

The .JPEG format allows you to display images progressively (a little at a time as the image downloads from the server) and allows you to strike a balance between image quality and display speed:

1. In the .JPEG Export dialog box, enable the Progressive check box if desired.
2. Move the Quality Factor slider to the left to select a high quality image resolution, or select a lower quality image resolution. Keep in mind that the lower the image quality, the smaller the file.