# Avian Nursing: Critical Care & Anesthesia

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# What constitutes an emergency?

- > Hemorrhage/Trauma
- Difficulty Breathing
- > Trouble Perching
- > Inappetence
- > Coelmic Distention
- > "Fluffed Bird"



# Supportive Care

#### Prioritize/Stages

#### Provide

- > Warmth
- > Oxygen rich environment
- **Physical Examination**
- **Diagnostics**
- Supportive Therapy
  - > SQ fluids
  - Gavage feeding
- Calculate Emergency Drugs





# Emergency Drugs

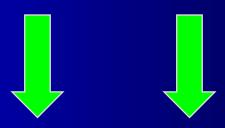
- Atropine
  - > 0.01- 0.4 mg/kg
  - > 0.5 mg/kg CPR
- Glycopyrolate
  - > 0.01 0.02 mg/kg
- Epinephrine
  - > 0.1 0.5 mg/kg
- Doxapram
  - > 2 5 mg/kg
- CPR should always be attempted but may not always be successful



# **Emergency Drugs**

#### Atropine & Glycopyrolate

- Bradycardia
- Epinephrine
- Reverse cardiac standstill
- Doxapram
- Respiratory stimulant







# Unique Respiratory System

- Large respiratory capacity.
- Needs keel movement for air exchange.
  - Careful with restraint during induction.



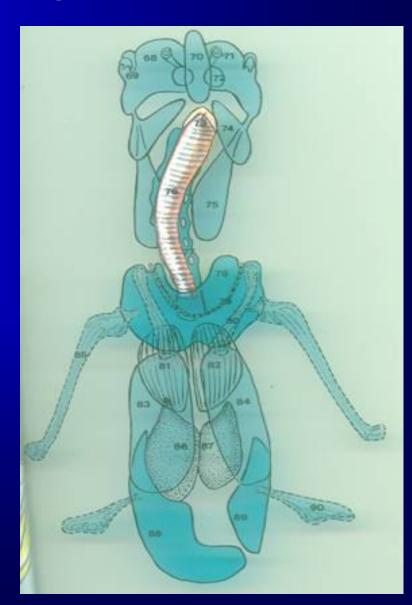
# Normal Psittacine Respiratory Tract

- One unpaired
  - > Clavicular
- Four paired air sacs
  - > Cervical
  - > Cranial and caudal thoracic
  - > Abdominal
- > Large respiratory capacity
- Needs keel movement for air exchange



# Air Exchange

- Lungs are rigid located dorsal near spine.
- Oxygen exchange with both inspiration and expiration.
- Oxygen exchange with constant flow of air.
- Death occurs rapidly with apnea.



# Respiratory Distress

### <u>Signs</u>

- >Tachypnea
- Open mouth respirations
- >Auditory respirations
  - > wheezes
- >Collapse

#### **Treatment**

- Oxygen cage
- >Limit:
  - > stress
  - **>**handling
- **Warmth**
- **>**Cage
  - Dark & quiet

### Tracheal Obstructions

- > Tumors
- > Papillomas
  - > glottis
- Granulomas
- > Transtracheal membranes
- Aspirated foreign body
  - > seeds
  - > splinters
  - > pieces of toys



### Air Sac Cannula Placement

- Beneficial for tracheal obstructions
- Caudal thoracic or abdominal air sacs
- Right lateral recumbency
- Insert caudal to last rib in flank region
- Cannulas
  - > Short ET tubes
  - > Sterilized red rubber tubing, IV tubing
  - Cook brand air sac catheters



# Bleeding Emergencies

#### Causes

- Broken blood feathers
- Broken toe nails
- Traumatic injury

#### **Treatment**

- Direct Pressure
  - > wounds
  - blood feathers
- Styptic powder or sticks
  - > broken toe nails
- Pressure bandages
  - careful not to hinder respiratory effort

#### Broken Blood Feather

#### <u>reatment</u>

Locate the broken blood feather
Remove the feather using
hemostats or needle-nosed pliers
Pull in the same direction that the
feather is growing

Apply direct pressure to the feather follicle if bleeding continues



### Coelomic Distention

auses

Fluid

Mass formation

> egg stasis

Proventricular or ventricular distension

Respiratory distress

may need oxygen support before exam



# Egg Retention

### Signs

- > Fluffed bird
- > Straining to defecate
  - > scant or absent feces
- > Coelomic distention
- > Lameness
- > Inappetence
- > Regurgitation



# Egg Retention

#### auses

Calcium metabolic disease

Malformed eggs

Excessive egg production

Previous oviduct damage or > Calcium supplementation infection.

