

Micro Cookbook 5.0 Readme Contents



Click on any topic you want to examine. When you are done choose the **Exit button to complete the installation.**

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Changes in Micro Cookbook 5.0

If you are switching from Micro Cookbook 4.0 here are some important changes that you will want to note:

- Micro Cookbook 5.0 now uses a **single-file database**. When you convert your version 4.0 files, all the data will be transferred to one file. This new database file is called a cookbook file.
- **Cookbooks** are now called Chapters in Micro Cookbook 5.0. Because you can now have many different cookbooks, it became necessary to break the cookbooks into smaller units.
- The **Cookbook** and **Bookshelf** windows has been modified and combined into one window called the Contents window. When you select a chapter in the Contents window, you will see a list of all the recipes in that chapter. If you want to find recipes by name, you can use the Find Recipe command
- The **Recipe Finder** has been expanded and simplified, so that you can now easily search for recipes by Title, Subtitle, Introduction, Directions, and Source fields as well as ingredients and ingredient categories.
- **Menus** are now referred to as Meal Plans. In Micro Cookbook 5.0 you can have up to six meal times per day, and an unlimited number of days per meal plan.
- **When you add items to meal plans and shopping lists**, you no longer need to select [X] each item that you want to add. You can simply drag-and-drop the items to the Meal Plan and Shopping toolbar buttons.
- All of **ingredient** information is now contained in one window.
- Ingredient **Advanced Scaling** information is now called Weight/Volume Equivalents.
- **Basic Ingredients** are now called Ingredient Categories.

Converting your Micro Cookbook 4.0 files

If you are upgrading from Micro Cookbook 4.0, you will want to convert your files for use with Micro Cookbook 5.0.

Before you begin, you may want to create a new directory on your hard disk for your converted cookbook. If you do not choose to create a new directory, you can simply place the converted cookbook in the Micro Cookbook 5.0 directory.

To convert your Micro Cookbook files

1. Install Micro Cookbook 5.0.
2. Double-click the Cookbook Converter Setup icon in the CookWorks program group to install the Cookbook Converter.
3. After the Cookbook Converter is installed, double-click the Cookbook Converter icon in the CookWorks program group.
The Cookbook Converter opens.
4. Choose the Browse button at the right of the Source Cookbook field.
The Source Cookbook window appears.
5. Choose the drive and directory where Micro Cookbook 4.0 is located (usually C:\COOK4).
The list at the left of the window shows any available cookbook files.
6. Select the "cb4001.dbf" file.
7. Choose the OK button.
The Source Cookbook window closes and the name and location of the file you selected now appears in the Source Cookbook field.
8. Choose the Browse button next to the Destination Cookbook field.
The Destination Cookbook window appears.
9. Select the drive and directory where you want to place the converted cookbook.
If you created a new directory for your converted cookbook, select that directory. Otherwise, select the Micro Cookbook 5.0 directory (usually C:\COOKWRKS\CB5).
10. Choose the OK button.
The Destination Cookbook window closes and the name and location of the converted cookbook now appears in the Destination Cookbook field.
11. You are now ready to begin the conversion.
12. Choose the Begin Conversion button.
A message appears asking if you want nutrition to be calculated for the converted recipes.
13. Choose Yes to calculate nutrition, or No to skip nutrition calculation
The conversion starts. If you cancel the conversion process, the cookbook will not be ready for use by Micro Cookbook 5.0, and you must reconvert the files.
The conversion process takes anywhere from 10 minutes to 1 1/2 hours depending on the speed of your computer, the number of recipes in your cookbook and if you choose to calculate nutrition. Once the process is complete, a message box appears to tell

you the conversion has succeeded.

Using your Converted Cookbook in Micro Cookbook 5.0

Once you have converted your Micro Cookbook 4.0 files, you can open the converted cookbook in Micro Cookbook 5.0.

To use the converted cookbook in Micro Cookbook 5.0

1. Start Micro Cookbook 5.0.
2. From the File menu, select Open.
The Open window appears.
3. Change to the drive and directory where the converted cookbook is located.
4. Select the cookbook you want to open.
Micro Cookbook 5.0 cookbook files have the extension OTM.
5. Choose the OK button.

The cookbook is open and the name of your new cookbook appears in the title bar at the top of the screen. For example, if you opened a cookbook named COOKBOOK.OTM, the title bar shows "Micro Cookbook 5.0 - COOKBOOK."

The next time you open Micro Cookbook 5.0, the last cookbook you used will automatically open.

Quick Tips

While you'll love the simplicity of Micro Cookbook, here are some quick tips that will make using Micro Cookbook even easier.

