
15230 Grandma Vanicek's Czechoslovakian Potato Dumplings
15231 Grandma Wexler's Baked Beans
15232 Grandma's Apple Cake
15233 Grandma's Basic White Sauce
15234 Grandma's Chicken Soup
15235 Grandma's Chocolate Layer Cake
15236 Grandma's Current Pound Cake
15237 Grandma's Hickory Nut Cake
15238 Grandma's New England Pickles
15239 Grandma's Oatmeal Bread
15240 Grandma's Pickled Beets
15241 Grandma's Prune Soup
15242 Grandma's Vanilla Ice Cream (and Several Flavor Variations)
15243 Grandmas Sticky Rolls
15244 Grandmother's Doughnuts
15245 Grandmother's Molasses Taffy
15246 Grandpa's Gravy
15247 Granny Smith Apple Onion Soup With Celery Root
15248 Granny Smith Apple Pie
15249 Granola Bread
15250 Granola Mix
15251 Grape Butter
15252 Grape Conserve
15253 Grape Marmalade
15254 Grape Nut Roast
15255 Gasmere Gingerbread
15256 Grasshopper Cheese Cake
15257 Gratin Of Turnips And Blue Cheese
15258 Great Chiles
15259 Great Shape Cookies
15260 Greek Chicken Breasts
15261 Greek Fakes Xithati (Sour Lentil Soup)

Sheet1

15262	Greek Island Chicken
15263	Greek Revithia Soupa (chick Pea Soup)
15264	Green Banana Gratin
15265	Green Bean Curry (aka Country Curry Or Jungle Curry)
15266	Green Bean Soup
15267	Green Beans With Fried Bean Curd
15268	Green Beans With Garlic
15269	Green Beans With Tomatoes
15270	Green Beans With Walnuts & Tarragon
15271	Green Chard And Slivered Carrots
15272	Green Chile And Spam Stew
15273	Green Chile Pasta
15274	Green Chile Pork
15275	Green Chile Sauce
15276	Green Chile Stew With Pork
15277	Green Chile Yogurt Soup
15278	Green Chili Salsa Dip - Beware Very Hot
15279	Green Chili Stew With Lamb
15280	Green Chili With Pork
15281	Green Corn Tamales
15282	Green Curry Paste (kruang Kaeng Khew Wan)
15283	Green Curry Paste (nam Prik Kang Khiaw-Waan)
15284	Green Curry Paste (thai)
15285	Green Curry Paste *
15286	Green Curry Paste/nam Prik Kaeng Khiew
15287	Green Enchiladas
15288	Green Garden Soup
15289	Green Lentil Rissoles
15290	Green Mango Dip - Nam Prik Ma-Muang *
15291	Green Mayonnaise
15292	Green Mountain Pie *
15293	Green Olive Soup
15294	Green Pepper And Tomato Soup
15295	Green Pepper Jelly
15296	Green Peppercorn-Raspberry Sauce
15297	Green Salsa
15298	Green Tomatillo Chicken
15299	Green Tomato Frittata
15300	Green Tomato Jam
15301	Green Tomato Omelet With Basil
15302	Green Tomato Pickles
15303	Green Tomato Pie
15304	Green Tomato Relish 2
15305	Green Tomatoes Fried
15306	Green-Olive Relish
15307	Greenbirar Peach Soup
15308	Gridiron Green Peppers
15309	Grill Broiled Sirloin Steak
15310	Grilled Angel Food Cake With Nectarines & Blueberries

Sheet1

15311	Grilled Cheese-Chipotle Sandwich
15312	Grilled Chicken Breasts With Green Grape Sauce
15313	Grilled Chicken Breasts With Tarragon Butter
15314	Grilled Chicken Dijonnaise
15315	Grilled Citrus Chicken
15316	Grilled Corn With Soy Sauce
15317	Grilled Eggplant & Basil Vinaigrette
15318	Grilled Eggplant With Hoisin Sauce
15319	Grilled Flank Steak
15320	Grilled Fresh Corn
15321	Grilled Hawaiian Chicken
15322	Grilled Herbed Mushrooms In Cold Tomato Dressing
15323	Grilled Japanese Chicken
15324	Grilled Pork Tenderloin
15325	Grilled Pork Tenderloin With Mustard Cream Sauce
15326	Grilled Red Pepper Butter
15327	Grilled Salisbury Steak In Belmont Sauce
15328	Grilled Seafood Flautas
15329	Grilled Sesame Chicken Breasts
15330	Grilled Sweetbreads
15331	Grilled Tempeh W/red Onion & Eggplant
15332	Grilled Tofu Sandwiches
15333	Grilled Tofu With Sesame Buckwheat Noodles & Ginger Veggies
15334	Grilled Tofu With Summer Vegetables
15335	Grilled Wild Mushroom Cheese Burgers
15336	Gringo Chili
15337	Grits Fiesta Pie
15338	Ground Beef And Vegetable Casserole
15339	Guacamole Dip #3
15340	Guerrini Chicken Wings
15341	Gujar Ka Pullao (carrot Rice)
15342	Gujrati Dal
15343	Gulai Bagar (braised Beef With Spices)
15344	Gulai Kambing (spiced Lamb)
15345	Gumdrops
15346	Gumdrops (jim Vorheis)
15347	Guvec Or Turlu - Vegetable Casserole
15348	Ha'penny Friendship Bread
15349	Ha'penny Friendship Bread-Pg. 2
15350	Ha'penny Friendship Bread-Pg. 3
15351	Habitant Pea Soup
15352	Hacienda Dip
15353	Haddock Chowder
15354	Halekulani Coconut Cake
15355	Halloween Apples On A Stick
15356	Halvah Fudge
15357	Ham & Apple On Skewers
15358	Ham & Asparagus
15359	Ham & Cheese Calzones

Sheet1

15360 Ham & Cheese With Coleslaw
15361 Ham & Corn Custard
15362 Ham 'n Cheese Patties
15363 Ham And Asparagus Pasta
15364 Ham And Bean Soup
15365 Ham And Broccoli Royale
15366 Ham And Cheese Muffins
15367 Ham And Cheese Potatoes Au Gratin #2
15368 Ham And Cheese Strata
15369 Ham And Chicken Chowder
15370 Ham And Crescent Pie
15371 Ham And Farm Cheese Butter-Fried Sandwiches
15372 Ham And Potato Pancakes
15373 Ham And Potato Skillet
15374 Ham And Redeye Gravy
15375 Ham And Spinach Potato Casserole
15376 Ham And Swiss Cheese Burgers
15377 Ham And Swiss Pie
15378 Ham Baked In Cola With Mustard Crust
15379 Ham Bone And Bean Soup
15380 Ham Glaze
15381 Ham It Up Potatoes
15382 Ham Loaf With Pistachios
15383 Ham Mousse In Sherry Aspic
15384 Ham Pie
15385 Ham Puffs
15386 Ham Quiche
15387 Ham Quiche (microwave)
15388 Ham Souffle
15389 Ham Tetrazzini
15390 Ham With Green String Beans (speck Und Beans)
15391 Ham With Parsnips
15392 Ham With Pineapple
15393 Ham With Spiced Cherry Sauce
15394 Hamburger Buns
15395 Hamburger Gravey
15396 Hamburger Hot Dish
15397 Hamburger Steak
15398 Handstuffed Peppers
15399 Hannah Storm's "mystery" Soup
15400 Hard Candy
15401 Hard Candy BswN00a
15402 Hard Fruit Sauce
15403 Hard Sauce
15404 Hard Tack Candy
15405 Haricot Mutton (nz)
15406 Harissa
15407 Harlequin Dip
15408 Harold's Pig And Roots

Sheet1

15409 Harrow Road Cafe Chocolate Pound Cake
15410 Harvest Gold Relish
15411 Harvest Pumpkin Cake
15412 Harvest Time Pot Roast
15413 Hattie Anderson's Pickled Artichokes
15414 Have A Beer Chili
15415 Hawaii Kai Polynesian Meatloaf
15416 Hawaiian Bon Bons
15417 Hawaiian Cake
15418 Hawaiian Coconut Bread
15419 Hawaiian Fondue
15420 Hawaiian Marinade
15421 Hawaiian Papaya Chutney
15422 Hawaiian Pineapple Chicken
15423 Hawaiian Punch
15424 Hawaiian Ribs
15425 Hawaiian Stuffed Chicken Breasts
15426 Hawaiian Sweet-And-Sour Meatballs
15427 Hawaiian Wedding Cake
15428 Hay Box Short Rib Vegetable Soup
15429 Hazelnut And Vegetable Crumble
15430 Hazelnut Au Chocolat *nbtb20a*
15431 Hazelnut Praline
15432 Hazelnut Torte
15433 Headcheese
15434 Healthy Liver Soup
15435 Healthy Meat Loaf
15436 Heaps Of Chocolate
15437 Heart Smart Chicken
15438 Heartland Corn Chowder
15439 Hearty Bean Soup
15440 Hearty Bistro Chicken
15441 Hearty Burgundy Meatballs
15442 Hearty Chicken Chowder
15443 Hearty Chili Con Corn
15444 Hearty Halibut
15445 Hearty Halibut From Joan Johnson
15446 Hearty Rye Bread
15447 Hearty Sausage And Sauerkraut Dinner
15448 Hearty Venison Soup
15449 Hearty Winter Soup
15450 Heath Bar Brunch Cake
15451 Heath Bar Cake
15452 Heath Bar Cake (plain Jane)
15453 Heath Candy Bar Cookies
15454 Heather's Roasted Curry Powder
15455 Heavenly Beef - Nuea Sawan *
15456 Heavenly Corn Chowder
15457 Heavenly Hash

Sheet1

15458 Heirloom Spice Cake
15459 Helen's Curried Chicken
15460 Hell Dipping Sauce - Nam Prik Na-Rok *
15461 Herb Bread
15462 Herb Broiled Chicken And Onion On A Pita
15463 Herb Butter
15464 Herb Butter For Fish
15465 Herb Butter For Seafood Or Artichokes
15466 Herb Or Mint Jellies
15467 Herb Roasted Chicken
15468 Herb Seasoning
15469 Herb Soap Balls
15470 Herb Stuffing [for A 12-Pound Turkey]
15471 Herb Wings
15472 Herb Yogurt Cheese
15473 Herbal Baths
15474 Herbed Butter Spread
15475 Herbed Chicken And Peas
15476 Herbed Focaccia
15477 Herbed Fresh Tomato Soup
15478 Herbed Oil And Vinegar Dressing
15479 Herbed Pork Roast (microwave)
15480 Herbed Pork With Garlic And Mixed Sweet Peppers
15481 Herbed Potato And Sausage Casserole
15482 Herbed Rice With Julienne Potatoes
15483 Herbed Split Pea Soup
15484 Herbed Stuffing Mix
15485 Herbed Vegetable Stew
15486 Herbed Zucchini-Pea Soup
15487 Herbolace Pie
15488 Herbs De Provence Spice Mix
15489 Herbs Lime Grilled Chicken
15490 Herbs Salees (salted Herbs)
15491 Here's A Basic Chili Recipe - James Lor
15492 Herman Cinnamon Rolls
15493 Herman Coffe Cake
15494 Herman Coffe Cake # 2
15495 Herman Coffeecake
15496 Herman Plantation Ginger Cake
15497 Herman Quick Biscuit
15498 Herman Sourdough Starter
15499 Herman Starter
15500 Herman Wheat'n'honey Starter
15501 Herman's Famous Kosher Dills
15502 Hershey Bar Cake
15503 Hershey Bar Pie
15504 Hershey Cake
15505 Hershey Light Chocolate Cake
15506 Hershey's Fudge Cake

15507 Hershey's Hot Fudge Sauce
15508 Hi-Protein Applesauce Cake
15509 Hickory Nut Cake
15510 Hickory Smoked Cheese Dip
15511 Hidden Valley Ranch (r) Oyster Crackers
15512 Hidden-Frosting Carrot Zucchini Cake
15513 Highland Oatcakes
15514 Hints For Using A Candy Thermometer
15515 Ho Ho Cake
15516 Hoarhound Candy
15517 Hobo Bread
15518 Hog Pudding
15519 Holiday Fruitcake With Louisiana Pecans
15520 Holiday Ice Cream Cake
15521 Holiday Mints
15522 Holiday Orange Balls
15523 Holiday Pumpkin Pie
15524 Holiday Spinach & Artichoke Party Dip
15525 Hollandaise Sauce For Trout
15526 Hollandise Sauce
15527 Holly Cookies
15528 Holy Tofu Mole!
15529 Homade Mayonnaise
15530 Home Style Dressing Mix
15531 Home-Candied Angelica
15532 Home-Cooked Carnitas - Carnitas Caseras
15533 Home-Improved Tomato Sauce
15534 Home-Made Cream Of Potato Soup
15535 Home-Made Ginger Beer
15536 Homemade Baking Powder
15537 Homemade Capers
15538 Homemade Chili
15539 Homemade Crab Apple Pectin
15540 Homemade Granola
15541 Homemade Ketchup
15542 Homemade Mayonnaise
15543 Homemade Pickling Spice
15544 Homemade Taco Sauce
15545 Homemade Taco Seasoning Mix
15546 Homemade Tomato Soup
15547 Homemade Tomato Soup I
15548 Homespun Sausage Pie
15549 Homestyle Lasagna Rolls
15550 Hominy And Pork Chops
15551 Hominy-Squash Stew
15552 Hommous - Chick Pea Dip
15553 Honey Almond Whole Wheat Bread
15554 Honey And Apple Bbq Ribs
15555 Honey And Spice Glazed Chicken

Sheet1

15556 Honey Barbecued Spare Ribs
15557 Honey Bars
15558 Honey Butter
15559 Honey Butter Spread
15560 Honey Buttermilk Bread
15561 Honey Cake
15562 Honey Cakes
15563 Honey Chicken Wings
15564 Honey Chocolate Cake
15565 Honey Drops
15566 Honey Fudge
15567 Honey Icing
15568 Honey Lemonade
15569 Honey Mints
15570 Honey Mustard Chicken
15571 Honey Mustard Ranch Style Dressing
15572 Honey Mustard Salad Dressing
15573 Honey Mustard-Soy Vinaigrette
15574 Honey Nougat
15575 Honey Of A Chicken
15576 Honey Peanut Butter Fudge
15577 Honey Pecan Chicken
15578 Honey Roasted Nuts
15579 Honey Spears
15580 Honey Sponge Cake
15581 Honey Taffy
15582 Honey-Apple Pancakes
15583 Honey-Glazed Baked Spam
15584 Honey-Glazed Stuffed Breasts
15585 Honey-Lemon Cake
15586 Honey-Mustard Baked Chicken
15587 Honey-Mustard Dressing Ddnn79c
15588 Honey-Mustard Dressing Djbx41b
15589 Honey-Mustard Dressing Pnnf33b
15590 Honey-Mustard Dressing Vxrf36b
15591 Honey-Mustard Dressing..type 2...vxrf36b
15592 Honey-Mustard Ribs
15593 Honey-Raisin Cookies
15594 Honey-Yogurt Dressing
15595 Honeyed Peach Preserves
15596 Honeyed Peanut Butter
15597 Hongshao Wanyu (red-Cooked Carp)
15598 Hoosier Harvest Apple Pie
15599 Hopeless Twinkles
15600 Hopeless Twinkles (hostess Twinkies)
15601 Hopping John
15602 Hopping John Vinaigrette
15603 Horchata (ground Rice Drink)
15604 Horehound Candy - For Colds

Sheet1

15605 Horehound Drops
15606 Horseradish And Beet Relish
15607 Horseradish Applesauce
15608 Horseradish Barbecue Sauce
15609 Horseradish Butter
15610 Horseradish Jelly
15611 Horseradish Relish
15612 Horseradish Salad
15613 Horseradish Sandwich Butter
15614 Horseradish Sauce Supreme
15615 Horseradish Spread
15616 Horseradish Wings
15617 Hot & Spicy Pepper & Apricot Chutney
15618 Hot 'n Spicy Artichoke Shrimp Dip
15619 Hot 'n' Spicy Chicken Wings With Blue Cheese Dip ***
15620 Hot And Sour Cucumber Salad
15621 Hot And Spicy Beef Back Ribs
15622 Hot And Spicy Short Ribs
15623 Hot Apple Muffin
15624 Hot Apple Pandowdy-Family Circle *i.l.c.
15625 Hot Apricot Souffles
15626 Hot Bbq Chicken
15627 Hot Bean Paste
15628 Hot Brown Sandwiches
15629 Hot Cajun Mustard
15630 Hot Carmel Sauce
15631 Hot Carmel Sauce - The Pillsbury Cookbook
15632 Hot Cheddar Bean Dip
15633 Hot Chicken And Apple Salad
15634 Hot Chile Sauce
15635 Hot Cinnamon Candy
15636 Hot Cocoa Mix
15637 Hot Crab Dip #2
15638 Hot Cross Buns
15639 Hot Dippity Dogs
15640 Hot Dog Casserole
15641 Hot Dogs And Tomatoes
15642 Hot Dogs With Green Peppers
15643 Hot Fudge Cake With Sauce
15644 Hot Fudge Pudding (cake) With Sauce.
15645 Hot Fudge Pudding Cake
15646 Hot Fudge Sauce
15647 Hot Fudge Sundae Cake
15648 Hot Guacamole Soup
15649 Hot Honeyed Chicken And Walnut Salad
15650 Hot Horseradish Sauce
15651 Hot Jalapeno Bread
15652 Hot Mustard Sauce
15653 Hot N Spicy Wings

Sheet1

15654 Hot Onion Squares
15655 Hot Or Cold Leek Soup
15656 Hot Pepper Jelly
15657 Hot Pickled Vegetables
15658 Hot Roll Mix
15659 Hot Sauce
15660 Hot Sauce For Falafels
15661 Hot Sour Soup
15662 Hot Spice Mix
15663 Hot Spiced Cider
15664 Hot Spicy Bean Curd
15665 Hot Tomato Relish (gujarati Kasundi)
15666 Hot Tomato Sauce
15667 Hot Turkey Sandwiches
15668 Hot Wine Jelly
15669 Housebroken Chili
15670 How To Cook A Duck
15671 How To Cut Up Chicken
15672 How To Fillet Fish - *p Cooking Class
15673 How To Handle Peppers
15674 How To Make Gravy
15675 How To Stir Fry - *p Cooking Class
15676 How To Truss Chicken
15677 Howard Johnson Pancakes
15678 Huckleberry Pie
15679 Huevos En Rabo De Mestiza/poached Eggs In Tomato-Chile Sau
15680 Huitlacoche Para Quesadillas
15681 Hummingbird Cake
15682 Hummus #3
15683 Hummus Bi Tahini
15684 Hunan Hot Pepper & Black Bean Sauce
15685 Hungarian Cabbage Rolls
15686 Hungarian Chicken And Dumplings
15687 Hungarian Chicken Casserole
15688 Hungarian Goulash -- Crockpot
15689 Hungarian Goulash Coca-Cola
15690 Hungarian Pork & Roasted Vegetables
15691 Hungry Jack Beef And Bean Round -Up
15692 Hunter Style Chicken
15693 Hurry Tuna Please
15694 Hurry Up Cake
15695 Hurry Up Ham Supper
15696 Hy Abernathy's Georgia Chain-Gang Chili
15697 Hyde Park Fudge Cake
15698 Ice Box Cookies
15699 Ice Water Cake
15700 Icebox Cake
15701 Iced Lemongrass Tea
15702 Icing - Kitchen Kandy

15703 Illinois Apple Pie
15704 Imitation Black Forest
15705 Impossible Broccoli-Cheese Pie
15706 Impossible Bacon Breakfast Pie (quiche)
15707 Impossible Bacon Pie
15708 Impossible Banana Cream Pie
15709 Impossible Brownie Pie
15710 Impossible Buttermilk Pie
15711 Impossible Caramel- Custard Pie
15712 Impossible Cheesecake
15713 Impossible Cherry Pie
15714 Impossible Cherry-Custard Pie
15715 Impossible Chocolate Cheesecake
15716 Impossible Chocolate Pie
15717 Impossible Coconut Pie
15718 Impossible Cranberry-Orange Pie
15719 Impossible French Apple Pie
15720 Impossible Garden Pie
15721 Impossible Garden Vegetable Pie
15722 Impossible Greek Spinach Pie
15723 Impossible Green Bean Pie
15724 Impossible Ham And Asparagus Pie
15725 Impossible Ham And Swiss Pie
15726 Impossible Ham Quiche
15727 Impossible Hamburger Pizza
15728 Impossible Herbs 'n Onion Pie
15729 Impossible Hot Fudge Pudding Cake
15730 Impossible Macaroni And Cheese Pie
15731 Impossible Mexican Fiesta Casserole
15732 Impossible Mushroom Pie
15733 Impossible Peaches And Cream Pie
15734 Impossible Pecan Pie
15735 Impossible Pumpkin Pie
15736 Impossible Pumpkin Pie - 2
15737 Impossible Quiche
15738 Impossible Rhubarb Streusel Pie
15739 Impossible Taco Pie
15740 Impossible Turkey 'n Stuffing Pie
15741 Indian Apple Chutney
15742 Indian Food Recipe
15743 Indian French Toast
15744 Indian Fried Chicken
15745 Indian Fry Bread
15746 Indian Gravy
15747 Indian Keema With Ginger
15748 Indian Mayonnaise Dressing
15749 Indian Spice Mixture
15750 Indian Squaw Cake
15751 Indian Style Lemonade

Sheet1

15752 Indian Style Spinach
15753 Indian-Style Chicken
15754 Indiana Farm Sausage
15755 Indiana-Style Corn Dogs
15756 Individual Dinner Rolls
15757 Individual Ground Pork Carrot Loaves
15758 Individual Ham Dinners In Foil
15759 Indonesian Chili Peanut Sauce
15760 Indonesian Coconut Beef
15761 Indonesian Coconut Sauce
15762 Indonesian Corn-Shrimp Fritters
15763 Indonesian Curry Spice Paste
15764 Indonesian Fried Rice
15765 Indonesian Ketjap Manis Sauce For Chicken Or Fish
15766 Indonesian Soda Bread
15767 Indonesian Steak With Onions
15768 Indonesian Yellow Rice
15769 Indonesian Soy Sauce
15770 Indoor Meat Sticks
15771 Indoor S'mores
15772 Instant Kimchi (korean Gut Churi Kimchi)
15773 Instant Potato Starter
15775 Iridofu
15776 Irish Brown Bread #1
15777 Irish Brown Bread #1 Monica Sheridan
15778 Irish Brown Bread #2
15779 Irish Brown Bread #2 Monica Sheridan
15780 Irish Creme Fudge (microwave)
15781 Irish Loin Of Pork With Lemon And Herbs
15782 Irish Shortbread
15783 Irish Soda Bread #1
15784 Irish Soda Bread #2
15785 Irish Soda Bread #2 Monica Sheridan
15786 Iron Skillet Biscuits
15787 Islamorada Key Lime Pie
15788 Island Barbecue Pork Chops
15789 Israeli Sweet And Spiced Chicken
15790 It's A Snap Cheesecake
15791 Italian Biscotti
15792 Italian Brochettes With Angel Hair Pasta
15793 Italian Brunch Rice
15794 Italian Celebration Cake
15795 Italian Cooking Sauce Mix
15796 Italian Cream Cake
15797 Italian Fried Peppers And Sausage Patties
15798 Italian Meat Loaf
15799 Italian Meat Sauce Mix
15800 Italian Onion Soup
15801 Italian Oyster Corn Chowder

Sheet1

15802 Italian Pesto Sauce
15803 Italian Pork Bread
15804 Italian Sausage And Peppers In Tomato Sauce
15805 Italian Sausage Soup
15806 Italian Sausage With Green Peppers And Mushrooms
15807 Italian Sausages Rotini Salisiccia
15808 Italian Style Anise-Fennel
15809 Italian Style Meat Loaf
15810 Italian: Chicken Cacciatore (contadina)
15811 Italian: Olive Garden Shrimp Cristoforo
15812 Ivinity
15813 Jalapeno Beef Roll With Zucchini
15814 Jalapeno Casserole
15815 Jalapeno Cream Sauce
15816 Jalapeno Jelly
15817 Jalapeno Mustard
15818 Jalapeno Pepper Jelly
15819 Jalapeno Seasoning Salt
15820 Jam Crunch Cake
15821 Jam-Making Basics
15822 Jamaican Jerked Chicken
15823 Jamaican Rice And Peas
15824 Jambon De Le Cabane A Sucre (Sugar House Ham)
15825 James Darren's Grandmom's Pasta
15826 James River Waffles
15827 James' World's Hottest Wings!
15828 Jane Dee's Marinated Pork Chops
15829 Japanese Braised Eggplant
15830 Japanese Cashew Tamari Dressing
15831 Japanese Fruit Pie
15832 Japanese Fruitcake With Filling
15833 Japanese Noodle Shrimp And Cucumber Salad
15834 Japanese Soy-Vinegar Dressing
15835 Jay Pennington's Just Plain Good Chili
15836 Jay Pennington's Prize-Winning Chili
15837 Jay's Chili
15838 Jean Chretien's Tortiere
15839 Jean's Sweet And Sour Pork
15840 Jeanne Owen's Chili Con Carne
15841 Jell-O Poke Cake
15842 Jellied Beef Broth
15843 Jellied Consomme
15844 Jellied Fruit Soup
15845 Jellied Horseradish
15846 Jellied Moose Nose
15847 Jellies
15848 Jello Aquarium
15849 Jello Flavored Cake
15850 Jello Ice Cream Pies

Sheet1

15851 Jello Rainbow Cake
15852 Jelly Candies
15853 Jerk Marinade
15854 Jerk Rub
15855 Jerk Burgers
15856 Jerk Sauce
15857 Jerked Pork
15858 Jeweled Relish
15859 Jewish "corn" Bread (1 Of 2)
15860 Jewish "corn" Bread (2 Of 2)
15861 Jewish Apple Cake
15862 Jewish Mother's French Beef Soup
15863 Jezebel Sauce
15864 Jicama Relish
15865 Jiffy Butter Pie Crust
15866 Jim Crows
15867 Jim's Orange Marmalade
15868 Jim's Piccalilli
15869 Jimmy Dean Easter Casserole
15870 Jingle Bell Fudge
15871 Jo Goldenberg's Bagels
15872 Jo's 2-Cheese Meatloaf
15873 Joann's Peanut Brittle
15874 Joanna's Chicken San Francisco
15875 John Beresford Tipton Bars
15876 John Nunziata's Chocolate Cheese Cake
15877 Johnny Cake
15878 Johns Island Cornbread
15879 Jordan Almond Bark
15880 Jose Giles's Pozole
15881 Joyce's Indonesian Fried Rice
15882 Joyce's Sweet And Sour Sauce
15883 Judy's Chicken And Broccoli With Rice
15884 Judy's Swedish Meatballs
15885 Juicy Florida Barbecue Sauce
15886 Jujube Cake
15887 Julia Child's Crisp Brown Chicken Saute
15888 Julia Child's Method Of Corning Beef Or Pork
15889 Jumbo Popovers
15890 Junction City Raspberry Pie
15891 Jungle Curry (kaeng Paa Moo)
15892 Jungle Curry Paste (kaeng Paa)
15893 Kali Dal
15894 Kangaroo Escalopes With Spinach And Anchovy Butter
15895 Kansas City Barbeque Sauce
15896 Karen's Caramel Corn
15897 Karithopita Spiced Walnut Cake
15898 Karla's Light Lemonade Cheesecake
15899 Karla's Princeton Cheesecake

Sheet1

15900 Karo Fat-Free Chocolate Cake
15901 Katherine Magee's Oven-Batter Baked Chicken
15902 Kathie Jenkins Wild Rice Soup
15903 Kathy Hirdler's Fire Camp Chili
15904 Kathy's Rum Balls
15905 Katie Stapleton's Colorado Cantaloupe Soup
15906 Katish's Cheesecake
15907 Kay's Shortbread
15908 Kaz's Vegetable Casserole
15909 Kedgerree
15910 Keebler Easy Elfin Cheesecake (no Bake!)
15911 Keefer Court Sticky Rice Dumplings
15912 Kema
15913 Ken's Chinese Chicken Salad
15914 Ken's Hot And Sour Soup
15915 Ken's Tomato Egg Drop Soup
15916 Kentuckey Derby Pie
15917 Kentucky Apple Festival Apple Pie
15918 Kentucky Blackberry Jam Cake
15919 Kentucky Corn Pones
15920 Kentucky Pecan Cake
15921 Kentucky Spiced Tea
15922 Kentucky-Style Pork Sausage
15923 Ketjap Manis
15924 Kettle River Gazpacho
15925 Khatta Moong - Soured Lentils
15926 Khatte Channe
15927 Khichhari
15928 Kibbee Bissaneeyeh - Lamb W/wheat Baked W/stuffing
15929 Kibbet Batata Bi Sanieh - Potato Kibbi
15930 Kidney Stew
15931 Killer Bread
15932 Killer Triple Chip Brownies
15933 Kim Chee #1
15934 Kim Chee #2
15935 Kim Chee #3
15936 Kim Chee #4
15937 Kim Chee #5
15938 Kim Chee #6
15939 Kim Chee #7
15940 Kim Chi
15941 Kina Pie (nz)
15942 King's Arms Tavern Cream Of Peanut Soup
15943 Kitchenaid Pie Pastry
15944 Kitty Litter Cake
15945 Kiwi Fruit Jellies
15946 Kiwi Lime Marmalade
15947 Klobasniky Or Sausage Kolaches
15948 Kohnen's Biryani Supremo

Sheet1

15949 Kolachky Dough #1
15950 Kolachky Dough #2
15951 Kona Inn Banana Bread
15952 Konbu No Tsukukani (pickled Seaweed)
15953 Kopan Masala
15954 Korean Barbecue - Bulgogi *
15955 Korean Bean Thread Sesame Noodles With Vegetables
15956 Korean Hot Pot - Shin Sul Ro *
15957 Korean Ribs
15958 Korean Sesame And Ginger Marinade
15959 Korma
15960 Kosher Cabbage Rolls
15961 Koushari (lentils Macaroni And Rice In Oil)
15962 Krispie Crunch Candy
15963 Kumquat Chutney
15964 Kung Yang Sot Makham Piak-Broiled Lobster In Tamarind Sauce
15965 Kwan's Sweet And Sour Sauce
15966 Kwitiaoow Pad Thai
15967 L. A. River Chili
15968 L. J's Chili
15969 La Piperade
15970 La Potee Auvergnate
15971 Labskaus
15972 Lacy Oatmeal And Wheat Germ Cookies
15973 Lady Aimes Toffee
15974 Lady Baltimore Cake
15975 Lady Baltimore Cake I
15976 Lady Baltimore Cake Ii
15977 Ladyfingers
15978 Lakhnawi Khatti Dal (lucknow Sour Lentils)
15979 Laksa
15980 Lamb & Mushroom Korma
15981 Lamb And Artichoke Chili
15982 Lamb And Sausage Couscous
15983 Lamb Cheeseburgers
15984 Lamb Chop Chili
15985 Lamb Curry
15986 Lamb Curry With Yogurt
15987 Lamb Cutlets (nz)
15988 Lamb Hash And Poached Eggs
15989 Lamb Meatballs Persian Style
15990 Lamb Pasta E Fagioli
15991 Lamb Patties Moroccan Style With Harissa Sauce
15992 Lamb Persillade
15993 Lamb Steaks
15994 Lamb With Orzo Paste Greek Style
15995 Lamb With Yoghurt Coconut Milk And Almond Masala
15996 Lamb Lentil And Rosemary Soup
15997 Laotian Beef Lap

Sheet1

15998	Lapin En Gibelotte
15999	Lard Cake
16000	Lasagna Deliciousa
16001	Lasagna From Tony's At Disney World
16002	Lasagna Maria
16003	Lasagne Rolls
16004	Lassy Tart
16005	Late-Summer Soup
16006	Lattice-Top Chicken Bake
16007	Lavash (armenian Cracker Bread)
16008	Lavender Jelly
16009	Layered Cheesecake Brownies
16010	Layered Fiesta Dip
16011	Layered Hamburger Pie
16012	Layered Mint Chocolate Candy
16013	Layered Tamale With Green Salsa
16014	Lazy Brunch Eggs
16015	Lazy Lemon Chicken
16016	Lebaneese Eggplant
16017	Lebanon County Peach Cake
16018	Lebanon County Rhubarb Jam
16019	Leek And Artichoke Soup
16020	Leek And Ham Quiche
16021	Leek And Mushroom Frittat
16022	Leek And Potato Soup
16023	Leek Ham And Basil Tart
16024	Lefse
16025	Leftovers To Save For Soup (soup Information)
16026	Leg Of Lamb W/ Rice And Onion Puree
16027	Legal's Inaugral Fish Chowder
16028	Legumes In Garlic And Onions
16029	Lemon And Apple Marmalade
16030	Lemon Baked Chicken
16031	Lemon Basil Marinade For Grilled Fish Or Chicken
16032	Lemon Bisque
16033	Lemon Butter Frosting
16034	Lemon Butter Spread
16035	Lemon Butter Topping
16036	Lemon Caper Mayonnaise
16037	Lemon Chicken With Noodles
16038	Lemon Chiffon Pie
16039	Lemon Coconut Sauce
16040	Lemon Cream Rice (southern Rice Industry 1934)
16041	Lemon Drops
16042	Lemon Filling (for Blitz Torte Etc.)
16043	Lemon Fluff Custard For Dee
16044	Lemon Garlic Chicken
16045	Lemon Garlic Pepper Wings
16046	Lemon Grass Spicy Vegetables (pat Pet Takrai)

Sheet1

16047 Lemon Herb Potatoes
16048 Lemon Herb Seasoning
16049 Lemon Jello Cake
16050 Lemon Lime Marmalade
16051 Lemon Marinated Sirloin Steak
16052 Lemon Marmalade
16053 Lemon Meringue Pie From Mccall's Cooking Scho
16054 Lemon Molasses Sauce
16055 Lemon Orange Chicken
16056 Lemon Pepper Beef
16057 Lemon Pie
16058 Lemon Pie-Filling Mix
16059 Lemon Poppy Seed Tart
16060 Lemon Poppyseed
16061 Lemon Poppyseed Cake
16062 Lemon Pudding Cake
16063 Lemon Pudding Pie
16064 Lemon Sauce
16065 Lemon Shred Marmalade
16066 Lemon Sorbet W/fresh Blueberries & Blueberry Sauce
16067 Lemon Squares
16068 Lemon Tea Cake
16069 Lemon Yogurt Dill Sauce
16070 Lemon-Almond Tea Cake
16071 Lemon-Breaded Fried Chicken
16072 Lemon-Chicken Oregano
16073 Lemon-Coconut Angel Cake
16074 Lemon-Coconut Filling
16075 Lemon-Filled Sponge Cake With Fluffy Frosting
16076 Lemon-Garlic-Dijon Chicken
16077 Lemon-Ginger Marmalade
16078 Lemon-Herb Chicken
16079 Lemon-Herb Quinoa
16080 Lemon-Pepper Potatoes
16081 Lemon-Poppy Muffins
16082 Lemon-Tarragon Dip
16083 Lemon-Yogurt Coffee Cake
16084 Lemonade Marmalade
16085 Lemony Baked Apples
16086 Lemony Chicken And Anchovy Ravioli
16087 Lemony Cream Cheese Squares
16088 Lemony Drumsticks With Stuffing
16089 Lemony Grilled Chicken
16090 Lemony Herbed Chicken Wings
16091 Lemony Peach Grilled Pork
16092 Lemony Poached Chicken
16093 Len's Hurry-Up Chili
16094 Lentejas En Adobo (lentils With Chilies Pork And Fruit)
16095 Lentil And Buckwheat Slice

Sheet1

16096 Lentil Burgers
16097 Lentil Dahl
16098 Lentil Loaf
16099 Lentil Nut Loaf With Red Pepper Sauce
16100 Lentil Soup Ala Josephine
16101 Lentil Soup With Cilantro
16102 Lentil Stuffed Peppers
16103 Lentil Tomato Soup
16104 Lentil-Walnut Burgers
16105 Lentils Monastery Style
16106 Lentils With Chilies Pork And Fruit - Lentejas En Adobo
16107 Lentils With Lovage
16108 Lentils With Zucchini
16109 Les Petoncles A La Nage (scallop Soup)
16110 Leslie's French Potatoes
16111 Lettuce Hamburger Relish
16112 Lettuce Soup
16113 Liang Ban Rou (twice-Cooked Pork)
16114 Libby's Famous Homemade Pumpkin Pie
16115 Libby's Famous Pumpkin Pie Recipe
16116 Licorice Caramels
16117 Light Tomato Soup
16118 Light Vegetable Lasagne
16119 Light-Style Fiesta Shrimp Dip
16120 Lighthouse Casserole
16121 Lime Butter Sauce
16122 Lime Cheesecake
16123 Lime Jellies
16124 Lime Pepper Chicken
16125 Lime Pickles
16126 Lime-Light Chicken
16127 Lime-Pine Marmalade
16128 Lime-Sauced Chicken
16129 Lincolnshire Plum Bread
16130 Lindy's Cheesecake
16131 Linguine Carbonara #1
16132 Linguine With Bacon And Sun-Dried Tomatoes
16133 Linguine With Mushroom And Garlic Cream Sauce
16134 Linguine With White Clam Sauce #2
16135 Linguini Tomato
16136 Linguini With Arugula Golden Garlic & Red Bell Pepper
16137 Link Sausage Brunch Casserole
16138 Link Sausage With Apples
16139 Lipton's Calico Coleslaw
16140 Lipton's Country-Style Baked Beans
16141 Lipton's Marinated Flank Steak
16142 Liquamen
16143 Lisa's Kraut Rye Bread
16144 Liver Bacon And Onions.

Sheet1

16145 Liver Black Beans And Snow Pea Stir Fry
16146 Liver-Sage Sausage
16147 Lo Cal Marbled Chocolate Cheesecake
16148 Lo Cal Onion Dip
16149 Lo Cal Tomato Brushetta
16150 Lobster And Corn Chowder
16151 Lobster Bordelaise
16152 Lobster Fondue Dip
16153 Lobster Rissoles
16154 Lobster Sauce
16155 Lobster Vinaigrette
16156 Loin Of Pork Terriyaki
16157 Lois's Magic Lemon Pie
16158 Lollipop Franks
16159 Lollipops
16160 Lolly's Poultry Supreme
16161 London Town Public House Williamsburg Chicken
16162 Lone Dao Jiow (dao Jiow Coconut Sauce With Fresh Vegetables)
16163 Looo (basic Sauce)
16164 Los Venganza Del Alamo Chili
16165 Los Venganza Del Almo Chili
16166 Lots O' Apple Cake
16167 Lots O' Apple Cake - The Pillsbury Cookbook
16168 Louis Dressing
16169 Louisiana Chicken
16170 Louisiana Chicken Gumbo
16171 Lovage Potato & Buttermilk Soup
16172 Low Cal Crab Dip
16173 Low Cal Curried Rice
16174 Low Cal Macaroni Bake
16175 Low Calorie Brown Scones
16176 Low Calorie Dressing Mix
16177 Low Calorie Irish Colcannon
16178 Low Calorie Irish Trifle Cups
16179 Low Calorie Lemon Bavarian From Kaitlin Young
16180 Low Fat Lentil Chili
16181 Low Fat Pepper Steak From Carol Creel
16182 Low-Fat Sour Cream Substitute
16183 Low-Fat Turkey Chili
16184 Low-Sugar Refrigerator Strawberry Jam
16185 Lowfat Fettuccine Alfredo
16186 Luau Pork Teriyaki
16187 Lucknawi Dal
16188 Lunch In A Mug: Soup
16189 Luscious Lemon-Filled Cupcakes
16190 Luther's Barbecued Ribs
16191 Luxe Layer Extravaganza
16192 Lychee Sorbet
16193 Lynn's Vegetable Pasta

Sheet1

16194 Lyonnaise Oyster Stew
16195 M & M Christmas Ornaments
16196 M C F A B U L O U S B I S C U I T S
16197 Ma Po
16198 Macadamia-Orange Fudge (microwave)
16199 Macaroon Cake (gateau Sec Aux Noisettes)
16200 Mace Cake
16201 Machaca
16202 Machacado(mexican Mashed Beef Filling For Flour Tortillas)
16203 Madison's Tart Dough
16204 Madras (hot) Curry Mixture
16205 Madras Curry Powder
16206 Madras Meat Curry
16207 Maggies Coca-Cola Basted Ham
16208 Magic Chicken
16209 Mahogany Cake
16210 Mahogany Icing
16211 Maitre D'hotel Butter
16212 Makaronia
16213 Make - Ahead French Toast
16214 Make Ahead Rolled Up Pizzas
16215 Make-Their-Own-Pizza *****
16216 Making Soup (information)
16217 Malosol'nye Ogurtsy - Brined Cucumbers Malossol
16218 Malt Shop Pie
16219 Mama Bina's Italian Chicken Soup
16220 Mama's Cherry Nut Bread
16221 Mama's Italian Meatloaf
16222 Mamamia's Lasagna
16223 Mandarin Rock Cornish Hens
16224 Mandarine Rice
16225 Mandel Bread
16226 Mandrin Orange And Green Salad
16227 Mango Chutney
16228 Mango Chutney #1
16229 Mango Chutney #2
16230 Mango Chutney (the Book Of Hot & Spicy Foods)
16231 Mango Jam
16232 Mango Lassi
16233 Mango Papaya Chutney
16234 Mangoes
16235 Manhattan Beach Munchies
16236 Mansion Barbecue Spice Mix
16237 Many Mushrooms Soup
16238 Maple Apple Pie
16239 Maple Apples
16240 Maple Baked Chicken Breasts
16241 Maple Butter Spread
16242 Maple Chicken Breasts

Sheet1

16243 Maple Cinnamon Butter
16244 Maple Cranberry Sauce
16245 Maple Cream Balls
16246 Maple Cream Candy
16247 Maple Fudge
16248 Maple Nut Butter
16249 Maple Oatmeal Bread
16250 Maple Pecan Cake
16251 Maple Pecan Pumpkin Pie
16252 Maple Pralines
16253 Maple Sponge Cake
16254 Maple Syrup Pie
16255 Maple Syrup Tart
16256 Maple Tourlouche (Upside Down Cake)
16257 Maple Walnut Cake (gateau A L'erable Et Noix)
16258 Maple Yule Logs
16259 Maraschino Cherries
16260 Maraschino Cherry Cake
16261 Marble Fudge
16262 Marchepane
16263 Marcy's Hot Chicken Salad
16264 Mardi Gras King Cake
16265 Mardi Gras Prize King's Cake
16266 Margo Knudson's Chili
16267 Marianne's Kolachkies
16268 Marinara Sauce (food & Wine 1990)
16269 Marinated Black-Eyed Peas
16270 Marinated Chicken Breasts In Pepper Sauce
16271 Marinated Chicken Kabobs
16272 Marinated Cucumbers
16273 Marinated Flank Steak
16274 Marinated Italian Chicken
16275 Marinated Nigari Tofu
16276 Marinated Roast Pork Tenderloins
16277 Marinated Steak
16278 Marinated Tofu
16279 Marion Harland's Corn Dodgers
16280 Mark's Carrot Cake
16281 Mark's Very Own Fried Rice
16282 Marlye Carter's Cream Cheese Pound Cake
16283 Marmalade-Glazed Ham
16284 Marry Ellen's Fudge
16285 Marshmallow Cream Fudge
16286 Marshmallow Cream Nut Candy
16287 Marshmallow Easter Eggs
16288 Marshmallow Fudge
16289 Marshmallow Icing
16290 Marshmallow Meringue Pie
16291 Marshmallows

Sheet1

16292	Martha Washington Devils Food Cake
16293	Martha Washington's Devil's Food
16294	Martha Washington's Fudge Frosting
16295	Mary Alice's Pepper Jelly
16296	Mary's Raisin Cream Pie
16297	Maryland Chicken
16298	Maryland Clam Chowder
16299	Maryland Crab Soup
16300	Maryland-Style Crab Cakes
16301	Marzapan
16302	Masala Dal
16303	Masalewali Alu Mattar Khumben
16304	Masaman (muslim) Curry Paste (kruang Koeng Masoman)
16305	Masar Dal
16306	Masoor Dal - Indian Lentils
16307	Matt's Honey Curry Chicken Wings
16308	Mayan Truffles
16309	Mayo Spread
16310	Mayonnaise Cake
16311	Mayonnaise Spice Cake
16312	Mean And Lean Beef Stroganoff
16313	Meat And Cabbage (old German Recipe)
16314	Meat And Sweet Potato Pie
16315	Meat Loaf Wellington
16316	Meat Marinade
16317	Meat Marinade (john Schmitt)
16318	Meat Pie
16319	Meat Sauce For Vegetables (korean Chang)
16320	Meat Sauce Mix
16321	Meatball Mix
16322	Meatball Soup
16323	Meatballs In Chipotle Sauce
16324	Meatless Chili
16325	Meatloaf Burgers (a Basic Burger Recipe)
16326	Meatloaf Ole
16327	Medallions Of Pork W/red Wine Sauce
16328	Medallions Of Pork With Horseradish Sauce
16329	Medallions Of Pork With Red-Wine Sauce
16330	Medallions Of Veal With Pistachio Butter Sauce
16331	Mediterranean Chicken A La Audrey
16332	Mediterranean Grilled Chicken And Vegetables
16333	Mediterranean Kitchen Lentil Soup
16334	Mediterranean Pasta Toss
16335	Mediterranean Roast Chicken
16336	Mediterranean Stir-Fried Beef
16337	Meetha Kaddoo (braised Butternut Squash With Jaggery)
16338	Meetha Lhassi
16339	Mel's Mexican Rice
16340	Melanie Stevenson's Woodlands Meatloaf

Sheet1

16341 Melba Cheesecake Pie
16342 Melon Peach Conserve
16343 Melon Soup
16344 Melon Hearts Of Palm And Prosciutto Salad
16345 Melt In Your Mouth Chicken Pie
16346 Melt-In-Your-Mouth Rolls
16347 Melton Mowbray Pie (jellied Pork Pie Lancashire)
16348 Memorable Mincemeat
16349 Mensa Killer Chili
16350 Meringue Cake
16351 Meringue Icing <marshmallow>
16352 Meuni`ere Sauce
16353 Meuni`ere Suace
16354 Mexi-Cali Layered Dip
16355 Mexicali Franks
16356 Mexicali Pizza
16357 Mexican Baked Beans
16358 Mexican Bean Cake
16359 Mexican Bean Dip
16360 Mexican Bean Sandwich
16361 Mexican Candy
16362 Mexican Cheese Burgers
16363 Mexican Cheese Dip
16364 Mexican Chicken (pollo Mexicano)
16365 Mexican Chicken Breast
16366 Mexican Cinnamon Rice
16367 Mexican Corn And Potatoes
16368 Mexican Delight
16369 Mexican Dinner
16370 Mexican Eggs
16371 Mexican Fideo
16372 Mexican Flank Steak With Mock Tamales
16373 Mexican Fudge
16374 Mexican Lasagne
16375 Mexican Limeade
16376 Mexican Meat Loaf Roll
16377 Mexican Meat Mix
16378 Mexican Meatloaf
16379 Mexican Pizza With Salsa
16380 Mexican Quiche
16381 Mexican Rabbit
16382 Mexican Rice #2
16383 Mexican Rice Mix
16384 Mexican Rice Tart
16385 Mexican Rice:
16386 Mexican Salsa Fria
16387 Mexican Sombrero Pie
16388 Mexican Spaghetti Pie
16389 Mexican Tortillas

Sheet1

16390 Mexican Vegetable Stew
16391 Meyer Lemon Curd
16392 Miascia -- Mixed Fruit Tart
16393 Michael Douglas' Fruit Plate
16394 Michael Stern's Mom's Oven-Fried Cornflake Chicken
16395 Michael's Braised Ribs
16396 Michael's Caesar Dressing
16397 Michael's Mango Chutney
16398 Michael's Paella
16399 Michele Roy's Vegetable Soup
16400 Michigan Bean Bake
16401 Michigan Dried Cherry Apple Stuffed Pork Chops
16402 Micro Chicken Sandwich
16403 Micro-Quick Quesadilla
16404 Microwave Apricot Strawberry Compote
16405 Microwave Carmel Corn
16406 Microwave Cherry Preserves
16407 Microwave Chicken And Mushrooms
16408 Microwave Chicken Saltimbocca
16409 Microwave Chicken Stock (traditional)
16410 Microwave Chocolate Cake
16411 Microwave Cranberry Sauce
16412 Microwave Creamy Fudge
16413 Microwave Divinity
16414 Microwave Divinity Candy
16415 Microwave Fudge
16416 Microwave Fudge (from Sear's Microwave Cookbook
16417 Microwave Fudge (sear's)
16418 Microwave German Honey Spice Cake
16419 Microwave Grape Jelly
16420 Microwave Jam
16421 Microwave Maple Bacon Oven Pancake
16422 Microwave Never-Fail Fudge
16423 Microwave Peanut Brittle
16424 Microwave Pecan Brittle
16425 Microwave Pineapple Downside - Up Cake
16426 Microwave Pumpkin Butter
16427 Microwave Pumpkin Spice Cake
16428 Microwave Red Hot Apple Jelly
16429 Microwave Saucy Chicken Barbecue
16430 Microwave Scalloped Potatoes (and Ham)
16431 Microwave Southwest Chili
16432 Microwave Strawberry Jam
16433 Middle Eastern Style Beef
16434 Midnight Mint Pie
16435 Midori Cake
16436 Midwest Chili
16437 Midwestern Chili
16438 Miel Aux Trefles (Cloverleaf Honey)

Sheet1

16439 Mihshi Malfuf Bi Zayt (meatless Cabbage Rolls)
16440 Milano Figs In Cocoa
16441 Mild Chili
16442 Mile High Chocolate Cake
16443 Milk Chocolate And Orange Truffles
16444 Milk Chocolate Popcorn
16445 Milk Chocolate Praline
16446 Milky Way Cake
16447 Milky Way Cake (plain Jane)
16448 Milky Way Cake Sqm *sss* Jhxx93b
16449 Milky Way Wonder Cake
16450 Millet And Turnip "mashed Potatoes"
16451 Millet Loaf
16452 Million Dollar Pie
16453 Millionaires
16454 Mimosa Crystals
16455 Mince-Meat Cookies
16456 Mince-Meat Upside-Down Cake
16457 Minced Barbecue
16458 Mincemeat Bars
16459 Mincemeat-Pumpkin Pie
16460 Mini Meat Loaf
16461 Mini Pizza
16462 Mini Sausage Rubens
16463 Miniature Candy Bars
16464 Miniature Cheesecakes #2
16465 Miniature Chocolate-Peanut Butter Pies
16466 Mint And Yogurt Bread
16467 Mint Chocolate Chip Marquise With Creme De Cacao Creme Ang
16468 Mint Chutney
16469 Mint Jelly
16470 Mint Julep Syrup
16471 Mint Syrup
16472 Mint Truffles
16473 Minted Apple Butter
16474 Minted Cantaloupe Sauce
16475 Minted Curried Fresh Pea Soup
16476 Minted Sweet Pea And Spinach Soup
16477 Minty Mallows
16478 Minty Mousse Pie Au Chocolat
16479 Minute Chicken Pie
16480 Miracle Cookies
16481 Miracle Whip Cake
16482 Miso Barbecued Tofu
16483 Miso Sauce For Pasta
16484 Miss Hulling's Chicken Pot Pie
16485 Miss. Mud Pie
16486 Mission Chicken Thighs
16487 Mississippi Cornbread Robert

Sheet1

16488 Mississippi Mud Cake
16489 Mississippi Mud Pie
16490 Mix & Match Stir-Fry
16491 Mixed Bean & Spam Casserole
16492 Mixed Berry Coulis
16493 Mixed Greens And Herbs With Cumin
16494 Mixed Spice
16495 Mixed Spice Relish - Sambal Bajak
16496 Mixed Toffees
16497 Mixed Vegetables With Almonds
16498 Mjaddra (lentils With Rice)
16499 Mjeddrah
16500 Mocha Buttercream
16501 Mocha Cake
16502 Mocha Fudge
16503 Mocha Icing
16504 Mocha Marble Cake
16505 Mocha Pecan Pie
16506 Mocha Pie
16507 Mocha Truffles
16508 Mocha-Cocoa Brownies
16509 Mocha-Cocoa Brownies .. Pdpp83a
16510 Mock Angel Cake
16511 Mock Chicken Salad
16512 Mock Chopped Liver
16513 Mock Crackling Bread
16514 Mock Devonshire Cream
16515 Mock Fish Buddhist
16516 Mock Fried Chicken
16517 Mock Hollandaise Sauce(low Cholesterol)
16518 Mock Hostess Cupcakes
16519 Mock Raspberry Jam
16520 Mock Strawberry Or Raspberry Jam
16521 Mock Turkey
16522 Mock Whipped Cream
16523 Modern Version Of Hardtack
16524 Moghul Masala
16525 Moist 'n Crispy Onion Chicken
16526 Moist Barbecue Chicken
16527 Moist Pie Crust Mix
16528 Moist Rhubarb Coffeecake
16529 Mojhy Apples
16530 Molasses And Ginger Scones
16531 Molasses Candy
16532 Molasses Candy (old-Fashioned Pull Taffy)
16533 Molasses Shoo-Fly Cake
16534 Molasses Squares
16535 Molasses Taffy
16536 Molasses Taffy (pull Candy)

Sheet1

16537 Molasses Whole Wheat Muffins
16538 Molded Mandarin Cranberry Relish
16539 Mole Poblano De Pollo
16540 Mollie's Chicken
16541 Mollie's Spaghetti
16542 Mom's Basic White Bread
16543 Mom's Beef Stew
16544 Mom's Bread Rolls
16545 Mom's Chicken Ala King
16546 Mom's City Chicken
16547 Mom's Fast Chili
16548 Mom's Homemade Apple Pie
16549 Mom's Homemade Apple Pie - From Josephine O'hanlon-Fields
16550 Mom's Hot Fudge Pudding (cake) With Sauce.
16551 Mom's Marinated Mushrooms
16552 Mom's New England Fish Chowder
16553 Mom's Thick Split Pea Soup
16554 Mom's Two Egg Cake
16555 Monday Night Snack Cake
16556 Monday Night Snack Cake Or Howard Cosell Beer
16557 Mondo Bizarro Sauce
16558 Mondongo Elegante - Elegant Tripe
16559 Mongolian Barbecue
16560 Mongolian Beef # 2
16561 Monterey Clam Chowder
16562 Monterey Jack And Corn Chowder
16563 Moo Sate
16564 Moo Shu Vegetables With Chinese Pancakes
16565 Moonlight Cake
16566 Moosewood Vegetarian Chili (carol Gifford)
16567 Moravian Christmas Loaf
16568 Moravian Mints
16569 Moravian Scotch Cakes
16570 More Fillings For Tassies
16571 Morisqueta
16572 Morisqueta Con Chorizo
16573 Mornay Sauce
16574 Moroccan Or Tunisian Bread
16575 Moroccan Stew With Couscous
16576 Moselem Springs Apple Butter (lotwaerick)
16577 Mother Murphy's Barbecued Rice
16578 Mother Murphy's Chickenhearted Rice
16579 Mountain Chili
16580 Mountain High Herb Baked Eggs
16581 Mouse River Chili Con Carne
16582 Moussaka
16583 Moussaka With Rice
16584 Moyettes (cinnamon Sugar Crusted Sweet Bread)
16585 Mr Pibb Pralines

Sheet1

16586 Mr. A's Turtle Soup
16588 Mrs. Johnson's Peach Preserves
16589 Mrs. Leuty's Stew
16590 Mrs. Sheppard's Dump Cake
16591 Msu Chess Pie
16592 Muffin Mix
16593 Muffin-Topped Chili
16594 Muffuletta Bread
16595 Mulacolong
16596 Mulligatawny Chicken
16597 Mung Bean Pancakes - Bindae Duk *
16598 Mung Dahl
16599 Mung Dal With Black Mustard Seeds
16600 Murray's Girlfriend's Cincinnati Chili
16601 Mushroom & Sweet Pepper Quiche
16602 Mushroom And Celery Root Salad
16603 Mushroom And Sweet Pepper Quiche
16604 Mushroom And Tomato Sauce
16605 Mushroom Cheese Chicken (microwave)
16606 Mushroom Croustades
16607 Mushroom Pasta
16608 Mushroom Stuffing [for 12-Pound Turkey]
16609 Mushroom-Barley Soup W/ Short Ribs
16610 Mushroom-Short Rib Soup
16611 Mushrooms With Wild Rice (lf)
16612 Mushu Pork
16613 Mussel Soup
16614 Mussels Alla Marinara
16615 Mustard Chicken Stir-Fry
16616 Mustard Crusted Pork Tenderloin
16617 Mustard Fruit Chutney
16618 Mustard Greens And Ham Hocks
16619 Mustard Horseradish Butter For Fish
16620 Mustard Mozzarella Pork
16621 Mustard Pecan Chicken
16622 Mustard Pickles
16623 Mustard Pork Chops And Green Beans With Shallots
16624 Mustard Sandwich Butter
16625 Mustard Seed And Papaya Chutney
16626 My Bubbe's Blintzas
16627 My Mohn Kuchen
16628 My Pad Thai
16629 Mystery Bread
16630 N.y.cima Roll
16631 Naan #1
16632 Naan #3
16633 Nacho Grande Corn Bread Squares
16634 Nainamo Bars - Revisionist
16635 Nam Phrik Kaeng Daeng (red Curry Paste)

Sheet1

16636 Nam Phrik Kaeng Daeng (red Curry Paste) Ett
16637 Nam Phrik Kaeng Ka-Ri (yellow Curry Paste)
16638 Nam Phrik Kaeng Ka-Ri (yellow Curry Paste) Ett
16639 Nam Phrik Kaeng Khua (kaeng Khua Curry Paste)
16640 Nam Phrik Kaeng Khua (kaeng Khua Curry Paste) Ett
16641 Nam Prik Curry Noodles (kanom Jin Nam Prik)
16642 Nam Prik Kaeng Matsaman (massaman Curry Paste)
16643 Nam Prik Kaeng Matsaman (massaman Curry Paste) Ett
16644 Nana's Cornbread
16645 Nanaimo Bars
16646 Nanaimo Bars - Revisionist
16647 Nanaimo Bars -2
16648 Nancy's Italian Cream Cake
16649 Nanny's Irish Leek Soup
16650 Napa Valley Chicken Wings With Wine Dressing
16651 Naples Valley Chicken
16652 Narsai's Chocolate Decadence Cake
16653 Nashi Beef With Macadamia
16654 Natchitoches Baked Beans
16655 Navajo Fry Bread
16656 Navajo Tacos
16657 Navy Bean And Sausage Soup
16658 Navy Bean Soup
16659 Nectar Cake
16660 Nectar Cakelettes
16661 Nectarine-Orange Marmalade
16662 Neiman Marcus Chili Blanco
16663 Neiman's Texas White Chili
16664 Neiman-Marcus Cookies
16665 Neither Cake Nor Candy (brownies)
16666 Neptune Gazpacho
16667 Nero Wolfe's Anchovy Butter
16668 Nero Wolfe's Bread Triangles Fried In Anchovy Butter
16669 Nero Wolfe's Fillets Of Beef In Sauce Abano
16670 Nevada Annie's 1978 Champion Chili
16671 Nevada Annie's Champion Chili
16672 Nevada Annie's Cowboy Chili
16673 Never Fail Batter
16674 Never Fail Wholewheat Bread
16675 Never-Fail Cream Candy
16676 Never-Fail Pie Crust
16677 New Corn Chowder Southern Style
16678 New Duchess Spice Cake W/ Maple Buttercream Frosting
16679 New England Chowder
16680 New England Cranberry Pot Roast
16681 New England Doughnuts
16682 New England Fish Chowder
16683 New England Sponge Cake
16684 New England Style Baked Beans

Sheet1

16685 New Jello Cake
16686 New Mexican Chili
16687 New Mexican Chili Pork
16688 New Mexico Green Sauce
16689 New Orleans Black Muffins
16690 New Potatoes With Peas & Coriander
16691 New Vegetable Lasagna
16692 New Way Sour Cream
16693 New Year's Day Black-Eyed Pea Soup
16694 New Year's Eve Cake
16695 New Years Bread
16696 New York Cheesecake
16697 New York Clam Chowder
16698 New York Crumb Buns
16699 Nicomedes' Anchovy
16700 Nier Beurre (channel Islands Fruit Butter)
16701 Nightcap Coffee Mix
16702 No Bake Cookies
16703 No Cook "marshmallow" Frosting
16704 No Cook Blueberry Strawberry Jam
16705 No Cook Peachy Orange Jam
16706 No Cook Strawberry Kiwi Jam
16707 No Crust Easter Pie
16708 No Guilt Potato Salad
16709 No Knead Dill Bread
16710 No Pain Salsa
16711 No Sugar Apple Pie
16712 No-Bake Chocolate Cookies #1
16713 No-Bake Cookies #1
16714 No-Bake Cookies #3
16715 No-Bake Cookies #4
16716 No-Bake Fudgies
16717 No-Cook Apple Raspberry Jam
16718 No-Cook Georgia Peachberry Jam
16719 No-Cook Light Bananaberry Jam
16720 No-Cook Peach Jam
16721 No-Cook Peanut Butter Balls
16722 No-Cook Strawberry Freezer Jam
16723 No-Cook Strawberry Jam
16724 No-Fat Chocolate Cake (shelley Rodgers)
16725 No-Meat Burgers-In-A-Hurry
16726 No-Name Cake
16727 Numero Uno Chili
16728 Nondairy Avocado "sour Cream"
16729 Noodles And Cabbage
16730 Noodles In Cucumber-Meat Sauce - Za Jiang Mein
16731 Noodles With Ricotta And Walnuts
16732 Noodles With Vegetable And Curry Sauce (gueyteow Pak)
16733 Nopalitos Con Chili (burbank Cactus Shoots W/chili Sauce)

Sheet1

16734 Nori Rolls
16735 North Beach Skillet Dinner
16736 North Carolina Cornmeal Crisps
16737 North Carolina Hush Puppies
16738 North Indian Stuffed Eggplant
16739 North Pole Cherry Pie
16740 North Thai Tomato-&-Meat Sauce (nam Prik Ong)
16741 North-South Onion Pancakes
16742 North: Kashmir Lamb Stew (kashmiri Gosht)
16743 North: Kofta Kebabs In Spicy Cream Sauce (malai Kofta)
16744 North: Moghul Beef Kheema Curry With Corn (makkai Kheema)
16745 Northwestern Apple Candy
16746 Northwestern Apricot Candy
16747 Norwegian Lefser
16748 Norwich Inn Boiled Dinner
16749 Not Loco Pollo
16750 Nougat Nougat Powder (the Art Of Fine Baking 1961)
16751 Nova Scotia Dressing
16752 Nova Scotia Oatcakes
16753 Nuer Sawan (heavenly Beef)
16754 Numero Uno Chili
16755 Nun's Cake
16756 Nuoc Cham
16757 Nuoc Cham (vietnamese Hot Sauce)
16758 Nuoc Cham Dipping Sauce
16759 Nuoc Leo #1
16760 Nuoc Leo #2
16761 Nuoc Leo #3
16762 Nuoc Leo #4
16763 Nuoc Leo With Tamarind
16764 Nut Bread Mix
16765 Nut Caramel Icing
16766 Nut Creams
16767 Nut Masala
16768 Nutmeg Pecan Cake
16769 Nutmeg Sauced Apples
16770 Nutritional Yeast "cheese" Sauce
16771 Nutritional Yeast Parmesan
16772 Nutted Caramel Popcorn Balls
16773 Nutty Applesauce Bread (yields 1 Loaf)
16774 Nutty Chicken Fingers
16775 Nutty Chocolate Mint Fudge
16776 Nutty Drummers
16777 Oakwood Feed Store Chili
16778 Oat & Onion Tarts
16779 Oat Bran Bread
16780 Oat Brittle
16781 Oat Flour And Maple Syrup Bread
16782 Oatcakes

16783	Oatcakes (not Sweet)
16784	Oatmeal Bread
16785	Oatmeal Cookie Mix
16786	Oatmeal Cookies From Cora
16787	Oatmeal Corn Meal Bread
16788	Oatmeal Cottage Loaves
16789	Oatmeal Leek Soup
16790	Oatmeal Mix
16791	Oatmeal Pancakes
16792	Oatmeal Pie
16793	Oatmeal Spice Cake
16794	Oatmeal-Apple Muffins
16795	Oaxacan Nuts
16796	October Cake
16797	Oeufs Cocarde
16798	Oh Henry Bars
16799	Oh-Boy Oreo Cookie Pound/tube Cake
16800	Ohio Sour Cherry Pie
16801	Oklahoma Cornmeal Rolls
16802	Oklahoma Crackling Cornbread
16803	Okra In A Savoury Sauce
16804	Okra Pickles
16805	Okra With Onions
16806	Okra With Tomatoes And Onions
16807	Old Fash Custard Ice Cream
16808	Old Fashion German Cheesecake
16809	Old Fashion Style German Pancakes
16810	Old Fashioned Apple Blueberry Cake
16811	Old Fashioned Applesauce Cake
16812	Old Fashioned Caramels
16813	Old Fashioned Chicken Rice Soup
16814	Old Fashioned Cornbread
16815	Old Fashioned Cream Of Chicken Soup
16816	Old Fashioned Graham Flour Bread
16817	Old Fashioned Mustard
16818	Old Fashioned Pineapple Upside Down Cake
16819	Old Fashioned Raisin Pie
16820	Old Style Enchiladas
16821	Old Style Farm Marmalade
16822	Old-Fashioned Chicken Pot Pie
16823	Old-Fashioned Egg Fu Yung
16824	Old-Fashioned Lace Cookies
16825	Old-Fashioned Pound Cake
16826	Old-Fashioned Raisin Cake
16827	Old-Fashioned Sage Loaf
16828	Old-Fashioned Split Pea Soup
16829	Old-Fashioned Split Pea Soup (low Fat)
16830	Olde Tymes Famous Sausage Gravy
16831	Olive And Anchovy Pizza Sauce

Sheet1

16832 Olive Garden Shrimp Cristoforo
16833 Olive-Tahini Sauce
16834 Olympic Seoul Chicken
16835 Omelet And Noodle Dinner
16836 One Bowl Chocolate Fudge
16837 One Bowl Devil Cake
16838 One-Bowl Buttercream Frosting
16839 One-Egg Cake
16840 Onion And Rice Puree
16841 Onion Broth
16842 Onion Cheese Soup
16843 Onion Chicken Casserole
16844 Onion Crescents
16845 Onion Focaccia
16846 Onion Gratin
16847 Onion Relish
16848 Onion Rye Bread
16849 Onion Goat Cheese Prosciutto Sauce
16850 Onion-Bacon Rolls
16851 Onion-Cheese Dip Mix
16852 Onion-Flavored Rice Mix
16853 Onion-Roasted Potatoes
16854 Onions With Espresso Coffee
16855 Open -Face Grilled Pepper Sandwiches
16856 Open-Face Mushroom-Brie Sandwiches
16857 Opera Vanilla Fudge
16858 Opor Agam (coconut Chicken)
16859 Orange 'n Lemon Chicken Breasts
16860 Orange And Lemon Ice Box Pudding
16861 Orange And Spice Pot Roast
16862 Orange Angel Cake
16863 Orange Baked Chicken Breasts
16864 Orange Barbecue Sauce
16865 Orange Barbeque Sauce
16866 Orange Cafe Au Lait Mix
16867 Orange Cake
16868 Orange Chicken Casserole
16869 Orange Chicken Salad
16870 Orange Cinnamon Chicken
16871 Orange Cinnamon Coffee
16872 Orange Coconut Frosting
16873 Orange Creamsicle Pie *
16874 Orange Crepes Kerr
16875 Orange Float Mix
16876 Orange Fluff Cake
16877 Orange Freeze Pie
16878 Orange French Toast
16879 Orange Ginger Pork Chops
16880 Orange Glaze For Doughnut

Sheet1

16881 Orange Glazed Canadian Bacon
16882 Orange Glazed Cranberry Pumpkin Bread
16883 Orange Glazed Pork Kabobs
16884 Orange Glazed Pork Roast
16885 Orange Grapefruit Marmalade
16886 Orange Harvard Beets
16887 Orange Honey Mustard
16888 Orange Honey-Baked Chicken (cooking Without Fat)
16889 Orange Honeyed Chicken
16890 Orange Hot And Sweet Mustard
16891 Orange Jelly
16892 Orange Judas (julius) (#1)
16893 Orange Judas (julius) (#2)
16894 Orange Judas (julius) (#3)
16895 Orange Juice Fizz:
16896 Orange Kiss-Me Cake
16897 Orange Lemon Marmalade
16898 Orange Mango Soup
16899 Orange Marmalade
16900 Orange Marmalade Cake
16901 Orange Or Lemon Jelly
16902 Orange Or Vanilla Sauce
16903 Orange Peanut Butter Bread
16904 Orange Peanut Butter Cake
16905 Orange Pineapple Praline Cake
16906 Orange Poppy Seed Cake
16907 Orange Roughy With Lemon Sauce
16908 Orange Sauterne Jelly
16909 Orange Sponge
16910 Orange Strawberry Cake
16911 Orange Sugarless Cake
16912 Orange Waffles
16913 Orange Walnut Cake Athens Style
16914 Orange Yogurt Cheese Spread
16915 Orange Lemon & Grapefruit Marmalade
16916 Orange Red Pepper Radish And Red Onion Salad
16917 Orange-Almond Sour Cream Cake With Chocolate Chips
16918 Orange-Cranberry Relish
16919 Orange-Flavored Bean Sauce
16920 Orange-Glazed Pork Loin
16921 Orange-Glazed Sweet-Potatoes
16922 Orange-Pepper Steaks - 20 Minutes
16923 Oranges Filled With Raisins Chickpeas And Rice
16924 Orchard Curried Ham
16925 Oreganato Bread
16926 Oreo Cheesecake Vkcc08b
16927 Oreo Cookie Tube Cake
16928 Oriental 6 Bean Salad
16929 Oriental Barbecued Ribs

Sheet1

16930 Oriental Chicken Marinade
16931 Oriental Chicken Wings
16932 Oriental Ginger Chicken
16933 Oriental Noodles With Chili And Cashews
16934 Oriental Noodles With Vegetables
16935 Oriental Plum Sauce Marinade
16936 Oriental Pork Ribs
16937 Oriental Spice For Stir-Fry
16938 Oriental Stuffed Chicken Rolls With Sweet-Sour Apricot Sauc
16939 Orientle Spinach Salad
16940 Original Texas Chili
16941 Orzo Fresh Tomato Sauce
16942 Outer Banks Clam Chowder
16943 Outstanding Chocolate Cake
16944 Oven Baked Sesame Chicken Wings
16945 Oven Barbecued Chicken Quarters
16946 Oven Fried Cheesy Caraway Chicken
16947 Oven Fried Chicken
16948 Oven Fried Potatoes
16949 Oven Roasted Tempeh And Vegetables
16950 Oven-Dried Tomatoes
16951 Oven-Fried Buttermilk Chicken
16952 Oven-Fried Corn Flake Chicken
16953 Overnight French Toast
16954 Overnight Turkey Chili (no Beans)
16955 Oyster Mushrooms With Bacon
16956 Oyster Stuffing Enough For A 10-15 Lb Turkey
16957 Oyster-Mushroom Chowder
16958 Ozark Pudding Cake
16959 P-Nutty Muffins
16960 Pace Con Queso Dip
16961 Pace Cream Cheese Dip
16962 Pace Guacamole
16963 Pacific Chicken Shrimp And Kiwifruit Kebabs
16964 Pacific Clam And Corn Chowder
16965 Pacific Island Chicken
16966 Pacific Rim Brochettes
16967 Pad Thai
16968 Pad Thai (1)
16969 Pad Thai (2)
16970 Pad Thai (3)
16971 Pad Thai (sauteed Rice Noodles)
16973 Pad Thai Pseudo-Vegetarian Style
16974 Pad Thai Stir-Fried Rice Ribbon Noodles
16975 Pad Thai With Shrimp
16976 Paellaquinoa
16977 Paht Thai
16978 Pai Chiao Hsia Ch'iu - Shrimp Balls
16979 Pakistani Rice And Lentils

Sheet1

16980	Pakora Batter
16981	Pan "fried" Whole Wheat Savory Bread (savory Paratha)
16982	Pan Di Spagna - Basic Genoise (sponge Cake)
16983	Pan-Fried Catfish
16984	Pan-Fried Catfish Fillets
16985	Pan-Fried Noodles
16986	Pan-Fried Pork Chops W/sherry Vinegar And French Cornichons
16987	Pan-Roasted Chicken With Garlic And Rosemary
16988	Panama Canal Cake
16989	Panama Red Stew
16990	Panang Loog Chin Nua (thai Meatballs Panang Curry)
16991	Pancake Mix
16992	Paneer Basmati Pilaf--Paneer Pulao
16993	Panhandler Salisbury Steak
16994	Panocha
16995	Papa Joe's Cucumber And Red Onion Soup
16996	Papaya Chutney
16997	Papaya Cucumber Salsa
16998	Papaya Relish
16999	Papaya-Tomatillo Relish
17000	Paprika Chicken
17001	Paprika Chicken And Roasted Peppers
17002	Paprika Chicken Livers
17003	Paprika Rice
17004	Parkin
17005	Parmesan And Oat-Flecked Chicken
17006	Parmesan Biscuits
17007	Parmesan Chicken Picatta
17008	Parmesan Chicken Wings Oreganata
17009	Parmesan Chive Pizzelles
17010	Parmesan Dressing
17011	Parmesan-Crusted Lemon Chicken
17012	Parmesan-Yogurt Chicken
17013	Parsley Jelly
17014	Parsnip Chowder With Squash
17015	Parsnip Puree With Grand Marnier
17016	Party Crab Special
17017	Party Meringue Pie
17018	Party Mix (karen Kugelman's)
17019	Passover Carrot Candy
17020	Passover Chocolate Sponge Cake
17021	Passover Citrus Sponge Roll
17022	Passover Dark Chocolate Nut Cake
17023	Passover Forgotten Torte With Raspberry Sauce
17024	Passover Honey Cake
17025	Pasta & Vegetables
17026	Pasta Ala Oglia With Shrimp
17027	Pasta Ala Puttanesca
17028	Pasta And Pine Nuts

