

Sheet1

RNLNAME,C,40	KING,C,30
1 RED VELVET CAKE	cocoa/buttermilk/flour/sugar
2 SOUR CREAM AND DILL NEW POTATO SALAD	potatoes/sour cream/seasoning
3 RAHMSCHNITZEL (VEAL ESCALOPES W/CREAM)	veal/wine/mushrooms/cream
4 CLARK OVER NIVEN CAKE	apple/walnuts/flour/sugar/eggs
5 CREAM OF PEANUT BUTTER SOUP	peanut butter/cream/stock
6 CREAMY GARLIC GUACAMOLE	avocados/sour cream/garlic
7 FLAN	eggs/orange/milk/sugar
8 GREEN TOMATO PIE	tomatoes/sugar/flour/pastry
9 BALSAMIC-BROILED SALMON WITH MINT	salmon/mint/vinegar/oil
10 POACHED SALMON WITH SORREL AND MINT	salmon/wine/spices
11 MINT SORREL SAUCE	margarine/onion/mint/sorrel
12 FOOD POISONING (INFORMATION)	none
13 PHILLY CHEESESTEAK HOAGIE	minute steak/cheese/bread
14 CHEDDAR BREAD PUDDING	bread/cheese/eggs/milk
15 SOUR CREAM PANCAKES	sour cream/flour/egg/milk
16 CHIPPED BEEF	beef/flour/butter/milk
17 RED BEAN SOUP	red beans/beef bones/tomatoes
18 VEAL A L'ORANGE REINA	veal/citrus/stock/mushrooms
19 GUACAMOLE	avocados/lemon/spices
20 CHERRY COKE SALAD	cherries/pineapple/cheese
21 PICO DE GALLO	tomatoes/jalapeno/onion/spices
22 TEXAS SLAW	cabbage/onion/sugar/vinegar
23 RED VELVET CAKE	cocoa/eggs/buttermilk/vinegar
24 RED VELVET CAKE ICING	butter/milk/sugar/flour
25 PHILLY STEAK HOAGIE	beef/bread/provolone
26 WATERMELON RIND PICKLES	watermelon rind/ginger/vinegar
27 CRUNCHY ONION CORN MUFFINS	corn muffin mix/onion rings
28 VIDALIA ONION BISCUITS	onion/flour/milk/margarine
29 SWEET ONION APPETIZERS	onion/baking mix/cheese/eggs
30 CREAMY ONION DIP	onion/cream cheese/ketchup
31 VIDALIA SWEET ONION JELLY	onion/lemon/certo/sugar
32 VIDALIA ONION DIP	onion/cheese/mayo
33 SAGANAKI	cheese/flour/milk/egg/oil
34 PHILADELPHIA STEAK SANDWICH	italian bread/beef/provolone
35 RAGOUT DE VEAU (VEAL STEW)	veal/potatoes/stock/tomato
36 CHINESE STYLE PAELLA	chicken/sea food/rice/sausage
37 FRESH PESTO PASTA	basil/pine nuts/pasta/garlic
38 QUINOA MUSTARD VINAIGRETTE SALAD	quinoa/carrots/onions/pepper
39 AVOCADO SUSHI	nori/avocado/rice/wasabi
40 CHIPPED BEEF	beef/flour/milk/cream/butter
41 CAJUN WHITE BEAN SOUP	tasso/ham/beans/onions/pepper
42 JOE CAHN'S CATALOGUE	none
43 CORNISH GAME HENS	hens/sour cream/mushrooms
44 ROCK CORNISH GAME HENS W/WINE SAUCE	cornish hens/wine/jelly
45 RED BEAN SOUP	beans/ham/sherry/spices
46 CORNISH HENS STUFFED WITH WILD RICE	cornish hens/wild rice/stock
47 BEAN SOUP VENETO STYLE	pinto beans/stock/pork/cheese
48 CHIPPED BEEF	butter/flour/meat/milk

Sheet1

49 LULIE'S WATERMELON RIND PICKLES
50 WATERMELON PICKLES

watermelon/alum/sugar/vinegar
watermelon/lime/vinegar/sugar

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