

# HEAD COACH FOOTBALL

## For Windows

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### OFFENSIVE PLAYS BY FORMATION

#### **RUNNING PLAYS**

Pro Spread

Slot I

Strong Right

Shotgun

#### **PASSING PLAYS**

Pro Spread

Slot I

Strong Right

Shotgun

Windows is a trademark of the Microsoft Corp.

# HEAD COACH FOOTBALL

**For Windows - Version 1.0**

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## DEFENSIVE FORMATIONS

### DEFENSIVE SETS

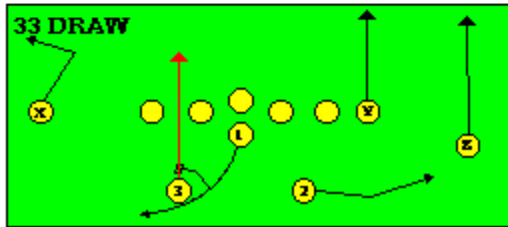
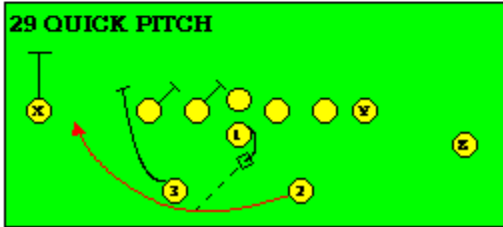
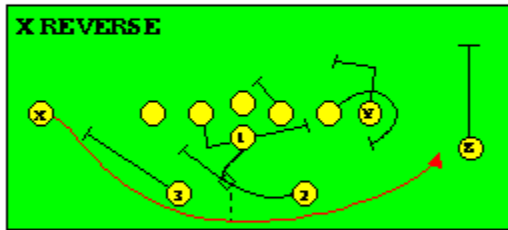
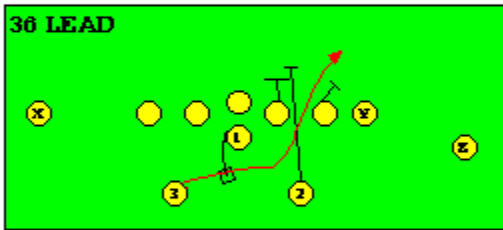
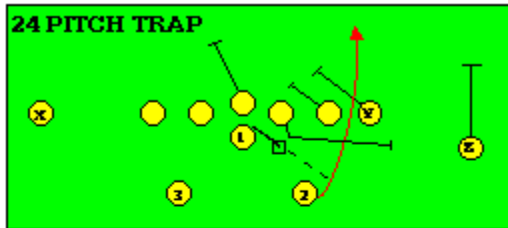
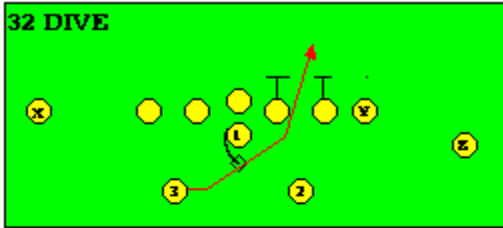
4-3