Sheet1

17029 Pasta Apricot Salad
17030 Pasta Carbonara
17031 Pasta Dough (manual Pasta Machines Only)
17032 Pasta E Fagioli
17033 Pasta Primavera No. 1
17034 Pasta Salad With Minestrone
17035 Pasta With Black Olives
17036 Pasta With Cherry Tomato Sauce
17037 Pasta With Chines Tahini Sauce
17038 Pasta With Lentils And Spinach
17039 Pasta With Shell Beans And Greens
17040 Pasta With Shrimp And Vegetables
17041 Pasta With Spicy Pea Sauce
17042 Pasta With Tomato Mint Sauce
17043 Pasta With Tomatoes White Beans And Pepperoni
17044 Pasta With White Truffles Olive Oil Parmesan And Basil
17045 Pastai Persli (parsley Pie) Welsh
17046 Pastel Popcorn Balls
17047 Pastramized Beef
17048 Pastry For 9" One Crust Pie:
17049 Pate Aux Patates (potato Pie)
17050 Patience Loaf
17051 Paul Martin's Rhubarb Meringue Pie
17052 Paul's Sacramento Black Bean Soup
17053 Peach Baked Chicken On Bulgur (cooking Without Fat)
17054 Peach Breakfast Cake
17055 Peach Butter
17056 Peach Chocolate Cake
17057 Peach Conserve
17058 Peach Cream Cheese Pie
17059 Peach Dessert "salsa"
17060 Peach Fritters (parshing Ponakucka)
17061 Peach Jam
17062 Peach Pecan Muffins
17063 Peach Pie
17064 Peach Preserves
17065 Peach Rhubarb Jam
17066 Peach Skillet Pie
17067 Peach Spread
17068 Peach-Glazed Chicken Thighs
17069 Peaches In Wine Sauce
17070 Peanut Brittle - Micro
17071 Peanut Brittle - [2 Pounds]
17072 Peanut Burgers
17073 Peanut Butter & Chocolate Squares
17074 Peanut Butter 'n' Jelly Bars
17075 Peanut Butter And Chocolate Fondue
17076 Peanut Butter And Jelly Cake
17077 Peanut Butter Balls

Sheet1

17078	Peanut Butter Balls Or Eggs
17079	Peanut Butter Blossoms
17080	Peanut Butter Brittle
17081	Peanut Butter Cake
17082	Peanut Butter Cake Supreme
17083	Peanut Butter Caterpillars
17084	Peanut Butter Cheesecake Squares
17085	Peanut Butter Chews
17086	Peanut Butter Chiffon Pie
17087	Peanut Butter Chocolate Fudge
17088	Peanut Butter Cookies (marceleen Hills)
17089	Peanut Butter Cream Pie
17090	Peanut Butter Crunchies
17091	Peanut Butter Cup Cheesecake
17092	Peanut Butter Cup Cheesecake From Kaitlin Young
17093	Peanut Butter Cups
17094	Peanut Butter Delights
17095	Peanut Butter Dip
17096	Peanut Butter Eggs
17097	Peanut Butter Fudge
17098	Peanut Butter Ice Cream Cake
17099	Peanut Butter Marshmallow Cups
17100	Peanut Butter Pie
17101	Peanut Butter Pie li
17102	Peanut Butter Pinwheels
17103	Peanut Butter Turtles
17104	Peanut Butter-Fudge Marble Cake
17105	Peanut Butterscotch Chews
17106	Peanut Butterscotch Cookies
17107	Peanut Cakes
17108	Peanut Chicken
17109	Peanut Chicken With Rice
17110	Peanut Crunch Chicken Wings
17111	Peanut Dressing
17112	Peanut Praline Cakes
17113	Peanut Refrigerator Cake
17114	Peanut Sauce
17115	Peanut Sauce #1
17116	Peanut Sauce #2
17117	Peanut Sauce #3
17118	Peanut Sauce - Nam Jim Satay *
17119	Peanutty Berry Bars
17120	Pear And Apricot Tart
17121	Pear Conserves
17122	Pear Cranberry Conserve
17123	Pear Honey
17124	Pear Or Quince Bread
17125	Pear Pie
17126	Pear Relish

Sheet1

17127 Pear Tart With Frangipane
17128 Pear Walnut Coffee Cake
17129 Pear-Plum Spread
17130 Peasant Black Bread
17131 Pebya Kha-O (tofu And Turnip Saute)
17132 Pecan Cake
17133 Pecan Cinnamon Buns
17134 Pecan Crunchies
17135 Pecan Pie 1
17136 Pecan Pie 2
17137 Pecan Pie Bars
17138 Pecan Pralines - Dupree
17139 Pecan Pralines - Patout
17140 Pecan Pralines - Prudhomme
17141 Pecan Soup
17142 Pecan-Chocolate Chip Pie
17143 Pecan-Red Onion Bread
17144 Pecos River Bowl Of Red
17145 Pedernales River Chili
17146 Pegleg Shorty's Chili
17147 Penne From Heaven
17148 Penne Pasta W/tomatoes & Chile
17149 Penne Pasta With Sun-Dried Tomatoes And Chile
17150 Penne Pasta With Tomatoes And Chile
17151 Penne With Chicken And Toasted Pecans
17152 Penne With Smothered Scallops Tomato Basil
17153 Penne With Tomato Black Olive And Feta
17154 Pennsylvania Dutch Sandwiches
17155 Penoche
17156 Penuche Frosting
17157 Pepper And Lemon Sauce
17158 Pepper And Tomato Soup
17159 Pepper Biscuits
17160 Pepper Cream Dressing
17161 Pepper Halibut Steaks
17162 Pepper Jelly
17163 Pepper Pot
17164 Pepper Relish
17165 Pepper Spice Bread
17166 Peppercorn Dressing
17167 Peppered Cheddar Dip
17168 Peppered Chili
17169 Peppered Pork Chops
17170 Peppermint Creams
17171 Peppermint Fudge Squares
17172 Peppermint Ice Cream
17173 Peppermint Jelly Candy
17174 Pepperoni Frittata
17175 Peppery Rice

Sheet1

17176	Peppy Beef Enchiladas
17177	Peppy Dill Wedges
17178	Pepsi Cola Cake With Peanut Butter Frosting
17179	Pepsi-Cola Cake With Broiled Peanut Butter Fro
17180	Pepsi-Cola Cake With Broiled Peanut Butter Frostin
17181	Pepsi-Cola Cake With Broiled Peanut Butter Frosting
17182	Perfect Chocolate Cake
17183	Perfect Giblet Gravy
17184	Perfection Burgers (a Basic Burger Recipe)
17185	Perfection Pecan Pie
17186	Perníl (puerto Rican Pork Roast)
17187	Persian Sugar-Pickled Garlic
17188	Persimmon Pudding With Lemon Sauce
17189	Pesto Dip
17190	Pesto Sauce
17191	Pesto Sauce Winter Style
17192	Pesto With Spinach
17193	Pet Milk Coffee Cake
17194	Peter Paul Mound Cake
17195	Peter Paul Mounds Cake
17196	Peter's Cauliflower Gratin
17197	Peter's Cream Of Pumpkin Soup
17198	Peter's Sweet Curry Pork
17199	Petite Boules
17200	Pets De Soeurs (Cinnamon Rolls)
17201	Petti Di Dollo Cavour
17202	Pfeffernuesse
17203	Phanang Curry Paste/nam Prik Kaeng Phana
17204	Pheasant With Cinnamon And Basil
17205	Pheasant With Roasted Garlic & Lemon
17206	Philadelphia Apple Pie
17207	Philadelphia Scrapple
17208	Philadelphia Sticky Buns
17209	Philippine Chicken
17210	Philippine Pork Adobo
17211	Philly 3-Step Cheesecake
17212	Philly Chocolate Sauce
17213	Phoebe's Friday Night Chicken Special
17214	Phyllo Eating Well's Low-Fat Method
17215	Picadillo (rice-And-Beef Hash/filling)
17216	Picadillo (rice & Beef Hash/filling)
17217	Picalilli
17218	Picante Chicken Chili
17219	Picante Sauce
17220	Pice Bach (welsh Cakes) Welsh
17221	Pickle Soup
17222	Pickled Asparagus
17223	Pickled Blueberries
17224	Pickled Cabbage

Sheet1

17225 Pickled Carrots
17226 Pickled Carrots - Carot Chua
17227 Pickled Cherries
17228 Pickled Crab-Apples
17229 Pickled Eggs And Red Beets
17230 Pickled Garlic - Grayiem Dong
17231 Pickled Grapes
17232 Pickled Green Tomatoes
17233 Pickled Jalepenos
17234 Pickled Meats
17235 Pickled Mushrooms In Oil
17236 Pickled Nastutium Seeds
17237 Pickled Okra
17238 Pickled Onion Rings
17239 Pickled Or Corned Beef Or Venison
17240 Pickled Peach Slices
17241 Pickled Peaches
17242 Pickled Pears
17243 Pickled Peppers
17244 Pickled Peppers Or Chiles
17245 Pickled Peppers Or Chilies
17246 Pickled Pigs' Ears - Tai Heo Ngam Chua
17247 Pickled Pigs' Feet
17248 Pickled Plums
17249 Pickled Radish Greens
17250 Pickled Red Cabbage
17251 Pickled String Beans
17252 Pickled Vegetable Appetizer
17253 Pickling Spice
17254 Picnic-Fried Chicken
17255 Pico De Gallo
17256 Pico De Gallo - Rooster's Beak Salsa
17257 Pico De Gallo No.3
17258 Pico De Gallo Salsa
17259 Pictou County Oatcakes
17260 Pie Crust
17261 Pier House Key Lime Pie
17262 Pierogi Casserole
17263 Pig Cake
17264 Pignoli Cookies
17265 Pimento Sweet Pickles
17266 Pimento-Onion Relish
17267 Pimiento Pigs
17268 Pimiento Sweet Pickles
17269 Pinapple Limeade
17270 Pine Nut Cake
17271 Pine Nut Pilaf
17272 Pineapple 7-Up Cake
17273 Pineapple Apricot Jam

Sheet1

17274 Pineapple Banana Walnut Cake
17275 Pineapple Barbecued Lamb Spare Ribs
17276 Pineapple Bran Whole Wheat Muffins
17277 Pineapple Chocolate Cake
17278 Pineapple Cookies #2
17279 Pineapple Cookies #3
17280 Pineapple Cream Candy
17281 Pineapple Cream Pie
17282 Pineapple Delights
17283 Pineapple Dip
17284 Pineapple Fluff Frosting
17285 Pineapple Fried Rice
17286 Pineapple Lemon Chicken
17287 Pineapple Mustard Horseradish Sauce
17288 Pineapple Nut Cake
17289 Pineapple Pear Mold
17290 Pineapple Raisin Drops
17291 Pineapple Rhubarb Marmalade
17292 Pineapple Salad
17293 Pineapple Salsa
17294 Pineapple Sauce
17295 Pineapple Sauce For Ham Or Chicken
17296 Pineapple Sponge
17297 Pineapple Topped Cocoa Cake
17298 Pineapple Upside-Down Cake
17299 Pineapple Upside-Down Cake (skillet)
17300 Pineapple Walnut Dip
17301 Pineapple-Chicken-Cheese Melt
17302 Pinto Bean Fudge
17303 Pinto Bean Soup W/ Mint & Pine Nuts
17304 Pinto Beans
17305 Pinwheel Sausage Bake
17306 Piquant Lemon Rice
17307 Piquant Meatloaf With Mushroom Gravy
17308 Piquant Oriental Sauce
17309 Piquant Thai Dipping Sauce
17310 Piri Piri Sauce
17311 Piselli Alla Napoletana
17312 Pistachio Cake
17313 Pistachio Swirl Fudge
17314 Pistachio Turkish Delight
17315 Pit-Style Pork Roast
17316 Pit-Style Pork Roast Robert
17317 Pita Pesto Pizzas
17318 Pizza (30 Minute)
17319 Pizza By The Foot
17320 Pizza Dough
17321 Pizza Lovers' Soup
17322 Pizza Sticks

Sheet1

17323	Pj's Chile Verde Con Carne
17324	Plain Kugel
17325	Plain Muffins
17326	Plainest Italian Sausage
17327	Plains Muscadine Jelly
17328	Plains Peach "honey"
17329	Planked Filet Of Salmon
17330	Plantation Style Sausage
17331	Pliny's Pear Butter
17332	Plum Barbecue Sauce
17333	Plum Butter
17334	Plum Chutney
17335	Plum Conserve
17336	Plum Pudding
17337	Plum Relish
17338	Plymouth Succotash
17339	Poached Chicken Breast In Wine
17340	Poached Chicken Portugese
17341	Poached Ruby Red Chicken
17342	Pocket Pork Chops
17343	Pocket Spreads
17344	Polenta With Tomatoes & Olives
17345	Polish Corn Bread
17346	Pollo En Jacon
17347	Polynesian Baked Chicken
17348	Polynesian Pork
17349	Pomander Pebbles
17350	Poor Man's Lasagne
17351	Poor Man's Perogies
17352	Poormans Shake N Bake
17353	Popcorn Balls
17354	Popcorn Balls #2
17355	Popcorn Cake
17356	Popcorn Crackles
17357	Popcorn Crunch
17358	Popcorn Squares
17359	Popcorn Surprises
17360	Popcorn With Basil And Sun-Dried Tomatoes
17361	Popping Fresh Barbecue Cups
17362	Poppy Seed Bread
17363	Poppy Seed Cake
17364	Poppy Seed Chicken
17365	Poppy Seed Chocolate Chip Cake
17366	Poppy-Seed Cake With Lemon Glaze
17367	Poppyseed Cookies
17368	Poppyseed Dressing
17369	Poppyseed Kolachky Filling
17370	Poppyseed Pound Cake - Lemon Orange Glaze
17371	Poppyseed Rolls

Sheet1

17372 Pork (nz)
17373 Pork And Beans
17374 Pork And Squash Foil Dinner
17375 Pork And Succotash Stew
17376 Pork And Veal Pie
17377 Pork And Veal Sausage
17378 Pork Apple Sweet Potato Bake
17379 Pork Boudin Blanc
17380 Pork Cake
17381 Pork Carnitas
17382 Pork Chop And Corn Stuffing Bake
17383 Pork Chop Braised In Madeira & Cider
17384 Pork Chop Rose
17385 Pork Chop Skillet
17386 Pork Chop Skillet Dinner
17387 Pork Chop Stew
17388 Pork Chops Fdgn81a
17389 Pork Chops A La Jenni
17390 Pork Chops A La Jenni Fdgn81a
17391 Pork Chops And Sweet Potatoes
17392 Pork Chops In Radish Sauce
17393 Pork Chops In Wine Sauce
17394 Pork Chops Vermont
17395 Pork Chops W/apples & Sweet & Sour
17396 Pork Chops With Apple Raisin Curry Stuffing
17397 Pork Chops With Apples And Sauerkraut
17398 Pork Chops With Apples And Sweet & Sour
17399 Pork Chops With Cranberries
17400 Pork Chops With Crust Of Onions
17401 Pork Chops With Honey And Herbs
17402 Pork Chops With Mace And Apples
17403 Pork Chops With Rome Apple And Rosemary Stuffing
17404 Pork Chow Mein
17405 Pork Collioure Stew
17406 Pork Cordon Bleu
17407 Pork Fried Rice
17408 Pork In Tamarind Sauce
17409 Pork Loin With A Coriander And Garlic Crust
17410 Pork Macque Choux
17411 Pork Medallions With Balsamic Vinegar
17412 Pork On A Bun
17413 Pork Pie
17414 Pork Pita Pockets
17415 Pork Pot With Hot Pepperoni
17416 Pork Roast (korean Chaeyuk Kui)
17417 Pork Roast Stuffed With Sausage & Spinac
17418 Pork Sausage
17419 Pork Scallops With Lemon And Herbs
17420 Pork St. Tammany

Sheet1

17421 Pork Steaks & Corn Dressing
17422 Pork Tail Stew
17423 Pork Tenderloin W/apple & Onion
17424 Pork Tenderloin With Cilantro-Lime Pesto
17425 Pork Tenderloin With Hawaiian Sauce
17426 Pork Tenderloin With Mustard Sauce
17427 Pork Tenderloin With Onion Gravy
17428 Pork Vindaloo
17429 Pork W/ Figs Pearl Onions & Mustard
17430 Pork With Balsamic Vinegar
17431 Pork With Cumin
17432 Pork With Red Chili Sauce
17433 Pork With Rhubarb Sauce
17434 Pork Sweet Potato And Apple Casserole
17435 Pork Vegetables And Grapefruit In Lettuce Leaves
17436 Port Wine Jelly
17437 Porter Cake
17438 Portuguese Coffee Buttercake
17439 Portuguese Roast Turkey
17440 Posole And Sausages
17441 Pot En Pot
17442 Pot Roast Of Turkey With Barley
17443 Pot Roast Tri-Tip
17444 Pot Sticker Dipping Sauce
17445 Pot-Roasted Veal
17446 Potage Crecy
17447 Potage De Ble (Corn Soup)
17448 Potato Ala Picante
17449 Potato And Bacon Pie
17450 Potato And Sweet Onion Soup
17451 Potato And Tomato Soup
17452 Potato Cheddar And Ale Soup
17453 Potato Cream Filling (the Art Of Fine Baking 1961)
17454 Potato Devil's Food Cake
17455 Potato Doughnuts
17456 Potato Filling (for Meats)
17457 Potato Fudge
17458 Potato Fudge Cake
17459 Potato Gnocchi
17460 Potato Leek Soup
17461 Potato Loaf Bread
17462 Potato Pancakes German Style
17463 Potato Salad Like Mama Never Made
17464 Potato Scones
17465 Potato Soup (low Fat)
17466 Potato Sourdough Starter
17467 Potato Supreme
17468 Potato Cabbage And Irish Bacon Casserole
17469 Potato-Barley Soup

Sheet1

17470 Potato-Broccoli Soup
17471 Potato-Sorrel Soup
17472 Potato-Stuffed Enchiladas
17473 Potato: Grandma Vanicek's Czechoslovakian Potato Dumplings
17474 Potatoes And Sausage
17475 Potatoes Au Gratin
17476 Potatoes In A Thick Sauce
17477 Potatoes Nicoise
17478 Potatoes Rio Grande
17479 Potted Meat
17480 Potted Tongue
17481 Pouding Aux Pommes Au Sirop D'erable (apple Maple Pudding)
17482 Pouding Renverse Des Bluets (blueberry Upside Down Pudding)
17483 Poulet Cordon Bleu (chicken Cordon Bleu)
17484 Poultry Seasoning
17485 Poultry Seasoning Mix
17486 Pour La France's Fudge Caramel Cake
17487 Pour La France's Fudge Caramel Cake - Express
17488 Pour La France's Fudge Caramel Cake - Express News
17489 Praline Cake
17490 Praline Pecan Cake
17491 Praline Popcorn Crunch
17492 Praline Sauce
17493 Prassa Me Domata (leeks Stewed With Tomatoes)
17494 Pressed Chicken
17495 Pressed Sandwich
17496 Pressure Cooker Pot Roast
17497 Pretzels For The Breadmaker
17498 Price Chopper Winning Barbecue Dip
17499 Prize Orange Coconut Cake
17500 Prospector's Soup
17501 Protein Pancakes
17502 Provençal Chicken Saute
17503 Provençal Potatoes With Tomatoes
17504 Provencale Sauce
17505 Prune Chocolate Cup Cakes
17506 Prune Conserve I
17507 Prune Conserve Ii
17508 Prune Fudge
17509 Prune Pickles
17510 Prune Spice Cake
17511 Prune Whip Spice Cake With Prune Butter Frosting
17512 Pudding & Pie Mix
17513 Pudding Sauce
17514 Pudding Bread
17515 Pueblo Fire
17516 Puerto Rican Chicken-And-Rice Stew
17517 Puffed Rice Cookies
17518 Puffy Baked Fondue

Sheet1

17519 Pulao For Stuffing Chicken
17520 Pulao Rice
17521 Pulled Mints
17522 Pumkin-Lemon Creme Pie
17523 Pumpernickel Bread
17524 Pumpkin And Praline Pie
17525 Pumpkin Cake
17526 Pumpkin Cake & Frosting
17527 Pumpkin Cake From Fred Goslin
17528 Pumpkin Cake Roll
17529 Pumpkin Cheesecake Pie
17530 Pumpkin Cookies #1
17531 Pumpkin Cookies #2
17532 Pumpkin Cream Pie
17533 Pumpkin Fig Cookies
17534 Pumpkin Fruitcake
17535 Pumpkin Gingerbread Snacking Cake
17536 Pumpkin Gingersnap Pie
17537 Pumpkin Jam
17538 Pumpkin Meringue Pie
17539 Pumpkin Muffins From Helen Kemp
17540 Pumpkin Pie
17541 Pumpkin Praline Pie
17542 Pumpkin Preserves
17543 Pumpkin Roll
17544 Pumpkin Seed Sauce
17545 Pumpkin Sheet Cake
17546 Pumpkin Spice Bars
17547 Pumpkin Spice Cake In Jars
17548 Pumpkin Swirl Cheesecake
17549 Pumpkin Swirl Pie
17550 Pumpkin-Apple Pie
17551 Pumpkin-Pecan Pie
17552 Pumpkin-Pecan Pie Robert
17553 Pungent Salt Substitute
17554 Pure Triticale Bread
17555 Pureed Dates
17556 Purple Plum Chiffon Pie
17557 Putitza
17558 Putting Up Your Preserves
17559 Q & E Vegetable Soup
17560 Quaglie Al Forno
17561 Quebec Tourtiere
17562 Queen Elizabeth Cake
17563 Queen Elizabeth Cake 2
17564 Queen Elizabeth Cake 3
17565 Queen Of Sheba Cake
17566 Quesadillas With Cheese
17567 Quiche In A Green Chile Shell

Sheet1

17568 Quiche Loraine
17569 Quiche Lorraine #1
17570 Quiche Lorraine (ww)
17571 Quiche Lorraine....pdpp83a
17572 Quick & Easy Boston Cream Pie
17573 Quick And Easy Dill Mustard
17574 Quick And Easy Tacos
17575 Quick Apple Tarts
17576 Quick Bacon Spinach Dip
17577 Quick Black Bean Soup
17578 Quick Chicken Caccitorri
17579 Quick Chicken Stir Fry
17580 Quick Chicken Stock
17581 Quick Cinnamon Sticky Buns
17582 Quick Country Captain
17583 Quick Fudge
17584 Quick Fudge (mom's)
17585 Quick Garlic-Onion Soup With Red-Wine Croutons
17586 Quick Gazpacho
17587 Quick Kimchi (korean Mak Kimchi)
17588 Quick Microwaved Chicken And Stock
17589 Quick Mix
17590 Quick Nut Fudge
17591 Quick Peanut Streusel Cake
17592 Quick Pepper Chicken
17593 Quick Pickled Peppers
17594 Quick Rhubarb Crisp
17595 Quick Saucy Chicken Stir-Fry
17596 Quick Sourdough French Bread
17597 Quick Sticky Buns
17598 Quick Tomato And Basil Soup
17599 Quick Tomato-Orzo Soup
17600 Quick Veal Chili
17601 Quick Southern Style Red Beans And Rice
17602 Quickie Fudge
17603 Quickie Hollandaise Sauce
17604 Quince Marmalade
17605 Quinoa Loaf
17606 Quinoa Salad And Dressing
17607 Quinoa-Sunchoke Pilaf
17608 Rack Of Spam
17609 Radish And Cilantro Relish
17610 Ragu Alla Bolognese
17611 Raised Waffles
17612 Raisin Bran Muffins
17613 Raisin Cranberry Relish
17614 Raisin Crumb Pie
17615 Raisin Drop Cookies
17616 Raisin Fudge

Sheet1

17617 Raisin Nougat
17618 Raisin Peanut Balls
17619 Raisin Peanut Fudge
17620 Raisin Pie (rosina Pie "funeral Pie")
17621 Raisin Puree
17622 Raisin Sauce
17623 Raisin Sauce Robert
17624 Raisin Spice Cake
17625 Raisin-Walnut Stuffing [for A 12-Pound Turkey]
17626 Ramps Piquante
17627 Ranch Cornbread
17628 Ranchera Sauce
17629 Ranchero Sauce - Melinda Lee
17630 Rangpur Lime Marmalade
17631 Raspberry Bran Muffins
17632 Raspberry Divinity Squares
17633 Raspberry Jam
17634 Raspberry Jelly
17635 Raspberry Mirepoix
17636 Raspberry Oat Muffins
17637 Raspberry Sauce
17638 Raspberry Tea Mix
17639 Raspberry Yogurt Pie
17640 Raspberry-Pineapple Chicken Nibbles
17641 Ratatouille
17642 Ratatouille - Topped Chicken
17643 Ravioli With Broccoli Sauce
17644 Raw Apple Relish
17645 Raw Potato Pancake
17646 Ready Hamburger Mix
17647 Real Chocolate Drops
17648 Real He Man Chili
17649 Real Hot Western Chili
17650 Real Texas Chili
17651 Real White Bread
17652 Recess Peanut Butter Cups
17653 Recess Peanut Butter Cups (reeses)
17654 Recess Peanut Butter Cups (reeses) - Gloria Pitzer
17655 Red & Black Raspberry Pudding Cake
17656 Red And Black Raspberry Pudding Cake
17657 Red And Yellow Pepper Tart
17658 Red Bean Paste (korean Kochu Chang)
17659 Red Beans And Rice With Ham Hocks And Andouille Sausage
17660 Red Beans And Rice Family Recipe New Orleans
17661 Red Beans Pasta Sausage & Tomatoes
17662 Red Chile Oil
17663 Red Chile Sauce
17664 Red Chili Sauce
17665 Red Chili Stew

Sheet1

17666	Red Cooked Bean Curd.
17667	Red Curry Beef
17668	Red Curry Paste
17669	Red Curry Paste (kruang Kaeng Dang)
17670	Red Curry Paste (nam Prik Gang Pet Dang)
17671	Red Curry Paste - Nam Prik Gaeng Ped *
17672	Red Devil Pepper Sauce
17673	Red Devil Ribs
17674	Red Devil's Food Cake - Betty Crocker
17675	Red Devils Food Cake
17676	Red Dragon Pie
17677	Red Enchilada Sauce
17678	Red Eye Gravy
17679	Red Flannel Hash
17680	Red Flannel Hash (homemade Corned Beef Hash)
17681	Red Hot Beef Kabobs With Yogurt Sauce
17682	Red Hot Salad
17683	Red Kidney Bean Burgers
17684	Red Lobster Bread
17685	Red Lobster Garlic Cheese Rolls
17686	Red Or Green Pepper Jelly
17687	Red Or Green Thai Curry
17688	Red Pepper And Ginger Marmalade
17689	Red Pepper Bisque With Seafood
17690	Red Pepper Homemade Sausage
17691	Red Pepper Jelly
17692	Red Pepper Puree
17693	Red Pepper Relish
17694	Red Pepper Rouille
17695	Red Pepper Salsa
17696	Red Pepper-Sour Cream Sauce
17697	Red Pesto Sauce
17698	Red Potato And Green Bean Salad
17699	Red Potato And Green Bean Salad Robert
17700	Red Raspberry Jam
17701	Red Sauce
17702	Red Tomato Marmalade
17703	Red Tomato Preserves
17704	Red Wine Substitutes
17705	Redwhite & Blue American Pie
17706	Red-Cooked Bean Curd, Family-Style
17707	Reduced - Fat Carrot Cake
17708	Reese's Peanut Butter Cups
17709	Reeses Bars
17710	Reeses Peanut Butter Bars
17711	Refried Bean Dip
17712	Refried Black Beans
17713	Refrigerator Cookies
17714	Refrigerator Grape Jelly

Sheet1

17715 Refrigerator Pickles
17716 Refrigerator Rise White Bread
17717 Regal Chocolate Sauce
17718 Reine De Saba
17719 Relish Salad
17720 Reno Red
17721 Reno Red Chili
17722 Republica Dominicana Red Beans & Rice (arroz Con Habijualas
17723 Reuben Loaf
17724 Reuben's Juicy Relative
17725 Rhode Island Red Chowder
17726 Rhubarb - Be Cued Beef Ribs
17727 Rhubarb And Fig Preserves
17728 Rhubarb Cake
17729 Rhubarb Chutney
17730 Rhubarb Conserve
17731 Rhubarb Crumble-Cake
17732 Rhubarb Custard Pie With Crumb Topping
17733 Rhubarb Marmalade
17734 Rhubarb Pie
17735 Rhubarb Upside-Down Cake
17736 Rhubarb Rose & Strawberry Jam
17737 Rhubarb-Strawberry Dessert Sauce
17738 Rhubarb-Strawberry-Jam
17739 Rhubarb Cake
17740 Rhubarb Upside Down Cake
17741 Riata Grande Chili
17742 Rib Seasoning Mix
17743 Ribbon Refrigerator Cake
17744 Ribbon Strawberry Pie
17745 Ribollita (italian Bean Soup)
17746 Ribs Cabbage And Kraut
17747 Rice And Peas With Tempeh
17748 Rice Brittle
17749 Rice Con Queso
17750 Rice Juice
17751 Rice Krispie Eggs
17752 Rice Krispie Squares
17753 Rice Patties
17754 Rice Pilaf With Peas
17755 Rice Souffle
17756 Rice Uruguayan
17757 Rice With Peas
17758 Rice With Red Beans (korean Pat Bab)
17759 Rice With Spinach Herbs And Cheese
17760 Rice With Sweet Peppers And Ham
17761 Rice Cheese Chili Medley
17762 Rich Apple Butter
17763 Rich Boiled Fruit Cake From Mary Killen

Sheet1

17764 Rich Chocolate Cake
17765 Rich Cookies
17766 Rich Orange-Chocolate Truffles
17767 Rich Pork Stock
17768 Rich Sourdough Bread
17769 Richard Foxton's Vegetarian Meatloaf
17770 Rick's Ring Sting Chili
17771 Ricotta And Brie Mini-Calzones
17772 Ricotta Cheese Cake
17773 Ricotta Cheese Pancakes
17774 Ricotta Cheese Pie With Pine Nut Crust
17775 Ricotta-Sour Cream Cheesecake With Strawberry
17776 Ricotta-Sour Cream Cheesecake With Strawberry Sauce
17777 Rigatoni Alla Carbonara
17778 Rigatoni Alla Fontina
17779 Rigatoni W Three Cheeses
17780 Rigodon
17781 Rinderrouladen (beef Rools)
17782 Rio Grande Meat Loaf
17783 Ripe Cucumber Catsup
17784 Ripe Grape Jam
17785 Ripe Plum Jelly
17786 Ripe Tomato Jam
17787 Risotto With Fennel
17788 Risotto With Sausage
17789 Rissoto Cakes
17790 Ritz Pecan Pie
17791 Ritz Relish
17792 Ro*tel Cornbread
17793 Ro-Tel Salsa
17794 Roast Beef A La Stroganoff
17795 Roast Boar And Black Bean Chili
17796 Roast Cherry Pork
17797 Roast Chicken With Fresh Sage
17798 Roast Chicken With Potatoes And Pan Gravy
17799 Roast Fillet Of Beef
17800 Roast Leg Of Venison Unmarinated
17801 Roast Loin Of Pork
17802 Roast Pepper Relish
17803 Roast Pesto Chicken
17804 Roast Pork And Tatters
17805 Roast Tarragon Chicken
17806 Roast Venison
17807 Roasted Beef With Horseradish Cream
17808 Roasted Chili Paste - Nahm Prik Pao
17809 Roasted Egg Plant-Tomato Relish (biagan Bharta)
17810 Roasted Eggplant With Chilies
17811 Roasted Florida Chicken
17812 Roasted Garlic Spread

Sheet1

17813 Roasted Garlic With Olive Oil
17814 Roasted Habanero Salsa From Hell
17815 Roasted Lemon/tarragon Chicken
17816 Roasted Moroccan Spiced Chicken
17817 Roasted Onions With Sage
17818 Roasted Peanuts - Dau Phong Rang
17819 Roasted Pork
17820 Roasted Quail
17821 Roasted Red Pepper & Chive Dressing
17822 Roasted Red Pepper Mustard
17823 Roasted Red Pepper Spread
17824 Roasted Rice - Thinh
17825 Roasted Rice Powder - Thinh
17826 Roasted Tomato Sauce
17827 Robert Barnum's Spareribs
17828 Robin Howley's Meatloaf
17829 Rochester Relish
17830 Rock Candy
17831 Rockefeller Mix
17832 Rocky Road Candy
17833 Rocky Road Carmel Corn Bars
17834 Rocky Road Pie
17835 Roll Out Sugar Cookies
17836 Roman Pickles
17837 Romano's Reese's Peanut Butter Cake
17838 Roquefort Cheesecake
17839 Roquefort Cheesecake (bon Appetit/july 1983)
17840 Rosalynn Carter's Peanut Brittle
17841 Rose Hip Chutney
17842 Rosemary Chicken Wings
17843 Rosemary Citrus Chops
17844 Rosemary Lemon Chicken
17845 Rosemary-Grilled Chicken With Black-Pepper Shallot Butter
17846 Rotini Beef Chili
17847 Rotisserie Barbecued Leg Of Pork
17848 Roux
17849 Roy's Salsa
17850 Royal Toast Triangles
17851 Ruby Razz Crunch
17852 Rujak Manis (fruit In Soy Sauce)
17853 Runza
17854 Russian Beef Borscht
17855 Russian Beef Stroganoff Coca-Cola
17856 Russian Cheese Babka
17857 Russian Refresher Mix
17858 Russian Slaw
17859 Russian Tea Cakes
17860 Ryaninjun
17861 Rye Bread

Sheet1

17862	Rye Bread (dak)
17863	Rye Cakes
17864	Rye Sourdough Starter
17865	Rye Tomato Bread
17866	Rystpudding Met Bessensaus (rice Pudding With Red Currant S
17867	Ryzi Me Araka (rice And Peas)
17868	Saagwalla Dhal
17869	Sad Cake
17870	Sadye's Dill Pickles
17871	Sadza (corn Porridge)
17872	Safaid Channe
17873	Safflower Mayonnaise
17874	Saffron Butter Sauce
17875	Saffron Cake
17876	Sailor Frank
17877	Sajor Bayam (spinach Corn Puree)
17878	Salad Frisee
17879	Salata Tahina (tahini Salad)
17880	Salisbury Steak With Mushroom Gravy
17881	Sally Washington's Chicken Dressing
17882	Salmon And Olives Tartar
17883	Salmon Broccoli Bake
17884	Salmon Con Ternera
17885	Salmon Dip Ball
17886	Salmon Slices Baked In Cream
17887	Salmon W/ Cabbage Chestnuts & Bacon
17888	Salmon-Corn Casserole
17889	Salsa #3
17890	Salsa Alla Marinara
17891	Salsa Con Queso Dip
17892	Salsa Cruda (fresh Salsa)
17893	Salsa Cubano Barbecue Sauce
17894	Salsa De Suegra (mother-In-Law Sauce)
17895	Salsa Fresca
17896	Salsa Gruda (fresh Tomato Salsa)
17897	Salsa Iv
17898	Salsa Mexicana
17899	Salsa Mexicana (cruda)
17900	Salsa Picante
17901	Salsa Suprema
17902	Salsa To Die For
17903	Salsa Verde
17904	Salsa Verde Mexican Style
17905	Salsa With Fresh Cilantro
17906	Salt And Pepper Cured Pan-Fried Chicken
17907	Salt Pork Beans And Hominy
17908	Salt Substitute
17909	Salt Substitute #2
17910	Salt Water Taffy

Sheet1

17911	Salt-Rising Bread
17912	Salted Herbs
17913	Salted Peanut Bread
17914	Salted Yellow Bean Relish - Sambal Tauco
17915	Saltimbocca Alla Genovese (from Liguria Area)
17916	Saltless Surprise
17917	Saltwater Taffy (microwave)
17918	Sambaar
17919	Sambai-Zu (rice-Vinegar And Soy Dipping Sauce)
17920	Sambal Fried Green Chilli (goreng Sambal Lada Hidjau)
17921	Sambal Kecap - Soya Sauce And Chilli Relish
17922	Sambal Oelek (indonesia)
17923	Sambal Of Brown Bean Sauce (sambal Tautjo)
17924	Sambal Ulek
17925	San Antonio Chicken With Picante Black Bean Sauce
17926	San Antonio Chili
17927	San Luis Green Chile Soup
17928	Sanchocho De Frijoles (pork And Bean Stew)
17929	Sandi's Chocolate Chip Sour Cream Cake
17930	Sandwich Relish
17931	Sandy's Lentil/rice/barley Soup
17932	Santa Clara Chili
17933	Santa Fe Flank Steak
17934	Santa Fe Red
17935	Santa Maria Salsa
17936	Saskatoon Pie
17937	Sassy Salsa
17938	Satay Sauce
17939	Satay-Style Beef With Broccoli
17940	Sate Babi
17941	Sauce Bourguignonne (red Wine Tomato & Rosemary Sauce)
17942	Sauce For Bulgogi - Yangnyum Kanjang *
17943	Sauce For Thai Fried Corn Cakes
17944	Sauces For Tongue
17945	Sauces To Go With Moroccan Couscous
17946	Saucy Burgers
17947	Saucy Ham And Potato Bake
17948	Saucy Stuffed Chicken Breast
17949	Saucy Swedish Meatballs
17950	Sauerbraten (pot Roast)
17951	Sauerbraten Golden Apple Meatballs
17952	Sauerbratin Meatballs
17953	Sauerkraut And Bean Soup (frugal Gourmet)
17954	Sauerkraut Apple Cake
17955	Sauerkraut Cake
17956	Sauerkraut Soup
17957	Sauerkraut With Pork (sauerkraut Und Speck)
17958	Saus Kacang
17959	Sausage And Apple Stuffing [for A 12-Pound Turkey]

Sheet1

17960 Sausage And Spanish Rice
17961 Sausage Apple Omelet Roll
17962 Sausage Bean Chowder
17963 Sausage Bread
17964 Sausage Broccoli Minestrone Soup
17965 Sausage Casserole Dakota
17966 Sausage Corn Bread Pie
17967 Sausage Corn Muffins
17968 Sausage Cornbread Cabbage Rolls
17969 Sausage Croquettes
17970 Sausage Patties
17971 Sausage Stuffed Sweet Onions
17972 Sausage Cheese And Egg Casserole
17973 Sausages Cooked In White Wine
17974 Saut Chicken Livers With Onions & Mushrooms
17975 Sauteed Salmon Steaks
17976 Sauteed Breast Of Chicken A La King
17977 Sauteed Chicken And Grapes
17978 Sauteed Chicken Breast With Sage And White Wine
17979 Sauteed Chicken Breasts With Lemon And Parsley
17980 Sauteed Chicken With Mushrooms And Garlic Puree
17981 Sauteed Chicken With Tarragon And Mushrooms
17982 Sauteed Eggplant
17983 Sauteed Red Peppers
17984 Sauteed Vegetables
17985 Sauteed Whitefish With Caper Sauce
17986 Savory Artichoke Chicken
17987 Savory Beef Stew
17988 Savory Egg Filling
17989 Savory Rice Stuffing
17990 Savory Seasonings
17991 Savory Skillet Meal
17992 Savory Tortilla Soup
17993 Sazerac Rouge Blanc Bleu Sorbets In Ice Swan
17994 Scallion Cakes #1
17995 Scallion Cakes #2
17996 Scallion Oil - Hanh La Phi
17997 Scalloped Ham
17998 Scalloped Ham And Potatoes
17999 Scalloped Oysters And Chicken
18000 Scalloped Potatoes And Ham
18001 Scallops Of Pork With Garlic And Lemon Sauce
18002 Scallops Pizzelle
18003 Scallops W/ Pine Nuts & Dried Tomato
18004 Scallops With Ginger And Mint
18005 Scallops Grapefruit And Fried Rice
18006 Scampi Al Fresco
18007 Scandinavian Raspberry Soup
18008 Schiacciata Al Prosciutto

Sheet1

18009 Schnitz Pie
18010 Schnitz Un Gnepp
18011 Scotch Apple Pie
18012 Scotch Eggs #2
18013 Scotch Oatmeal Waffles
18014 Scotch Pancakes
18015 Scotch Treats
18016 Scotchy Pecan Critters
18017 Scottish Oat Cakes
18018 Scottish Oaten Bread Coca-Cola
18019 Scrambled Eggs And Corn
18020 Scrambled Eggs With Chorizo Sausage
18021 Scrambled Tofu
18022 Scratch Backs
18023 Sea Foam
18024 Seafoam Icing
18025 Seafood Bisque (al's Soup Kitchen)
18026 Seafood Chili
18027 Seafood Chowder
18028 Seafood Coating Mix
18029 Seafood Cocktail Sauce
18030 Seafood Croquettes
18031 Seafood Dirty Rice
18032 Seafood En Papillote
18033 Seafood Lasagna
18034 Seafood Pasta Salad With Roasted Peppers
18035 Seasoned Breadcrumb Mix
18036 Seasoned City Chicken
18037 Seasoned Tempeh In A Cold Vegetarian Gelatin.
18038 Second Harvest Thanksgiving Pumpkin Pie
18039 Second-Time Casserole
18040 Secret Dry Rub
18041 Secret Ingredient Dip
18042 See's Fudge
18043 See's Fudge Candy (the "original" Recipe!)
18044 Seitan - Method I
18045 Seitan - Method Ii
18046 Seitan A La Normandie
18047 Seitan Parmigiana
18048 Seitan Roast With Mushroom Gravy
18049 Self Frosting Pineapple Coconut Cake
18050 Semolina Bread
18051 Semur Banka (beef In Soy Sauce)
18052 Sen. Barry Goldwater's Expert Chili
18053 Sen. Joseph Montoya's New Mexican Chili
18054 Senator Barry Goldwater's Expert Chili
18055 Senator Joseph Montoya's New Mexican Chili
18056 Serendipity's Southern Chili
18057 Serundeng (baked Coconut Topping)

Sheet1

18058	Sesame Chicken 2
18059	Sesame Ginger Chicken
18060	Sesame Halvah
18061	Sesame Mayonnaise
18062	Sesame Meal
18063	Sesame Oven-Fried Chicken
18064	Sesame Peanut Candy
18065	Sesame Sauce
18066	Sesame Sauce With Sea Scallops
18067	Sesame Seed Chicken
18068	Sesame Seed Cookies
18069	Sesame Seeds (korean Kae)
18070	Sesame Soy Dip
18071	Sesame Steak Sauce
18072	Sesame-Cheese Dip Mix
18073	Seven Happiness Soup
18074	Seven Layer Salad
18075	Seven Minute Frosting (master Recipe)
18076	Seven-Day Sweet Pickles
18077	Seven-Layer Chocolate Cake
18078	Seven-Minute Icing
18079	Seven-Up Pound Cake
18080	Shad Roe With Bacon And Pernod
18081	Shad With Sorrel
18082	Shahi Dal
18083	Shake In A Bag Chicken
18084	Shake In A Bag Pork
18085	Shallot & Peach Chutney
18086	Shallot And Papaya Chutney
18087	Shallot Sandwich Butter
18088	Shami Kebab
18089	Sharon's Minestrone
18090	Sharon's Super Salsa
18091	She Crab Soup
18092	Sheath Cake
18093	Sheila's Vegetable Soup
18094	Shellfish Gazpacho
18095	Shepards Pie
18096	Shepherd's Pie With Chicken And Fresh Tarragon
18097	Shepherdess Pie
18098	Sherried Chicken Livers
18099	Sherried Lentil Bisque
18100	Sherry-Broth Sauce For Egg Foo Yung
18101	Shiitake Saute
18102	Shoe Fly Cake
18103	Shoestring Potato Chip Cookies
18104	Shoo Fly Pie
18105	Shoo-Fly Cake (old Lehigh County Recipe)
18106	Short Notice Chicken Sautes

Sheet1

18107 Short Ribs Fdgn81a
18108 Shortcut Italian Vegetable Soup
18109 Shredded Wheat Bread
18110 Shrimp And Chicken Curry
18111 Shrimp And Chicken Skewers With Wild Rice
18112 Shrimp And Scallop Chowder With Coconut Milk
18113 Shrimp Cheese Roll
18114 Shrimp Chili
18115 Shrimp De Jonghe
18116 Shrimp Paste Dipping Sauce - Nam Prik Goong Siap *
18117 Shrimp Paste Relish - Sambal Terasi
18118 Shrimp Paste Sambal (sambal Terasi)
18119 Shrimp Salad With Fresh Dill
18120 Shrimp Sandwich Butter
18121 Shrimp Sauce Piquant
18122 Shrimp Sauteed With White Wine
18123 Shrimp Soup With Cabbage
18124 Shrimp Wit Pumpkin Seed Sauce
18125 Shrimp With Snow Peas & Water Chestnuts
18126 Shrimp Chicken And Bacon In A Pot
18127 Shupp Noodles
18128 Sichuan Fried Eggplant
18129 Sichuan Style Bean Curd
18130 Silver White Cake
18131 Simple Bean Curd & Mushroom Stir-Fry
18132 Simple Brown Rice
18133 Simple Red Curry Paste
18134 Simple Souvlaki
18135 Simple Strawberry Cobbler
18136 Simple Sweet Pulao
18137 Simple Tofu Vegetables
18138 Simple Veal Piccata
18139 Simple Vinaigrette
18140 Simple Wild Rice
18141 Simple Slow-Roasted Pork Shoulder
18142 Simply Delicious Black Forest Cake
18143 Sinful Potatoes
18144 Sinfully Delicious Brownies
18145 Singapore Curry Puffs
18146 Singapore Spicy Noodles
18147 Singapore Stir-Fried Rice Stick Noodles
18148 Singapore-Style Rice Noodles
18149 Sirloin Steak With Sauces
18150 Six Alarm Mambo Chili
18151 Six-Bean Soup
18152 Sizzling Beef Fajitas
18153 Skiers' Sweet And Sour Stew
18154 Skillet Cookies #1
18155 Skillet Cookies #2

Sheet1

18156 Skillet Cornbread
18157 Skillet Or Upside-Down Cake
18158 Skillet Upside Down Cake
18159 Skordalia
18160 Skordalia (garlic Potato)
18161 Sliced Chicken And Tomatoes With Lemon-Herb Vinaigrette
18162 Sliced Chicken Breast On Caponata
18163 Slippery Dumplings
18164 Sloppy Al's Tofu (just For You Al)
18165 Sloppy Joe
18166 Sloppy Joe Seasoning Mix
18167 Sloppy Joes
18168 Sloppy Joes li
18169 Sloppy Joes Lipton Style
18170 Sm Muffins/biscuits
18171 Sm Cake Pockets
18172 Sm Muffins Or Biscuits
18173 Sm Pocket Spreads
18174 Sm Whacky Cakes
18175 Sm-Cake Pockets..cPPP71b
18176 Small Shanghai-Style Sweet And Sour Ribs
18177 Smashed Radishes In Soy Dressing
18178 Smith College Fudge
18179 Smithfield Ham Biscuits
18180 Smoked Bacon Cheese Burgers
18181 Smoked Brisket
18182 Smoked Chili Salsa
18183 Smoked Mackerel With Nuts Grapes & Brown Rice
18184 Smoked Pork Chops And Orange Dressing
18185 Smoked Salmon And Chive Sandwiches
18186 Smoked Salmon Rolls With Oysters
18187 Smoked Trout With Watercress Sauce
18188 Smoked Tuna Pate
18189 Smoky Pumpkin Soup
18190 Smoky Sensations
18191 Smoky Tarragon Chicken
18192 Smothered Muskrat And Onions
18193 Snail Butter
18194 Snail Butter / Beurre D'escargots
18195 Snails Sicilian Style
18196 Snap Peas With Sesame Oil
18197 Snicker Cake
18198 Snicker Chocolate Cake
18199 Snicker Pie
18200 Snickers Cake
18201 Snickers Candy Bar Cake
18202 Snowdrop Cookies
18203 Snowy Sauce
18204 Sofrito

Sheet1

18205 Soft Fruit Cake
18206 Solionye Ogurtsy - Brined Cucumbers
18207 Some Oroshi (white-Radish And Red-Pepper Garnish)
18208 Something Different On A Budget Meatloaf
18209 Sopa Azteca (tortilla Soup)
18210 Sopa De Elote (corn Chowder)
18211 Sopa De Frijoles Negros (easy Black Bean Soup)
18212 Sopa De Grao
18213 Sopa De Lima
18214 Sopa De Nopales (cactus Soup)
18215 Sopaipillas
18216 Sopaipillas 2
18217 Sopapillas
18218 Sorority Cakes
18219 Sorrel & Haricot Soup
18220 Sorrel Borscht
18221 Sorrel Omelet
18222 Sorrel Soup
18223 Sorrel-Chive Herb Paste (pesto)
18224 Soup Au Pistou
18225 Soup Bowl Franks
18226 Soup: Ojai Valley Inn Tortilla Soup
18227 Soupe A L'ivrogne (drunkard's Soup)
18228 Soupe A L'oignon (onion Soup)
18229 Soupe A L'onion
18230 Soupe Aux Pois Beauceons (pea Soup Beauce Style)
18231 Souper Chicken
18232 Sour Cream Bran Muffins
18233 Sour Cream Brittlebread
18234 Sour Cream Chocolate Cake
18235 Sour Cream Coffee Cake W/ Chocolate & Walnuts
18236 Sour Cream Dill Sauce
18237 Sour Cream Drop Cookies
18238 Sour Cream Lemon Muffins
18239 Sour Cream Pie
18240 Sour Cream Potatoes
18241 Sour Cream Pound Cake
18242 Sour Cream Prune Cake
18243 Sour Cream Raisin Cake
18244 Sour Cream Raisin Pie
18245 Sour Cream Raisin Pie From Blue Gentian Restaurant
18246 Sour Cream Sauce
18247 Sour Cream Softies
18248 Sour Cream Spice Cake
18249 Sour Cream Taco Dip
18250 Sour Cream Tartar Sauce
18251 Sour Cream Waffles
18252 Sour Cream-Lemon Pie
18253 Sour Curry Paste/nam Prik Kaeng Som

Sheet1

18254	Sour Milk Devil's Food Cake
18255	Sour Milk Doughnuts
18256	Sour Milk Spice Cake
18257	Sour Orange Marmalade
18258	Sour Pickles
18259	Sourdough Cinnamon Rolls
18260	Sourdough Potato-Rye Bread
18261	Sourdough Raisin-Oat Bread
18262	Sourdough Rye
18263	Sourdough Rye Starter
18264	Sourdough San Francisco Bread
18265	Sourdough Pt. 2
18266	Sourest Sourdough
18267	South Of The Border Bundles
18268	South Of The Border Chicken Soup
18269	South Of The Border Crepe Stack
18270	South: Mangalore Pineapple Curry (mangai Kari)
18271	Southern Biscuit Muffins
18272	Southern Coleslaw
18273	Southern Coleslaw Robert
18274	Southern Crisp Fried Chicken
18275	Southern Dixie Veal Ham And Cheese Rolls
18276	Southern French Chicken
18277	Southern Gravy
18278	Southern Oven Fried Chicken
18279	Southern Oyster Soup
18280	Southern Style Barbecued Pork
18281	Southern Turnip Green Soup (florida Cooking)
18282	Southern-Fried Chicken
18283	Southwest Beef Fajitas
18284	Southwest Burgers
18285	Southwest Cactus Candy
18286	Southwest Chili
18287	Southwest Meatball Supper
18288	Southwestern Biscuits - *p Cooking Class
18289	Southwestern Grilled Cacti Soup
18290	Southwestern Simmered Beef
18291	Soutzoukakia Smyrneika (ground Meat Sausages Smryna Style
18292	Soy "sauerbraten"
18293	Soya Sauce And Chilli Relish - Sambal Kecap
18294	Soya Sauce Sambal (sambal Ketjap)
18295	Soybean Burgers
18296	Soynog
18297	Soysage
18298	Spa Pizzas
18299	Spaceship Cake
18300	Spaetzle Noodles
18301	Spagetti Sauce Italiano
18302	Spaghetti Al Pomodoro E Basilico

Sheet1

18303 Spaghetti All'aglio E Peperoncino Piccan
18304 Spaghetti All'aglio E Peperoncino Piccante
18305 Spaghetti Alla Ciociara
18306 Spaghetti Alla Puttanesca
18307 Spaghetti And Tofu
18308 Spaghetti Bread
18309 Spaghetti Carbanara
18310 Spaghetti Chitarra Parmigiana
18311 Spaghetti Florentine
18312 Spaghetti Sauce
18313 Spaghetti Seasoning Mix
18314 Spaghetti With Lentils
18315 Spaghetti With Oil And Garlic
18316 Spaghetti With Shrimp And Eggplant
18317 Spam Ala Gary
18318 Spam Burgers
18319 Spam Ole
18320 Spam Primavera
18321 Spam Salad Cones
18322 Spanish Beans (habichuelas Guisadas)
18323 Spanish Pickles
18324 Spanish Rice 2
18325 Spanish Sausage And Lentil Soup
18326 Spanish Style Rice
18327 Spanish White Bean Soup
18328 Spare Ribs & Apple Dressing
18329 Special Cornbread
18330 Special Deli Burgers
18331 Special Egg Foo Yung Sauce
18332 Speculaas
18333 Speedy Chocolate Peanut Butter Fudge
18334 Speedy Marinade
18335 Spice Blend Mix
18336 Spice Cake
18337 Spiced "fried" Potatoes (india)
18338 Spiced Black Beans
18339 Spiced Cherry Orange Jam
18340 Spiced Chick Peas
18341 Spiced Chicken And Peaches
18342 Spiced Currants
18343 Spiced Dill Pickles
18344 Spiced Lentil Soup
18345 Spiced Pancakes With Banana Foster Topping
18346 Spiced Peaches
18347 Spiced Pecan Cake
18348 Spiced Pecan Cake Frosting
18349 Spiced Pecan Cake Glaze
18350 Spiced Percolator Punch
18351 Spiced Pickled Day-Lily Buds

Sheet1

18352	Spiced Pickles
18353	Spiced Pork Roast
18354	Spiced Pumpkin Butter
18355	Spiced Rhubarb
18356	Spiced Ricotta Spread
18357	Spiced Sugars
18358	Spiced Vegetables
18359	Spicy Brown Sauce
18360	Spicy Apple Muffins
18361	Spicy Applesauce Bread
18362	Spicy Applesauce Ice Cream Pie
18363	Spicy Bean Dip
18364	Spicy Beef Tostadas
18365	Spicy Blackened Burgers
18366	Spicy Breakfast Pattycakes
18367	Spicy Brisket
18368	Spicy Chicken Wings
18369	Spicy Chinese Peanut Butter Sauce
18370	Spicy Corn Bread
18371	Spicy Country-Style Chicken
18372	Spicy Cranberry Pork Chops
18373	Spicy Cranberry Relish
18374	Spicy Curried Chicken With Rice
18375	Spicy Deep-Fried Chicken - (hunan Chicken)
18376	Spicy Egg Noodles (bamee Haeng)
18377	Spicy Eggplant In Ginger-Tamarind Sauce (masala Vangi)
18378	Spicy Eggplant-Miso Saute With Bulgur
18379	Spicy Fish Fillets
18380	Spicy Fresh Country Sausage
18381	Spicy Fried Chicken
18382	Spicy Garbanzos
18383	Spicy Garlic Soup
18384	Spicy Ginger Sauce (for Noodles)
18385	Spicy Hot Dog Mustard
18386	Spicy Hot Sichuan Tofu
18387	Spicy Italian Sausage-Stuffed Mushrooms
18388	Spicy Korean Kimchi
18389	Spicy Kumquat Relish
18390	Spicy Lentil Burgers
18391	Spicy Meatball Soup
18392	Spicy Mexican Tortilla Stacks
18393	Spicy Mixed Vegetable Stew (yetakelt W'et)
18394	Spicy Pea Soup
18395	Spicy Peanut Sauce
18396	Spicy Pear Relish
18397	Spicy Pepper Relish
18398	Spicy Pickled Plums
18399	Spicy Pork And Black Bean Chili
18400	Spicy Pork Roast

Sheet1

18401 Spicy Pork Stir-Fry
18402 Spicy Pumpkin Bisque
18403 Spicy Pumpkin Sheet Cake
18404 Spicy Red Bean Soup
18405 Spicy Red Onion-Poblano Chile Relish
18406 Spicy Rice And Vegetables
18407 Spicy Roast Beef
18408 Spicy Salsa
18409 Spicy Sausage
18410 Spicy Sausage And Bean Soup
18411 Spicy Sausage And Fruit Kabobs
18412 Spicy Seafood Soup
18413 Spicy Seasoning Mix
18414 Spicy Sesame Beef Stir-Fry
18415 Spicy Spinach
18416 Spicy Sweet Potato Soup
18417 Spicy Szechuan Chicken
18418 Spicy Szechuan Chicken From Joan Johnson
18419 Spicy Szechuan Tofu
18420 Spicy Szechwan Tofu
18421 Spicy Texas Spareribs
18422 Spicy Thai Meatballs With Crispy Noodles
18423 Spicy Thai Tofu Salad
18424 Spicy Thai Vinaigrette
18425 Spicy Tofu Pate
18426 Spicy Tomato Sipper
18427 Spike Steak
18428 Spikes `o Hell Chili
18429 Spinach & Stilton Pancakes
18430 Spinach And Buttermilk Soup
18431 Spinach And Feta Burgers
18432 Spinach And Herb Terrine
18433 Spinach And Mushroom Lasagna li
18434 Spinach Ball Curry
18435 Spinach Cheese Pie
18436 Spinach Cheese Puffs
18437 Spinach Cooked In A Bihari Style
18438 Spinach Gratin
18439 Spinach Lasagna
18440 Spinach Mushroom Lasagna
18441 Spinach Mushroom Pie
18442 Spinach Onion Dip
18443 Spinach Puree
18444 Spinach Stuffed Shells
18445 Spinach Tortellini Salad
18446 Spinach Vegetable Soup
18447 Spinach With Bechamel
18448 Spinach Cheese And Tomato Lasagna
18449 Spinach Mushroom & Anchovy Salad

Sheet1

18450	Spinach Walnut And Raisin Boreks
18451	Spinach-Blue Cheese Mini Calzones
18452	Spinach-Ricotta Stuffed Shells
18453	Spirited Chocolates
18454	Split Pea And Lamb Soup
18455	Split Pea Soup With Croutons
18456	Split Pea Soup With Spareribs
18457	Sponge Cake
18458	Sponge Cake I
18459	Sponge Cake Ii
18460	Spray Injection-Cured Bacon
18461	Spring Chicken Maryland
18462	Spring Green Potato Soup
18463	Spring Street Prosciutto Bread
18464	Spring Vegetable Stew
18465	Springtime Pudding Cake
18466	Sprout Bean & Vegetable Stew
18467	Sprouted Rye Cakes
18468	Sputnik Tea (russian Tea)
18469	Squamish Bars
18470	Squash Doughnuts
18471	Squash Soup
18472	Squashed Pork Chops
18473	Squaw Bread
18474	Squid Chili
18475	Stained Glass Candy
18476	Star Anise Beef-Rice Noodle Soup
18477	Starch-Free Jerusalem Artichoke Flour Bread
18478	Starlight Double Delight Cake
18479	Stars And Stripes Celebration Cake
18480	Steak And Onion Burgers
18481	Steak And Peppers
18482	Steak Cajun-Style
18483	Steak Fajitas
18484	Steak Oriental
18485	Steak Rancheros
18486	Steamed Fish And Spinach
18487	Steamed Fruit Mush (or Duff)
18488	Steamed Jasmine Rice - Khao Suay *
18489	Steamed Rice (korean Bab)
18490	Steamed Rice Coconut Milk Cake
18491	Steamed Salmon Sauce
18492	Steamed Sambal Peasant Style (sambal Lada Uap)
18493	Steamed Sticky Rice - Khao Neow *
18494	Steve's Mum's Lentil Soup
18495	Stewed Chicken And Noodles
18496	Sticky Balls
18497	Sticky Orange Muffins
18498	Sticky Rice (khao Neeo)

Sheet1

18499 Stir Crazy Cake
18500 Stir Fried Bok Choy With Tofu
18501 Stir Fried Eggs And Vegetables
18502 Stir Fried Island Chicken/peanut Garlic Sauce
18503 Stir Fried Scallops And Apples
18504 Stir Fry Chicken With Tomatoes
18505 Stir Fry With Black Bean Sauce
18506 Stir-Fried Bean Curd With Green Beans In Hot Sauce
18507 Stir-Fried Beef With Orange
18508 Stir-Fried Bok Choy In Garlic Oil
18509 Stir-Fried Celery
18510 Stir-Fried Chicken Shreds
18511 Stir-Fried Diced Chicken With Peanuts
18512 Stir-Fried Eggs With Tomatoes (jidan Chao Xihongshi)
18513 Stir-Fried Lobster With Ginger Sauce - Pad Goong Mang-Gorn
18514 Stir-Fried Longbeans
18515 Stir-Fried Noodles
18516 Stir-Fried Pork Tenderloin With Vegetables
18517 Stir-Fried Rice Noodles
18518 Stir-Fried Rice-Stick Noodles
18519 Stir-Fried Scallops With Leeks
18520 Stir-Fried Spiced Pork On Couscous
18521 Stir-Fried Spinach With Ginger And Almonds
18522 Stir-Fried Vegetables With Tofu
18523 Stir-Fried Zucchini Carrots And Leeks
18524 Stir-Fry Chicken
18525 Stir-Fry Chicken With Walnuts
18526 Stir-Fry For One
18527 Stone Jar Cookies
18528 Strata-Variou Pie
18529 Strawberry & Apple Jam
18530 Strawberry Bread
18531 Strawberry Butter
18532 Strawberry Buttermilk Pancakes
18533 Strawberry Cake
18534 Strawberry Cake Roll
18535 Strawberry Carrot Cake
18536 Strawberry Conserve
18537 Strawberry Cream Pie
18538 Strawberry Crisp
18539 Strawberry Divinity Fudge
18540 Strawberry Dlight Cookies
18541 Strawberry Fluff
18542 Strawberry Glace Pie
18543 Strawberry Gooseberry Jam
18544 Strawberry Jam
18545 Strawberry Jello Cake
18546 Strawberry Jelly
18547 Strawberry Leather

Sheet1

18548 Strawberry Lime Pie
18549 Strawberry Liqueur Jam
18550 Strawberry Meringue Cake
18551 Strawberry Patch Pie
18552 Strawberry Pops
18553 Strawberry Preserves
18554 Strawberry Relish
18555 Strawberry Rhubarb Coffee Cake
18556 Strawberry Rice-Cream
18557 Strawberry Shake
18558 Strawberry Shortcake
18559 Strawberry Shortcake (weight Watchers Magazine)
18560 Strawberry Shortcake Ala Suzy De Bus
18561 Strawberry Spinach Salad
18562 Strawberry Spread
18563 Strawberry-Cheese Salad
18564 Strawberry-Cheese Salad Robert
18565 Strawberry-Corn Pancakes
18566 Strawberry-Cream Crepes
18567 Strawberry-Kiwi Jam
18568 Strawberry-Pineapple Marmalade
18569 Strawberry-Rhubarb Pie
18570 Streusel Kuchen
18571 Streusel Plum Cake
18572 Stroganoff Bundles
18573 Stroganoff Meatballs
18574 Stuffed Anaheim Chiles With Oregano Vinaigrette
18575 Stuffed Baked Pork Chops
18576 Stuffed Beef Heart
18577 Stuffed Breast Of Chicken
18578 Stuffed Cabbage With Lemon Sauce
18579 Stuffed Chicken Cyprus Style
18580 Stuffed Cottage Cheese Sandwiches
18581 Stuffed Date Cookies
18582 Stuffed Eggplant
18583 Stuffed French Toast
18584 Stuffed Frogs
18585 Stuffed Grape Leaves - Yalanchi Sarma
18586 Stuffed Green Peppers
18587 Stuffed Green Peppers (oven Bag)
18588 Stuffed Onions On Barbecue Pit
18589 Stuffed Peppers
18590 Stuffed Peppers #2
18591 Stuffed Pickled Peppers
18592 Stuffed Potatoes
18593 Stuffed Zucchini Andalouse (zucchini Ham Beef)
18594 Succulent Southern Fried Chicken (claiborne)
18595 Suckling Pig
18596 Suet Cake

Sheet1

18597 Suffed Potatoes
18598 Sugar 'n' Spice Apple Nut Cake
18599 Sugar And Spice Apple Nut Cake
18600 Sugar Pie - Hotel Paulin
18601 Sugar Pie From Hotel Paulin
18602 Sugared Popcorn
18603 Sugarless Cake
18604 Summer Fruit Shortcake
18605 Summer Garden In A Jar
18606 Summer Ristto
18607 Summer Sandwich
18608 Summer Soup
18609 Summer Vegetable Soup
18610 Sun Choke With Sunflower Seeds Bread
18611 Sun Dance Chili
18612 Sun Preserves
18613 Sun-Dried Tomato & Basil Pasta Sauce/dressing
18614 Sunday Cake Squares
18615 Sunday Chicken
18616 Sundried Tomato Sauce
18617 Sunflower Bread
18618 Sunflower Meal Bread With Sunflower Seeds And Raisins
18619 Sunny Garlic Chutney
18620 Sunomomo Dressing For Japanese Pickles
18621 Sunomono
18622 Sunshine Cake
18623 Sunshine Soup
18624 Super Chili
18625 Super Chocolate Fudge
18626 Super Easy Low Calorie Salad Dressing
18627 Super Nachos
18628 Super Salad Seasoning Mix
18629 Super Salsa
18630 Super Sweet And Sour Tempeh
18631 Supper Omelet With Chicken Sauce
18632 Supremes De Volaille Polignac (chicken Breasts)
18633 Surprise Cherry Squares
18634 Surprise Coconut Cream Pie
18635 Surprise Rice
18636 Susan Purdy's Tourtiere (french Canadian Pork Pie)
18637 Susan Spicer's Garlic Soup
18638 Swabian Pancakes
18639 Swedish Castle Delight
18640 Swedish Meatball Dinner Graham Kerr
18641 Swedish Pancakes
18642 Sweet & Sour Lentils With Brown Rice
18643 Sweet & Sour Meatballs
18644 Sweet & Sour Meatloaf
18645 Sweet & Sour Spare Ribs

Sheet1

18646 Sweet 'n' Sour Chicken
18647 Sweet And Hot Bulgogi
18648 Sweet And Hot Chili Sauce
18649 Sweet And Pungent Chinese Sauce
18650 Sweet And Simple Honey Mustard
18651 Sweet And Sour Carrots
18652 Sweet And Sour Chicken #1
18653 Sweet And Sour Fish Sauce (nam Pla Prig)
18654 Sweet And Sour Kabobs
18655 Sweet And Sour Meatloaf
18656 Sweet And Sour Pork # 2
18657 Sweet And Sour Red Peppers
18658 Sweet And Sour Sauce
18659 Sweet And Spicy Chicken
18660 Sweet And Spicy Onion Glaze
18661 Sweet And Tangy Almond Chicken
18662 Sweet Banana Jam
18663 Sweet Chili Sauce
18664 Sweet Chunk Pickles
18665 Sweet Chutney Chicken
18666 Sweet Corn And Cheddar Chowder
18667 Sweet Corn Salsa
18668 Sweet Fig Pickles
18669 Sweet Gerkins
18670 Sweet Gherkins
18671 Sweet Hamburger Relish
18672 Sweet Hot Garlic Sauce - Nahm Jeem Gratiem
18673 Sweet Hot Mustard
18674 Sweet Iced Christmas Bread
18675 Sweet Milk Doughnuts
18676 Sweet Onion Brown Sugar Cake
18677 Sweet Onion Butter
18678 Sweet Onion Buttered Hot Rolls
18679 Sweet Onion Cake
18680 Sweet Onion Jam
18681 Sweet Onion Pepper Relish
18682 Sweet Onion Pickles
18683 Sweet Onion Relish
18684 Sweet Onion Sausage Casserole
18685 Sweet Onion Soup
18686 Sweet Pickles
18687 Sweet Pickles (short Process)
18688 Sweet Potato And Ham Hash
18689 Sweet Potato And Spam Casserole
18690 Sweet Potato Corn Pones
18691 Sweet Potato-Currant Mini Bundt Cakes
18692 Sweet Potato-Pecan Biscuits
18693 Sweet Potatoe Crunch
18694 Sweet Potatoes With Pralines

Sheet1

18695 Sweet Raisin Nut Bread
18696 Sweet Rice Dumplings
18697 Sweet Salad Dressing Mix
18698 Sweet Sesame Meatballs
18699 Sweet Tart Sauce
18700 Sweet Vidalia Onion Sausage Casserole
18701 Sweet-Potato Fritters
18702 Sweet-Sour Pork & Beans
18703 Sweetened Condensed Milk
18704 Swingers
18705 Swirled Succotash Soup
18706 Swiss Almond Apple Cake
18707 Swiss Broccoli Soup
18708 Swiss Cheese Vegetable Soup
18709 Swiss Crabwiches
18710 Swiss Meringue
18711 Swiss Meringue (the Art Of Fine Baking Paula Peck 1961)
18712 Swiss Pickle
18713 Swordfish Bolognese
18714 Swordfish Provencale
18715 Swordfish Steak Marseillaise
18716 Sybil Carter's Chocolate-Peanut Butter Frosting
18717 Sybil Carter's Peanut Butter Fudge
18718 Sybil Carter's Potato-Peanut Butter Candy
18719 Sylvia's World-Famous Talked-About Spareribs
18720 Syrian Noodles With Lentils
18721 Syrup Cupcakes
18722 Szechwan Eggplant And Tofu
18723 Tabasco Classic - Walter Mcilhenney's Chili ****
18724 Tabasco Pickles
18725 Tabasco Seared Pepper Steak
18726 Tabbouleh With Meat
18727 Taco Beef
18728 Taco Casserole
18729 Taco Pie
18730 Taco Quiche
18731 Taco Rice
18732 Taco Sauce
18733 Taco Seasoning Mix
18734 Taco Soup
18735 Tahini Cake
18736 Tahini Sauce
18737 Tahini-Lemon Sauce
18738 Tahinopita (Tahini Cake)
18739 Tallahassee Chicken Salad (florida Cooking)
18740 Tamale Dough
18741 Tamale Instructions
18742 Tamale Pie Rancheros
18743 Tameya (broad Bean Patties)

Sheet1

18744 Tampa's Own Fish Chowder*
18745 Tan Tan Noodles
18746 Tandoori Chicken (indian Style)
18747 Tandoori Marinade
18748 Tandoori Marinade For Chicken
18749 Tandoori Masala
18750 Tandoori Tofu Brochettes
18751 Tandoori-Style Chicken
18752 Tangelo Chicken
18753 Tangerine Curd
18754 Tangerine Sponge Custard
18755 Tangy Apple Cheddar Salad
18756 Tangy Baked Fish Fillets
18757 Tangy Brunch Sausages
18758 Tangy Chicken Salad
18759 Tangy Glazed Drumsticks
18760 Tangy Glazed Meatloaf
18761 Tangy Grilled Chicken
18762 Tangy Orange Marmalade
18763 Tapenade
18764 Tarascan Bean Soup
18765 Tarragon Chicken Breasts
18766 Tarragon Chicken Salad With Asparagus
18767 Tarragon Chicken Salad With Walnuts
18768 Tarragon Chicken With Carrots And Linguine
18769 Tarragon Lamb
18770 Tarragon Sandwich Butter
18771 Tarragon-Mustard Burgers
18772 Tartar Sauce
18773 Tartar Sauce:::wgjt73a
18774 Tarte Au Sucre Jaune (brown Sugar Pie)
18775 Taskebab
18776 Tassies
18777 Tasty Bean Curd
18778 Tater Tot Casserole
18779 Tea Loaf
18780 Teenage Rocky Roads Candy
18781 Teisen Mel (traditional Welsh Honeycake)
18782 Teisen Sir Fon (anglesey Cake) Welsh
18783 Tempeh Paprikas With Tahini
18784 Tempeh Stuffed Peppers
18785 Ten Tasty Vegetables (shi Ziang Cai)
18786 Tender Cooker Chuck Roast
18787 Tenderloin Of Pork Emeril
18788 Tenderloin Of Pork With Apple Onion And Garlic Gravy
18789 Tennessee Cornmeal Muffins
18790 Tennessee Crackling Pones
18791 Tennessee Cream Gravy
18792 Tentsuyu Sauce

Sheet1

18793	Teriyaki Burgers
18794	Teriyaki Chicken Delight
18795	Teriyaki Chicken Kabobs
18796	Teriyaki Grilled Corn
18797	Teriyaki Tempeh & Pineapple Salsa
18798	Terrapin In Cream
18799	Terrific Tamale Pie
18800	Tetes De Violon A L'ail (garlic-Flavoured Fiddleheads)
18801	Tex-Mex Chili Meatballs With Zesty Tomato Salsa
18802	Tex-Mex Rice
18803	Texas Barbecued Ribs
18804	Texas Beef Chili
18805	Texas Breakfast Tacos
18806	Texas Caviar
18807	Texas Cheese Enchiladas
18808	Texas Chili
18809	Texas Chili Chicken Stew
18810	Texas Chili Con Carne
18811	Texas Chili Powder
18812	Texas Cowboy Chili
18813	Texas Mild Chili
18814	Texas Mopping Sauce For Barbecue
18815	Texas Rattlesnake Chile
18816	Texas Rattlesnake Chili
18817	Texas Toast Chili And Eggs
18818	Texas/two Fingers Chili
18819	Thai Banana Salsa
18820	Thai Barbecue Chicken Appetizers
18821	Thai Basil Beef
18822	Thai Beef With Noodles
18823	Thai Chili Fish Sauce
18824	Thai Curry Spice Paste
18825	Thai Fettuccine Primavera
18826	Thai Fried Noodles (1)
18827	Thai Fried Noodles (2)
18828	Thai Fried Noodles (3)
18829	Thai Green Curry Paste
18830	Thai Iced Coffee
18831	Thai Iced Tea
18832	Thai Iced Tea - Cha Thai
18833	Thai Noodles
18834	Thai Pineapple Rice
18835	Thai Pomelo And Chicken Salad
18836	Thai Rice Noodles
18837	Thai Rice With Mushroom And Egg
18838	Thai Salsa
18839	Thai Soy Bean Fritters
18840	Thai Spicy Pork Chops
18841	Thai Style Gemfish With Beans & Mushrooms