Nutrition insufficiencies

#### **Treatment**

- > Fluid therapy
- Supplemental heat & humidity
- > Lubricating the cloaca
- Vitamin supplementation
- > Imploding the egg
- Surgical removal

# Prolapsed Cloaca

- Egg, papillomas or other masses
- Irrigate tissue to remove debris
  - > gently wipe away adherent
- Lubricate with K-Y Jelly
- Line bottom of cage with towels moistened with sterile saline



### Fractures

#### <u>Causes</u>

- > Attacked by larger animal
- > Caught in cage toys
- > Leg band caught
- > Falls
- > Flying into windows & ceiling fans



#### Fractures

#### **Treatment**

- > Minimal stress
  - > Dark & quiet environment
  - > Pad the cage well
- > Stabilize the fracture
  - > Robert Jones
  - > Figure-of-Eight



### Head Trauma

- Dark, quiet and cool environment
- > Watch closely for:
  - > seizures
  - > head tremors
  - > circling



### **Animal Bites**

- Cat vs bird
  - > Pasteurella multocida
- Antibiotic therapy needs to be started ASAP
- Penetrating wounds may communicate with air sacs
- DO NOT FLUSH IF YOU ARE UNSURE WHERE THE WOUND GOES



### Seizures

- > Mild: disorientation, inability to perch
- Generalized: vocalizing, wing flapping and paddling
- > Partial: persistent twitching
- > Keep bird from injuring self or others
- > Keep bird quiet and in dark cool place

# Crop Burn

- Hand-fed neonates
  - ➤ Microwaved formulas
  - ➤ Hot spots
- Right ventral portion of crop
- Fistula
  - > Starvation
  - ➤ Dehydration
- Surgical closure





#### Burns

- Commonly feet & legs
- Flush with copious amounts of cool water or saline
- > Remove surrounding feathers
- > Don't use greasy or oily medications
- > Silver Sulfadiazine topically

### Oil

- Disrupts thermoregulatory system resulting in hypothermia
- Blockage of nares & conjunctivitis
- > Systemic toxicity & GI upset
- > Prevent hypothermia
- > Remove oil from nares, eyes & mouth
- > Wash with dish washing detergent-DAWN
- Dry thoroughly

# Scenarios Requiring Anesthesia

Physical exam

#### Diagnostics

- > Blood collection
- > Radiographs

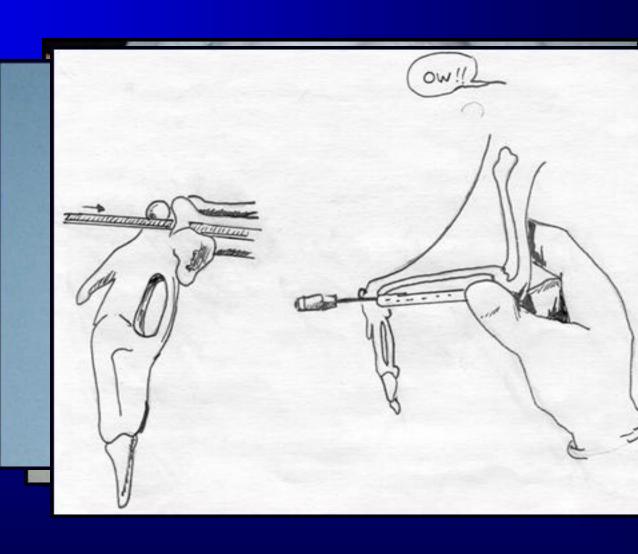
#### Minor procedures

- Microchipping
- Bandaging
- Leg band removal

Intraosseous catheter

Minor surgeries

Major surgeries



### Pre-Anesthetic Considerations

- Elective procedure?
  - Microchipping
  - Radiographs for health screen
- Space occupying masses?
  - ➤ Obesity
- Major health problems?
  - Coagulopathy
  - > Systemic disease
- Last ditch effort to save life?