3-4

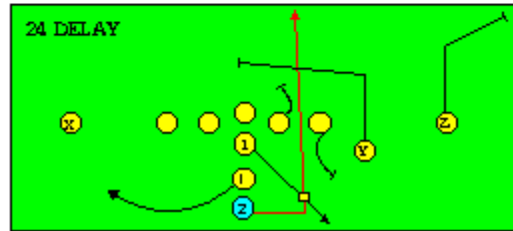
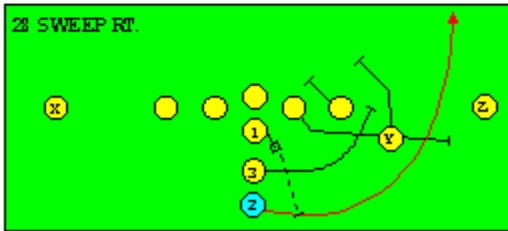
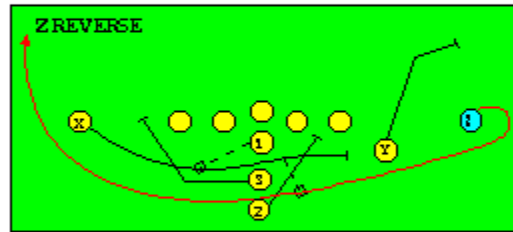
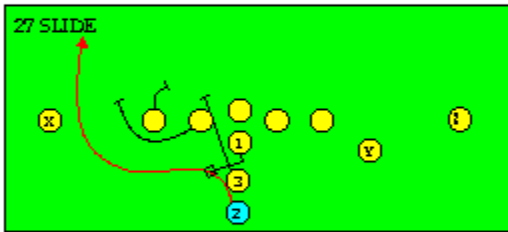
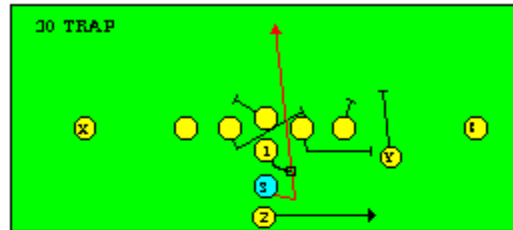
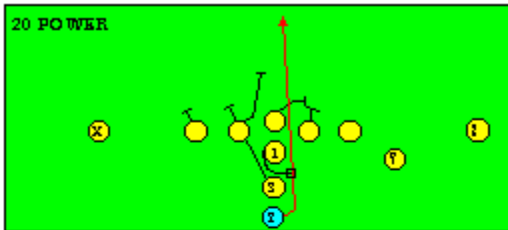
Situation

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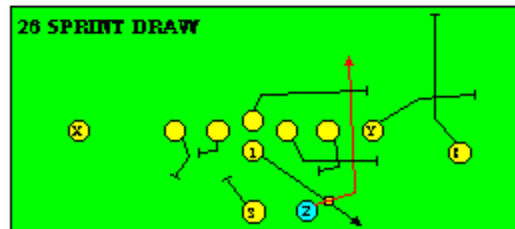
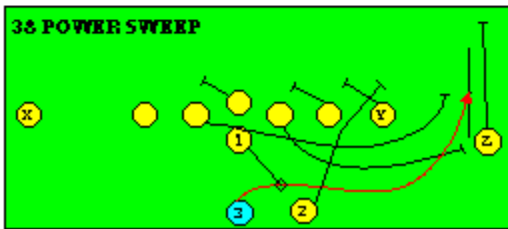
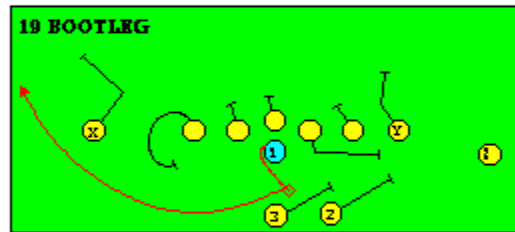
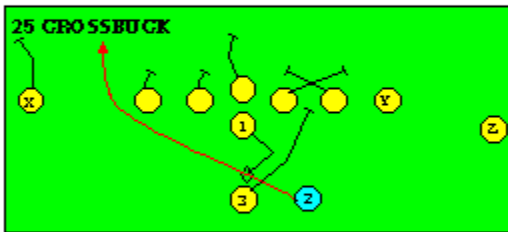
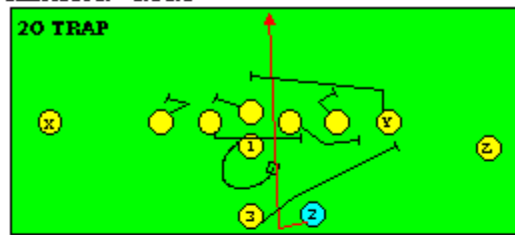
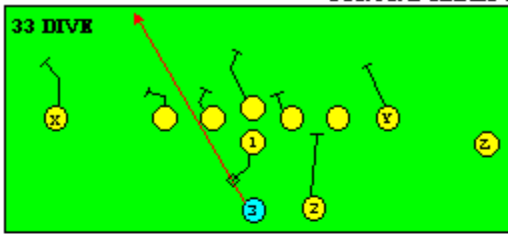
The PRO SPREAD FORMATION - RUNS



