

# **MEDINFO Version 4.0** Shareware-Version

(c) Sylvia Zedewitz, 2001-2002, S.Ze@freenet.de , <http://www.s-ze.de>

## **Description:**

This program will help you to manage your personal medical data.

From my work in a doctor's office I know that many patients spontaneously forget important informations: the date of their last vaccination, the name of a certain disease or of a certain medication, existing allergies and so on. In order to acquire further information fast, information about past stays in hospital or from other doctors may become important.

All this can be managed with little effort by the help of MEDINFO, the program is widely self-explaining. Besides MEDINFO offers the opportunity to register further data. This application has great features and a small size!

The section "Medical Test" is kept general by purpose for individual records: Here in four partitions, results from laboratory or other actual results can be recorded. In my opinion it doesn't make sense to offer pre-created values, because every patient has different problems as experience shows.

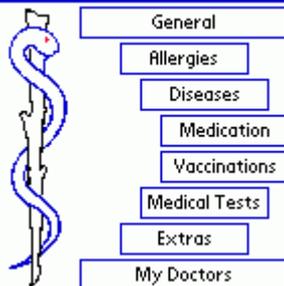
The category "Extras" offers additional space for "this and that". A simple reminder is included.

## **Installation and use:**

After having executed the single installer file on your Palm device, just tap the "Install MedInfo"-Icon to automatically expand the archive. After the install process, the install file will be deleted automatically. Do NOT deinstall a previous version. Thus already saved data will not be lost.

## **User's Guide:**

### **MedInfo Main Screen**



The selection of the main categories is made here.

Extended subcategories are found at "Medical Tests" and "Diseases".

### **General General Informations**

**Name:** Marc .....  
**Birthday:** 4/5/76 .....  
**Insurance** .....  
**Number:** .....  
**Height:** 191 ..... **Weight:** 80 kg .....  
**Blood T.:** ▼ B +  
**Notes:** .....  


Entry of the most important also non-medical data.

### **Allergies Allergies**

.....  
.....  
.....  
.....  
.....  
.....

You suffer from allergies or intolerances? Enter the relevant data here. (Add symptoms or allergy test results if you wish.)

**Please insert allergies against drugs** here



### Diseases

### Diseases

Pre-D.

OP/Hosp

### Permanent / Current Diseases

All important constant diseases and long-term illnesses belong into here.

Asthma  
High Blood Pressure  
.....  
.....  
.....

### Subcategories:

Enter all important previous diseases and data about previous hospital stays in the concerned subcategories.



### Pre-Diseases

### Pre-Disease

### Hospitals

### Hospital

Year Disease  
1988 Pneumonia

Year: 1988  
Disease: Pneumonia  
Notes: .....

Date: Reason:

Reason: .....  
from: to: .....  
Hospital: .....  
Notes: .....



### Medication

### Medicine

### Medication

Allergies (A. Med.):  
Cotrimazol

Drug: Metoprolol  
Kind of D.: Pill  
Reason: .....  
Dose: 1-0-0 always  
L. Refill: 2/13/02  
Doctor: Smith  
Notes: since 1996

.. is needed by almost everyone. You can filter the data in the table.

Refill: Drug: Dose:  
2/13/02 Metoprolol 1-0-0

All  
always  
if needed  
temporary  
currently not



### Vaccinations

### Vaccination

### Vaccinations

Date: Disease: Next:  
9/4/01 Grippe 9/4/02  
12/9/99 Hep. B  
11/12/99 Hep. A  
2/20/96 Polio 2/20/06

Disease: Hep. A  
Vaccine: Havrix 1440  
Date of V.: 11/12/99  
Next: 11/12/09  
Notes: .....

Information about the name of the serum or the date of the next necessary refresher vaccination can be inquired at your doctor's.



### Medical Tests

### Medical Tests

### Examinations

Special

In the respective subcategories is space for the examination results concerned.

### Blood Tests

Lab

Recommendation: To maintain fast access on relevant data old entries should be deleted now and then!

### Notes

Note 1

### Notes

Note 2



### Examinations

### Examination

### Special Examinations

Date Exam. Reason  
6/2/02 Knee (X- Pain

Date: 6/2/02  
Exam.: Knee (X-Ray)  
Reason: Pain  
Doctor: Smith  
Result: Normal

("Blood Tests" as described here!)

