MENLINE.C.75 0 microGourmet Introduction 0 0 Welcome to microGourmet. When you start this program the initial 0 identification menu is displayed followed by the main menu. The body of the main menu looks like this (condensed): 0 0 0 microGourmet $\|$ 0 Main Menu 0 0 1) End This Session 5) Perform Data Base Maintenance 6) Perform Utility Functions 0 2) Display Help Text 7) Print Recipes 0 3) Search for Recipes 0 8) Make a System Backup 4) Prepare Shopping List 0 0 0 At the top of the screen, the date is shown on the left. The time is 0 shown on the right. Immediately below the last line of the menu is the prompt line. 0 0 0 0 0 0 The bottom line indicates the system options which may be changed any 0 time a menu screen is displayed. The function keys control operation 0 of these options. All of these options act as toggles; that is, 0 repeated pressing of the function key changes the option between one of two possibilities. The function keys act as follows: 0 0 Function Key Meaning 0 0 F7 If 'Y', play music while searching recipes. If 'N', do not play music. 0 0 F8 If 'Y', allow recipes to be added to shopping list. 0 0 If 'N', no shopping list may be created. 0 F9 If 'D', display recipes found on the screen. 0 0 If 'P', send recipes found to the printer. 0 F10 0 If 'C', assume continuous form paper used in printer. 0 If 'S', assume single sheets of paper used in printer. 0 0 0 0

0 If you select main menu item one (End This Session), you will be asked
0 whether your are sure you want to terminate this session. If so, and
0 if both the sound option is on and you are using a color monitor, then
0 a short tune will be played while a color graphics images is created.
0 After the music has played, press any key to terminate the program.

0

Selecting main menu item two (Display Help Text) allows you to display
help (you are looking at it now). After you select item 2, you will be
asked which menu selection you want help with. Just enter the number
corresponding to the menu option you're confused about, and appropriate
help will be displayed.

0

0 While you are displaying help, at the bottom of the screen you will see that you may press N for the next help screen, P for the previous help screen, or Q to end the help display. You may also press the return key instead of N for the next screen. You may scroll through the help text, forwards and backwards, as long as you like, or press Q at any time to stop.

0

0

0 The following presents a condensed version of the other menus.

0

0 Main menu item three (Search for Recipes) displays the following menu:

	Gourmet Search Menu		
1) Return to Previous N 2) Display Help Text 3) Category	Menu 4) Categor 5) Category and 6) Category and	 ne	

0 0

0 0 0

0 Main menu item four (Prepare Shopping List) shows you the following:

	Sheet1
0 0 0	microGourmet Shopping List Menu
0 0 0	1) Return to Previous Menu 4) Print Shopping List 2) Display Help Text 5) Delete Shopping List 3) Display Shopping List 6) Consolidate Shopping List
0	
0 0 0	
0 0 0	
	Main menu item five (Perform Data Base Maintenance) will display the following menu:
0	lonowing menu.
0 0 0	microGourmet Recipe Data Base Maintenance Menu
0 0 0 0 0	1) Return to Previous Menu 5) Delete Recipes
0	If you select item four from the above menu then the following appears:
0 0 0	microGourmet Change/Editing Menu
0	1) Return to Previous Menu 4) Add Ingredients
0	
-	Main menu item six (Perform Utility Functions) shows:
0	microGourmet Utilities Menu

0	ΙL	
0		1) Return to Previous Menu 4) Perform DOS Functions
0	I	2) Display Help Text 5) Change Screen Colors
0	I	3) Re-install microGourmet 6) Print Menus and Help Text
0		b) The install microsodimet b) Thirt wichts and help text
0		
0		
0		
0		
0		
0		
0		
0		
0		
0		
0		
0		Main menu item seven (Print Recipes) will bring up the following
0	n	menu:
0		
0		microGourmet
0		Recipe Print Menu
0	II I	Necipe i fint Wend
0	╢	1) Return to Previous Menu 4) Print Several Recipes
0	i	2) Display Help Text 5) Print All Recipes in a Category
0	ij	3) Print One Recipe 6) Print All Recipes by Category
0	Ü	
0		
0		
0		
0		
0		
0		
0		
0		
0		
0		
0		
0		
0	N	Main menu item eight (Make a Systems Backup) will show you the
		ollowing menu:
0		
0	F	
0	ij	microGourmet
0	ij	System Backup Menu "
0	ji	<u> </u>
0		1) Return to Previous Menu 3) Backup Recipe Files
0		2) Display Help Text 4) Backup All microGourmet Files