DRAG-AND-DROP

You can drag-and-drop items with your mouse to create a meal plan, shopping list or add items to the calendar. From the Recipe List or View windows, select a recipe, press and hold down the left mouse button, drag the recipe onto the Meal Plan, Shopping or Calendar toolbar button, and then release the mouse button. You can also drag-and-drop recipes and meal plans from the Contents window and Meal Plan List and View windows.

RIGHT MOUSE BUTTON

Click your right mouse button in the Recipe and Meal Plan List and View windows to quickly bring up the Tools menu.

RELATED ITEMS

Often a selected recipe will have menus or other recipes associated with it. When this is the case, the Related toolbar button becomes available. To view the items, choose the Related toolbar button and select an item from the menu. Choosing the Back button will return you to the recipe you originally selected.

INFO BUTTON

After selecting a recipe, choose the Info button (if available) to see quick preparation tips and new variations to try. The information appears in the window on the right side of your screen. When the Info button is completely gray, no additional information is available.

CONTENTS WINDOW

To quickly find a recipe or menu by name, choose the Contents toolbar button. You can also see a list of all categories or all meal plans from the Contents Window.

GRAY ICON BUTTONS

Gray icon buttons are the program's way of letting you know that a particular option is not currently available for selection.

Troubleshooting Ideas for Installation

If you receive an error message during installation of Micro Cookbook, the following hints may help you.

[Unable to Install ODBC](#)

[How to Contact Us](#)

Unable to Install ODBC

The Setup program is unable to install ODBC if any application uses ODBC before you run Setup. These applications include Microsoft Word 6.0, Excel 5.0 and Access, and Office, among others.

The first thing you should try is to restart Windows, holding down the SHIFT key as Windows starts. This will temporarily disable many applications that automatically start with Windows. Then attempt to install Micro Cookbook again.

If the Setup program is still unable to install ODBC, you can manually install ODBC from the ODBC directory on the CD.

To install and configure ODBC

1. Exit to a DOS prompt.
2. Type D: (or the letter of your CD-ROM drive) and press Enter.
3. Type CD\ODBC and press Enter.
The prompt changes to D:\ODBC>.
4. Type COPY *.* C:\WINDOWS\SYSTEM and press Enter.
Note: If Windows is not located on drive C: substitute that letter in the above line.
All the files from this directory are copied to your \WINDOWS\SYSTEM directory.
5. Type CD\INI and press Enter.
The prompt changes to D:\ODBC\INI>.
6. Type COPY *.* C:\WINDOWS and press Enter.
Note: If Windows is not located on drive C: substitute that letter in the above line.
All the files from this directory are copied to your \WINDOWS directory.
7. Return to Windows.
8. Start Micro Cookbook.
Your program should now operate properly.

Troubleshooting Ideas While Running the Program

[File Open Dialog at Start-up](#)

[Permission Denied Message](#)

[Unable to Create File Buffer Message](#)

[How to Contact Us](#)

Open Window Appears When You Start Micro Cookbook

If the Open window appears when you start Micro Cookbook, then you must tell Micro Cookbook where the cookbook database file is located. Cookbook databases always end with the extension .OTM.

The cookbook included with Micro Cookbook is called FAVORITE.OTM and is located in the FAVORITE directory under the CB5 directory. Double-click on the FAVORITE directory and then double-click again on the FAVORITE.OTM file. The program will start normally and will remember which cookbook it was using.

Permission Denied Message

If you receive the message "Permission denied," this indicates that SHARE.EXE is not properly configured for use with Micro Cookbook.. Add the following line to the beginning of your AUTOEXEC.BAT file:

SHARE /L:500 /F:5100

You must REBOOT YOUR COMPUTER before the change will take effect.

Note: SHARE.EXE must be in the DOS path or you must specify the path (drive and directory)to SHARE.EXE in the above line.

Unable to Create File Buffer Message

The "Unable to create file buffer" message indicates that the Micro Cookbook's ODBC database is unable to create temporary files.

Check the following:

1. Make sure that you have at least 5 MB of free disk space before you run Micro Cookbook.
2. Make sure that you have a TEMP environment variable set in your AUTOEXEC.BAT file. It should look something like this:

```
SET TEMP=C:\TEMP
```

Once you have established that the TEMP variable is being set, you must make sure the TEMP directory exists. Using the example above, you must have a directory called C:\TEMP as well as the TEMP variable.

If you add the SET TEMP=C:\TEMP line to your AUTOEXEC.BAT file, you must REBOOT YOUR COMPUTER before the change will take effect.