### **Blood Transfusion**



- ➤ Hematocrit < 20%.
- Donors of same species is ideal.
- Donors of same genus is safe & efficacious.
- Finding donors can be problemat
- Cross matching should be performed.
- Major and minor cross matching.
- Blood replacement products.
  - ➤ Oxyglobin.

### Anesthetic Plan of Action

- Have everything ready prior to capturing the patient.
  - Light source/oral speculum.
  - >ET tubes.
  - >Tape strips.
  - > Monitoring equipment.
- > Have everything within hands reach.
- > Create a check-off list.

### Anesthesia Check-off List

- Induction chamber
- Stethoscope
- Face mask
- Laryngiscope handle & blade
- Trans-illuminator
- Oral speculum
- ET tubes & sterile lube
- Tape strips to secure ET tube
- Humid-vent ®

- **ECG**
- Doppler w/ cuffs
- □ Pulse oxsymetery
- Heating pad
- □ Bair hugger & blanket
- □ Fluid pump
- □ IV catheters & fluids
- □ Heparinized saline
- ☐ Tissue glue & suture
- □ Emergency drugs

# Emergency Drugs

- Atropine
  - > 0.01- 0.4 mg/kg
  - > 0.5 mg/kg CPR
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## **Fasting Times**

Decreases regurgitation and passive reflux.

- ➤ Small birds: 1-3 hours.
- ➤ Medium birds: 3-5 hours.
- ➤ Large birds: 6-12 hours.
- Gavage feed electrolyte solution.
  - ► LRS with Dexrose.
  - ➤ Lafeber's Carbo-Boost.



- Full crops can be emptied to prevent regurgitation.
  - > Preventing aspiration of crop contents.



# Gavage Tube Placement

- Assistant restrains the bird
- Speculum or gauze strips to open mouth
- Enter oral cavity from right commissure
  - Advance slowly
- Palpate the instrument in the esophagus and in the crop
- Remove fluid or food



# Injectable Anesthesia

Not routinely used in birds.
Prolonged recoveries.
Drugs must be metabolized.
Not all have reversal agents.
Most combinations usually

require supplemental gas

anesthesia.

- Many combinations
- Ketamine & Xylazine
- Ketamine & Midazolam
- Ketamine & Diazepam

#### Pre-anesthetics

- Atropine & Glycopyrrolate not routinely used.
  - > Slows GI motility.
  - > Thickens respiratory secretions.
  - > Increases risk of plugging ET tube.
  - ➤ We use only if bradycardia is suspected.
- ➤ For sedation/analgesia:
  - ➤ Midazolam 0.25 1.0 mg/kg.
  - $\rightarrow$  Diazepam 0.5 1.0 mg/kg.
  - ightharpoonup Butorphanol 0.5 4.0 mg/kg.



### General Inhalation Anesthesia

#### Isoflurane & Sevoflurane.

- > Rapid induction & recovery.
- > High margin of safety.
- > Precision vaporizer.

#### MAC =

- ➤ Isoflurane: 1.5-2.5%
- > Sevoflurane: 3-4%
- 0.3% metabolized.
- Reduced cardiac & respiratory depression.
- Monitoring is critical.

#### Be prepared.



## **Breathing System**

- > Non re-breathing circuit.
  - > Ayer's T-Piece
  - > Bain's circuit
- > Minimizes:
  - > Respiratory resistance.
  - Mechanical dead space.
- > Reservoir bag.
  - > 0.5L 1.0L
  - > Side vent.



## Oxygen Flow Rate

- -Oxygen flow rate.
  - ➤ 1-3 L/min for mask induction.
  - > 500 ml/min to 1 L/min.
  - Higher flow rates can cause tracheal trauma.



