

Sheet1

RNLNAME,C,40	KING,C,30
1 SOPHIA LOREN'S FAVORITE SALAD	onion/tomato/mozzarella/oil
2 METRIC CONVERSIONS	none (chart)
3 GRILLED EGGPLANT	eggplant/oil/garlic
4 SHREVEPORT PIE	sugar/egg/cream/butter
5 RICE CUSTARD	rice/sugar/raisins/eggs
6 SHARK FILLETS	shark/cornmeal/oil
7 THE SAUSAGE MAKER (ADDRESS & INFO)	none
8 GREEN BEANS	green beans/bacon/dill/garlic
9 BUCHE DE NOEL	flour/cocoa/egg/sugar
10 MUSHROOM MERINGUES	egg/chocolate/sugar
11 MIX 'N' MATCH MEATBALLS	meat/stock/dairy/starch
12 STIR-UP-A-STEW	meat/stock/vegetables
13 CREATE-A-CASSEROLE	tomato/meat/pasta/cheese
14 WHOLE WHEAT MIX FOR PANCAKES OR WAFFLE	flour/sugar/cinnamon
15 BREAKFAST PIZZA	sausage/cheese/potato/rolls
16 CHEDDAR HERB BREAD	flour/sugar/cheese/spice
17 BUTTERMILK APPLE SPICE BREAD	flour/sugar/oats/apple/milk
18 METRIC CONVERSION CHART	none
19 MICROWAVE POTATOES (HOW?)	potatoes
20 GRASSHOPPER PIE OR MINI PIES	cookie/milk/cream/liqueur
21 FRESH TROUT W/BACON	trout/cornmeal/bacon
22 HOT BAR B QUE SAUCE	bbq sauce/lemon/mustard
23 NEW ORLEANS BORDELAISE SAUCE	butter/garlic/olive oil
24 SAUTEED CHICKEN BREAST MEUNIERE	chicken/meuniere sauce
25 NEW ORLEANS MEUNIERE SAUCE	parsley/worchestershire
26 MOCK CAESAR DRESSING	egg/garlic/lemon/vinegar
27 OYSTERS BORDELAISE ON PASTA	oysters/butter/pasta
28 AUNT LURA'S OATMEAL COOKIES	shortening/flour/oats/raisins
29 ALBERTA VEGETABLE PIE	crust/onion/cauliflower
30 SAVORY PIE CRUST	croutons/margarine
31 TOMATO SOUP	tomato/carrot/stock/leek
32 KONAFA WITH ISHTA	dough/butter/sugar
33 QUICK BORSCHT	beets/lemon/potato
34 CREAM OF CAULIFLOWER & GINGER SOUP	cauliflower/onion/ginger
35 HAMBURGER STROGANOFF	beef/onion/cream/noodles
36 YORKSHIRE PUDDING	flour/milk/egg/drippings
37 1, 2, 3 CHICKEN	chicken/cranberry/onion
38 CROCKPOT PORK & BEAN CASSEROLE	beans/carrots/hocks/tomato
39 ULTRA DEEP DARK CHOCOLATE ICE CREAM	egg/sugar/cream/cocoa
40 MOSCOW-STYLE BORSCHT	beets/vinegar/tomato/stock
41 UKRAINIAN-STYLE BORSCHT	beets/tomato/vinegar/stock
42 VEAL MARSALA WITH PROVOLONE	veal/mushroom/wine/cheese
43 CORN DOGS	hotdogs/sugar/cornmeal/oil
44 CRISPY CORN DOGS	hotdogs/sugar/cornmeal/oil
45 LAMB PATTIES W/VEGETABLES PROVENCAL	lamb/egg/zucchini/tomato
46 BAKED CHICKEN-SPRING VEGETABLE DINNER	chicken/carrots/squash/peas
47 CATCH OF THE DAY DINNER	fish/tomato/zucchini/mushrooms
48 HOLY GUACAMOLE	avocado/sour cream/onion

Sheet1

49 MRS. BEETON'S APPLE FRITTERS  
50 BROCCOLI-CAULIFLOWER VINAIGRETTE

apple/flour/egg/milk/lard  
broccoli/cauliflower/onion

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Natl Cooking Echo 24 Jul 90  
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