Sheet1

18842 Thai Sweet Chili Sauce
18843 Thai-Style Grilled Chicken
18844 Thanksgiving Butterscotch Pie
18845 Thanksgiving Day Tofu
18846 The "secret" Recipe For Orange Julius
18847 The 10 Minute German Sweet Chocolate Cream Pie
18848 The Best Black Bean Soup
18849 The Best New England Clam Chowder
18850 The Big Swedish Pancake
18851 The Carriage House Breakfast Pie
18852 The East: Velvety-Warm Mustard-Pepper Sauce
18853 The Georgia Peachberry No Cook Jam
18854 The Kaufmans' Apple Butter
18855 The Mcranch Bar-B-Que Chicken Sandwich
18856 The Napoleon House Muffaletta
18857 The North: Almond-Pistachio Saffron Curry Sauce
18858 The Sheet - La Sabana
18859 The South: Split Pea And Coconut Curry Sauce
18860 The Ultimate Butter Tart
18861 The West: Anglo-Indian Curry Sauce
18862 Theada's Beef Jerky
18863 Thick Tomato Coulis
18864 Thin Rice Cakes
18865 Thin Toffee Crunch
18866 Third Bread
18867 Thousand Island Dressing
18868 Three Bean And Spam Salad
18869 Three Beans In Lettuce Parcels
18870 Three Onion Pie With Feta Cheese Robert
18871 Three Way Potato Soup
18872 Three-Cheese Burgers
18873 Three-Layer Deck-The-Halls Dip
18874 Three-Pepper Popcorn
18875 Thunder & Lightning
18876 Thunder's Special Wild Card Chili
18877 Thyme-Lemon Zest Herb Paste
18878 Tibetan Roast
18879 Tiessennau Mel (honey Cakes) Welsh
18880 Tiger Butter
18881 Topsy Cake
18882 Topsy Squire
18883 To Cure Hams
18884 To Make Sausage
18885 Toad In A Hole (england Circa 1880)
18886 Toad In The Hole
18887 Toasted Golden Garlic Soup
18888 Toasted Soy And Graham Bread With Alfalfa Sprouts
18889 Toffee Bars
18890 Tofu & Rice With Vegetables

Sheet1

18891	Tofu Bourguignon
18892	Tofu Burgers
18893	Tofu Cottage Cheese
18894	Tofu Cream Cheese
18895	Tofu Fajitas
18896	Tofu Indonesian-Style
18897	Tofu Kebabs
18898	Tofu Loaf
18899	Tofu Manicotti
18900	Tofu Mayonnaise
18901	Tofu Milk
18902	Tofu Nut Patties
18903	Tofu Paneer
18904	Tofu Pizza
18905	Tofu Provencal
18906	Tofu Provencal Club Sandwich
18907	Tofu Ribs
18908	Tofu Ricotta Cheese
18909	Tofu Sour Cream
18910	Tofu Tacos
18911	Tofu Whip
18912	Tofu Whipped Cream Topping
18913	Tofu Yogurt
18914	Tofu Yogurt Sauce
18915	Tofu-Chili
18916	Tofu-Pumpkin Pie
18917	Toheroa Fritters (nz)
18918	Toll House Crumb Cake From Brigitte Sealing
18919	Toll House Layercake
18920	Tomatillo Cream Sauce
18921	Tomatillo Guacamole
18922	Tomatillo Sauce
18923	Tomato And Onion Pizza
18924	Tomato And Spinach Soup
18925	Tomato Bean Chowder
18926	Tomato Bean Soup
18927	Tomato Bisque
18928	Tomato Bisque Soup
18929	Tomato Bouillon
18930	Tomato Broth
18931	Tomato Catsup
18932	Tomato Celery Chow-Chow
18933	Tomato Jam
18934	Tomato Juice Cocktail
18935	Tomato Ketchup
18936	Tomato Mincemeat
18937	Tomato Preserves
18938	Tomato Relish I
18939	Tomato Relish Ii

Sheet1

18940 Tomato Sauce
18941 Tomato Sauce With Rosemary
18942 Tomato Soup I
18943 Tomato Soup With Macaroni
18944 Tomato Verde Con Questo (green Tomatoes With Cheese)
18945 Tomato Bread And Pastina Stew
18946 Tomato Fennel And Potato Stew
18947 Tomato Porcini And Pancetta Sauce
18948 Tomato-Herb Chicken
18949 Tomatoe-Cheese Calzones
18950 Tomatoes Bbb (bacon Brie And Basil)
18951 Top Of Stove Meatloaf
18952 Top Of The Stove
18953 Top Round Aromatica
18954 Topig (lenten Chick Pea Kofta)
18955 Topsy Turvey Apple Pie
18956 Toronto Bran Muffins
18957 Toronto Pie
18958 Torta Di Nocciolo Con Panna
18959 Torta Di Polenta
18960 Tortellini Cheese Filling
18961 Tortellini Meat Filling
18962 Tortellini Vegetable Filling
18963 Tortellini With Cream
18964 Tortellini With Peas And Prosciutto
18965 Tortiere
18966 Tostada Casserole
18967 Tostada Grande
18968 Tostada Pizza
18969 Tostada Waffles
18970 Tourta Athineiki (orange-Walnut Cakeathens Style)
18971 Tourtiere (canadian Pork Pie)
18972 Tourtiere - Pork Pie
18973 Tourtiere A La Ouananiche (lac St-Jean Salmon Pie)
18974 Tourtiere De Quebec (quebec Pork Pie)
18975 Traditional English Mustard
18976 Traditional Maryland Oyster Stew
18977 Traveling Gal's Chocolate Cake
18978 Tri-Color Cake **
18979 Tri-Tip Beef Roast
18980 Trio Of Grains With Sweet Corn Coulis
18981 Triple Chocolate Cake
18982 Tropic Sun Spareribs
18983 Tropical Fudge
18984 Truffles Au Chocolat (chocolate Truffles)
18985 Truffles Pralinees (praline Truffles)
18986 Tucson Jailhouse Chili
18987 Tulip Crab And Asparagus Appetizers
18988 Tuna Burgers (a Basic Burger Recipe)

Sheet1

18989 Tuna Steaks Glazed With Ginger Lime And Soy
18990 Tuna Salmon Chicken Or Turkey Turnovers
18991 Tuna-Casserole Supreme
18992 Tunnel Of Fudge Cake
18993 Turkey - Chicken Salad Sandwiches
18994 Turkey And Cranberry Chowder
18995 Turkey Barbecue For Sandwiches
18996 Turkey Basting Agent
18997 Turkey Burgers (a Basic Burger Recipe)
18998 Turkey Chili
18999 Turkey Chowder
19000 Turkey Giblet Gravy
19001 Turkey In Jalapeno Cream Sauce
19002 Turkey Or Chicken And Broccoli Casserole
19003 Turkey Pot Pie Ala Weight Watchers
19004 Turkey Shepherd's Pie
19005 Turkey Stock
19006 Turkey Microwaved1
19007 Turkey Microwaved2
19008 Turkey-Mushroom Soup
19009 Turkey-Tomato Soup
19010 Turkey/chicken And Broccoli Casserole
19011 Turkish Borscht
19012 Turkish Orange Cake With Fresh Tayberries Or Loganberries
19013 Turmeric Oyster Crackers
19014 Turn-Of-The-Century Molasses Cake
19015 Turnip And Apple Whip
19016 Turnip-Water Kimchi (korean Dong Chimi)
19017 Turtle Cake
19018 Tuscan Bread
19019 Tv Snacks
19020 Twelve-Boy Curry
19021 Twice-Cooked Divinity
19022 Twin Cheese Dip
19023 Twinkie Pie
19024 Two Minute Velvet Fudge
19025 Two Of Texas Cake
19026 Two Potato Soup
19027 Two Toners
19028 Two Ways With Acorn Squash
19029 Two-Cheese Picante Smoked Turkey Dip
19030 Two-Meat Two Bean Chili
19031 Two-Meat Two Bean Chili (1 Of 2)
19032 Two-Meat Two Bean Chili (2 Of 2)
19033 Tzatzika
19034 Ultimate Raspberry Chocolate Sauce
19035 Ultimate Strawberry Cheesecake
19036 Unbeatable Cookies (cookie Tarts)
19037 Uncle Jace's Salad Dressing

Sheet1

19038 Uncle Vern's Picante Sauce
19039 Uncle's Favorite Blueberry Muffins
19040 Uncooked Brownies
19041 Uncooked Cucumber Relish
19042 United States Senate Restaurant Bean Soup
19043 Unleavened Seed Cake
19045 Unusual Black Bean Chili
19046 Upside-Down Cake
19047 Upside-Down Chocolate Cupcakes
19048 Usal (a Mung-Bean Curry)
19049 Valerie's Kids Snack
19050 Vanilla Almond Coffee
19051 Vanilla Butter Spread
19052 Vanilla-Limeade Ice Cream Pie **
19053 Varenikas
19054 Vassar Fudge
19055 Veal And Crayfish Stew
19056 Veal Chili
19057 Veal Or Chicken Scallops In Tarragon Sauce
19058 Veal Oscar With Sauce Bernaise
19059 Veal Paprikash
19060 Veal Ragout With Red Pepper
19061 Veal Sausage With Chicken
19062 Vegan Chocolate Sponge Cake
19063 Vegan Fruit Cake
19064 Vegan Macaroni & "cheese"
19065 Vegan Pasta Al Pesto
19066 Vegetable Beef Soup
19067 Vegetable Beef Soup (slow Cooker)
19068 Vegetable Broth
19069 Vegetable Burgers
19070 Vegetable Confetti Soup
19071 Vegetable Couscous
19072 Vegetable Curry With Cashews
19073 Vegetable Dip Mix
19074 Vegetable Enchiladas
19075 Vegetable Guacamole
19076 Vegetable Gumbo
19077 Vegetable Hummus Sandwiches
19078 Vegetable Jalfrezi
19079 Vegetable Lasagne:
19080 Vegetable Lo Mein
19081 Vegetable Loaf
19082 Vegetable Mafe
19083 Vegetable Melange
19084 Vegetable Patties With Peanut Sauce
19085 Vegetable Pullao
19086 Vegetable Relish
19087 Vegetable Risotto

Sheet1

19088 Vegetable Saute With Miso Sauce Over Linguine
19089 Vegetable Soup With Dumplings
19090 Vegetable Soup With Fennel
19091 Vegetable Soup With Goulash Taste
19092 Vegetable Stew With Nut Dumplings
19093 Vegetable Tamale Pie
19094 Vegetable Tortilla Stacks
19095 Vegetables With Peanut Sauce
19096 Vegetarian Chowder
19097 Vegetarian Egg Rolls
19098 Vegetarian Kishke
19099 Vegetarian Lasagne
19100 Vegetarian Ma Po Tofu
19101 Vegetarian Paella
19102 Vegetarian Rice Mix
19103 Vegetarian Tamale Filling
19104 Veloute Of Fennel
19105 Veloute Soup Base
19106 Velveeta Cheese Fudge
19107 Velvety Apricot Cake
19108 Venison Cheese Ball Soup
19109 Venison Chili
19110 Venison Goulash Soup
19111 Venison Sausage
19112 Venison Stew With Raspberries
19113 Venison With Plum Sauce
19114 Vermont Cheddar And Maple Crackers
19115 Vermont Pork Chops
19116 Vermont Sponge Cake
19117 Vermont Spring Chicken
19118 Very Good Fried Chicken
19119 Very Hot Cajun Sauce For Beef
19120 Very Old Fudge
19121 Vibrant Cold Vegetable Terrine
19122 Victoria Fudge
19123 Vidalia Onion Pie
19124 Vidalia Onion Soup
19125 Vietnamese Chili Sauce
19126 Vietnamese Coffee
19127 Vietnamese Hot Sauce
19128 Vietnamese Hot Sauce # 2
19129 Vinaigrette Of Braised Soup Veggies
19130 Vinaigrette Sauce
19131 Vincent Mcguire's Cream Of Peanut Soup
19132 Vindaloo (vinegar Pork Curry)
19133 Vinegar Relish - Sambal Cuka
19134 Vinegar Taffy
19135 Virginia Corn Pones
19136 Vitello Tonnato On Pasta

Sheet1

19137 Wagon Wheel Sausage Pie
19138 Wagonwheel Layered Dip
19139 Waldorf Astoria Red Cake
19140 Waldorf Red Velvet Cake And Frosting
19141 Walnut Brown Bread
19142 Walnut Cake
19143 Walnut Candy
19144 Walnut Creams
19145 Walnut Penuche Drops
19146 Walnut Pound Cake
19147 Walnut Rosemary Quinoa
19148 Walnut Spice Cake With Lemon Curd
19149 Walnut Spread
19150 Walnut Vinaigrette
19151 Walter's Famous Coconut Cream Cake
19152 Warm Blueberry Cake With Cream
19153 Warm Chicken Salad With Wild Mushrooms
19154 Warm Spinach And Sausage Salad
19155 Warm Turkey And Sweet Potato Salad
19156 Washed Lentils
19157 Wassail Bowl
19158 Water Spinach With Bean Curd
19159 Watercress Soup
19160 Watergate Cake
19161 Watermelon Cake
19162 Watermelon Honey
19163 Watermelon Preserves
19164 Watermelon Rind Preserves
19165 Wedding Cake
19166 Wednesday's Chili
19167 Wednesday's Chili (wendy's Chili) - Gloria Pitzer
19168 Weight Watchers Chicken Cordon Bleu
19169 Weight Watchers Fettuccini With Prosciutto
19170 Well-Fried Beans (frijoles Refritos)
19171 Wellesley Fudge Cake
19172 Welsh Pork Pasties
19173 Wendys Chili
19174 Wes 'n' Kathy's Authentic Original Lima Bean Soup
19175 Wesley & Kathy's World-Famous Killer 4-Star Venison Chili
19176 West Country Pork
19177 West Haven Cake
19178 West: Mixed Vegetables Jaipur-Style (sabji Jaipuri)
19179 West: Royal Lamb Chops Braised With Nuts And Saffron
19180 Western Bean Soup Romano
19181 Western Light Broil With Vegetables
19182 Wettha Apo-Dhatsa (diet Pork)
19183 Wheat And Meat Chili
19184 Wheat Bread
19185 Wheat Flake And Maple Whole Wheat Bread

Sheet1

19186	Wheat Germ Zucchini Cake
19187	Wheat Mix
19188	Wheat-Wheat-Wheat Bread
19189	Whipped Cream (the Art Of Fine Baking Paula Peck 1961)
19190	Whipped Cream Cake
19191	Whipped Cream Frosting With Raspberry Sauce (decadence Ca
19192	Whipped Cream Frosting With Raspberry Sauce (decadence Cal
19193	Whipped Cream Frosting With Raspberry Sauce (for Decadenc
19194	Whipped Cream Frosting With Raspberry Sauce (for Decadence
19195	Whipped Cream Sauce
19196	Whipped Delight And Fruit Delight
19197	Whiskey-Sour Popcorn Balls
19198	White And Green Bean Soup
19199	White Asparagus With Brown Butter
19200	White Bean And Lamb Soup
19201	White Bean Soup With Sage
19202	White Bean Chard And Pancetta Soup
19203	White Bread
19204	White Buttercream Icing
19205	White Cake
19206	White Castle Turkey Stuffing
19207	White Castle Vidalia Dip
19208	White Chili With Chicken
19209	White Chocolate Cheesecake
19210	White Chocolate Chip Cookies With Macadamia Nuts
19211	White Chocolate Chip With Macadamia Nut Cookies
19212	White Chocolate Cream Filling
19213	White Chocolate Ice Cream *
19214	White Chocolate Mousse Cheesecake With Sun-Dried Cherries
19215	White Chocolate Orange Dream Bars
19216	White Chocolate Raspberry Cake
19217	White Christmas
19218	White Clam Chowder With Leeks
19219	White Cloud Inn Baked Nut Loaf
19220	White Fig Marmalade
19221	White Fricassee
19222	White Fruit Cake
19223	White Fudge
19224	White Lightning Texas Chili
19225	White Salad Dressing
19226	White Sauce For Macaroni
19227	White Sauce Mix
19228	White Texas Cake
19229	White Turnip Soup
19230	White Wine-Marinated Squid
19231	Whitefish Baked W/ Fiddlehead Ferns
19232	Whitefish With Leek Risotto
19233	Whitney Pot Roast
19234	Whole Roast Suckling Pig

Sheet1

19235 Whole Wheat Corn Bread
19236 Whole Wheat Croissants
19237 Whole Wheat Pizza Crust
19238 Whole Wheat Raisin Scones
19239 Whole Wheat Sourdough
19240 Whole Wheat Tortillas
19241 Whole-Wheat Bread (dak)
19242 Whole-Wheat Sourdough Starter
19243 Whoopee Pies
19244 Whoopie Cup Cakes
19245 Wild Game Chili With Black Beans
19246 Wild Game Pate
19247 Wild Green Salad
19248 Wild Herb Tart
19249 Wild Mushroom Risotto
19250 Wild Mushroom Sauce
19251 Wild Onion Bread
19252 Wild Pecan Rice Salad With Chicken
19253 Wild Rice Amandine En Casserole
19254 Wild Rice And Hazelnut Salad
19255 Wild Rice Crepes
19256 Wild Rice Stuffing Enough For A 15 Lb Turkey
19257 Wild Rice With Chestnuts
19258 Wild Rice With Mushrooms
19259 Wild Rice With Quinoa
19260 Willard Scott Scotch Eggs
19261 Wiltshire Whitsun Cake
19262 Win Schuler's Bar Cheese
19263 Win Schuler's Bar Cheese Tspn00b
19264 Wine And Mushroom Chicken
19265 Wine Fruit Cup
19266 Wine Marinade
19267 Wine Mustard
19268 Wine-Mushroom Pork Steaks
19269 Winter Fruit Compote
19270 Winter Melon Soup Simplified (doong Gwah Tong)
19271 Winter Squash Apple And Walnut Soup
19272 Winter Tomato Soup With Vermicelli
19273 Winter Vegetable Chowder
19274 Winter Vegetable Salad
19275 Winter Vegetable Stock
19276 Wire Sculpture
19277 Wok Cake
19278 Wonderfully Weird Dip
19279 Wontons
19280 Woodruff Special
19281 Working Person's Crockpot Country Pork Dinner
19282 Working Woman's Chicken And Rice
19283 World Series Dip

Sheet1

19284 World's Best Cookies
19285 Worried Fried Green Tomatoes
19286 Wowie Cake
19287 Wreath Bread
19288 Ww - Chili Con Carne
19289 Ww Apple And Cheddar Corn Muffins
19290 Ww Apple Muffins (no Fat)
19291 Ww Carrot Muffins (no Fat)
19292 Ww Cinnamon Rolls
19293 Ww I Ration War Cake - No Eggs Butter Or Milk
19294 Ww Pumpkin Muffins (no Fat)
19295 X's Spinach Salad
19296 Yakitori
19297 Yam Thua Phu - Spicy Winged Bean Salad
19298 Yankee Chili
19299 Yankee Lamb Stew
19300 Yeasted Maple Walnut Pancakes
19301 Yellow And Red Bell Peppers Filled With Tuna And Capers
19302 Yellow And White Angel Food Cake
19303 Yellow Curry Paste (thai)
19304 Yellow Delicate Cake
19305 Yellow Layer Cake With Cherry Frosting
19306 Yellow Rice
19307 Yellow Tomato Preserves
19308 Yellow Tomato Sauce
19309 Yoghurt Sourdough Starter
19310 Yogurt Mint Dip & Pineapple Relish
19311 Yogurt Orange Cake
19312 Yogurt Rye Bread
19313 Yogurt Tomato Cooler
19314 Yogurt Walnut Sauce
19315 Yogurt-Herb-Eggplant Spread
19316 Yogurt-Topped Strawberry Pancakes
19317 York Pot Roast Spiced
19318 Yorkshire Country Captain
19319 Your Grandmothers Favorite Stuffing
19320 Yum Hoi Mang-Pu - Thai Mussel Salad.
19321 Yum Pra-Hmik (thai Squid "salad").
19322 Zeppoli
19323 Zero Salad Dressing
19324 Zesty Chili Honey Sauce
19325 Zesty Cilantro Chili Pea Dip
19326 Zesty Corn Relish
19327 Zesty French Dressing
19328 Zesty Green Split Peas
19329 Zesty Herb Seasoning
19330 Zesty Pot Roast
19331 Zesty Red Dip
19332 Zesty Zucchini Relish

Sheet1

19333 Zingy Barbecued Chicken
19334 Zippy Cheese Spread
19335 Zippy Chili Dip
19336 Zippy Sour Cream Dip
19337 Ziti Baked My Way
19338 Ziti With Creamy Herb Sauce
19339 Ziti With Mexican-Style Meat Sauce
19340 Zucchini & Onion Dip
19341 Zucchini - Yogurt Cake
19342 Zucchini And Basil Filo
19343 Zucchini And Ham Quiche
19344 Zucchini And Tomato Gratin
19345 Zucchini And Tomatoe Casserole
19346 Zucchini And Walnut Cake
19347 Zucchini Cake
19348 Zucchini Cheese Biscuit Roll-Ups
19349 Zucchini Crispies
19350 Zucchini Date Cake
19351 Zucchini Frittata #2
19352 Zucchini Fritters #1
19353 Zucchini Fritters #2
19354 Zucchini Ham Cheddar Cheese Torte
19355 Zucchini Jam
19356 Zucchini Pancakes
19357 Zucchini Pickle
19358 Zucchini Relish
19359 Zucchini Squash Burgers
19360 Zucchini W/toasted Almonds
19361 Zucchini-Tomato Soup
19362 Zucchini-Tomato Tian*
19363 `chaurice - A Hot Creole Sausage
19364 100% Whole Wheat Bread For Bread Machine
19365 African Vegetarian Stew
19366 Apple Puffs
19367 All-Day-Long Crockpot Beef
19368 Amaretto Irish Cream Cheesecake-Rec.foods
19369 Amish-Style Chicken And Corn Soup(the Last To Transfer.tx
19370 Apple Cheesecake
19371 Apple Salad
19372 Apple-Glazed Roast Pork - Crockpot
19373 Apricot Salsa
19374 Banana Tea Loaf
19375 Beet Jelly
19376 Blender Cheese Cake
19377 Blue Ribbon Strawberry Pie
19378 Brownie Ice Cream Loaf
19379 Baily's Irish Cream Cheesecake **vcdt13a
19380 Baked Cinnamon-Applesauce Doughnuts
19381 Baked Squid With Garlic-Anchovy Pasta - F&w 1

19382	Baked Steak & Lima Beans
19383	Baked Stuffed Lobster
19384	Baked Tilapia With Whole Spices
19385	Baked Tomato Sauce
19386	Baked Trout With Yoghurt & Herbs
19387	Baker's Holiday Trifle
19388	Bakewell Raspberry Tart
19389	Baking Powder Biscuits (crocker)
19390	Baking Powder Biscuits (diabetic)
19391	Baking Powder Biscuits (roberts)
19392	Baking Powder Biscuits (wedman)
19393	Baking With Chocolate
19394	Baklava (liacouras)
19395	Baklava (metaxas)
19396	Baklava (tdn-6/4/91)
19397	Balsamic Marinated Onions
19398	Balsamic Potato Salad
19399	Baltimore Potted Meat
19400	Banana & Bacon Sandwich
19401	Banana & Nut Sandwich
19402	Banana & Oat Bran Muffins
19403	Banana & Pomegranate Salad
19404	Banana Bake
19405	Banana Bran Bread (coffey)
19406	Banana Bread (blair)
19407	Banana Bread (crocker)
19408	Banana Bread (durcholz)
19409	Banana Bread (smith)
19410	Banana Bread (syd)
19411	Banana Bread (wedman)
19412	Banana Bread 3
19413	Banana Bread 4
19414	Banana Cake With Penuche Frosting
19415	Banana Chocolate Chip Loaf
19416	Banana Condiment - Veg Times
19417	Banana Cream Cake With Strawberry Cream Filling
19418	Banana Cream Pie 2
19419	Banana Cream Pie 3
19420	Banana Foster
19421	Banana Fritters In Tempura Batter (with Honey)
19422	Banana Gratin
19423	Banana Milkshake
19424	Banana Nut Bread (quaker)
19425	Banana Oat Bars
19426	Banana Pineapple Cole Slaw
19427	Banana Pudding Cheesecake
19428	Banana Pudding With Mandarinine Cream
19429	Banana Salsa
19430	Banana Walnut & Chocolate Chip Fritters *

Sheet1

19431 Banana Wheat Bread - Sandy
19432 Banana-Date Butter (tdn)
19433 Bananas & Pancakes
19434 Bananas Foster - De Carle
19435 Banh Pho Bo (beef Noodle Soup)
19436 Bar-B-Q'd Lentils <r T>
19437 Barbecue Beef Sandwiches
19438 Barbecue Green Beans
19439 Barbecue Halibut Oriental
19440 Barbecue Salmon Steaks With Green Ginger Sauc
19441 Barbecue Sauce (prodigy)
19442 Barbecue Sauce (wagner/spade)
19443 Barbecue Sauce (wilson)
19444 Barbecued Beef Brisket
19445 Barbecued Beef Buns
19446 Barbecued Beef Salad Wrapped In Rice Paper
19447 Barbecued Butterflied Leg Of Lamb With Mint &
19448 Barbecued Chicken (s.davis)
19449 Barbecued Chicken In A Bag
19450 Barbecued Rainbow Trout
19451 Barbecued Ribs (crocker)
19452 Barbecued Salmon With Basil
19453 Barbecued Scallops Hoisin
19454 Barbecued Short Ribs For Smoker
19455 Barbecued Speckled Trout
19456 Barbecued Turkey With Herbs
19457 Barefoot & Pregnant By San Diego Princess Hot
19458 Barley & Bean With Fresh Mint (vegan)
19459 Barley & Mushroom Pilaf
19460 Barley & Pine Nut Casserole
19461 Basai Badawi (onions With Lentils Nuts & Frui
19462 Basic "chicken" Broth
19463 Basic Crepes (von Balson)
19464 Basic Crepes - Great Chefs
19465 Basic Fern Preparation
19466 Basic Liquid Game Marinade
19467 Basic Meringue
19468 Basic Muffins
19469 Basic Pizza Dough (slomon)
19470 Basic Preparation Of Heads Feet Tails Ears &
19471 Basic Recipe For A Tea Smoke
19472 Basic Recipes - Great Chefs
19473 Basic Uncooked Buttercreme Frosting
19474 Basic Vinaigrette (cooks Garden)
19475 Basil Breakfast Strata
19476 Basil Oregano Pasta
19477 Basil Potato & Egg Salad
19478 Be-My-Valentine Pie
19479 Bean & Bacon Soup

Sheet1

19480	Bean & Cashew Nut Salad
19481	Bean & Garlic Dip
19482	Bean & Garlic Dip 2
19483	Bean & Rice Burritos
19484	Bean & Sausage Soup
19485	Bean Curd & Coconut Soup
19486	Bean Enchiladas
19487	Bean Salad Francaise (or Parisienne)
19488	Bean Soup (santa Maria)
19489	Bean Stew (santa Maria)
19490	Bean Stew With Fennel & Tomatoes
19491	Beef & Cabbage Joes
19492	Beef & Cheese Log
19493	Beef & Lentil Stew
19494	Beef & Macaroni
19495	Beef & Macaroni Chili
19496	Beef & Pasta Primavera (1993 National Beef Co
19497	Beef & Scallop Saute
19498	Beef & Vegetable Loaf
19499	Beef & Vegetable Medley
19500	Beef Bourguignon - Bon Appetit
19501	Beef Bourguignonne 2
19502	Beef Diablo - Crockpot
19503	Beef Kwangton B1
19504	Beef Stew Ro*tel Style
19505	Beef Stroganoff (pringle)
19506	Beef Stroganoff (prodigy)
19507	Beef Tacos (usda)
19508	Beef Wellington (prodigy)
19509	Beef In Rubesco Wine
19510	Beef With Black Mushrooms B1
19511	Beef With Wine & Mushroom Sauce
19512	Beet & Walnut Salad
19513	Beet Marbled Eggs
19514	Beet Soup With Dill & Yogurt
19515	Beet Soup With Sage & Shallots
19516	Beggars' Purses - Gghol
19517	Berries & Custard In Coconut Shell
19518	Berry Yogurt Cheese Pie
19519	Beth's Fresh Sorrel Salad Dressing
19520	Betti's London Broil
19521	Bhindi Subji (okra & Tomatoes)
19522	Billingsley's Garlic Cheese Toast (tdn)
19523	Bistro Beef & Potatoes Maison
19524	Bistro Moncur Potato & Mussel Salad
19525	Black Bean & Corn Salad
19526	Black Bean & Rice Salad (thomas)
19527	Black Bean & Rice Salad (vegan)
19528	Black Bean & Salsa Salad

Sheet1

19529 Black Bean & Smoked Chicken Soup
19530 Black Bean Chili (prodigy)
19531 Black Bean Corn & Tortilla Salad
19532 Black Bean Relish (chez Melange)
19533 Black Bean Salad (randelman)
19534 Black Bean Soup (prodigy)
19535 Black Bean Soup (rapp)
19536 Black Bean Soup (steinberg)
19537 Black Bean Soup (veg Times)
19538 Black Bean Soup With Cilantro & Orange
19539 Black Beans & Rice (genie)
19540 Black Beans & Rice (randelman)
19541 Black Beans (randelman)
19542 Black Forest Cheesecake Delight (kraft)
19543 Blackberry & Apple Crumble Cake
19544 Blackberry Cobbler (gourmet Mag)
19545 Blackberry Dumplings
19546 Blanquette Of Veal & Cauliflower
19547 Bloody Mary Party Soup
19548 Blt Corn Chowder
19549 Blue Cheese Dressing (prodigy)
19550 Blue Cheese Dressing 3
19551 Blue Cheese Pasta With Bergamot
19552 Blueberry Coffee Cake
19553 Blueberry Jam (little)
19554 Blueberry Pie (sugar-Free)
19555 Blueberry Tart
19556 Bologna Soup
19557 Borsht - Cabbage/beet Soup
19558 Boston Brown Bread (crockpot)
19559 Botsford Inn's Honey Baked Ham With Cumberlan
19560 Bourbon & Honey Smoke-Roasted Pork Tenderloin
19561 Braised Pork & Fresh Oysters In Clay Pot
19562 Braised Steak & Green Pepper
19563 Branola Bread
19564 Brazil & Cashew Nut Roast With Chestnut Stuff
19565 Brennan's Banana Beignets
19566 Brie & Red Pepper Mini-Quiches
19567 Brie Pinwheel
19568 Brigitte's Chicken & Biscuit Pie
19569 Brigitte's Fruit Salad
19570 Brigitte's Hamburger Stroganoff
19571 Brithyll A Chig Moch (trout & Bacon) Welsh
19572 Broad Bean & Vegetable Soup - Shawrbat Fool
19573 Broccoli & Avocado Salad
19574 Broccoli & Mushroom Dip
19575 Broccoli & Pea Primavera
19576 Broccoli Quiche Or Canapes
19577 Brochette Dijon Flambe

Sheet1

19578 Broccoli Cheese Noodle Soup
19579 Broiled Cheddar & Egg Salad Buns
19580 Broiled Pear & Swiss Cheese Sandwich
19581 Broiled Prawns With Tomato & Chili Nam Yuey
19582 Broiled Salmon With Lime & Cilantro
19583 Brooklyn Cheesecake
19584 Brown Rice & Chicken Salad
19585 Brown Rice & Lentil Stew
19586 Brown Rice & Sweet Corn Salad
19587 Brown Rice Seafood Salad Supreme
19588 Bruce's Favorite Caesar Salad
19589 Brussels Sprouts & Carrot Salad
19590 Buffalo Chicken Wings (kikkoman)
19591 Buffalo Style Chicken Salad
19592 Buglar Wheat With Raisins & Cinnamon
19593 Bugogi - Korean Beef Dish
19594 Bulgur Pilaf
19595 Butter Tart Squares
19596 Buttermilk Dip
19597 Buttermilk Dressing With Herbs & Green Pepper
19598 Butterscotch Bars (knight)
19599 Carrot Bread For Bread Machine
19600 Carrot-Raisin Muffins
19601 Cheddar Cheese Bread (automatic Bread Maker)
19602 Cherry Divinity
19603 Cherry Yogurt Bread For Bread Machine
19604 Cinco De Mayo Bread For Bread Machine
19605 Classic White Bread For Bread Machine
19606 Cottage Cheese Salad
19607 Cottage Dill Bread For Bread Machine
19608 Couscous With Eggplant
19609 Cuscusu Di Pistachi
19610 Cabbage Orzo & Sausage Soup
19611 Cabbage Slaw
19612 Cabbage Soup (prodigy)
19613 Cabbage-Pepper Slaw From Loren Martin
19614 Cacik
19615 Caesar Artichoke Swirls
19616 Caesar Salad (ceideburg)
19617 Caesar Salad (ron)
19618 Caesar Salad With Fennel & Red Pepper
19619 Cajun Crabmeat Mold
19620 Calico Potato Salad
19621 California Garlic Soup Fondue
19622 Camembert & Walnut Pate
19623 Campbell Soup - Dill Spiked Onion Rolls - Ggh
19624 Can Of Veggie Salad
19625 Candied Figs
19626 Candied Oranges & Lemons

Sheet1

19627	Candy Bar/breakfast Bar
19628	Cantaloupe Cooler (fisher)
19629	Caramel-Apple Euphoria
19630	Caramelised Raspberries With A Lemon Posset
19631	Carciofi Ripieni (stuffed Artichokes)
19632	Carrot & Raisin Salad Ww
19633	Carrot & Wheat Berry Soup
19634	Carrot Salad (satterly)
19635	Carrot Salad 2
19636	Carrot Soup With Coriander
19637	Carrots With Ginger & Orange
19638	Casual Kimchi (korean Mak Kimchi I)
19639	Cathy's Kitchen Sink Shrimp Salad
19640	Cauliflower & Green Pea Salad
19641	Cauliflower & Spinach Salad
19642	Cauliflower-Bean Salad
19643	Caviar Classic
19644	Caviar Dill & Purple Onion Dip
19645	Celeriac Remoulade
19646	Celeriac Remoulade (ogden)
19647	Celery Salad A La Grecque
19648	Celery Sticks & Stones Salad
19649	Cha Pao Tsu B1
19650	Change-Of-Pace Pumpkin Pie
19651	Chao Tom (shrimp & Sugar Cane Rolls)
19652	Charleston Okra Soup
19653	Cheddar Sage & Walnut Torta
19654	Cheery Cherry Bread - Crockpot
19655	Cheese & Apple Tartlets
19656	Cheese & Beer Soup
19657	Cheese & Sausage Snacks
19658	Cheese & Trees Soup
19659	Cheese Ball (crocker)
19660	Cherry Cheese Pie 2
19661	Cherry Cheesecake (syd)
19662	Cherry Cheesecake Squares
19663	Cherry Pie & Whipped Topping-Diabetic
19664	Chestnuts In Cointreau Syrup
19665	Chicken & Barley Salad
19666	Chicken & Coconut Milk Soup (gaeng Com Yam Ga
19667	Chicken & Egg Soup/stracciatella (marguerite
19668	Chicken & Ham Pie
19669	Chicken & Ham Soup
19670	Chicken & Leek Pie (irish)
19671	Chicken & Orange Salad
19672	Chicken & Prawn Soup
19673	Chicken & Tomato Greek Salad
19674	Chicken & Vegetable Salad
19675	Chicken 'n Berries Salad

Sheet1

19676 Chicken Cabbage Soup
19677 Chicken Dijon Pasta Salad
19678 Chicken Flowerpot Pie
19679 Chicken Pasta With Pesto
19680 Chicken Potato & Spinach Salad
19681 Chicken Salad (bon Appetit)
19682 Chicken Salad Deluxe
19683 Chicken Salad With Honey Dressing
19684 Chicken Salad With Rosemary & Mayonnaise
19685 Chicken Salads Imperial B1
19686 Chicken Tandoori #1 Of 2
19687 Chicken And Sausage Gumbo/crockpot
19688 Chicken With Cashew Curried Stir Fry.
19689 Chicken-Cucumber Salad
19690 Chicken-Sesame Salad
19691 Chicken-Spinach Salad With Bacon
19692 Chickpea Salad (marks)
19693 Chilled Puree Of Beet & Watermelon
19694 Chilled Puree Of Carrot & Melon
19695 Choc & Orange Cheesecake
19696 Chocolate Amaretto Cheesecake (sealing)
19697 Chocolate Amaretto Cheesecake (southern Livin
19698 Chocolate Cheese Mousse Pie
19699 Chocolate Cheesecake Pie
19700 Chocolate Cheesecake With Chocolate Wafer Crust
19701 Chocolate Cherry Cheesecake #1
19702 Chocolate Chunk Cheesecake
19703 Chocolate Glazed Bailey's Irish Cream Cheesecake
19704 Chocolate Raspberry Cheesecake 2
19705 Chocolate Swirl Cheesecake 2
19706 Chocolate Swirl Cheesecake Mw
19707 Chocolate-Caramel-Pecan Cheesecake
19708 Cider Bugs
19709 Cinnamon-Apple Cheesecake
19710 Citrus Salad With Raspberry Vinaigrette
19711 Classic Apricot Sweet (mudur Chere)
19712 Classic Ny Cheesecake
19713 Cold Asparagus With Sesame-Ginger Vinaigrette
19714 Cottage Cheese Loaf
19715 Couscous With Pine Nuts & Currants
19716 Crab & Asparagus Quiche
19717 Cran-Apple Sauce
19718 Cranapple Pie
19719 Cranberry Almond Bread
19720 Cranberry Claret Jelly
19721 Cranberry Fig Relish
19722 Cranberry Nut Muffins 2
19723 Cranberry Orange Sauce With Ginger
19724 Cranberry Relish (prodigy)

Sheet1

19725 Cranberry Sauce - Nsvhol
19726 Cranberry-Currant Sauce
19727 Cream Pie
19728 Crispy Beef Pie
19729 Crockpot Tex Mex Chili
19730 Crockpot Apple Cider
19731 Crockpot Basic Pot Roast
19732 Crockpot Beef And Peppers
19733 Crockpot Chicken Cacciatore 1
19734 Crockpot Chicken Parisienne
19735 Crockpot Chicken Stroganoff
19736 Crockpot Corn & Lentil Soup
19737 Crockpot Corned Beef And Cabbage
19738 Crockpot Crab Soup
19739 Crockpot Curry
19740 Crockpot Irish Stew
19741 Crockpot Kowloon Chicken
19742 Crockpot Lemon-Garlic Chicken
19743 Crockpot Meatballs
19744 Crockpot Meatloaf
19745 Crockpot Pineapple Chicken
19746 Crockpot Pork Roast
19747 Crockpot Pumpkin Bread In Jars (joan Johnson)
19748 Crockpot Ratatouille
19749 Crockpot Sausage & Cabbage
19750 Crockpot Seasoned Beef In Sauce
19751 Crockpot Spanish Rice
19752 Crockpot Split Pea Soup
19753 Crockpot Stuffed Cabbage
19754 Crockpot Stuffed Turkey Breast
19755 Crockpot Sweet/sour Kraut With Pork Chops
19756 Crockpot Swiss Steak
19757 Crockpot Tips 1
19758 Crockpot Tips 2
19759 Crockpot Turkey
19760 Crockpot-Barbeque Beef Or Pork
19761 Dirt Pie
19762 Double Chocolate Pie
19763 Dried Cherry Couscous
19764 Dakota Prairie Pumpkin Pie -
19765 Dave's Salsa (thanks To Julia)
19766 Delmonico's Deviled Chicken
19767 Diabetic Apple Pie
19768 Diabetic Citrus Ice
19769 Died & Went To Heaven Chocolate Cake
19770 Double Coconut Cream Pie
19771 Dried Apple Pie
19772 Dutch Apple Pie (diabetic)
19773 Eggnog Oat Bran Bread (bread Machine)

Sheet1

19774 English Muffin Bread (for Bread Machines)
19775 Easy Crockpot Venison Roast
19776 Easy Cheesecake (red Lobster)
19777 Eggnog Cheesecake - Tkmhol
19778 Favorite Oat Bran Muffin Bread
19779 Fiery Thai Salsa
19780 Fresh Green Chili Sauce
19781 Fresh Pear & Apple Pie
19782 Frosty Pumpkin Pie
19783 Fudge Brownie Pie (rice)
19784 Garden Herb Bread For Bread Machine
19785 Gingerbread For Bread Machines
19786 Greek Isle Bread For Bread Machine
19787 Green In Snow Stir Fry
19788 Hamburger - Onion Pie
19789 Honey Mustard Bread For Bread Machine
19790 Hot Couscous Breakfast Ww
19791 Hawaiian Turkey Kebobs
19792 Honey Wheat Bread (crockpot)
19793 Island Salsa
19794 Japanese Lamb For Crockpot
19795 Kahlua Fantasy Choc. Cheesecake (meryl Pdmk38b)
19796 Korean Grilled Beef
19797 Korean Jerky
19798 Lamb-And-Sausage Couscous
19799 Lemon Party Meringue Pie
19800 Leningrad Special Buckwheat Pancakes
19801 Lobster Tabbouleh With Basil
19802 Layered Green Salad
19803 Lemon Baked Sole-Diabetic
19804 Lemon Cheesecake Bars
19805 Lemon Cream Pie (diabetic)
19806 Liver Black Beans & Snow Pea Stir Fry
19807 Low-Fat Chocolate Raspberry Cheesecake
19808 Low-Fat Healthy Chili In Crockpot
19809 Meat Ball Stew
19810 Moroccan Couscous
19811 Maple-Buttermilk Bread~ (abm)
19812 Melon Madness
19813 Meringues Aux Noix Cookies**npfn03a
19814 Mixed Fruit Salad
19815 Mock Cheesecake
19816 Mock Crab Stir Fry
19817 My 'engagement' Cheesecake *** Bgmb90b
19818 No Bake Chocolate Cookies]
19819 New England Style Baked Beans - Crockpot
19820 Onion Bread For Bread Machine
19821 Outrageously Oatmeal Bread For Bread Machine
19822 Olive Garden Capellini Primavera (light)

Sheet1

19823 Olive Garden Chocolate Chip Cookie Dough Cheesecake
19824 Oriental Stir Fry
19825 Our Favorite Italian Bread - Dtxt63a
19826 Pate In Crust 1
19827 Pizza Pleasure Bread For Bread Machine
19828 Pop Cake (jello Cake) *** Krvd70b
19829 Potato Topped Meat Loaf
19830 Pumpkin Tea Ring
19831 Palm Beach Cheesecake
19832 Pasta E Fagiole Soup For Crockpot #2
19833 Peachy Berries And 'nanas
19834 Pineapple Salsa #1
19835 Pineapple Salsa #2
19836 Prawn & Vegetable Stir Fry
19837 Pumpkin Seed Salsa
19838 Quemada Salsa
19839 Rainbow Ice Cream Cake
19840 Raisin Bread For Bread Machine
19841 Raisin Bread For Bread Machines
19842 Red Lobster Easy Cheesecake
19843 Sesame Noodles (cold)
19844 Sourdough Bread For Bread Machine
19845 Spiced Couscous
19846 Sri Lanka Dallo (Stuffed Cuttle Fish Curry)
19847 Sri Lanka Deep Fried Beef Fiiled Pasties
19848 Sri Lanka Elu Mus (mutton Curry)
19849 Sri Lanka Fish Mustard Curry
19850 Sri Lanka Hathu Curried Mushrooms
19851 Sri Lanka Kadju (curried Cashew Nuts)
19852 Sri Lanka Kaha Buth (Yellow Rice)
19853 Sri Lanka Kakuluwo (crab Curry)
19854 Sri Lanka Kukul Mas Chicken Curry
19855 Strawberry Chiffon Squares
19856 Salsa Ahogada
19857 Salsa De Jitomate
19858 Salsa De Tia' Georgia
19859 Salsa De Tomate Verde (cruda)
19860 Salsa Escabeche Para Carne (pickled Sauce For Meats)
19861 Salsa Roja
19862 Salsa Tomatillo (green Tomato Salsa)
19863 Salsa Uno
19864 Sara Lee Original Cream Cheesecake
19865 Scallops Ageganata
19866 Scallops With Spinach And Tomatoes
19867 Spiced Apple Rings
19868 Spiced Apple Rings-1
19869 Stir Fry Crab & Oriental Greens
19870 Stir Fry Rice & Beef
19871 Strawberry Apple Frost

Sheet1

19872 Supposed To Be Keg Cheesecake (non-Bake)
19873 Tangy Cranberry Bread For Bread Machine
19874 Tea Scones
19875 Thai Red Chicken Curry
19876 Thai Spicy Sausage (sai Grog)
19877 Table Salsa
19878 Tangy Sweet-And-Sour Meatballs
19879 Tomatillo Salsa
19880 Turtle Cheesecake
19881 Tutti-Frutti Punch
19882 Unicorn's Pumpkin Cheesecake
19883 Vegetarian Couscous Casserole
19884 Vermont Cottage Cheese Salad
19885 Vegetable Stir Fry
19886 Viet-Acadian Salsa
19887 White Bread For Bread Machine
19888 Won-Ton Soup
19889 Yarborough Pie
19890 Yukkae Jang Kuk (korean) Beef Stew
19891 Zucchini Quiche
19892 Acorn Meal
19893 Alabama Rice Bread
19894 All-Fruit Mincemeat
19895 Alma's Recipe For 'possum
19896 Alose à L'oseille
19897 Alsatian Chicken Stock (fond Blanc De Volaille)
19898 Alternative Sauce For Goat
19899 Appetizers At A Dinner With Trimalchio
19900 Apple Dapple
19901 Apple Filled Cookies
19902 Apple Walnut Cobbler
19903 Arkansas Poke Greens
19904 Artichoke Hearts In Cider
19905 Asparagus Soup (indiana)
19906 Autumn Cider Syrup
19907 Baked Asparagus Patties
19908 Baked Zucchini With Mushrooms
19909 Banana Ginger Chutney
19910 Barbecued Elephant Garlic
19911 Barnes Family Mincemeat
19912 Beef-Cabbage Casserole
19913 Betty's Banana Butter
19914 Bicentennial Vinegar Pie
19915 Bierocks
19916 Bisato Sull'ara [baked Eel With Bay Leaves]
19917 Black Raspberry Jelly
19918 Black Walnut Bars
19919 Black-Eyed Pea Soup
19920 Blackberry Cobbler Bread

Sheet1

19921 Boiled Peanuts
19922 Boiled Weeds
19923 Bourbon Marinated Smoked Salmon
19924 Bourbon Pecan Cake
19925 Brain Sandwiches
19926 Breakfast Sausage With Potato And Red Pepper
19927 Brie And Bacon Omelet
19928 Brined Dill Pickles
19929 Butternut Sauce
19930 Cantaloupe Butter
19931 Canyon Ranch Garlic Soup
19932 Carillon Moak's Cranberry Relish
19933 Carolina Corn Shrimp Pie
19934 Casserole Of Eels
19935 Catalan Kale Potato And Garlic Soup
19936 Cattail Pastries
19937 Cattails On The Cob
19938 Celery And Pecan Casserole
19939 Chanterelle Scramble
19940 Cheese Apple Salad
19941 Cheese Delights
19942 Cheese Soup (Ilanarkshire)
19943 Cheese-Stuffed Lamburger
19944 Cherry Conserve
19945 Cherry Upside-Down Cake
19946 Chesapeake Crab Salad
19947 Chesapeake Soft-Shell Crabs
19948 Chestnut Ice Cream
19949 Chicken Claw Dilly Beans
19950 Chicken Claw Vinegar
19951 Chicken Crackling Biscuits
19952 Chicken Feet Stew
19953 Chicken Truffles
19954 Chicken And Okra Soup
19955 Chicken And Rice Soup (Jewish Penecillin)
19956 Chicken With Pecans
19957 Chitlins A La California
19958 Chocolate Oatmeal Cookies
19959 Chocolate Potato Cake
19960 Chocolate Potato Drop Cookies
19961 Chorizo 3
19962 Christmas Eggnog French Toast
19963 Churchill Downs Sauteed Fresh Mushrooms
19964 Cider Sauce For Fish
19965 Cider Squirrels Southern Style
19966 Cinnamon Pickles
19967 Cissy And Val's Mustard Greens Mayonnaise
19968 Cissy's Bread And Butter Pickles
19969 Cissy's Mustard Greens Sauce

Sheet1

19970 Cissy's Table Relish
19971 Clam And Potato Chowder
19972 Classic Chocolate Ganache
19973 Classic Macaroni Salad
19974 Classic Potato Salad
19975 Clear Lollypops And Drops
19976 Colada Creme Dip
19977 Colonial Peanut Soup
19978 Comfrey Soup
19979 Conch Fritters
19980 Conch Stew
19981 Concord Grape Jam
19982 Conutchia (hickory Nuts)
19983 Corn Pancakes
19984 Cornmeal Hoecake
19985 Cottage Cheese Bread
19986 Crab Meat On Wild Rice
19987 Crab Norfolk
19988 Cream Of Chestnut Soup
19989 Cream Of Frogs' Legs Soup (creme Aux Grenouilles)
19990 Cream Of Onion And Cheese Soup
19991 Cream Of Scallop Soup
19992 Creamed Leeks
19993 Creamed Lettuce
19994 Creamed Mushrooms
19995 Creamed Turnip Soup
19996 Crema De Aguacate (cream Of Avocado Soup)
19997 Crisp Kraut Salad
19998 Crusty Pacific Fish
19999 Cucumber Cocktail
20000 Curbside Cat
20001 Curried Radishes
20002 Danish Red Cabbage
20003 Date And Walnut Loaf Cake
20004 Devil Wings
20005 Dhal (east Indian Lentil Gravy Sauce)
20006 Dilly Green Beans
20007 Dorothee Dahm's Potato Salad
20008 Dried Lima Beans With Sausage
20009 Dried Pea Soup
20010 Dutch Oven Stew
20011 Easiest Sausage Balls In The World
20012 Easy Dill Bread
20013 Eggplant Bundles
20014 Eggplant New Iberia
20015 Eggplant Soup
20016 Elderberry Catsup
20017 Election Cake
20018 Ensalada De Noche Buena (christmas Eve Salad)

Sheet1

20019	Farm-Fried Pies With Squash Filling
20020	Fettuccini Carbonara
20021	Fettuccini Swiss
20022	Fiesta Corn
20023	Filet Of Filly
20024	Fillet Of Fish With Zucchini Lorraine
20025	Fish Cheeks
20026	Fishballs A La Mrs. Benjamin Harrison
20027	Flaming Tangerine Sauce For Ice Cream
20028	French Fried Celery
20029	Fresh Horseradish With Beets
20030	Fresh Tangerine Marmalade
20031	Fried Conch
20032	Fried Corn
20033	Fried Melt
20034	Fried Smelt
20035	Fried Watermelon Rinds
20036	Frijoles De Olla (beans From The Pot)
20037	Fruit Cake In Candied Grapefruit Shells
20038	Fruit Dumplings
20039	Fungo Dolce (hazelnut And Rice Macaroons)
20040	George Washington's Fried Eggplant
20042	Golden Soup
20043	Gooseberry Chutney
20044	Gooseberry And Pineapple Conserve
20045	Gooseberry-Bergamot Jelly
20046	Grandma's Artichoke Pickle
20047	Granny's Cornbread
20048	Grape Pie
20049	Grape Skin Pie
20050	Great-Grandmother Lillie's Turnip Soup
20051	Green Onion Pie
20052	Grillades For Brunch
20053	Hammelsuppe (mutton Soup)
20054	Heartnut Sausage
20055	Heirloom Succotash
20056	Hellman's Mayonnaise Potato Salad
20057	Herbed Deviled Eggs
20058	Heritage Bean & Wild Mushroom Salsa
20059	Heritage Farm Butternut Squash Soup
20060	Heritage Farm Potato Pancakes
20061	Hominy Bread
20062	Hoosier Blackberry Pie Filling
20063	Hoosier Sausage Gravy
20064	Horseradish-Encrusted Salmon
20065	Hot Damn Green Sauce
20066	Hot Tamales (southern Style)
20067	Hotch Potch
20070	Impossible Cheeseburger Pie For Nudists

Sheet1

20071 Indiana Fortune Cookies
20072 Indiana Sugar Cream Pie
20073 Indy Joes
20074 Italian Cabbage And Sausages
20075 Jerusalem Artichoke Relish
20076 Jerusalem Artichokes With Bananas
20077 Joan Basson's Mother's Pie Crust
20078 John Hartman's Indianapolis Baked Beans
20079 John's Watermelon Surprise
20080 Juletide Cranberry Bread
20081 Julie's Mango Chutney
20082 Kale And Sausage (stampot Van Boerenkool Met Worst)
20083 Key West Conch Chowder
20084 Kidney Pie
20085 Kosher Dill Tomatoes
20086 Krot (pork Rind) Cookies
20087 L.a. Slaw
20088 Lazy Or "dump" Cobbler
20089 Lesem's Green Tomato Jam
20090 Liz Yehling's Potato Pancakes
20091 Lobster Cocktail
20092 Lower Valley Carnitas
20093 Make Your Own Crackers
20094 Manera De Hacer Un Buen Caldo
20095 Marilyn Spurgeon's Persimmon Pudding
20096 Marion Grace's Smothered Cabbage
20097 Maryland Biscuits
20098 Maryland Clams Casino
20099 Maryland Fried Chicken And Cream Gravy
20100 Mashed Maple Sweet Potatoes
20101 Mashed Potato Salad
20102 Massachusetts Cider Soup
20103 Meat-Filled Pancake (gevulde Pannekoek)
20104 Mensa Methane Chili
20105 Midnight Brownies
20106 Mildred Tichenor's Mother's Turkey Stuffing
20107 Mincemeat Drop Cookies
20108 Mock Oyster Dip
20109 Mom's Vegetable Soup
20110 Mountain Man Breakfast
20111 Mulberry Jam
20112 Mushroom & Sun-Dried Tomato Pizza
20113 Mushroom Pie
20114 Mushroom Sandwiches
20115 Mushroom Sausage Pie
20116 Mustard Dip Sauce
20117 Mustard Green Soup
20118 Mustard And Turnip Greens
20119 Naturist's Pumpkin Custard

Sheet1

20120	Ndiwo Za Mpiru Wotendera (mustard Greens W/ Peanut Sauce)
20121	Nettle Champ
20122	New Harmony Spread
20123	New Zealand Apple Coleslaw
20124	Normandy Sweetbreads
20125	Nut Hash
20126	Ohio Pork Cake
20127	Oklahoma Sand Plum Jelly
20128	Oklahoma-Style Fried Cucumbers
20129	Okra Croquettes
20130	Old Time Buckwheat Cakes
20131	Old-Fashioned Pork Cake
20132	Old-Style Clam Chowder
20133	One Bowl Applesauce Cake
20134	Oven-Baked Chicken With Garlic And Parmagiano Cheese
20135	Oven-Crisped Potato Skins With Bacon Onion & Sour Cream
20136	Oyster Sausage
20137	Oyster And Sweetbread
20138	Oysters Annapolis
20139	Pan Gravy For Roast Poultry
20140	Papasas
20141	Parmesan Rabbit
20142	Pastel De Cholo
20143	Paw Paw Pie
20144	Pawpaw Ice Cream
20145	Peach Almond Jam
20146	Peanut Butter Bisque
20147	Pease Soup
20148	Peppery Pear Relish
20149	Persimmon Fudge
20150	Persimmon Ice Cream
20151	Persimmon Jam
20152	Pickled Hot Peppers Or Bell Peppers
20153	Pigeon Or Squab Pie
20154	Pimiento-Corn Soup
20155	Plutzki
20156	Plátanos Dulces
20157	Poke Sallet
20158	Poke Sallet With Bacon
20159	Polichinke
20160	Polpette (meatballs)
20161	Posole Salad Soup
20162	Possum Pot Pie
20163	Possum And Taters
20164	Potato Baked Chicken
20165	Potato Gratin With Parmesan Cheese
20166	Potato Sausage (potet Polska)
20167	Potato Skins With Mushroom Filling
20168	Potato Soup (historic)

Sheet1

20169 Potato And Leek Soup With Stilton
20170 Potatoes In Cream
20171 Poultry Stock
20172 Prune And Apple Stuffing For Duck Or Goose
20173 Pulled Pork And Sage Spread
20174 Pumpkin Corn Cakes
20175 Pumpkin Cornbread
20176 Rabbit 'n Gravy
20177 Rabbit A La Danielle
20178 Raisin Cream Fudge
20179 Raisin Kidney Beans
20180 Raisin Nut Pie
20181 Rat Coffins (new Zealand Pasties)
20182 Red Cabbage And Pears (chou Rouge A La Franc-Comtoise)
20183 Rhubarb-Onion Relish
20184 Rimote
20185 Rio's Curry Goat
20186 Roast Passenger Pigeons
20187 Roast Pork Stuffed With Apples And Prunes
20188 Roast Pork And Kraut
20189 Roast Or Fried Dumplings With Fresh Sage
20190 Roasted Garlic Puree
20191 Rocky Mountain Oysters (nuts To You!)
20192 Rum-Glazed Sweet Potato Pudding
20193 Sandi Bowman's Egg Noodles
20194 Sassafras Jelly
20195 Sauce Crô-Magnon
20196 Sauce Perigueux
20197 Sausage Cheese Squares
20198 Seafood Court Bouillon
20199 Shrimp Maurice With Pomegranate Salsa
20200 Shrimp Pie
20201 Smoked Mullet Spread
20202 Smoked Sausage Soup With Potatoes And Greens
20203 Smothered Eggplant With Shrimp
20204 Snow Eggs
20205 Soft-Shelled Cicadas
20206 Sos (you Know What On A Shingle)
20207 Soulmate Melange
20208 South African Bread
20209 Southern Fried Corn
20210 Speedway Spicy Garlic Dill Pickles
20211 Spiced Persimmon Butter
20212 Spicy Stuffed Okra
20213 Spinach-Artichoke-Oyster Casserole
20214 Squirrel Succotash
20215 State Fair Malt Shop Pie
20216 Steamed Blue Crabs
20217 Steamed Clams Chesapeake

Sheet1

20218	Stewed Prunes
20219	Strawberry-Rhubarb Jam
20220	Stuffed Hog Maw
20221	Stuffed Morels
20222	Sue Rosenberg's Salmon Loaf
20223	Surprise Antichili*
20224	Sweetbreads And Turnip Greens With Tomato-Lime Sauce
20225	Swiss Double Bake
20226	Swiss Meat Loaf
20227	Tangelo Blossom Desserts
20228	Tangerine Butter
20229	Tangerine Cream Pudding
20230	Tangy Bavarian Pie
20231	Tangy Fish Sauce
20232	Tansy Omelette
20233	Thanksgiving Fruitcake
20234	The Classic Blt Sandwich
20235	Tomato Basil Preserves
20236	Tomato Conserve (tomato Relish Or Preserves)
20237	Tortellini In Mushroom Broth
20238	Travellin' Meat
20239	Turkey Scaloppine With Bordeaux Sauce
20240	Turnip Greens And Cornmeal Dumplings
20241	Turnip Slaw
20242	Twinkie Casserole
20243	U P Pasties
20244	Unitarian Chicken And Rice Casserole
20245	Us Navy Minced Beef On Toast For 10 Servings
20246	Us Navy Minced Beef On Toast For 100 Servings
20247	Valparaiso Nuts & Bolts
20248	Venison Roast With Cranberries
20249	Violet Vinegar
20250	Walnut Catsup
20251	Watermelon Jam
20252	Watermelon Pickles
20254	Whipped Potatoes With Wild Mushrooms
20255	Whoppers (r) Candy Malt Shoppe Pie
20256	Whoppers (r) Candy Milkshake
20257	Wild Duck Soup
20258	Wild Raspberry Cake
20259	Wild Rice Cakes
20260	Wild Rice With Morels
20261	Zucchini Cheese Pudding
20262	Zucchini-Cress Soup
20263	Departed Creamed Fish
20264	"Meatball" Sub
20265	Moose Balls
20266	'roasted' Salmon With Wine Sauce
20268	Pennsylvania Dutch Corn-Chicken Soup

Sheet1

20269	Fruit Jewels	
20270	Billerica Haystacks	
20271	People's Puppy Chow	
20272	Potato Pom-Poms	
20273	Chicken Foot Stew	
20275	Fried Oyster Candy	
20276	A Grete Pye	
20277	A Roste - Beef Roast With Crisps (Medieval)	
20278	Asparagus Chicken*	
20279	About Boning Fowl	
20280	About Cooking Wild Ducks #2	
20281	Afghan Chicken Kebobs	
20282	After-School Mix	
20283	Alder Cone Smoked Grouse With Fern Root Glaze & Salal Sau	
20284	Almond Granola Bars	
20285	Almond Roca	
20286	Aloha Chicken	
20287	Amish Dressing	
20288	Amondyn Eyroun - Almond Omelette	Medieval
20289	Anchor Bar Buffalo Wings	
20290	Ants In The Sand	
20291	Apple Granola Bars	
20292	Apple Soy Marinade	
20293	Apple And Carrot Cake	
20294	Apple And Cheese Pleasers	
20295	Asian Fish Sauce Substitute	
20296	Ayam Goreng.	
20297	Baby Bananas	
20298	Baby Vegies	
20299	Baked Chicken Drumettes	
20300	Baked Country Chicken	
20301	Baked Drumsticks With Potatoes	
20302	Baked Herberd Chicken	
20303	Baked Sandwiches	
20304	Baked Turkey-Ham Hash	
20305	Baked Yogurt Chicken	
20306	Banana Orange Frost	
20307	Banbury Cakes	
20308	Bar Nuts	
20309	Barbecued Ostrich (la Times)	
20310	Barbequed Chicken Appetizers	
20311	Basic Baked Apple	
20312	Basturma (georgian Pomegranate Marinated Grilled Lamb)	
20313	Beef Jerky #1	
20314	Beef Jerky #4	
20315	Beef Jerky #5	
20316	Beef Steaks	England 15th Century
20317	Beef Tremblant - England 1747	
20318	Beer Roast Sandwiches	

Sheet1

20319 Berbere Marinade
20320 Berry Leather And Chips
20321 Big Buy Double Decker Hamburger
20322 Big Game Marinade
20323 Big Match Attach
20324 Big Soft Pretzels
20325 Bigger Bananas
20326 Bite-Size Pepperoni Pizza
20327 Blackberry Blackheads
20328 Blazing Barbecue Sauce
20329 Bleu Cheese Turkey Pasta
20330 Blueberry French Toast Sandwiches
20331 Boil Water In A Paper Cup (or Kindling Points)
20332 Boogers On A Stick
20333 Borden Cracker Jack
20334 Bourbon Marinade
20335 Brain Cell Salad
20336 Braised Fish England 15th Century
20337 Brie Cheese With Honey And Mustard Medieva
20338 Brine For Roasted Chicken
20339 Broiled Chicken Wings
20340 Broiled Venison
20341 Brunch Pizza
20342 Brunswick Stew I
20343 Brunswick Stew li
20344 Bruschetta Romana Piccante (spicy Roman Bruschetta)
20345 Bubble Solution
20346 Bugs On A Log
20347 Buknade (a Pottage)
20348 Butchered Snake Bits With Barbecue Sauce^
20349 Butter Mints
20350 Buttermilk Chicken-Fried Chicken
20351 Cabbage Chowder
20352 Cafe Cappuccino--International Coffees
20353 Cafe Vienna--International Coffees
20354 Cajun Chicken Wings
20355 Caldo Gallego Soup
20356 Calzone Recipes
20357 Cannoli For Kids
20358 Cantina Chicken
20359 Caramel Cereal Mix
20360 Carmelized Pecans
20361 Carolyn's Chicken A La Crock Pot
20362 Cascabel Chile And Honey Glaze
20363 Cat Litter Casserole
20364 Cat's Eyes
20365 Caudele Almaunde - A Nut Dish Served As A Vegetable (dres
20366 Cauliflower-Stuffed Pooris With Sweet And Sour Sauce
20367 Cheddary Artichoke Snacks

Sheet1

20368 Cheerios Treats
20369 Cheese Bruschetta
20370 Cheese And Carrot Corps
20371 Cheese And Fruitwich
20372 Cheesy Barbecue Popcorn
20373 Chewy Fruit Balls
20374 Chex & Chocolate Party Mix
20375 Chex Party Mix
20376 Chicken & Bbq Sauce
20377 Chicken Barley Soup (low Cal)
20378 Chicken Breast Stroganoff
20379 Chicken Breast In Champagne
20380 Chicken Breasts W/ Poblanos Mushrooms & Cream
20381 Chicken Cheese Soup
20382 Chicken Fingers W/dipping Sauce
20383 Chicken Giblet Vegetable Soup
20384 Chicken Gorky
20385 Chicken Manicotti With Chive Cream Sauce
20386 Chicken Okra Gumbo
20387 Chicken Oscar
20388 Chicken Pox Pancakes
20389 Chicken Rosemary
20390 Chicken Salad Sandwiches
20391 Chicken Stock - Fgci
20392 Chicken And Almond Mould England 1378
20393 Chicken And Barley Salad
20394 Chicken And Herb Dumplings - Crockpot
20395 Chicken And Rosemary Dumplings
20396 Chicken On Cornbread
20397 Chicken With Heart
20398 Chicken With Lemon And Mustard
20399 Chicken With Turnips And Dried Cherries
20400 Chicken-Rice Soup
20401 Chicken-Shrimp Cubes
20402 Children's Fun Stuff
20403 Children's Play Dough
20404 Chile Oil
20405 Chile Roasted Pecans
20406 Chilled Smoked Turkey Burrito
20407 Chocolate Almond Coffee-Grounds
20408 Chocolate Chippers
20409 Chocolate Peanuts
20410 Chocolate Ranch Pudding
20411 Chocolate Snack Blocks
20412 Chunky Cat Barf
20413 Cinnamon Candy Popcorn
20414 Cinnamon-Graham Crackers
20415 Citrus Ice
20416 Citrus And Sherry Marinade

Sheet1

20417	Cobages - Cabbage And Almond Soup	Medieva
20418	Constant Comment Tea	
20419	Corn Cob Maple Syrup	
20420	Cornish Hen Stuffed With Fruited Cornbread	
20421	Cornmeal Chips	
20422	Cornmeal Dough For Kids	
20423	Cossack Chicken & Mushrooms	
20424	Cottage Cheese-Vegetables Dunk	
20425	Crab Hors D'oeuvres	
20426	Crab And Salmon Mould - England 15th Century	
20427	Crabby Lunch	
20428	Cracked Pepper Crackers	
20429	Craft Dough Holiday Creations	
20430	Crafts For Kids With Food	
20431	Cream Cheese And	
20432	Cream Cheese Cupcakes	
20433	Creamy Pizza Fondue	
20434	Creepy Jigglers	
20435	Crisp Baked Chicken	
20436	Crispix Mexican Mix	
20437	Crispix Mix Sweet Minglers	
20438	Crispy Caterpillar Cocoons	
20439	Crispy Cereal Cookies	
20440	Critters In The Hay	
20441	Crock Pot Chicken Cacciatore	
20442	Crock Pot Turkey+	
20443	Crockpot Cafe Chicken	
20444	Crockpot Chicken & Rice	
20445	Crockpot Italian Chicken Dinner	
20446	Crockpot Quail	
20447	Crostini Ai Pepperoni Arrostiti (crostini With Sweet Pepp	
20448	Crostini Di Polenta Alla Pizzaiola (polenta & Tomato Sauc	
20449	Crunchy Bananas	
20450	Crunchy Cereal Bar	
20451	Crunchy Granola	
20452	Crunchy Italian Mix	
20453	Curried Turkey Soup	
20454	Curried Turkey On Rice	
20455	Dabo Kolo (crunchy Spice Bites)	
20456	Dagwood Bumstead Sandwich	
20457	Dancing Spaghetti	
20458	Dandelion Popcorn	
20459	Dave's Rich & Meaty Chili From Wendy's	
20460	Day Old Bathwater	
20461	Dead Sea Soup	
20462	Decorated Meatballs	
20463	Deep-Fried Tofu With Peanut Sauce	
20464	Deviled Mice	
20465	Deviled Nuts	

Sheet1

20466 Diana's Mexican Style Chicken
20467 Diaper Dump Porridge
20468 Dizzy Ham Wheels
20469 Dnepro Chicken Stew
20470 Do It Yourself Play-Doh
20471 Do-It-Yourself "goofy Putty" By Steven Spangler
20472 Do-It-Yourself "slime" By Steven Spangler
20473 Dough Art
20474 Down Home Southern Mustard & Bourbon Marinade & Basting
20475 Dried Cornmeal Sourdough Starter No Yeast
20476 Drums Of Heaven B1
20477 Dryer Lint Clay
20478 Dukkah (egyptian Spice Condiment)
20479 Dutch Dandruff
20480 Easiest Crock Pot Chicken
20481 Easy Caramel Popcorn
20482 Easy Chicken And Dumplings - Crockpot
20483 Easy Lo Cal Fruit Ices
20484 Easy Microwave Brownies
20485 Edible Play Dough 1
20486 Edible Play Dough li
20487 Edy's Soft Pretzels
20488 Eel In Herb Sauce England 1378
20489 Eerie Witch's Brew
20490 Egg Salad Sandwich
20491 Eggs In Pastry Cases - England 14th Century
20492 English Crumpets (bakestone Recipes)
20493 English Tea Almonds
20494 Fabric Softener Smoothie
20495 Face Painting
20496 Family Dinner Chicken Soup
20497 Fantastic Bubbles
20498 Festive Tea Sandwiches
20499 Fireside Coffee Mix--Flavored Coffee Creamer
20500 Fish Marinade - England 1378
20501 Fish Stock Substitute
20502 Fish And Chicken Batter
20503 Fish In The River
20504 Five Spice Powder Substitute
20505 Flat Cat Cookies
20506 Focaccia Pugliese (focaccia From Puglia)
20507 Focaccia Rustica (country Focaccia With Red Pepper Toppin
20508 Frango Wannabees
20509 Freckle Faced Bears
20510 Fried Chicken Wings
20511 Frozen Bananas
20512 Fruit Juice Combo Malts
20513 Fruit Sandwich
20514 Fruit Shakes

Sheet1

20515 Fruity Chews
20516 Golden Toffee Sauce****fjvs25a
20517 Galantine Of Turkey
20518 Garden Soup
20519 Ghana Jollof Rice
20520 Ghost Cake With Flaming Eyes
20521 Gilded Marchpane (scottish Elizabethan)
20522 Ginger-Soy Marinade
20523 Goalpost Crunch
20524 Golden Chicken Chili
20525 Goose With Sauce Madame
20526 Grandma Hoffman's Tomatoe Catsup
20527 Great Chili Chicken
20528 Green Grassy Cow Patties
20529 Grete Pye
20530 Grill Chicken With Havana Sauce
20531 Grilled Cheese Gobblers
20532 Grilled Chicken Ribbons
20533 Grilled Marinated Seafood
20534 Grilled Orange Chicken Skewers W/ Cranberry Plum Sauce
20535 Grilled Salmon & Marinade
20536 Grilled Shrimp & Marinade
20537 Ground Beef Barbecue
20538 Gum Drops
20539 Gummi Worm Cake
20540 Gyros (for Two)
20541 Haddock In Tasty Sauce
20542 Hairball Salad With Saliva Dressing
20543 Halloween Meatloaf Mice
20544 Ham And Cheese Animals
20545 Hamburger Cookies
20546 Hawaiian Turkey Salad
20547 Hawaiian Turkey Skillet Meal
20548 Herb And Flower Salad (scottish Medieval)
20549 Hickory Bbq Sauce
20550 Holiday Play Clay
20551 Holiday Wreaths *
20552 Homemade Gyros
20553 Homemade Maggot Stew
20554 Homemade Red Chili Potato Chips
20555 Honey Of A Turkey Sandwich
20556 Honey-Glazed Turkey For Smoker
20557 Honey-Lime Wings
20558 Honey-Spiced Chicken And Onions
20559 Hot & Spicy Chex (r) Party Mix - Conventional Version
20560 Hot & Spicy Chex (r) Party Mix - Microwave Version
20561 Hot 'n Spicy Party Mix
20562 Hot Corn Beef Sandwiches
20563 Hungarian Almonds

Sheet1

20564	Hunter's Chicken With Wild Rice	
20565	Hypothetical Tso	
20566	Ice Cream Cone Cupcakes	
20567	Infectious Fluid Frappe	
20568	Infused Oil For Grilling Fish	
20569	Irish Coffee Mix--Flavored Coffee Creamer	
20570	Italian Herb Seasoning	
20571	Italian Village Chicken Vesuvio	
20572	Jack-O'-Lantern Pie	
20573	Jeff's Georgia Style Cheese Sticks	
20574	Jello Aquarium Recipe	
20575	Jello Skating Pond Recipe	
20576	Jerk Paste	
20577	Jewelry Clay For Kids	
20578	Jicama Turkey Salad	
20579	Jowtes With Almond Milk	
20580	Joy's Quick Cracker Snacks	
20581	Jugged Hare (rabbit)	England 1783
20582	Jumbles Or Knot Biscuits	(scottish Elizabethan)
20583	Kabibbles	
20584	Kids Snackin' Corn	
20585	Kong's Pizza Cookie	
20586	Kosher Pickles	
20587	Lasagne Layered With Cheese	
20588	Leekes - Leeks With Walnuts	Medieva
20589	Lemon Pepper Marinade	
20590	Lemon Soy Marinade	
20591	Lemony Chicken Salad	
20592	Leprechaun's Shake	
20593	Lime Soup.	
20594	Liposuctioned Lard	
20595	Little Reubens	
20596	Lizard Skins	
20597	Lo Cal Orange Freeze	
20598	Lobster Boats	
20599	Lobster And Rice	Henry IV's Coronation Feast 139
20600	Long John Silver's Fish Batter	
20601	Low-Fat Blanquette Of Chicken	
20602	Low-Fat Citrus Cooler Bars	
20603	Low-Fat Country Sausage Patties	
20604	Low-Fat Glazed Chicken In Crockpot	
20605	Luce Wafers - A Delicate Fish Cake	Medieval
20606	Maggotini Alfredo	
20607	Magic Mud	
20608	Majkrem Leves (cream Of Liver Soup)	
20609	Manchet Bread	England 14th Century
20610	Maple Popcorn	
20611	Maple Dijon Glazed Chicken	
20612	Marinated Beef Province Style	