## Air Exchange

- Lungs are rigid located dorsal near spine.
- Oxygen exchange with both inspiration and expiration.
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- Death occurs rapidly with apnea.



## Chamber Induction

- For the anxious patient
  - African grey parrots
- When restraint could be detrimental
- Pre-medication in combination works well
  - ➤ Midazolam 0.25 1.0 mg/kg
  - ➤ Diazepam 0.5 1.0 mg/kg
- Not without risks



#### Mask Induction

Use creativity with masks.

Cover beak and nares.

Slow induction tends to be the safest.

➤ 1-2% to start.

Monitor HR & RR the entire time of induction.

Wing, leg and beak tone are good indicators of anesthetic depth.

Bradycardia & apnea.









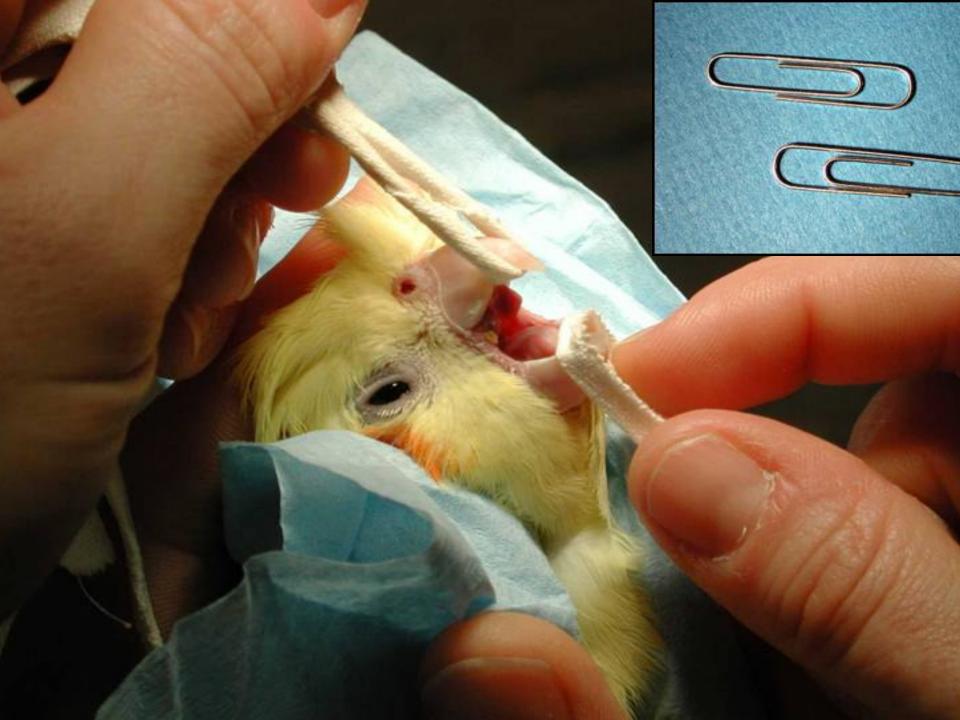


# Accessing The Oral Cavity

- Tape strips
- Gauze strips
- Paper clips
- Metal speculums

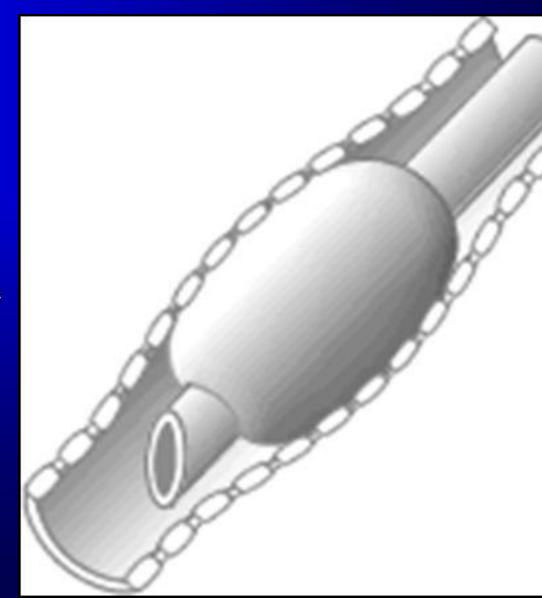






## Intubation

- > Fairly easy to do.
  - ➤ No epiglottis.
  - > At base of short tongue.
  - ➤ Laryngeal scope.
- Complete tracheal rings.
  - No cuffed tubes should be used.
  - ➤ If cuffed tubes are used, don't inflate the cuff.





#### Ventilation

- Inadequate ventilation
  - ➤ Dorsal recumbency.
  - **≻** Obesity
  - ➤ Intra-coelomic masses
- Monitor respiratory rate and depth closely.
  - > Respiratory rate and effort
  - ➤ Apnea monitor
  - ➤ Pulse oxysymetry
