

translated by Sri Aurobindo Ghosh, 1910.

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1. All this is for habitation by the lord, whatsoever is individual universe of movement in the universal motion. By that renounced thou shouldst enjoy; lust not after any man's possession.
 2. Do verily works in this world one should wish to live a hundred years. Thus it is in thee and not otherwise than this; action cleaves not to a man.
 3. Sunless are those worlds and enveloped in blind gloom whereto all they in their passing hence resort who are slayers of their souls.
 4. One unmoving that is swifter than Mind, That the Gods reach not, for It progresses ever in front. That, standing, passes beyond others as they run. In That the Master of Life establishes the Waters.
 5. That moves and That moves not; That is far and the same is near; That is within all and That is also outside all this.
 6. But he who sees everywhere the self in all existence and all existences in the self, shrinks not thereafter from aught.
 7. He in whom is the Self-Being that has become all existences that are Becomings, for he has the perfect knowledge, how shall he be deluded, whence shall he have grief who sees everywhere oneness?
 8. It is He that has gone abroad - That which is bright, bodiless, without scar of imperfection, without sinew, pure, unpierced by evil. The Seer, the Thinker, the One, who becomes everywhere, the Self-existent has ordered objects perfectly according to their nature from years sempiternal.
 9. Into a blind darkness they enter who follow after the Ignorance, they as of into a great darkness who devote themselves to the Knowledge alone.
 10. Other, verily, it is said, is that which comes by the knowledge, other that which comes by the Ignorance; this is the lore we have received from the wise who revealed That to our understanding.
 11. He who knows That as both in one, the Knowledge and the Ignorance, by the Ignorance crosses beyond death and by the Knowledge enjoys Immortality.
 12. Into a blind darkness they enter who follow after the Non-Birth, they as if into a great darkness who devote themselves to the Birth alone.
 13. Other, verily, it is said, is that which comes by the Birth, other that which comes by the Non-Birth; this is the lore we have received from the wise who revealed That to our understanding.
 14. He who knows That as both in one, the Birth and the dissolution of Birth, by the dissolution crosses beyond death and by the Birth enjoys Immortality.
 15. The face of Truth is covered with a brilliant golden lid; that do thou remove, O Fosterer, for the law of the truth, for sight.
 16. O Fosterer, O sole Seer, O Ordained, O illumining Sun, O Power of the Father of creatures, marshal thy rays, draw together thy light; the Lustre which is thy most blessed form of all, that in Thee I behold. The Purusha (breath of life) there and there, He am I.

17.The Breath of things is an immortal Life, but of his body ashes are the end. OM! O will! , remember, that which was done remember.

18.O god Agni, knowing all things that are manifested, lead us by the good path to the felicity; remove from us the devious attraction of Sin. Tp thee completest speech of submission we would dispose.