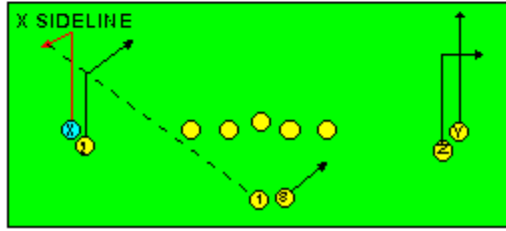
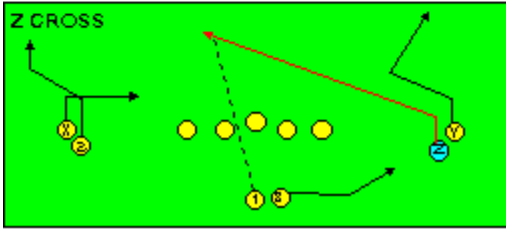
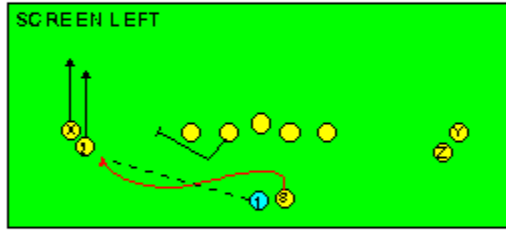
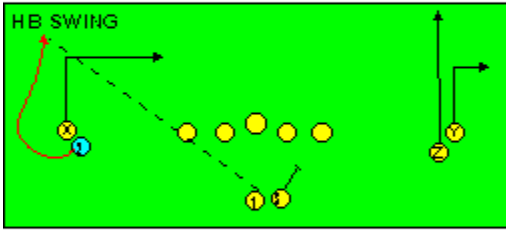
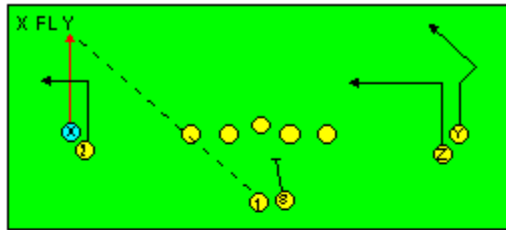
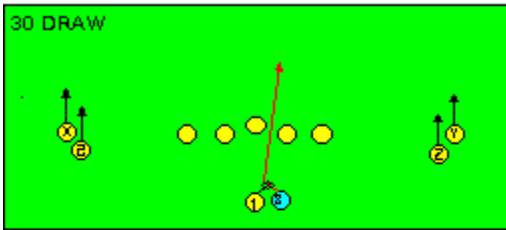
### I SLOT FORMATION • RUNS



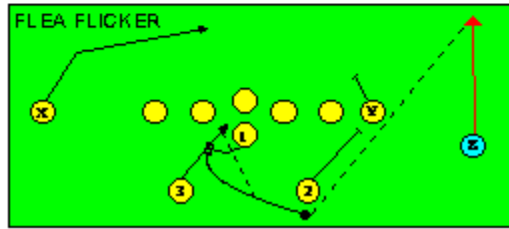
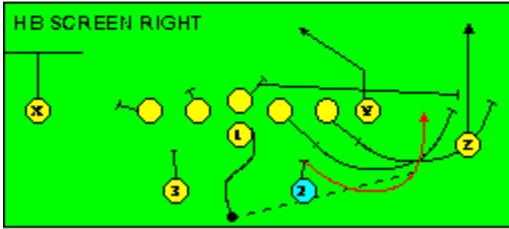
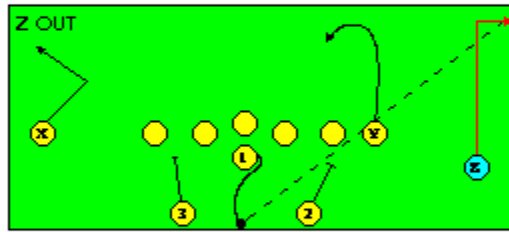
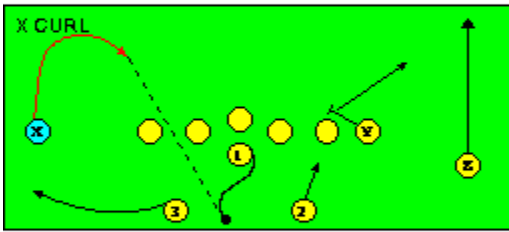
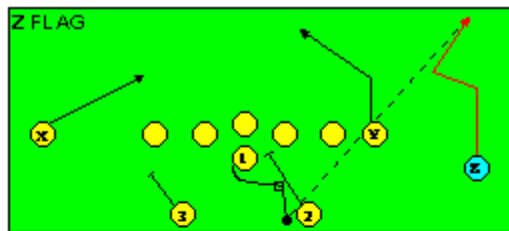
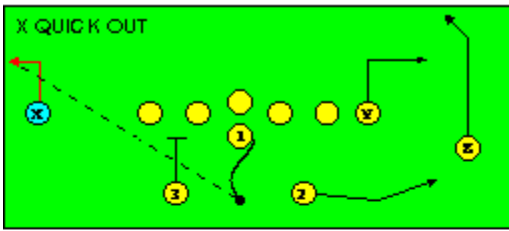
**STRONG RIGHT FORMATION - RUNS**



