

Sheet1

FCOD	CATEGORY,C,	TITLE,C,35	STDY	UNIT	UNITDESC	SIZE,C,	ADD_D,
9001	SAUCE	BEEF GRAVY (BROWN)	50	0		2 OZ	###
203	ENTREE	PORK, ROAST	50	0		3 OZ	###
9008	SAUCE	SYRUP, STRAWBERRY	50	0			###
1100	BREAD	PANROLLS, WHITE	50	0		1 EA	###
200	ENTREE	SPAGHETTI & ITALIAN MEATBALL SAUCE	50	0		6 OZ	###
500	VEGETABLE	MIXED VEGETABLES	50	0		4 OZ	###
1000	SIDEDISH	SWEET POTATOES	50	0		4 OZ	###
1500	CONDIMENT	DRESSING, RANCH - READY MADE	50	0		1 OZ	###
700	FRUIT	PEARS	50	0			###
1102	BREAD	FRENCH BREAD, GARLIC	50	14	LOAVES	1 SL	###
600	VEG SALAD	TOSSED SALAD	50	0		4 OZ	###
502	VEGETABLE	CAULIFLOWER	50	0		4 OZ	###
1001	SIDEDISH	SWEET POTATOES - CANDIED	50	0		4 OZ	###
1101	BREAD	PANROLLS - WHOLE WHEAT	50	0		1 EA	###
1104	BREAD	BREAD, WHOLE WHEAT	50	0		1 SL	###
9002	SAUCE	ITALIAN SPAGHETTI SAUCE	50	0		3 OZ	###
602	VEG SALAD	TOSSED SALAD W/TOMATOES	50	0		4 OZ	###
1105	BREAD	FRENCH BREAD, BUTTERED	50	0		1 SL	###
1002	SIDEDISH	SWEET POTATOES - PUREE/SPECIAL	50	0		4 OZ	###
1201	DESSERT	ICE CREAM	50	0		4 OZ	###
1	BEVERAGE	ORANGE JUICE	50	0		4 OZ	###
153	CEREAL	CORNFLAKES	50	0		1 C	###
1501	CONDIMENT	BUTTER REDDIES	50	0		1 PAT	###
4	BEVERAGE	JUICE, TOMATO	50	0		4 OZ	###
154	CEREAL	RICE KRISPIES	50	0		1 C	###
206	ENTREE	TURKEY, ROAST	50	0		3 OZ	###
503	VEGETABLE	SCANDANAVIAN VEGETABLES	50	0		4 OZ	###
504	VEGETABLE	GREEN BEANS	50	0		4 OZ	###
703	FRUIT	MANDARIN ORANGES	50	0		4 OZ	###
300	CASSEROLE	SPANISH RICE W/GROUND BEEF	50	0		8 OZ	###
1003	SIDEDISH	SAGE DRESSING	50	0		4 OZ	###
1502	CONDIMENT	CRANBERRY SAUCE	50	0		1 OZ	###
9003	SAUCE	TURKEY GRAVY	50	0		2 OZ	###
706	FRUIT	PEACHES	50	0			###
102	BREAKFAST	EGG, SOFT COOKED	50	0		1 EA	###
103	BREAKFAST	SAUSAGE LINKS	50	0		2 OZ	###
156	CEREAL	CREAM OF RICE	50	0		8 OZ	###
209	ENTREE	BEEF STEW	50	0		6 OZ	###
211	ENTREE	HAM, BAKED	50	0			###
579	VEGETABLE	BEETS	50	0		4 OZ	###
580	VEGATABLE	BEETS, PICKLED	50	0		4 OZ	###
603	VEG SALAD	COLESLAW, W/GREEN PEPPERS	50	0		4 OZ	###
604	VEG SALAD	COLESLAW, W/PINEAPPLE	50	0		4 OZ	###
605	VEG SALAD	COLESLAW, W/CARROTS	50	0		4 OZ	###
707	FRUIT	APPLE SLICES, SPICED	50	0		4 OZ	###
1004	SIDEDISH	POTATOES, AUGRATIN	50	0		4 OZ	###
1202	DESSERT	GELATIN - LIME W/WHIP TOPPING	50	0		1 PC	###
1205	DESSERT	ORANGE GELATIN SALAD	50	0		1 PC	###