All  
Smith  
Client



## Doctors

Speciality	Name:	Name:
Practical Dentist	Smith Clent	Smith
		Special.: Practical
		Phone: 36 28 22 88
		L. Visit: 7/2/02
		Notes: .....

▲ ▼

The doctors' names appear at the popup-menus of various other categories.

## Reminder



Let it remind you of taking your medicine, your next appointment, etc.

## Problems:

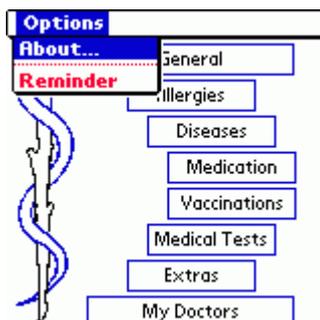
Requires PalmOS 3.1 (or above).

This applicaton was tested on the Palm Vx (OS 3.5, black/white), Palm M505 (OS 4.0, coloured) and with the Palm OS Emulator. I haven't found any problems which would cause a crash.

## Frequently Asked Questions (FAQs):

-Is it possible to run the application from SD/MMC-Card?

Please avoid installing this program on SD-cards and similar devices. This is only a recommendation, because I received SINGLE reports about problems connected to this subject.



-Where is the alarm-function?

There is no button for it; you will find it in the menu of the Main-Screen

## Restriction of Shareware-Version:

- "Start"-Screen
- Only black and white
- Size of lists is restricted
- Filter functions partly disabled
- No sorting
- No support

## History of MedinfoE:

- V 4.0 (09/11/02)
- New program code
- Requires PalmOS 3.1 or above (before 3.5 or above)
- Completely recreated
- Correct sorting (no Re-Sort function necessary)
- Programm manual is saved as .pdf-file

V 3.1 (08/02/02)

- Scrollbars
- "Drugs", "Allergies" recreated
- Filter holding

V 3.0 (05/30/02)

- Reminder/ Alarm-Function
- New menu item: "Main Page" (Return to ...)
- Design: New colors

V 2.2 (03/06/02)

- You can sort and resort your data! ("menu" > "ReSort DBs")
- A second notes field in "Medical Tests" instead of blood pressure values
- Some other little changes

V 2.1 (01/15/02)

- New: "unknown" in Popup "Blood Type"
- Button to edit the Popup "Doctor" easier
- In "Lab" and "Examination" new checkbox: "Normal"

V 2.0 (10/10/01)

- New Form: "Family History" (see "General")/ only full version
- Filter function in "Drugs" changed (by doctor now)
- New: Popup "Doctor" in "Blood Test" and "Examination"
- New: Filterfunction for "Blood Tests"
- New: Filterfunction for "Examinations"
- More lines in several fields
- BUGFIX

V 1.7 (09/01/01)

- "Medical Test" recreated: Forms for "Blood Tests" and "Special Examinations"

V 1.6 (08/12/01)

- New "Outfit"
- Form "Drug" extended

V 1.5 (07/15/01)

- "Drugs" re-created (Pop-Up extended, possibility of filtering)
- Bugfixes

V 1.4 (07/04/01)

- With the "Back"-Button you always will move to the previous form.
- New field: "Kind of Drug" (in the form "Drug")

V 1.3 (06/23/01)

- New Form: "Pre-Diseases".

V 1.2 (06/13/01)

- Form for actual blood pressure values
- With the "Back"-Button you always will move to the main form.

V 1.1 (06/05/01)

- First public release

## License:

MedInfo is shareware. If you find it useful, please register it at PalmGear (<http://store.yahoo.com/pilotgearsw/sylviazedewitz.html>) or visit my homepage for other possibilities. It only costs \$9. Then you will get the full version without any restrictions and "registration-reminder".

This software is provided without warranty. Use it at your own risk. I will not take responsibility for any form of damage or loss that occurs by using this software.

-----  
If you are interested in other "Medical Programs for Patients" please visit my homepage (<http://www.s-ze.de>)

**Sylvia Zedewitz**