Sheet1

20613 Marinated Flank Steak (mainbeef - 1)
20614 Marinated Salmon Steaks
20615 Mawmenye - Lentils And Lamb Medieva
20616 Meatball Grinders
20617 Meghan's Soft Pretzels
20618 Mexican Jalapeno Chicken With Brazilian Black Bean Salad
20619 Mexican Seasonings Mix
20620 Microwave Carmel Popcorn
20621 Microwave Finger Paint
20622 Microwave Play Dough
20623 Microwave Poppycock
20624 Milwaukee Sweet-Tart Supper
20625 Minute Rice Pudding
20626 Mocha Coffee Mix
20627 Mock Almond Roca
20628 Modeling Dough
20629 Modeling Goop
20630 Monster Toast
20631 Moroccan Chicken Stew
20632 Mrs Goddard's Prawn And Parsley Rolls
20633 Murr-Barn Salsa
20634 My First Applesauce
20635 New York New York's Chicken Francaise
20636 Nacho Flavor Crispix Mix
20637 Natural Egg Easter Dyes
20638 Nose Blow Burritos
20639 Nut And Bolts
20640 Nutty Banana Pops
20641 Octopus Dogs
20642 Ok Corral Salad
20643 Old Fashioned Chicken Pie With Biscuits For Fifty
20644 Old World Chicken
20645 Old-Fashioned Pawtucket Chicken Chowder
20646 Old-Time Popcorn Balls
20647 Olympic Almost Fat-Free Seasoned Snack Mix
20648 Olympic Cheese Ball
20649 Olympic Spinach Dip
20650 Onion Soup With Almonds England 15th Century
20651 Onion And Chives Crispix Mix
20652 Orange Frosty
20653 Orange Ice Cream Pops
20654 Orange Worms
20655 Orange-Ooze Cupcakes
20656 Original Chex (r) Party Mix - Microwave Version
20657 Original Crispix Mix
20658 P. B. Snax
20659 Poppyseed Chicken
20660 Panckoecken (medieval Dutch Pancakes)
20661 Parmesan-Sesame Sticks

Sheet1

20662 Party Popcorn
20663 Pashtet Iz Pachonki
20664 Pathology Pound Cake
20665 Peanut Butter Applesauce Dip
20666 Peanut Butter Brownies
20667 Peanut Butter Popcorn
20668 Peanut Butter Snack
20669 Peanuttty Cheddar Spread
20670 Pear Puree
20671 Penicillin Pizza
20672 Penne With Leeks And Chicken
20673 People Chow
20674 Philly Soft Pretzels
20675 Pickled Garlic Buds
20676 Pike In Galentyne
20677 Pineapple Beef Marinade
20678 Pineapple-Peach Frappe'
20679 Pit Barbeque Sauce
20680 Pizza Cups From Brigitte Sealing
20681 Pizza Flavor Crispix Mix
20682 Pizzazz Mix
20683 Play Dough
20684 Play Dough 2
20685 Playce Ysod - Poached Plaice With Mustard Sauce Medieval
20686 Poached Chicken Plus Stock+
20687 Poached Partridges England 15th Century
20688 Polenta Toscana (tuscan Polenta)
20689 Pomodori Sott'olio (marinated Sun-Dried Tomato Topping)
20690 Popcorn Drops
20691 Popcorn Snacks
20692 Popeye Pesto
20693 Popeye's Famous Fried Chicken
20694 Pork Roast With Spiced Wine
20695 Poulet Roti (french Roast Chicken)
20696 Poulet A La Dauphinoise (chicken In The Dauphine Style)
20697 Pretzels Kiev-Style "kievian Verguny"
20698 Prudhomme's Lemon Dill Chicken
20699 Pudding Fudgesicles
20700 Puked Up Potatoes
20701 Pumpernickel Pus Lumps
20702 Pumpkin Leather Roll Ups
20703 Pumpkin Pie Spice
20704 Pumpkin Punch
20705 Pure Di Olive Nere Liguriane (spicy Ligurian "caviar")
20706 Queasy Quail Eggs
20707 Quick And Tasty Chicken Soup
20708 Rabbit (or Chicken) Jambalaya
20709 Ralph's Retch
20710 Ranch Style Popcorn

Sheet1

20711 Red And White Gingerbread (scottish Medieval)
20712 Reese Peanut Butter Bars
20713 Rice Krispies Marshmallow Squares With Variations
20714 Roasted Pumpkin Seeds
20715 Roasted Pumpkin Seeds - Ba 10/84
20716 Roasted Pumpkin Or Squash Seeds
20717 Rock Candy For Kids
20718 Rocky Road Peanut Butter Squares
20719 Rolled And Grilled Dove Breast Appetizers
20720 Roma Party Mix
20721 Rotisserie Chick
20722 Round Teething Biscuits
20723 Rudolph The Reindeer
20724 S'mores Bars
20725 S'mores Bears
20726 Saffron Bread England 15th Century
20727 Sailboats And Canoes
20728 Salted Pumpkin Seeds
20729 Salty Oil-Free Popcorn - Joann Rachor
20730 Sate Babi - Pork Satay
20731 Sate Bumbu Dendeng - Coconut-Cream Marinated Dog On Skewer
20732 Sate Manis - Sweet Satay
20733 Saturday Night In The Prime Of Life
20734 Sauce For Barbeque Chicken
20735 Sausage And Cheese Balls
20736 Savory Popcorn
20737 Scalloped Turkey & Cauliflower
20738 Schiacciata Con Noci (cornmeal Flatbread With Walnuts)
20739 Sesame Curried Walnuts
20740 Sewer Soda
20741 Shrimper Creole
20742 Shrimper Creole (for A Crowd)
20743 Simple Pimples
20744 Sizzling Chicken Skewers
20745 Skewer Grilled Chicken
20746 Ski Day Chicken Casserole
20747 Skillet Chicken Paella
20748 Slab O Scabs
20749 Smoked Beef Brisket - Melinda Lee
20750 Smoked Oyster Spread
20751 Smoked Turkey And Cavatelli Salad
20752 Smooth And/or Chunky Applesauce
20753 Snack Mixes
20754 Snackmaster Fillings
20755 Snackmaster Twinkles
20756 Snouts And Beans
20757 Soap Crayons
20758 Soda Crackers
20759 Soynuts

Sheet1

20760	Spiced Fish	England 1378
20761	Spiced Mussel And Leek Broth (medieval Scottish)	
20762	Spiced Red Wine (scottish Medieval)	
20763	Spicy Baked Chicken	
20764	Spicy Chicken Nuggets	
20765	Spicy Marinade For Shrimp	
20766	Spicy Vinegar Marinade	
20767	Spit-Wad Sandwiches	
20768	Split Pea Soup With Beans And Onions	15th Century
20769	Steak Sandwiches	
20770	Steamed Lemongrass Chicken	
20771	Stewed Beef	England 15th Century
20772	Sticky Barbequed Wings	
20773	Stir-Fried Chicken With Ground Peanuts	
20774	Strawberry 'sicles	
20775	Strawberry Ice Lo Cal	
20776	Strawberry Yogurt Cooler	
20777	Stuffed Avocado	
20778	Substitute Baked Dough	
20779	Summer Chicken	
20780	Sweet Couscous With Nuts And Dates	
20781	Sweet Thrill Bars	
20782	Sweet And Salty Snack Mix	
20783	Sweet And Sour Chicken Wings	
20784	Swiss & Beef Melts	
20785	Swmbo's Super-Succulent Super-Secret Basting Sauce	
20786	Sy's Crazy Crunch	
20787	Tabasco Classic - Peppered Pecans	
20788	Taco Shells	
20789	Taffy Apple Pizza	
20790	Tandy Takes Cake	
20791	Tangerine Hens*	
20792	Tapaka (armenian Fried Chicken)	
20793	Tart Of Pickled Fish - England 1378	
20794	Tasty Taco Chicken Grill	
20795	Teddy Bear Carousel	
20796	Teething Biscuits	
20797	Tempeh Reuben	
20798	Tequila Sunrise Chicken Fajita Burrito	
20799	Terrye Newkirks: Real Tortilla Chips	
20800	Tex-Mex Crispix Mix	
20801	Thai Soup For Marty	
20802	The Philly Cheese Steak Sandwich	
20803	Thomas C. Parvis' Sunshine Chicken	
20804	Threadgill's Fried Chicken Livers	
20805	Tic-Tac-Taco Mix	
20806	Toasted Pita Chips	
20807	Toasted Pumpkin Seeds	
20808	Toasted Tongues	

Sheet1

20809 Tomato Hornworm Wipeouts
20810 Tornado In A Jar
20811 Tortured Tomatoes With Bird Dropping Dressing
20812 Trail Mix
20813 Tuna Fish And
20814 Turducken - Part 1
20815 Turducken - Part 2: Boning The Birds
20816 Turducken - Part 3: Assembling The Turducken
20817 Turkey Cutlets With Marsala Wine Sauce
20818 Turkey Enchiladas In An Electric Skillet
20819 Turkey Frittata
20820 Turkey Gumbo
20821 Turkey Hash
20822 Turkey Loaf
20823 Turkey Meatballs With Honey Mustard Sauce
20824 Turkey Noodle Soup
20825 Turkey Sloppy Joes
20826 Turkey-Tortilla Pizza
20827 Uncle Zach's Cheddar Triscuit Squares
20828 Unsalted Pumpkin Seeds
20829 Variety Pack Popsicles
20830 Vegetable Marinade
20831 Veggie Vomit
20832 Viennese Coffee Mix
20833 Virginia City Ribs
20834 Virginian Brunswick Stew
20835 Volcano
20836 Wagons
20837 Walnut Paste
20838 Walnut-Raisin Baked Apples
20839 Wednesday's Hot & Juicy Hamburgers
20840 Wet Marinade/beef
20841 White Bean Chilli
20842 White Bean Soup - England 14th Century
20843 White Castle Hamburgers - Sliders
20844 White-Cut Chicken Breasts (ck)
20845 Whitehouse Chicken Coleslaw
20846 Whole-Wheat Granola
20847 Why Be Normal Burger
20848 Wild Duck And Barley Soup With Hoisin Sauce
20849 Wild Rice Chicken Casserole
20850 Wild Rice-Pine Nut Stuffing
20851 Wine Marinade For Steaks
20852 Worm Burgers
20853 Yellow Hell (mango Marinade)
20854 Yogurt Shake
20855 Zhul'yen Kurinyi V Kokotnitsakh
20856 Vegetable Tortellini Soup
20857 100% Whole Wheat Pasta

Sheet1

20858 A Different Rice Salad
20859 Asparagus With Bacon
20860 Abc's Of Vegetables
20861 About Roasted Garlic
20862 Acorn Squash Puppies - Sl 11/94
20863 Acorn Squash With Cranberry Sauce
20864 Acquasale (sweet Pepper Sauce)
20865 Afghanistan Curry Pasta
20866 Agliata Per Pasta (garlic & Walnut Sauce For Pasta)
20867 Alan Alda's Che-Cha
20868 Almond -- Poppy Seed Scones
20869 Almond Rice
20870 Almost Sausage Patties
20871 Almost Sausage Patties (randall Chrisman)
20872 Amaranth Barley Pasta
20873 Amaranth Corn Pasta
20874 Amaranth Pasta
20875 American Country Farm Style Sausage (predika - 1)
20876 American Farm Style Sausage (predika - 2)
20877 American Pork Sausage
20878 Ancient Grain Pasta
20879 Andouille #2
20880 Andouille Sausage Homemade
20881 Angel Hair Pasta Withfresh Tomato & Basil Sauce
20882 Anise Pasta
20883 Apache Acorn Ravioli In Clear Broth
20884 Apple & Sweet Potato Casserole With Leek-Country Living H
20885 Apple & Sweet Potatoes
20886 Apple Amaranth Pasta
20887 Apricot Carrots
20888 Artichokes & Green Beans
20889 Asparagus & Artichoke Heart Pasta Chez Panisse
20890 Asparagus & Pimento
20891 Asparagus Salad With Pecans
20892 Asparagus And Pimento
20893 Asparagus With Red Pepper Sauce
20894 Aunt Sadie's Brisket Of Beef
20895 Avocado Sauce For Pasta
20896 Baked "french Fries"
20897 Baked Beans With Beef
20898 Baked Cabbage With Tomatoes
20899 Baked Gratin Of Scarlet Runner Beans
20900 Baked Macaroni And Cheese
20901 Baked Parmesan Cottage Potatoes
20902 Baked Pasta With Zucchini And Mozzarella
20903 Baked Potato Patties
20904 Baked Potatoes Stuffed
20905 Baked Stuffed Eggs
20906 Baked Stuffed Onions - Sl 6/83

Sheet1

20907 Baked Sweet 'n Sour Brussels Sprouts
20908 Baked Sweet Potato Fries
20909 Barbara Kafka's Firm Polenta
20910 Barbara Kafka's Soft Polenta
20911 Barbecued Beef Jerky
20912 Barbecued Beef Jerky #6
20913 Barley Pasta
20914 Barley Pilaf
20915 Basic Free Green Salad
20916 Basic Semolina Pasta - No Egg
20917 Basic Semolina Pasta - No Oil
20918 Basic Semolina Pasta
20919 Basil Carrots
20920 Basil Parmesan Pasta
20921 Basil Pasta With Tomatoes And Feta
20922 Basil-Mint-Orange Pesto
20923 Bazaar Potatoes
20924 Bean Sprouts & Green Onions
20925 Bean And Pasta Salad
20926 Beef - Stuffed Squash - SI 6/83
20927 Beef Jerky #2
20928 Beef Jerky #3
20929 Beef Lo Mien (ck)
20930 Beef Salami (randy Rigg)
20931 Beef Or Venison Jerky
20932 Beer Salami
20933 Beer-Batter Onion Rings
20934 Beet Greens Francais
20935 Beet Pesto
20936 Beets Stewed In Sour Cream
20937 Bell Pepper Salad
20938 Bhindi (okra) Curry
20939 Bhindi (okra) With Coconut - Cic
20940 Bockwurst
20941 Bolivian Baked Corn - Fc
20942 Bologna Sausage I
20943 Bologna Sausage Ii
20944 Bologna Sausage Iii
20945 Bologna Sausage Iv
20946 Border Pesto
20947 Borshcht #001
20948 Botvinia <cold Green Vegetable Soup W/ Fish>
20949 Bourbon Glazed Ham
20950 Bow-Tie Gratin With Radicchio And Mushrooms
20951 Braided Sweet Potato Bread
20952 Braised Endive
20953 Braised Greens With Vinegar & Sesame Seeds
20954 Bran Muffins 3
20955 Brandied Cranberries - SI 11/86

Sheet1

20956 Brandied Yams - SI 11/94
20957 Breakfast Tacos
20958 Brie Glazed W/ Kiwi & Cranberry "marmalade"
20959 Bright Bean Salad
20960 Broccoli & Pine Nuts
20961 Broccoli And Carrots With Lime Dressing
20962 Broccoli In Lemon Sauce
20963 Broccoli With Herbed Mushrooms
20964 Broccoli With Lemon Sauce
20965 Broth Cooked Orzo With Lemon & Parsley
20966 Broth Cooked Pasta Tossed With Olives & Parsley
20967 Browned Green Beans
20968 Brussel Sprout Oriental
20969 Brussels Sprouts And Carrot Salad
20970 Bubble And Squeak 1
20971 Buckwheat Groats
20972 Buckwheat Pasta
20973 Buffet Meat Balls
20974 Buffet Wild Duck
20975 Buglar Wheat With Raisins And Cinnamon
20976 Bulgur Pilaf
20977 Bulgur Wheat & Vegetables
20978 Buttercup Squash
20979 Butterfly Shrimp With Snow Peas
20980 Buttermilk Pasta
20981 Butterscotch Sauce - Hudson Valley Thanksgiving
20982 Cabbage Pie
20983 Cabbage-Pineapple Salad
20984 Cajun Pasta
20985 Cajun-Style Andouille
20986 Caramelized Garlic
20987 Caribbean Rice
20988 Caribou Sausage #1
20989 Caribou Sausage #2
20990 Caribou Sausage .001
20991 Caribou Sausage .002
20992 Carrot & Zucchini Julienne
20993 Carrot Babka
20994 Carrot Curry
20995 Carrot And Raisin Salad
20996 Carrot Zucchini And Potato Shreds
20997 Carrot- Apricot Casserole
20998 Carrots Divine
20999 Cassoulet Dijon
21000 Cauliflower Medley
21001 Cauliflower-Broccoli Medley
21002 Celery Slaw
21003 Cheese - Stuffed Potato Fritters - SI 10/96
21004 Cheese Eyeballs

Sheet1

21005	Cheese Lasagna
21006	Cheese Manicotti
21007	Cheese And Potato Casserole
21008	Cheesy Cheddar Potatoes
21009	Cheesy Corn Puffs
21010	Cheesy Hominy Casserole
21011	Cherry Crunch Holiday Cake
21012	Chervil Pasta
21013	Chevre And Walnut Sauce
21014	Chicken Bratwurst
21015	Chicken Dog #1
21016	Chicken Dog #2
21017	Chicken And Crab Filled Egg Rolls
21018	Chicken And Cucumber Pasta Salad
21019	Chicken And Vegetable Egg Rolls
21020	Chile Corn & Peppers
21021	Chinese Mixed Vegetables B1
21022	Chinese Peas And Water Chestnuts
21023	Chipotle-Ancho Chili Pesto
21024	Chocolate Almond Toffee
21025	Chocolate Chip Toffee Bars
21026	Chocolate Covered Easter Eggs
21027	Chocolate Topped Toffee
21028	Christmas Eve Couscous
21029	Christmas Party Pinwheels
21030	Christmas Scones
21031	Christmas Stained Glass Cookies
21032	Christmas Stollen 2
21033	Christmas Stollen 3
21034	Christmas Stollen 4
21035	Christmas Tree Coffee Cake
21036	Christmas Vegetable Salad Mold
21037	Cipolle Arrostitite (roast Onions)
21038	Classic Polenta
21039	Coconut Cream Fudge
21040	Colcannon
21041	Conchiglie With Spinach And Almond Sauce
21042	Confetti Bean Salad
21043	Coo-Coo
21044	Cool Whip Graveyard Treat
21045	Corn - Jalapeno Fritters - SI 10/96
21046	Corn Bread And Smoked Ham Stuffing
21047	Corn Casserole
21048	Corn Pasta
21049	Corn Rice Pasta
21050	Corn And Bean Pudding
21051	Corn And Pumpkin Stew
21052	Corn And Zucchini Saute
21053	Cornell Pasta

Sheet1

21054	Cornmeal Dumplings
21055	Cornmeal Rye Pasta
21056	Cotechino
21057	Country Pork Sausage
21058	Couscous With Basil
21059	Cousous Topped With Almonds
21060	Cranberry Bread From Lisa Clarke
21061	Cranberry Broiled Ham - SI 12/88
21062	Cranberry Compote (vegan)
21063	Cranberry Compote With Red Wine And Sweet Spices
21064	Cranberry Plum Sauce
21065	Cranberry Relish - SI 11/86
21066	Creamy Alfredo Sauce
21067	Creamy Au Gratin Potatoes
21068	Creamy Cilantro Pesto
21069	Creamy Pasta Salad
21070	Creamy Vegetables And Fettuccine
21071	Creole Red Beans And Rice
21072	Creole Smoked Sausage And Creole Hot Sausage
21073	Creole-Style Oven Hash Browns
21074	Crock Pot Hashbrowns
21075	Crockpot Cheese & Macaroni
21076	Crockpot Potatoes
21077	Crostini Di Polenta Ai Funghi (polenta Crostini & Mushroom)
21078	Crunchy Onion Rings
21079	Crusty Polents With Carrots
21080	Cucumber Dill Salad
21081	Cumin-Scented Corn And Red Pepper Saute
21082	Curried Couscous With Pine Nuts And Currants
21083	Curried Potato Chips
21084	Curried Vidalia Onion Fritters
21085	Curry Pasta
21086	Curtin Aikens' Vegetarian Dressing
21087	Dairy Free Fettuccine Alfredo
21088	Dairy Free Fruitcake
21089	Dana's New Traditional Relish.
21090	Deer Sausage (wildgame 2)
21091	Deer Sausage Peperone
21092	Deluxe Macaroni And Cheese
21093	Dick Miale Pizza
21094	Dilled Asparagus
21095	Ditalini With Flageolets & Pesto
21096	Dove Links
21097	Drago's Italian Bread Pudding (lat)
21098	Dressing For A Crowd
21099	Ducklings With Blackberry Sauce
21100	E Min - Soft Fried Noodles
21101	Easy Christmas Stollen
21102	Easy Elegant Easter Eggs

Sheet1

21103 Easy Holiday Fruit Cake
21104 Easy Potato Soup..magazine
21105 Easy Succotash
21106 Easy Valentine Cheesecake
21107 Egg White Bar Cookies
21108 Eggnog Cheesecake - Canadian Living
21109 Eggnog Pound Cake - SI 11/95
21110 Eggplant & Tomato Salad
21111 Eggplant Pie
21112 Eggplant With Tomatoes
21113 Eggplant-Filled Ravioli With Tomato Cream Sauce
21114 Eggplants With Apples
21115 Emma's Cornbread Dressing - Rjp
21116 Enraged Pasta
21117 Fancy Beans
21118 Fennel Nicoise
21119 Fennel Pasta
21120 Festival Corn Salsa
21121 Festive Orange Rice
21122 Fettuccine & Vegetables In A Garlic-Mint Sauce
21123 Fettuccine Alfredo #1
21124 Fettuccine Alfredo #2
21125 Fettuccine With Ricotta And Dill Sauce
21126 Fettucine Alfredo - Ff
21127 Fettucini & Mushrooms
21128 Fettucini With Shrimp And Herb Sauce
21129 Filling Sausage
21130 Firecracker Salad
21131 Fireproofing Your Christmas Tree Part 1
21132 Fireproofing Your Christmas Tree Part 2
21133 Five Star Cookies
21134 Fluffy Mashed Sweet Potatoes
21135 Foolproof Rice
21136 Fragrant Pilaf
21137 Frankfurter Sausage
21138 French Fries
21139 French Quarter Pasta Salad
21140 French Tuiles
21141 Fresh Garlic Sausage
21142 Fresh Okra & Tomatoes (microwave)
21143 Fresh Polish Kielbasa
21144 Fresh Squash And Onion
21145 Fresh Tomato-Vegetable Soup
21146 Fresh Tomatoes With Fettucine
21147 Fried Cabbage
21148 Fried Eggplant Slices
21149 Fried Green Tomatoes 28 July 1994
21150 Fried Stuffed Jalapeno Peppers - SI 1/95
21151 Fruited Red Tomato Chutney

Sheet1

21152 Fruited Stuffed Wild Goose
21153 Fusilli Verde With Broccoli & Red Bell Pepper
21154 Fusilli W/broccoli & Garlic
21155 Fusilli With Garlic Herb And Caper Sauce
21156 Futari (coconut-Peanut Pumpkin)
21157 Galushka
21158 Garbanzo Or Black Bean Pasta
21159 Garlic Cauliflower
21160 Garlic Collard Greens
21161 Garlic Potatoes
21162 Garlic Sausage
21163 Garlic Sausage (dried)
21164 Garlic-Almond Spread
21165 Garlic-Roasted Potatoes And Greens
21166 Garlicky Pasta With Fresh Green Herbs
21167 Garlicky Portobello Mushrooms
21168 Gatto Di Patate (mashed Potato Cake)
21169 Genoa Salami
21170 Giant Potato Pancake
21171 Ginger Orange Carrots <r T>
21172 Ginger Pasta
21173 Ginger Shrimp W/ Pasta
21174 Gingerbread House Construction
21175 Gingerbread House Frosting
21176 Gingered Carrot And Spinach Supreme (shaahi Palak)
21177 Glazed Garlic Cloves
21178 Glazed Sweet Potato Casserole - SI 11/90
21179 Glazed Sweet Potato Wedges
21180 Glazed Sweet Potatoes
21181 Gnocchi With Fontina Sauce
21182 Gold Coast Hominy
21183 Golden Potato Nuggets
21184 Golden Potato Wedges
21185 Gourmet Onions
21186 Graham Cracker Gingerbread Houses (makes 6 Houses)
21187 Grand Marnier Shrimp Linguine
21188 Grandfather Soup <didivs'ka lushka>
21189 Grandma's Ruthenian Mushroom Soup
21190 Granny's Punch
21191 Gratin Of Potatoes Green Garlic And Thyme
21192 Greek Mushroom Salad
21193 Greek Spinach Triangles
21194 Green Beans Amandine
21195 Green Beans Italian (easy) - SI 1/87
21196 Green Beans Sorrento
21197 Green Beans In Garlic Butter
21198 Green Beans With Walnut Dressing - SI 11/94
21199 Green Borscht
21200 Green Peas & Mushrooms

Sheet1

21201 Green Rice
21202 Green Rice Salad
21203 Green Tomato Pie (smcd91f)
21204 Green And Gold Squash
21205 Greens Galore
21206 Grilled Artichokes
21207 Grilled Fish With Seafood Fettucine
21208 Grilled New Potatoes With Garlic
21209 Grilled Portobellos
21210 Grilled Radicchio With Smoked Mozzarella
21211 Grilled Summer Squash
21212 Guava Dressing li
21213 Ham - Stuffed Acorn Squash - Sl 10/81
21214 Hazelnut And Dried Tomato Pesto
21215 Healthy Home Fries
21216 Hearts Of Palm Salad
21217 Herb Pasta
21218 Herbed Bread Stuffing
21219 Herbed Carrots And Leeks - Country Living
21220 Herbed Cheese Mashed Potatoes
21221 Herbed Cherry Tomatoes
21222 Herbed Cornbread Dressing Part 1 Of 2
21223 Herbed Cornbread Dressing Part 2 Of 2
21224 Herbed Quinoa
21225 Hfs1- Somerset Potted Cheddar With Walnuts - Ba 2/83
21226 Holiday Fruit Punch
21227 Holiday Rainbow Cake
21228 Holiday Snow Peas
21229 Holiday Wassail
21230 Home Style Jerky
21231 Home-Cured Corned Beef
21232 Homemade Breakfast Sausage
21233 Homemade Chips Lo Fat Lo Cal
21234 Homemade Chorizo
21235 Hometown Favorite Wings
21236 Hominy Au Gratin
21237 Honey Baked Red Onions
21238 Honey It's Parsnips
21239 Horseradish Sauce (frugal)
21240 Hot Chocolate Eggnog
21241 Hot Pasta Primavera
21242 Hot Pepper & Garlic Spaghetti
21243 Hot Pepper And Shrimp With Spaghetti
21244 How Much Turkey Is Enough
21245 Indian Carrot Salad
21246 Indian Hominy
21247 Indian Pudding #2
21248 Irish Vegetables
21249 Israeli Salad

Sheet1

21250	Italian Asparagus
21251	Italian Carrots
21252	Italian Garlic Loaf
21253	Italian Green Rice
21254	Italian Lunch Salad
21255	Italian Pasta And Peas
21256	Italian Ribs And Pesto Sauce For Pasta
21257	Italian Style Dry Sausage
21258	Italian Tomato And Pasta Salad (vegan)
21259	Jackstraw Salad
21260	Jade Scallops B1
21261	Jalapeno Baked Brie
21262	Jalapeno Pasta
21263	Jamaican Holiday
21264	Jane Grigson's English Brine
21265	Jeff's Spaghetti Sauce
21266	Jerky - Home Style
21267	Julienne Vegetable Soup
21268	Kahlua Buttercream Cookie Cup
21269	Kasha Stuffed Tomatoes
21270	Kentucky Bourbon Cake
21271	Kielbasa (barry Strittmatter 1)
21272	Kievian Bosrcht
21273	Kiwi-Berry Holiday Shortcake W/ Raspberry Sauce
21274	Kiwifruit & Strawberries
21275	Klossel Und Sauerkraut (dumplings And Sauerkraut)
21276	Kolach (braided Bread)
21277	Korean: Kim Chee
21278	Kosher Salami
21279	Kourambiedes
21280	Koushry (rice & Lentils)
21281	Kuba - Sherry B
21282	Kutia #2 (ukrainian Traditional)
21283	Kutia (ukrainian Traditional)
21284	Kvasivka Selians'ka - Tart Village Soup
21285	Lamb Meatball And Vermicelli Soup
21286	Lamb Sausage With Mint
21287	Lamb Sausage With Rosemary
21288	Leeks Vinaigrette
21289	Lemon Carrots
21290	Lemon Chive Pasta
21291	Lemon Oregano Pasta
21292	Lemon Parsleyed Potatoes
21293	Lemon Roast Potatoes
21294	Lemon And Herb Rice
21295	Lemon-Thyme Pesto
21296	Lemony Summer Squash
21297	Lentils And Rice Pilaf
21298	Likker Pudding

Sheet1

21299 Lima Bean Garden Casserole
21300 Lima Bean Pot
21301 Linguine W/ Sun-Dried Tomato Pesto
21302 Linguine W/mushrooms & Garlic
21303 Linguine And Scallops In Hot Paprika Cream Sauce
21304 Linguine With Fresh Herb Sauce
21305 Little Sherried Fruitcakes
21306 Liverwurst
21307 Locke-Ober Cream Sauce
21308 Long John Silvers Hush Puppies
21309 Long-Grain And Wild Rice
21310 Loshen Kugel (noodle Pudding)
21311 Low Calorie Zucchini Dressing - SI 11/86
21312 Low-Fat Alfredo
21313 Luby's Butternut Brownie Pie
21314 Luganega
21315 Lumachine With Sun-Dried Tomatoes
21316 Macaroni & Cheese W/ Sausage Sun-Dried Tomatoes & Basil
21317 Macaroni Cheese And Egg Cake
21318 Maggie's Coca-Cola Basted Ham
21319 Malinnik
21320 Mamy Nugat (mother's Nougat)
21321 Mandamin (corn -- Sioux Style)
21322 Manicotti With Spinach
21323 Marie's Marinated Tomatoes
21324 Marinated Asparagus
21325 Marinated Carrot Salad
21326 Marinated Cucumber Salad
21327 Marinated Sliced Tomatoes
21328 Marinated Vegetable Toss
21329 Maryland Crab Cakes - Diet - Wwfhr
21330 Mashed Potato Casserole
21331 Mashed Potato Filling
21332 Mashed Winter Squash
21333 Maude's Green Salad
21334 Medivnyk (traditional Honey Bread)
21335 Mee Grob (crispy Noodles)
21336 Melting Pot Beans
21337 Melting Potatoes
21338 Mesa Squash Fry With Sunflower Seeds
21339 Mexicali Rice (crockpot)
21340 Mexican Cheese Bread
21341 Mexican Chorizo
21342 Mexican Goulash
21343 Mexican Herb Pasta
21344 Microwave Mexican Manicotti
21345 Microwave Stuffed Eggplant
21346 Mikes S/s Green Beans
21347 Mild Salami

Sheet1

21348 Milk Soup W/ Vegetables "molochna W/ Morkviou Ta Kalusti
21349 Millet Pasta
21350 Minestrini De Patate
21351 Mint Pasta
21352 Minted Marble Bark
21353 Mixed Meat Soup - Solyanka Sbornaya Mynaya
21354 Mock Rice Pilaf
21355 Molded Vegetable Salad
21356 Molding Dough Cookies
21357 Mom's Instant Cocoa With Marshmallows
21358 Mom's Pierogi Dough
21359 Monterey Rice
21360 Mother Marsh's Hickory Nut Cake
21361 Mrs. Ozeki's Rice
21362 Mrybova Pidlyva (mushroom Gravy)
21363 Mulled Red Wine
21364 Multi-Chocolate Chip Cookies
21365 Multi-Grain Pasta
21366 Mushroom Meringues
21367 Mushroom Pasta 1
21368 Mushroom Pasta 2/chicken Stock
21369 Mushroom Quiche
21370 Mushroom Salad
21371 Mushrooms And Rice
21372 Mushrooms With White Truffle Oil
21373 My Beef Jerky-Sharon Stevens
21374 My No Egg Eggnog
21375 My Poultry Stuffing
21376 Native American Elk Stew With Acorn Dumplings
21377 Nectarine Salad
21378 Neopolitan Spaghetti Sauce
21379 New Potatoes In Sean's Creamy Savory Dressing - Ba 10/84
21380 New Year's Punch
21381 No-Bake Holiday Fruitcake
21382 Noelle Leshan Hicks' Linguine With Golden Sauce
21383 Non-Alcoholic Apple Cozies
21384 Non-Alcoholic Fruit Punch Mull
21385 Noodle Bake
21386 Northern Italian Style Hot Or Sweet Sausage
21387 Nutty Brussels Sprouts
21388 Oat Pasta
21389 Oat Soy Pasta
21390 Oatmeal Carmelitas
21391 Okra With Mustard Seeds
21392 Old Fashioned Baked Macaroni And Cheese
21393 Old Fashioned Corn Bread
21394 Olive Garden Pasta Fagioli
21395 Onion - Cheese Pie SI 4/88
21396 Onion/basl/pasta

Sheet1

21397	Opossum Sausage
21398	Orange Garlic Roasted Potatoes
21399	Orange-Glazed Sweet Potatoes
21400	Orange-Tarragon Carrots
21401	Original Green Bean Casserole
21402	Orzo & Pignoli(pasta & Pine Nuts)
21403	Outrageous Baked Beans
21404	Oven Parmesan Chips
21405	Oven-Fried Potatoes
21406	Overnight Cabbage Slaw
21407	Oyster Bisque
21408	Ozark Corn Casserole
21409	Paglia E Fieno With Bacon Peas And Mushrooms
21410	Pan Fried Coleslaw
21411	Pancit
21412	Parsley Buttered New Potatoes
21413	Parsley Herb Pasta
21414	Parsley Potato Dumplings
21415	Parsley Potatoes
21416	Pasta & Strawberries Romanoff
21417	Pasta E' Fagioli (pasta & Bean Soup)
21418	Pasta From Hell
21419	Pasta Green Salad
21420	Pasta Nicoise
21421	Pasta Pie
21422	Pasta Pinwheel Rolls W/creamy Tomato Sauce
21423	Pasta Pizza
21424	Pasta Salad Supreme
21425	Pasta Shells With Greens
21426	Pasta Shells With Mussels And Peas
21427	Pasta And Vegetable Carbonara
21428	Pasta With Anchovy And Clam Sauce
21429	Pasta With Broccoli And Walnuts
21430	Pasta With Roasted Vegetables
21431	Peanut Butter/bran Muffins
21432	Peanut Dressing - Slc
21433	Peanut Fudge
21434	Pecan Brittle - Canadian Living
21435	Penne With Goat Cheese & Sun-Dried Tomatoes
21436	Penne With Rappi And Italian Sausage
21437	Penne With Shrimp And Bacon
21438	Penne With Tomatoes & Snow Peas
21439	Pennsylvania Dutch Corn Fritters
21440	Pepper Chive Pasta
21441	Pepper Jack Scalloped Potatoes
21442	Pepper Salad
21443	Perfect Salad
21444	Perogies #2
21445	Personalized Pasta Salad

21446 Pesto Genovese
21447 Pesto Toscano (tuscan Pesto)
21448 Pickled Grape Relish With Ginger And Chiles
21449 Pickled Red Onions
21450 Pickled Spinach
21451 Pierogi (peer-O-Gee)
21452 Pinapple Squash
21453 Piroshiki For Bread Makers
21454 Pistachio Mayonnaise
21455 Pisznyi Borscht
21456 Pizza Green Beans
21457 Plantains In Coconut Milk
21458 Plum Sauce B1
21459 Poached Pears In Sweet Wine
21460 Pokhlyobka-Barley & Mushroom Soup
21461 Polenta With Mushrooms In Cream
21462 Polish Kielbasa
21463 Polish Noodle Casserole
21464 Poppy Seed Pasta
21465 Pork And Saurkraut
21466 Pork And Shrimp Filled Egg Rolls
21467 Pot Hole Potatoes
21468 Potatis Korv (swedish Potato Sausage)
21469 Potato Creole
21470 Potato Deluxe...joannie B.
21471 Potato Fried Cakes
21472 Potato-Leek Sauce On Fusilli
21473 Potatoes And Wild Mushrooms Boulanger
21474 Potatoes With Poppy Seeds
21475 Potica
21476 Poultry Sausages-Information
21477 Powter Polenta
21478 Pratie Cakes
21479 Pratie Oaten
21480 Presto Potato Salad
21481 Pumpkin Rice And Apricots
21482 Pureed Vegetables
21483 Quick Baked Pasta Family Style
21484 Quick And Easy Seafood Fetuccini Sauce
21485 Quinoa Pasta
21486 Quinoa With Leek And Currants
21487 Rabbit Sausage
21488 Radish Celery Salad
21489 Radish Salad
21490 Radish And Orange Salad
21491 Raisin Buglur Pilaf
21492 Raisin Bulgur Pilaf
21493 Real Cornbread
21494 Real Fruit Fruitcake (kxmt69b)

Sheet1

21495 Red & Green Salad
21496 Red Cabbage With Diced Apples
21497 Red Onion Compote
21498 Red Pepper Pasta
21499 Refried Beans 1
21500 Renaissance Pizza
21501 Rice Millet Pasta
21502 Rice Pasta
21503 Rice Primavera
21504 Rich Dark Fruit Cake
21505 Ricotta And Basil Lasagne
21506 Rigatoni W/ Spicy Sun-Dried Tomato Sauce
21507 Rigatoni W/ Pink Sauce
21508 Rigatoni With Fillet Strips In Onion Broth
21509 Rigatoni With Sausage And Fresh Marjoram
21510 Roast Duckling With Scuppernong Wine Jelly
21511 Roast Ducklings With Cherry Sauce
21512 Roast Goose With Molasses Glaze And Apricot Stuffing
21513 Roasted Asparagus
21514 Roasted Garlic - Sl 10/94
21515 Roasted Garlic Beet Timbales
21516 Roasted Garlic With Cumin-Eggplant & Capellini
21517 Roasted Leeks - House Beautiful
21518 Roasted Shallots And Tarragon
21519 Roasted Veggies (lob)
21520 Roasting Corn
21521 Romaine Red Onion And Fennel Salad With Tart Lime Dress
21522 Rosemary Potatoes
21523 Rosemary Roasted Potatoes
21524 Roslind's Mushrooms In Sour Cream Sauce
21525 Rudolph Cookies
21526 Rum Butter Sauce
21527 Russian Beet & Potato Salad
21528 Russian Lemon Soup - Liminnyi Sup
21529 Rutabaga Puree
21530 Rye Pasta
21531 Stollen
21532 Swedish Limpa Bread
21533 Saffron Noodle Cake With Chatchouka
21534 Salad Of Mixed Roasted Peppers - Ba 10/84
21535 Salami
21536 Salat Iz Yaits
21537 Salata (greek Salad)
21538 Salmon Pasta With Parsley Sauce
21539 Salmon Tetrazzini
21540 Salsa ...donna Beaver
21541 Salt Dough Ornaments
21542 Santa Fe Succotash
21543 Sauce From Bologna

Sheet1

21544 Sauce Of Leeks Gruyere And Cream
21545 Sauerkraut #2
21546 Sausage Alfresco
21547 Sausage Apple Stuffing
21548 Sausage Casings
21549 Sausage And Sage Corn Bread Stuffing (I A Times)
21550 Sausage: Casing Information & Preparation
21551 Saute Spuds W/balsamic Vinegar Baby Tomatoes & Rosemary
21552 Sauteed Fiddleheads With Fresh Herbs
21553 Sauteed Garlic Potatoes
21554 Savory Cheese & Olive Spread
21555 Savory Flaked Rice
21556 Scalloped Cabbage
21557 Scandinavian Beet Salad
21558 Scrapple 1 - Ntc/ryr
21559 Scrapple 2 - Tapdc
21560 Scrapple 3 - Tapdc
21561 Scrapple 4 - Ahc
21562 Scrapple 5 - Tjc
21563 Scrapple 6 - Ffc
21564 Sesame Spinach Salad
21565 Seasoned Oven Fries
21566 Sesame Chicken With Broccoli
21567 Sesame Green Beans & Peppers
21568 Sesame Pasta
21569 Shallot Roast
21570 Shells With Shrimp And Green Beans In Garlic Oil
21571 Sherry Cherry Tomatoes
21572 Shredded Brussels Sprouts
21573 Shredded Cabbage
21574 Shrimp - Chile Bisque - SI 11/94
21575 Shrimp And Asparagus In Cream Sauce
21576 Sichuan Street Noodles With Spicy Peanut Sauce
21577 Sicilian Fish Sauce For Pasta
21578 Sicilian Lentil Pasta Sauce (vegan)
21579 Sicilian Style Hot Or Sweet Sausage
21580 Sid's Supers
21581 Simplified Smithfield Cure For Hams
21582 Skillet Balls
21583 Skillet Okra
21584 Sliced Beet Salad
21585 Slow Cooked Sage Dressing
21586 Smashed Potatoes
21587 Snow Peas & Water Chestnuts
21588 Sopressata Salami
21589 Sour Cream Pasta
21590 Sour Cream Slaw (easy) - SI 1/87
21591 Southern Corn Bread Dressing
21592 Southern-Style Creamed Corn (microwave)

Sheet1

21593 Southwestern Corn Pasta
21594 Southwestern Style Black Eyed Peas
21595 Soy Jerky
21596 Soy Pasta
21597 Spaetzle (german Dumplings)
21598 Spaghetti Aglia Olio W/ Sun-Dried Tomatoes
21599 Spaghetti Al Zenzero
21600 Spaghetti Squash Salad
21601 Spaghetti Squash With Shallot Butter
21602 Spaghetti With Curly Endive & Balsamic Vinegar
21603 Spaghetti With Meat Sauce (slo-Cooker)
21604 Spaghetti With Tomatoes & Arugula
21605 Spaghetin With Eggplant And Olives
21606 Spanish Potato Salad
21607 Spanish Rice (from Guatemala)
21608 Spanish Style Chorizo
21609 Special Fried Rice (ck)
21610 Spice Hot Chocolate
21611 Spiced Beets
21612 Spiced Holiday Pecans
21613 Spiced Poached Pears In Red Wine
21614 Spiced Rice
21615 Spiced Rice Pilaf
21616 Spicy Channa Dhal
21617 Spicy Collard Greens
21618 Spicy Ginger Sauce (for Pasta)
21619 Spicy Herb Pasta
21620 Spicy Homemade Sausage
21621 Spicy Kale
21622 Spicy Southwestern Pasta
21623 Spicy Teff Pasta
21624 Spinach & Walnut Salad
21625 Spinach - Stuffed Vidalia Onions - Bph
21626 Spinach Pecan Pesto
21627 Spinach Saute
21628 Spinach With Onions
21629 Spinach-Miso Pesto
21630 Spring Butterflies (lacto)
21631 Squash Dressing - Sl 11/86
21632 Squid Sausage
21633 Steamed Cabbage
21634 Steamed Christmas Pudding W/ Brandied Cashew Cream
21635 Stewed Pears With Cranberries
21636 Stir-Fried Eggplant
21637 Stir-Fried Greens With Oyster Sauce
21638 Stolichnyi Salat - Table Salad Or Russian Salad
21639 Stollen 4
21640 Stollen 5
21641 Straw And Hay

Sheet1

21642 Streamlined Ham And Brie Pasta
21643 Stuffed Bread
21644 Stuffed Mirliton
21645 Stuffed Onions "farshovana Chebyalya"
21646 Stuffed Roast Suckling Pig
21647 Stuffed Spinach Shells
21648 Stuffing (vegan) <t>
21649 Sugar Free Holiday Nog
21650 Sugared Asparagus
21651 Summer Pasta Sauce From Contemporary Cuisine
21652 Sun-Dried Tomato Pesto
21653 Sun-Dried Tomato And Olive Pesto
21654 Super Bowl Stuffed Bell Peppers
21655 Suzan's Potato Casserole
21656 Swedish Cheese Custard
21657 Swedish Rutabagas
21658 Sweet 'n Sour Beets
21659 Sweet Potato Crisps
21660 Sweet Potatoe Biscuits
21661 Sweet Ricotta And Fusilli
21662 Sweet Zwieback
21663 Sweet'n Sour Red Cabbage
21664 Sweet-And-Sour Green Beans
21665 Swiss Potato Cake
21666 Tagliatelle With Asparagus Ham And Cream
21667 Tagliatelle With Veal Wine And Cream
21668 Taglierini With Sun Dried Tomatoes And Snow Peas
21669 Tarka Dhal (spiced Lentils)
21670 Teddy Bear Gift Bread
21671 Teff Cakes
21672 Teff Pasta
21673 Tender Jerky
21674 Teriyaki Potatoes
21675 Teriyaki Potatoes (microwave)
21676 Texas Crostini
21677 The Bishop
21678 The Governor's Vegetable And Pasta Soup > Low-Fat
21679 The Palm's Famous French-Fried Onion Rings
21680 Three Beans In A Salad
21681 Three Cheese Manicotti
21682 Three Pepper Pasta
21683 Three Seed Pasta
21684 Three-Cheese Grits
21685 To Corn Beef
21686 To Dry Beef
21687 To Hull Corn For Hominy
21688 To Make Sausage 1
21689 To Pickle Cured Bacon
21690 Tomato & Avocado Pinwheel Salad

Sheet1

21691 Tomato & Onion Salad
21692 Tomato Aspic Salad
21693 Tomato Bowl
21694 Tomato And Herb Salad
21695 Tomatoes Tomatoes - Ba 10/84
21696 Toni's Garlicy Shrimp And Linguini
21697 Top Hat Cheese And Corn Souffle
21698 Tortellini With Garden Vegetables
21699 Touchdown Brownie Cups
21700 Traditional Japanese Noodles & Broth
21701 Traditional Wassail
21702 Traditional Wassail - Bph 12/94
21703 Triticale Corn Pasta
21704 Triticale Pasta
21705 Tropical Bulgar
21706 Tucker Suprise Beef Jerky
21707 Tuna-Roni Salad
21708 Turkey Thawing Time In Refrigerator
21709 Ukrainian Bean Soup
21710 Ukrainian Potato Pancakes <deruny>
21711 Ukrainian Steamed Cabbage Souffle
21712 Ukrainian Sviata Vechera: Part 1
21713 Ukrainian Sviata Vechera: Part 2
21714 Ukrainian Sviata Vechera: Part 3
21715 Ukrainian Sviata Vechera: Part 4
21716 Um'bido (greens & Peanuts)
21717 Unfried French Fries
21718 Varenyky (filled Dumplings)
21719 Veal Salami
21720 Veal And Spinach Ravioli Stuffing
21721 Vegan "eggnog"
21722 Vegan Style "yorkshire" Pudding
21723 Vegetable Barley
21724 Vegetable Quinoa
21725 Vegetable-Bulgur Pilaf
21726 Vegetarian Chopped Liver
21727 Venice Style Vegan Lasagna
21728 Venison Jerky
21729 Venom On Ice With Flies
21730 Vidalia Onion Risotto With Feta Cheese
21731 Vienna Sausage
21732 Village Soup <kvasivska Selianska>
21733 Vushka Or Pilminy <little Ear Dumplings>
21734 Walnut Barley
21735 Wassail (martha Stewart)
21736 Watermelon Cookies
21737 Wayne's Scallops
21738 Wayside Country Sausage
21739 West Indian Curry Pasta

Sheet1

- 21740 Weymouth Baked Beans
- 21741 Whipped Summer Squash
- 21742 White Boudin
- 21743 White Chocolate Bundt Cake
- 21744 White On Gold (squash / Corn) - Ba 10/84
- 21745 Wild Rice Pilaf
- 21746 Wild Rice Stuffed Peppers
- 21747 Wild Rice With Corn
- 21748 Winkler's Bakery Moravian Sugar Cake
- 21749 Wyoming Polish Sausage Salami And Smoked Venison
- 21750 Yogurt Lemon Pepper Pasta
- 21751 York Sensational Brownie Recipe
- 21752 Yuvetsi Kritharaki Me Kima Kyriotiko
- 21753 Zesty Dijon Green Beans
- 21754 Zippy Zucchini - Ba 10/84
- 21755 Ziti Al Forno; Baked Ziti
- 21756 Zucchini Fruitcake
- 21757 Zucchini Salad

KEYWORD,C,60

INSTRUCT,M

Microwave /vegetarian
/crackers
Snacks
Entree Pork/ham Soups/stews
/vegetarian

Cajun
Chicken Mexican /game
/game

Mexican
Chocolate
/vegetarian
Microwave Holidays /vegetarian
/vegetarian
Microwave /vegetarian
Ethiopian Vegetarian
Indian Vegetarian Soups/stews
Entree Vegetarian Soups/stews
Afghan Chicken /game
/crackers

/crackers

Chicken Indonesian /game
Ethnic Chicken Soups/stews
Microwave
Soups/stews
Cocktails
Snacks
Soups Hamburger Mexican Soups/stews
Soups Soups/stews

American Dairy Microwave Pies

Hamburger /vegetarian

Casseroles
Sauces

Entree

Pickles /vegetarian

/crackers

/crackers

Oriental Stir-fry Entree /game

/crackers

/crackers

/crackers

Low-cal /game

Chinese

Chocolate

/crackers

/crackers

/vegetarian

/crackers

Muffins

Penndutch

/crackers

Snacks

American Microwave

Chocolate American Microwave

French Microwave /game

Microwave /game

American Microwave /crackers

Fruits Ice Cream

Nepal /vegetarian

German Fruits

Chicken /game

American Microwave

Mexican Dairy Microwave Cheese/dairy

Usenet

Ethnic Microwave

Fruits American Microwave

Breadmaker

Microwave Cheese/dairy

/crackers

Amish

/crackers

/game

Cajun
Cajun Barbeque
Ethnic
/crackers

American Microwave
Ethnic /vegetarian
Penn Dutch /crackers

/crackers
Breadmaker
Crockpot /game

Chocolate /crackers

/vegetarian
Vegetarian

Oriental Beef

/crackers
German
German Fruits

Pork/ham

German

Holidays
Low-cal

Vegetarian
Greek

Fruits
Vegetarian Soups/stews

Holidays
Fruits American Microwave /crackers
/crackers

Dairy Fruits /crackers
Fruits
Dairy Fruits

Chutney Fruits Pickles Peppers
Kids

Fruits
Low-cal

Pies Usenet

Holidays
Fruits
/vegetarian
Fruits Hamburger /vegetarian

Fruits
Fruits

Fruits American Microwave Pies
Fruits American Microwave Pies

Fruits

Soups/stews

Fruits

Penndutch Fruits
Fruits American Microwave

Dairy Fruits

Fruits American Microwave
American Microwave /vegetarian
Fruits American Microwave

French Microwave /game
Quick Bread Usenet

Italian Chicken /game
American Grains/nuts Microwave
/crackers
Penn Dutch
Breadmaker
Breadmaker
/crackers
/crackers
Fruits American Microwave
Fruits

Usenet
Fruits American Grains/nuts Microwave /pies
Fruits American Microwave

Fruits American Microwave
Low-cal Vegetarian /crackers
/crackers

Fruits
Mexican Wild Game /game

Microwave
Low-cal Chicken /game
Fruits American Microwave
/crackers

Vegetarian
Muffins
Fruits American Microwave Pies
Entree Low-cal

Fruits Ice Cream
/crackers
Chocolate American Microwave

American Microwave Pork/ham
Fruits American Microwave
Fruits Italian Microwave
Irish Entree
Soups/stews
Tex-mex
Soups/stews

Ethnic Casseroles /vegetarian
Grains Usenet
/vegetarian
Thai Soups Soups/stews
Chinese /game

Casseroles Mexican Rice
Mexican /game
/vegetarian
/vegetarian
/vegetarian

/vegetarian

Side Dish /vegetarian
/vegetarian
Soups Usenet
Rice
Cajun
Soups/stews

/vegetarian
Entrees Usenet
American Microwave
American Microwave /vegetarian
American Microwave /vegetarian
American Microwave /vegetarian

Chinese /vegetarian
Chinese Beef
Indonesian
Italian Microwave /vegetarian
/vegetarian
Oriental Chicken /game
American Microwave /vegetarian
Low-cal /vegetarian
/vegetarian
Chinese Beef
Oriental /game
Vietnamese Soups

Oriental Chicken /game
/vegetarian
Low-cal Casseroles /vegetarian
Vietnamese Soups Soups/stews
Low-cal /vegetarian
/vegetarian

Oriental
Chinese

Soups/stews
New Zealand Soups Soups/stews
Ethnic /vegetarian
Italian Microwave S
Microwave Cheese/dairy
American Microwave /vegetarian
Chinese Beef
Chinese /vegetarian
/vegetarian
/vegetarian
/vegetarian
Low-cal /vegetarian
Low-cal /vegetarian
Low-cal /vegetarian
Casseroles Vegetarian /vegetarian

Oriental
Ethnic

American Microwave Potatoes /vegetarian
Microwave /vegetarian
Thai /vegetarian
Thai /vegetarian
Thai Pork/ham

Side Dish Casseroles French /vegetarian
Chicken /game
/crackers

Penndutch
/crackers
Pickles /vegetarian
Usenet
Holidays Ethnic

Casseroles /game
Usenet

Australian
Chinese Pork/ham

Usenet
Soups /vegetarian
Microwave /vegetarian
Ethnic Soups/stews
Soups Soups/stews
Soups/stews
Fruits /vegetarian
Mexican
American Microwave /vegetarian

Soups Soups/stews
Cajun Microwave /vegetarian

Muffins
Fruits American Microwave /vegetarian

American Microwave /vegetarian
Soups/stews

Oriental

Indonesian Chicken /game
Indonesian Chicken /game
Mexican Cheese/dairy
Fruits /vegetarian
Cocktails
Vegetarian
/vegetarian

/crackers

Cheese/dairy

Holidays
Soups/stews
Sauces Soups/stews
/vegetarian

Pork/ham

Casseroles Usenet
Microwave /vegetarian

Hamburger Cheese/dairy

American Microwave
/game
American Grains/nuts Microwave

Cocktails
Chinese S
Entree
Mexican Chicken /game
Ethnic
American Microwave Cheese/dairy
Fruits
Mexican
Fruits American Microwave
Student Apple Dessert
/vegetarian
Barbeque /vegetarian
Student Beans Vegetable /vegetarian
Casseroles
Microwave Soups/stews
Entree Casseroles /game
/vegetarian
Ethnic

/vegetarian
Entree Cheese/dairy
Chicken Dressings
/game

Casseroles /game
Mexican /vegetarian
Chocolate /crackers
/vegetarian
/game

Dairy American Microwave
Cheese/dairy
American Microwave /vegetarian
American Microwave Cheese/dairy
American Microwave /vegetarian
Low-cal /vegetarian
Cheese/dairy
New Zealand
Indonesian
Entree Low-cal

California
Fruits American Microwave
Fruits /vegetarian

Indian
Entree

Fruits American Microwave
/vegetarian
Hamburger Pizza /vegetarian

Casseroles Vegetarian
Microwave /vegetarian
/vegetarian
Student Potato /vegetarian
Thai
Mexican
Ethnic /game

Entree
Mexican Cheese/dairy
Casseroles Vegetarian Cheese/dairy
Penndutch
Casseroles /vegetarian
Cheese/dairy
Squash Student Vegetable /vegetarian
/vegetarian

Entree Microwave

Vegetarian Entree

Penndutch /vegetarian
Snacks
/vegetarian
Side Dish /vegetarian

/game
American Microwave Casseroles /vegetarian
/vegetarian

American Microwave /vegetarian
/game
/vegetarian
Low-cal /vegetarian
Chocolate /crackers
Chocolate /crackers
New Zealand

Greek

Yemani

Ice Cream Freezer

Ice Cream Fruits Freezer /crackers

/crackers

Pies /pies
Ice Cream Freezer

Fruits

Breadmaker
Australian

No-bake Usenet
Fruits
/crackers

Cajun
Breadmaker

Muffins

African
Muffins
Dinner Brunch Muffins

Muffins

Fruits American Microwave
Mexican
/crackers
Ethnic
/crackers

Snacks

Pork/ham
/vegetarian

Hamburger
Beef American Microwave
Sauces
Sauces
Entree Sauces
Entree Sauces

/game
Thai Chicken Wings /game
/vegetarian

Indian /game
Oriental Barbeque

Chinese Pork/ham
Oriental
Chinese Pork/ham
Cajun
Casseroles Pork/ham
Beef Microwave Barbeque
California
Cajun

/game
Vietnamese

Barbeque
Vietnamese /game
Barbeque Chicken /game
Italian
/game
Casseroles Casseroles
Casseroles Casseroles

Chinese
Ethnic
/vegetarian

Beef Microwave

German /vegetarian
German /vegetarian
German
German

Can Living Cheese/dairy

Hamburger
Hamburger
Hamburger
Oriental Rice Wok /vegetarian

Oriental Microwave

Chinese Soups Chicken Soups/stews
/crackers
Vietnamese

Chinese Pork/ham

Dairy Microwave Cheese/dairy
Side Dish /vegetarian
Breadmaker
Low-cal
/vegetarian
/vegetarian

Sauces
Beef Pies
Hamburger
/vegetarian
/vegetarian
Hamburger /vegetarian
German
Cocktails
Ethnic

German
German
German /vegetarian
German /vegetarian
German /vegetarian
Thai
Sandwiches /vegetarian

/crackers
Soups/stews
Beans Vegetarian
Mexican
Soups /vegetarian
Casseroles /vegetarian
Oriental

Microwave /vegetarian
Microwave /vegetarian
Italian
German
Chinese Vegetarian
Entree Vegetarian Greek
Entree Vegetarian
Chinese Pork/ham S
Thai
Vegetarian Entree
Microwave /vegetarian
Microwave /vegetarian
Side Dish /vegetarian
French Microwave Cheese/dairy
French Microwave Rice /vegetarian
Stir-fry
Microwave /vegetarian
Ethnic
Beef American Microwave

Beef Soups/stews
Chinese Beef
/vegetarian
Chinese Beef
Beef American Microwave
Hamburger /vegetarian
Soups Soups/stews
Beef Pies
Hamburger /vegetarian

Chinese Beef
Chinese Beef Rice
Beef
Microwave Soups/stews
Microwave Soups/stews

Hamburger /vegetarian

Beef American Microwave

Beef Entree Casseroles
Beef
Stew Entree
Casseroles Beef
Chinese Beef
Beef
Microwave
Chinese Beef
Chinese Beef
Oriental Beef

Beef Snacks

Chinese Beef
Chinese Beef
Beef American Microwave

Beef Casseroles Entree

Entree /vegetarian
Beef
Beef American Microwave

Entree

Beef Microwave

Czechoslova

Entree

Beef American Microwave

Beef American Microwave

Entree Microwave

Japanese Beef Diabetic

Polish

Entree Low-cal

Oriental

Casseroles

Oriental

Beef Microwave

Beef

Crockpot Entree Soups/stews

Microwave Beef Soups/stews

/vegetarian

Snacks

Soups Mexican /vegetarian

American Microwave /vegetarian

American Microwave /vegetarian

/vegetarian

Oriental Chicken /game

Indian Spicy/hot /vegetarian

Ethnic French Microwave /vegetarian

Mexican

Microwave

Ice Cream Fruits

Ice Cream Fruits

Ice Cream
Ice Cream Fruits
Ice Cream Chocolate Grains/nuts
Ice Cream
Ice Cream Chocolate
Ice Cream Fruits
Ice Cream Fruits
Ice Cream
Ice Cream
Ice Cream
Ice Cream Chocolate
Curries /vegetarian
/crackers
German
German Microwave

Fruits
Student Dessert

Dairy American Microwave
Microwave
American Dressings Microwave Sauces/spices

Casseroles Side Dish /vegetarian
Chocolate American Microwave
Chocolate /crackers
Dairy
/crackers
Relishes /vegetarian
/crackers
Rice
Cocktails
/vegetarian
Side Dish Indian /vegetarian
Curries /vegetarian
/crackers
American Microwave
Chinese Chicken /game
Oriental Soups/stews

/crackers
Ethnic /vegetarian
Italian
Italian
Italian
Dairy Italian Microwave
Chinese Chicken
Ceylon Cheese/dairy

Microwave Cheese/dairy
/crackers
/vegetarian

Chinese
Relishes Mexican /vegetarian

Vegetarian
Microwave /vegetarian
Microwave /vegetarian
Soups Mexican Garlic Beans Tabasco Soups/stews
Ethnic /vegetarian

Mexican /vegetarian
Vegetarian
/vegetarian
Usenet
Cocktails
/game
Vegetarian
Greek
/vegetarian

Pies Usenet

Chocolate Freezer Ice Cream Pies
Chocolate American Grains/nuts Microwave /pies

/vegetarian
Cocktails
Penndutch /crackers
Grains/nuts Microwave
Vegetarian
Ethnic Microwave Pork/ham /vegetarian
/game

Ice Cream Fruits

Ice Cream Freezer
New Zealand
Cajun

Cajun
Condiments Usenet
Ethnic Cheese/dairy

Penndutch

Cocktails

Cocktails

Cocktails

/vegetarian

Student Sandwich

Vegetarian Casseroles /vegetarian

Soups

Chicken

California Sauces

Cocktails

Cocktails

Hamburger /vegetarian

Sauces

Ethnic

Ice Cream Fruits Freezer

Muffins Usenet

Muffins

Low-cal Microwave Fruits

Fruits American Microwave Pies

Fruits American Microwave Pies

Fruits American Grains/nuts Microwave

Puddings Fruits French

Microwave Soups/stews

Toppings Cheese/dairy

Cheesecakes Usenet

Chinese

Biscuits Usenet

Crockpot French

Casseroles Soups/stews

/crackers

Cajun

Cajun

American Microwave
Penn Dutch
American Microwave
Student Potato Vegetable /vegetarian
Chinese Rice /vegetarian
American Microwave
Oriental Microwave /vegetarian
Chinese /vegetarian
Oriental Microwave /vegetarian
Oriental Pork/ham
Low-cal Entree /game
Indian Chicken Rice /game
Indian
Snacks

Fruits
Ice Cream Chocolate Freezer Pies
American Microwave /crackers
American Microwave /crackers
American Microwave /crackers
Entree /game
/game
/game
Afghan Vegetarian
Snacks
American Microwave Sauces/spices
Beef American Microwave
Soups/stews
Ethnic /vegetarian
Cocktails
Soups Soups/stews
Russian Ethnic Side Dish

French
Ethnic

/vegetarian
French Microwave /vegetarian
Microwave
Toppings
Cocktails

Entree /game
Italian
Ice Cream Freezer
Ice Cream Freezer Grains/nuts
Ice Cream Freezer

Oriental Pork/ham
Oriental
Beef Oriental
/game
Oriental Chicken /game
Oriental /vegetarian
/game
American Microwave /game
Oriental Soups/stews
Oriental Pork/ham
Chinese Pork/ham
Asian Oriental /vegetarian
Chinese Veal
Chinese
Casseroles
/crackers

Grains/nuts American Microwave /crackers
Muffins

Entree

Cocktails
Microwave

Cocktails
Sauces
/crackers
Cocktails
Fruits Barbeque /game

Cocktails
Entree
Hamburger
German /crackers

Cocktails
Microwave /crackers
Low-cal Soups/stews

Mixes
Mixes Kids Snacks
Mixes
Mixes

Mixes Breadmaker
Soups/stews

Cajun
Italian
American Grains/nuts Microwave

Breadmaker
Breadmaker
Entree Mexican /vegetarian
/pies

Casseroles Cheese/dairy
Hamburger Casseroles Casseroles

Mexican Cheese/dairy

Usenet
Italian Pizza Cheese/dairy
American Microwave Casseroles Cheese/dairy

Soups/stews
Vegetarian Entree Side Dish Casseroles Greek Casseroles

American Dairy Microwave
/vegetarian

Vegetarian
Breadmaker
Entree Beef Casseroles

/vegetarian
/vegetarian

/vegetarian
Garlic /vegetarian
Low-cal
/vegetarian
Italian /vegetarian
American Microwave /vegetarian

Soups Soups/stews

Soups/stews

/vegetarian

Soups Usenet

/vegetarian

Soups /vegetarian

/vegetarian

/vegetarian

Low-cal /vegetarian

Casseroles Casseroles

Microwave /vegetarian

Chinese /vegetarian

American Microwave /vegetarian

Soups/stews

Entree /vegetarian

Low-cal /vegetarian

Sandwiches /vegetarian

Sandwiches Cheese/dairy

Mexican Chicken /game

Chicken /game

/game

Student Pork Lamb

Italian /vegetarian

American Microwave

American Microwave

Student

Chinese Beef

Chinese Chicken /game

American Microwave Chicken /game

Chinese

Relishes Toppings /vegetarian

Thai Chicken /game

Chinese

American Microwave /game

Oriental

/vegetarian

Cajun

Italian
Entree /game

Penndutch Soups/stews
Soups/stews
Microwave Rice
American Microwave

/crackers
Snacks /crackers
Fruits American Microwave
/crackers
/crackers

American Microwave /pies

Chocolate /crackers
Microwave Cheese/dairy

Vegetarian /crackers
Cheese/dairy
American Microwave Cheese/dairy

/crackers
/vegetarian
Holidays /vegetarian
/vegetarian
/vegetarian
/vegetarian
German /vegetarian
/vegetarian
American Microwave /vegetarian
American Microwave /vegetarian

Penndutch
Oriental /vegetarian
Vegetarian Buddhist Soups/stews
Snacks /game

Chicken
/game
Chocolate Cereal /crackers
/game
/game
Chicken /game
Korean Entree

Entree Low-cal
Cocktails
Cocktails Irish
Mexican
Stew Beef Entree
Beef American Microwave
Hamburger
Soups/stews

/crackers
Mexican Microwave Beans Casseroles Cheese/dairy
Japanese Pork/ham
/crackers
Ice Cream Grains/nuts Freezer
Ice Cream
American Microwave /pies

/vegetarian
/vegetarian
Ice Cream

Oriental
Pork/ham

Muffins
Spicy/hot Soups/stews

/game
Dairy American Dressings Microwave
American Microwave Chicken /game
Dairy American Microwave Pies

Soups Fruits Soups/stews

Vegetarian Soups/stews
/crackers
Microwave

/crackers
/crackers
Snacks
Dairy American Microwave
American Microwave Sauces/spices
Peas Zucchini /vegetarian
Fruits /vegetarian
Vegetarian
Korean /vegetarian
Soups Soups/stews
American Microwave /vegetarian
Casseroles /vegetarian
Ethnic Microwave /vegetarian
Fruits /vegetarian
German /vegetarian
American Microwave /vegetarian
Casseroles
American Microwave /vegetarian
Soups Soups/stews
Microwave /vegetarian
Microwave /vegetarian
Side Dish /vegetarian
Mexican Barbeque
Chicken /game

Low-cal

Crockpot Chicken Entree /game
Entree /vegetarian
Cajun
Cajun
Cajun

Cajun
Cajun Soups/stews
/vegetarian
Cajun
Cajun Microwave /vegetarian

Cajun
Cajun
Cajun
Cajun Chicken /game
Chicken /game

Chocolate /crackers

Mexican /vegetarian

Mexican Beef Chili Soups/stews
/vegetarian
Fruits Dressings
Ethnic

Cheese/dairy

Potatoes American Microwave /vegetarian
/vegetarian
Entree
Mexican Cheese/dairy
Fruits American Microwave /vegetarian
American Microwave
Cambodian Pork/ham
Chicken /game
Tex-mex /crackers
Soups Soups/stews
Soups Soups/stews
Cheese/dairy
Microwave
Fruits American Microwave

Potatoes Microwave /vegetarian
/crackers
Dairy American Microwave
/crackers
/crackers
/vegetarian
/crackers
Preserves
Italian
Italian Cheese/dairy
Fruits Low-cal
Fruits Vegetarian
Ice Cream Freezer
Italian Fruits Microwave
Microwave Soups/stews
Chinese Chicken Pork/ham /game
Chinese Chicken /game
Chinese Pork/ham
Chinese Chicken
Cheese/dairy
Chinese Hamburger
Chinese /game
Chinese Chicken /game
Chinese Pork/ham
Cocktails
Mexican
Low-cal /game

Italian Microwave /vegetarian
Italian

Fruits American Microwave

American Grains/nuts Microwave /game
Mexican

Chinese
Microwave /pies
Ethnic

Grains/nuts American Microwave
American Microwave /game
Fruits Dairy
Microwave Sauces/spices

American Grains/nuts Microwave /game

/vegetarian
Hamburger Herbs/spice
/crackers

Holidays /pies
Indian
Chocolate /crackers
/vegetarian
Microwave Chicken /game
/game

Beans Mexican

/game

Mexican

Mexican Beef
Pork/ham Mexican Stews
Entree Venezuela
Entree Venezuela

/crackers
Entree
Beef American Microwave

Soups/stews
Low-cal /vegetarian
California Vegetarian Soups/stews

/crackers
American Microwave /vegetarian
Chinese /game

Usenet

Microwave /vegetarian
/vegetarian
Soups/stews
American Microwave /vegetarian
/crackers

Rice
American Microwave /vegetarian
Grains/nuts /vegetarian
American Microwave /vegetarian
Ethnic Holidays Fruits /vegetarian
/vegetarian
German /vegetarian
Herbs/spice /vegetarian
American Microwave /vegetarian
/vegetarian
/vegetarian

Oriental /game
Chinese Chicken /game
Chinese Chicken /game
Microwave Oriental Chicken /game
Chinese Chicken /game
Chinese
American Microwave
Chocolate American Microwave
Italian Casseroles Pork/ham Casseroles
American Grains/nuts Microwave Casseroles
Drinks Spanish Usenet
Casseroles Casseroles
Hamburger

Kids /crackers
Casseroles

Mexican /vegetarian

Mexican Pork/ham
Cajun
Entree
Cajun Usenet

Entree

Low-cal Chicken /game

Entrees Usenet
Soups /vegetarian
/vegetarian
Side Dish /vegetarian
Casseroles /vegetarian
Cheese/dairy
/vegetarian
/vegetarian
/vegetarian
Diabetic /vegetarian
Soups Soups/stews
Oriental Microwave /vegetarian

Indian /vegetarian
/vegetarian
/vegetarian

Soups/stews

Spicy/hot Mexican

/vegetarian
Usenet

Vegetarian Soups/stews
Oriental Beef
/vegetarian

Mexican
Ceylon Chicken Spicy/hot /game
Puddings Usenet

Chicken /game
Ethnic
Jewish Italian Holidays
Chinese Pork/ham
Vietnamese
Indian
Ethnic
Entree Curries /vegetarian
Entree Curries /vegetarian
Thai

Chocolate /crackers

Student Beef Casserole
Mexican
Mexican /vegetarian

Dairy Fruits
Dairy Fruits
Sandwiches /vegetarian
Side Dish /vegetarian

Soups /vegetarian

Microwave Cheese/dairy

Dairy

Sandwiches /vegetarian
Cheese/dairy
Dairy Fruits

Microwave /vegetarian
Sandwiches
/vegetarian
Sandwiches Cheese/dairy

Sandwiches Cheese/dairy
Soups /vegetarian

Soups Soups/stews
Beef
Soups Soups/stews
Snacks
Casseroles Entree Diabetic Casseroles

Pork/ham
Side Dish /vegetarian

Cheese/dairy

American Microwave /vegetarian
Chicken /game
Chili
Snacks
/crackers

American Grains/nuts Microwave Cheese/dairy
Ethnic Microwave Cheese/dairy

Grains/nuts Ethnic Microwave Cheese/dairy

Casseroles Vegetarian Casseroles

Kids /crackers
Hamburger Cheese/dairy
Microwave

Ethnic Cheese/dairy
Microwave Cheese/dairy
American Microwave /vegetarian

Ethnic Cheese/dairy

Microwave
Microwave Cheese/dairy
American Dairy Microwave Cheese/dairy

Student Dessert Cheese/dairy

Sandwiches Cheese/dairy
Student Sandwich Cheese/dairy

Microwave
Hamburger Casseroles Entree Cheese/dairy
Casseroles
Pies
Italian Cheese/dairy
Microwave Soups/stews
Hamburger Entree /vegetarian
/vegetarian
Low-cal Side Dish /vegetarian

Soups Chicken /vegetarian
Microwave Chicken Casseroles /game
Mexican Casseroles Cheese/dairy

Microwave
Microwave Pork/ham
/vegetarian
Sandwiches /vegetarian
Snacks
Low-cal Cheese/dairy

Cheese/dairy

Italian Microwave Cheese/dairy
Chicken Mexican Cheese/dairy

American Microwave /vegetarian
Fruits
Fruits Microwave

Microwave
Fruits American Microwave
American Fruits Microwave

Fruits Microwave
Fruits
Microwave
American Dairy Microwave Pies
Low-cal
Fruits American Microwave

Fruits
Fruits
American Microwave /pies

Side Dish

Freezer Ice Cream Fruits Pies
Fruits American Microwave Pies
Fruits American Microwave Pies

Chocolate American Microwave
Chocolate American Microwave
Fruits
Microwave Cheese/dairy
Fruits American Microwave
Fruits Microwave
/crackers

Entree Cheese/dairy
Chocolate /crackers

Low-cal /crackers
Fruits Microwave

Grains/nuts /crackers
Snacks

Cocktails
Oriental Beef
Cocktails
Vegetarian

/vegetarian
Soups Soups/stews
Vegetarian Soups/stews
Greek
Oriental /game
Chicken Crockpot Fruits /game
Chinese Chicken
Chicken /game
Chicken /game
Entree /game
Italian Chicken /game
Oriental Chicken /game

Pork/ham Entree /game
Chicken /game
/game
Chicken /game
Oriental Chicken /game
Chinese Chicken /game
Ethnic Microwave Chicken /game
Soups Soups/stews
Mexican Chicken
Low-cal /game
Chicken Casseroles /game
Italian Chicken /game
Chinese Chicken /game
Cajun Soups/stews
Fruits Chicken /game
Chinese Chicken
Ethnic Beef Chicken /game
American Microwave Chicken /game
American Microwave Chicken /game
/game
Chinese Chicken /game
Chinese Chicken /game
/game
Chinese Chicken /game
/game
Chicken /game
/game
Soups
Oriental Chicken /game
Chinese Chicken /game
Chicken Casseroles /game
Chicken /game
Mexican Chicken

/game
Chicken Rice Casseroles /game
Chinese Chicken /game
/game
Garlic Sauces
Entree /game
Cheese/dairy
/game
Chicken Entree Casseroles /game
Low-cal Oriental Entree /game
Low-cal Chicken /game
Low-cal Chicken Casseroles /game
/game
/game
Oriental Entree Spicy/hot /game

/vegetarian
Chicken /game
Cajun Chicken /game
Chicken /game
Ethnic /game
Chicken /game
/game
Chicken /game
Chicken /game
American Microwave Chicken /game
Mexican Chicken /game
Chicken Microwave /game
Entree /game
Chicken Rice /game
Chicken /game
/game
Chinese Chicken /game
Chicken
Chicken Mexican Spicy/hot /game
Entree /game
Italian Chicken /game
Italian Chicken /game
Chicken Entree Italian /game
Low-cal