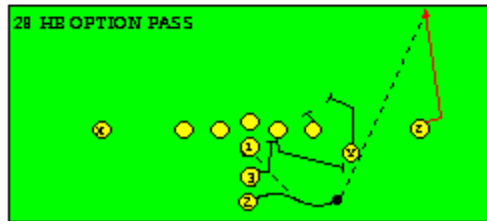
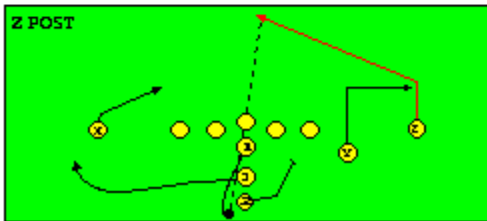
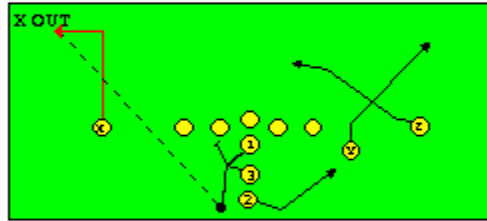
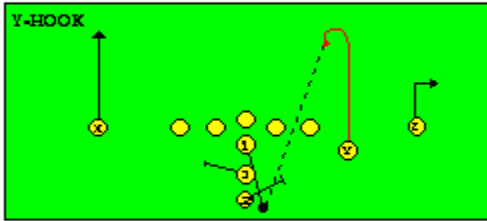
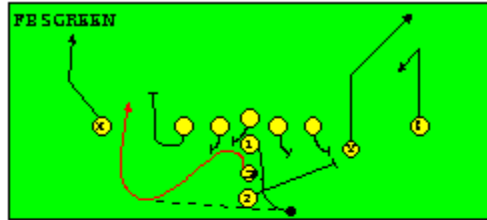
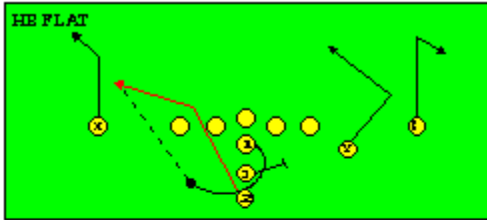
# SHOTGUN RUNS & PASSES