0 0 1 Help with Ending this Session 1 1 If you select main menu item one (End This Session), you will be asked 1 whether your are sure you want to terminate this session. If so, and 1 if both the sound option is on and you are using a color monitor, then 1 a short tune will be played while a color graphics images is created. After the music has played, press any key to terminate the program. 1 1 2 Help with Displaying Help Text 2 2 If you have gotten this far you know something about how to find help 2 with any function in the system. In general, this is the procedure: 2 2 When you see any system menu, the second item is always for help. If 2 you select help, the next prompt, at the bottom of the screen, will 2 ask you which item on the menu you need help with. Just enter the 2 number corresponding to function you are confused about, and a description of its operation will appear on the screen. 2 2 After you finish reading the instructions, the menu will be displayed again, allowing you to choose an option, or ask for help with another 2 2 option. 2 3 Help with Returning to the Main Menu 3 3 The first option of all menus is to return to the main menu. Each 3 function you perform on this menu will return you to this menu, so that you may execute another function on this menu. After you are 3 finished with all functions on this menu, return to the main menu, where you may choose another option, or end this session with 3 microGourmet. 3 13 Help with the Search for Recipes 13 Selecting this option will display a menu of options for recipe 13 13 searching: 13 13 13 microGourmet 13 Recipe Search Menu 13 13 1) Return to Previous Menu 4) Category and Name 13 2) Display Help Text 5) Category and Ingredients

13 There are four different ways of finding recipes. Selecting options

13

13 13 3) Category

6) Category and Preparation Time

13 three through six will retrieve recipes based on the category, or the 13 category and recipe name, ingredients, or preparation time.

13 If you select options three through six, a window will open on the 13 screen. You will be then asked to select a category. To ignore the 13 category, select the number opposite the word 'All'.

Help with Preparing the Shopping List

Selecting this option will bring up the following menu of options:

```
microGourmet | Shopping List Menu | 1) Return to Previous Menu | 4) Print Shopping List | 2) Display Help Text | 5) Delete Shopping List | 3) Display Shopping List | 6) Consolidate Shopping List | I
```

14 At this point you can display or print the shopping list, delete an old 14 shopping list or consolidate the list.

14 Normally the shopping list groups ingredients by recipe. Consolidating 14 the shopping list will attempt to find identical ingredients, and add 14 the quantities together (if the measure is the same). Ingredients are 14 then sorted alphabetically, and the shopping list is permanently 14 modified.

Help with Data Base Maintenance

Selecting this option will show you the following menu of options:

```
microGourmet
Recipe Data Base Maintenance Menu

1) Return to Previous Menu | 5) Delete Recipes | |
2) Display Help Text | 6) Undelete Recipes | |
3) Add Recipes | 7) Re-create Indexes | |
4) Modify Recipes | 8) Remove Deleted Recipes | |
```

From this menu you can add, modify, delete, or undelete recipes. You can also re-create the indexes for the recipes data base, or remove deleted recipes permanently.

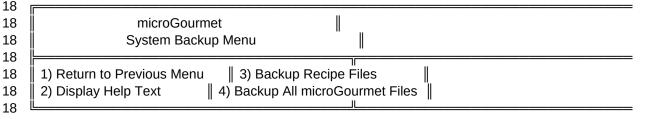
15 15 15 15 15 If you want to modify recipes, you have three options, which will be 15 shown on the following menu: 15 15 15 microGourmet 15 Change/Editing Menu 15 15 1) Return to Previous Menu 4) Add Ingredients | 5) Add Instructions 15 2) Display Help Text 15 3) Change Recipes 15 15 15 The options for these two menu screens are explained in detail in the help accompanying each option. 15 16 Help with Performing Utility Functions 16 16 Selecting this option will present the following menu of choices: 16 16 16 microGourmet 16 **Utilities Menu** 16 16 1) Return to Previous Menu 4) Perform DOS Functions 16 2) Display Help Text 5) Change Screen Colors 3) Re-install microGourmet 6) Print Menus and Help Text 16 16 16 16 When this menu is displayed, you can re-install microGourmet, changing some of the installation parameters, perform DOS functions, change the screen colors (appropriate only if you are using a color monitor), or 16 print the menus and help text. 16 17 Help with Printing Recipes 17 17 Selecting this option will present the following recipe print menu: 17 17 17 microGourmet 17 Recipe Print Menu 17 17 1) Return to Previous Menu 4) Print Several Recipes 5) Print All Recipes in a Category 2) Display Help Text 17 6) Print All Recipes by Category 17 3) Print One Recipe 17