Chicken Casseroles /game
Chicken Casseroles Entree /game
Indian Chicken /game
/game
Chili Chicken /game
Oriental Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Oriental Chicken /game
Chinese Chicken /game
Ethnic Chicken /game
Dressings /game
Chicken /game
Microwave
Chicken Cheese/dairy
Microwave Chicken /game
Snacks Chicken /game
Chinese Chicken /game
Chicken /game
Indian Chicken /game
Thai Chicken Spicy/hot /game

Chinese Chicken /game
Student Chicken /game
Chicken /game
Casseroles Entree /game
Chicken
Chicken /game
Chicken /game
Chicken Casseroles Entree /game
Chicken Low-cal /game
Chinese Chicken
American Microwave Chicken /game
Casseroles Leftovers Mexican /game
Chicken Casseroles /game
Chicken /game
Chicken Mexican /game
Chicken Mexican Cheese/dairy
Low-cal Chicken /game
Chicken /game
Student Chicken /game
Casseroles Crockpot /game
Italian Chicken /game
Chicken

Italian Chicken /game
American Microwave Chicken /game
/vegetarian

/game

California /game
/game
/game
Ethnic Chicken /game
Ethnic Chicken /game
Chinese Chicken /game
Chicken Mexican /game
Thai Chicken Soups
Ethnic Chicken /game
/game
Chicken Chili /game
Chinese Chicken /game
Oriental /game
Chinese Chicken /game
Chicken Mexican Condiments /game
Ethnic Spicy/hot Chicken /game
/game
Mexican Chicken /game
Indian Chicken /game
Entree Garlic /game

Chicken /game
Creole /game
Creole /game
Oriental Microwave Chicken /game
Barbeque Chicken /game
Chicken /game
Chicken /game
Indian Chicken /game
Indian Chicken /game
Chicken Prepare Ahead

Chicken
Italian Chicken /game
/game
/game
Mexican Chicken /game
American Microwave Chicken /game
Chicken Casseroles /game
Cajun Chicken /game
/game
Italian Chicken /game
Entree /game
/game
Chicken /game
Italian Chicken /game
Chicken Entree Casseroles /game
Snacks Chicken /game
Chicken /game
Microwave Low-cal Chicken /game
Chicken /game
Student Chicken /game
Mexican /game
Ethnic Chicken Casseroles /game
Entree /game
Low-cal Entree /game
Low-cal Entree /game
Entree /game
Low-cal Chicken /game
Italian Chicken /game
/game
Chicken /game
Chicken Pies
Chicken Casseroles /game
Italian Microwave Chicken /game
Chicken
Penn Dutch Chicken /game
/vegetarian
/game
Leftovers /game

Chicken
French Microwave Chicken /game
Chicken
Microwave Chicken Rice Casseroles /game
American Microwave Chicken /game
Chicken /game
/game
Chicken /game
Italian Chicken /game
Chicken
Chicken
American Microwave Chicken /game
Chicken
Italian Chicken /game
Chicken Mexican Marinade /game
Thai Chicken /game
Thai Chicken /game
Thai Chicken /game
Cajun Chicken /game
/game
Cajun /game
Student Chicken /game
Chicken /game
Chicken Italian /game
Chicken /game
/game
Chicken /game
Microwave
Microwave
Soups Mexican
American Microwave Chicken
American Microwave /game
Oriental Wok /game
/vegetarian
Chinese Chicken /game
Chinese Chicken /game
Entree Chicken /vegetarian
Entree /game
Chicken Casseroles /game
Oriental Chicken
Chinese Chicken /game
Chicken Casseroles Mexican /game
Mexican Chicken /game
Chicken Rice Mexican /game
Indian Chicken Spicy/hot /game
Indian Chicken /game
Japanese Chicken /game
Japanese Chicken /game
Chicken Entree /game

Sheet1

Low-cal Chicken /game
Fast Chicken Dinner /game
Soups Chicken Mexican /vegetarian
Casseroles Chicken Microwave /game
American Microwave Chicken /game
Chinese Chicken Wings
Chicken /game
Chinese Chicken Wings /game
Chinese Chicken /game
Mexican Chicken Condiments /game
Oriental Microwave Chicken /game
Oriental Microwave Chicken /game
Chicken Chocolate Mexican /game
Thai Chicken /game
/game
/game
Chinese Chicken /game
Entree Low-cal /game
Chinese Chicken /game
Oriental /game
/game
Chinese Chicken /game
Thai Chicken /game
Low-cal Chicken /game
Chicken /game
Chicken /game
Chinese Chicken /game
Chicken Mexican Condiments /game
Chinese Chicken /game
/game
Entree Low-cal /game
Chicken /game
Chicken /game
Entree /game
American Microwave Chicken /game
/vegetarian
Chinese Chicken /game
Chicken /game
American Microwave Chicken /game
Chicken /game
/game
Chicken Microwave /game
Chicken Pies
Chicken
Dressings Chicken Rice /game
American Microwave Chicken /game
Low-cal Entree /game
Italian Chicken Microwave /game

Vegetarian

Chili
Mexican
Mexican
Spicy/hot Mexican /game
Casseroles Mexican Casseroles
Indonesian
Vegetarian Mexican Casseroles /vegetarian
Mexican
Mexican
Chili Microwave Soups/stews
Chili Microwave Soups/stews
Chili Microwave Soups/stews
Chili Microwave Soups/stews
Chili Microwave Soups/stews
Chili
Mexican Chili Soups/stews
Hamburger Herbs/spice Chili Cheese/dairy

Snacks Chili
Chili

Beef Ethnic Microwave Chili
Chili /vegetarian
Chili
Mexican
Entree

Mexican Cheese/dairy
Entree /vegetarian
Mexican Snacks
Mexican Vegetarian Chili Pies
Diabetic Mexican /vegetarian
Rice
California
Chili
Chili Microwave
Chili Microwave
Chili /vegetarian
Beef Chili Soups/stews
Beef Microwave Chili Pies

/vegetarian
/vegetarian
Microwave Soups/stews
Microwave Soups/stews
Low-cal Barbeque Chicken /game
/vegetarian

Vegetarian Low-cal Soups/stews
Fruits American Microwave
Microwave Soups/stews

/crackers
Chinese /crackers
Chinese /crackers
Oriental /vegetarian
Oriental
Chinese Pork/ham
Vegetarian Microwave Entree
Chinese Pork/ham
Oriental Barbeque

Oriental Beef
Chinese Beef
Chinese Beef
Chinese Chicken Pork/ham /game

Chinese
Chinese Chicken /game
/crackers
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken Liver /game

Chinese Chicken
Chinese Chicken
Chinese Chicken
Oriental Chicken /game
Chinese Chicken
Oriental /game
Chinese Chicken Rice Microwave /game
Chinese Lamb
Low-cal
Low-cal
Chinese
Oriental
Chinese
Oriental Herbs/spice
Snacks
Chinese Beef Chicken /game
Chinese /crackers
Chinese /crackers
Chinese /crackers
Chinese Rice /vegetarian
Chinese
New Zealand
Casseroles Vegetarian Casseroles

Chinese
Chinese /game
Chinese Soups Soups/stews

Oriental Microwave /vegetarian
Thai Pork/ham Soups Soups/stews
Chinese Chicken /game
Cheese/dairy
Oriental Microwave
Chinese Pancakes /pies

Oriental
Chinese Beef Coca-cola
Chinese Beef
Chinese Beef
Beef Oriental Ethnic
Chinese Chicken /game
Oriental Entree
Beef Oriental
Chinese
Oriental
Chinese
Chinese
Oriental Rice
Chinese
Barbeque Oriental
Chinese Pork/ham
Chinese
Chinese
Chinese
Oriental Hamburger
/vegetarian

Chinese
Oriental
Vegetarian
Oriental Soups/stews
Chinese Soups Soups/stews
Chinese Beef
Entree

Oriental Microwave /vegetarian
Chinese Chicken /game
Microwave Side Dish /vegetarian
Microwave /vegetarian
Chocolate /crackers

Candies Holidays /crackers

/crackers

Chocolate American Dairy Microwave

Dairy American Microwave

American Microwave

American Microwave

Cocktails

Chocolate American /crackers

Chocolate American Microwave /crackers

Chocolate American Microwave /crackers

Chocolate

Low-cal

Chocolate /crackers

Dairy Microwave

Chocolate

Chocolate /crackers

Chocolate American Microwave

/crackers

Ice Cream Chocolate /crackers

/crackers

/crackers

/crackers

/crackers

/crackers

Muffins

/crackers

/crackers

Chocolate /crackers

/crackers

Snacks

Chocolate American Microwave

Low-cal /crackers

Grains/nuts American Microwave

Chocolate /crackers

/crackers

Chocolate Snacks

/crackers

Chocolate /crackers
American Microwave
Dairy American Microwave /crackers
/crackers
/crackers

Chocolate American Microwave Pies
American Microwave
/crackers
Holidays /crackers
/crackers

Chocolate
Chocolate /crackers
Chocolate American Microwave /crackers
American Microwave
Microwave
Chocolate American Microwave
Chocolate American Microwave

Dairy American Microwave
Chocolate American Microwave

Chocolate

/crackers
Chocolate /crackers
/crackers
/crackers
Dairy American Microwave

Chocolate /crackers

/crackers

Dairy American Microwave
Chocolate
Chocolate
Chocolate /crackers
/crackers
Chocolate Ice Cream
Chocolate
Chocolate

Chocolate

Chocolate /crackers
/crackers
Chocolate /crackers

Chocolate American Microwave
Low-cal

/crackers
/crackers
Chocolate /crackers
/crackers

Fruits Low-cal Pies
/crackers
Chocolate /crackers
Kids Chocolate /crackers
/crackers
/crackers
Chocolate /crackers
Chocolate /crackers
Chocolate Freezer Ice Cream
American Microwave /game
Chocolate
/pies
Dairy American Microwave
/crackers
Chocolate

Muffins Chocolate
American Microwave
Chocolate /crackers
Rice
Ice Cream Chocolate Microwave

/crackers
Chocolate American Microwave
Chocolate

Chocolate /crackers
Chocolate American Microwave
Fruits

/crackers
Chocolate

Fruits American Microwave
Chocolate American Microwave /crackers

/crackers

Chocolate Italian Microwave /crackers
Chocolate American Microwave
Chinese Pork/ham
/vegetarian

Chicken /game
Rice
Casseroles Mexican S
Low-cal /vegetarian
Chinese Chicken /game
Casseroles Casseroles
Hamburger /vegetarian
Low-cal Soups /vegetarian

/crackers
Penndutch
Puddings
Holidays
/crackers
/crackers

Mexican
Low-cal /crackers
Soups Soups/stews
Ethnic Holidays Soups/stews
Holidays Pies /pies
Holidays /crackers

Holidays
Asian Side Dish Kazakh /vegetarian
Microwave /vegetarian
Chicken Rice /game
Chicken
/vegetarian

Kids Can Living Soups/stews
Chutney

Chicken /game
Fruits

Entree Soups/stews

Chili Microwave Soups/stews
Beef Microwave Chili
/crackers

/crackers

Fruits
Low-cal
/crackers
Holidays
/crackers

Cheese/dairy
Ice Cream

Muffins

/crackers

/crackers

Soups Soups/stews
Chicken /game

Fruits
Citrus
Microwave /pies
Fruits
Fruits Microwave

Lobster Citrus Entree
Chicken Low-cal /game
Casseroles
Ethnic
Microwave
Microwave
Soups/stews

Soups Soups/stews

Cocktails

Sauces
Oriental
American Microwave Cheese/dairy
French Dressings Microwave
Chocolate /crackers
/vegetarian

Mexican
Microwave /vegetarian

Fruits

Thai
Oriental Soups/stews
Japanese Soups Soups/stews
Korean Soups Soups/stews
/crackers
Soups/stews
/crackers
/game

Cheese/dairy
Entree Microwave /game
Microwave /game
American Microwave
American Microwave /game
Mexican
/crackers
Chicken /game
Soups/stews
Entree

Low-cal
/vegetarian

Snacks
Beef Microwave Hamburger
Okra Pickles

American Microwave
Snacks
Chocolate American Microwave /crackers
/crackers
/crackers
Chocolate

/crackers
/crackers
/crackers
/crackers
/crackers
/crackers
Dairy American Microwave

/crackers

Thai Soups Soups/stews

Ethnic

/crackers

American Microwave /crackers

Vegetarian /crackers

Ice Cream Chocolate

Microwave Rice /vegetarian

American Grains/nuts Microwave /pies

American Microwave /crackers

Cajun Microwave

Chinese

Mexican

Ice Cream Freezer Grains/nuts

Penndutch /pies

American Dairy Microwave Pies

/crackers

American Microwave Pies

American Microwave

Muffins

/vegetarian

/vegetarian

Soups/stews

Microwave Soups/stews

Microwave Soups/stews

Microwave /vegetarian

Korean Soups Soups/stews

Chinese

Low-cal Chicken /game

Soups/stews

Microwave /vegetarian

Oriental Chicken

Fruits American Microwave

Chinese S
American Microwave
American Microwave
Ethnic Microwave /game
German /vegetarian
Fruits
Chinese Chicken /game
Chinese
Chinese S

Vegetarian Oriental

Cajun
Sauces Sauces/spices

Ethnic
Hamburger /vegetarian
Rice Microwave /vegetarian

Jewish Italian /vegetarian

Fruits American Microwave Pies

California /vegetarian
Casseroles /vegetarian
Relishes Rice
Chinese Rice /vegetarian

Chinese
Korean Spicy/hot
Dairy American Dressings Microwave
American Microwave Pork/ham
Student Vegetable Spinach /vegetarian
Rice /vegetarian
/crackers
/crackers
Kids /crackers
Chocolate American Microwave Pizza /crackers
American Microwave /crackers
/crackers
/crackers
Chicken Microwave /game
Chinese /game
/vegetarian
Low-cal /game

Italian Chicken /game
Italian
French Microwave
Soups/stews
Mexican Condiments
Soups Soups/stews
American Microwave /vegetarian
Soups Mexican

/vegetarian
/vegetarian

American Grains/nuts Microwave /vegetarian

Soups/stews

Sandwiches

Oriental Soups/stews
Ethnic
Ethnic
Muffins
Muffins

Ethnic /vegetarian
Mexican /vegetarian
/vegetarian
Microwave /vegetarian
Mexican Cheese/dairy
Penn Dutch Soups/stews
Grains/nuts American Microwave /vegetarian
Mexican /vegetarian
Low-cal /vegetarian

Student Vegetable Corn /vegetarian
American Grains/nuts Microwave
Muffins

Beef Microwave
Beef Casseroles

/crackers
/game
Microwave /game
/game
/game
/game

Side Dish /vegetarian
/crackers
Grains/nuts American Microwave S
French Microwave
Penn Dutch Cheese/dairy
/crackers
/vegetarian

Diabetic Casseroles Entree Casseroles
Casseroles Casseroles
Cheese/dairy

Muffins Brunch Dinner
Chicken /game
/vegetarian
Soups/stews
Cheese/dairy

Entertain /crackers
Pork/ham Veal

Soups Soups/stews

Ethnic Microwave
/vegetarian
Microwave

/vegetarian
Chocolate /crackers
Entree Mexican Casseroles Beef
Herbs/spice

Mexican

Ethnic

American Microwave Cheese/dairy
Soups Soups/stews
Casseroles
Sandwiches
Ethnic
Ethnic Casseroles

Chili

Chinese Soups
American Microwave
Chinese

American Microwave
American Microwave
American Microwave
American Microwave
Cajun
Entree
Snacks
Chinese Pork/ham
Low-cal

Microwave
American Microwave
Ethnic
Chinese

Ethnic

Ethnic Chicken

American Microwave

Crab Shrimp Entree
Cajun
Cajun Microwave

Chinese

Chinese Rice Soups Vegetarian Soups/stews

Ethnic Holidays Fruits

Medieval Holidays Fruits

Vegetarian

Entertain

Fruits

Ice Cream Freezer

American Fruits Microwave Pies

American Fruits Microwave Pies

Diabetic /vegetarian

Cajun

Cajun Chili

Cajun Microwave

Entree

Cajun

New Zealand

Cajun Microwave

Cajun

Ethnic

Cheese/dairy

/crackers

Dairy

Pies

Microwave Cheese/dairy

Chicken Soups/stews

Penndutch Dressings

Fruits

Soups/stews

/vegetarian

Microwave /vegetarian

/vegetarian

Microwave /vegetarian

Vegetarian Soups/stews

Microwave /vegetarian

Soups Soups/stews

Soups /vegetarian

American Microwave /vegetarian

Soups Soups/stews

Ethnic

Microwave /vegetarian

Soups/stews

Soups Soups/stews

Soups/stews

Soups/stews

Soups/stews

Soups/stews

Soups/stews

Soups/stews

American Microwave

Soups/stews

American Microwave

Soups/stews

Dairy Microwave

Soups/stews

Oriental Cheese/dairy

Fruits /vegetarian

Soups Soups/stews

/vegetarian

Entree Microwave

Penndutch /vegetarian

Microwave /vegetarian

/vegetarian

Beef Veal

Soups/stews

Fruits /vegetarian

Chicken /game

Hamburger /vegetarian

Dairy Microwave

Sheet1

Chicken /game
Entree Casseroles /game
Chicken /game
Casseroles Low-cal /game
Chicken Casseroles /game
Low-cal Chicken /game
Entree /game

Chocolate American Microwave
Entree /game

Microwave
Low-cal /vegetarian
Dairy Cheese/dairy
Chocolate
American Microwave
Dressings Sauces Vegetarian
Mexican Microwave /vegetarian

Italian Dressings Microwave
Vegetarian
Microwave Cheese/dairy
Hamburger Microwave

Student Sauce Mustard Sauces/spices

Pork/ham Microwave

Dressings

/vegetarian

Low-cal Vegetarian
Italian Entree Microwave S
Microwave /vegetarian
Entree
American Microwave Casseroles
/game
Microwave Pies

Student Vegetable /vegetarian

Microwave Soups/stews
French Dairy Microwave
Cheese/dairy
Ethnic
Snacks /crackers

Chocolate
Ice Cream Alcoholic
Chocolate American Microwave
Dairy Italian Microwave
Soups /vegetarian
Soups Soups/stews

Cheese/dairy
Cajun Microwave
Cajun Rice /vegetarian
/vegetarian
Cajun Cheese/dairy
Ethnic Soups/stews

Cajun Cheese/dairy

Cajun
Creole /vegetarian
/vegetarian
Cheese/dairy
Pies /pies

/vegetarian
Jewish Italian Holidays

Holidays /crackers

Italian Dairy Microwave

/crackers

Oriental Entree
Pickles Cucumbers
Chinese Pork/ham
Penn Dutch /crackers
/crackers
/crackers

Pickles Fruits
Chinese Pork/ham

Snacks Beans Vegetarian
Chinese Chinese
Low-cal
Low-cal
Low-cal /vegetarian
Vegetarian
Chinese /game
Low-cal Chicken /game
Chicken
Chicken Entree /game

Chicken /game
Chinese Chicken /game
Low-cal Chicken /game
Student Chicken /game
Thai Side Dish Vegetarian

Oriental /vegetarian
Grains/nuts Oriental Microwave
Chinese Pork/ham
Sandwiches Italian
Crockpot Beef Soups/stews
Soups Crockpot /vegetarian
Crockpot Entree
Soups Soups/stews

Soups/stews
/vegetarian
/game
Crockpot Chicken Stews /vegetarian

Cheese/dairy
Cheese/dairy
/game
/game
Crockpot Chicken Italian Entree /game
/game

/game
Soups Soups/stews
/game

Soups Soups/stews
Cheese/dairy
Cheese/dairy
Soups Crockpot French Soups/stews

Casseroles /vegetarian

/game

/vegetarian

/vegetarian

/vegetarian

/game

Soups /vegetarian

Mexican Soups Chicken Soups/stews

/crackers

Cheese/dairy

Entree Microwave

/vegetarian

Oriental Beef

/game

American Microwave Chicken /game

/crackers

Hamburger Herbs/spice /vegetarian

Entree Low-cal

Entree

Low-cal Cheese/dairy

Entree

Entree Cheese/dairy

Cocktails
/vegetarian
Low-cal Soups/stews
Soups Low-cal Soups/stews

American Microwave /vegetarian
American Microwave /vegetarian
German Soups/stews
Cambodian
American Microwave /vegetarian

German /vegetarian
Chicken

Chinese Pork/ham

Korean
American Microwave /vegetarian

Indonesian
Chicken /game
Chicken
Penn Dutch Cheese/dairy
American Microwave

Snacks

Fruits

Can Living
Beef Ethnic Microwave
Soups/stews
Curries Entree /vegetarian

Chicken
Low-cal Ethnic Chicken /game

Indonesian Chicken /game
Ethnic Microwave Chicken /game
Oriental Chicken /game
Snacks Chicken /game

Snacks Chicken /game

Indonesian Spicy/hot
Microwave /vegetarian
Soups/stews

Casseroles Hamburger Casseroles

Low-cal Entree /vegetarian
Potatoes Ethnic Microwave /vegetarian

Fruits Microwave
Curries /vegetarian
/vegetarian
American Microwave
Snacks
Thai

Vegetarian

Fruits Hamburger /vegetarian

Pickles Cucumbers

Oriental Beef Wok /game
Thai Soups Spicy/hot Soups/stews
Chinese
Penndutch /vegetarian
Fruits
/crackers
Soups Soups/stews
Soups /game
Beef Soups/stews

Indonesian /vegetarian
Cocktails

Casseroles Entree Cheese/dairy
Casseroles Side Dish S
Ice Cream

Australian
Soups/stews
Penndutch

Japanese

Pork/ham Soups/stews
/crackers
Chocolate
/crackers

Thai
Japanese Soups Soups/stews
Fruits

/crackers

/crackers

/crackers
/crackers
Vegetarian
/pies

Muffins

/crackers
/crackers
/crackers
/crackers

Chocolate

Chocolate
Chocolate /crackers

Chinese

Vegetarian
Entree
Chinese
American Microwave
American Microwave
American Microwave
American Microwave
Oriental

Sweets /crackers
Thai Vegetarian

Penndutch /crackers

Fruits
Cocktails

Mexican Snacks

Soups /vegetarian

Grains/nuts
Pizza

Ethnic

Cheese/dairy
Cheese/dairy
Cheese/dairy

Fruits Sandwiches Pork/ham Cheese/dairy

Cajun
Hamburger Cheese/dairy

Ethnic
Penndutch

/crackers
/crackers

Entree /game
/crackers

Low-cal Mexican
Low-cal Mexican

Pickles Cheese/dairy

American Microwave /vegetarian
/vegetarian
/vegetarian
Entree Herbs/spice /game

Tomatoes

Pickles /vegetarian
Muffins Dinner
Pickles Garlic /vegetarian
Soups/stews

Sauces
Cocktails

Entree /vegetarian
/vegetarian
Oriental Microwave
Student Soup Stew Soups/stews
Greek Vegetarian

Greek Vegetarian

Thai Soups Spicy/hot
Greek Vegetarian Soups/stews

/vegetarian
Dressings Sauces Diabetic

Entree /game
Ice Cream Freezer Grains/nuts

Hamburger Casseroles /vegetarian

Low-cal
Chocolate /crackers
Chocolate /crackers
Kids /crackers

Ethnic
Fruits

/crackers
Penndutch
Wild Game /game
Fruits
Cheese/dairy
Rice Oriental /vegetarian

/vegetarian

/crackers

Beef Casseroles
Snacks Beef
Thai Chicken Soups Soups/stews

German

/crackers

Chicken Soups Mexican /game
Mexican
Chicken Mexican /game
American Microwave
/vegetarian

Chinese

/game
/game
/game
Thai Spicy/hot /game
Wild Game /game

Sauces
Chinese /game

Mexican Wild Game /game
Chinese /game
/game
Vietnamese /game
/game
Chinese Soups
/crackers

/crackers

Penndutch
Penndutch Cheese/dairy
Canadian
Vegetarian Soups/stews
Ethnic
Pot Roast Beef
Penndutch Casseroles Casseroles
Penndutch
Penndutch /vegetarian
Penndutch /vegetarian
Chili Spicy/hot /vegetarian

Chicken /game
Indian
Indian
/crackers

Low-cal
/vegetarian
Casseroles Chicken /game
Casseroles /game
Entree /vegetarian

/vegetarian

Chicken /game
Italian /game
Casseroles /game

Sauces
Italian
/crackers
Casseroles
Pickles Cucumbers
Cheese/dairy
Ice Cream
Chicken Pork/ham /vegetarian
Microwave Soups/stews

Beef Soups/stews

/vegetarian
Low-cal /vegetarian

/crackers

/crackers

Casseroles Casseroles
Vegetarian Entree
Chinese Pork/ham
Vegetarian
Low-cal
Oriental
/crackers
Chocolate /crackers

Mexican Cheese/dairy
Cheese/dairy
Penn Dutch Cheese/dairy
Chinese
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Cheese/dairy
Chinese Cheese/dairy
Cheese/dairy
Chinese Cheese/dairy
Chinese Cheese/dairy

Oriental Cheese/dairy
Cheese/dairy

Pork/ham

Chinese
Oriental
Chinese
Chinese
Snacks
/crackers
Penndutch
/crackers
Holidays

Holidays Dairy
Entertain /crackers
Vegetarian
/vegetarian
American Microwave Casseroles /vegetarian
/vegetarian
Ethnic /vegetarian
Indian /vegetarian

/vegetarian
/vegetarian
Low-cal /vegetarian
Italian Entree /vegetarian
Italian /vegetarian
African
/vegetarian

Thai Chicken /game
Oriental /vegetarian
/vegetarian
Casseroles Vegetarian Casseroles
Casseroles Diabetic Vegetarian /vegetarian
Ethnic Cheese/dairy
Entree Cheese/dairy
Cheese/dairy
Cheese/dairy

Laos

Cheese/dairy

Sheet1

Student Egg Cheese/dairy
Student Egg Cheese/dairy
Can Living
/game
Side Dish /vegetarian
Indian Cheese/dairy
Soups Mexican Chicken Soups/stews
Pork/ham

/vegetarian

Entree Low-cal
Mexican

Cocktails Irish

/game

Beef Mexican
Oriental Wok /game
Chinese Chicken Wings
Oriental Microwave /vegetarian
Mexican Cheese/dairy
Mexican Entree /game
Mexican Casseroles Casseroles
Chicken Spicy/hot Mexican /game
Mexican Cheese/dairy
Student Sandwich

Holidays

British Casseroles Casseroles
Dairy Ethnic Microwave

Mexican Microwave /vegetarian
Beans Mexican
German /vegetarian
Ethnic /vegetarian

Ethnic
Italian Microwave
British Fruits

Cocktails

Thai Chicken /game
Thai Entree /game
Fruits Oriental Microwave
Cheese/dairy
Ethnic

Mexican /game
/game
Beef Ethnic Microwave
/game
Ethnic Soups/stews
/vegetarian
German

/crackers
Chinese Pork/ham
/vegetarian
Chinese
Cheese/dairy
Cheese/dairy
Greek Vegetarian Soups/stews
Ethnic Soups/stews
/vegetarian
Penn Dutch /pies
Low-cal /crackers
/crackers

Greek

Fruits Pickles Chili /vegetarian
Alcoholic Cheese/dairy
Snacks /crackers
Pickles Cucumbers

American Microwave /vegetarian

Jewish Italian /vegetarian
/vegetarian
Mexican Cheese/dairy

/game
Holidays /crackers

Ethnic

Cheese/dairy

Microwave
Italian Microwave S

French
Italian
Italian Grains/nuts Microwave S
S

Italian Cheese/dairy
Italian Cheese/dairy
/vegetarian
Chinese Beef
Oriental Pork/ham
Oriental
Mexican Spicy/hot Sauces Condiments
Thai Spicy/hot
Chicken Mexican /game

Entree Low-cal

/crackers

/crackers
/crackers
/crackers
Fruits
Fruits Cheese/dairy
Microwave

Mexican

/crackers
Sandwiches Cheese/dairy
Hamburger
Kids /crackers
Microwave Pork/ham
Microwave
American Microwave /crackers

French Microwave
Entree California

Snacks

Microwave Low-cal Snacks

Greek /crackers

Vegetarian /vegetarian

Entree Spicy/hot Soups/stews

California Entree /game

Chocolate /crackers

Chocolate /crackers

Chocolate /crackers

/crackers

/crackers

/crackers

/crackers

/crackers

/crackers

/crackers

Ethnic

Ethnic Microwave

Entree Low-cal

Microwave

Side Dish

American Microwave

Soups Soups/stews

Indonesian

/vegetarian

/vegetarian

Spicy Light Fast

Mexican

Mexican

Indian Spicy/hot

Mexican

Vietnamese

American Microwave

Student

Chinese

Microwave

Entree

Stock

Diabetic Mexican /vegetarian

Chinese

Entree

Sheet1

Entree Cajun /vegetarian
Soups/stews
Soups/stews
Pizza
Ethnic
Vegetarian Indian Soups/stews

Chinese Chicken /game
Chinese /game
Oriental Herbs/spice Sauces/spices
Oriental
Beef
/game
Herbs/spice

Penndutch
Chicken Condiments Mexican
Herbs/spice

Beef Soups/stews
Italian Chicken /game
Italian Microwave /crackers

Chinese
Mexican
Entree California

Cheese/dairy
Cocktails

Chinese Cheese/dairy

/crackers
/crackers
Chinese /crackers
Chinese /crackers
Soups Vegetarian Soups/stews
Chinese Rice Soups Soups/stews
Chinese Pork/ham
Oriental /vegetarian

Oriental Soups/stews

Barbeque /game

Chocolate Holidays

Chinese Pork/ham

Entree /vegetarian

American Microwave

German Soups/stews

German Soups/stews

Ethnic

Sandwiches Mexican

Cocktails

Fruits

Casseroles

Casseroles

Casseroles

Fruits Low-cal

Fruits American Microwave Pies

French Fruits

Sandwiches Mexican Hamburger

Ethnic /vegetarian

Dressings

Entree

Grains/nuts French Microwave /crackers

French Microwave Cheese/dairy

Soups Soups/stews

French Soups/stews

Ethnic

/vegetarian

American Grains/nuts Microwave /crackers

/vegetarian

/crackers

Ice Cream Freezer

French Microwave /game

Entree Cheese/dairy

Entree Chicken

American Microwave /vegetarian

Potatoes Microwave /vegetarian

Ice Cream Freezer Fruits

Sauces Microwave /vegetarian

/vegetarian

Fruits American Microwave

Fruits American Microwave

Fruits Microwave

/crackers

Ice Cream

American Dressings Microwave

Fruits French Microwave

Microwave /vegetarian

Vegetarian Soups/stews

Vegetarian

Fruits American Microwave

Dairy American Microwave

/vegetarian

Oriental /vegetarian

Ethnic

Dairy American Microwave

Pies

Relishes /vegetarian

Fruits Ethnic Microwave

/vegetarian

German
Casseroles /vegetarian
Pizza /vegetarian
Fruits Entree
/vegetarian
Oriental
Oriental /vegetarian
Thai Vegetarian

Jewish Italian Holidays /game
Chicken /game
Chinese Chicken /game
/game

Chinese Pork/ham
/vegetarian
American Microwave Cheese/dairy
Chinese Cheese/dairy
Student Eggs Cheese/dairy

Chinese
Chinese Pork/ham
Chinese Chicken /game
/vegetarian
Japanese Pork/ham Beef
Mexican Dairy Microwave

Mexican
Student S
Side Dish /vegetarian
Ethnic
Italian
Grains/nuts Italian Microwave
Chinese Pork/ham
Side Dish Oriental Rice /vegetarian
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Oriental Rice /vegetarian
Oriental Rice Wok /vegetarian
Italian Microwave /vegetarian

Side Dish /vegetarian
Oriental
Cajun
Oriental
/vegetarian
Thai
Thai
Mexican Vegetarian

Chinese
Singapore
Chinese Pork/ham

Snacks
Mexican /vegetarian
German Soups/stews
Cheese/dairy
Side Dish Fruits

/crackers
Ice Cream Freezer Fruits Alcoholic

Microwave
Dairy Microwave
Ice Cream
Microwave

Ethnic
Ice Cream Chocolate Freezer
Holidays Ice Cream Freezer
Alcoholic Ice Cream Freezer
Pies

Microwave
Dairy Microwave
German Fruits /vegetarian

Thai
American Dairy Microwave
Micronesia Fruit Bat Soups Soups/stews

Dairy Fruits

/crackers
/crackers

Student Dessert
/crackers

Fruits
/crackers

Fruits French Microwave

German /vegetarian
Low-cal Fruits
Fruits Soups/stews
Low-cal Fruits
Dairy Fruits
Microwave
/crackers
Hamburger Casseroles
Fruits Ethnic

Chinese Pork/ham
Rice

American Microwave Rice /vegetarian
Holidays /crackers
Low-cal Fruits
Low-cal Fruits
/game
American Microwave /game

/crackers
Australian
/crackers
/crackers

/crackers
Chocolate American Microwave

Chocolate

Low-cal

Chocolate /crackers

/crackers

Chinese

/game

Oriental

Chinese Chicken /game

Entree Low-cal

Cocktails

Indonesian /vegetarian

Malaysian

Thai Chicken /game

Ethnic Chicken /game

Thai Chicken Soups Soups/stews

Spicy/hot Thai /game

Vegetarian /vegetarian

Ethnic

/crackers

Thai

Microwave /vegetarian

Entree Low-cal /vegetarian

/vegetarian

Low-cal Vegetarian Soups/stews

Potatoes American Microwave /vegetarian

Rice

Greek Entree

Snacks Vegetarian

/vegetarian

Vegetarian

American Microwave Sauces/spices

Barbeque

/vegetarian

/crackers

Herbs/spice

/vegetarian

/vegetarian

/vegetarian

/game
Condiments
Entree Low-cal Cheese/dairy
Sauces
Thai
Thai
Chinese
Vegetarian
Chinese Beef
American Dressings Microwave Sauces/spices
Indian
Herbs/spice Rice /vegetarian
American Microwave

/vegetarian
Garlic

/vegetarian
Chicken /game
Potatoes /vegetarian
Chinese /vegetarian
Puddings

/vegetarian
Soups /vegetarian
California Soups/stews
Diabetic Vegetarian Mexican
German /vegetarian
/vegetarian

German /vegetarian
German
Stir-fry Wok Chicken /game
Chicken /game
Chinese Chicken /game
Oriental /game
Oriental Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chicken /game
American Microwave
Oriental /game

/crackers
Ice Cream Freezer Chocolate
/crackers
Ice Cream Freezer
German
German Soups/stews

Penndutch Cheese/dairy
/crackers
Soups Soups/stews
Penndutch Soups/stews

Entree Casseroles Vegetarian Casseroles
Penndutch Soups/stews
German /crackers
Cheese/dairy
American Microwave
American Microwave /game
Cocktails
Jewish Holidays
Jewish

Cocktails
Cocktails
Cocktails
Low-cal Chicken Entree Oriental /game

Chinese Beef
Indian Vegetarian
Penndutch /pies
Italian
/crackers

Herbs/spice
/crackers
Sauces
Chinese Pork/ham
Chinese Dressings
Dressings
Chinese
American Grains/nuts Microwave
Low-cal /crackers
Chicken Mexican /game
Chinese
American Dressings Microwave Sauces/spices
Chinese Beef

Garlic Entree
American Microwave /vegetarian

Oriental

/vegetarian

Oriental Ethnic Soups/stews
Fruits American Microwave
Oriental Microwave Pork/ham
Chinese

Chinese
Microwave

Ethnic Microwave /vegetarian
American Microwave /crackers
Chinese Rice /vegetarian
/vegetarian
Chinese Chicken

Microwave /vegetarian
/vegetarian
Oriental Microwave Chicken /game
Entree
Pies
Pies /pies
Entree
Casseroles /vegetarian
Chocolate
Snacks

Chinese
American Microwave Pork/ham
Holidays
Microwave Cocktails
Chocolate /crackers
Soups /vegetarian

Chocolate /crackers
/crackers
/vegetarian
/game

Ethnic Spicy/hot Chicken /game

Chinese

Indian /vegetarian

Alcoholic Cheese/dairy
Cocktails

/game

Chocolate /crackers

Fruits

Ethnic

Microwave /vegetarian

Chinese Chicken

Jewish Italian /vegetarian

American Microwave /vegetarian

American Microwave /vegetarian

Chinese Beef

Fruits Microwave

/vegetarian

Microwave Casseroles /vegetarian

Ethnic /crackers

Chinese Soups Soups/stews

Fruits

Oriental /vegetarian

Fruits

Student Dessert

Afghan

Ethnic Microwave

Microwave Soups/stews

Chocolate /crackers

Side Dish American /vegetarian

Chicken /game

Chicken Italian /game

Casseroles

Chinese Pork/ham

Soups/stews

/crackers

American Microwave /pies

Puddings

/crackers
Chocolate /crackers
Fruits /vegetarian
Cheese/dairy

Fruits Puddings

Chicken
Snacks

/game
Ice Cream
Sauces
/crackers

/vegetarian

Soups Soups/stews
Soups/stews
/vegetarian
Snacks Vegetarian /crackers
/crackers
Grains/nuts American Microwave Pies

Fruits American Microwave

Hamburger

Vegetarian

American Dairy Microwave /pies

/vegetarian
Herbs/spice Potatoes /vegetarian

American Microwave
/vegetarian
Italian
/crackers

/game

Chinese Chicken Microwave /game
/crackers
Pickles /vegetarian
Pickles /vegetarian
Soups /vegetarian
Beef Microwave

Entree Ethnic /game
Soups Soups/stews
Ethnic
Microwave
Hamburger Cheese/dairy
Greek Vegetarian
Ethnic /vegetarian
Ethnic /vegetarian
Side Dish Greek /vegetarian
/vegetarian
Beef Ethnic Soups/stews
Ethnic /game
Ethnic Side Dish /vegetarian
Casseroles /vegetarian
Entree Greek Vegetarian Soups/stews
Ethnic
Casseroles Vegetarian Casseroles
Casseroles /vegetarian
Italian
Ethnic Casseroles /vegetarian
Salad Summer Beans
Oriental Microwave /vegetarian
Student Vegetable /vegetarian
Grains/nuts /vegetarian
/vegetarian
Ethnic /vegetarian
/vegetarian
/vegetarian
/vegetarian
German /vegetarian
Low-cal /vegetarian

Entree Mexican
Mexican /vegetarian
Chili /vegetarian
Mexican Chili /vegetarian
American Dressings Microwave

Mexican Chicken Cheese/dairy
Thai Vegetarian
Italian /vegetarian
/vegetarian
Microwave /vegetarian
Beef Oriental

Relishes Pickles Fruits /vegetarian
Relish Pickles Tomatoes
Ethnic /vegetarian
Tomatoes /vegetarian
German /vegetarian
/vegetarian
/vegetarian
American Microwave /vegetarian
Dressings
American Microwave /vegetarian
Cocktails

Thai Beef
Wild Game

Mexican Chicken /game
/game
Chicken /vegetarian
/game
Entree /game
Chicken /game
Herbs/spice Chicken /game
Japanese Chicken /game
Mexican Chicken /game
Mexican /game
Mexican /vegetarian
Mexican /game

Thai

Dairy Microwave Cheese/dairy
Low-cal Pizza
Microwave

Entree
Wild Game Tex-mex Entree
Japanese Spicy/hot /vegetarian
Barbeque
Side Dish /vegetarian
Low-cal Barbeque Chicken /game
Mexican

Chinese
Fruits

Chinese /game
Cheese/dairy

Chinese
Grill /vegetarian
Sandwiches

Barbeque
Oriental Beef

Ethnic

Indian
Vietnamese /game
Chinese
Entree

Japanese
Fruits American Microwave /vegetarian

Entree California
Low-cal Grill /game
Barbeque /vegetarian
/vegetarian
Italian Microwave /vegetarian

Ethnic Casseroles /vegetarian

British Entree
Beef Italian Microwave
Beef Italian Microwave

Entree Vegetarian African Soups/stews
Microwave

German /vegetarian
German Soups/stews

Mexican /vegetarian
Fruits Mexican
Condiments Mexican /vegetarian

Mexican Cheese/dairy
Mexican
Student Sauce Sauces/spices
Mexican
/vegetarian
Mexican /game

Casseroles /vegetarian
German
Oriental /vegetarian
Indian Vegetarian
/vegetarian
German Casseroles Soups/stews
Soups Soups/stews
Soups Soups/stews
Cajun

/crackers
/crackers

German Soups/stews
German /vegetarian
Oriental /game
Ethnic Microwave
Oriental
Chinese
Dressings
Scottish
Scottish
Scottish
Beef Sandwiches Microwave
American Microwave

Mexican
/crackers
Afghan
Microwave Pork/ham /vegetarian
Pork/ham Fruits /vegetarian

/vegetarian
Pork/ham
Snacks Pork/ham
Entree
Diabetic Pork/ham Casseroles Casseroles
Soups Soups/stews
Casseroles Low-cal S
Potatoes Microwave Pork/ham

Pork/ham Pies
Pork/ham
Soups Soups/stews
Soups Soups/stews
Low-cal /vegetarian
Microwave Pork/ham
Pork/ham

Pork/ham
Microwave Pork/ham
Microwave Pork/ham

French Microwave Pork/ham
Pork/ham
American Microwave Pork/ham Cheese/dairy
Oriental
Oriental
Casseroles Casseroles
Jewish Italian Holidays
German
Casseroles
Hamburger Casseroles Casseroles
German
Beef Microwave Hamburger
Casseroles Hamburger Casseroles
Hamburger /vegetarian
Hamburger /vegetarian
Hamburger
Hamburger Pizza /vegetarian
Hamburger Beef Soups/stews
Hamburger /vegetarian
Beef Microwave Hamburger
Hamburger
Hamburger /vegetarian
Student Meat
Jewish Italian Holidays
Vietnamese Beef Soups Soups/stews

Chinese Pork/ham

Student Eggs Cheese/dairy
American Microwave Cheese/dairy
Canadian /vegetarian
Soups Soups/stews
American Microwave
Holidays /crackers
American Microwave /vegetarian

Beef American Microwave
Microwave /vegetarian
/crackers
/game
/crackers
Soups/stews
/vegetarian
Cocktails
German
Penndutch
Potatoes Microwave /vegetarian
Penndutch /vegetarian
Lebanese

Hawaiian
Hawaiian Chicken /game
Hawaiian Salsa
Hawaiian Chicken /game
Chocolate Snacks /crackers
/crackers

American Microwave
Chocolate

/crackers
Microwave
Grains/nuts American Microwave

Casseroles /vegetarian
Dairy French Microwave
Soups/stews
/crackers
Hamburger
Beef /vegetarian
Indian Chicken Soups Soups/stews
Microwave

German Soups/stews
Soups/stews
Casseroles Casseroles
Soups Entree
Soups/stews

Italian

Soups/stews
Soups/stews
Soups Soups/stews
American Microwave /vegetarian
Microwave /vegetarian
Beef Soups/stews
/vegetarian
Ice Cream

Low-cal

Toppings Chocolate
Soups/stews

Hamburger
Muffins Brunch

Microwave /vegetarian
American Grains/nuts Microwave

American Grains/nuts Microwave
Microwave /vegetarian

American Dressings Microwave Sauces/spices
Chicken American Microwave /game
/vegetarian
/vegetarian
American Microwave /vegetarian
/vegetarian

Chicken American Microwave /game
Chicken
Low-cal /vegetarian

Ethnic Holidays /vegetarian
Cheese/dairy
/vegetarian
Beef American Microwave
/vegetarian

/vegetarian
Ethnic /vegetarian
Rice Cheese/dairy

Herbs/spice Soups/stews
/vegetarian
Soups/stews
Low-cal /vegetarian
/crackers
German /vegetarian
German Fruits /vegetarian
German Fruits /vegetarian
/crackers
Microwave
Soups/stews

German Fruits
Chocolate

/crackers
/vegetarian
/vegetarian

Hungarian Soups/stews
Mexican Chicken /game
Muffins
Low-cal

Entree
/crackers
/crackers
Chocolate /crackers

Japanese Beef
Thai Pork/ham
/vegetarian

German /vegetarian
/game
Chinese Chicken /game
Chocolate /crackers
Snacks
Low-cal
Alcoholic Cheese/dairy

/crackers
Chili Pork/ham
Microwave /vegetarian

Sheet1

/crackers
French Microwave Cheese/dairy
Penndutch /vegetarian

Side Dish /game
Ice Cream

Ice Cream Chocolate
Soups Soups/stews
Microwave Soups/stews

Low-cal Cheese/dairy
Snacks /crackers
Chocolate /crackers
Italian Microwave
Chocolate
/vegetarian
/vegetarian
Mexican /vegetarian

Fruits American Grains/nuts Microwave

/game

Entree
Chinese Chicken /game
Entree /game
Chocolate /crackers
/crackers
Ice Cream
/crackers
Fruits

Chicken /game
/crackers
/crackers

/game

Snacks /crackers

/game

/crackers

/crackers

Rice

Snacks

/game

Low-cal Chicken /game

Chicken American Microwave /game

American Microwave

Fruits

Microwave

Entree Lamb Oriental

Chinese

Soups/stews

Ethnic Microwave /vegetarian

Oriental

Japanese Dressings

American Microwave /vegetarian

Vegetarian Greek Soups/stews

Chinese Cheese/dairy

Oriental Soups/stews

Chicken Mexican

Chicken Spicy/hot Mexican /game

Dressings

Oriental /vegetarian

Thai Chicken Soups Spicy/hot Soups/stews

Chinese Soups Soups/stews

Thai Vegetarian Soups/stews

Thai Soups Soups/stews

Vietnamese Soups

Thai Soups/stews

Thai Soups Spicy/hot

Vegetarian Soups/stews

Chinese Soups Soups/stews

Chinese Soups Soups/stews

Chinese Soups Soups/stews

Chinese Soups Soups/stews

Chinese Soups Soups/stews
Thai Vegetarian

Chinese Chicken Spicy/hot /game
/game

Cajun

Cajun Chicken /game

Chinese Spicy/hot S

Penndutch

Cocktails Microwave
Chinese Chicken

Fruits
Chicken Microwave
Entree /game
Cajun Chicken /game
Korean Soups Spicy/hot Soups/stews
Chocolate

American Dairy Microwave

Cheese/dairy
Pickles /vegetarian
Fruits

Entree Vegetarian Soups/stews
Potatoes German Microwave /vegetarian
Oriental Sandwiches
Italian
Italian

Snacks

Oriental Soups/stews
Oriental Microwave /vegetarian
Cocktails

Side Dish Oriental /vegetarian
Chinese Spicy/hot
Chinese Chicken /game

Korean Soups
Penndutch Dressings
Oriental
Chinese Chicken Spicy/hot

Italian
Thai Soups Soups/stews
/vegetarian

Ethnic Chicken /game
Chicken Oriental /game
Mexican
Mexican
Mexican
Mexican
Chocolate
Cheese/dairy
Mexican Cheese/dairy
Mexican Cheese/dairy
Casseroles Vegetarian Cheese/dairy
Cheese/dairy
Mexican Cheese/dairy

Herbs/spice
Herbs/spice
/vegetarian
/vegetarian

California Vegetarian
Chinese Chicken Spicy/hot /game
Chinese Chicken Spicy/hot /game
Beef Soups/stews
Chocolate
Soups/stews
Casseroles Soups/stews
Soups/stews
Entertain /crackers

/crackers
Casseroles /vegetarian
/vegetarian
Hamburger Casseroles /vegetarian

Ethnic Soups/stews
/vegetarian

Casseroles Casseroles
Cajun Pies
/crackers

Ice Cream

Ice Cream
Italian Fruits Ice Cream
Pickles Cucumbers
/crackers

Chocolate
/crackers
Oriental Soups/stews

Indonesian
Indonesian Entree
Oriental Microwave
Chicken /game

Chinese Vegetarian
Chinese
Cheese/dairy
Bisquick
Entree
Bisquick Beef Pies
Cheese/dairy
Entree Pies /vegetarian
/vegetarian
Bisquick /vegetarian
Entree Pies
Pies Entree /game
/game
/game
Bisquick Chicken Pies
Chili Microwave Cheese/dairy
Bisquick Pies
Bisquick /vegetarian
Bisquick Pork/ham

Bisquick Pork/ham Pies

Cheese/dairy
Beef Bisquick Pies
/vegetarian
Cheese/dairy
Beef Bisquick Dairy Pies
Bisquick /crackers
Mexican
Dairy Bisquick Pies /vegetarian
Bisquick Dairy Pies

/game
/game
Bisquick Dairy Pies /vegetarian

Indian
Relish Cucumbers Tomatoes Pickles
Indian Cheese/dairy
Chicken
Indian Chicken Coca-cola Spicy/hot /game
Ethnic Chicken /game
Indian Chicken /game
Indian Vegetarian
Penndutch

Rice
/vegetarian

Beef Microwave
Dairy French Microwave
Pizza
Oriental Beef
Indonesian
Indonesian
Indonesian Chicken /game
/vegetarian
Italian
Italian Microwave /vegetarian
Toppings
Holidays
Casseroles Casseroles
Ethnic
Ethnic

Sheet1

Irish Scones
Cocktails Irish
Cocktails Irish
Cocktails Irish
Cocktails Irish

Irish Casseroles Casseroles
Soups/stews
Soups Soups/stews

Cocktails Irish
Stews Crockpot

Oriental Dairy Microwave Cheese/dairy
Oriental

Soups/stews
Entree Casseroles Lamb Italian Casseroles

Casseroles Casseroles
Crockpot Chicken /game
/game
Italian Dressings Microwave

Italian Grains/nuts Microwave

Italian Microwave
Microwave /vegetarian
Cheese/dairy

Italian Beef Soups/stews

Italian Microwave Rice
Ethnic
Cajun
Italian Microwave
Ethnic
Ethnic
Beef Soups/stews
Vegetarian

Microwave /vegetarian
Italian Microwave /vegetarian

Low-cal Italian

Italian Rice Side Dish

Sheet1

Soups Soups/stews
Italian Microwave /vegetarian

Chocolate

Alcoholic

Pies /pies
Holidays

Chinese Chicken /game
Hamburger Microwave
Chicken Mexican /game
/vegetarian

Snacks
Sauces

Beef
Chicken Ethnic Barbeque /game
/crackers
Entree
Cajun
/vegetarian
Puddings
Oriental Beef
Japanese Chicken Wings
Snacks
Asian
Japanese Soups Soups/stews
Oriental Pickles /vegetarian
Oriental
Low-cal Entree
Japanese Dressings
Oriental Microwave Pork/ham
Oriental
Japanese S
Chinese
French Dairy Microwave Cheese/dairy

/crackers
Casseroles Side Dish Casseroles

Alcoholic
Kids

Soups/stews

Penndutch
Snacks Kids
American Microwave
/crackers
Entree Chicken /game
/game

Ice Cream Chocolate
Ethnic Cajun Microwave /vegetarian
Jewish Italian /vegetarian
/vegetarian
Mexican

/crackers
Chinese Pork/ham

Entree /vegetarian
Alcoholic Cheese/dairy
/crackers
Microwave
Microwave

Microwave
Chocolate
/crackers
/crackers
American Grains/nuts Microwave
Chocolate American Microwave /crackers
Kids /crackers
/crackers
/crackers
Cocktails
Thai Spicy/hot

/game
Chocolate /crackers

Cajun
Oriental Microwave /vegetarian
Entree Turkish
Turkish

Ceylon

Alcoholic /crackers
Alcoholic /crackers

Ice Cream Alcoholic
Thai Cheese/dairy
Thai Chicken /game
Ethnic Entree
German /vegetarian
German
German
German Soups/stews
German
German /vegetarian
Cocktails
Oriental
Microwave /game
Pork/ham Thai /game
Curries Entree Spicy/hot Thai /game
Chinese Kangaroo /vegetarian
German

Middle East

German /vegetarian
German /vegetarian
German /vegetarian
German Potatoes /vegetarian
German /vegetarian
German Soups/stews
German Cheese/dairy
/vegetarian
/vegetarian
Indian /vegetarian
American Microwave Cheese/dairy
Penn Dutch
/crackers
Laos Chicken /game
Laos Chicken Pork/ham /game
/vegetarian
Chicken Entree Kazakh /game
Indonesian Chicken /game
Oriental Soups/stews

Beef Entree Soups/stews
Pies

Herbs/spice /game
Casseroles
Fruits /vegetarian
Soups Soups/stews
Entree Vegetarian Soups/stews
/crackers

Thai
Entree
Entree Ethnic Lamb
Lebanese
Microwave /vegetarian
American Microwave /vegetarian

Sauces
Side Dish Korean /vegetarian
Korean
Korean Side Dish /vegetarian

Relishes /vegetarian
Relishes Korean Spicy/hot /vegetarian
Chicken Casseroles /game
Mexican /game

Oriental /vegetarian
Entertain
German Fruits
Chocolate
Chocolate

Fruits
Fruits American Microwave

Freezer Fruits Ice Cream
Penndutch /vegetarian

German /vegetarian
Oriental Microwave /vegetarian
Greek

Greek Vegetarian

/vegetarian
Side Dish Korean
Korean Beef
Vegetarian
Oriental Barbeque Herbs/spice

Oriental Beef
Pickles /vegetarian
Ethnic /game
Russian Ethnic Entree /game
Russian Entree /game
Greek Entree /game
/vegetarian
Hamburger Beef
Penndutch
German Soups/stews

/vegetarian
Ethnic
Italian

Cheese/dairy
/game

Chinese Beef
Chinese Chicken /game
/game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese
Chinese Chicken /game
/game
/game
Thai
Oriental Microwave
Russian Ethnic Soups/stews
Burma /game

Mexican Chicken /game
Dressings

Entertain /crackers
/crackers
Entertain
Ethnic /vegetarian
Entree Lamb Morrocan

Ethnic
Entree

Microwave
Cheese/dairy
Microwave
Soups/stews
Hamburger
Entree
Crockpot /vegetarian
Oriental
Oriental

Lamb
Japanese Lamb
Morrocan

Indian
Ethnic

Penndutch /vegetarian
Indonesian
Indonesian
/crackers
American Grains/nuts Microwave /crackers

Chocolate
Entree

Beef Italian Microwave S
Entree Microwave
Chili Microwave Soups/stews

American Grains/nuts Microwave

Entree Casseroles /game

Entree
/vegetarian
Entree Cheese/dairy
Chocolate
Sauces

Microwave Pork/ham
/vegetarian
Vegetarian California
Microwave /vegetarian
Snacks
Lebanese Vegetarian
German
/crackers
Vegetarian
American Microwave /vegetarian
/vegetarian
Oriental Microwave /vegetarian
Microwave /vegetarian
Microwave /vegetarian
Vegetarian /vegetarian
American Microwave /vegetarian
Chinese S
Rice
Ethnic Chicken /game

Microwave /vegetarian
Penn Dutch /crackers

Low-cal /vegetarian

Holidays /crackers

Chinese Beef
Fruits American Microwave

/vegetarian
Chicken Entree /game
Chicken /game

Snacks

Fruits Herbs/spice
Oriental Ethnic Chicken /game
Chinese Chicken /game

Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
/vegetarian
Entree Microwave /game
Soups/stews

/crackers
/crackers
/crackers
Fruits /crackers
Dressings Sauces Vegetarian

American Dressings Microwave Sauces/spices
Vegetarian /crackers

Spicy/hot /crackers

Beef Oriental
Indonesian
American Microwave

Thai
/vegetarian

Ice Cream
/crackers

Italian Microwave
Microwave S

American Microwave Pork/ham

American Grains/nuts Microwave /vegetarian
American Microwave
/crackers
Entree /game

Fruits Italian Microwave
French Microwave
Penndutch
/crackers
/vegetarian

Kids
Italian Microwave
American Dressings Microwave Sauces/spices
/crackers

Potatoes Microwave /vegetarian
American Microwave

Crockpot /game

/crackers
Grains/nuts Microwave

Student Chicken /game

/game
Vietnamese Chicken /game

Vegetarian
American /vegetarian
Rice Soups/stews
Low-cal
Soups/stews
Microwave /vegetarian

Soups/stews
German Soups/stews
Soups Soups/stews
Soups/stews

Vegetarian
Chocolate Grains/nuts

Greek Vegetarian

Dressings

Chinese Pork/ham

Chinese
Ice Cream

Chinese

Alcoholic Cheese/dairy

Low-cal
Cake Cheesecake Light /pies

Mexican Chicken Cheese/dairy
Soups/stews

Vegetarian Soups/stews
/vegetarian
American Microwave
Chicken Indonesian Entree /game

Ethnic

American Microwave

Chocolate
Casseroles
Beans Soups/stews
Condiments

/vegetarian
Low-cal Entree

German Soups
German Soups/stews
/crackers
/crackers

Chinese Pork/ham

Hamburger

Penndutch

Liver Entree
Chinese Chicken /game
Penndutch
Penndutch
Cajun
Veal Pork/ham

Oriental S
Low-cal
Soups Soups/stews
Chinese

Microwave

Microwave

Thai

Candies Southern

Hawaiian Asian
Beef Microwave
Entree British
Casseroles /game
Sauces
Cocktails
Cocktails
Chinese
Oriental Cheese/dairy
Chili /vegetarian
Soups/stews
Chili American Dressings Microwave

Chocolate /crackers

Cajun
American Microwave
Soups/stews

Chinese
Thai Chicken /game
Chinese /vegetarian

Beef Low-cal Microwave
Low-cal

Dressings Microwave
Dressings Microwave
Fruits American Dressings Microwave
Microwave
Jewish Holidays Low-cal /vegetarian
Microwave
American Grains/nuts Microwave
/vegetarian
Alcoholic Low-cal Cheese/dairy
Cheese/dairy
Filipino Oriental
Filipino Pork/ham

Ice Cream
/game
/crackers
Chinese Pork/ham
Chinese Pork/ham

Fruits American Grains/nuts Microwave
Cheese/dairy
/vegetarian
Cheese/dairy
Mexican Soups

Pizza

Casseroles Vegetarian Casseroles
American Microwave Cheese/dairy
Chicken Microwave
American Microwave

Low-cal /crackers

Cajun Dairy Microwave

/crackers

/crackers

Mexican Sauces

Student Sandwich

Cheese/dairy

Chicken American Microwave /game

/crackers

Cajun Beef

American Microwave

/game

Cocktails

Indian /vegetarian

Vegetarian Soups/stews

Vegetarian Soups

Entree Casseroles Casseroles

Malaysia /game

Malaysia

Cheese/dairy

/game

French Microwave Cheese/dairy

Vietnamese

Burma

Chinese Chicken /game

Chinese Chicken Wings /game

Chinese Chicken Microwave /game

Chinese Chicken /game

Chinese Chicken /game

Chinese Pork/ham

/game

Soups/stews

Chinese Pancakes /pies

Chinese Pancakes /pies

Fruits Oriental Microwave

German

Sheet1

Ice Cream
Ice Cream Fruits
Indian
Fruits Microwave
American Microwave
Cocktails
Cocktails
Hamburger /vegetarian
Italian Cheese/dairy
Italian Cheese/dairy

Toppings
/crackers
/vegetarian

Ethnic /game

Ice Cream

/crackers

American
Grains/nuts American Microwave

Chinese

Cocktails
/crackers

Entree

Beef
/vegetarian

/vegetarian
Chicken /game
Italian
Cambodian Beef

/vegetarian

Chicken /game

Ethnic /game

Herbs/spice

Italian /vegetarian

Italian /vegetarian

Mexican

Snacks

German /vegetarian

Low-cal /game

Low-cal

German /vegetarian

Sauces Vegetarian

American Microwave

American Microwave

Snacks /crackers

Holidays

Cocktails

Cocktails

Cocktails

Fruits

Kids

Chicken American Microwave /game

Thai

/vegetarian

Potatoes
/vegetarian
German Potatoes /vegetarian

Indian Cheese/dairy
Canadian

/vegetarian
Indian Side Dish /vegetarian
Entree /game
Penndutch Dressings
Entree /vegetarian
Entree Cajun
Casseroles Cheese/dairy
Hamburger Cheese/dairy
/vegetarian
Chinese Pork/ham Beef
Chinese Pancakes /pies
/vegetarian
Fruits Hamburger /vegetarian
Microwave Soups/stews
Hamburger Entree
Beef Mexican Hamburger
Student
Entree
Chili /vegetarian
Student

Italian Microwave /vegetarian
Ethnic Chicken /game

Microwave /vegetarian
Entree Low-cal

Thai Pork/ham Chicken
German Fruits
German Fruits
Mexican
Italian /vegetarian
Greek Vegetarian
Microwave Soups/stews
Microwave Soups/stews
Ethnic
Indonesian
Fruits American Microwave
Fruits Microwave

Chinese
California
/crackers
Toppings

Beef Soups Mexican Soups/stews
Soups/stews
Soups Mexican Soups/stews
/crackers

Dairy French Microwave
/crackers

Low-cal
Medieval Holidays Entree

Ethnic Entree

Mexican Cheese/dairy
Beef Mexican Microwave
Mexican Casseroles Casseroles
Chicken Mexican Spicy/hot /game
Casseroles Mexican Microwave Casseroles
Mexican
Casseroles Mexican Hamburger Casseroles
Hamburger Casseroles /vegetarian
Mexican Cheese/dairy

/vegetarian
Mexican Microwave /vegetarian
Pork/ham Mexican /vegetarian
Mexican Chicken /game
Chicken Mexican /game
Mexican Chicken
/game

Mexican /vegetarian
Mexican /vegetarian

Beans

Mexican

Hamburger Casseroles /vegetarian
Mexican

Soups Mexican Garlic Soups/stews
Hamburger Mexican Casseroles Casseroles
Grains/nuts Mexican Microwave
Entree Mexican

Mexican Cheese/dairy
Mexican Chicken Cheese/dairy
Mexican

Snacks
Mexican Cheese/dairy
Mexican Vegetarian Microwave /vegetarian
Rice Mexican Grains/nuts Microwave /vegetarian
Mexican Condiments
Mexican
Mexican Rice /vegetarian
Mexican /vegetarian
Mexican Chicken /game
Mexican

Snacks /crackers
Mexican /crackers
/crackers
Low-cal /vegetarian
Mexican Chicken

/crackers

Chocolate Microwave
Microwave /vegetarian
Beef Microwave
Microwave Mexican Beans /vegetarian
Microwave

Chicken
Microwave Cheese/dairy

Italian Microwave S

Microwave
Microwave
Microwave /vegetarian

Sheet1

Microwave
Fruits Snacks
Middle East
Chicken /game

Oriental Dairy Microwave
/crackers
Chocolate
Ice Cream

Vegetarian
Grains/nuts Microwave
Vegetarian Soups/stews

Pickles /vegetarian
/game

/crackers
Japanese Pork/ham
Chinese /game
/crackers

Jewish Italian Holidays Soups/stews
Microwave Low-cal Soups/stews
Low-cal Soups/stews
Soups Low-cal Soups/stews
Oriental Microwave
Fruits American Grains/nuts Microwave
Toppings

/crackers
Pizza

Ethnic
Snacks

Hamburger /vegetarian

Italian Beef Soups/stews
/crackers
Chocolate

Cocktails
American Microwave
American Microwave

American Microwave /vegetarian
Vegetarian
Microwave /vegetarian
Fruits American Microwave
Fruits
Entertain

Chocolate
Creole Hamburger Casseroles Casseroles
Oriental Relishes Soups/stews
Japanese Beef
Oriental Soups/stews
Oriental Soups/stews
Casseroles Entree Chicken /game

Casseroles

Oriental
Side Dish Entree Casseroles Casseroles
Condiments

Mexican Chicken /game
Snacks /vegetarian
Indonesian

Chocolate
/crackers

American Microwave /pies
Alcoholic Chocolate Ice Cream
Chocolate

Rice Chocolate
/crackers
/game

Toppings
Ethnic
Mexican Spicy/hot

Chocolate /crackers
Rice
Indian /game
Indian /vegetarian
German /vegetarian

/crackers

/crackers
American Microwave

Penndutch
Muffins Brunch
/crackers
Fruits American Microwave Cheese/dairy
Chocolate
/crackers
Fruits American Microwave
Chicken Chocolate Mexican /game
Mexican /game
Mexican Chicken /game
Mexican Pork/ham Chocolate /game
Stews Mexican Chocolate /game
Entree

Chocolate /crackers

Entree Casseroles Casseroles
Mexican Rice Casseroles Casseroles

Beef Hamburger
Casseroles Mexican Hamburger Casseroles

Beef Mexican Soups/stews
Tibetan Sauces Vegetarian
Tibetan Vegetarian

Oriental Beef
Chinese Beef
Chinese Beef
Chinese Beef Lamb
Chinese Lamb
French Dairy Microwave Cheese/dairy

Kids
/crackers

American Microwave
/crackers
/game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Penndutch /crackers
Penndutch

Penndutch /crackers
Vegetarian Snacks Middle East
Vegetarian /crackers
Sauces Sauces/spices

/crackers
Beef Microwave
Beef Microwave
Fruits
/vegetarian
/game
/game
/vegetarian
/vegetarian
Cajun
Cocktails
/vegetarian
Chinese Pork/ham
French Microwave
Chocolate

French Microwave Cheese/dairy

Cheese/dairy
/crackers
/crackers
/vegetarian
/game
Chinese Pork/ham
Pork/ham
Chicken Entree /game
Chocolate
Chocolate /crackers
Muffins
Entree

Chicken American Microwave
Can Living

/vegetarian

Low-cal Soups/stews
Soups /vegetarian
Chicken /game

Sauces Vegetarian Thai
Soups/stews

Condiments

Soups/stews
Cheese/dairy

Chinese Chicken Cheese/dairy
American Microwave /vegetarian
Cheese/dairy

/vegetarian
American Grains/nuts Microwave /vegetarian
American Microwave Rice /vegetarian
Thai Vegetarian
Microwave /vegetarian
/vegetarian
Cheese/dairy

Vegetarian
New Zealand Soups Soups/stews

American Microwave /vegetarian
Snacks
Snacks
/vegetarian
American Microwave /vegetarian
/vegetarian
American Microwave /vegetarian
American Microwave /vegetarian

German /vegetarian
Jewish Italian /vegetarian

Vegetarian

Soups
Soups
Chinese
New Zealand

/game

Beef American Microwave
American Microwave

/crackers
Ethnic /crackers
Entree
/vegetarian
Korean Relishes Spicy/hot /vegetarian
Chicken
Chicken

Ethnic
Indian
Soups Soups/stews

Mexican Snacks
Thai Soups Soups/stews
Ethnic Herbs/spice Soups/stews
Oriental /vegetarian
Oriental Chicken /game
Oriental S

Greek Entree
Indian Pork/ham Chicken
Indonesian /vegetarian
Oriental /vegetarian
Mexican Potatoes Cheese/dairy
Mexican
Mexican
Mexican Chili
Soups/stews
Italian
/crackers

/vegetarian
/crackers

Side Dish Entree Portugese
Side Dish Entree Portugese
Entree
Side Dish /vegetarian
Entree Snacks
Side Dish
Side Dish
Side Dish /vegetarian
Entree Scottish
Side Dish /vegetarian
Entree Lamb
Entree /game
Entree Cheese/dairy

Ice Cream Chocolate Alcoholic
/game

Beef Microwave
American Microwave
Entree Microwave

Beef American Microwave
Soups Soups/stews
Mexican /vegetarian

Entree
Holidays Cheese/dairy
Entree /game
Chinese Rice /vegetarian
German

Entree
Entree
Side Dish /vegetarian

Oriental Soups/stews

Hamburger

Oriental Microwave /vegetarian
/crackers

Beef Casseroles Crockpot

Snacks Microwave /crackers
Cheese/dairy

Low-cal /game
/crackers

Diabetic Vegetarian Mexican
Cajun

Casseroles /vegetarian
Candies
/vegetarian

Casseroles Vegetarian S
Microwave S
Chinese Pork/ham S
/vegetarian
Penndutch Soups/stews
Chinese Pork/ham S

Jewish
Grains/nuts Ethnic Microwave S
Chinese Pork/ham S

Thai
Soups/stews
Chinese Pancakes /pies
Italian

/crackers

/vegetarian

Thai
Thai
German

Low-cal /crackers
/crackers
/crackers

Grains/nuts American Microwave /pies

Grains/nuts American Dressings Microwave Sauces/spices
Greek

Japanese

Fruits
/crackers

Grains/nuts
Dairy Microwave Cheese/dairy
Vegetarian
Rice
/crackers

Pizza Italian
/crackers

Chocolate /crackers
Chocolate Microwave
Low-cal /crackers
/crackers
/crackers
Chocolate
/crackers
Muffins
Snacks /crackers
Low-cal /crackers
/crackers
/crackers
/crackers
Penndutch
Grains/nuts American Microwave
Grains/nuts American Microwave
/crackers
Mexican Chicken /game

Chocolate
German
German Soups/stews

Japanese
/vegetarian
Cajun
Oriental Side Dish /vegetarian

/crackers

/game
Holidays /crackers
/crackers
Chinese Cheese/dairy
/crackers
/crackers

Rice
Rice Microwave
Irish

/crackers

/vegetarian
Cocktails
German
Ice Cream
Chinese Pork/ham
/crackers
Mexican Cheese/dairy
Microwave /vegetarian

/crackers
/crackers

/crackers
Penn Dutch Soups/stews
Low-cal /crackers
Penn Dutch /vegetarian
Crockpot Entree /vegetarian

Entree
Libya
/vegetarian
Cheese/dairy
Student Eggs Cheese/dairy
Cheese/dairy
Cheese/dairy

Low-cal /vegetarian

Soups Soups/stews

Indian /vegetarian

Chinese
Casseroles Cheese/dairy
Casseroles Cheese/dairy
/crackers
Student Salad
Hamburger

Entree /vegetarian
/vegetarian
Cheese/dairy
American Grains/nuts Microwave /vegetarian
Barbeque /vegetarian

Soups
Soups
Vegetarian
Soups
Soups

Chocolate /crackers
American Microwave /vegetarian
Microwave /vegetarian
Italian
/vegetarian
American Microwave /vegetarian
/crackers
Chinese Chicken Wings

Sandwiches /vegetarian

/vegetarian
Chinese Pork/ham
Sandwiches
Indonesian /vegetarian
Cheese/dairy
/crackers
Fruits Rice

Grains/nuts Fruits Potatoes /vegetarian

Chicken /game

American Microwave
Oriental Beef
Chinese Beef
Chinese Beef
Chinese Beef

/vegetarian
Toppings

French Microwave

Fruits Chicken /game
Chinese Chicken /game
Chinese Chicken /game
American Microwave Chicken /game
Ice Cream
Chocolate /crackers
/crackers
Vegetarian
Microwave
/crackers
/crackers
Chinese Beef
Fruits Ice Cream

Toppings /crackers

Chocolate American Microwave

Ice Cream
Chinese Beef
Chinese Chicken /game

Fruits American Microwave
Microwave /vegetarian
Fruits American Microwave

Dressings

/crackers
Indian
Entree /game

Low-cal
Entree Low-cal
Fruits American Microwave

Potatoes /vegetarian

Chocolate American

Chinese Beef

Mexican

Low-cal /crackers
/crackers
/crackers

/crackers
/crackers
Ice Cream
Cocktails
Chinese Pork/ham
Entree
Oriental Beef
Chinese
Chinese Chicken /game
Chinese Chicken /game
Chicken Oriental /game
Chinese Chicken /game
Chinese Soups Chicken Pork/ham

Dressings
Entree Low-cal
Oriental
Chinese Beef
Ethnic

Chinese Beef
Chinese Chicken /game
Chinese Pork/ham

Chinese Chicken Wings

Chinese Pork/ham
Chinese Chicken /game
Oriental /vegetarian
Low-cal Oriental
Oriental /vegetarian
Chinese Chicken /game
Chinese Chicken /game
Entree
Chinese Rice /vegetarian
Chinese Rice /vegetarian
Chinese Pork/ham
Oriental Beef

/vegetarian
Chinese
/vegetarian
Chinese Chicken /game

Oriental Beef
Oriental Beef
Oriental Beef
Soups Soups/stews
Oriental
Chinese /vegetarian
/game
/game
Microwave

Italian

Beef Chili /game
/game
Holidays /crackers
Low-cal

Chicken /game
Student Chicken /game
American Microwave
/game

Chicken Ethnic /game
Chinese Pork/ham
/vegetarian
/vegetarian
Chicken /game
/game

Casseroles /vegetarian

Entree

Entree

Chicken American /game

Casseroles /game

Chicken American /game

American

Entree

Side Dish /vegetarian

Swedish Holidays

Ethnic /crackers

Casseroles /vegetarian

German Soups/stews

Penndutch /vegetarian

Cajun Ethnic Southern

American Microwave

Cajun

/game

Oriental Chicken /game

Student

American

Ethnic

Mexican

/game

Ethnic Casseroles

American

American

American

Beef Soups/stews

Snacks /crackers

Breadmaker

New Zealand Chicken

Thai

Mexican

Tex-mex Entree

Chinese Rice /vegetarian

Oriental

Oriental

/crackers

Chinese

Chinese S

Pizza

Korean Pancakes /pies

Cajun

Indian Cheese/dairy

Indian /vegetarian

Indian

American

American /vegetarian

/vegetarian

Italian Cheese/dairy

Pizza

Ethnic

Peppers /vegetarian

Oriental Microwave

Chinese Chicken

Chicken /game

Penndutch

Oriental Chicken

Entree Low-cal

Low-cal /game

Italian Chicken /game

Chicken /game

Toppings Microwave Sauces/spices

Muffins Dinner

Potatoes /vegetarian
American Microwave
Italian Cheese/dairy
Italian /vegetarian
Australian /game
Vegetarian
Jewish Italian /vegetarian

American /vegetarian
American /vegetarian

American Cheese/dairy

Lamb

Vegetarian
/game
Hamburger Sauces
Side Dish Casseroles Casseroles
Japanese Diabetic
/crackers

Cocktails
Vegetarian
/vegetarian
/vegetarian

Soups Soups/stews
Entree
Student S
/vegetarian
/vegetarian
/vegetarian

Vegetarian
Italian /vegetarian
Chicken
/vegetarian
Italian /vegetarian
/vegetarian
Chinese Paste S
/vegetarian

Cheese/dairy
/vegetarian
Cheese/dairy
Entree
Cheese/dairy
Oriental S
Chinese S
Microwave S
Greek Casseroles Entree Casseroles

/vegetarian
Ethnic Pies /vegetarian
Dairy French /vegetarian

Hamburger
Chocolate

French
Cajun
Cajun
Hamburger Cheese/dairy

Dairy

New Zealand
Oriental /vegetarian
Microwave /vegetarian

Italian
Low-cal
Low-cal Fruits

Dairy Fruits

Pies Fruits

Low-cal Ice Cream

Fruits Ice Cream

Fruits French

Microwave

Rice

Chicken /game
Freezer Ice Cream Fruits
Microwave
Fruits American

Chocolate /crackers
Chocolate /crackers
Grains/nuts American
Snacks /crackers

Kids /crackers
Grains/nuts American /crackers
/crackers
Candies Chocolate

/crackers
Chicken /game
/crackers
Chocolate Ice Cream
/crackers
/crackers
/crackers
/crackers