PRO FORMATION PASSES

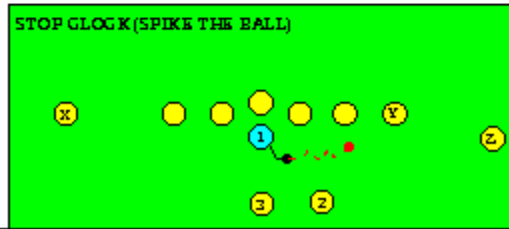
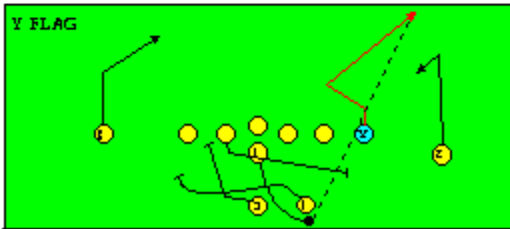
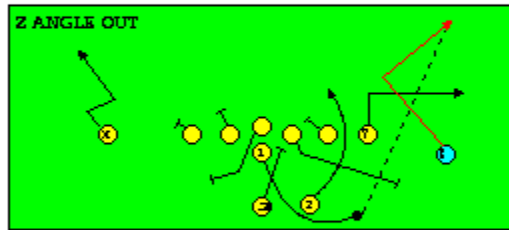
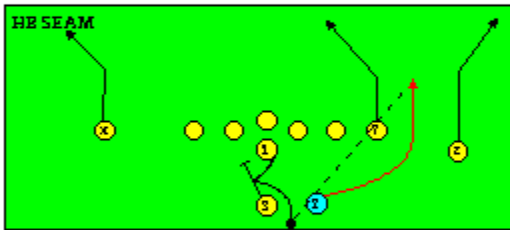
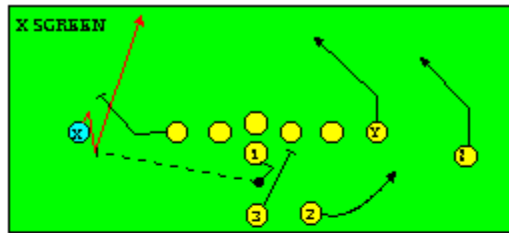
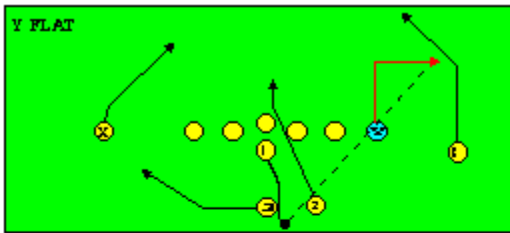


# The I SLOT FORMATION

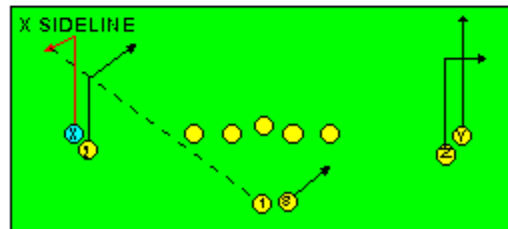
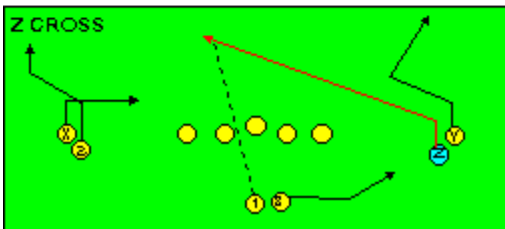
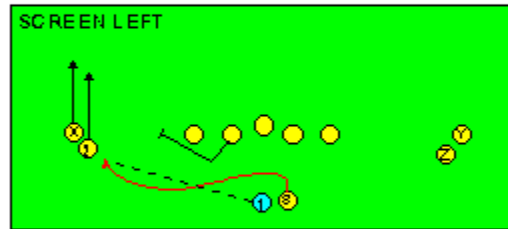
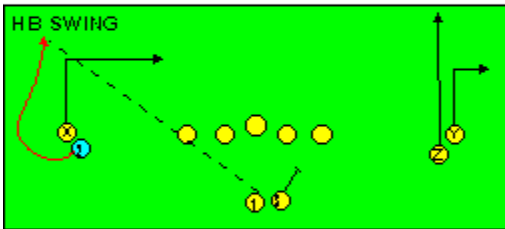
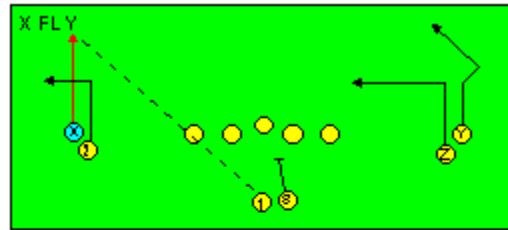
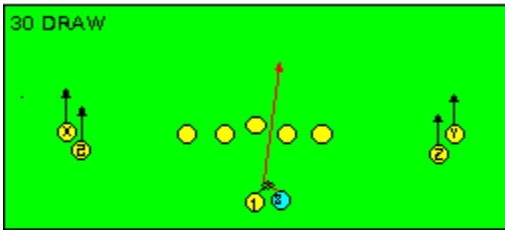