  - ➤ Blood gases



### Ventilation

- Problems with respiration should be corrected quickly.
  - ➤ Decrease respiratory rate.
  - > Shallow breaths.
  - ➤ Apnea.
- Apnea will occur several minutes before cardiac arrest.
- Cardiac arrhythmias can occur with poor ventilation.



#### IPPV & Ventilators

- Respiratory rate.
  - ≥10-40 breaths/min.
  - -Regular rhythm.
- Assisted ventilation.
  - ►8-15mm H2O.
  - ➤Too vigorous can cause trauma.



## Mucous Plugs

- Anticholinergic side effects.
  - Thicken secretions can plug ET tube.
- Mucous plugs can create one way valve scenario.
- Plug airway entirely
  - ➤ Change ET tube.
- Watch excursions closely.
- Humid-vent can help.



### Humid - Vent

Prevent over drying of trachea.

- ➤ Oxygen can be drying.
- ➤ Heating units.

Humidi-vents are used to prevent tracheal trauma by retaining moisture in the airway.



# Monitoring Heart Rate

- Patient heart rate trends
- Stethoscope
- Esophageal stethoscope
- **ECG**
- Doppler



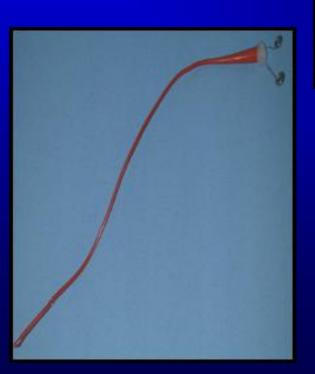
# Ultrasonic Doppler Unit





## Electrocardiogram

- Attaching the leads
  - ➤ Right arm
  - ➤ Left arm
  - ➤ Left leg
- Esophageal probe









# Fluid Therapy During Anesthesia

- Essential for any lengthy procedure.
  - ➤ Unless blood loss is a concern.
- 10 60 ml/kg/hr.
- Crystalloid fluid.
  - ► LRS or NaCl.
- Syringe pump.
- Maintenance fluids SQ.