Chocolate /crackers

Grains/nuts American
/crackers

Ice Cream
Chocolate
Ice Cream
/crackers

Kids
Low-cal /crackers
/crackers
Snacks

/crackers

Soups/stews

/crackers
American
/crackers
Candies /crackers
Chili
/crackers

Soups/stews
/crackers
Microwave Crockpot /game
/crackers
Chicken /game

Chocolate

Low-cal
/crackers

/crackers

Fruits Ice Cream

American /vegetarian
Italian /vegetarian
/vegetarian

Ethnic /vegetarian
/vegetarian

Muffins
/crackers
/crackers
/crackers
Pies
Grains/nuts
Microwave
Waffles
/vegetarian
/crackers
/crackers

Beef
Side Dish Indian /vegetarian
Casseroles
Entree
Chicken Low-cal /game
Chinese /game
Chinese Soups

Italian
/game
Italian Entree
Casseroles /game
Casseroles
Penndutch
Potatoes /vegetarian
American
/vegetarian
/crackers
Student Beef
/vegetarian

Vegetarian Soups/stews
/game
Indian

French
American

Cocktails
Mormon
/crackers
American
Entertain /crackers
Italian
Pork/ham
Pizza
Crockpot Entree Low-cal Beef
/vegetarian

Snacks

Hamburger Entree /vegetarian
/vegetarian
Low-cal Chicken /game
Chinese Rice /vegetarian
Chocolate
/vegetarian
/game

/crackers
Fruits Puddings
Fruits Puddings
Mexican Barbeque
Breadmaker

/crackers
Canadian Acadian
French Dairy Microwave Cheese/dairy
Indonesian /vegetarian
/game
Holidays /crackers
German Holidays
/crackers
Indian Chicken Beef /game
Wild Game /game
Mexican Wild Game /game
American /game
Casseroles /game
Penn Dutch Soups/stews
Soups Soups/stews
Ice Cream
Filipino Chicken Pork/ham /game
Filipino Chicken /game
Chinese Chicken Pork/ham /game
Oriental
Low-cal

Sheet1

Rice Mexican
Pies
Pickles /vegetarian

Pickles /vegetarian
Pickles /vegetarian
Pickles Relishes /vegetarian
Pickles /vegetarian
Pickles Cheese/dairy
Condiments

Mexican
Pickles
Snacks
Pickles Spicy/hot /vegetarian
Pickles /vegetarian
Cheese/dairy

Cheese/dairy
Pickles /vegetarian
Cajun
Cajun
Penndutch

German /vegetarian
/game

/crackers
American

Candies /crackers

/crackers
Mexican Soups Soups/stews
Entree /game

Puddings Cajun
Ethnic

Crockpot Chicken Low-cal /game
Chinese Chicken /game
Fruits /vegetarian
/crackers

Thai

/crackers

Entree

Microwave

/crackers

Potatoes /vegetarian

Casseroles

Chinese Chicken /game

American /vegetarian

Low-cal Fruits

Pies

Ice Cream Equal

Cocktails

Cocktails

Low-cal Sauces Sauces/spices

Entree Vegetarian

Vegetarian Soups/stews

/crackers

Hawaiian Jerky Snacks

/vegetarian

Snacks

American Microwave /vegetarian

Brazil

Fruits Oriental

Italian Microwave /vegetarian
Ice Cream
Ice Cream
Indian

Ethnic
/crackers

Vegetarian

Sandwiches Chicken /game

Italian

Pizza Hamburger Casseroles
Pizza

Snacks Pizza
Student Sandwich S
Chocolate Pizza /crackers
Hamburger Pizza
Pizza
Italian

Soups Soups/stews
/vegetarian
Chinese Chicken /game
Chinese Pork/ham

Fruits Oriental Microwave
Chinese Pork/ham

Fruits
American

Ethnic Chicken /game
American Cheese/dairy
/vegetarian
Entree Low-cal

Dairy French

Entree Low-cal

Entree

American

French Microwave /vegetarian

Tahiti

Beef

Mexican Microwave

Ethnic

Crockpot German Entree /vegetarian

Ethnic Soups/stews

/vegetarian

Italian /game

Mexican Chicken /game

Mexican /game

Mexican Chicken Yucatan /game

Italian Microwave /game

Italian Chicken /game

Chicken Microwave /game

Pork/ham

Fruits Casseroles /vegetarian

Ethnic

Potatoes French Microwave /vegetarian

Potatoes French Microwave /vegetarian

Side Dish /vegetarian

Mexican

Fruits French

Chicken /game

Microwave Soups/stews

Chinese Soups Soups/stews

/crackers

/crackers

Student Dessert

Jewish Holidays /crackers

Dressings

Italian /crackers

Cocktails

Entree

Hamburger /vegetarian

Entree

Casseroles

Low-cal Entree

Soups Soups/stews

Oriental /vegetarian
Chinese Pork/ham

Entree

Low-cal Entree

Pork/ham

Pork/ham
Chinese Pork/ham
Chinese Pork/ham

Pork/ham Casseroles
Entree

Mexican /vegetarian

Hamburger
Entree
Oriental Pork/ham

Entree

American Microwave

Mexican Soups/stews

Fruits

Crockpot

Chinese
Chinese Pork/ham
Chinese Pork/ham
Vegetarian Soups/stews
Ethnic Soups/stews
Casseroles Vegetarian Casseroles
Indian /vegetarian
Casseroles Casseroles
/vegetarian

Entree Curries /vegetarian
Penndutch /vegetarian

/vegetarian
Casseroles /vegetarian

/crackers
Pies /vegetarian
Penndutch /vegetarian

German /vegetarian
Low-cal /vegetarian
/vegetarian
Ethnic Side Dish /vegetarian
Tibetan Vegetarian
Potatoes American /vegetarian
Jewish Holidays /vegetarian
Side Dish /vegetarian
Snacks Indian Vegetarian
Entree Casseroles /game
Potatoes
Side Dish /vegetarian

Can Living /vegetarian
German /vegetarian
Indonesian /vegetarian
Student Potato Vegetable /vegetarian
Vegetarian
Soups
Penndutch
Microwave /vegetarian
Casseroles
Vegetarian Soups/stews
/crackers
/vegetarian
Casseroles Leftovers Entree Microwave Casseroles
Potatoes /vegetarian

/vegetarian
Potatoes /vegetarian
/vegetarian
Potatoes /vegetarian
Potatoes /vegetarian
Hamburger /vegetarian
Chocolate Mousse

French Can
Entree /game
/game
Wild Game African /game

Cocktails
Acadian /vegetarian
Microwave Soups/stews
Cocktails

Ice Cream Freezer Grains/nuts
Toppings
Chocolate American
Grains/nuts American
Ice Cream
Chinese
Chinese

Indian
/vegetarian
Oriental Microwave

Chinese

Low-cal
Vegetarian Oriental
/game
/crackers

Pork/ham

/crackers

Greek Vegetarian
/vegetarian
Hamburger Microwave
Soups Mexican Soups/stews

Mexican Stews Sauces/spices

Fruits
American Cheese/dairy
Low-cal Cheese/dairy

/crackers
Fruits Alcoholic Ice Cream

Side Dish Casseroles /vegetarian

/crackers

Mexican
Fruits Ethnic

Dinner Brunch
Muffins
/crackers
Ethnic Potatoes /vegetarian
Mexican Cheese/dairy

Fruits American

Side Dish /vegetarian
Soups /vegetarian

/vegetarian
Soups/stews
/vegetarian
Jewish Italian Holidays
Jewish Italian Holidays /crackers
Burma

/game
Chocolate
Holidays Ethnic
Ethnic

Rice
Portugese
Mexican /vegetarian
Cheese/dairy
Mexican Dairy Microwave Cheese/dairy
Cheese/dairy
Cheese/dairy
French Cheese/dairy

Fruits
/vegetarian
Chicken
Sauces

Hamburger
Entree
Microwave Soups/stews

Italian Chicken /game
Mexican
Chinese Chicken
American Grains/nuts /pies

Rice

Soups/stews

Chocolate
Chocolate
Chinese Chicken Microwave /game
Side Dish Casseroles Casseroles
Fruits
/vegetarian

Ethnic

Indian

/vegetarian

Rice /vegetarian

Italian /game

Student Beef

Chinese Pork/ham Chicken

/game

Vegetarian /vegetarian

Snacks /crackers

Casseroles Casseroles

Grains/nuts Herbs/spice Vegetarian

Penndutch

Ethnic

Penndutch

/crackers

Vegetarian /crackers

Fruits

Chocolate /crackers

/crackers

/crackers

/crackers

Puddings

/vegetarian

Student S

Cocktails

Entree

Cheese/dairy

Steak Beef

Mexican
Casseroles Mexican Vegetarian Rice Casseroles
Chicken /game
/vegetarian
/crackers
Chicken /game

New Zealand

Chocolate

Dairy American

Fruits British

Microwave Soups/stews
Holidays Fruits
/crackers

Mormon

Chocolate American
Penndutch Dressings
Fruits American
Fruits American

Chicken American /game

Italian Cheese/dairy
Chinese
Japanese
Entree

Pork/ham

Chicken

Ice Cream Fruits

Chocolate

Chocolate

Chinese Beef

American Rice /vegetarian

Cajun Rice /vegetarian

Entree /vegetarian

Cajun Rice Entree Microwave /vegetarian

Rice Cajun /vegetarian

Spicy/hot Rice /vegetarian

Entree Casseroles Casseroles

Casseroles Casseroles

Cajun Rice /vegetarian

German /vegetarian

Fruits /vegetarian

Side Dish /vegetarian

/vegetarian

Chinese Beef

Chinese

Chinese

Chinese Beef

Chinese Chicken /game

Toppings

Mexican Cheese/dairy

Fruits /vegetarian

Soups/stews

Indian Vegetarian

/vegetarian

Mexican Soups Soups/stews

Mexican

German Vegetables/Vegetarian
Oriental Appetizers
American Cheese/Dairy
Chocolate /crackers
Mexican /vegetarian
/vegetarian
Mexican Beans Cheese/dairy

/crackers
/crackers

Kids /crackers
Microwave
Microwave
American Microwave /vegetarian
Greek
Chocolate /crackers
Ethnic Soups/stews

/crackers

Casseroles Pork/ham

Nova Scotia
Vegetarian Fruits

Fruits

American Grains/nuts /vegetarian

American Fruits /vegetarian

Italian Cheese/dairy

Rice /vegetarian
Cajun Microwave Rice /vegetarian
Low-cal Rice Cheese/dairy
Oriental Beef Rice
Casseroles /vegetarian
Rice Side Dish Diabetic Casseroles Cheese/dairy
Italian Vegetarian
Casseroles Mexican Rice Vegetarian Casseroles

Microwave Mexican Vegetarian
Jewish Italian Rice

/crackers
Rice

Rice /vegetarian
Rice
Chinese Rice /vegetarian

Rice Mexican

Vegetarian
Vegetarian Rice
Oriental /vegetarian
Student Vegetable /vegetarian

Rice Grains/nuts
/vegetarian
Mexican
Herbs/spice Rice /vegetarian
Jewish Italian Rice /vegetarian

Rice /vegetarian
/vegetarian
Chicken /game
Low-cal

Fruits /crackers
Korean Soups Soups/stews
Ice Cream

Entree Soups/stews
Snacks /crackers

Italian Microwave S

Mexican Cheese/dairy
Italian
German Casseroles
Beef Ethnic Microwave
Beef Ethnic Microwave
Penn Dutch Cheese/dairy
Mexican /vegetarian
Grains/nuts Italian Microwave /vegetarian
Microwave Soups/stews
Penn Dutch Soups/stews

Ethnic
Beef Microwave
Chicken American /game
American /game
Cajun Microwave

Chinese Chicken /game
Hamburger
Italian Microwave /vegetarian

American /game
Penn Dutch /game
Entree Microwave /game
/game
Vietnamese Chicken /game
/game
Herbs/spice

Italian Soups/stews
/vegetarian
Side Dish Indian /vegetarian
/vegetarian
Italian /vegetarian
Japanese
/vegetarian
Potatoes /vegetarian
/vegetarian
Dressings

Cocktails
/crackers

/crackers
Chocolate /crackers

Sheet1

German Fruits /vegetarian
German Fruits /vegetarian
Ice Cream
Hamburger

Entree Microwave
Vegetarian /crackers

Mexican

Entree
Chinese Chicken /game

Microwave /vegetarian
Herbs/spice /crackers

/vegetarian

/crackers

German Soups/stews
Chicken Microwave /game
French
Low-cal /vegetarian

Chicken
German /vegetarian
Grains/nuts American
Side Dish /vegetarian
Fruits Soups/stews
Ice Cream Fruits
German /vegetarian
German /vegetarian
German /vegetarian

Sauces

Hamburger Cheese/dairy
Spicy/hot Mexican
Casseroles
/crackers

Entertain /crackers

Chocolate

Filipino

/game

Chicken

/game

Pork/ham

Entree /game

Ethnic

Brunch

Ethnic Chicken /game

Chocolate

Ethnic

/crackers

Cocktails

Ethnic /vegetarian

American /vegetarian

Relishes /vegetarian

Cocktails

Mexican Chicken

Indian /vegetarian

Indian /vegetarian

Fruits Ice Cream

Ethnic Rice

Cajun

Cajun

Ethnic

Fruits Hamburger /vegetarian

Soups /vegetarian

Rice /vegetarian

Ethnic Cheese/dairy

Sheet1

Side Dish /game
Indonesian /vegetarian
Pork/ham Thai

/vegetarian
/vegetarian
American Microwave /vegetarian
Vegetarian

French Microwave /vegetarian
Thai
Indian Chicken /game
Entree

American
Entree

/vegetarian

Entree
Entree
American
Herbs/spice Entree
Entree Low-cal

Soups/stews
Oriental
Barbeque
Entree
Chinese
Microwave

Japanese
Entree
Entree

Low-cal
Entree

American

American

/vegetarian
Condiments
Condiments

Ethnic
Mexican Condiments
Soups/stews
Chinese
Oriental /game

Penndutch Casseroles Pork/ham
Chinese Chicken /game
Chinese Chicken /game
Grains/nuts American
Italian
Italian
Italian
Cocktails

Ethnic

/game
Ethnic
Indian
Indian
Indian
Indian

Laos

/crackers
Penndutch

Chocolate Ice Cream
German
/crackers
Fruits Mexican Microwave
Chicken Tex-mex /game
Casseroles Beef Entree
Pizza

Oriental Microwave
Oriental

/vegetarian
Thai Beef
Thai Chicken
Chinese Beef

Oriental Pork/ham Soups/stews

French Dairy Microwave Sauces/spices
/vegetarian
Hamburger
Hamburger /vegetarian
/vegetarian
Chinese
German

Hamburger
American
Entree Casseroles Casseroles
/vegetarian
/vegetarian
German /vegetarian
German Pork/ham /vegetarian
Entree
German
/crackers
Cajun Pork/ham Soups/stews
Snacks
American Cheese/dairy

Pork/ham
Pork/ham
Pork/ham
Soups Soups/stews
Pork/ham Casseroles Casseroles
/vegetarian
Italian
Casseroles Cheese/dairy

Ethnic
Cheese/dairy

Italian
Hamburger Fruits
American /game
Chicken
Chicken

Vegetarian Snacks
/game

/game
Chinese Chicken
/vegetarian
French Microwave /vegetarian
Side Dish /vegetarian
Indian Side Dish /vegetarian
Student Vegetable /vegetarian
Italian /vegetarian

Cajun
Microwave /vegetarian
Italian Microwave /vegetarian
Chinese /vegetarian
Entree
Casseroles Beef
Sandwiches /vegetarian
Mexican Chicken /game
Casseroles Entree /game
Ethnic Chicken /game
Hamburger Soups/stews
Hamburger Microwave
Potatoes French Microwave /vegetarian
Ethnic Rice /vegetarian
Hamburger /vegetarian
/game
Snacks /vegetarian

Indonesian /vegetarian

Oriental Vegetarian /pies
Chinese Pancakes /pies
Chinese Pancakes /pies

French
Mexican
Chinese Soups Soups/stews
Entree California
Chinese

American /vegetarian
American Microwave
New Zealand
Potatoes /vegetarian
Entree
Penndutch /vegetarian
Microwave
Chinese
Italian

Chinese
Chinese
New Zealand

Italian
Low-cal Chicken /game

Potatoes Ethnic /vegetarian
Fruits
Cocktails
Casseroles Entree Low-cal S
/game

German /vegetarian
Penndutch

German
Scones
Cocktails

Soups/stews
Soups/stews
Ethnic Cheese/dairy
Oriental Pork/ham Cheese/dairy
Snacks Kids /crackers
Grains/nuts American

/game

American Cheese/dairy
Cheese/dairy
Student Egg Cheese/dairy
Mexican Cheese/dairy
Indian Cheese/dairy
Mexican Cheese/dairy
Penn Dutch
Cocktails
Cocktails
Cocktails

Mexican
American Microwave
Korean
American Cheese/dairy
Mexican

Cajun

Cajun

Low-cal /vegetarian
Soups Mexican Spicy/hot
French

Microwave
American Microwave
Cajun

Ethnic
Entree Oriental /game
Student Chicken /game
Snacks Party Crackers /crackers
Vegetarian
/game
Vegetarian Soups/stews
Entree /game
/crackers

Chinese Chicken /game
/crackers
/vegetarian
American /vegetarian
Soups/stews
Cheese/dairy
Mexican /vegetarian

Fruits Oriental Microwave
Beef Microwave
Chinese
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chicken
/game
Chinese Chicken
Japanese Chicken /game
/game
/game
/crackers
American /vegetarian

Sauces
Oriental
Chinese Chicken /game
Chinese S
Chinese S
Chinese S
Oriental /vegetarian
American
Chinese Pork/ham
Oriental
Chinese
Snacks

Greek Vegetarian

Oriental Chicken /game
/crackers

Chocolate Grains/nuts Dairy
Cocktails
Japanese Beef
/game
Soups /vegetarian
Cocktails Irish
Cocktails
Oriental Beef
Chinese Chicken /game
Chinese Soups
Chinese Chicken /game
Oriental
Cocktails Irish
Cocktails Irish

Sheet1

Penndutch /vegetarian
/crackers
/vegetarian

Beef Soups/stews
Toppings
British Casseroles Casseroles
Beef Casseroles Casseroles
Casseroles Hamburger Casseroles
Ice Cream
Fruits
/vegetarian

Oriental
Chinese Chicken Pork/ham
Oriental /vegetarian

Cheese/dairy
Ethnic
Oriental Microwave /vegetarian
Chinese Chicken /game
Mexican /vegetarian
Amish /crackers

/crackers
Chinese Beef
/vegetarian
Chinese Chicken
Chinese Chicken /game
Chinese Pork/ham
Oriental
/vegetarian
/crackers
Student
Stir-fry

Mexican
/vegetarian

Pizza
Microwave
American
Ethnic Rice Casseroles

Snacks

/vegetarian

Soups

American Microwave

Oriental

American

Entree

Cajun

Entree Cajun /vegetarian

Ethnic

Entree Microwave Garlic

Chinese

American Microwave

Oriental

Mexican

Cajun

Entree

Chinese

Thai

Chinese

Ethnic

Chinese

Indonesian

Cajun Rice Side Dish

Student

Snacks

Cajun

Vietnamese

Vietnamese

Hawaiian

Ethnic Entree Chicken

Italian Microwave

Cajun
Mexican
American Microwave
/vegetarian

Entree
Oriental Chicken /game
Oriental /game
Entree
/vegetarian

Cajun

Oriental
Mexican
Thai
Oriental
Chinese
Chinese
Mexican
Chinese
Beans
Thai

Chinese Soups
Chinese Soups
Entree

Italian Microwave
Mexican
Chili
Thai Chicken /game
Oriental /game
Chinese Chicken /game
Oriental Pork/ham
Oriental /vegetarian
Entree Beef Oriental

Italian
/vegetarian

Italian
Italian
Cocktails
Fruits
Chinese Soups Pork/ham Soups/stews
Chinese Pork/ham Cheese/dairy
Chocolate
Side Dish Oriental /vegetarian

Soups Soups/stews

/vegetarian
Ethnic
Chinese

Indian Chicken /game

Singapore
Oriental
Pies /pies
Ethnic
Oriental
American Microwave
/crackers

/vegetarian
Chinese
Chinese
Snacks Holidays /crackers

Ethnic /crackers
German /vegetarian
Low-cal Entree Rice /game
/game
Hamburger Casseroles /vegetarian
/vegetarian

Cocktails
Side Dish /vegetarian
Kids Chocolate
Entree Soups/stews
/crackers
/crackers
Fruits

Chinese Pork/ham

Sheet1

Microwave /vegetarian
Cocktails
Entree Sauces
Kids Snacks Low-cal /game
Cocktails
Cocktails
Crockpot Entree Chicken
/game

Entree /vegetarian
/vegetarian

American Cheese/dairy
Penn Dutch /pies
Chinese Pork/ham

Student Potato Vegetable /vegetarian
American

Entree
/vegetarian

Barbeque Entree
Entree Barbeque
Barbeque Entree

American

Low-cal
/game

/vegetarian

Low-cal Alcoholic Cheese/dairy

Cajun

Cheese/dairy
Cheese/dairy

Penndutch Soups/stews

American
Chocolate Grains/nuts

Ice Cream Freezer

Oriental

Chinese /vegetarian

Chinese Chicken /game
/crackers
Low-cal

Chinese

Penndutch
/crackers
Ethnic /crackers

/crackers
Mexican Beef Pork/ham Chicken /game
American Cheese/dairy
Student

Mexican

American
Italian Grains/nuts Microwave
Rice /vegetarian
Mexican Soups Soups/stews
Soups Mexican Garlic Soups/stews
Soups Diabetic Garlic Mexican Soups/stews
Soups Hamburger Pork/ham Mexican Soups/stews
Mexican Soups Soups/stews
Grains/nuts Mexican Microwave Soups/stews
Soups Mexican Soups/stews

/vegetarian
Ecuador Vegetarian Soups/stews
Ethnic Mexican Grains/nuts Microwave Soups/stews
Soups/stews

Cheese/dairy
French Microwave Cheese/dairy

Oriental Chicken /game
Microwave Soups/stews
/vegetarian
Soups Soups/stews
Ethnic Soups/stews
Vegetarian Greek Soups/stews
Greek Vegetarian Soups/stews
French /vegetarian
French Microwave /vegetarian
French Dairy Microwave Soups/stews
French Microwave
/crackers

/vegetarian
Hamburger
Entree /game
Mexican /game
American /crackers
Ethnic
Fruits
Chicken /game
American /crackers

/crackers

Vietnamese Soups
Soups Soups/stews

Oriental Rice Soups/stews
Chinese Soups Pork/ham Soups/stews
/pies

Pies Chocolate /pies

Sourdough

Pizza

Ice Cream

Mexican
Soups Soups/stews
Mexican Snacks

Mexican Beef Soups/stews
Chicken /game
Fruits Hamburger /vegetarian

Entree Wild Game /game

Indian /game
Indian
Vegetarian Soups/stews
Side Dish /vegetarian
Dressings Holidays /game
Pork/ham

Sheet1

Soups Mexican /vegetarian
Chicken Ethnic /game
Mexican Soups Soups/stews

Mexican Pork/ham
Relishes Tex-mex /vegetarian
Mexican
Mexican Cheese/dairy
Ethnic /vegetarian
Cheese/dairy
/game
Cheese/dairy
Ethnic
Soups/stews
Mexican

Ethnic
Ethnic
Chinese Chicken /game

German Cheese/dairy
Chicken Italian /game

Student S
Italian /vegetarian
/vegetarian

Casseroles
Ethnic Rice /vegetarian
Entree Greek Vegetarian
Ethnic Entree
Entree Greek Vegetarian
Greek Vegetarian

Mexican Cheese/dairy
Mexican Rice /vegetarian
Mexican Rice /vegetarian
Hamburger Rice /vegetarian
Low-cal Chicken /game
Mexican
/vegetarian
Entree Casseroles Vegetarian Spanish Soups/stews
Entree Spanish Vegetarian Soups/stews

German
Entree
German /vegetarian

German /vegetarian
/crackers
Chinese Cheese/dairy
/crackers
Tex-mex /crackers
Thai /game
/crackers

Microwave

Dressings
/crackers
/crackers
/crackers
Vegetarian /crackers

/game
Snacks /vegetarian
/vegetarian
Fruits Hamburger
Student Vegetable /vegetarian
Indian Chicken /game
Low-cal
Chinese
Mennonite
Ethnic

Lamb

Microwave Holidays
Sauces Italian
Indian Side Dish /vegetarian

Holidays

Chinese
Side Dish /vegetarian

Snacks /vegetarian
Vegetarian Spicy/hot Ethnic
Korean
Chocolate
Vietnamese Soups

Side Dish Barbeque /game

Chinese Pork/ham
Beef

American

Thai
Thai
Curries /vegetarian
Oriental /game
Chinese Chicken /game
Vietnamese Soups Chicken Soups/stews
Chinese Chicken /game

Low-cal Italian Microwave S
Chinese Chicken /game
Spicy/hot Dairy
Chinese Chicken /game

Chinese
Fruits
Indian
Chinese Chicken /game
Chinese Chicken Wings /game
/vegetarian
Ethnic Spicy/hot /vegetarian
American /vegetarian
Side Dish /vegetarian
Italian /game

Entree Ethiopian Vegetarian Soups/stews

Spicy/hot
Garlic Entree
Hamburger
Mexican
Oriental Beef
Snacks Mexican
/crackers

/crackers
Chinese Beef
Entree /game

Ethnic /vegetarian
/vegetarian

Chinese Pork/ham
Chinese Pork/ham
Condiments Microwave Sauces/spices

Chinese Diabetic

American
Indian
Chinese S
American /vegetarian
Indian Side Dish /vegetarian
Korean
Ethnic /vegetarian

Potatoes /vegetarian
Chinese Chicken Diabetic /game
Chicken /game
Thai Chicken Diabetic /game
Thai Chicken /game
Cajun /game

Dressings

Ethnic Cheese/dairy
Oriental
Greek Vegetarian
Korean /vegetarian
Side Dish Casseroles /vegetarian
Casseroles /vegetarian
Snacks
Soups Mexican /vegetarian

Casseroles Side Dish /vegetarian

/vegetarian
Italian Cheese/dairy

Ethnic /vegetarian
Cheese/dairy

Rice
/vegetarian

Dressings

American /vegetarian

Relishes
Snacks
/vegetarian
Indian /vegetarian
American Microwave /vegetarian

Italian Microwave /vegetarian

Chili
/vegetarian
/vegetarian
Soups/stews
Soups/stews

Hamburger Cheese/dairy
Chocolate

Chinese Pork/ham

/vegetarian
Holidays
German Holidays /crackers
Ethnic Potatoes /vegetarian
Grains/nuts American
/crackers
German /crackers
Entree Indian Vegetarian Soups/stews

Entree Low-cal /vegetarian
/vegetarian
Microwave /vegetarian
/vegetarian
Casseroles
American Microwave /vegetarian

/vegetarian
/vegetarian

/crackers
/crackers
Soups/stews
Cocktails
Beef Casseroles Entree Casseroles
Mexican
/crackers
Vietnamese Soups Soups/stews

Entertain /crackers
Cheese/dairy

Beef
Japanese Beef /game
Low-cal /vegetarian
Beef
Low-cal Entree /vegetarian
German

Chinese Beef

Oriental /game
Oriental Chicken /game

Chinese
Chinese Chicken /game
Oriental Chicken Pork/ham /game
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken /game
American
Student
Thai

Thai
Chinese
Chinese

Ethnic Laotian
Oriental
Thai
Chinese Chicken /game

American /vegetarian
Oriental
Thai
Oriental /vegetarian
American
Chinese
American

Chinese
Ethnic
Chinese Pork/ham
Chinese Pork/ham
Chinese Pork/ham
Oriental Pork/ham
Oriental
Chinese
Oriental
Oriental Rice Wok /vegetarian
Rice Oriental Wok /vegetarian
Chinese /vegetarian
Chinese Pork/ham
Pork/ham
Chinese
Oriental
Student Vegetable /vegetarian
Oriental
Thai
/vegetarian
Herbs/spice
Soups Soups/stews

Oriental
Indian Side Dish /vegetarian

New Zealand Soups Soups/stews
Chinese Pork/ham

/vegetarian
Fruits American Microwave /vegetarian
Chicken /game
Ethnic
Cocktails
Low-cal /vegetarian
Ethnic
Chinese Beef
Chinese /vegetarian
Chinese /vegetarian
/game

Chinese Chicken /game
Chinese /vegetarian
Oriental
Chinese S
Chinese
Oriental /vegetarian
Chinese /vegetarian
Oriental Chicken /game

Chinese Beef
Low-cal Beef
Chinese /vegetarian
Chicken /game
Chinese Chicken /game
Chinese Chicken /game
Chinese
Thai
Chinese Pork/ham
Chinese Beef
Chinese Pork/ham
Oriental
Thai
Chinese Chicken /game
Beef Oriental
Chinese Chicken /game
Chinese Pork/ham
Chinese Pork/ham

Chinese
Chinese
Chinese
Chinese /vegetarian
/vegetarian
Singapore Pork/ham
Oriental /vegetarian
/vegetarian
Oriental /vegetarian
Chinese /vegetarian
Chinese Pork/ham
Chinese /vegetarian
Oriental Beef
Fruits Italian Microwave

Rice

Fruits American Microwave
Toppings

Ethnic
Low-cal

German

Fruits Microwave

Cocktails

Ice Cream
Ethnic

Fruits
Cocktails

Fruits American Microwave Pies

Ice Cream
Ice Cream
Low-cal Ice Cream Fruits
Low-cal
Fruits

Microwave Soups/stews

American Fruits /vegetarian

/vegetarian
Indian /vegetarian
Sandwiches /vegetarian
Beef Microwave
Low-cal Microwave /vegetarian
Italian /vegetarian
Potatoes American Microwave /vegetarian
Microwave /vegetarian

Oriental
Entree /vegetarian
German /vegetarian

Jewish Italian /vegetarian
Entree /game
Ethnic /game
Mexican
Cajun
/vegetarian
Side Dish Vegetarian
Pizza Italian
Snacks
Low-cal
Mexican
Vegetarian Entree
/vegetarian
/vegetarian
Mexican

Cheese/dairy
Penndutch

Vegetarian
Mexican /vegetarian
Pork/ham

Curries /vegetarian

Ethnic Casseroles /vegetarian
Cajun

Wild Game Casseroles Irish Casseroles

Sandwiches /vegetarian

Thai
Korean

Snacks
Ethnic /vegetarian
/vegetarian
Student Vegetable /vegetarian
German
Entree Low-cal /vegetarian
/vegetarian
Low-cal /vegetarian

Casseroles /vegetarian
Microwave /vegetarian
Entree
American
/vegetarian

Penndutch /vegetarian
Grains/nuts American /crackers
Entertain /crackers

/crackers

/crackers

/vegetarian

New Zealand
Oriental
Diabetic /crackers
/crackers
Pork/ham
Japanese Beef
Indonesian
Soups Usenet
Low-cal

Italian Microwave Cheese/dairy
Italian Microwave /vegetarian
British
/vegetarian
/vegetarian

Rice
Potatoes

Microwave
Thai

Side Dish Cheese/dairy

Fruits Chocolate Alcoholic Ice Cream
Soups Soups/stews
Soups/stews
Chinese Chicken /game
Mexican Cheese/dairy
/crackers

/crackers
Vegetarian Soups/stews
/game
Legumes Crockpot Usenet
Microwave

Microwave

American Dairy Cheese/dairy

Entrees Usenet
Usenet
Hamburger
Usenet
Ethnic /game

Entree

Hamburger /vegetarian
Japanese Rice /vegetarian
Japanese Rice /vegetarian
German Potatoes /vegetarian
German /vegetarian
Chocolate /crackers
Entree
Usenet

Alcoholic Entertain
/crackers
Holidays /crackers
/crackers
Entree Holidays

Swedish Usenet
Holidays /crackers
Oriental Chicken /game
Chinese Pork/ham
Chinese Pork/ham
Entree
/vegetarian
Sauces
Beef /game
Oriental
Chinese
Oriental Pork/ham
Thai /vegetarian
Oriental Beef
Chinese Chicken /game
Chinese Chicken /game
Chinese Chicken Microwave /game

Chinese
Hamburger /vegetarian
Italian /vegetarian
Chinese Pork/ham
Chinese Pork/ham

/vegetarian
/vegetarian
Chinese Pork/ham

Vegetarian Entree
/vegetarian
/vegetarian
Vegetarian Entree Microwave /vegetarian

Cajun

Equal Snacks
Mexican
Pickles Usenet

Ice Cream

/crackers
Potatoes Mexican Cheese/dairy
Pork/ham

Pickles /vegetarian
Pickles /vegetarian
Pickles /vegetarian

Entrees Usenet
Ethnic
American Microwave Casseroles /vegetarian
Entree Microwave /vegetarian
/vegetarian
Low-cal
Side Dish /vegetarian
Pies Holiday Usenet
/crackers
Mexican Cheese/dairy
Potatoes /vegetarian

Potatoes /vegetarian
Potatoes /vegetarian

Jewish Italian Holidays

Chicken Oriental /game
Oriental Pork/ham
German /vegetarian
Grains/nuts Oriental
Fruits Oriental
American
Relishes /vegetarian
Casseroles Jewish Usenet
Relishes Ethnic /vegetarian
Hamburger /vegetarian
Hamburger Oriental

German /vegetarian

/vegetarian
/vegetarian
Cheese/dairy
Chicken Mexican Cheese/dairy

/vegetarian
Microwave
Polish Holiday Usenet
Oriental Chicken /game
/game

Chinese /vegetarian
Chinese
Oriental S

Chinese Diabetic /vegetarian

Chinese Beef
Chinese Beef
Oriental Beef
Chinese Chicken /game
Chinese Chicken /game
Low-cal Soups /game
Chinese /game
Chinese Chicken /game
Chinese Beef
Chinese
Chinese
Chinese S
Chinese S
Chinese
Chinese Soups Pork/ham
Chinese Chicken /game
Entrees Hungarian Usenet
/vegetarian

Lebanese Grains/nuts Vegetarian
California Vegetarian
Mexican /game
Relishes

Hamburger /vegetarian
Mexican
Student Meat
Student Meat
Fruits
Usenet
Casseroles
Entree British
Indonesian Chicken /game

Indian Chicken /game
Indian Chicken /game
Indian /game
Indian /game
Indian Barbeque /game
Ethnic Chicken /game
Indian

/vegetarian

Sheet1

Beef Hamburger
Snacks

Casseroles

Casseroles
Soups /vegetarian

Ethnic

Chicken
/vegetarian
Herbs Usenet
Low-cal

Fruits American Microwave
Microwave /vegetarian
Snacks

Fruits French Microwave

Chinese /vegetarian
Diabetic /vegetarian
/vegetarian
Oriental Beef

Fruits Cajun Microwave

Chili Beef Microwave Mexican

/crackers
/crackers

Chinese /game
Chinese /game

/vegetarian
/crackers
Vegetarian
Vegetarian
Vegetarian
Vegetarian Barbeque Entree

/game

Japanese
Japanese /vegetarian
Chinese
/game
Chinese Beef
Ethnic
Lapp Usenet
Cocktails
Japanese Chicken /game
Student Chicken /game
Oriental /game
Student
Beef American Microwave
Japanese Beef
Chinese Chicken Wings
Indonesian Usenet

Low-cal Entree /vegetarian
Entree
Mexican Soups Soups/stews

Chicken /game
Mexican
Mexican Cheese/dairy
Tex-mex Usenet
Tex-mex Usenet
Soups Mexican Chicken Soups/stews
Mexican Beans Cheese/dairy

Grains/nuts American Microwave
Sauces
Dressings

Chili Entree Mexican /vegetarian
Entree
American Microwave /vegetarian
Entree Cheese/dairy
Thai /game
Thai
Thai Soups Soups/stews
Ethnic Chicken /game
Thai Soups/stews
Thai Chicken Soups Soups/stews
Thai Soups/stews
Thai
Thai Chicken /game

Thai /game
Thai
Thai Chicken /game
Thai Pork/ham Soups/stews
Thai
Vegetarian Thai
Thai
Ethnic Chicken /game
Thai
Thai Chicken Pork/ham /game
Thai
Thai Pork/ham
Thai Chicken /game
Thai
Thai Fruits
Thai Barbeque
Entree
Thai
Thai
Thai Casseroles
Thai Soups Soups/stews

Thai Stir-fry
Ethnic Chicken /game
Thai Chicken /game

Thai
Thai Chicken /game
Thai
Thai Soups Microwave Soups/stews
Thai
Thai
Thai /game
Ceylon /vegetarian
Pies Holiday Usenet
/crackers

Chocolate
/crackers

American Microwave /vegetarian
Chocolate
Ethnic /vegetarian
Grains/nuts Chocolate

Casseroles /vegetarian

Chocolate

Rice

Chinese Chicken /game
Soups /vegetarian
Oriental Cheese/dairy

Turkey Entree /vegetarian
Casseroles Leftovers Low-cal Entree /game
Oriental Soups/stews

/vegetarian

/vegetarian
Italian Cheese/dairy
/crackers

/crackers
Low-cal

Indian Chicken /game

Snacks /crackers
New Zealand Toheroa Soups Soups/stews
Chocolate
Italian
Penndutch Soups/stews
Chili Microwave Soups/stews
Thai Soups/stews
Italian Dairy Microwave

Korean Condiments

Grains/nuts Cajun Microwave
Vegetarian Prepare Ahead /vegetarian
/game
Fruits Ethnic Microwave

/vegetarian
Vegetarian
Oriental Microwave /vegetarian
Tofu
Low-cal /vegetarian
Vegetarian
Snacks Vegetarian
Chinese

Cocktails
Thai /game
/vegetarian
Thai Soups Soups/stews
Thai Soups
Fruits French Microwave /vegetarian
German /vegetarian
Mexican Chicken /game
Vegetarian

Oriental

Chinese Beef
Microwave Soups/stews
Vegetarian Entree Soups/stews
Cheese/dairy

/vegetarian
Chinese Soups
Indian Vegetarian
Fruits American Microwave /vegetarian
Casseroles Side Dish Casseroles
Pickles /vegetarian
/vegetarian
Low-cal /vegetarian
Microwave /vegetarian
Greek Vegetarian

Vegetarian Soups/stews
Italian /vegetarian
Low-cal Soups /vegetarian
Casseroles Vegetarian Casseroles
American /vegetarian
Microwave /vegetarian
/vegetarian
Egyptian African /vegetarian
Korean Chicken /game
American

Casseroles Vegetarian Casseroles
/crackers
Cocktails
Low-cal
Oriental /game
Chocolate
Mexican Cheese/dairy
Italian Grains/nuts Microwave

Salad Macaroni Summer Holiday Prepare Ahead
Soups Beans Mexican Soups/stews
Mexican Soups/stews
Soups Diabetic Mexican /vegetarian
Mexican Soups
Soups Mexican Soups/stews

Oriental Microwave
/vegetarian
Mexican
Mexican /game

Holidays Ethnic
Holidays Ethnic
Mexican /vegetarian
Mexican
Snacks
/crackers
Snacks

Cocktails
Casseroles Beef Entree Casseroles
Soups/stews
Grains/nuts American

Soups/stews
Italian
Cheese/dairy
Chocolate Microwave
Chocolate

Snacks

German

/vegetarian
Grains/nuts
Low-cal Barbeque Chicken /game
Chicken

Low-cal

Fruits

Garlic

Chocolate
Ice Cream /crackers

Cajun

Casseroles

Casseroles Casseroles
Student
Casseroles /vegetarian
Student
Kids
Pies

Entree Low-cal

American

/vegetarian

Japanese

American

Italian
Grains/nuts American Microwave
Chinese Pork/ham
/vegetarian

Soups Mexican /game
Oriental /game
Entree /game
Pork/ham
Casseroles /game

Casseroles /game

/game

Rice /game

/game

Ethnic /game

Cajun /game

Italian /game

/game

Entree /game

/game

Mexican /game

American /game

Cajun Creole /game

Mexican /game

Snacks Chicken /game

Low-cal Entree /game

/game

Low-cal Grill /game

Italian /game

Pies

Leftovers Casseroles /game

Turkey

/game

/game

Entree /game

/game

Chinese /game

/game

/game

Mexican /game

Microwave Leftovers /game

Mexican Italian

Mexican /game

/game

Oriental /game

Entree Low-cal /game

Mexican /game

Chili /game

Chicken Casseroles Italian /game

Sandwiches /game

/game

Turkish Low-cal /vegetarian

Turkish Low-cal Diabetic

Soups Soups/stews

American /vegetarian
Microwave Soups/stews
Microwave Soups/stews
Microwave /vegetarian

/crackers

Oriental Pork/ham
/vegetarian
/vegetarian
Chinese Beef

German Soups/stews

Chocolate
Ice Cream
/game
Ethnic
Herbs/spice /vegetarian
Herbs/spice
Burma Soups Soups/stews
German Cheese/dairy
/crackers
Chocolate /crackers
Candies /crackers
Ice Cream
Oriental Microwave
Tex-mex /crackers

/vegetarian
Barbeque
Italian Microwave Cheese/dairy

Chocolate

Soups Soups/stews
Asian Entree
American Microwave /vegetarian

Grains/nuts
Chocolate

American Microwave

American Dairy Microwave

Ice Cream
/crackers
Holidays Hungarian /crackers
Snacks
Chocolate /crackers

German
German
German

Penndutch
Veal

Italian

Italian
Italian

German
/vegetarian
Italian

German

German
Ethnic
Chinese Pork/ham Microwave
Casseroles Vegetarian S
Casseroles /vegetarian
Oriental Beef
Hamburger Microwave Soups/stews
Microwave /vegetarian
Chili /vegetarian
Chinese Microwave /vegetarian
/vegetarian
Vegetarian Indian /vegetarian
/vegetarian
/vegetarian
American Microwave /vegetarian
/vegetarian
Low-cal /vegetarian

Beef Microwave
Tibetan Vegetarian
Entree /vegetarian
Vietnamese
Low-cal Rice Entree /vegetarian
Pies /vegetarian
Thai Vegetarian
Soups Ital. Soups/stews
Chinese Soups Soups/stews
Microwave /vegetarian
Vegetarian Vietnamese Buddhist
/vegetarian
/vegetarian
Low-cal /vegetarian
Japanese
Beef American Microwave
Crockpot Entree /vegetarian
American Microwave
Low-cal Entree /vegetarian
Oriental /vegetarian
Vegetarian Prepare Ahead Entree /vegetarian
/vegetarian
Microwave /vegetarian
Low-cal Entree /vegetarian
Vegetarian /crackers
Low-cal Entree Cheese/dairy
Chinese
French Microwave /game
Chicken French Microwave

Chinese Soups Chicken Soups/stews
Indonesian Chicken /game
Chinese Chicken /game
Oriental Soups/stews

Soups/stews
Mexican Snacks Condiments
Herbs/spice
/vegetarian
Snacks

German Microwave
Soups/stews
Entree

Entree Soups/stews

Italian Microwave
Italian Side Dish /vegetarian
Casseroles Rice Cheese/dairy
/vegetarian
/crackers

Casseroles /vegetarian

Soups/stews
French Soups/stews
Microwave

Chicken Casseroles /game
/crackers
Dairy French Microwave Sauces/spices
Beef Soups/stews
Casseroles Pork/ham Casseroles
German Microwave
Grains/nuts German Microwave
Vietnamese
Vietnamese Chicken /game
Vietnamese Pork/ham
Vietnamese
Vietnamese
Entree Chicken Vietnamese /game
American Microwave Sauces/spices
Cajun Microwave
Pies
Grains/nuts Cajun Microwave Pies

Pork/ham
Cheese/dairy

Fruits American Microwave /vegetarian

Chocolate /crackers

Grains/nuts American Microwave /crackers

Student Meat

Fruits Microwave

Rice Mexican
Mexican

German /vegetarian
French Microwave /vegetarian

Oriental

Kids
Cajun Fruits Microwave
Freezer Fruits Ice Cream
French Fruits Microwave
Fruits American Microwave
Chinese
Soups/stews

Low-cal Microwave Soups/stews
/game

German
German Soups/stews

/pies
Cheese/dairy
Cheese/dairy
/vegetarian
Entree Vegetarian Soups/stews
Chicken /game
Soups/stews

Indian Chicken /game
Cheese/dairy

Chinese /game
German /vegetarian

Oriental

Kids /crackers

Toppings
Toppings

Chocolate
German /vegetarian
Chili Mexican /vegetarian
German
Soups
Hamburger Microwave Casseroles Casseroles
Entree
Chili Microwave Soups/stews
Chili Microwave Soups/stews
Chili Microwave Soups/stews
/game
Chocolate

Chocolate Grains/nuts /crackers
/crackers
Chocolate
Ice Cream Freezer Chocolate
Chocolate Ice Cream

/crackers

Chocolate
Chocolate
Chocolate

Chocolate /crackers
Italian Microwave S
/crackers
Chinese
Chinese Soups
Soups
Italian Chicken

American Microwave

Thai Vegetarian Entree

Rice American Grains/nuts Microwave /vegetarian

Cocktails

Dairy American Microwave Sauces/spices

Mexican Soups Soups/stews

/crackers

New Zealand

/crackers

/crackers

/crackers

/crackers

Cajun /game

Ethnic /game

Wild Game /game

Rice American Grains/nuts Microwave Soups/stews

Rice Grains/nuts Microwave /pies

American Microwave

Diabetic /vegetarian

Low-cal Grains/nuts Entree Vegetarian /vegetarian

/game

Entree British /game

Ethnic Chicken /game

/vegetarian

American Microwave /vegetarian

/pies

/game

Chinese

Hamburger

Oriental

/crackers

/vegetarian

Low-cal

Sheet1

Chinese Soups Soups/stews
Vegetarian Soups/stews
American Microwave /vegetarian
Soups Soups/stews
Microwave /vegetarian
Soups/stews
Cheese/dairy
Oriental Beef
Chinese /vegetarian
Oriental

Oriental Microwave
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese Soups Soups/stews
Chinese
Chocolate /crackers
/crackers
/crackers
American Microwave /vegetarian

Chinese Pork/ham

Oriental Microwave /vegetarian
Ethiopian African /vegetarian

Oriental Beef Microwave
Thai Entree /game
German /vegetarian
Cajun

Dairy American Microwave Cheese/dairy
Ethnic Spicy/hot Chicken /game
Herbs/spice Chicken /game
Dips Low-cal /vegetarian

Student Dessert

Canadian

Ethnic
Chinese Rice /vegetarian
Student Sauce Sauces/spices
Ethnic Entree
Mexican Cheese/dairy
Thai Cheese/dairy

/vegetarian
Chinese Soups Soups/stews
Chinese Chicken /game

/vegetarian

Hamburger Herbs/spice
Fruits American Microwave /vegetarian
American Microwave Cheese/dairy
Indian Chicken /game

Soups Mexican Soups/stews
Mexican Soups/stews
Casseroles Cheese/dairy
/vegetarian
Casseroles Casseroles
Cocktails
/vegetarian
Italian Microwave /vegetarian
/crackers
Casseroles /vegetarian
American Dairy Microwave /vegetarian
Mexican /vegetarian
/vegetarian
Low-cal /vegetarian

/vegetarian
Cheese/dairy
/crackers

/crackers
Vegetarian
Mexican /vegetarian
/vegetarian
Vegetarian Entree
American Grains/nuts Microwave /vegetarian
/crackers
Low-cal /vegetarian
Low-cal /vegetarian
Italian Cheese/dairy
Jewish Italian /vegetarian
/vegetarian
/vegetarian
Hamburger /vegetarian

American Microwave /vegetarian
Chad African /vegetarian
/crackers
Soups Soups/stews
Indian Soups/stews
Mexican Beans Garlic /vegetarian
Italian Microwave

German Soups/stews

German /vegetarian
Fruits 999
German Entree
German Entree
Hamburger Entree Chees

German Fruits Pancakes Cake
Cheese Fruits
Cheese Fruits Pies

Cheese Fruits Quickbreads
Cheese Cheesecakes Fruit
Pies
99
Cheese Hamburger Entree Meat Loaf Meat
Low-cal 999
Dips Fruits
999
Cajun Entree

Beef Entree Hot Vegetable
Entree Londontowne
Entree Londontowne
Sauces
Pies Londontowne
Chocolate

German Fruits

Sauces

Relishes 99
Entree 9
Low-cal 999
Bar-b-q Creole/caju Entree

99
Beef Entree Hot

Cheese Dips Eggs Vegetable

Cheese Yeast Bread
Crackers Cheese
Fruits Pies
Cheese Fruits Quickbreads
Cheese Quickbreads

Cheese Hamburger Entree Meat Loaf Meat
Cheese Fruits Pies
Sauces
Relishes Londontowne
Sandwiches
Cheese Cheesecakes Fruit
Chinese Sauces Barbecue
Low-cal Chicken
Low-cal
Cheese Dips Fruits
Pies
Cheesecake
German Snacks
Chocolate
Chocolate
Pies

Ground Beef
Relishes Londontowne
Entree
Chocolate
Sauces Londontowne
Cheesecake
Cheese Cheesecakes
99 Low-cal
Pies Fruits
German Entree
Cheese Cheesecakes
999
Chocolate
German Sauces Entree
Cheese Cheesecakes Pies
Candies Londontowne
Relishes 99
Sauces 999
Hamburgers Entree
Cheese Cheesecakes
German Pancakes
Pies
Londontowne
German Special

Cheesecakes Cheese
Foreign Entree
Foreign
Fruits 999
Cheese Dips
German Entree
Cajun Sauces
Pies
Dips Fruits
Cheese Quickbreads
Cheese Fruits Pies
Cheesecake
Ground Beef Entree Meatballs Vegetable
Sauces
German Fruits
Cheese Fruits

Sauces
Cheese Cheesecakes
Ground Beef Entree Meatballs
Pork Entree
Sauces
Entree
German Entree
Cajun Sauces
German Veal Entree Vegetable
German
German
Pies Londontowne
German Beef Entree

Pies Londontowne
Relishes Londontowne
Cheese Quickbreads
Londontowne
Entree Low-cal 999
Cheese Dips Fruits
Sauces

Low-cal 999
Pies
Pies Londontowne
Chocolate
Entree
Chocolate

Relishes Sauces Topping
Sauces Toppings
German Holiday Special

Cheese Cheesecakes Fruit
Cheese Yeast Bread
Relishes 99
Fruits 999
Fruits Pies
Londontowne
Chocolate
Relishes Sauces 999
Cheese Entree Sandwiches Vegetable
Ham Entree
Bar-b-q Entree Oriental
Jams

Fruits 999
99
Entree
Cheese Cheesecakes Sauce
Cheesecake
Cheese Fruits Pies
Fruits
Nuts Pies
Ground Beef Entree Meatballs Vegetable
999

Cheese Dips Fruits
Cheese Cheesecakes
Entree
Cheese Entree Sandwiche
Entree Londontowne
Foreign Entree
Bar-b-q Entree
Pork Entree Hot Vegetable

Entree 9
German Special
Sauces
Sauces 999

German
Cheese Fruits Pies
Candies
Chocolate
Sauces

Cajun Entree
Cheese Pies Sauces
German Entree

German Entree
German
Beef German Entree
Entree
Fruits 999
Salmon Wine Entree Sauce
Relishes 99
Sauces
Hamburger Entree Pies Vegetable
German Entree Beef
German Beef Entree Cookie
Sausage Entree
German Special
German Fruits
German Pork Entree Vegetable
German Pork Entree
Ham Eggs Entree
Toppings
Bar-b-q Entree
999
Cheese Hamburger Entree Meat
Chocolate
Entree
Cheese Cheesecakes
Bar-b-q Creole/caju Entree
German
Chocolate Fruits
Foreign Entree
Cheese Hamburger Entree Meat Loaf Meat
Sauces
Foreign
Sauces Fruits
Cheese Dips Fruits

Pies Fruits
German
Cajun Entree
Entree
Cheese Cheesecakes Pies
Pork Entree
Cheese Cheesecakes
Cheese Sauces
Relishes 99
Relishes 99
Sauces Londontowne
Muffins
Low-cal 999
Low-cal 999
Cheese Hamburgers Entree Sauce

Pork Entree Hot
Pies Londontowne
Cheese Cheesecakes
Chocolate
Londontowne
Chocolate Fruits
Cheese Cheesecakes
999
Londontowne
Chocolate
Entree Londontowne
Londontowne
Cheese Dips
Beans Cheese Dips Vegetable
Sauces Toppings
Chocolate
Cajun Sauces
Londontowne
Cajun Sauces
Cajun Sauces
Londontowne
Cajun Entree
Cajun Sauces
Londontowne
Londontowne
Cajun Sauces
Cajun Candies
Cajun Sauces
Londontowne
Sauces
Cajun Italian Entree Sauces
Cajun
Cajun Sauces
Cajun Sauces
Cajun Sauces
Londontowne
Londontowne
Londontowne
Cajun Sauces
Sauces Londontowne
Londontowne
Londontowne

Roast Beef
Entree
Pies
Pies
Pies
Entree

Fruits
Steak Beef
Cajun Sauces
Indian Ethnic Easy Side Dish

Beef Fruits
Beef
Roast Beef
Roast Beef Sauces
Dips

Relishes
Beef Entree Entertain
Beef Marinade Entree
Chili Entree
Pies
Pies
Pies
Pies
Pies
Mexican Entree Spicy
Pies
Pies
Pies
Pies
Pies
Pies
Pies
Pies
Pies
Pies
Pies
Pies
Creol Beef Maindish
Pies
Pies
Pies
Mexican
Mexican Entree Soups
Beef Sauces
Chocolate Pies
Mexican Entree
Christmas
Chili Entree
Cheese Yeast Bread
Easy

Chili
Brisket Beef
Entree

Candies Chocolate Mint
Chocolate Mint
Beef Roast
Sauces Spreads
Entree
Dips Untested
Pies
Dips
Dips Untested
Sauces
Sauces Spreads
Cheese Yeast Bread
Indian Ethnic Entree Spicy Easy
Sauces Spreads
Entree Sauces
Dips
Pies
Apple Heritage
Brisket Beef
Steak Beef
Steak Beef
Steak Beef
Dad
Ribs Beef
Entree Sauces
Entree
Entree Sauces
Indian Spicy Easy Ethnic
Brisket Beef
Relishes Sauces
Indian Ethnic Side Dish Spicy
Beef
Entree
Cheese Fruits
Chocolate
German
Dips

Hamburger Beef
Indian Ethnic Easy Entertain Entree
Relishes
German Beef
Indian Spicy Entertain Ethnic Entree
Indian Entree Spicy Entertain Ethnic
Indian Entree Spicy Ethnic

Beef
Sauces
Sandwich Entree

Candies

Sauces

Entree

Pies

Kids Heritage Candy

Cereals

Entree

Entree Sauces

Cheese Quickbreads Fruits

Roast Beef Fruits

Sauces Chicken

Entree

Entree

Pies

Dips Untested

Indian Ethnic Entertain Easy Entree

Beef

Beef

Indian Ethnic Easy Entertain Entree

Shrimp

Indian Ethnic Side Dish Spicy

Candy Christmas Heritage

Hamburger Beef

Beef

Cheese Quickbreads

Low-cal Untested

Indian Ethnic Spicy Entree

Brisket Beef

Indian Side Dish Ethnic Spicy

Chili Mexican Entree

Italian

Pies Chocolate

Chicken

Chicken

Pies

Candies
Candies Christmas
Chicken
Sauce/condm
Australian Beef
Pies
Beans Information
Hamburger
Spices
Pies

Chili
Information
Information
Indian
Snacks
Chili Garlic
Chicken Mexican
Mexican Vegetarian
Chocolate
Marinade Spicy/hot Mexican

Pies

Dressings Italian

Pies
Sauce/condm
Hamburger
Pickles Garlic
Pies Chocolate

Pies
Cajun Italian Entree
Chicken Sauce/condm
Pies
Sauce/condm
Pies
Chicken Wings
Chocolate
Candies
Dips
Pies

Sauce/condm

German

1941

Pies

Candies

Sauce/condm Mexican

Candies

Candies

Fruits Ice Cream

Candies Gift

Fruits Pies

Toppings

Vegetarian

Entree

Indian Entree Vegetarian

Indian Vegetarian

Vegetarian Entree

Indian Potatoes

Penn Dutch Pies

Italian

Chili

1941

Chili Beef Pork Spicy/hot

Ethnic Beef

Chocolate

Chicken

Pies

Penn Dutch Pies

Pork

Ice Cream

Penn Dutch Pies

Jams/jellys

Penn Dutch Pies

Beans Rice Vegetarian Mexican

Sauce/condm Spicy/hot Mexican

Sandwiches Spreads

Spreads

Pies

Cajun

Cajun

Cajun Pork

Dressings

Pies

Pies

Pies 1941

Pies

Rice

Chicken

Pies

Spices

Candies

Pies

Chicken Low Cal/fat

Pies

Chicken

Chicken

Pies

Chicken Entree

Marinade Chicken

Italian

Canadian

Candies

Candies

Pies

Pies

Toppings Sauce/condm

Relishes

Relishes

Pies

Fruits

Fruits Pies
Candies
Sauce/condm 1941
Pies Low Cal/fat
Sauce/condm
Pies Fruits

Chutney
Pies
Microwave
Pies
Pies Fruits
Pies
Sauce/condm
Spreads
Penn Dutch
Penn Dutch
Pork
Pies
Jams/jellys
Pies

Spreads
Sauce/condm 1941

Penn Dutch
Pies

Pies
Sauce/condm

Pies
Spreads Toppings

Low Cal/fat
Snacks Canadian
Pies
Spreads Toppings
Low Cal/fat
Entertain Toppings
Pickles 1941
Pies
Pies
Pies
Sauce/condm

Canadian
Crockpot Pork
Penn Dutch Pies
Italian Chicken
Sauce/condm 1941
Pies

Pies 1941
Pies 1941
Pies Low Cal/fat

Rice

Pies Fruits
Spreads Toppings

Low Cal/fat
Sauce/condm Gift
Crockpot Chicken
Jams/jellys

Penn Dutch Pies
Pies

Candies
Pies
Pies
Crackers
Chicken Barbecue

Candies
Pies
Relishes Fruits Chutney
1941
Fruits Sauce/condm Mexican

Sauce/condm
Pies
Chicken
Relishes
Fruits
Spreads Toppings
Pies

Pies Fruits

1941

1941

Sauce/condm 1941

1941

Spreads Toppings Spicy/hot

Sauce/condm 1941

1941

Sauce/condm

Spreads Toppings

Beef Pork

Spreads

1941

Spreads Sauce/condm

Chicken

Sauce/condm 1941

Candies

Fruits

Pies

Chicken Ethnic

Chili Spicy/hot

Low Cal/fat Pies

Pies

Chili

Vegetarian

Indian Vegetarian

Mexican Rice

Chicken Rice Mexican

Chicken

Mexican Rice

Beef

Chicken

Dips Sauce/condm

Dips Sauce/condm

Dips Sauce/condm

Sauce/condm Dips

Sauce/condm Dips

Vegetarian Side Dish

Sheet1

Chinese Sauce/condm
Ethnic Chicken Pork Rice
Italian
Chicken

Entree Vegetarian
Casserole Vegetarian
Side Dish
Londontowne

New Zealand
Vegetarian Entree Side Dish

Low Cal/fat
Chinese
Indonesian Sauce/condm
Mexican
Crockpot Pork
Side Dish
Indonesian Sauce/condm
Pickles Spicy/hot

Chili
Chili
Pies

Rice Barbecue
Chili
Entree Vegetarian
Spreads Toppings
Low Cal/fat
Spicy/hot
Ice Cream
Relishes Sauce/condm

Dips

Sauce/condm Mexican

Vegetarian
Indonesian Pork
Pies

Relishes
Pies

Pork Pies
Sauce/condm

Master Mix
Pork
Hamburger Pork
Entree
Chocolate
Italian
Entree Curry Vegetarian

Chicken Ethnic

Chicken
Pies

Rice

Vegetarian
Casserole Pork Beans
Entertain
Vegetarian Entree
Beef
Pork
Snacks
Pies
Chicken
Sandwiches Chicken
Chicken
Chicken
Chicken
Casserole Entree
Chicken
Chicken Sauce/condm Microwave
Chicken
Chicken Microwave
Mexican
Chocolate
Entree Fruits Mexican Barbecue
Canadian

Casserole Pork

Vegetarian
New Zealand

Entree

Penn Dutch
Pork Entertain
Microwave Pork
Pork
Vegetarian Entree Low Cal/fat
Chicken
Information 1941
Italian Beef Entree
Chicken Entree
Chicken
Chicken Beans
Entree Vegetarian

Pork Microwave Spicy/hot
Candies

Dips
Fruits Italian

Canadian
Chicken

Casserole Pork
German Entree
Pork Microwave
Rice
Mexican Rice Side Dish
Entree

Entree Vegetarian
Pies

Pork 1941
Entree

Greek
Greek Low Cal/fat
Greek

Chicken Entree
Chicken

Chicken Entree

Ice Cream

Pies Low Cal/fat

Pies

Spreads Sauce/condm

Pies

Pies Chocolate

Pies Chocolate Low Cal/fat

Chutney

Ice Cream Fruits

Pies

Dips

Pies

Fruits

Sauce/condm Relishes

Ice Cream

Pies

Sauce/condm

Pies

Ice Cream

Pies

Vegetarian

Kids

Pies

Pies

Pies

Pies

Low Cal/fat

Microwave

Pies Toppings

Candies Chocolate

Beef Mexican
Chocolate
Entree Microwave
Chicken Pork
Entree
Beef Spicy/hot

Sauce/condm
Sauce/condm
Sauce/condm
Cajun Sauce/condm
Cajun Sauce/condm
Cajun Sauce/condm

Korean Beef
Barbecue Beef
Pork
Barbecue
Barbecue
Barbecue Microwave Pork
New Zealand Lamb
Chicken Barbecue
Barbecue Pork
Chinese Pork
Pork Barbecue Spicy/hot
Barbecue Pork Toppings
Pork Barbecue
Barbecue
Barbecue
Entree Vegetarian

Chicken Pork Wings Barbecue
Side Dish
Casserole
Kids

Vegetarian
Vegetarian Entree
Pies

Spreads
Master Mix Pies
Chicken
Chili Beans

Cajun Entree Rice

Master Mix

Candies
Candies

Sauce/condm Fruits
Sauce/condm Mexican
Spreads
Candies
Sauce/condm

Pies

Sauce/condm Mexican
Dips Sauce/condm
Sauce/condm

Sauce/condm Italian
Low Cal/fat Pies
Cajun
Entree Chicken
Sauce/condm Vegetarian

Sauce/condm
Sauce/condm
Entree
Pork
Low Cal/fat
Low Cal/fat

Chicken

Chinese Sauce/condm
Pork
Pies

Pies Chocolate Spicy/hot
Pork

Ethnic Cajun Pies

Barbecue Pork

Pork Barbecue
Hamburger

Beans Pork

Mexican Beans Rice

Entree Vegetarian Mexican

Mexican Vegetarian

Chili

Vegetarian Chinese Entree

Vegetarian Entree

Vegetarian Entree

Entree Vegetarian

Entree Chinese Vegetarian

Entree Greek Vegetarian

Entree Mexican Chicken

Pork Beans

Casserole Pork Beans

Mexican

Beans Mexican

Cajun

Beef Entree

Beans Chili Hamburger Low Cal/fat

Beef

Entree Low Cal/fat Chili

Chili Garlic Spicy/hot

Beef

Beef Entree

Beef

Mexican

Beef

Beef

Beef Snacks

Beef

Greek Beef

Indonesian Beef

Beef

Beef

Entree

Beef

Beef

Fruits

Beef

Beef Pickles

German

Mexican Entree

Mexican Entree Sauce/condm

Indian Beef Spicy/hot

Entree

Beef

Sheet1

Beef Entree Casserole
Chinese Beef

Relishes 1941
Pies
Relishes

Candies
Canadian
Chocolate
Ethnic

Pies

Sauce/condm
Chinese Sauce/condm
Sauce/condm
Candies Christmas

Spices
Penn Dutch Pies
Penn Dutch

Fruits

Sauce/condm
Chili

Pies Chocolate

Chocolate Pies

Beans
Pies
Pies
Pies
Pies
Pies
Pies
Chicken
Pickles
Sauce/condm
Sauce/condm

Chicken

Chicken
Side Dish
Pies

Mexican Pork Spicy/hot
Snacks Mexican
Indian Rice

1941
Casserole Italian Entree Coupons
Pies

Fruits

Chicken
Chocolate Candies Christmas
Mexican
Pies Chocolate
1941
Candies 1941

Mexican Vegetarian Entree
Vegetarian Spicy/hot Chili
Vegetarian Entree Chili
Entree Indian Vegetarian Chili
Pork Beans Dressings
Sauce/condm Beans
Entree Mexican

Spicy/hot
Chinese Entree Vegetarian

Thai Sauce/condm Spicy/hot
Pies
Pies Toppings
Pies
Pies
German Pies Fruits

Chocolate
Sauce/condm
Pies
Beans Chicken
Sauce/condm Toppings
Penn Dutch
Pies
Pies
Candies 1941

Low Cal/fat

Pies

Jams/jellys Fruits
Sauce/condm Fruits
Pies

Cajun Entree Chicken
Cajun Entree
Cajun Beef
Low Cal/fat Rice Beans
Entree
Pies
Fruits

Sauce/condm
Sauce/condm

Pies

Pork
Pork
Sauce/condm
Pork
Hamburger
Dips
Vegetarian
Vegetarian Casserole
Chicken

Pies
Sauce/condm

Pies
Pies
Pies

Chutney Relishes

Pies

Pies
Low Cal/fat
Pies

Spreads Sauce/condm

Ice Cream
Spreads Toppings

Sauce/condm 1941

Kids

Sauce/condm
Sauce/condm
Ice Cream
Sauce/condm
Pies Pies
Spreads Toppings

Jams/jellys

Sauce/condm

Dips
Spreads Toppings

Toppings Pies
Pork
Indian Sauce/condm

Chicken
Chicken
Chicken Entree
Beans

Pies
Pies
Snacks Mexican
Canadian
Pork
1941

Sheet1

Entree Vegetarian
Italian Pork
Italian Pork
Relishes Chutney
Penn Dutch Beef
Master Mix
Side Dish
Chicken
Side Dish

Side Dish
Vegetarian Entree
Side Dish
Mexican Pork Beef Entree
Pork
Pork Microwave
Side Dish

German Entree Hamburger

Candies 1941
Sauce/condm
Pork
Candies
Pies
Chicken Ethnic
Chocolate
Penn Dutch Canning
Pies

Pies

Penn Dutch

Pork
Chinese Vegetarian
Penn Dutch

Pork
Chicken
Chicken
Chicken

Pies

Pies
Pies
Entree
Sandwiches
Pickles
Penn Dutch Beef
Beef
Beans Pork
Entree
Pies

Pies
Side Dish

Side Dish

Chicken
Chicken Low Cal/fat
Vegetarian
Beef
Pork Sauce/condm

Mexican Entree Beef
Entree
Mexican Sauce/condm
Vegetarian Side Dish
Chicken Wings

1941 Information
Penn Dutch
1941

Vegetarian
Vegetarian Entree Casserole Rice
Chicken Rice
Candies
Candies Christmas
Pies 1941
Penn Dutch Sauce/condm
Candies
Candies 1941

Candies

Pies
Master Mix

Chicken Pork Beef
Chicken
Relishes
Side Dish
Mexican
Side Dish Holidays
Chicken Holidays
Chocolate

Entree Vegetarian

Sauce/condm Vegetarian Ethnic

Chicken Wings Spicy/hot
Chicken Spicy/hot Wings
Indian
Vegetarian Hamburger
Korean Beef
Korean Beef
Korean Beef
Side Dish

Chili Beans
Low Cal/fat
Vegetarian Entree
Hamburger

Ethnic Rice
Ethnic Rice

Pies
Rice
Pies 1941
Candies
Beef Mexican
Pies
Pies 1941
Candies
Dips Spreads
Pies
Pies 1941
Pies
Aaa

Sauce/condm
Sauce/condm
Sauce/condm
Penn Dutch
Pies
Pies 1941
Pies Canadian
Canadian

Candies 1941
1941
1941
Candies
Toppings
Candies
Indian Rice
Candies

Pies
Pies
Pies
Pies
Pies Chocolate
Candies Entertain
Candies
Pies

Microwave Sauce/condm

Penn Dutch Candies
Candies Christmas

Pies

Pies

Sauce/condm

Chili
Dips
Pork
Vegetarian Entree
Pork
Hamburger

Pickles Relishes
Penn Dutch Canning

Candies
Chicken
Master Mix

Candies Mexican
Cajun
Beans
Cajun
Cajun Beef
Entree Vegetarian Rice Cajun
Spices Cajun
Cajun Entree
Spices Cajun
Cajun Dressings

Penn Dutch

Pies
Pies Holidays
Vegetarian
Dips
Indian Lamb Beef
Sauce/condm
Pickles

Hamburger Pies

Barbecue Beef Pork Marinade

Barbecue Pork Sauce/condm

Italian Pizza
Sauce/condm
Hamburger
Italian Pizza

Pies

Pork

Candies 1941
Candies
Chicken Wings
Holidays
Candies 1941
Fruits Candies
Candies
Pies

Candies
Fruits Fast
Candies
Candies
Candies
Pies Spicy/hot
Candies Information
Candies
Candies Chocolate
Candies
Candies Holidays
Casserole Pork
Chocolate

Pickles 1941

1941
Chinese

Canadian Ethnic

Pies

Sandwiches Spreads
Curry Entree Vegetarian
Chili Garlic Beef Pork
Chicken

Christmas

Candies
Pies Holidays

Candies
Candies Entertain

Toppings
1941
Ice Cream

Spreads Toppings
Candies
Ice Cream
Pies
Holidays
Pies Entertain
Pies Entertain
Holidays

Candies 1941
Chocolate Candies
Chocolate Candies
Pies 1941
Entree Fruits
Sauce/condm
Sauce/condm 1941
Thai
Chicken
Chicken

Spicy/hot Spices
Candies
Pies Chocolate

Candies
Beef Spicy/hot Marinade Mexican
Chili Garlic Beef
Mexican Beef
Beef Spicy/hot Mexican
Mexican
Entree Vegetarian
Pies
Sauce/condm
Pies Christmas Entertain
Chili
Jams/jellys Fruits
Pies
Vegetarian Hamburger

Entree Vegetarian
Microwave Pies
Pies
Pies
Pies Toppings
Pies Low Cal/fat
Pies
Casserole
Candies 1941
Jams/jellys
Pies

Pies
Pies

Japanese Sauce/condm
Side Dish
Pork Barbecue Sandwiches
Pork
Sauce/condm Mexican
Vegetarian
Sauce/condm Vegetarian
Entree

Chicken
Chicken Casserole
Entree

Spreads Toppings
Entree
Chicken Beans
Beans Pork
Entree
Korean Sauce/condm

Candies

Vegetarian Side Dish
Italian
Canadian

Side Dish
Entree Vegetarian

Pork

Italian

Relishes 1941

Fruits

Chicken

Snacks

1941

Holidays

Toppings

Spreads

Candies

Side Dish Indian

Indian Vegetarian Indian

Chicken

Indian

Indian

Australian

Barbecue Beef

Thai

Pies

Hamburger

Holidays Chili

Vegetarian

Pies

Pies

Low Cal/fat Side Dish

Pork Microwave

Penn Dutch Pies

Pies

Vegetarian Toppings

Pies

Candies Chocolate Christmas

Hamburger Pork

Vegetarian Entree

Pies

Sheet1

Kids
Sauce/condm
Pork Casserole
Chicken
Chicken

Chicken Casserole
Pies

Chili
Pizza

Pies
Ice Cream

Chicken Entree Casserole
Chicken
Low Cal/fat Chicken Entree

Vegetarian Sauce/condm
Pork Casserole
Mexican
Sandwiches
Pork
Sandwiches Vegetarian

Chicken

Toppings
Pies
Canadian Candies

Jams/jellys

Sauce/condm 1941
Pies
Pies
Ice Cream

Chicken
Pies Chocolate
Chocolate

Pies

Jams/jellys
Jams/jellys
Sauce/condm 1941

Pickles
Chicken
Sauce/condm 1941

Sauce/condm 1941

Mexican
Candies 1941
Jams/jellys Fruits

Vegetarian

Vegetarian Entree

Penn Dutch
Entree Vegetarian Rice
Chicken Entree

Sauce/condm Chocolate
Sauce/condm

Vegetarian
Pies
Pies
Italian Pizza
Beef
Vegetarian Low Cal/fat

Entree Vegetarian
Entree Vegetarian
Vegetarian
Cajun
Casserole Chicken
Chicken
Chicken
Chicken
Chicken Microwave
Chicken

Sheet1

Chicken
Chicken
Chicken
Beans Chicken
Chicken Casserole
Chicken
Chicken
Chicken
Chicken
Chicken Fruits Casserole
Crockpot Chicken
Chicken Pork
Chicken Pork
Chicken
Chicken Beans Low Cal/fat
Chicken Entree
Chicken Casserole
Chicken
Chicken Casserole
Chicken
Chicken
Chicken Dressings
Chicken
Chicken
Chicken Rice
Entree Chicken
Entree Chicken
Chicken Pork
Low Cal/fat Chicken Entree
Chicken
Chicken 1941
Sauce/condm Barbecue
Low Cal/fat Chicken
Chicken
Chicken Entree
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken Marinade Barbecue
Chicken
Chicken
Chicken
Chicken
Microwave Chicken
Chicken Entree
Chicken

Chicken Sauce/condm
Chicken
Chicken
Low Cal/fat Chicken Entree
Chicken Barbecue
Chicken Microwave Casserole
Chicken Sauce/condm
Chicken
Chicken Microwave
Chicken
Chicken Casserole Entree
Chicken
Chicken Low Cal/fat
Chicken Sandwiches
1941
Chicken
Kids Chicken
Entree Chicken
Chicken
Chicken
Chicken
Chicken Dips
Chicken Low Cal/fat
Chicken 1941
Mexican Sauce/condm
Chicken
Low Cal/fat Chicken
Low Cal/fat
Mexican
Entree
Chicken
Beef
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken Microwave
Italian Chicken
Chicken
Chicken Mexican
Chicken
Chicken
Chicken Entertain
Chicken
Chicken
Chicken Sauce/condm
Chicken