17 You can then print one recipe, several recipes, all recipes in a 17 category, or all recipes sorted by category.

17 Options three and four require you to enter the recipe number(s), which are always shown when recipes are displayed or printed. Option five requires entry of the appropriate category. In all cases, you will be asked to make sure the printer is ready, and then proceed.

Help with Making a System Backup

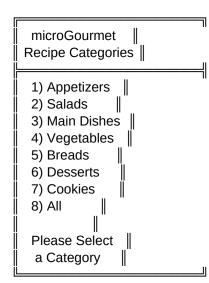
Selecting this option will show the following menu of backup options:



18 You can then backup either the recipe files, or all files associated with microGourmet. Normally you will use option three after modifying the data base.

Help with Finding a Recipe by Category

Once you select this option, a window will open on the screen, asking you to select a category. The window will look like this:



You can select any category by number, or ignore the category selection
 by entering the number opposite the word 'All'. Then recipes will be
 retrieved according to the category entered.

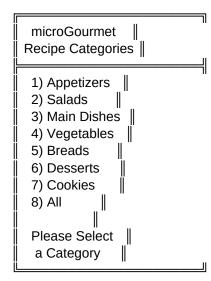
23 If you have selected recipe print (Function key F9 is P), then your 23 selected recipe will be printed. The program will ask that you make 23 sure the printer is ready before proceeding.

23 If you have selected recipe display (Function key F9 is D), recipes 23 will be displayed with some identifying information at the top of the 23 screen. Then the ingredients will be displayed. If you press the Q 23 key, display of this recipe will be stopped. Press any other key and 23 ingredients will disappear, followed by a display of the recipe 23 instructions. Recipe ingredients and instructions will be alternately 23 displayed until you press Q.

23 After displaying the recipe, if the shopping list option is on, you 23 will be asked whether to add the recipe to the shopping list.

Help with Finding a Recipe by Category and Name

24 Once you select this option, a window will open on the screen, asking 24 you to select a category. The window will look like this:



You can select any category by number, or ignore the category selection by entering the number opposite the word 'All'. Then recipes will be retrieved according to the category entered. For each recipe selected, the recipe number, name and preparation time will be displayed. At the bottom of the screen, a message will ask you to enter a recipe number or press return to continue. If there are additional recipes which satisfy you request, additional screens will be displayed until you

24 either select a number or no more recipes are available to meet your 24 search criteria.

24

24 If you have selected recipe print (Function key F9 is P), then your selected recipe will be printed. The program will ask that you make 24 sure the printer is ready before proceeding.

24

24 If you have selected recipe display (Function key F9 is D), recipes 24 will be displayed with some identifying information at the top of the 24 screen. Then the ingredients will be displayed. If you press the O 24 key, display of this recipe will be stopped. Press any other key and 24 ingredients will disappear, followed by a display of the recipe instructions. Recipe ingredients and instructions will be alternately 24 displayed until you press Q.

24 24

24 After displaying the recipe, if the shopping list option is on, you 24 will be asked whether to add the recipe to the shopping list.

24 25

Help with Finding a Recipe by Category and Ingredients

25

25 Once you select this option, a window will open on the screen, asking you to select a category. The window will look like this:

25 25 25

25

25 25

25

25 25

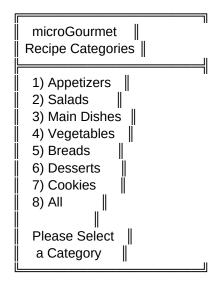
25

25

25

25

25 25



25 25 25

25

25 You can select any category by number, or ignore the category selection by entering the number opposite the word 'All'. Then you will be asked 25 to enter up to three ingredients. You may enter the ingredients in either upper or lower case. Then recipes will be retrieved which have all the ingredients entered in them.