## IV Access

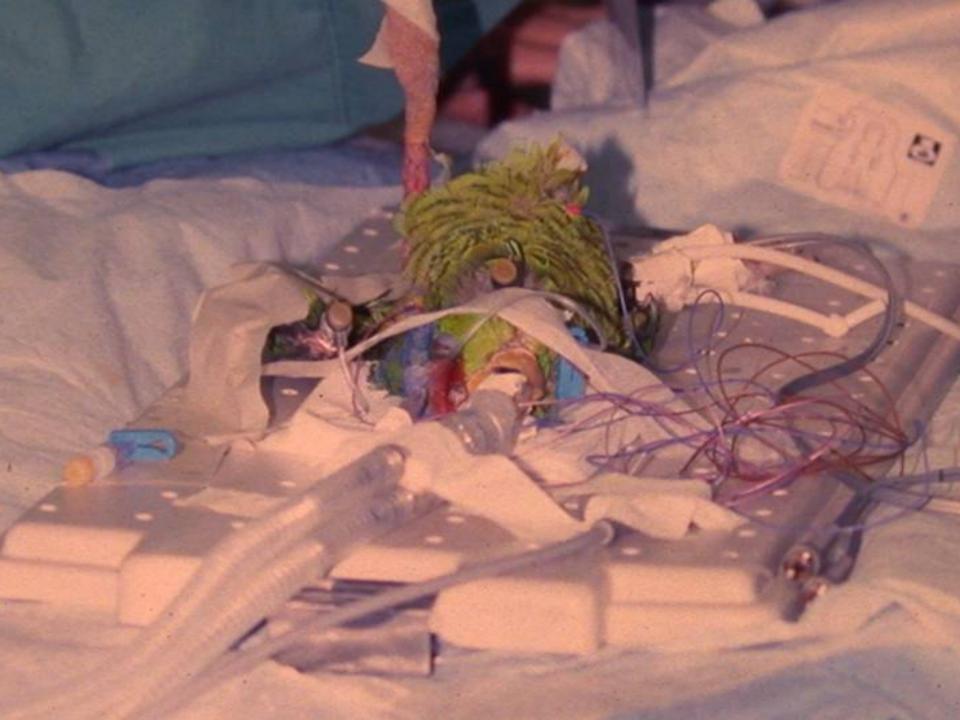
Wing or basilic vein.

Leg or medial metatarsal vein.

Intraosseous.







# Monitoring Patient Depth

- Wing tone
- ➤ Toe pinch
- Respiratory rate and effort
- Blood pressure



## **Body Temperature**

- Normal 105-110 °F
- Patients core body temp drops during prep
  - ➤ Loss of feathers & alcohol prep
- Heating pads, lamps
- Hot water bottles
- Bair hugger unit
- Warm patients recover faster

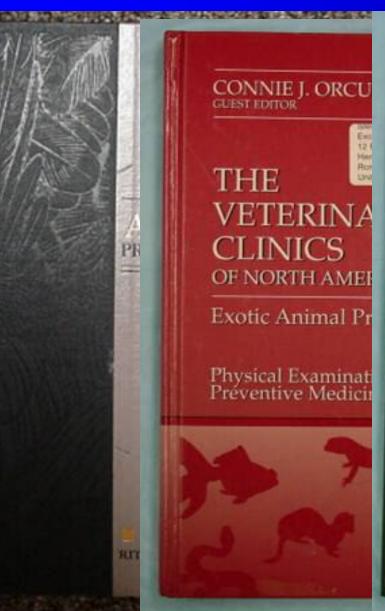


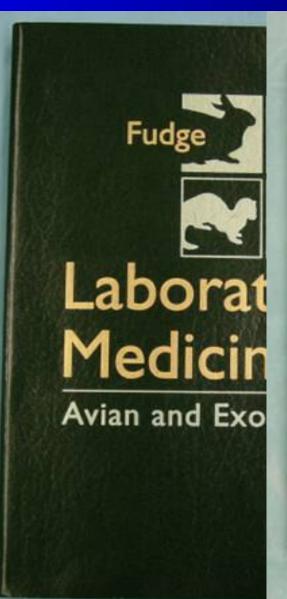
## Recovery

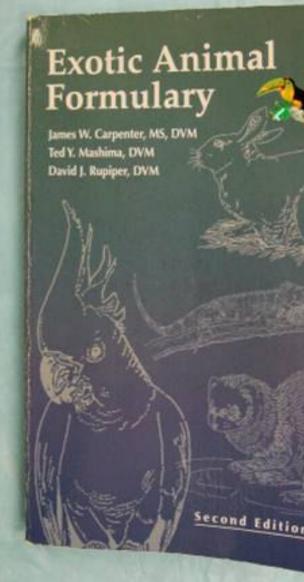
- Monitor HR & RR very closely
- May need padded environment
- Oxygen cage
- Supplemental heat
- Analgesia
- SQ fluids if no IV available



### References







# Special Thanks!

- \* AAHA
- **UC Davis**
- \* Faculty
- \* Residents
- Staff