Sheet1

Chicken
Chicken Spicy/hot Curry
Chicken
Chicken
Chicken

Entree
Chicken
Chicken Casserole
Chicken Casserole
Italian Casserole Entree
Chicken Barbecue
Low Cal/fat Chicken Entree
Master Mix
Chicken Entree
Chicken
Chicken Low Cal/fat
Chicken 1941
Chicken
Chicken
Chicken Crockpot
Chicken Crockpot
Chicken
Chicken
Chicken Casserole
Chicken
Chicken Low Cal/fat
Italian Chicken
Italian
Chicken
Chicken
Casserole Chicken
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken
Mexican
Chicken
Chicken
Chicken
Entree Thai
Chicken
Chicken
Chicken
Chicken
Chicken

Sheet1

Chicken 1941
Entree Chicken
Chicken Crockpot
Chicken
Chicken
Chicken

Chicken
Chicken
Chicken
Chicken Rice
Chicken
Chicken Ethnic Wings
Chicken
Low Cal/fat Chicken Mexican
Chicken Low Cal/fat
Chicken
Chicken
Chicken
Chicken Crockpot
Chicken Sauce/condm
Chicken
Chicken Pork
Chicken
Chicken Low Cal/fat
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken Low Cal/fat
Chicken
Chicken
Chicken
Chicken
Chicken
Chicken Pork
Chicken Pork
Chicken Spices Spicy/hot
Chicken
Chicken
Chicken
Chicken
Chicken
Kids Chicken Entree
Chinese Entree Spicy/hot
Chicken
Chicken Entree
Chicken Casserole

Chicken Entree
Chicken
Chicken

Chicken
Chicken

Chicken
Entree Vegetarian
Entree
Beef Mexican
Mexican
Chili
Sauce/condm Microwave
Sauce/condm
Chicken Mexican Sauce/condm
Indian Sauce/condm Spicy/hot
Sauce/condm Mexican
Italian
Mexican Entree Beef Fruits
Mexican Sauce/condm
Hamburger Chili
Chili
Chili Beef Garlic
Dips
Entree Rice Chili
Sauce/condm Chili
Entree Vegetarian Chili
Pork Hamburger Beans Spicy/hot Mexican
Side Dish Entree Chili
Beans Crockpot
Kids Microwave Chili
Microwave Chicken
Chili Beef Garlic

Chili Garlic Beans Mexican
Microwave Pork Beef
Chili
Cajun Mexican Entree
Sauce/condm Chinese Chili
Chili Beef Garlic Beans
Indonesian Sauce/condm Spicy/hot
Korean Sauce/condm Spicy/hot
Pork Spicy/hot
Beef Pork Spicy/hot
Chili Vegetarian
Chili
Master Mix Chili
Hamburger Chili

Chicken Garlic Chili
Chili Beef Garlic
Chili
Chili Rice
Chili
Chili Hamburger
Thai Sauce/condm
Beef Chili
Hamburger
Sauce/condm Thai Chili
Entertain

Beef

Chicken
Vegetarian

Fruits
Fruits

Hamburger Mexican
Entree Mexican
Mexican
Mexican
Sauce/condm Chinese
Sauce/condm Chinese
Chicken
Chinese
Chinese Pork
Ethnic Sauce/condm Barbecue
Chinese Sauce/condm
Chinese Sauce/condm
Chinese Sauce/condm
Chicken
Candies
Chinese Sauce/condm
Chinese Sauce/condm
Chinese Sauce/condm
Chicken Chinese
Chinese
Chinese Sauce/condm
Chinese Sauce/condm
Chinese Vegetarian
Chinese Sauce/condm
Chinese Sauce/condm

Chinese
Chinese Entree Vegetarian
Chicken
Pork
Sauce/condm Mexican
Sauce/condm Mexican
Mexican
Pies Chocolate Ice Cream
Candies Holidays Chocolate
Spreads Toppings

Pies Chocolate
Candies Christmas Entertain
Chocolate
Chocolate
Snacks
Chocolate Rice

Pies

Pies Chocolate
Chocolate
Chocolate Candies
Pies
Pies Chocolate
Pies
Chocolate
Pies
Low Cal/fat Chocolate
Chocolate

Chocolate
Chocolate Pies
Pies Chocolate
Candies Chocolate Christmas
Pies Chocolate
Pies Chocolate
Pies Chocolate

Chocolate Pies
Chocolate Pies
Pies
Pies Chocolate
Pies
Candies Chocolate
Chocolate
Pies Chocolate

Aaa
Pies Vegetarian Chocolate
Chocolate
Pies
Pies Low Cal/fat Chocolate

Chocolate

Pies
Pies
Pies
Chocolate
Chocolate
Chocolate
Pies
Pies
Chocolate
Pies
Pies Chocolate
Pies Snacks
Candies
Christmas
Chocolate Entertain

Pies

Toppings
Chocolate
Pies Chocolate
Chocolate Pies
Pies Chocolate
Chocolate Pies
Chocolate
Pies Chocolate

Chocolate Ice Cream
Chocolate
Candies 1941
Chocolate Entertain
Pies Chocolate

Pies Chocolate
Chocolate
Candies
Chocolate
Candies Chocolate

Chocolate Pies

Candies Chocolate Gift
Pies
Pies Chocolate
Pies Toppings
Chocolate Pies
Chocolate
1941

Chocolate
Chocolate

1941
1941
Pies
Chocolate Pies
Pies

Pies
Pies Chocolate
Pies Low Cal/fat Chocolate
Candies Chocolate
Chocolate
Pies Chocolate
Pies
Penn Dutch Pies
Chocolate
Chocolate
Candies Chocolate Christmas
1941 Information
1941
Candies
Candies
Chocolate Pies
Pies
Christmas

Chocolate Pies
Sauce/condm
Pies
Candies
Chocolate
Chocolate Pies
Chocolate
Chocolate
Pies Chocolate
Pies Chocolate
Pies Toppings

Chocolate
Chocolate
Pies
Candies 1941
Candies Chocolate
Candies

1941
Pies
Chocolate
Chocolate
Chocolate Pies
Chocolate
Chocolate
Chocolate
Pies Chocolate
Candies Chocolate
Candies Chocolate
Candies
Pies
Pizza
Pies
Candies Chocolate
Chocolate
Chocolate
Cajun Candies Chocolate
Pies
Chocolate
Chocolate
Candies 1941
Microwave Chocolate
Pies
Pies

Pies Chocolate

Vegetarian Pies Chocolate
Pies
Pies Snacks Chocolate

Pies Chocolate
Pies Chocolate

Pies Chocolate
Chocolate
Chocolate Rice
Chocolate Pies
Sauce/condm Chocolate
Pies Chocolate

Chocolate
Chocolate
Pies
Chocolate

Pies Chocolate
Pies Chocolate
Pies Chocolate
Candies
Pies Chocolate
Chocolate
Pies
Chocolate
Pies Chocolate
Chocolate Pies Kids
Low Cal/fat Chocolate
Toppings Chocolate
Sauce/condm Chocolate
Chocolate

Microwave Chocolate
Candies Chocolate
Chocolate Candies
Pies
Chocolate Entertain
Chocolate

Pies

Chocolate
Candies Christmas
Pies
Chocolate
Pies Holidays Chocolate
Chocolate Pies
Pies Chocolate
Pies
Chocolate Pies
Pies Snacks Chocolate
Chocolate Pies

Candies

Chocolate Pies
Pies

Chocolate
Chocolate
Microwave Chocolate
Chocolate
Chocolate Information
Pies Chocolate
Chocolate
Candies Entertain Chocolate Christmas
Chocolate
Chili
Chicken Curry
Pies
Pork Mexican
Pork Mexican Spicy/hot
Mexican

Sauce/condm Chocolate
Penn Dutch Canning
Candies Snacks
Aaa
Relishes
Vegetarian
Sauce/condm
Entertain

Candies
Sauce/condm
Beef Entree Barbecue
Entree
Pickles 1941
Sauce/condm Crockpot
Chicken

Vegetarian
Pickles

Microwave
Chicken
Vegetarian
Vegetarian Entree
Entertain Chutney
Chicken
Chutney
Sandwiches Spreads
1941
1941
1941
Sauce/condm Mexican
Thai Sauce/condm

Sheet1

Chili Mexican
Sauce/condm

Penn Dutch
Penn Dutch Pies
Candies 1941

Chocolate Pies
Spreads
Candies
Chicken Wings

Candies

Christmas
Pies

Sauce/condm Ice Cream
Fruits

Thai
Chicken
Canadian Chicken
Pies Canadian
Sauce/condm 1941
Chicken
Sauce/condm Fruits Mexican

Chicken Rice

Mexican Marinade
Marinade Pickles
Low Cal/fat Barbecue
Sauce/condm
Mexican Pork Entree Fruits
Pork Information 1941

Dips

Pork
Sauce/condm
Holidays
Chicken Spicy/hot
Chicken

Sauce/condm Toppings

Dips

Potatoes Chili

Dips

Entree

Thai

Chili

Mexican Hamburger Chili

Pork

Chicken

1941

Pies Snacks

Pies

Pies

Chicken Pork Medieval

Pies

Pies

Toppings

Pies

Candies

Penn Dutch Pies

Chocolate Pies

Pies 1941

1941

Candies Chocolate Microwave

Candies Chocolate

Pies

Pies

Candies

Chicken

Chicken Entree

Relishes

Candies

Indonesian Sauce/condm

Pies Toppings

Kids

Ice Cream

Indonesian Ethnic Indian

Pies

Candies 1941
1941
Candies
Pies
Indonesian Sauce/condm
Indian Vegetarian Rice
Thai Vegetarian
Candies 1941

1941

Candies Christmas

Pies Chocolate
Pies 1941
Pies
Pies
Pies

Chocolate Ice Cream Pies
Toppings

Pies
Chicken
Beef

Chicken

Entree Vegetarian

Vegetarian
Chinese Vegetarian
Vegetarian
Pies

New Zealand Lamb
Pies
Pies
Pies Toppings

Chicken

Sauce/condm
Pork

Mexican
Pies Fruits

Chili Hamburger Beans
Entree Beef
Sauce/condm

1941

Crockpot Chicken
Pork
Chili Hamburger
Chicken
Sauce/condm Relishes Side Dish Fruits
Candies
Spreads Toppings
Master Mix

Pies
Pies
Chinese
Chili

Chicken
Chicken Pork

Entree Vegetarian
Beef
Side Dish Coupons

Hamburger Pork

Sauce/condm Mexican
Mexican
Casserole Pork
1941

Side Dish
Dressings

Sauce/condm
Beef
Kids Candies

1941

Chicken
Pies

Master Mix
Penn Dutch

Chinese Sauce/condm

Beef Entree Rice
Chicken
Chicken

Pork
Pork

Dips
Vegetarian
Penn Dutch Pies
Pies
Pork
Pork Barbecue Sauce/condm
Entree Rice
Ice Cream
Chicken
Casserole Pork

Vegetarian
Entree Vegetarian
Vegetarian
Pies Toppings
Low Cal/fat
Fruits

Canadian
Thai Rice Spicy/hot

Chili
Sauce/condm 1941
Sauce/condm 1941
Low Cal/fat Chicken Entree Microwave
Entree

Toppings

Candies

Chili

Pies

Pies Fruits

Pies

Relishes

Holidays Fruits

Pies

Sauce/condm 1941

Relishes 1941

Sauce/condm 1941

Pork Dressings

1941

Pickles

Pies

Spreads Toppings

Sauce/condm 1941

Penn Dutch

Fruits Low Cal/fat

Pork Dressings

Pies Holidays Low Cal/fat

Holidays

Relishes

Relishes

Relishes Sauce/condm

Pork

Cajun

Pies

Chicken

Pies 1941

Toppings

Pies

Pies

Dips Sauce/condm

Pies Chocolate

Spreads

Dips

1941

1941

Garlic

1941

Low Cal/fat Vegetarian
Low Cal/fat Vegetarian

Pies

Italian Sauce/condm

Candies Christmas

Chicken
Chicken
Toppings
Entree

Rice
Chocolate Pies
Chicken

Chicken
Chicken

Rice
Pies

Low Cal/fat

Vegetarian
Garlic

Low Cal/fat Entree
Sauce/condm
Vegetarian
Pies
Japanese Sauce/condm
Candies Fast
Sauce/condm

Aaa

Candies Christmas
Dips

Chocolate
Casserole Pork Beef
Chocolate
Chocolate

Sauce/condm

Entree Vegetarian Rice
Sauce/condm
Chicken Wings
Entree
Pork
Pork
Cajun
Canadian
Mexican Pork

Sauce/condm

Pork
Indonesian Sauce/condm
Chicken Barbecue
Chinese Vegetarian

Vietnamese Sauce/condm
Chicken
Chicken
Chicken Wings
Chicken
Chicken
Chicken Potatoes
Mexican Hamburger Kids

Hamburger Mexican
Chili

Beans Pork

Crockpot Chicken
Fruits
Crockpot Pork

Candies
Vegetarian
Chinese Indian Indonesian Sauce/condm
Pies

Pork
Pies 1941
Pies
Penn Dutch Pies
Pies
Pies
Pies 1941
Master Mix
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Candies
Casserole Pork Beans
Chicken Wings Snacks
Pies Toppings
Low Cal/fat
Indonesian Sauce/condm

Pork
Chicken Wings
Snacks Candies
Pickles
Spices
Chicken Ethnic
Candies
Sauce/condm

Dips
Relishes
Dips
Pickles 1941
Indian Sauce/condm
Penn Dutch Canning

Penn Dutch Canning
Sauce/condm Mexican

Chinese Stir Fry
Sauce/condm

Pork
Indian
Vegetarian Entree Casserole Rice
Low Cal/fat Chicken

Pies 1941
Penn Dutch
Sauce/condm 1941
Sauce/condm 1941
Aaa

Spicy/hot

Spicy/hot
Low Cal/fat Beef Entree
Spicy/hot
Chicken
Chicken Spicy/hot
Chicken
Spicy/hot

Dips
Spicy/hot
Vietnamese
Vietnamese
Spicy/hot
Pork Curry
Entree Vegetarian
Entree Curry Vegetarian
Sauce/condm
Sauce/condm Chutney

Pork Curry
Entree
Entree
Pork Barbecue

Dips
Curry Vegetarian Entree

Dips

Sauce/condm
Indian Sauce/condm Spicy/hot
Ethnic Sauce/condm Spicy/hot
Spices
Indian Sauce/condm Spicy/hot
Indian Sauce/condm Spicy/hot
Indian Sauce/condm Spicy/hot
Indian Sauce/condm Spicy/hot
Indian Sauce/condm Spicy/hot
Beans Curry
1941
Sauce/condm

Entree Chicken
Pies

Spreads
Chicken

Pies
Snacks
Japanese Sauce/condm
Vegetarian Sauce/condm

Sandwiches Hamburger
Chili
Barbecue Pork
Spreads Toppings

Sauce/condm
Sauce/condm
Beef

Chocolate
Chocolate Pies
Chocolate
Chocolate
Pies Chocolate
Sauce/condm Chocolate
Chocolate
Chocolate Candies Microwave
Thai

Pies 1941

Candies 1941

Pies

1941

Christmas

Penn Dutch

1941

1941

Pies

Pies

Candies

Beef Chili Spicy/hot

Pies Chocolate

Indian Beef

Pies

1941

Side Dish

Pies Chicken

Pork Casserole Spicy/hot

Vegetarian Chinese

Chinese

Entree Vegetarian

Beef

Italian

Penn Dutch Candies Christmas

Side Dish

Pork

Chocolate

Pork

Pies

Dips

Pork Beef Chili Spicy/hot

Pies Vegetarian

Pies

Pies Chocolate Information

Pies

Chicken Wings

Chicken Barbecue

Pork
Pies
Pies 1941

Indian Entree Curry Vegetarian

Chili
Chocolate Low Cal/fat
Chicken
Sandwiches Chicken
Dips
Sauce/condm
Pork Entree

Sauce/condm
Relishes
Sauce/condm
Pickles
Sandwiches Spreads
Sauce/condm

Master Mix Rice
Chicken
Pickles
Dips

Chili Australian Garlic

Pork
Dips
Chicken
Information
Dips
Chinese Sauce/condm
Kids Dips
Pies

Cajun Rice
Chocolate
Chocolate Pies
Candies Entertain Christmas
Candies
Candies
Candies Christmas
Side Dish
Chicken
Chicken Casserole

Spreads

Entree Vegetarian Rice

Pies

Chili Mexican Entree

Ice Cream

Pork Spicy/hot Curry

Pies

Low Cal/fat

Candies Microwave Christmas

Chocolate

Pies Chocolate

Chocolate

Pies Chocolate

Chocolate

Pies

Side Dish

Chinese

Chicken

Beans

Pies Fruits

Pies

Sauce/condm 1941

Thai

Spices

Indonesian Sauce/condm

Indonesian Sauce/condm

Toppings

Pies 1941

Thai Vegetarian Entree

Pork

Spices

Spices

Pork Barbecue

Sauce/condm

Dips

Holidays Side Dish

Sauce/condm

Pies

Penn Dutch
Penn Dutch
Chicken
Pork
Pies

Penn Dutch
Pies

Low Cal/fat
Penn Dutch

Pickles 1941
Chocolate Pies

Indian Beans
Holidays
Candies
Candies
Candies Kids
Pies
Chocolate Sauce/condm
Pies

Pies
Relishes
Casserole Chicken
Beef
Entree Beef
Pies
Sauce/condm Microwave
Dips
Dips
Rice Chicken
Chicken Casserole
Chili Beef Garlic Beans
Pies Vegetarian Chocolate
Chocolate
Chocolate
Chocolate Kids
Candies Christmas

Chili Pork Spicy/hot
Pies

Italian
Dips Chicken
Candies Christmas
Pies

Italian Sauce/condm
Pickles
Pies
Sauce/condm

Relishes
Candies Chocolate
Chicken

Side Dish
Snacks

Pork
Penn Dutch
Pork
Chinese

Sauce/condm
Pies 1941
Pies
Vegetarian
Dressings

Indian Entree Vegetarian
Side Dish Entree Vegetarian
Italian Vegetarian
Italian Vegetarian
Vegetarian Entree
Entree Vegetarian
Italian
Sauce/condm
Italian
Italian Vegetarian
Entree Vegetarian
Chinese Vegetarian
Greek Vegetarian
Chinese Vegetarian

Vegetarian
Thai Vegetarian
Entree Vegetarian
Curry Entree Vegetarian
Low Cal/fat
Indian Vegetarian Side Dish
Sauce/condm
Entree Vegetarian Sauce/condm
Entree Mexican
German Sauce/condm
Entree Mexican
Pork
Chicken Barbecue

Pies
Sauce/condm 1941
Candies Chocolate Entertain
Pies

Pies
Pies
Spices Cajun
Hamburger Mexican Pies
Mexican
Mexican Pork
Chocolate Pies
Chocolate Pies
Sauce/condm Spicy/hot Mexican
Mexican Entree Chili
Mexican Entree

Chocolate
Sauce/condm
Sauce/condm

Sauce/condm 1941
Candies
Chocolate Pies

Chili

Candies Christmas
Fruits
Pies
Dressings
Christmas
Beef

Chicken
Chicken
Italian Vegetarian
Pies
Pork
Chicken
Pies
Dips
Chicken
Vegetarian
Vegetarian
Pies
Fruits
German Entree
Ethnic
Pies
Candies Microwave Christmas
Relishes 1941

Beef Fast
German Entree
Casserole Pork
Pies
Chicken Rice

Sauce/condm Mexican
Pies Chocolate
Pies Low Cal/fat
Pies Low Cal/fat
Pies
Pies Ethnic
Pies Chocolate
Pies
Vegetarian
Dips

Pies
Pies Penn Dutch
Pies Penn Dutch
Pickles
Beef
Fruits
Chicken
Pies
Greek

Italian Entree
Sauce/condm Italian
Pork
Chicken Low Cal/fat
Ethnic
Entree Sauce/condm
Italian
Italian
Italian

Korean Beef
Indian Sauce/condm
Mexican Hamburger
Chicken Sauce/condm
Low Cal/fat Chicken Entree
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Rice Mexican
Dips
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Pies 1941
Jams/jellys
Information 1941
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Pies 1941

Candies 1941
Pork
Mexican
Pies
Penn Dutch Beef
Beef Entree
Beef

Chili Beef Pork Beans
Spices
Chili Hamburger Garlic
Chili

Cajun Sauce/condm

Indonesian Sauce/condm
Thai Vietnamese Sauce/condm
Vietnamese Sauce/condm
Chinese

Entree
Beans Vegetarian
Chocolate
Chocolate
Candies Chocolate Christmas
Spices
Sauce/condm Mexican

Sauce/condm

Vegetarian

Master Mix
Pies

Mexican Pies
Canadian Pies
Spices
Pork Barbecue Sauce/condm
Sauce/condm
Chocolate

Chicken
Pies

Mexican
Pies
Pies Chocolate
Chocolate
Snacks

Toppings
Pies
Sauce/condm 1941

Hamburger
Candies
Candies
Candies

Candies Microwave Christmas

Toppings

Chocolate

Chicken Garlic

Entree

Pies

Relishes Holidays

Pies

Pies Entertain

Indonesian Rice

Side Dish Vegetarian Rice

Pies

Spreads Toppings

Pork Beef Casserole

Pork

Pork Curry

Information 1941

Penn Dutch

Chili Spicy/hot

Master Mix

Pickles

Jams/jellys Fruits

Pies

Chicken

Chocolate Pies

Chocolate

Master Mix

Casserole Pork

Beans

Beans

Candies 1941

Fruits Pies

Side Dish

Beef

Pork

Candies 1941

Chicken

Pies

Pies
Pies Low Cal/fat

Pies

Indian Sauce/condm Spicy/hot
Chutney Sauce/condm
Pies
Candies

Relishes Fruits Holidays Sauce/condm
Thai Sauce/condm

Fruits Mexican
Pies

Chicken Barbecue

Relishes
Pies

Pies Fruits

Italian

Vegetarian
Pork Sandwiches Low Cal/fat
Pies
Pies
Fruits Ice Cream
1941
Pies

Italian

Entree Casserole

Relishes
Chicken Low Cal/fat Microwave
Chicken

Canadian Vegetarian
Side Dish
Entree Chinese Vegetarian
Toppings
Thai Vegetarian Entree Rice
Penn Dutch
Penn Dutch Pies
Mexican Pork
Thai Vegetarian Entree Rice
Dips
Thai Beef
Vietnamese Vegetarian
Ethnic
Pies Penn Dutch
Mexican Beans
Side Dish Beans
Beans Mexican
Entree Mexican

Entertain
Pies
Pies
Fruits
Pies

Candies

Chocolate
Pies
Pies
Low Cal/fat
Chocolate

Pies

Chocolate

Dips

Entertain
Entertain

Pies
Pies
Pork Sandwiches

1941

Pies Vegetarian
Pies
Candies

Pies
Toppings

Curry

Pies

Kids
Candies

Candies
Fruits
Snacks Fruits
Kids
Penn Dutch
1941
Sauce/condm Ice Cream Fruits
Sauce/condm

Master Mix
Pies 1941
Pies

Pies
Toppings
Pies
Fruits

Dressings

Chocolate

Chicken

Pork
Sauce/condm Fruits Rice
Microwave
Pies Chocolate
Pies

Chocolate
Candies Chocolate Christmas
Chocolate
Pies
Chocolate

Pies Vegetarian
Pies 1941
Pies
Chocolate Sauce/condm

Christmas
Pies

Pies Penn Dutch
Penn Dutch Pies
Italian
Pies
Chili
Chicken
Sauce/condm
Indian Sauce/condm
Indian Sauce/condm
Indian Sauce/condm
Indian Sauce/condm
Indian Sauce/condm
Indian Sauce/condm
Side Dish Vegetarian Entree
Vegetarian
Spices
Low Cal/fat Barbecue
Chicken
Beans Chili Low Cal/fat

Chicken Rice
Pickles 1941
Master Mix
Sauce/condm Mexican
Sauce/condm
Chicken Garlic

Chicken
Garlic
Garlic
Garlic
Spreads Toppings Garlic
Chicken
Sauce/condm Italian
Sauce/condm
Thai Sauce/condm
Garlic Toppings Spreads
Chicken
Side Dish
Sandwiches Spreads

Pork Garlic

Korean
Pies Chocolate

Pies Canadian

Relishes

Aaa
Ice Cream Italian
Ice Cream Italian
Ice Cream Italian
Ice Cream Italian
Ice Cream Italian
Fruits Italian
Chicken Spicy/hot
Chinese
Beef Pork Chili
Pies
Beef
Candies
Pies
Sauce/condm
Pies
Chili
Pork
Entertain
Toppings
Spreads

Pies
Pies
Pies Fruits

Chicken Wings

German Entree
Penn Dutch

Chocolate Pies
Pies

Pork Beef

Penn Dutch
Pies Chocolate
Pies Chocolate
Entree
Indian Sauce/condm
Pies Chocolate
Candies Microwave
Chocolate Gift
Pickles
Penn Dutch Sauce/condm
Pies
Holidays

Chicken

Christmas
Curry Entree Vegetarian
Ice Cream
Pies 1941
Jams/jellys
Chicken Sauce/condm
Sauce/condm
Spreads Toppings
Sauce/condm
Vegetarian

Pork Barbecue

Chinese Sauce/condm
Microwave
Entree Vegetarian

Chinese Vegetarian
Penn Dutch Canning
Sauce/condm

Pies
Chutney

Sauce/condm
Pork Sauce/condm

Snacks Kids

Kids

Master Mix
Holidays

Chicken
Chicken
Ice Cream
Relishes
Sandwiches Sauce/condm Vegetarian
Chicken

Ethnic Canadian
Candies 1941
Chicken
Chinese Chicken
Toppings
Pies
Pies
Chicken
Pork
Side Dish Indian Vegetarian

Pies
Beef
Fruits Pies
Microwave Pork
Pork Toppings
Pork

Chicken Potatoes Casserole
Thai Rice
Entree Vegetarian Pizza
Entree Indian Vegetarian

Sheet1

Pies 1941
Penn Dutch Pies
Pies 1941
Pies Low Cal/fat

Pies

Chicken Rice
Casserole Chicken

Pies
Sandwiches

Holidays
Chicken
Chicken Crockpot
Jams/jellys Holidays
Candies
Pork

Fruits
Entree Chicken
Chicken Barbecue
Pies

Chinese Sauce/condm

Crackers

Beans Pork
Pies

Sauce/condm 1941
Sauce/condm 1941
Relishes 1941

Italian Sauce/condm
Indian Beef

Pies Chili
Sauce/condm
Aaa

Vegetarian Low Cal/fat

Pies
Candies

Candies

Toppings

Toppings

Toppings

Candies Microwave

Chocolate Pies

Chocolate Pies

Canadian Candies

Mexican Beans

Pies

Spreads Toppings

Pies

Candies Christmas

Chicken

Side Dish

Side Dish

Pies Fruits

Sauce/condm

Chicken

Pies Chocolate

Pies

Pies

Pickles

Pickles

Ice Cream

Candies Canadian

Sauce/condm

Master Mix

Sauce/condm 1941

Sauce/condm 1941

Sauce/condm 1941

Entree

Sauce/condm Spicy/hot Mexican

Chicken

Chicken

Fruits

Thai

Vegetarian Entree Chinese

Chinese Vegetarian

Side Dish

Side Dish

Side Dish

Chili Pork Spicy/hot

Chili

Pork

Mexican Sauce/condm

Ethnic Pork Spicy/hot

Dips Sauce/condm

Chili Lamb Garlic

Chili Spicy/hot

Mexican

Thai Sauce/condm

Thai Sauce/condm

Spices

Thai Sauce/condm

Spices

Mexican Chicken Sauce/condm

Entree Vegetarian

Thai Sauce/condm

Sauce/condm

Pies Ice Cream

Vegetarian

Spreads Toppings

Sauce/condm

Sauce/condm

Chicken

Vegetarian

Jams/jellys Fruits

Vegetarian

Pickles

Pies

Relishes

Relishes

Casserole Pork

Beef

Fruits Italian Pies

Sandwiches Spicy/hot Vegetarian
Chicken Barbecue
Chicken Barbecue
Chicken Barbecue
Chicken Barbecue
Chinese
Vegetarian
Entree Vegetarian
Low Cal/fat Barbecue
Indian Vegetarian
Chicken Barbecue Ethnic
Vegetarian
Chicken Marinade
Pork
Pork Sauce/condm Barbecue
Sauce/condm
Beef Entree
Mexican Sauce/condm
Chicken

Entree Vegetarian Barbecue
Vegetarian Sandwiches
Chinese Vegetarian
Vegetarian Entree Barbecue
Hamburger
Chili
Mexican Pies
Hamburger
Dips
Chicken Barbecue Wings
Indian Rice
Entree Indian Vegetarian
Indonesian Beef
Indonesian Lamb
Candies 1941
Candies
Ethnic
Holidays
Holidays
Holidays

Dips

Pies Ethnic
Candies
Candies Greek
Pork
Pies Pork
Pork

Pork
Casserole Pork
Microwave Pork
Entree

Pork

Pork
Pork
Pork
Pork
Pork
Low Cal/fat
Sauce/condm
Casserole Pork
Hamburger
Pork Pies
Pork Toppings

Pork Toppings
Pork
Pork
Pork
Pork Pies
Pork
Pork

Casserole Pork
Penn Dutch
Pork 1941
Pork 1941
Entree

Hamburger
Hamburger
Penn Dutch Beef
Pork

Candies
Candies
Sauce/condm 1941
Sauce/condm 1941
Candies
New Zealand Lamb
Spices
Dips
Pork

Pies Chocolate
Relishes
Pies
Beef
Pickles
Chili Beef Pork Garlic
Hamburger Ethnic Pork
Candies
Pies

Pork Kids Snacks
Barbecue Beef Pork Chicken Marinade
Pickles
Chicken

Crockpot Pork
Chicken Ethnic
Entree
Pies

Vegetarian Entree
Chocolate
Candies
Pies
Pork 1941

Chocolate
Chicken

Beans
Chicken

Chicken
Vegetarian Chili
Low Cal/fat Entree
Low Cal/fat Entree

Pork

Pies
Pies
Pies Chocolate
Candies
Ethnic Sauce/condm
Thai Beef

Candies 1941

Sheet1

Pies
Chicken Curry
Thai Sauce/condm Spicy/hot

Chicken
Sauce/condm
Sauce/condm
Sauce/condm
Spreads Toppings
Chicken
Spices
Spices Kids
Side Dish
Chicken Wings
Toppings Spreads
Spices Kids
Sauce/condm
Chicken Microwave
Italian

Pork Microwave
Pork
Pork Casserole
Indian Vegetarian Rice

Master Mix

Entree Vegetarian
Spices Sauce/condm
Chicken
Canadian Spices
Chili Hamburger

Pies
Pies

Pickles
Pies Chocolate
Pies
Chocolate Pies
Chocolate Pies
Pies

Sauce/condm Chocolate

Pies

Pies

Dips

Pies

Candies

Pies Holidays

Candies 1941

Pork

Pies

Pies Ice Cream Entertain Chocolate

Candies

Candies

Pies

Dips Entertain

Sauce/condm

Sauce/condm

Christmas

Vegetarian Entree

Spreads

Master Mix

Candies

Mexican Pork

Italian Sauce/condm

Pork

Sauce/condm

Pickles

Chili Beef Garlic Beans

Spreads Toppings

Kids

Sauce/condm

Sauce/condm

Pickles Spicy/hot

Sauce/condm Mexican

Spices

Pork Pies

Italian Beef

Pork

Vegetarian Entree

Dips

Pork

Chicken

Pork Barbecue
Candies 1941
Spreads
Sauce/condm

Pies
Pies
Chicken Wings
Chocolate Pies
Candies 1941
Candies 1941
Pies 1941

Candies
Chicken
Sauce/condm

Sauce/condm
Candies Gift
Chicken Microwave
Candies 1941
Chicken Microwave

Pickles
Chinese Pies
Candies 1941

Pork
Chicken Barbecue
Pies
Chicken
Dressings
Dressings
Dressings
Dressings
Dressings
Pork Microwave Barbecue

Dressings
Spreads Toppings
Sauce/condm
Chinese
Pies
Pies
Pies
Side Dish

Candies

Sheet1

Candies
Relishes
Sauce/condm
Sauce/condm
Spreads
Sauce/condm
Relishes
Jams/jellys
Sandwiches Spreads
Sauce/condm
Spreads
Chicken Wings Spicy/hot
Dips Chutney
Dips Microwave
Chicken Spicy/hot Wings
Pork
Beef

Fruits

Chicken Barbecue
Korean Sauce/condm
Sandwiches Microwave Pork
Sauce/condm Cajun
Sauce/condm
Sauce/condm
Dips Beans
Chicken Microwave
Sauce/condm Mexican
Candies Spicy/hot

Dips

Pork Kids
Pork Casserole
Pork
Pork Kids
Pies
Pies Chocolate
Pies
Sauce/condm
Pies Chocolate

Chicken
Penn Dutch Sauce/condm

Chinese Sauce/condm
Chicken Wings

Spicy/hot
Jams/jellys Spicy/hot
Relishes Mexican
Master Mix
Sauce/condm
Sauce/condm

Indian Sauce/condm
Fruits
Entree Chinese Vegetarian
Indian Sauce/condm
Sauce/condm
Sandwiches
Spreads Spicy/hot
Chili
Information
Chicken Information 1941

Sauce/condm

Chicken Information 1941

Pies
Mexican Vegetarian
Mexican
Pies
Dips
Vegetarian
Chinese Sauce/condm
Hamburger Rice
Chicken
Chicken
Crockpot
Beef
Pork
Entree Beef Coupons
Chicken
Casserole
Pies
Casserole Pork
Chili
Chocolate Pies

Penn Dutch Pies
Pies
Vietnamese
Pies Spreads Toppings

Pies
Pies
Entree
Pies
Entree Pies
Pies
Pies
Pies
Pies
Pies
Fruits
Fruits Pies
Chocolate
Pies Chocolate
Pies
Pies
Pies
Entree Vegetarian
Pies
Pies
Entree Pies
Pork
Pies
Entree Pies
Entree Pies Pizza
Entree Pies
Pies
Pies
Entree Pies
Pies
Fruits Pies
Pies
Pies
Pies Holidays
Pork Chicken
Pies
Entree Pies
Chicken Pies
Chutney
Indian Spices
Indian Vegetarian
Chicken

Indian
Indian Beef Lamb
Indian Sauce/condm
Indian Sauce/condm
Pies
Indian

Sheet1

Indian
Chicken
Pork
Pork Snacks

Pork Microwave
Barbecue Pork
Sauce/condm Thai Chili
Indonesian Beef Spicy/hot
Indonesian Sauce/condm Spicy/hot

Indonesian Sauce/condm Spicy/hot
Indonesian Rice
Indonesian Sauce/condm
Indonesian
Beef
Indonesian Rice
Indonesian Sauce/condm
Beef
Candies
Korean Vegetarian

Vegetarian

Ethnic

Ethnic
Candies Christmas
Pork Entree
Ethnic

Ethnic

Pies
Pork Barbecue
Chicken

Italian
Italian Vegetarian
Rice Pork
Pies Chocolate
Master Mix
Pies Holidays
Pork

Master Mix

Italian Sauce/condm

Pork Italian

Pork

Pork Italian Microwave

Casserole Pork

Spices

Hamburger

Chicken

Entree Italian

Candies 1941

Beef

Side Dish

Sauce/condm Mexican

Spreads Toppings

Sauce/condm Gift

Spreads Toppings Spicy/hot

Spices

Pies

Spreads

Pork Chicken Ethnic

Entree Vegetarian Rice

Canadian

Italian

Chicken Wings Spicy/hot

Pork

Entree Vegetarian

Japanese Sauce/condm

Pies

Pies

Japanese

Sauce/condm

Chili

Chili

Chili Hamburger Spicy/hot Garlic

Pork

Entree

Chili

Pies Snacks

1941

1941

Relishes 1941

Canadian

Sauce/condm Information 1941

Jams/jellys

Pies

Pies Ice Cream Fruits Jams/jellys

Pies
Candies
Sauce/condm
Spices
Hamburger
Sauce/condm
Pork
Pickles
Holidays
Holidays
Pies Fruits Low Cal/fat

Sauce/condm
Relishes
Pies
Candies 1941
Spreads Toppings
Relishes
Pork
Candies Christmas

Candies Entertain Microwave Christmas
Chicken
Candies Snacks
Pies Chocolate

Candies Gift
Mexican Pork
Rice Barbecue
Sauce/condm Chinese
Chicken Rice

Sauce/condm Barbecue
Pies
Chicken
Beef Pork

Pies
Thai Pork
Thai Sauce/condm
Entree Indian Vegetarian
Australian
Sauce/condm
Candies
Greek Pies

Low Cal/fat Pies
Chicken

Chili
Candies

Vegetarian
Londontowne
Pies
Rice Pork
Entree Vegetarian Curry
Chinese Chicken
Chinese
Chinese
Pies
Pies
Pies

Pies

Pork
Indonesian Sauce/condm
Garlic
Indian Vegetarian
Entree Indian Vegetarian
Entree Vegetarian
Indian Lamb
Vegetarian

Korean Sauce/condm
Korean Sauce/condm
Korean Sauce/condm
Korean Sauce/condm
Korean Sauce/condm
Korean Sauce/condm
Korean Sauce/condm
Korean Sauce/condm
New Zealand

Pies
Pies
Toppings
Sauce/condm Gift
Pork
Indian Rice

Fruits
Japanese Sauce/condm
Ethnic Sauce/condm
Korean Beef
Vegetarian
Korean Beef Pork
Korean Beef
Sauce/condm Marinade
Indian Vegetarian
Hamburger
Vegetarian Rice
Candies Chocolate
Pickles
Thai
Thai Sauce/condm
Thai
Chili Hamburger Garlic
Chili Mexican
Pork Spicy/hot

Aaa

Candies 1941
Pies
Pies 1941
Pies 1941
Pies
Entree Indian Vegetarian
Ethnic
Indian Lamb
Entree Chili
Entree

Lamb Chili
Indonesian Lamb
Indian Lamb
New Zealand Lamb
Entree
Entree
Italian Entree
Entree

Greek
Indian Entertain Lamb

Ethnic Beef

Pies
Italian Pork Beef Entree

Italian
Italian
Canadian Pies

Entree Chicken

Sauce/condm

Dips
Hamburger
Candies Chocolate
Mexican Sauce/condm
Pork
Aaa

Penn Dutch Pies
Penn Dutch Canning
Vegetarian
Pork
Entree

Pork
Christmas
Information
Rice

Entree Indian Vegetarian
Sauce/condm
Chicken
Chicken

Toppings Pies
Sauce/condm
Spreads Toppings
Sauce/condm Sandwiches
Chicken
Pies
Sauce/condm 1941

Candies
Pies

Chicken Wings
Thai Vegetarian

Side Dish
Spices
Pies
Spreads Toppings
Beef
Sauce/condm
Pies
Sauce/condm 1941
Chicken
Beef
Pies
Master Mix
Pies Low Cal/fat
Pies
Pies
Pies
Penn Dutch Sauce/condm
Sauce/condm
Sauce/condm
Canadian
Pies
Sauce/condm
Pies
Chicken
Chicken
Pies
Pies
Low Cal/fat Pies
Chicken
Sauce/condm
Chicken Marinade Barbecue
Side Dish Vegetarian
Side Dish

Dips
Pies
Sauce/condm
Fruits
Chicken
Fruits
Chicken
Chicken Barbecue
Chicken Wings
Pork
Chicken
Chili Kids
Mexican Beans Pork
Entree Vegetarian

Entree Vegetarian
Curry Entree Vegetarian
Vegetarian
Vegetarian
Beans Pork
Beans
Indian Entree Vegetarian

Entree Vegetarian

Mexican Beans Pork
Side Dish
Entree Indian Curry Vegetarian
Canadian
Ethnic
Pickles

Chinese
Pies
Pies
Candies

Entree Italian
Dips
Hamburger
Sauce/condm Mexican
Pies
Candies Gift
Chicken
Pickles
Chicken
Sauce/condm
Low Cal/fat Chicken Entree

Italian
Italian
Italian
Italian

Low Cal/fat
Pork Casserole
Pork 1941
Side Dish
Side Dish Fruits
Entree
Sauce/condm

Beef Pork

Chinese Chicken

Pies Low Cal/fat
Spreads Low Cal/fat
Low Cal/fat

Entree
Dips
Entree
Sauce/condm Chinese
Sauce/condm
Pork Marinade
Pies
Pork Kids
Snacks Candies
Chicken
Chicken
Vegetarian Thai
Chinese Sauce/condm
Chili Spicy/hot
Chili Beef Pork Garlic
Pies Fruits
Pies
Dips
Chicken

Dips
Thai Rice
Low Cal/fat
Low Cal/fat
Master Mix
Low Cal/fat Side Dish
Low Cal/fat
Low Cal/fat
Entree Chili
Low Cal/fat
Sauce/condm
Chili Beans
Spreads Toppings
Low Cal/fat Italian
Barbecue
Entree Indian Vegetarian
Microwave
Pies
Barbecue Pork
Pies Chocolate
Chinese Fruits
Rice

Candies

Chinese Vegetarian Entree
Chocolate Candies Microwave Christmas
Pies
Pies
Beef Mexican
Beef Mexican
Pies
Indian Sauce/condm
Indian Sauce/condm
Indian Beef
Entree
Chicken
Pies 1941
Pies 1941
Sauce/condm
Greek

Italian Pizza
Pizza
Information
Pickles
Pies

Fruits

Entree
Chicken
Australian Rice

Chutney
Indonesian Sauce/condm
Indian Sauce/condm
Relishes
Spreads Toppings
Indian
Relishes
Pickles
Pies
Sauce/condm Spices

Pies
Candies
Chicken Entree Canadian
Sauce/condm
Chicken

Spreads Toppings
Sauce/condm
Candies 1941
Candies
Candies Christmas
Spreads Toppings

Pies
Pies
Candies
Pies
Canadian Pies
Canadian
Pies Canadian
Pies
Christmas
Pickles
Pies
Candies Christmas
Candies
Chicken
Pies
Pies
Chili Spicy/hot

Italian Sauce/condm
Mexican Side Dish
Chicken
Low Cal/fat Chicken Entree
Thai Sauce/condm
Beef
Chicken
Chinese Vegetarian
Pork Marinade
Beef
Vegetarian

Pies Vegetarian
Rice Entree Vegetarian
Pies
Pork
Candies Chocolate Microwave Christmas
Candies Christmas
Candies 1941
Candies
Candies
Pies 1941
Pies
Candies

Pies
Pies Chocolate
Toppings Pies
Spreads Toppings Spicy/hot
Pies
Chicken 1941
Chicken

Pies
Candies
Entree Indian Vegetarian
Entree Indian Vegetarian
Thai Sauce/condm
Entree Indian Vegetarian
Indian Vegetarian
Chicken Wings
Candies Christmas
Sauce/condm
Pies Chocolate
Pies
Beef
Penn Dutch Beef
Beef Pies

Marinade Beef Pork Chicken
Sauce/condm Marinade
Entree
Korean Sauce/condm
Master Mix
Master Mix
Hamburger
Mexican Beef Pork Entree
Chili Vegetarian

Hamburger Mexican
Pork
Pork
Italian Pork
Sauce/condm
Chicken
Chicken

Entree
Chicken
Beef
Indian Vegetarian
Indian
Beans Mexican

Pies
Toppings

Chicken

Pies Pork
Pies
Chili Hamburger Garlic Beans
Pies 1941
Pies
Sauce/condm
Cajun Sauce/condm
Dips
Pork Kids Mexican
Mexican Pizza
Beans Mexican
Pies Mexican
Dips Pork Beans Microwave
Beans Sandwiches Mexican
Candies
Hamburger
Dips
Mexican
Chicken
Mexican Rice Side Dish Fruits
Mexican Side Dish
Mexican Candies
Beef Mexican
Pork Mexican
Mexican
Mexican Beef Sauce/condm
Candies Christmas
Entree Mexican
Mexican
Mexican Hamburger
Master Mix
Hamburger Mexican Garlic
Entree Pizza
Pork Mexican
Mexican
Mexican Rice Beef
Master Mix Rice
Mexican Rice
Entree
Mexican Sauce/condm
Pies Mexican Beef
Hamburger Mexican
Mexican

Entree
Pies Jams/jellys Sauce/condm Fruits
Pies Italian
Entree Fruits
Chicken
Barbecue

Sauce/condm Fruits Chutney
Entree Chicken

Beans Entertain Pork
Pork
Microwave Chicken
Entree
Toppings
Candies Microwave
Toppings
Chicken
Chicken Pork
Chicken Microwave
Pies
Sauce/condm
Candies Microwave Chocolate Christmas
Candies Microwave Holidays
Candies Microwave
Candies Chocolate Christmas
Candies Microwave
Candies
Pies
Toppings
Sauce/condm
Microwave
Candies Chocolate Microwave Christmas
Candies Microwave Christmas
Candies Microwave Christmas
Pies
Microwave Spreads
Pies
Toppings
Chicken Barbecue
Pork Microwave Casserole
Chili Hamburger
Spreads Toppings Microwave
Beef Entree
Pies
Pies
Chili
Entree Chili
Canadian

Entree Vegetarian
Candies
Chili Hamburger Garlic Beans
Pies Chocolate
Candies Christmas
Snacks Chocolate
Candies Chocolate
Pies
Pies Chocolate
Pies
Pies Chocolate
Entree Vegetarian Side Dish
Entree Vegetarian
Pies
Candies
Candies
1941
Pies 1941
Barbecue Pork
Christmas
Pies

Pizza
Pork
Chocolate Candies
Pies
Candies

Chocolate
Relishes 1941
Spreads Toppings
Sauce/condm
Toppings
Candies Christmas
Spreads
Sauce/condm Ice Cream

Candies Chocolate
Chocolate Pies
Chicken

Pies Chocolate
Vegetarian Entree
Entree Vegetarian
Chicken Casserole
Pies
Chicken Low Cal/fat

Pies
Pies
Pork
Pork Casserole Beans
Sauce/condm
Vegetarian
Spices
Indonesian Sauce/condm Spicy/hot
Candies
Entree Chinese
Vegetarian Entree Rice
Vegetarian Entree
Pies Toppings
Pies 1941
Candies Christmas
Toppings
Pies Vegetarian
Pies
Pies
Candies Christmas

Pies
Chicken 1941
Sauce/condm Vegetarian

Sauce/condm
Vegetarian Chinese
Chicken
Sauce/condm
Pies
Sauce/condm
Spreads Toppings
Vegetarian
Vegetarian
Snacks Mexican
Indian Sauce/condm
Chicken
Chicken Barbecue
Master Mix
Pies
Penn Dutch Snacks

Candies
Penn Dutch Candies
Penn Dutch Pies
Candies 1941
Candies
Candies

Aaa
Holidays
Chicken
Entree Chicken
Entree

Beef Mexican

Chicken
Entree
Chili
Pies
Pies
Pies Chocolate
Pickles Marinade
Ethnic
Beans Vegetarian
Pies
Pies

Vegetarian Entree
Pork Mexican Entertain
Ethnic Lamb Beef

Crockpot
Entree
Beef Thai
Vegetarian
Pies
Chili Vegetarian
Penn Dutch
Penn Dutch Candies
Penn Dutch

Mexican Rice
Mexican Rice Pork
Sauce/condm

Entree Vegetarian
Penn Dutch Canning
Beef Chicken Pork
Chicken Rice
Chili Spicy/hot Beef Pork
Pork
Hamburger Chili Beans Mexican
Greek Hamburger
Greek Entree Vegetarian Rice
Mexican
Candies

Spreads Toppings

Pies
Pies
Master Mix
Hamburger Chili
Cajun
Chicken
Chicken
Korean

Entree Indian Vegetarian
Chili
Entree Vegetarian

Vegetarian Entree
Italian Entree Vegetarian
Chicken
Vegetarian

Side Dish

Low Cal/fat Vegetarian Entree Rice
Chinese

Chicken
Low Cal/fat
Toppings
Pork Ethnic
Sauce/condm
Pork
Chicken Entree
Penn Dutch Canning
Pork
Sandwiches Spreads
Sauce/condm Fruits Chutney
Entree Ethnic
Pies
Thai

Vegetarian Entree
Indian
Indian

Canadian
Thai Sauce/condm

Thai Curry Spices
Thai Sauce/condm
Thai Curry Spices
Thai Sauce/condm
Thai Curry Spices
Thai Entree Vegetarian
Thai Sauce/condm
Thai Curry Spices
Aaa
Canadian
Canadian Candies
Canadian
Pies

Chicken Wings
Chicken
Chocolate Pies
Australian Beef
Side Dish
Mexican
Mexican

1941
Pies 1941
Pies 1941
Sauce/condm
Mexican Chili
Chili Chicken

Penn Dutch

Sauce/condm Spreads

Entree Beef
Chili Hamburger Garlic Spicy/hot
Chili Mexican Entree
Chili
Dips

Candies
Pies

Pies Toppings
1941
Beef
Pies 1941

Pies 1941
Side Dish

Pies
Chili Mexican Entree
Chili
Sauce/condm
Cajun
Indian Entree Vegetarian
Italian Vegetarian
Sauce/condm

Pies Entertain

Pies

Pickles
Fruits

Pies
Spreads Toppings
Spreads Toppings
Spreads
Pies
Low Cal/fat

Mexican
Pies Low Cal/fat
Chocolate

Spreads Toppings
Spreads Toppings
Spreads
Spreads Sauce/condm
Candies Kids
Spreads Toppings
Spreads Sauce/condm
Pies Chocolate Low Cal/fat
Entree Vegetarian
Pies
Chili Hamburger Pork Garlic Beans
Sauce/condm Dips Vegetarian
Vegetarian Casserole Entree
Chinese
Vegetarian
Thai Vegetarian Entree
Mexican Spicy/hot

Vegetarian Low Cal/fat Entree
Pork Rice

Entree Indian Vegetarian
Pies
Thai Sauce/condm
Chinese Barbecue
Indian Lamb
Indian Potatoes
Indian Hamburger
Candies
Candies

Chicken Low Cal/fat
Chicken
Pies
Dressings
Canadian
Thai Beef
Chili Mexican Entree
Pies 1941
Sauce/condm
Sauce/condm
Vietnamese Sauce/condm
Vietnamese Sauce/condm Vegetarian
Vietnamese Sauce/condm
Vietnamese Sauce/condm
Vietnamese Sauce/condm
Vietnamese Sauce/condm

Pies 1941
Pies
Indian Sauce/condm
Pies
Sauce/condm
Vegetarian
Vegetarian
Candies

Low Cal/fat Chicken Entree
Candies Chocolate
Chicken
Chili Mexican Entree
Entree Londontowne

Candies 1941

Master Mix

Master Mix

Pies

Pies

Snacks Mexican

Pies

Candies

Pies

Pies

Vegetarian

Pickles

Vegetarian

Vegetarian

Ice Cream

Pies Fruits

Pies Kids

Penn Dutch Candies

Chicken

Chicken

Sauce/condm

Pies

Fruits Pies

Chili

Sauce/condm

Chicken Entree

Chinese Barbecue

Pies

Pies

Hamburger

Ethnic

Beans Pork Low Cal/fat

Pork Toppings

Sauce/condm Pizza

Sauce/condm
Chicken Microwave
Entree
Candies Chocolate
Chocolate Pies
Pies Chocolate Toppings
Pies 1941
Side Dish Rice

Casserole Chicken

Italian
Side Dish
Relishes

Sauce/condm Pizza
Pork
Master Mix
Master Mix Rice

Entree Sandwiches

Candies
Chicken
Chicken Barbecue
Pies
Beef
Pies
Chicken
Sauce/condm Barbecue
Sauce/condm Barbecue

Pies 1941
Chicken Low Cal/fat
Chicken
Chicken Crockpot

Pies Toppings
Pies Ice Cream
Sauce/condm
Master Mix
Pies
Pies

Pork

Pork
Snacks Coupons
Pork Barbecue
Pork Entree
Sauce/condm 1941
Sauce/condm
Toppings
Chicken Low Cal/fat
Chicken
Spreads
Spreads Toppings

Pies
Sauce/condm
Fruits
Sauce/condm
Pies
Sauce/condm 1941
Sauce/condm 1941

Pies
Pies
Pies

Sauce/condm Spreads Toppings
Pies 1941
Fruits Pies
Pies

Pies
Spreads
Spreads Toppings
Indian
Pies Chocolate
Relishes
Korean Sauce/condm
Pork
Side Dish
Entree Beef Fruits
Entree Vegetarian Rice
Pork

Pies Chocolate
Chinese Vegetarian

Chicken Marinade Barbecue Garlic Beans
Chicken Microwave Wings
Chicken
Chinese Vegetarian
Vegetarian Chinese
Chinese Sauce/condm
Pork Microwave
Chinese Sauce/condm
Chinese Chicken

Chili Beef Garlic Spicy/hot
Sauce/condm

Pies Chocolate
Chicken Wings
Chicken Barbecue
Chicken
Chicken
Side Dish
Entree Vegetarian

Chicken
Chicken Entree

Entree Chicken Chili
Pork
Side Dish

Pies

Dips Microwave
Dips
Dips
New Zealand Chicken

Chicken
Vegetarian
Thai
Thai
Thai
Thai
Thai Rice
Thai
Thai
Thai
Chicken
Thai
Chinese
Ethnic Rice

Snacks Curry Vegetarian
Indian
Pies

Chinese Barbecue
Pork Sauce/condm
Chicken
Pies
Chili Beef Pork Ethnic
Thai Hamburger
Master Mix
Indian Rice
Beef Entree
Candies

Indian Sauce/condm
Dips Spreads Sauce/condm
Relishes Fruits Mexican
Relishes
Chicken
Chicken
Chicken
Rice Chicken
Pies
Chicken

Chicken
Chicken Wings
Side Dish

Chicken
Chicken
Spreads Toppings

Side Dish
Dips
Pies
Snacks Holidays
Candies
Pies Chocolate
Pies
Pies Chocolate
Sauce/condm
Pies
Italian
Low Cal/fat
Italian

Chicken
Italian
Italian
Italian
Italian

Vegetarian
Sauce/condm Vegetarian Entree
Entree Sauce/condm
Vegetarian Italian
Vegetarian
Italian Entree
Vegetarian Spicy/hot
Entree
Italian

Entree
Candies
Spices
Pies
Pies Canadian
Candies
Pies
Beans
Chicken
Pies
Sauce/condm 1941
Pies
Sauce/condm 1941
Pies
Sauce/condm
Penn Dutch
Sauce/condm 1941

Pies
Sauce/condm 1941
Spreads
Pies
Sauce/condm
Chicken
Sauce/condm
Candies Microwave Christmas
Candies
Vegetarian Entree
Chocolate

Chocolate
Pies
Candies

Candies
Christmas
Candies Christmas
Pies
Pies
Kids
Snacks
Candies
Pies
Candies Christmas

Pies

Christmas Candies
Chocolate Candies
Dips
Candies
Candies Christmas
Pies
Candies
Pies
Pies
Candies
Kids
Pies Chocolate
Candies

Pies 1941
Chicken
Chicken Rice
Chicken Barbecue Wings
Chicken Dressings
Pies
Pies
Thai Sauce/condm
Thai Sauce/condm
Thai Sauce/condm
Chinese Sauce/condm
Thai Sauce/condm
Snacks Fruits
Pies Fruits
Sauce/condm 1941
Sauce/condm 1941
Sauce/condm 1941

Pies
Relishes 1941

Pies Fruits
Pies
Sauce/condm

Ethnic Vegetarian
Pies

Pies
Christmas
Cajun Candies
Cajun Candies
Cajun Candies
Low Cal/fat
Pies Chocolate

Chili
Chili
Chili Beef
Entree Vegetarian
Italian
Italian

Chicken
Italian Entree
Entree
Sandwiches Pork
Candies 1941
Pies
Sauce/condm
Vegetarian
Cajun
Sauce/condm
Entree
Spreads Toppings Spicy/hot
Beef Pork
Penn Dutch Canning

Dressings
Dips
Chili
Pork Microwave
Candies
Candies Christmas

Candies
Pork
Rice

Mexican Beef
Pickles
Pies
Pies
Pies
Pies
Pies Chocolate
Sauce/condm
Hamburger
Pies
Ethnic Pork
Garlic Relishes
Sauce/condm
Dips
Sauce/condm
Italian Sauce/condm
Italian Sauce/condm
Pies
Pies
Pies
Side Dish
Holidays Low Cal/fat
Pork Curry
Candies Chocolate
Ethnic
Chicken Pork
Christmas
Spices
Chicken
Chicken
Pies
Pork
Entertain
Crockpot Chicken
Ethnic Pork

Sauce/condm Chocolate
Chicken

Mexican Beef Rice
Low Cal/fat
Penn Dutch Canning
Chili Chicken
Mexican Sauce/condm Spicy/hot
Pies

Pickles
Pickles
Pickles

Pickles 1941
Vietnamese Sauce/condm
Pickles
Pickles 1941
Penn Dutch Canning
Thai Sauce/condm
Pickles 1941
Pickles
Pickles Mexican
Spices
Pickles
Sauce/condm
Pickles
Pickles
Spices
Pickles
Pickles
Penn Dutch Canning
Pickles
Sauce/condm Mexican
Pickles
Vietnamese Pork
Penn Dutch Canning
Pickles
Japanese Sauce/condm
Penn Dutch Canning
Pickles 1941
Japanese Sauce/condm
Spices
Chicken
Mexican
Sauce/condm Mexican Spicy/hot
Mexican
Sauce/condm Mexican

Pies
Pies
Entree
Pies
Italian
Pickles 1941
Relishes
Casserole Pork
Pickles
Mexican
Pies
Entree Sauce/condm Vegetarian
Pies
Sauce/condm 1941

Pies
Casserole

Pies Chocolate

Candies
Pies
Ethnic
Sauce/condm
Toppings Pies
Side Dish Rice
Chinese
Sauce/condm Fruits
Pies Vegetarian
Low Cal/fat Fruits

Sauce/condm 1941

Sauce/condm 1941
Sauce/condm
Pies 1941
Pies Snacks
Pies
Pies
Dips Fruits
Chicken
Candies Christmas
Vegetarian
Mexican Side Dish
Casserole Pork
Rice Indian Vegetarian

Indonesian Sauce/condm
Thai Sauce/condm
Sauce/condm
Italian Side Dish
Pies
Candies Microwave Chocolate Christmas
Candies Gift
Barbecue
Barbecue
Pizza
Pizza
Italian Pizza
Pizza Italian

Snacks Italian Coupons

Chili Pork Spicy/hot
Side Dish Holidays

Italian
Toppings
Toppings
Entree
Pork
Pickles
Fruits Sauce/condm Mexican
Sauce/condm 1941
Chutney
Penn Dutch Canning
Penn Dutch
Relishes 1941
Chicken Potatoes
Chicken
Chicken
Chicken
Pork
Spreads
Vegetarian Side Dish

Chicken Ethnic
Chicken
Pork Ethnic
Spices Kids
Italian
Entree Casserole
Spices
Candies
Candies
Pies Kids
Candies 1941
Candies
Candies 1941
Chocolate Candies
Snacks

Pies
Chicken Casserole
Pies Chocolate
Pies

Dressings

Pies

New Zealand Pork
Pork Beans Barbecue
Pork
Entree
Pork Pies
Pork
Casserole Pork
Pork
Pies Pork
Mexican Pork
Entree

Pork
Pork
Pork
Pork
Entree Pork
Pork
Entree Pork
Entree
Mexican Pork Sauce/condm Entree
Pork Entree
Entree
Pork
Pork Dressings Curry
Pork
Pork
Pork

Pork
Pork
Pork
Pork
Entree
Pork
Rice Pork
Thai Pork
Pork Garlic
Pork
Pork
Pork
Pies Pork
Sandwiches Pork Sauce/condm
Pork Beans
Korean Pork
Pork
Pork

Entree

Sheet1

Casserole Pork
Pork
Pork
Mexican Pork
Pork Barbecue Ethnic
Entree Sauce/condm
Pork
Indian Pork
Entree
Pork
Mexican Pork Entree
Low Cal/fat Mexican Pork
Pork Sauce/condm
Pork Casserole
Pork
Spreads Toppings
Pies
Pies
Chicken
Entree Mexican
Canadian
Chicken

Chinese Sauce/condm

Canadian
Side Dish
Pies Entree

Pies
Pies 1941
1941
Penn Dutch
Candies Chocolate Christmas
Pies
Italian Side Dish

German
Aaa
Canadian

Pork
Casserole Pork

Vegetarian
Vegetarian Mexican
Side Dish
Pork
Entree Vegetarian
Vegetarian Indian Entree
Side Dish
Mexican
Penn Dutch Canning
Beef Pickles Spicy/hot
Fruits Canadian
Fruits Canadian
Chicken
Sauce/condm
Barbecue Chicken
Pies Sauce/condm
Pies Sauce/condm
Pies Spicy/hot Sauce/condm
Pies
Pies
Candies
Sauce/condm
Greek Vegetarian
Chicken
Sandwiches
Entree

Dips
Pies

Kids
Chicken Sauce/condm Spices
Side Dish
Sauce/condm
Pies 1941
Sauce/condm 1941
Sauce/condm 1941
Candies 1941
Pickles 1941
Pies
Pies
Master Mix
Penn Dutch Sauce/condm

Ethnic Beef
Chicken Rice
Rice
Low Cal/fat Entree

Indian Rice
Indian Rice
Candies 1941
Pies

Pies
Pies
Pies
Pies
Pies
Pies

Pies

Pies
Pies
Pies
Sauce/condm 1941
Pies
Low Cal/fat
Pies Holidays
Pies
Spreads Toppings

Sauce/condm Mexican
Pies
Christmas
Fruits Pies
Pies
Pies
Fruits Pies
Pies
Pies
Spices

Pies
Italian Holidays
Spreads

Chicken Italian
Holidays Ethnic
Canadian Pies
Canadian Pies
Pies Canadian
Pies
Mexican
Entree Mexican

Low Cal/fat Entree
Low Cal/fat Entree
Pies
Spreads Toppings Sauce/condm
Mexican Snacks
Pies
Dips
Vegetarian
Chicken
Chicken
Chicken

Chicken
Candies Christmas
Candies Christmas

Korean Vegetarian Sauce/condm
Chicken
Master Mix
Candies
Pies
Chicken
Pickles
Pies Microwave
Chicken

Chili
Entree Rice
Candies Christmas
Sauce/condm
Sauce/condm 1941
Entree Vegetarian

Side Dish Vegetarian
Pork Snacks
Relishes Mexican
Sauce/condm Italian

Relishes
Penn Dutch Pies

Candies 1941

Candies 1941
Candies 1941
Candies Christmas
Penn Dutch Pies

Sauce/condm
Sauce/condm
Pies Spicy/hot
Side Dish
Sauce/condm

Sauce/condm
Sauce/condm Mexican
Sauce/condm

Candies Microwave
Jams/jellys
Sauce/condm 1941
Sauce/condm

Sauce/condm Fruits

Pies
Chicken
Entree Ethnic
Chicken
Italian
Relishes
Penn Dutch
Master Mix
Candies
Chili Beef Garlic
Chili Pork Spicy/hot Garlic
Entree Mexican Chili

Candies Chocolate
Candies Chocolate
Candies Chocolate

Pies
Vegetarian
Korean Sauce/condm
Beans Rice Pork Spicy/hot
Entree
Entree Casserole
Sauce/condm Mexican
Sauce/condm Mexican
Mexican Sauce/condm Chili
Chili Pork Garlic

Entree Vegetarian Chinese
Thai Beef
Thai Sauce/condm
Thai Sauce/condm
Thai Sauce/condm
Thai Sauce/condm
Sauce/condm
Pork Barbecue
Pies
Pies
Entree Vegetarian
Sauce/condm Mexican
Toppings
Beef
Beef
Beef
Candies Fruits
Entree Vegetarian Hamburger

Relishes
Thai
Sauce/condm Gift

Pork Spicy/hot
Spreads Toppings Spicy/hot
Sauce/condm
Relishes
Sauce/condm
Sauce/condm
Sauce/condm Mexican
Sauce/condm

Spreads
Chinese Sauce/condm
Sauce/condm
Sauce/condm 1941
Sauce/condm
Pies
Chinese, Vegetarian
Cakes/pies, Low cal/fat
Chocolate Candies
Candies Chocolate
Candies
Dips Beans
Mexican Side Dish

Sauce/condm

Pickles

Chocolate Sauce/condm
Pies Chocolate

Chili
Chili Mexican Entree
Entree Vegetarian Rice
Beef
Sandwiches Pork

Beef Barbecue
Spreads Toppings
Pies
Sauce/condm Fruits Chutney
Sauce/condm 1941
Pies Fruits
Pies
Sauce/condm 1941
Pies
Pies
Jams/jellys
Fruits Sauce/condm
Spreads Toppings
Pies
Pies
Chili
Barbecue Beef Pork Spices
Pies
Pies
Beans
Pork Crockpot
Entree Rice
Candies 1941
Mexican Rice Vegetarian
Korean
Candies
Kids Candies
Vegetarian Hamburger Rice
Greek Vegetarian Rice
Penn Dutch
Entree
Rice Indian Side Dish
Korean Rice
Side Dish Vegetarian Rice
Pork Spicy/hot
Microwave Mexican Vegetarian
Crockpot Spreads
Pies

Pies Chocolate

Candies Chocolate Entertain Gift Christmas
Pork

Vegetarian
Chili

Pies Entertain

Pies
Pies
Pies
Italian
Italian Entree
Italian Entree
Italian
German Entree

Sauce/condm 1941
Sauce/condm 1941
Sauce/condm 1941
Sauce/condm 1941
Side Dish Italian
Italian Entree
Rice Pies
Pies Candies
Pickles

Relishes
Entree
Chili Pork Garlic Beans
Pork
Chicken
Chicken

Pork Mexican Entree
Indian Sauce/condm
Chicken Sauce/condm
Pork Spicy/hot Garlic
Chicken
Canadian
Entree
Thai Sauce/condm
Indian Sauce/condm
Indian Vegetarian Chili
Chicken
Spreads Garlic

Spreads Toppings
Sauce/condm Mexican
Chicken
Chicken Entree
Side Dish Vegetarian
Vietnamese Sauce/condm
Cajun Pork
Chicken
Dressings
Spreads Toppings Spicy/hot
Vegetarian
Vietnamese Rice
Vietnamese Rice
Sauce/condm Mexican
Pork Barbecue

Relishes 1941
Candies
Pork Spicy/hot
Candies Chocolate
Candies Microwave
Pies
Christmas
Pickles
Chocolate Pies
Holidays
Entertain
Candies Christmas
Indian Sauce/condm
Chicken Wings
Pork Barbecue
Chicken Spices
Chicken Spicy/hot
Beef Chili
Barbecue Pork
Sauce/condm Cajun
Mexican
Holidays
Toppings
Indonesian
Italian Beef
Beef
Beef Entree
Candies
Master Mix
Side Dish

German

Penn Dutch
Holidays

Greek Vegetarian Rice
Indian Vegetarian
Pies
Penn Dutch Canning
Ethnic Sauce/condm
Entree Indian Vegetarian
Spreads
Sauce/condm
Pies
Kids
Indonesian

Sauce/condm Vegetarian
Beef Entree
Chicken Dressings

Entree Casserole
Entree Casserole
Dips
Entree
Entree
Entree Casserole
Dips
Sauce/condm Vegetarian
Dips
Sauce/condm Mexican
Barbecue Sauce/condm
Sauce/condm Mexican
Sauce/condm Mexican Spicy/hot
Sauce/condm Dips
Mexican
Sauce/condm Mexican
Mexican
Sauce/condm Mexican
Mexican Sauce/condm Relishes
Relishes
Mexican Sauce/condm
Mexican Sauce/condm
Sauce/condm Mexican
Chicken
Penn Dutch Casserole
Spices
Spices
Candies 1941

Canadian Spices

Indonesian Sauce/condm

Italian

Spices

Candies

Indian Vegetarian Entree

Ethnic Sauce/condm

Indonesian Sauce/condm

Indonesian Sauce/condm

Indonesian Sauce/condm

Indonesian Sauce/condm

Indonesian Sauce/condm

Entree

Chili Mexican Spicy/hot

Spicy/hot Pork

Beans Pork Low Cal/fat

Pies Chocolate

Relishes

Beans

Chili

Beef Mexican Entree

Chili Pork Spicy/hot

Sauce/condm Barbecue Mexican

Canadian Pies

Mexican Sauce/condm

Thai Sauce/condm

Chinese

Indonesian Pork

Sauce/condm Vegetarian

Korean Sauce/condm

Thai Sauce/condm Pies

Sauce/condm

Sauce/condm

Hamburger

Pork Casserole

Chicken

Penn Dutch Beef

Beans Pork

Pies

Pies

Penn Dutch Pork

Sauce/condm Thai

Side Dish

Sheet1

Pork Rice
Pork

Casserole Pork
Pork

Pork Microwave
Pork
Entree Vegetarian
Pork
Casserole
Pork
Chicken
Entree
Chicken Sauce/condm
Chicken Entree
Chicken
Chicken
Chicken
Chicken
Vegetarian Entree
Relishes
Vegetarian

Chicken Casserole
Entree Beef
Aaa
Holidays Side Dish Rice
Chinese Low Cal/fat Sauce/condm
Beef

Chinese
Chinese Vegetarian
Vietnamese Sauce/condm
Pork
Pork
Chicken
Entree
Pork Sauce/condm
Entree
Entree

Rice
Entree

Italian

Penn Dutch Pies
Penn Dutch Pork
Pies
Pork

Candies
Candies Chocolate
Crackers Pies

Vegetarian
Entree Mexican
Entree Vegetarian

Candies 1941
Pies

Chili Mexican Entree

Master Mix
Sauce/condm

Cajun Entree Rice

Sauce/condm
Entree
Master Mix
Chicken
Entree Vegetarian
Pies
Casserole Pork Spicy/hot
Spices Barbecue
Dips
Candies Christmas
Candies
Information Vegetarian
Information Vegetarian
Vegetarian Entree
Entree Vegetarian
Vegetarian Entree
Pies Snacks

Indonesian Beef
Chili Mexican Entree
Chili Mexican Entree
Chili Hamburger Beans
Chili Beef Garlic
Chili
Indonesian Sauce/condm

Chinese
Chicken Barbecue
Candies
Sauce/condm
Vegetarian
Chicken Microwave
Candies
Japanese Sauce/condm
Chinese
Chicken

Korean Sauce/condm
Chinese Sauce/condm
Sauce/condm
Master Mix

Pork
Toppings Pies
Penn Dutch Canning
Pies
Pies 1941
Pies
Entree

Entree Indian Vegetarian
Chicken Spices
Pork Spices
Relishes
Relishes
Sandwiches Spreads
Entree Beef Indian

Mexican

Pies

Entree
Chicken
Pork Casserole
Chicken

Chinese Sauce/condm
Vegetarian
Pies Penn Dutch

Pies
Penn Dutch Pies
Chicken

Sheet1

Beef Entree
Crockpot

Chicken Entree
Low Cal/fat Chicken

Chili

Thai Sauce/condm
Indonesian Sauce/condm
Indonesian Sauce/condm

Sandwiches Spreads
Cajun Sauce/condm

Entree Mexican Sauce/condm
Entree Chinese
Chicken Entree
Penn Dutch
Vegetarian
Entree Chinese Vegetarian
Pies
Chinese Vegetarian Stir Fry
Side Dish Rice
Sauce/condm Thai
Sandwiches
Pies
Indian Rice
Entree Vegetarian
Entree
Sauce/condm
Side Dish Rice

Pies
Pork
Christmas
Ethnic Hamburger
Entree Low Cal/fat
Ethnic
Ethnic Vegetarian
Beef
Chili Pork Beef

Mexican Beef
Crockpot

Pies
Pies
Greek Sauce/condm
Greek Side Dish Relishes Vegetarian
Chicken Sauce/condm
Chicken

Chinese Vegetarian
Vegetarian Entree
Master Mix

Entree Vegetarian
Hamburger Entree Beef
Aaa
Pies

Sauce/condm
Pies

Chinese Pork
Chinese Side Dish Vegetarian
Candies Christmas
Pork
Hamburger
Barbecue Beef
Sauce/condm Mexican
Entree Rice
Pork
Sandwiches
Entree
Sauce/condm
Dips

Pork
Chicken Barbecue
Canadian
Sauce/condm
Sauce/condm

Side Dish
Pies Chocolate
Pies Chocolate
Chocolate Pies
Pies
Pies Chocolate

Sauce/condm 1941
Ethnic Spices

Pies 1941
Pickles
Ethnic Sauce/condm

Beans

Beans

Mexican
Mexican
Mexican
Pies
Vegetarian
Vegetarian
Vegetarian

Italian Sauce/condm

Chicken
Canadian

Canadian
Chicken

Cajun
Pies
Pies Holidays Chocolate
Sauce/condm

Pies
Side Dish
Pies
Pies 1941
Pies 1941
Pies
Pies
Sauce/condm

Pies
Dips
Sauce/condm

Pies
Spices

Pies 1941
Pies 1941
Pies 1941
Sauce/condm
Pickles 1941

Mexican

Mexican Hamburger
Indian Sauce/condm
Cajun
Relishes
Relishes
Chicken

Chicken
Sauce/condm
Chicken

Barbecue Pork Ethnic

Chicken
Mexican Sauce/condm Relishes
Beef Mexican Entree Sauce/condm
Candies
Chili Hamburger
Entree

Beef
Greek
Entree Vegetarian
Indonesian Sauce/condm
Indonesian Sauce/condm
Entree Vegetarian
Holidays Vegetarian
Vegetarian Entree
Pizza
Chocolate Pies
German
Crockpot Entree Italian Rice
Italian

Italian
Italian
Italian Sauce/condm
Entree
Entree Vegetarian

Italian
Entree
Italian
Sauce/condm
Master Mix
Entree Vegetarian
Italian
Entree

Sandwiches
Pork Spicy/hot
Entree
Sandwiches
Entree
Pickles 1941
Mexican Rice
Pork Ethnic
Side Dish Rice
Pork Beans
Casserole Pork

Hamburger
Chinese Sauce/condm
Holidays
Candies
Barbecue Beef Pork Marinade
Spices
Pies Vegetarian
Indian Potatoes
Entree Vegetarian Curry
Spreads Toppings
Entree Vegetarian
Chicken
Relishes 1941
Pickles 1941