25 25

25 For each recipe selected, the recipe number, name and preparation time

will be displayed. At the bottom of the screen, a message will ask you
to enter a recipe number or press return to continue. If there are
additional recipes which satisfy you request, additional screens will
be displayed until you either select a number or no more recipes are
available to meet your search criteria.

25 If you have selected recipe print (Function key F9 is P), then your 25 selected recipe will be printed. The program will ask that you make 25 sure the printer is ready before proceeding.

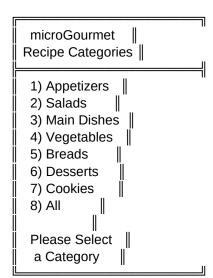
25 If you have selected recipe display (Function key F9 is D), recipes 25 will be displayed with some identifying information at the top of the 25 screen. Then the ingredients will be displayed. If you press the Q 25 key, display of this recipe will be stopped. Press any other key and 25 ingredients will disappear, followed by a display of the recipe 25 instructions. Recipe ingredients and instructions will be alternately 25 displayed until you press Q.

25 After displaying the recipe, if the shopping list option is on, you 25 will be asked whether to add the recipe to the shopping list.

Help with Finding a Recipe by Category and Preparation Time

26 (

Once you select this option, a window will open on the screen, asking you to select a category. The window will look like this:



26	
26	
26	You can select any category by number, or ignore the category selection
26	by entering the number opposite the word 'All'. Then you will be asked
26	to enter the maximum recipe preparation time in minutes. Then recipes
26	will be retrieved for which the preparation time is less than or equal

26

26 to the time you entered.

For each recipe selected, the recipe number, name and preparation time will be displayed. At the bottom of the screen, a message will ask you to enter a recipe number or press return to continue. If there are additional recipes which satisfy you request, additional screens will be displayed until you either select a number or no more recipes are available to meet your search criteria.

26

26 If you have selected recipe print (Function key F9 is P), then your 26 selected recipe will be printed. The program will ask that you make 26 sure the printer is ready before proceeding.

26 26 26

26

26 26

26 26

26 If you have selected recipe display (Function key F9 is D), recipes

26 will be displayed with some identifying information at the top of the 26 screen. Then the ingredients will be displayed. If you press the Q 26 key, display of this recipe will be stopped. Press any other key and 26 ingredients will disappear, followed by a display of the recipe

26 ingredients will disappear, followed by a display of the recipe 26 instructions. Recipe ingredients and instructions will be alternately 26 displayed until you press Q.

26 26

26 After displaying the recipe, if the shopping list option is on, you 26 will be asked whether to add the recipe to the shopping list. 26

Help with Displaying the Shopping List

33 33

33 If you select this option, the entire contents of the shopping list
33 file will be displayed. If the shopping list is in the normal form,
33 the recipe name will be listed at the top of the screen, followed by a
33 the recipe ingredients. One or more screens will be used for each
33 recipe, depending on the number of ingredients.

33

33 If the shopping list has been consolidated, the recipe ingredients will
33 be listed in alphabetical order. The same ingredient may appear twice,
33 if the quantity measure is different.

34	Help with Printing the Shopping List
34	
34	If you select this option, the entire contents of the shopping list
34	file will be printed. The program will ask you to make sure the
34	printer is ready before proceeding. If the shopping list is in the
34	normal form, the recipe name will be printed first, followed by a the
34	recipe ingredients.

34

34 If the shopping list has been consolidated, the recipe ingredients will 34 be listed in alphabetical order. The same ingredient may appear twice, 34 if the quantity measure is different.

34 35

Help with Deleting the Shopping List

35

35 Once you have finished using a shopping list (e.g., you have printed 35 it, taken it to the store for use with grocery shopping), you should 35 delete it. This option just empties the list of any recipes and 35 ingredients, in preparation for using it again.

35

35 If you do not delete old shopping lists, the size of the list will 35 continue to grow. Eventually, you may run out of disk space to contain 35 it.

35

Help with Consolidating the Shopping List

36 36

36 This option is offered for those of you who would rather not have the 36 shopping list grouped by recipe (the normal way). Selecting this 36 option will process the normal shopping list, attempting to find common 36 ingredients. If the ingredient name is identical for two or more 36 ingredients, and the quantity measure is the same, then the amounts for 36 the ingredient will be added. The list is then sorted in alphabetical 36 order.