Sheet1

9004 SAUCE	HORSERADISH SAUCE	50	0	1 OZ	###
9005 SAUCE	WHITE SAUCE, MEDIUM	128	0	1 OZ	###
1109 BREAD	BISCUIT, CHEESE	50	0	1 EA	###
9007 SAUCE	DRESSING, SLAW	50	0	1 OZ	###
108 BREAKFAST	BACON	50	0	2 SL	###
106 BREAKFAST	BATTER, FRENCH TOAST	100	0	1 EA	###
107 BREAKFAST	PANCAKES	100	0	1 EA	###
213 ENTREE	PIZZA, TOSTADA	50	0	1 PC	
301 CASSEROLE	TUNA NOODLE CASSEROLE	50	0	8 OZ	###
581 VEGETABLE	BROCCOLI, SPEARS	50	0	4 OZ	###
1206 DESSERT	FILLING, CHERRY	50	0	4 OZ	###
1207 DESSERT	TOPPING, CRISP	50	0	4 OZ	###
1208 DESSERT	CRUST, GRAHAM CRACKER	50	0	1 OZ	###
9006 SAUCE	SYRUP, PINEAPPLE	50	0	2 OZ	###
9009 SAUCE	SALSA	50	0	1 OZ	###
710 FRUIT	CHERRIES, DARK SWEET	50	0	4 OZ	###
712 FRUIT	BANANA, FRESH	50	0	1/2 EA	###
714 FRUIT	APRICOTS	50	0	4 OZ	###
800 FRT SALAD	PEAR WALDORF	50	0	4 OZ	###
1005 SIDEDISH	POTATOES, MASHED	50	0	4 OZ	###
1111 BREAD	CRUST, PIZZA	50	0	1 PC	###
1110 BREAD	BREAD, FRENCH - HOMEMADE	80	0	1 SL	###
110 BREAKFAST	OMELET, CHEESE	50	0	2 OZ	###
215 ENTREE	MEATBALLS, SAVORY	50	0	4 OZ	
217 ENTREE	SANDWICH, PASTRAMI/CHEESE	50	0	1 EA	###
583 VEGETABLE	SPINACH	50	0	4 OZ	###
715 FRUIT	FRUIT COCKTAIL	50	0	4 OZ	###
716 FRUIT	PINEAPPLE, TIDBITS	50	0	4 OZ	###
1113 BREAD	BREAD, ONION/CHEESE	50	0	1 PC	###
1114 BREAD	CRACKERS, SALTINE	50	0	3 EA	###
1300 COOKIE	COOKIE, CHOCOLATE CHIP	50	0	1 EA	###
1301 COOKIE	COOKIE, SUGAR	50	0	1 EA	###
1302 COOKIE	COOKIE, CHOCOLATE SWIRL	50	0	1 EA	###
1303 COOKIE	COOKIE, CINNAMON/SUGAR	50	0	1 EA	###
9010 SAUCE	SAVORY MEATBALL SAUCE	50	0	1 OZ	###
400 SOUP	VEGETABLE LENTIL SOUP	50	0	6 OZ	###
111 BREAKFAST	WAFFLES	50	0	2 EA	###
112 BREAKFAST	HAM, BREAKFAST	50	0	2 OZ	###
220 ENTREE	PORK CHOPLET	50	0	4 OZ	###
302 CASSEROLE	TURKEY TETRAZZINI	50	0	8 OZ	###
584 VEGETABLE	CARROTS	50	0	4 OZ	###
606 VEG SALAD	4-BEAN SALAD - HOMEMADE	50	0	4 OZ	###
607 VEG SALAD	4-BEAN SALAD - READI MADE	50	0	4 OZ	###
718 FRUIT	APPLESAUCE, ROSY	50	0	4 OZ	###
1006 SIDEDISH	RICE	50	0	4 OZ	###
1209 DESSERT	SHERBET	50	0	4 OZ	###
1400 CAKE	CAKE, ORANGE	50	0	1 PC	###
1401 CAKE	FROSTING, ORANGE	50	0	1 PC	###
9011 SAUCE	SWEET & SOUR SAUCE	50	0	2 OZ	###

Sheet1

9013 SAUCE	SYRUP, MAPLE - HOMEMADE	50	0	2 OZ	###
9014 SAUCE	SYRUP, MAPLE - READI MADE	50	0	2 OZ	###
222 ENTREE	HAMBURGER/BUN W/CHEESE	50	0	1 EA	###
224 ENTREE	HAMBURGER/BUN	50	0	1 EA	###
226 ENTREE	FISH NUGGETS	50	0	7 EA	###
228 ENTREE	FISH FILLETS	20	0	3 OZ	###
585 VEGETABLE	TOMATOES, STEWED	50	0	4 OZ	###
801 FRT SALAD	FRUIT CUP, TROPICAL	50	0	4 OZ	###
1008 SIDEDISH	TATER TOTS	50	0		###
1009 SIDEDISH	POTATOES, SCALLOPED	50	0	4 OZ	###
1115 BREAD	BISCUIT	50	0	1 EA	###
1210 DESSERT	PUDDING, CHOCOLATE	50	0	4 OZ	###
1505 CONDIMENT	CATSUP	50	0	1 OZ	###
1506 CONDIMENT	DRESSING, ITALIAN - READY MADE	50	0	1 OZ	###
1507 CONDIMENT	DILL SAUCE	50	0	1 OZ	###
6 BEVERAGE	JUICE, APPLE	50	250 GALLON	4 OZ	###
229 ENTREE	CHILI CON CARNE	50	0	6 OZ	###
230 ENTREE	SANDWICH, EGG SALAD	50	0	1 EA	###
231 ENTREE	SANDWICH, TUNA SALAD	50	0	1 EA	###
586 VEGETABLE	CELERY STICKS	50	0	3 EA	###
1116 BREAD	MUFFIN, ENGLISH	50	0	1 EA	###
1117 BREAD	BUN, HAMBURGER	50	0	1 EA	###

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Sheet1

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Sheet1

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