Fruits Coupons
Penn Dutch Canning
Pies
Pies Toppings
Pies Toppings

Pickles

Penn Dutch Canning
Pork
Spreads Toppings
Toppings Spreads Spicy/hot
Dips
Candies
Entree Vegetarian
Sauce/condm
Fruits
Fruits
Pies
Dips Mexican
Mexican Beef
Hamburger
Pies
Beef Entree Mexican Sauce/condm Barbecue
Chicken Spicy/hot Wings
Chinese Sauce/condm
Mexican
Stir Fry Chinese Spicy/hot
Pork Spicy/hot
Relishes
Chicken
Chinese Spicy/hot Chicken
Thai
Indian Vegetarian
Entree Vegetarian
Chicken
Pork Spicy/hot
Chicken
Mexican Side Dish Spices
Garlic
Sauce/condm Vegetarian Low Cal/fat
Spreads Toppings
Vegetarian Entree

Spicy/hot Relishes
Spicy/hot Relishes
Vegetarian

Beans Mexican
Entree Vegetarian
Vegetarian
Sauce/condm Thai
Relishes
Relishes
Indonesian Sauce/condm
Entree
Mexican Pork Entree

Pork
Spicy/hot
Pies
Beans
Relishes Spicy/hot
Vegetarian Entree
Beef
Sauce/condm Low Cal/fat Vegetarian Mexican
Pork
Pork
Pork Barbecue

Spicy/hot Spices
Entree Beef
Entree Indian Vegetarian
Spicy/hot
Low Cal/fat
Low Cal/fat
Entree Chinese Vegetarian
Chinese Vegetarian
Pork Entree Mexican Barbecue
Thai
Thai Vegetarian
Thai Sauce/condm
Vegetarian

Entree
Chili Mexican Spicy/hot
Vegetarian

Hamburger
Pork
Entree Vegetarian
Entree Indian Vegetarian
Pies

Vegetarian Indian
Side Dish
Entree
Vegetarian Entree
Entree Vegetarian
Dips
Vegetarian Entree
Italian Vegetarian

Side Dish
Vegetarian Entree

Italian
Candies Chocolate Entertain Gift

Vegetarian

Penn Dutch Pies
Pies 1941
Pies 1941
Pork
Chicken

Entree Side Dish Vegetarian
Pies
Entree Indian Vegetarian
Crackers Pies

Canadian
Pies 1941
Low Cal/fat Vegetarian
Casserole Pork

Hamburger Chili
Candies
Rice

Pies
Pies
Hamburger
Beef
Cajun Beef
Mexican Beef
Beef
Beef Mexican
Low Cal/fat Entree Barbecue
Penn Dutch
Thai Rice
Korean Vegetarian Rice
Pies
Sauce/condm
Indonesian Sauce/condm
Thai Rice

Chicken
Candies

Thai Rice

Pies
Chinese Vegetarian
Chinese Vegetarian
Chicken Sauce/condm
Entree Fruits
Chicken
Entree Vegetarian
Vegetarian Stir Fry
Stir Fry Chinese Spicy/hot
Stir Fry Side Dish Chinese
Stir Fry Chinese
Stir Fry Chicken Chinese
Chicken
Chinese Vegetarian
Thai
Chinese Stir Fry
Thai
Pork
Thai Rice
Stir Fry Chinese Rice Barbecue
Stir Fry Chinese
Pork
Chinese Vegetarian
Entree Vegetarian
Chinese
Chicken
Chicken Pork
Chicken Beef Pork

Pork
Jams/jellys Fruits
Pies Fruits
Spreads

Pies
Pies
Pies
Jams/jellys Fruits
Pies
Pies
Candies 1941

Toppings Pies
Fruits Pies
Sauce/condm 1941
Jams/jellys Fruits
Pies
Sauce/condm 1941
Candies

Fruits Pies
Jams/jellys
Pies
Fruits Pies
Snacks Fruits
Sauce/condm 1941
Relishes
Pies
Fruits
Fruits
Pies
Pies
Pies
Fruits Canadian
Jams/jellys

Low Cal/fat
Fruits
Sauce/condm
Sauce/condm
Pies
Penn Dutch
Pies
Entree Hamburger
Beef Microwave
Mexican Sauce/condm
Pork
Penn Dutch Beef
Chicken
Entree
Greek Chicken

Entree Vegetarian

Ethnic
Vegetarian
Hamburger Entree Side Dish
Hamburger
Side Dish Barbecue
Beef
Hamburger
Pickles
Kids Side Dish
Italian Beef
Chicken
Pork
Pies

Vegetarian
Pies Londontowne
Pies
Pies Canadian
Pies
Candies
Pies Low Cal/fat
Pies
Pickles
Rice
Sandwiches Pork
Vegetarian

Chili
Sauce/condm 1941
Italian Sauce/condm Vegetarian
Pies
Chicken Entree
Sauce/condm

Relishes Garlic Spreads
Japanese Sauce/condm
Pickles
Pies

Chili Beef Pork Garlic Beans
Candies Christmas
Dressings Low Cal/fat
Mexican Snacks Kids
Master Mix
Mexican
Entree Vegetarian
Chicken
Chicken Entertain Sauce/condm
Fruits
Pies
Entree
Pork
Garlic
German
Entree
Pork Low Cal/fat

Entree Vegetarian Rice
Pork Microwave Snacks
Hamburger Pork
Casserole Pork

Sheet1

Chicken Entree
Korean Beef
Thai Sauce/condm
Chinese Sauce/condm
Toppings
Pickles
Chinese Chicken
Thai Sauce/condm
Beef

Side Dish
Sauce/condm Chinese
Chicken
Sauce/condm
Chicken
Spreads
Relishes 1941
Pickles
Chicken Chutney Barbecue

Mexican Sauce/condm
Pickles
Pickles
Pickles
Pickles
Thai Sauce/condm
Toppings Spreads Spicy/hot
Holidays
Pies 1941
Pies
Spreads Toppings

Pies
Spreads
Relishes
Sauce/condm
Relishes
Pork

Pickles
Penn Dutch Canning
Entree
Pork

Pies

Side Dish

Japanese Vegetarian
Master Mix
Pork
Sauce/condm
Pork Casserole
Side Dish
Casserole Pork Beans
Sauce/condm

Pies

Pies
Pies
Relishes 1941
Entree Casserole
Entree Casserole
Entree
Toppings
Candies Christmas
Candies
Pork Sauce/condm Barbecue
Entree Vegetarian
Pies
Chinese
Beef Spicy/hot Chili
Pickles Spicy/hot
Beef
Side Dish
Beef Mexican Spicy/hot
Hamburger Mexican
Mexican Beef
Beef Mexican Spicy/hot
Rice Mexican Beef
Sauce/condm Mexican
Master Mix

Pies
Sauce/condm Vegetarian
Sauce/condm
Greek Pies
Chicken

Mexican
Mexican Pies
Entree Vegetarian

Sheet1

Entree
Vegetarian
Chicken
Indian Sauce/condm
Chicken Marinade
Indian Sauce/condm
Indian Vegetarian
Chicken
Chicken
Fruits Jams/jellys
Pies
Low Cal/fat

Pork
Chicken
Chicken Spicy/hot
Entree Chicken
Chicken Barbecue
Sauce/condm
Sauce/condm

Chicken
Chicken
Chicken
Chicken
Entree
Sandwiches Spreads
Chicken
Sauce/condm
Sauce/condm
Canadian Pies
Beef

Entree Chinese Vegetarian
Casserole Entree
Ethnic
Candies Snacks

Pies
Entree Vegetarian
Vegetarian Entree
Chinese Vegetarian
Beef
Low Cal/fat Pork
Pork Entertain

Sauce/condm
Sauce/condm

Sheet1

Hamburger
Chicken Barbecue
Chicken
Vegetarian
Vegetarian Entree Low Cal/fat

Mexican Pies
Canadian
Sauce/condm Chili
Mexican Rice
Barbecue Pork
Chili Mexican Entree
Mexican Sauce/condm
Chili Beans Pork
Chili
Chili Beef Garlic Spicy/hot

Chili Mexican Entree
Chili Garlic
Chili Beef Beans
Hamburger Chili
Sauce/condm Entree
Chili
Chili
Entree Chili
Chili
Mexican
Thai Chicken
Thai Beef
Thai Beef
Thai Sauce/condm
Spices
Thai
Thai
Thai
Thai
Thai Curry Spices
Thai
Thai
Thai
Thai
Thai Rice
Thai Chicken Fruits
Thai Rice
Thai Rice Vegetarian
Thai Sauce/condm

Thai Pork
Thai

Thai Sauce/condm
Chicken Barbecue
Penn Dutch Pies
Entree Vegetarian Holidays

Pies Chocolate

Pork
Indian Sauce/condm
Toppings Spreads
Spreads Toppings
Barbecue Sandwiches Chicken
Pork Sandwiches
Indian Sauce/condm
Mexican Beef
Indian Sauce/condm
Canadian
Indian Sauce/condm
Beef
Sauce/condm
Crackers Pies Rice
Candies

Pork
Chinese Vegetarian Stir Fry

Hamburger
Dips
Snacks
Entree Vegetarian
Chili Beef Garlic Beans
Italian Sauce/condm
Entree Vegetarian
Pies
Candies Chocolate
Pies
Pies
Pork
Penn Dutch Pork
Pork
Pork
Garlic

Christmas
Rice

Vegetarian Entree
Vegetarian
Vegetarian
Vegetarian
Vegetarian Mexican
Entree Vegetarian
Entree Vegetarian
Entree Vegetarian
Low Cal/fat Entree
Vegetarian
Vegetarian
Vegetarian Entree
Entree Vegetarian
Pizza
Vegetarian Entree
Vegetarian Sandwiches
Vegetarian Entree
Vegetarian
Vegetarian
Vegetarian
Sauce/condm Vegetarian
Vegetarian
Vegetarian
Vegetarian
Chili Entree
Pies Vegetarian
New Zealand
Pies
Pies
Sauce/condm Mexican
Mexican
Sauce/condm Mexican
Pizza Vegetarian

1941

1941

Sauce/condm 1941
Relishes 1941
Jams/jellys

Sauce/condm
Penn Dutch Canning
Relishes
Relishes 1941
Relishes 1941

Sauce/condm
Sauce/condm
1941

Dips
Vegetarian Entree
Vegetarian
Sauce/condm Italian
Chicken
Sandwiches
Pork

Hamburger
Entree
Entree Vegetarian
Pies
Fast
Canadian Pies
Pies Italian
Pies Italian

Side Dish Italian
Ethnic
Pork
Mexican
Entree
Mexican Kids

Greek Pies
Pork
Pork Casserole
Canadian
Canadian
Spreads

Pies
Ice Cream Pies

Vegetarian Entree
Pies Chocolate
Entree Pork Fruits
Candies Christmas
Chocolate Candies Christmas
Chocolate Candies Christmas
Chili Hamburger Spicy/hot

Hamburger

Chicken
Casserole
Pies Chocolate
Chicken Sandwiches
Entree Chicken
Sandwiches Barbecue Chili
Marinade
Hamburger
Chili Beans

Toppings
Mexican Sauce/condm Chicken Entree
Casserole
Low Cal/fat Chicken Entree
Entree Chicken

Chicken Microwave Holidays
Chicken Microwave Holidays
Microwave
Chicken
Casserole
Vegetarian
Pies
Sauce/condm
Pies
Side Dish Fruits
Korean Vegetarian
Pies
Italian

Chicken
Candies
Dips
Pies
Candies Christmas
Pies Snacks

Candies Chocolate
Side Dish
Dips Snacks
Chili
Chili
Chili
Dressings
Sauce/condm Fruits Chocolate
Fruits

Dressings

Mexican Snacks

Fruits

Pickles

Pies 1941

Chili Beef Garlic Beans

Pies 1941

Pies Chocolate

Vegetarian Indian

Kids Candies

Sauce/condm

Pies Ice Cream

Holidays Entree

Candies Christmas

Chili

Chicken Sauce/condm

Beef

Entree

Chicken

Pies Vegetarian Chocolate

Pies Holidays Vegetarian

Vegetarian

Vegetarian Italian Entree

Beef Crockpot

Vegetarian

Vegetarian Entree

Side Dish

Entree Vegetarian Curry

Master Mix

Entree Mexican Vegetarian

Dips

Vegetarian

Sandwiches Vegetarian

Indian Vegetarian Side Dish

Entree Vegetarian

Vegetarian Stir Fry

Entree Vegetarian

Vegetarian Entree

Entree Vegetarian

Vegetarian Indian Side Dish

Relishes

Entree Chinese Vegetarian

Vegetarian Low Cal/fat

Low Cal/fat
Entree Vegetarian
Entree Low Cal/fat
Mexican
Vegetarian

Chinese Vegetarian
Entree Vegetarian
Italian Vegetarian
Vegetarian Entree
Entree Vegetarian
Master Mix Rice
Mexican Vegetarian
Side Dish

Chocolate Candies Christmas
Pies

Chili Mexican Entree

Entree
Entree Sauce/condm Mexican
Snacks
Pork Casserole
Pies
Chicken
Chicken
Cajun Sauce/condm
Candies Chocolate Christmas
Vegetarian
Candies 1941
Pies

Vietnamese Sauce/condm
Vietnamese
Sauce/condm
Sauce/condm
Vegetarian
Sauce/condm

Ethnic Pork
Indonesian Sauce/condm
Candies

Italian

Dips
Pies
Pies
Fruits
Pies
Candies
Candies
Candies
Pies
Vegetarian Entree Side Dish
Pies
Pickles
Dressings
Pies
Pies
Chicken
Pork
Chicken
Indian Entree Vegetarian

Vegetarian Chinese

Pies
Pies
Sauce/condm 1941
Sauce/condm 1941
Pickles
Pies
Chili Hamburger
Chili Beef Spicy/hot
Low Cal/fat Chicken
Low Cal/fat Pork
Mexican Beans
Pies
Pork
Chili

Chili
Pork
Pies
Indian Vegetarian
Indian Lamb

Beef
Ethnic Pork
Chili

Pies
Master Mix

Pies
Pies
Chocolate Pies Sauce/condm
Chocolate Pies Sauce/condm
Pies Chocolate
Pies Chocolate
Sauce/condm

Candies
Beans

Entree
Low Cal/fat Beans

Pies
Pies 1941
Aaa
Dips Beef
Chili Chicken Garlic Beans
Chocolate
Chocolate
Chocolate
Pies Beef Chocolate
Ice Cream Chocolate
Pies Chocolate

Pies Chocolate
Candies

Vegetarian Holidays
Sauce/condm
Chicken
Pies 1941
Candies
Chili
Penn Dutch Dressings
Sauce/condm
Master Mix Sauce/condm
Pies

Entree
Canadian

Pizza

Low Cal/fat Mexican Vegetarian

Chocolate Snacks Pies

Pies Pies

Chili

Sauce/condm

Vegetarian

Italian Vegetarian

Sauce/condm

Chicken Rice

Side Dish Rice

Rice

Entree Vegetarian Rice

Rice Side Dish

Side Dish Vegetarian Rice

Rice Canadian

Side Dish Vegetarian Rice

Pork

Pies

Sauce/condm

Spreads

Chicken

Fruits

Barbecue Marinade Beef Pork

Sauce/condm

Pork Sauce/condm

Side Dish Fruits

Chinese

Fruits

Vegetarian

Vegetarian

Kids

Pies

Chinese Side Dish

Entree

Pork Crockpot

Chicken Rice

Dips

Vegetarian
Pies

Entree Barbecue Low Cal/fat Chili
Low Cal/fat
Low Cal/fat
Low Cal/fat
Low Cal/fat
Pies
Low Cal/fat

Japanese Chicken
Thai Pork
Chili Hamburger Beans

Italian
Pies
Spices
Pies
Pies
Indian Side Dish Rice Vegetarian
Sauce/condm 1941
Sauce/condm Mexican

Pies

Relishes Spicy/hot
Sauce/condm
Dips

Penn Dutch Beef
Chicken 1941

Thai
Thai
Italian
Low Cal/fat
Sauce/condm Chili Spicy/hot
Dips
Pickles

Vegetarian Low Cal/fat
Spices
Beef
Dips
Relishes

Chicken Barbecue
Spreads Spicy/hot
Spicy/hot Mexican
Spreads
Italian
Entree
Hamburger Mexican Sauce/condm
Dips
Pies
Entree
Pork
Side Dish

Pies
Pies

Pies
Entree

Spreads Toppings

Pickles
Relishes Mexican
Vegetarian Hamburger
Side Dish Vegetarian

Side Dish
Pork
Breadmaker
Vegetarian Low-cal

Crockpot
Cheesecakes
Low-cal Crockpot
Dairy
Diabetic Low-cal Fruits Lettuce
Crockpot
Salsa
Diabetic Breadmaker
Jams
Cheese
Pies

Cheesecakes
Low-cal
Entree Squid Italy Christmas

Entree

Italian Sauces

Pies Fruits
Crocker
Diabetic Breadmaker

Info

Sauces

Snacks
Snacks
Muffins Low Fat

Crocker
Diabetic Low-fat
None
Snacks

Barry

None
Jams Fruits

Pies
Diabetic Pies
None
None
None

Easy
Biscuits

Puddings Cheesecakes

None
Chocolate

Breadmaker
Sauces
Low Fat
Fruits
Soups
Entrees Side Dish Low Fat
Casseroles
Casseroles
Oriental
None
Sauces
Sauces Vegetarian Vegan
Sauces
None

Chinese
Sauces

Crocker

None
None

Side Dish

Casseroles Harned 1994 Nuts Rice/grains Side Dish
Vegetarian Entree
Soups Vegetarian
None
Pancakes
Info
Game
Pies
Low-fat Muffins
Pizzas
Chinese Info
Info
Info
None
Sauces
None
None
Low-fat
Pies Microwave
Beans Soup

Pulses Vegan
Spreads Vegan
Spreads
Entree
Soups
Soups Vegetarian
Entree

Soups Vegetarian
Entree Vegetarian
Entree Vegetarian
Entree
Snacks
Entree Soups
Entree
Entree Low-fat
Entree
Easy Entree
Entree
Entree
Entree
Entree Easy
Beef Crockpot
Chinese Entree
Entree
Entree
Entree
Entree
Entree
Entree
Chinese Entree
Entree

Soups
Vegetarian Lacto

Fruits
Pies
Sauces Fruits Seasonings
Entree
Indian Vegan Vegetarian Entree
Cheese
Entree

Vegan Entree Side Dish
Vegetarian Vegan
Grains
Diabetic Vegetarian

None
Vegetarian Entree

Vegetarian Vegan

Soups
Soups Vegetarian
Vegan
Soups Vegetarian
Soups
Diabetic Grains Entree Vegetarian
Entree Vegetarian
Entree Vegetarian

Fruits
Pastry Fruits
Fruits
Entree
Soups
Soups Entree
Sauces
Sauces Cheese
Cheese Entree
Fruits
Diabetic Fruits Jams
Diabetic Pies
Pies
None
Soups

Entree
Seasonings Entree Marinades
Entree Oriental
Diabetic Entree
Fruits Breadmaker
Entree Vegan
French Fruits Creole
Cheese
Seasonings
Entree
Fruits
Entree
Entree
Beans Soups

Low-fat Spreads
Low-fat

Entree Sauces Marinades

None
Cheese Eggs Entree Sandwiches
Sandwiches Entree
Entree
Entree
Gary Cheesecakes
Grains
Entree Low-fat

Grains

Diabetic Vegetarian Side Dish

Diabetic Grains Side Dish Fruits

Vegetarian Vegan Entree
Fruits
Crocker
Sauces Seasonings
Biscuits Sauces
Breadmaker
Diabetic Quickbreads Breadmaker
Breadmaker Cheese

Breadmaker
Breadmaker Mexican
Breadmaker

Breadmaker

Fruits/nuts Italian
Soups Side Dish

Soups

Crocker

Soups
Cheese Spreads
Soups
Vegetarian
Fruits Candies
Fruits Candies

Low-cal Candies Ww
Fruits Low-fat Entree Soups
Fruits Casseroles
Fruits
Italian

None
Vegetarian

Soups

Korean
Seasonings
Seasonings
Side Dish
Easy
Crocker
Cheese Spreads Eggs

Seasonings

Chinese
Pies

None
Cheese Seasonings
Bread Crock Healthwise
Fruits

Cheese
Soups Vegetarian
Crocker
Cheese Fruits Pies

Diabetic Fruits Pies
Fruits Grains Sauces
Diabetic Entree
Soups
Soups
Pies
Soups
Entree Pies
Entree
Soups

Soups Entree Low-cal
Diabetic
Pies

Entree

Fruits Pulses

Chinese Entree
Chicken Barbecue Indian Low-cal
Crockpot

Diabetic
Fruits
Fruits

Chocolate Low-fat
Pies Chocolate Cheese
Pies

Cheesecake

Microwave
Cheesecake
Gift Fruits

Fruits Chinese
Fruits Vegan Indian

Fruits Side Dish
Low-cal Entree Low-fat
Fruits Harned 1994 Nuts Rice/grains Side Dish
Shellfish Pies
Sauces Fruits Casseroles
Pies
Fruits
Fruits Jams
Relishes Fruits
Fruits Muffins
Sauces Fruits
Fruits Sauces Relishes

Side Dish Fruits
Fruits Sauces
Pies
Pies
Crockpot
Cyberrealm Kooknet Crockpot
Crockpot Beef Entree
Crockpot
Crockpot
None
Chicken Crockpot Upload
Soups Casseroles
Beef Crockpot
Crockpot Upload
Crockpot Beef
None
Crockpot
Crockpot
Crockpot Hamburger
Crockpot
Home Cookin
Crockpot Pork
Bread Crockpot Jar Cake
None
Sausage Upload
None
Vegetarian Crock Pot Mershon
Casseroles Soups Pulses
Kooknet Crockpot
None
None
None
Crockpot Beef
Crockpot Beef
Crockpot Turkey
Bbq Beef Crockpot
Pies
Pies
Side Dish
Pies
Ethnic Salsa
Low-cal Entree Chicken
Diabetic Pies
Low-cal
Low-fat Low-cal News-sent
Pies
Pies
Pies Diabetic
Breadmaker

Breadmaker
Crockpot
Crockpot

Breadmaker
Salsa Ethnic
Salsa
Pies
Pies
Pies Chocolate
Breadmaker
Breadmaker
Breadmaker
Side Dish
Hamburger
Breadmaker
Rice
Low-cal
Bread Crockpot Honey Wheat
Ethnic Salsa
Crockpot Meat Entree Tested
Cheesecakes Chocolate
Beef
Spice Mix
Entree
Pies
Diabetic Quickbreads Pancakes Breadmaker

Low-cal 4
Low-cal Ww
Nuts
Pies Low-cal
Chinese Chicken
Low-fat Must-try Posted-mm
Crockpot Healthwise
Stews
Jewish Ethnic
Bread/abm Low-cal Low-cholest Low-fat
Fruits Low-cal
Low-cal Ethnic
Diabetic Low-cal Fruits Apples
Miamiherald Vegetarian
Chinese Vegetarian
Cheesecakes Party Family

Crockpot
Breadmaker
Breadmaker
Cyberrealm Low-cal Mom's Best Italian Entree

Oriental
Machine Low-cal

Breadmaker

Diabetic Breadmaker
Miamiherald
Crockpot Soups
Fruits Low-cal
Salsa
Fruits/nuts Salsa
Chinese
Salsa
Ethnic Salsa

Breadmaker
Breadmaker
Dressings Cake Mix
Oriental
Breadmaker
Side Dish
Entree
Entree
Casseroles Entree
Entree
Vegan Entree
Vegan
Grains Vegetarian
Entree
Entree

Ethnic Salsa
Salsa
Salsa
Salsa
Salsa Sauces
Ethnic Salsa Sauces
Salsa
Salsa
Cheesecake Top Secret
Shellfish Low-cal
Low-fat Low-cal
Diabetic Low-cal Apples
Diabetic Low-cal Apples
Oriental
Chinese Beef
Fruits Low-cal

Winnipeg Free Press Pickell
Breadmaker
Diabetic Fruits Quickbreads Breadmaker

Entree
Salsa
Low-cal Entree Beef
Ethnic Salsa
Diabetic Low-fat/cal Mm-posted Mybook
Fruits Low-cal
Miamiherald

Cheese
Vegetarian
Salsa
Breadmaker
Soups
Pies
Entree
Cheese Eggs
Native
Historic
Fruits
Game Southern
Entree
Stock
Sauces Southern Peppers Nuts
Menu Historic Italian
Fruits Nuts Midwestern
Fruits Midwestern
Fruits Pastry Nuts Midwestern
Southern Pork Side Dish
Canadien Side Dish
Soups Midwestern
Heirloom Sauces New England Fruits
Side Dish Southern
Casserole Mushrooms
Relishes Chutneys Fruits
Relishes Sauces
Fruits Midwestern Beef
Casseroles Entree
Relishes Fruits
Black Pies
German Beef Pies Heirloom
Entree
Jellies Fruits
Nuts Snacks Midwestern
Black Southern Soups Pork Beans
Fruits Appalachian

Snacks Southern
Pork Kids Southern Side Dish
Alcohol Entree Peppers
Nuts Midwestern
Sandwiches Innards Midwestern
Sausage Pork Potatoes
Cheese Eggs Nuts
Relishes Pickles
Sauces Amerindian Nuts
Relishes Fruits
Soups
Fruits Relishes
Casseroles Shellfish Reinactment Southern Historic
Entree Casseroles Native
Soup European
Pastry Native
Native
Nuts Southern Side Dish Casserole
Eggs Mushrooms
Cheese Fruits Nuts
Cheese Historic Nuts

Lamb Sandwiches
Condiments Fruits Jams
Fruits
Shellfish Southern
Shellfish Southern
Nuts
Pickles Peppers Seed-savers
Condiments Peppers Sauces Southern

Black Entree Chicken Stews
Chicken Mushrooms Historic
Chicken Historic Soups Southern
Soups Chicken Grains
Entree Chicken Nuts Southern
Black Innards Peppers Entree
Snacks
Chocolate Potatoes
Potatoes Chocolate
Sausages

Southern Mushrooms Side Dish
Sauces Fruits
Game Entree Squirrels Alcohol Southern
Relishes Salt-free
Sauces
Pickles Relishes
Sauces

Relishes
Soups Molluscs Potatoes
Chocolate

Candies Kids Historic
Dips Cheese Fruits
Soups Nuts Historic
Soups Herbs British
Gastropods Southern
Gastropods Southern Stews
Jams Fruits
Historic Amerindian Nuts Side Dish
Pancakes
Historic Reinactment
Historic Heirloom
Entree Crustaceans Grains Southern
Crustaceans
Soup
Soups Amphibian
Soups Cheese Historic
Soup
Side Dish Southern
French Side Dish
Mushrooms Side Dish Sauces Southern
Soups
Soups Mexican Fruits

Entree
Fruits
Entree Cat Roadkill
Side Dishes Check

Fruits Nuts Heirloom
Chicken Peppers
Sauces Beans
Pickles Canning
Potatoes German
Entree Southern Check
Soups Legumes
Entree Beef Dutch Oven Reenactment
Cheese Sausage

Entree Southern
Dip Southern
Soup
Condiments Sauces Fruits Amerindian
Pastry
Mexican Christmas Fruits Nuts

Pastry Pies
Entree Italian
Entree Cheese
Casseroles Cheese
Entree Horse
Entree Eggs
Entree Native
Historic Entree
Sauces Fruits

Condiments
Condiments Jams/jelly Fruits
Entree
Side Dish Southern
Pork Reinactment Entree Innards
Entree Historic
Southern Snacks Fruits
Mexican Beans Side Dish
Fruits
Fruits Pastry Midwestern
Italian Nuts Rice
Historic Side Dish Southern
Soups Historic
Chutneys Condiments Relishes Fruits
Condiments Fruits Relishes Nuts
Jellies Fruits Salt-free
Pickles
Southern Grains
Pies Fruits Historic
Pies Fruits Historic
Soups
Pastry Pies Southern Side Dish
Beef Southern
Lamb/mutton Germany
Sausage Nuts Vegetarian
Pork Heirloom 18th Cent. 19th Cent.

Eggs
Sauces Peppers Mushrooms Beans
Soups
Potatoes Side Dish
Historic
Pies Fruits
Breakfst Sauces Check
Entree
Sauces
Entree Mexican Southern
Heirloom 18th Cent.
Cheese Entree Pies

Kids Snacks
Pies Midwestern
Beef Entree
Entree Sausage
Relishes Southern
Side Dish Fruits French
Pies
Entree Pork
Alcohol Reinactment Fruits
Fruits Christmas Midwestern Norwegian
Chutneys Condiments Fruits
Dutch Casseroles Entree Sausage
Gastropods Soups Southern
Entree Innards Pastry Historic
Pickles
Pork Midwestern
Latino
Camping Fruits Pastry Dutch Oven
Jams
Breakfst Entree Eggs Pork
Crustaceans
Mexican Pork Peppers Entree
Master Mix
Mexican Soup

African Side Dishes Pork
Historic
Shellfish Southern
Chicken Sauces
Side Dish Heirloom New England

Soup Check
Entree Dutch Pancake
Soup Peppers Beef
Snacks Honey Chocolate Nuts
Stuffings Holidays Historic
Snacks Holidays Fruits Nuts
Southern
Soups Beef
Breakfst Eggs Cheese Camping
Fruits Jams
Mushrooms
Pies Pastry Mushrooms Southern
Entree Sandwich
Pies Sausage Pastry Mushrooms Midwestern
Sauces Southern
Soups Beans
Southern
Eggs

Black Nuts Grains Side Dish

Fruits

Innards Alcohol French Entree Fruits

Nuts Side Dish Historic

Pork

Jams/jelly Fruits Low Fat

Side Dish

Side Dish Southern

Historic Southern

Pork Nuts Midwestern

Soups Mollusks Heirloom

Fruits Midwestern

Entree

Southern Shellfish Sausage Historic

Mollusks Innards Historic 18th Cent. Heirloom

Shellfish Southern

Sauces Information

Latino Snacks Entree Cheese

Game Native Entree

Casserole Chicken Beef Reinactment

Pies Midwestern Fruits

Fruits Ice Cream Midwestern

Jellies

Black Nuts Soups

Historic Soups Reinactment Pork

Relishes Southern Fruits

Snacks Fruits Nuts Midwestern

Fruits

Jams Fruits Condiments

Pickles Peppers

Pastry Pies Game Historic

Soups Southern

Snacks Master Mix

Side Dish Fruits Mexican

Southern Side Dish

Southern Pork Side Dish

Breakfst Entree Dairy Neysa

Entree

Soup

Game Entree

Entree Game Southern

Entree Chicken

Side Dish Potatoes

Sausage Potatoes Midwestern

Entree Side Dish

Historic Soups

Soups Cheese
Check
Chicken Stock
Stuffings Fruits Heirloom
Southern Pork Herbs Spreads
Historic Grains Reinactment
Holidays
Game Entree Native
Ethnic Entree
Candies Fruits Historic
Entree Casseroles Beans Historic
Pies Nuts Fruits Historic
Entree
Side Dish Fruits French
Relishes
Grains French
Goat Spices Black
Game Historic Entree Reenactment

Pork Entree Pickles Check
Pastry Herbs
Snacks Relishes
Innards
Historic
Entree
Jellies Midwestern
Sauces French Mushrooms Perigord
Sauces French Mushrooms Alcohol
Cheese Sausage
Sauces Stock
Shellfish Entree
Pies Crustaceans Entree
Spreads
Soups Sausage Beans Potatoes
Southern Crustaceans Shrimp Entree
Historic Eggs
Misc
Beef
Entree Snacks
So. African
Southern Side Dish
Pickles Peppers
Spreads Fruits
Black
Casseroles Entree
Game Historic Casserole Southern
Pies
Crustaceans Entree
Entree Southern Shellfish

Fruits Heirloom
Jams Fruits
Black Entree Innards
Mushrooms Side Dish Appetizer Midwestern
Casseroles
Spices
Innards Herbs Entree Southern
Cheese

Fruits
Jams
Fruits
Pies Fruits
Sauces
Eggs Herbs British
Fruits Historic
Entree Pork Sandwiches
Condiments Jams Herbs
Relishes Condiments Southern
Soups
Sandwiches Spreads
Entree Turkey
Southern Pork Grains Entree

Junk Food
Pies
Casseroles
Military Beef
Military Beef

Historic Game Dutch Oven
Condiments
Condiments Historic Nuts
Jams Fruits
Canning Pickles Fruits
Side Dish Potatoes Mushrooms
Pies
Candy Kids
Game Soup
Fruits Pastry Amerindian
Entree Grains Herbs
Entree Southern
Casserole Cheese Eggs
Soups Low-fat Southern
Medieval
Snacks Vegetarian
Snacks
Medieval Entree
Soup Regional

Fruits Snacks Check
Snacks
Snacks
Snacks
Soup
Candies Snacks
Medieval Entree
Medieval Ethnic Beef Entree
Casseroles Company
Info
Game Info
Newspaper Ethnic
Kids
Game Native Ethnic Sauces
Diabetic Snacks
Check Snacks Candies
Diabetic Rice Entree

Medieval Ethnic Breakfst

Kids Snacks
Candies Snacks
Chinese Sauces Marinades
Diabetic Snacks Fruits
Snacks
Spices Sauces Substitutes Lookalikes Chinese
Asian Barbecue
Baby
Baby
Check
Casseroles Maine
Italian Potatoes
Diabetic Entree
Diabetic Sandwiches
Breakfst Check Pork

Kids
Medieval
Snacks
Barbecue Game
Snacks Bbq
Baby
Asian Barbecue Marinades
Makemeat Beef Marinades
Makemeat Beef Marinades
Makemeat Beef Marinades
Ethnic Medieval Beef Entree
Ethnic Medieval Beef Entree
Sandwiches

Sheet1

Marinades Ethnic
Fruits Snacks Misc
Sandwiches
Game Marinades
Sandwiches
Master Mix Snacks
Baby
Diabetic Snacks
Check Kids
Marinades Sauces
Newspaper Entree Cheese
Breakfst Snacks
Kids
Check Kids
Snacks Kids
Sauces Marinades
Check Kids
Ethnic Medieval Entree
Medieval Ethnic Cheese
Newspaper Sauces
Southern
Medieval Entree
Diabetic Kids Cheese
Soup Check
Soup Southern
Ethnic Snacks Vegetarian
Kids Gifts
Kids Snacks
Medieval Soup
Check Kids
Diabetic Snacks Kids
Newspaper
Medieval Entree
Master Mix Lookalikes Check
Lookalikes Master Mix

Caribbean Soup Pork
Entree Kids European
Kids
Mexican
Snacks
Snacks

Marinades
Check Kids
Kids Snacks
Medieval Ethnic Check
Snacks Ethnic Vegan
Snacks

Snacks
Snacks
Kids Snacks
Kids Cheese Fruits Nuts
Snacks
Snacks
Snacks Kids
Snacks
Barbecue Entree Crockpot
Diabetic Soup Entree
Check
Casseroles
Newspaper Tex-mex
Ethnic Asian Soup Cheese
Low-cal Low-fat
Diabetic Soup Crockpot
Asian Ethnic
Entree
Cajun Regional Soup
Maine
Check Kids
Diabetic Entree
Misc Sandwiches Check
Soup Check European
Medieval Entree
Diabetic Entree
Check Crockpot
Check
Entree Regional
Maine
Southern
Check
Diabetic Soup
Ethnic
Kids
Kids
Sauces Condiments Lookalikes
Peppers Nuts Snacks
Cheese
Lookalikes
Snacks
Chocolate Snacks
Snacks
Kids Check
Vegetarian Entree Kids
Snacks
Lookalikes
Diabetic Snacks
Sauces Barbecue Marinades

Sheet1

Medieval Ethnic Soup
Lookalikes Master Mix
Canning Check Lookalikes

Snacks
Crafts
European Ethnic Entree
Diabetic Cheese Snacks Kids
Snacks
Medieval
Snacks
Master Mix Snacks
Regional Kids Gifts
Kids Holidays
Diabetic Kids Sandwiches
Snacks
Kids
Holidays Kids Check
Diabetic Entree
Snacks
Snacks Kids
Check Kids
Kids
Snacks Kids Holidays

Check

Crockpot Low-fat

Soup
Ethnic Snacks Vegetarian
Ethnic Snacks Vegetarian
Kids Snacks
Diabetic Snacks
Snacks Diabetic
Snacks
Check Soup
Entree Diabetic Rice Curries
Snacks Vegetarian
Sandwiches
Crafts
Snacks
Soup Lookalikes Check
Check Kids
Check Kids
Medieval
Ethnic Snacks Vegan Vegetarian
Check Kids
Snacks Regional

Mexican
Check Kids
Pork Snacks Check
Ethnic Soup
Kids Gifts
Kids
Kids
Gifts Kids
Sauces Marinades
Primitive Lookalikes Herbs
Chinese
Kids Gifts
Check Snacks
Check Kids
Crockpot
Snacks Kids
Crockpot Check
Diabetic Snacks Kids
Check Kids
Crafts
Kids Check
Snacks
Medieval
Snacks Holidays
Diabetic Cheese Sandwiches
Medieval Eggs
Bakery Breakfst Snacks
Snacks
Check Kids
Crafts/kids
Soup Entree Crockpot
Misc Kids
Sandwiches Check
Lookalikes Master Mix
Ethnic Medieval Entree
Sauces Substitutes Lookalikes

Kids Snacks
Spices Lookalikes Substitutes Master Mix
Check Kids
Ethnic Snacks Vegetarian
Ethnic Snacks Vegetarian
Candies Gifts Holidays Chocolate Lookalikes
Kids Snacks
Ethnic
Kids Snacks
Fruits Kids
Diabetic Sandwiches Kids
Kids Fruits Check

Sheet1

Diabetic Snacks Fruits
Medieval Holidays Sauces
Entree
Diabetic Soup
Ethnic Entree
Kids Holidays
Check Uk Medieval
Diabetic Sauces
Check Snacks
Soup
Game
Canning Lookalikes Check
Low-cal Soup
Check Kids
Medieval Entree
Barbecue Entree
Sandwiches
Newspaper Barbecue
Marinades
Newspaper Holidays
Sauces Marinades
Marinades
Sandwiches
Snacks Kids Low-fat
Kids Holidays
Ethnic Sandwiches
Entree Medieval
Check Kids
Kids
Misc Pork Cheese Kids
Kids
Entree
Newspaper Entree
Check Uk Medieval Herbs
Sauces Lookalikes Barbecue
Check Kids Info
Holidays Kids
Ethnic Sandwiches
Check Kids
Snacks
Sandwiches
Barbecue Smoker
Holidays
Entree Low-cal Barbecue
Snacks
Snacks
Snacks Regional
Sandwiches
Snacks

Entreees Rice
Entree Chinese
Gifts Kids
Check Kids
Marinades Barbecue
Master Mix Lookalikes
Herbs Spices Master Mix Lookalikes European
Check
Holidays Kids Check
Snacks
Kids Check
Kids Check
Ethnic Marinades Barbecue
Crafts/kids
Advert
Medieval Soup
Check Snacks
Ethnic Medieval Game Entree
Cookbook Scot/irish Medieval
Snacks
Diabetic Snacks
Kids
Marinades
Medieval Entree
Medieval Ethnic Soup
Marinades Sauces
Sauces Marinades
Diabetic Entree
Kids Holidays
Soup Ethnic
Check Kids
Sandwiches
Kids Snacks
Diabetic Snacks Kids
Snacks
Medieval
Master Mix
Soup Low-fat
Newspaper Fruits Snacks Low Fat
Low-fat Check Game
Crockpot Check Low-fat
Medieval Ethnic Entree
Check Kids
Crafts/kids
Soup Beef Check
Ethnic Medieval
Snacks
Entreees
Beef Marinades Entree

Beef Marinades
Entree Marinades
Medieval Ethnic Entree
Beef Sandwiches
Kids Snacks
Check
Mexican Master Mix Lookalikes
Snacks
Kids Misc
Kids Gifts
Candies Snacks Check
Crockpot Entree Low-fat
Snacks
Master Mix Lookalikes
Candies Chocolate Holidays Nuts Lookalikes
Kids Gifts
Crafts/kids
Kids
Soup
Herbs Snacks
Mexican Snacks
Baby

Snacks Breakfst
Kids Check
Check Kids
Snacks
Snacks Kids
Sandwiches Holidays Kids
Kids
Check
Chicken
Check Soup
Snacks
Newspaper Snacks
Newspaper Cheese Snacks
Newspaper Snacks
Ethnic Medieval Soup
Snacks Breakfst
Kids
Kids Snacks
Kids Holidays Fruits
Holidays Kids Check
Snacks
Snacks
Check Snacks

Ethnic Medieval
Diabetic Snacks

Sheet1

Snacks Southern
Ethnic
Check Kids
Fruits Kids
Snacks
Snacks
Snacks Kids
Snacks Southern
Baby
Check Kids

Gifts Snacks
Snacks
Snacks Check
Entree Medieval
Beef Marinades
Diabetic Kids
Barbecue Sauces Lookalikes
Check Snacks
Snacks Breakfst
Snacks
Kids
Kids
Medieval Ethnic
Soup
Ethnic Medieval Game Entree
Ethnic Snacks Vegetarian
Ethnic Snacks Vegetarian
Diabetic Snacks Cooky/bars Low-fat/cal
Diabetic Snacks
Diabetic Sauces Kids
Check European
Medieval Entree
Check
Entree Ethnic Nuts
Ethnic Snacks
Diabetic Entree Low-fat/cal
Kids Snacks
Check Kids
Check Kids
Fruits Snacks Misc
Spices Lookalikes Substitutes Master Mix
Kids Holidays
Ethnic Snacks Vegetarian
Check Kids
Diabetic Soup Entree Crockpot
Regional Entree Game
Check Kids
Snacks

Cookbook Scot/Irish Medieval
Snacks Check
Snacks
Snacks
Snacks
Snacks
Snacks
Gifts Candies Lookalikes
Snacks Kids
Game Barbecue
Snacks
Barbecue
Baby
Kids Snacks Holidays
Snacks Check
Kids
Ethnic Medieval
Kids Snacks
Snacks Diabetic
Vegetarian Snacks
Pork Barbecue Marinades
Asian Barbecue Marinades Game
Marinades Sauces
Check Sandwiches
Barbecue Sauces Marinades
Snacks Check
Snacks Diabetic Low-fat/cal
Entree Diabetic Low-fat/cal
Ethnic Snacks Vegetarian
Nuts Snacks
Check Kids
Entree Lookalikes
Entree Lookalikes
Check Kids

Ethnic
Casseroles
Diabetic Entree Soup
Check Kids
Beef Smoker Marinades
Snacks

Baby
Snacks
Sandwiches
Snacks
Check Kids
Kids Gifts
Snacks
Snacks

Sheet1

Ethnic Medieval Entree
Check Medieval Uk Soup
Check Uk Medieval Alcohol Herbs
Diabetic Entree
Kids
Sauces Marinades
Marinades
Check Kids
Ethnic Medieval Soup
Beef Sandwiches
Entree
Ethnic Medieval Beef Soup Entree

Chinese
Snacks Fruits
Diabetic Snacks Kids
Diabetic Fruits Snacks
Snacks
Crafts/kids

Snacks Check
Snacks
Diabetic Snacks

Sandwiches Beef
Marinades Sauces
Snacks
Snacks Peppers
Mexican Lookalikes
Kids
Snacks
Diabetic Entree
Entree Entree
Ethnic Medieval Bakery Entree
Entree Mexican Barbecue
Kids Snacks
Baby
Snacks Vegetarian
Mexican
Diabetic Snacks
Snacks Breakfst
Soup Ethnic
Sandwiches
Check

Kids Check Snacks
Diabetic Vegetarian Snacks
Holidays Kids
Check Kids

Check Kids
Kids
Check Kids
Snacks
Diabetic Kids Sandwiches
Info
Info
Info
Light
Check
Diabetic Low-fat/cal
Soup Diabetic Crockpot
Diabetic Cheese Low-fat/cal
Diabetic Low-fat/cal
Sauces
Diabetic Entree Soup Crockpot
Sandwiches

Snacks
Snacks Diabetic
Kids Check
Side Dishes Marinades
Check Kids
Master Mix Lookalikes
Pork Smoker Snacks
Soup Beef Southern
Crafts/kids
Kids Snacks
Snacks
Baby
Sandwiches
Marinades Barbecue Beef
Vegetable Chilli Mexican
Ethnic Medieval Soup
Sandwiches
Chinese
Check Lookalikes
Diabetic Snacks
Rice
Game Soup
Casseroles Rice
Diabetic Rice Nuts/grains
Misc Marinades Southern
Check Kids
Marinades Peppers
Dairy Kids
Asian Ethnic Entree
Diabetic Soup Cheese
Crs Makepasta

Side Dishes Check
Diabetic Side Dishes
Diabetic Side Dishes
Info Side Dishes Condiments
Side Dishes Southern
Diabetic Side Dishes
Entree Ethnic
Crs Makepasta
Entree Ethnic Sauces Vegetarian
Entree Low-cal
Magazine Scot/Irish Holidays
Diabetic Side Dishes Nuts
Pork Makemeat
Breakfst Makemeat
Crs Makepasta
Crs Makepasta Gwen
Crs Makepasta
Makemeat
Makemeat
Makemeat
Crs Makepasta
Makemeat
Makemeat Pork Ethnic Check
Entree
Crs Makepasta
Native Soup
Check Holidays Casseroles Side Dishes
Diabetic Side Dishes Fruits
Crs Makepasta
Side Dishes
Diabetic Side Dishes
Entree Regional
Diabetic Side Dishes Nuts
Diabetic Side Dishes Vegetarian
Diabetic Side Dishes
Diabetic Side Dishes
Entree Beef Jewish Holidays
Sauces Side Dishes
Diabetic Side Dishes
Side Dishes Casseroles Beef Southern
Side Dishes Ethnic
Check
Cheese
Side Dishes
Cheese Entree
Diabetic Vegetarian Side Dishes
Diabetic Side Dishes
Side Dishes Breakfst
Side Dishes Southern

Diabetic Side Dishes
Side Dishes
Side Dishes
Side Dishes
Makemeat
Makemeat
Crs Makepasta
Side Dishes
Diabetic Side Dishes Vegetarian
Crs Makepasta
Crs Makepasta
Crs Makepasta
Diabetic Side Dishes

Cheese Check
Sauces Vegan Herbs
Side Dishes
Diabetic Side Dishes

Side Dishes Beef Southern
Beef Makemeat
Beef Makemeat
Entree Chinese Jewish
Makemeat
Makemeat Game
Makemeat
Side Dishes Check
Side Dishes
Entree Ethnic Vegetarian
European Ethnic Side Dishes
Diabetic Side Dishes
Check Ethnic Side Dishes
Side Dishes
Makemeat
Side Dishes Peppers S.american
Makemeat
Makemeat
Makemeat
Makemeat
Check Mexican Sauces
European Ethnic Soup Side Dishes
Soup Ethnic Side Dishes
Entree Holidays
Side Dishes Check
Bakery Holidays
Diabetic Side Dishes
Side Dishes
Diabetic Holidays Vegetarian
Side Dishes Southern

Side Dishes Southern
Breakfst Makemeat Southern
Newspaper Holidays Cheese
Diabetic Side Dishes
Diabetic Side Dishes
Vegetarian Side Dishes
Diabetic Sauces Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes
Entree Vegan
Entree Vegan
Side Dishes
Diabetic Side Dishes
Diabetic Vegetarian Side Dishes
Diabetic Side Dishes
Diabetic Nuts Side Dishes
Crs Makepasta
Holidays
Entree Game Holidays Southern
Diabetic Nuts Side Dishes Fruits
Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes
Chinese Side Dishes
Crs Makepasta
Sauces Holidays Check
Check Entree Side Dishes Vegan
Diabetic Side Dishes Vegetarian
Crs Makepasta
Makemeat Pork Regional Smoker
Side Dishes Check
Side Dishes
Game Makemeat
Game Makemeat
Game Makemeat
Game Makemeat
Diabetic Side Dishes
Ethnic European Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes Fruits
Diabetic Side Dishes
Side Dishes Entree Casseroles
Diabetic Side Dishes
Entree Game Makemeat Pork
Side Dishes Southern
Diabetic Side Dishes
Diabetic Side Dishes
Side Dishes Check
Holidays Cheese Check

Diabetic Cheese Vegetarian
Cheese
Crockpot Side Dishes Cheese
Side Dishes
Newspaper Holidays
Side Dishes Southern Casseroles
Newspaper Holidays
Crs Makepasta
Sauces
Makemeat
Makemeat
Makemeat
Chinese Side Dishes

Chinese Side Dishes
Diabetic Side Dishes
Chinese Side Dishes
Side Dishes Ethnic
Sauces Vegan
Candies Holidays Gifts Nuts
Newspaper Holidays
Candies Chocolate Holidays
Newspaper Holidays Chocolate Candies
Entree Holidays Vegetarian
Holidays
Holidays
Newspaper Holidays
Holidays Scandinavia
Holidays Southern
Holidays
Holidays Gifts
Diabetic Side Dishes
Ethnic Side Dishes Vegetarian
Side Dishes
Candies Holidays Gifts
Diabetic Side Dishes

Diabetic Entree Side Dishes
Side Dishes Ethnic
Holidays
Side Dishes Check Peppers
Side Dishes
Side Dishes Casseroles
Crs Makepasta
Crs Makepasta
Diabetic Side Dishes
Entree Side Dishes Vegan
Check Side Dishes
Crs Makepasta

Southern
Crs Makepasta
Makemeat
Makemeat
Side Dishes Check
Diabetic Nuts Side Dishes Vegetarian Fruits
Cyberrealm Holidays
Entree Pork Southern Holidays Check
Fruits Check Holidays
Side Dishes Check
Newspaper Holidays Fruits Sauces
Side Dishes Relishes Southern
Ethnic Sauces
Side Dishes
Sauces

Vegetarian
Entree Makemeat Regional Southern
Makemeat
Side Dishes
Crockpot Side Dishes Vegetarian
Crockpot
Crockpot Side Dishes
Ethnic Side Dishes Vegetarian
Side Dishes
Side Dishes
Asian Ethnic Side Dishes
Check Side Dishes
Side Dishes Check
Side Dishes Check
Side Dishes Check
Crs Makepasta
Side Dishes Vegetarian
Vegetarian
Holidays
Sauces Holidays Fruits
Game Check Makemeat
Game Check Makemeat
Cheese Side Dishes
Diabetic Pies Cheese
Diabetic Side Dishes
Entree Vegan
Makemeat
L A Times Holidays
Side Dishes Check
Entree Game Holidays Southern
Chinese Check
Holidays
Chocolate Candies Holidays

Holidays
Soup Side Dishes
Diabetic Side Dishes
Check Holidays
Newspaper Holidays
Holidays
Holidays Southern
Side Dishes
Side Dishes
Diabetic Side Dishes
Vegetarian Side Dishes Ethnic
Side Dishes Ethnic
Side Dishes Check
Peppers
Check Side Dishes
Side Dishes
Crs Makepasta
Mexican Side Dishes
Diabetic Side Dishes Fruits
Entree Vegan
Ethnic
Ethnic
Cheese
Entree Side Dishes
Diabetic Side Dishes
European
Makemeat
Side Dishes Check
Info Holidays Gifts
Info Holidays Gifts
Newspaper Holidays
Side Dishes
Side Dishes Crockpot
Side Dishes
Makemeat
Side Dishes
Side Dishes Check
Newspaper Holidays
Makemeat
Side Dishes Check Southern
Makemeat
Diabetic Side Dishes
Soup

Side Dishes Ethnic
Side Dishes Ethnic
Side Dishes
Side Dishes Peppers Southern
Side Dishes

Entree Holidays Southern
Entree Vegan
European Entree
Entree European
Side Dishes Ethnic
Side Dishes European
Crs Makepasta
Diabetic Side Dishes
Side Dishes Vegetarian
Diabetic Side Dishes
Makemeat Pork
Makemeat
Dips Holidays
Side Dishes Check
Entree Vegan
Side Dishes Smoker
European Side Dishes
Makemeat
Diabetic Side Dishes
Check Side Dishes
Crs Makepasta Gwen
Check
Info Holidays
Holidays Info
Diabetic Vegetarian Side Dishes
Side Dishes Check
Side Dishes Southern
Check Side Dishes
Diabetic Side Dishes
Cheese European
Side Dishes Southern
Check Side Dishes
Diabetic Side Dishes
Side Dishes Neysa
Holidays Info

European Ethnic Soup Side Dishes
Magazine Holidays
Holidays Check
Side Dishes
Ethnic Side Dishes
Holidays Check Ethnic
Diabetic Side Dishes
Side Dishes Check Southern
Side Dishes Casseroles Southern
Side Dishes Garlic
Side Dishes Southern Check
European Soup Side Dishes Ethnic
Diabetic Side Dishes Side Dishes

Side Dishes Southern
Side Dishes
Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes
Regional
Side Dishes Barbecue
Side Dishes
Side Dishes Check
Diabetic Side Dishes
Jellies Side Dishes Ethnic
Side Dishes Check
Sauces Vegetarian
Side Dishes Check
Diabetic Vegetarian Side Dishes
Crs Makepasta
Newspaper Holidays
Check Side Dishes
Side Dishes
Side Dishes Southern
Entree Regional Holidays Herbs
Entree Regional Holidays Herbs
Side Dishes
Side Dishes Cheese Ethnic
Newspaper Holidays Alcohol
Holidays Check
Diabetic Side Dishes
Newspaper Holidays Alcohol
Makemeat Beef
Beef Makemeat
Makemeat Breakfst
Diabetic Side Dishes
Makemeat Mexican
Newspaper Holidays
Side Dishes
Side Dishes
Side Dishes Check
Sauces Relishes Holidays
Holidays Check
Entree European
Entree Vegan

Info Holidays
Diabetic Vegetarian Side Dishes
Side Dishes Native
Check Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes Vegetarian

Diabetic Side Dishes Cheese
Diabetic Side Dishes
Side Dishes
Diabetic Side Dishes
Check Side Dishes
Ethnic European
Ethnic Sauces Pork
Makemeat
Check
Diabetic Fruits Side Dishes
Chinese Side Dishes
Newspaper Holidays
Crs Makepasta
Holidays Alcohol Fruits
Pork Preserves British
Sauces
Beef Makemeat
Soup Side Dishes
Newspaper Holidays
Side Dishes
Holidays
Check Makemeat
Ethnic Soup European Side Dishes
Newspaper Holidays
Diabetic Fruits Side Dishes
Archives Of Side Dishes Traditional
Asian Holidays Ethnic
Side Dishes
Makemeat
Newspaper Holidays
Side Dishes Vegetarian
Side Dishes Check Ethnic
Holidays Ethnic
Holidays Ethnic
European Ethnic Soup Side Dishes
Soup
Makemeat
Makemeat
Diabetic Side Dishes
Diabetic Side Dishes
Crs Makepasta
Crs Makepasta
Side Dishes
Diabetic Side Dishes Vegetarian
Side Dishes
Sauces Vegan
Diabetic Side Dishes

Side Dishes Check

Side Dishes Casseroles Check
Entree Makemeat Southern
Entree
European Entree

Entree Vegetarian
Holidays
Makemeat
Sauces Check
Side Dishes
Check Side Dishes
Diabetic
Side Dishes Southern
Sauces Cheese
Newspaper Holidays Pies
Makemeat
Entree Vegan
Entree
Cheese
Entree Pork Holidays
Asian Ethnic Soup Fruits Side Dishes
Candies Holidays Asian Ethnic
Side Dishes Native
Beef Cheese
Side Dishes
Diabetic Side Dishes Fruits
Side Dishes
Diabetic Side Dishes
Side Dishes
Diabetic Vegetarian Side Dishes
Entree Side Dishes Diet Check
Side Dishes
Side Dishes Ethnic
Diabetic Side Dishes
Diabetic Side Dishes Cheese
Holidays European Ethnic
Ethnic Entree
Entree Check Side Dishes
Check Side Dishes
Side Dishes Native
Side Dishes Mexican Crockpot
Ethnic Side Dishes
Mexican Pork Makemeat
Diabetic Entree Crockpot
Crs Makepasta
Beef Regional Mexican
Advert Side Dishes
Side Dishes Casseroles
Makemeat

Ethnic European Soup Side Dishes
Crs Makepasta
Soup Side Dishes
Crs Makepasta
Newspaper Holidays Chocolate Candies
Ethnic Soup Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes Vegetarian
Newspaper Holidays
Holidays Master Mix
Ethnic Entree
Check Side Dishes
Holidays Nuts
Side Dishes
Sauces Ethnic Holidays
Newspaper Alcohol Holidays
Newspaper Holidays
Crs Makepasta
Newspaper Holidays

Side Dishes Casseroles Check
Diabetic Side Dishes Vegetarian
Diabetic Side Dishes
Side Dishes Check
Makemeat Dehydrator
Holidays
Side Dishes
Soup Game Check
Diabetic Fruits Side Dishes
Entree European
Side Dishes Check
Holidays Check
Fruits Holidays
Entree Pork
Newspaper Holidays
Newspaper Holidays
Diabetic
Makemeat
Diabetic Side Dishes
Crs Makepasta
Crs Makepasta
Newspaper Holidays
Side Dishes Ethnic
Casseroles Entree Dairy Check
Side Dishes Holidays American

Side Dishes
Entree European

Makemeat
Side Dishes
Side Dishes
Diabetic Fruits Side Dishes
Check Side Dishes Casseroles
Diabetic
Side Dishes Barbecue
Side Dishes
Side Dishes Check
Side Dishes
Soup Side Dishes
Side Dishes
Entree Pork
Side Dishes
Entree Filipino
Side Dishes
Crs Makepasta

Diabetic Side Dishes
Fruits Sauces
Soup European Side Dishes
Check Sauces Fruits
Check Side Dishes
Side Dishes Check
Beef Pies
Entree European
Entree
Diabetic Cheese
Ethnic
Check
Entree Ethnic
Entree European

Nuts Diabetic Holidays Vegetarian
Check Holidays Southern Side Dishes
Candies Holidays Gifts
Candies Holidays Nuts

Ethnic
Pork
Entree
Penn Dutch Side Dishes
Crs Makepasta
Side Dishes
Diabetic Side Dishes Vegetarian
Diabetic Side Dishes Cheese
Ethnic Cheese

Entree Ethnic
Entree Ethnic Vegetarian
Side Dishes Relishes Fruits
Preserves Side Dishes Pickles
Diabetic Side Dishes
Side Dishes Ethnic
Diabetic Side Dishes
Abm European
Sauces
European Holidays Soup Ethnic
Diabetic Side Dishes
Side Dishes Ethnic Fruits
Fruits Chinese Side Dishes
Side Dishes Check
Asian Ethnic Soup Side Dishes
Side Dishes
Makemeat
Ethnic
Crs Makepasta
Pork Holidays Neysa
Chinese Side Dishes
Side Dishes
Makemeat
Diabetic Side Dishes
Side Dishes
Side Dishes
Pork
Side Dishes Ethnic
Side Dishes Ethnic
Croatian Holidays
Makemeat
Side Dishes
Diabetic Side Dishes
Side Dishes
Check Side Dishes
Fruits Side Dishes Ethnic
Side Dishes Ethnic
Beef Casseroles Check

Crs Makepasta
Vegetarian Entree Side Dishes Check
Makemeat
Diabetic Side Dishes Vegetarian
Diabetic Side Dishes Vegetarian
Diabetic Fruits Side Dishes
Diabetic Nuts/grains Vegetarian Side Dishes
Diabetic Nuts Side Dishes Fruits
Side Dishes
Holidays Fruits

Side Dishes
Diabetic Side Dishes Fruits
Side Dishes Check
Crs Makepasta
Mexican Side Dishes
Diabetic Vegetarian Entree
Crs Makepasta
Crs Makepasta
Entree Side Dishes Vegetarian Low-fat
Holidays
Cheese European
Entree
Newspaper Italian Sauces
Beef
European Pork
Entree Game Holidays Southern
Entree Holidays Game Southern
Entree Holidays
Diabetic Side Dishes Vegetarian
Side Dishes Check Garlic Info
Side Dishes
Ethnic
Check Side Dishes
Side Dishes Check
Side Dishes Pitts
Barbecue Side Dishes
Diabetic Side Dishes Vegetarian
Diabetic Side Dishes
Diabetic Side Dishes
Side Dishes Check Dairy Sauces
Newspaper Holidays
Holidays Sauces
Asian Ethnic Side Dishes
Asian Ethnic Soup Side Dishes European
Diabetic Side Dishes
Crs Makepasta
Holidays German Cunningham
Holidays
Side Dishes
Side Dishes Peppers Check
Preserving Canning
Asian Ethnic Eggs Side Dishes
Ethnic Holidays Southern
Low-cal Low-choI Entree
Entree Casseroles
Side Dishes Entree Sauces
Gifts Holidays Info
Side Dishes Check
European Sauces

Sauces Cheese
Side Dishes
Beef Entree
Side Dishes Favorites
Makemeat
Holidays Check Low-fat
Makemeat
Side Dishes
Side Dishes
Diabetic Side Dishes
Newspaper Holidays
Side Dishes Ethnic Vegan
Side Dishes
Side Dishes
Entree Side Dishes Breakfst Regional Pork
Entree Side Dishes Regional Pork
Entree Side Dishes Regional Pork
Entree Side Dishes Breakfst Regional
Entree Side Dishes Breakfst Regional Pork
Entree Side Dishes Breakfst Regional Pork
Diabetic Side Dishes Vegetarian
Diabetic Vegetarian Side Dishes
Diabetic Side Dishes Entree
Diabetic Side Dishes
Crs Makepasta
Advert Side Dishes
European Entree
Side Dishes
Side Dishes
Diabetic Side Dishes
Side Dishes Soup Southern
Regional
Chinese Sauces
Ethnic
Low-fat Check
Makemeat
Newspaper Holidays
Preserves Pork
Newspaper Holidays
Diabetic Side Dishes
Diabetic Vegetarian Side Dishes
Side Dishes Check
Diabetic Side Dishes
Diabetic Side Dishes
Makemeat
Crs Makepasta
Side Dishes Southern
Side Dishes
Side Dishes Check Southern

Crs Makepasta
Side Dishes
Makemeat Chinese
Crs Makepasta
European Ethnic Side Dishes
Ethnic
Entree Vegan
Diabetic Side Dishes
Diabetic Side Dishes
Entree Vegan
Entree Crockpot
Entree Vegan
European Entree
Side Dishes
Side Dishes
Makemeat
Side Dishes Entree Chinese Jewish
Check Holidays
Diabetic Side Dishes
Holidays
Side Dishes Check
Diabetic Side Dishes Fruits
Diabetic Side Dishes
Entree Side Dishes Vegan
Diabetic Side Dishes
Entree Sauces Vegan Low-fat
Crs Makepasta
Makemeat
Vegetarian Side Dishes
Crs Makepasta
Crs Makepasta
Side Dishes
Side Dishes
Entree Vegan Miso
Diabetic Side Dishes
Diabetic Side Dishes
Entree Vegan Miso
Low-fat Check
Check Side Dishes Southern
Makemeat
Diabetic Side Dishes Vegetarian
Magazine Vegetarian Holidays
Fruits Side Dishes
Side Dishes Ethnic
Side Dishes Ethnic
Asian Ethnic Side Dishes
Holidays
Holidays
Entree Holidays

Entree Low-fat Cheese
Side Dishes
Side Dishes
Ethnic European Side Dishes
Pork Entree Holidays

Vegetarian Side Dishes
Diabetic Holidays
Diabetic Side Dishes
Entree Ethnic
Entree Vegetarian
Sauces
Newspaper Side Dishes
Side Dishes Casseroles
Vegetarian Side Dishes Cheese
Side Dishes Check
Diabetic Side Dishes
Diabetic Side Dishes
Holidays
Cheese
Newspaper Holidays
Side Dishes
Diabetic Vegetarian Side Dishes
Side Dishes Ethnic
European Pork
Beef

Entree Side Dishes Vegan
Newspaper Holidays
Side Dishes Ethnic Bakery
Crs Makepasta
Makemeat Game
Diabetic Side Dishes
Diabetic Side Dishes
Newspaper Holidays
Holidays Alcohol Fruits
Soup Check Low-fat
Side Dishes
Diabetic Side Dishes
Ethnic Vegetarian
Crs Makepasta
Crs Makepasta
Side Dishes
Penndutch Makemeat Preserving Beef
Penndutch Preserving Makemeat Beef
Side Dishes Ethnic
Regional Makemeat
Penndutch Preserving Makemeat
Side Dishes

Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes
Diabetic Side Dishes
Side Dishes Check
Garlic
Side Dishes Casseroles Southern

Newspaper Holidays
Soup Oriental
Holidays
Holidays Alcohol
Crs Makepasta
Crs Makepasta
Diabetic Nuts Side Dishes Vegetarian
Makemeat
Southern
Info Holidays
Soup Ethnic Side Dishes
European Ethnic Side Dishes
European Ethnic Side Dishes
European Holidays Info
European Holidays Info
European Holidays Info
European Holidays Info
Side Dishes Ethnic Nuts
Diabetic Vegetarian Side Dishes
Ethnic Holidays
Makemeat
Ethnic
Holidays Vegan
Side Dishes Vegan Check
Side Dishes Check
Side Dishes Check
Diabetic Vegetarian Nuts Side Dishes
Holidays Vegetarian
European Vegetarian
Game Makemeat
Holidays
Check Side Dishes
Makemeat
European Ethnic Soup Side Dishes
Holidays Asian Ethnic European
Diabetic Nuts Side Dishes
Check Holidays Alcohol
Newspaper Holidays

Makemeat
Crs Makepasta

Sheet1

Side Dishes Entree
Diabetic Side Dishes
Makemeat
Newspaper Holidays
Side Dishes Check
Entree Vegetarian Holidays
Native Ethnic Vegetarian Side Dishes
Side Dishes Check
Holidays Family
Makemeat Check Game Ethnic
Crs Makepasta
Holidays Candies
Entree Ethnic
Side Dishes
Side Dishes Check
Entree European
Holidays
Side Dishes

Sheet1

ORIGIN,C,60	SEFCALCPR	(FAT,N	CARB	FIBER	CHOL	IRON	SODIUM	CALCIUM	MINU	
ABBY MANDEL	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	25	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Gloria Martin	3	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
June Hoffman, 5/8/93	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Barb Day	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	5	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Judy Garnett	3	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Randy Shearer	36	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	12
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Bruce Cost	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Mark Satterly	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Stephen Ceideburg	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Sallie Austin	3	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Jim Vorheis	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Joanne Ferry	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Pat Stockett	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Bob Springer	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Debbie Applebury	5	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	24	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Stephen Ceideberg	18	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Mrs. William Stevens	16	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1

Sheet1

	2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Shari Dawson	30	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Terrie	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Brigitte Sealing	40	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Karen Mintzias	30	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Margo H. Tyler	24	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	54	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Peter Kump	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Randy Shearer	48	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	5	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	48	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	15	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	16	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	36	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Anne MacLellan	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Theresa Merklng	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	32	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	48	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Casstown Lostcreek Grange	2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	36	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Helen Trimble	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Jim Bodle	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Liz Parkinson	96	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Jean Hores	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Jim Vorheis	2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1

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G. Schaeffer	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Jim Vorheis	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	25	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Mrs. Leslie M. Smith	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	36	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Mrs. R. O. Denney	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Karen Mintzias	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	48	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	30	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	40	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Anne MacLellan	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	18	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	24	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
Eric Chudler		-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	10	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	6	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	20	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
	12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1

Sheet1

8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
3	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
20	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
35	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
1	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
36	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
12	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
8	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
2	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1
4	-1	-1	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1.00	-1

NOTES,M	SAT,N	POLY,	MONOTEMF	SUBDIR,C,3
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 mea
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	0 coo
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 sou
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 sea
	-1.00	-1.00	-1.00	0 pou
	-1.00	-1.00	-1.00	0 pou
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 app
	-1.00	-1.00	-1.00	0 des
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	0 app
	-1.00	-1.00	-1.00	0 sou
	-1.00	-1.00	-1.00	0 sou
	-1.00	-1.00	-1.00	0 pou
	-1.00	-1.00	-1.00	0 coo
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 coo
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 pou
	-1.00	-1.00	-1.00	0 sou
	-1.00	-1.00	-1.00	0 des
	-1.00	-1.00	-1.00	0 sou
	-1.00	-1.00	-1.00	bev
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 sou
	-1.00	-1.00	-1.00	0 sou
	-1.00	-1.00	-1.00	0 mea
	-1.00	-1.00	-1.00	0 des
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 sea
	-1.00	-1.00	-1.00	sau
	-1.00	-1.00	-1.00	0 mea
	-1.00	-1.00	-1.00	sea
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 veg
	-1.00	-1.00	-1.00	bre
	-1.00	-1.00	-1.00	0 coo

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	veg

Sheet1

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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea

Sheet1

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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app

Sheet1

-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sau
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 bev
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 kid
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 cas

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 bev
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cas

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 cak
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo

Sheet1

-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo

Sheet1

-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou

Sheet1

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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea

Sheet1

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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea

Sheet1

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-1.00	-1.00	-1.00	0 des
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Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 cak

Sheet1

-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sou

Sheet1

-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che

Sheet1

-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 pou

Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 coo
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Sheet1

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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che

Sheet1

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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che

Sheet1

-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
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Sheet1

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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev

Sheet1

-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che

Sheet1

-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pas
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-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
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Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea

Sheet1

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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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Sheet1

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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sau
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 mea

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 cak
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo

Sheet1

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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
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Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 mea

Sheet1

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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che

Sheet1

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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	bev

Sheet1

-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cas
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 cas
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 kid
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 kid
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app

Sheet1

-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	sau

Sheet1

-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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Sheet1

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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo

Sheet1

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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 cak
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Sheet1

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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 cas
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pas
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 coo

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 cas
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pas
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sau
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou

Sheet1

-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou

Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sal

Sheet1

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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sau

Sheet1

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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea

Sheet1

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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea

Sheet1

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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea

Sheet1

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Sheet1

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Sheet1

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-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
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Sheet1

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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	pou

Sheet1

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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pas

Sheet1

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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des

Sheet1

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Sheet1

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Sheet1

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Sheet1

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-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che

Sheet1

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-1.00	-1.00	-1.00	0 cak
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Sheet1

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-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bev

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app

Sheet1

-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 kid
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 kid
-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou

Sheet1

-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 cak
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app

Sheet1

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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che

Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 cas
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou

Sheet1

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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 cas

Sheet1

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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 pas
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg

Sheet1

-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou

Sheet1

-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	0 cas
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea

Sheet1

-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 pou

Sheet1

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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des

Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg

Sheet1

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-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea

Sheet1

-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 coo
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des

Sheet1

-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sea
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
-1.00	-1.00	-1.00	0 sal
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 sou
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-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 app
-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 che

Sheet1

-1.00	-1.00	-1.00	0 pou
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	0 app
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-1.00	-1.00	-1.00	0 kid
-1.00	-1.00	-1.00	0 des
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 mea
-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 cas
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-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
-1.00	-1.00	-1.00	0 sou
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Sheet1

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Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 sea
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-1.00	-1.00	-1.00	0 coo
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-1.00	-1.00	-1.00	0 des
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Sheet1

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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 veg
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-1.00	-1.00	-1.00	0 des
-1.00	-1.00	-1.00	0 veg
-1.00	-1.00	-1.00	0 che
-1.00	-1.00	-1.00	0 coo
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Sheet1

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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou
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Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
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Sheet1

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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	che

Sheet1

-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sea

Sheet1

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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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Sheet1

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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app

Sheet1

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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
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Sheet1

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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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Sheet1

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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
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Sheet1

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Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou

Sheet1

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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sea

Sheet1

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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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Sheet1

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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	veg

Sheet1

-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg

Sheet1

-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
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Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou

Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou

Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	che

Sheet1

-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	che

Sheet1

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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pou
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Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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Sheet1

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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sau

Sheet1

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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sou
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Sheet1

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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou

Sheet1

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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg

Sheet1

-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou

Sheet1

-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	kid

Sheet1

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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	cas
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg

Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak

Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app

Sheet1

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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre

Sheet1

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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak

Sheet1

-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pas

Sheet1

-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	cas
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sea
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Sheet1

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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	cak

Sheet1

-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou

Sheet1

-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou

Sheet1

-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che

Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg

Sheet1

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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sou

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak

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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
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Sheet1

-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
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Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	cas
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bev

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	cas
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pas

Sheet1

-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	bev
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou

Sheet1

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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
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Sheet1

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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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Sheet1

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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre

Sheet1

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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg

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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cas
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau

Sheet1

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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
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Sheet1

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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	bre

Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	app
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Sheet1

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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg

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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
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Sheet1

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-1.00	-1.00	-1.00	des

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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	mea

Sheet1

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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	app
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Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	mea
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Sheet1

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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg

Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg

Sheet1

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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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Sheet1

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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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Sheet1

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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sea

Sheet1

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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sea

Sheet1

-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal

Sheet1

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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas

Sheet1

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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app

Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau

Sheet1

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-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pas

Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	cas
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pas

Sheet1

-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	bre

Sheet1

-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal

Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	che

Sheet1

-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou

Sheet1

-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	app

Sheet1

-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	pou

Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg

Sheet1

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-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau

Sheet1

-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid

Sheet1

-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sea
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app

Sheet1

-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea

Sheet1

-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	app

Sheet1

-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	veg

Sheet1

-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app

Sheet1

-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid

Sheet1

-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	kid
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas

Sheet1

-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
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Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cas
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	cas
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	che

Sheet1

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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	app
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas

Sheet1

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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	che
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-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	bre
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Sheet1

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-1.00	-1.00	-1.00	sou
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Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	sou
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	app
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Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des

Sheet1

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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	che
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	cak
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-1.00	-1.00	-1.00	des
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	des
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-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	pou
-1.00	-1.00	-1.00	pou
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	sau
-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	sou
-1.00	-1.00	-1.00	app
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	sau
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-1.00	-1.00	-1.00	sal
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	bre
-1.00	-1.00	-1.00	pas

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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	bev
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	veg
-1.00	-1.00	-1.00	bre
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-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	mea
-1.00	-1.00	-1.00	mea
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-1.00	-1.00	-1.00	pas
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-1.00	-1.00	-1.00	sal
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-1.00	-1.00	-1.00	cak
-1.00	-1.00	-1.00	veg
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-1.00	-1.00	-1.00	pas

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-1.00	-1.00	-1.00	sal