36

Help with Adding Recipes

43 43

43 You may add your favorite recipes to the data base with this option.
43 In the process you will be updating three different files. One file
43 has the identification information for the recipe. Another file
43 contains the recipe ingredients. The last file stores the recipe
43 ingredients.

43

The process of adding a recipe is explained during the update. Once you add an item, you may still change it, by using the up arrow to move back to that field. Notice however, that for ingredients and instructions, once you complete a line for either, you may not change a previous line. This is because of the way that the recipes are stored in three separate files.

43

43 If you made an error while entering a recipe, and you could not correct

43 it at the time, note the recipe number. After you finish adding the 43 recipe, use the option to modify recipes. Then pick the modification 43 option which allows you to change recipes.

43 44

Help with Modifying Recipes

44

44 This option allows you to change recipes which were previously entered into the data base. Selecting this option will bring up the following menu:

44 44 44

44

44

44 44

44

44

microGourmet Change/Editing Menu 4) Add Ingredients 1) Return to Previous Menu 5) Add Instructions 2) Display Help Text 3) Change Recipes

44 44 44

44 You may use option three to change the existing contents of a recipe.

44 You use option four to add additional ingredients to a recipe, and you 44 use option five to add additional instructions to a recipe.

44

44 The program will ask you to enter the number of the recipe which you 44 want to change. Then it will guide you through the process of making 44 the desired changes.

Help with Deleting Recipes

45 45

45 You use this option if you want to delete a recipe from your data base.

45 The program will ask you for the number of the recipe to delete. Then 45 it will display status messages as it deletes the entries in each of

45 the three data base files.

45

45 Note that this process only marks recipes for deletion. It does not permanently remove them from the data base.

45 45 46

Help with Undeleting Recipes

46

46 You may use this option to recover recipes previously deleted, as long as you have not deleted the recipe permanently.

46 46

46 The program will ask you for the number of the recipe to recover, and 46 then present status messages as it recovers the entries in each of the 46 three data base files.

46 47

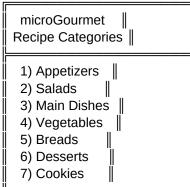
Help with Re-creating Indexes

47

47 Normally you should not have to use this option. However, it you 47 notice that, during recipe retrieval, you are not seeing the expected

47 47	results, use this option to re-create the recipe data base indexes.
47 47 47 47	If you are not able to execute this program to select this option, then use the separate program, called INDEX.EXE. which is provided on your distribution disk.
48 48	Help with Removing Deleted Recipes
48 48 48	If you select this option, then any recipes previously marked for deletion, will be permanently removed from the recipe data base.
48 48	CAUTION
48 48 48	After you use this option, there is no way to recover any deleted recipes, except by re-entering them manually.
53 53	Help with Re-installing microGourmet
53 53 53 53 53	This option will execute again the procedure of installing microGourmet. You will be given the same prompts as you received the first time you executed the program. Then the file called OPTION.MEM will be saved, which contains the configuration parameters.
54 54	Help with Performing DOS Functions
54 54 54	When you select this option, you will be temporarily dropped into DOS where you may perform whatever commands you like. Enter the word EXIT to return to microGourmet.
54 54 54	For this function to work properly, the command processor (COMMAND.COM) must be in the root directory of the disk which you use to boot your PC. If you use a floppy for this purpose, make sure it is in drive A: before attempting to use this option.
	In addition, you must have enough additional memory to load another copy of the command processor. If your system has only the minimum amount of memory, 256k for DOS 2.x, 320k for DOS 3.x, you may not be able to use this option.
55 55	Help with Changing Screen Colors
55 55 55 55 55 55	This option is appropriate only if you are using a color monitor with microGourmet. The process of selecting colors is fairly easy and self-explanatory. When you first execute this option, you will be asked whether to restore the default colors. Use this option if you have been experimenting with colors and you want to start all over.
55 55	Note that this procedure will not allow you to set the foreground and background colors the same. If you did, you could not then see