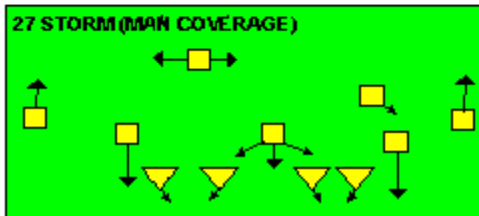
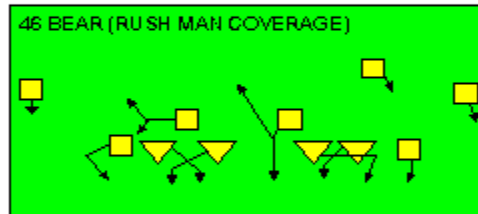
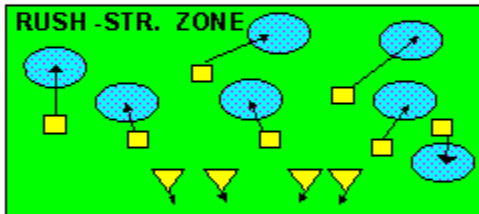
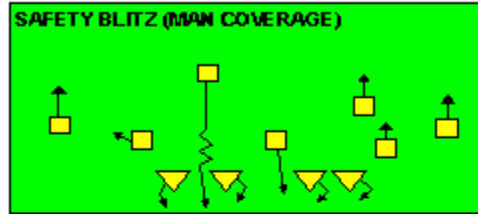
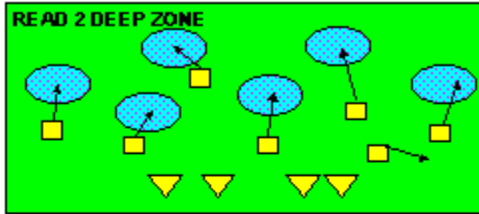
**STRONG RIGHT FORMATION - PASSES**



# SHOTGUN RUNS & PASSES

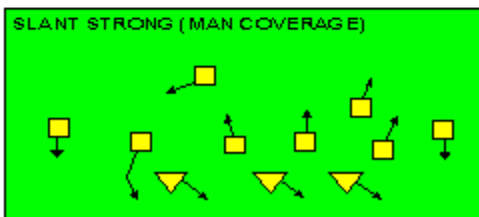
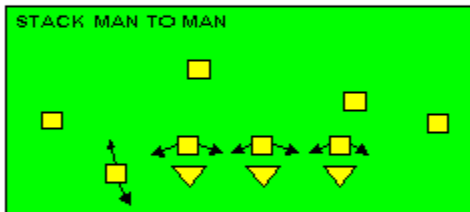
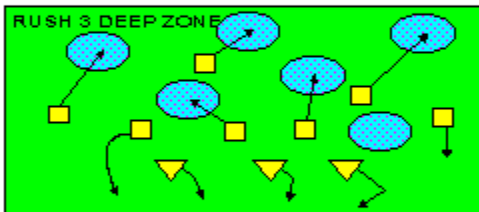
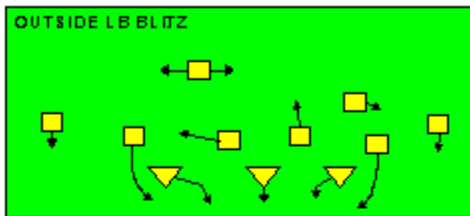
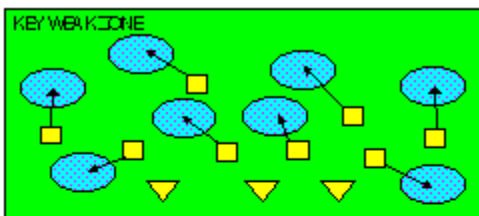


THE 4-3 BASIC



KEY - LINE READS PLAY, THEN REACTS.  
 RUSH - LINE THINKS "PASS" FIRST  
 MAN - MAN TO MAN (ONE ON ONE) COVERAGE  
 STRONG - "Y" SIDE OF FIELD  
 WEAK - X SIDE OF FIELD

## THE 3- 4 DEFENSES



KEY - LINE READS PLAY, THEN REACTS  
 RUSH - LINE THINKS "PASS" FIRST  
 MAN - MAN TO MAN (ONE ON ONE) COVERAGE  
 STRONG - "Y" SIDE OF FIELD  
 WEAK - X SIDE OF FIELD  
 STACK - LINEBACKERS ARE SHIELDED BY  
 LINEMEN AND REACT AFTER READING.

## SITUATION DEFENSES