		Sheet1	
55 55	anything which w	vas displayed.	
56 56	Help wi	th Printing Menus and Help Text	
56 56 56 56 56 56	microGourmet. then each menu a reader comme	the first one you should use after installing This option will print first the introductory material, , followed by the help text associated with it. Lastly, ent form will be printed, to allow you to report problems, tions for future versions of microGourmet.	
56 56	This option prod at least once.	uces the microGourmet user manual. You should print it	
63 63		lp with Printing One Recipe	
63 63 63	This option will allow you to print any one recipe in the data base. You must know the number of the recipe you want to print.		
63 63 63 63	positioned at the top of form) before proceeding. Then the selected recipe will be printed.		
64	Help	with Printing Several Recipes	
64 64 64 64	•	allow you to print several recipes in the data base. a range of recipe numbers to print.	
64 64 64 64 64	The program will ask you to make sure the printer is ready (i.e., positioned at the top of form) before proceeding. Then the selected recipes will be printed, starting with the lower numbered recipe, and ending with higher numbered recipe. All recipes between and including the two numbers entered will be printed.		
65 65	Help wit	h Printing All Recipes in a Category	
65 65 65	•	allow you to print all the recipes in any one nust enter one of the following recipe category numbers:	
65 65 65 65 65 65 65		microGourmet Recipe Categories 1) Appetizers 2) Salads 3) Main Dishes 4) Vegetables	



^_	
65	

65 Then all the recipes in the chosen category will be printed. The 65 program will ask you to make sure the printer is ready (i.e., 65 positioned to the top of form), before proceeding. It's best to use 65 this option with continuous form paper.

Help with Printing All Recipes by Category

66 66

66 This option will allow you to print all the recipes in the data base, 66 sorted by category. This is a convenient way to produce a copy of all 66 your recipes for your friends.

66

66 The program will ask you to make sure the printer is ready (i.e., positioned to the top of form), before proceeding. It's best to use 66 this option with continuous form paper.

66 73

Help with Backup of Recipe Files

73

73 If you select this option, all of the recipe data base files will be 73 copied to a backup disk. The program will ask you for the disk drive 73 to copy the files to (e.g. B:). Then it will ask you to insert a disk 73 into the drive all the files and associated indexes will be copied to 73 the disk. You should normally use the same floppy disk for backup purposes, one that you do not use for microGourmet.

73 74

73

Help with Backup of All microGourmet Files

74

74 This option will backup all microGourmet files. If you are using 74 floppy disk for backup, two disks will be required. The program will 74 ask you to insert the first backup disk. (If you are not using floppy 74 disk for backup, ignore this prompt). After the first disk is copied, 74 the program will ask you to insert the second disk. Then the remaining 74 files will be copied.

74

Help with Changing Recipes

93 93

93 This option will allow you to change an existing recipe. The program 93 will ask you for the number of the recipe to change. Then it will 93 display all the information in the data base regarding the recipe, 93 allowing you to change any items along the way. Note that, once you 93 have changed a line of ingredients or instructions, you may not return 93 to a previous line to re-edit it. You must finish editing the recipe. 93 and then once again execute the change option.

93 94

Help with Adding Ingredients

94

94 This option will allow you to add ingredients to a recipe. The program 94 will ask you for the recipe number. Then it will display identifying 94 information, and allow you to add more ingredients to the recipe.

94 94 94	Do not attempt to use this option for changing ingredients. This option will only add ingredients to an existing recipe.
95 95	Help with Adding Instructions
95 95 95 95 95	This option will allow you to add instructions to a recipe. The program will ask you for the recipe number. Then it will display identifying information, and allow you to add more instructions to the recipe.
95 95	Do not attempt to use this option for changing instructions. This option will only add ingredients to an existing recipe.
95	opion in only data inground to an one ingree
99 99	Comments and Problem Reporting
99	microGourmet
99	6958 Hanover Parkway, Suite 301
99	Greenbelt, MD 20770
99	
99	
99	
99	If you have any comments about microGourmet, or suggestions for
99	improvements, or if you found a problem, please copy this
99	page, complete the requested entries, and send it to the above
99	address.
99	
99	
99	Name
99	
99	Company
99	Address
99 99	Address
99	City
99	City
99	State Zip
99	StateZip
99	
99	Version
99	<u> </u>
99	Check One
99	
99	Comment
99	
99	Suggestion
99	
99	Problem
99	
99	

Ch	ieet1	
OI.	ICCIT	

\sim	വല	

Page 23

Page 24

1	
II	
