

MasterCook PC Import - Export by Arion Software, Inc.

This program is free and can be freely distributed provided it is not sold or modified in any way.
Requires Microsoft Windows version 3.0 or later.
The documentation is provided in the file: MCIMPEXP.WRI

If you already own MasterCook PC for Windows -- thank you for your support!
If you don't own it and would like to learn about MasterCook PC, here is a brief summary of the program's major features and information on how to order the program:

===== About MasterCook PC =====

MasterCook PC is a cooking program that combines recipe management and nutrition analysis in one easy-to-use application. This Windows-based program lets you store and retrieve your favorite recipes instantly, scale recipes for any number of servings (up to 999), and automatically create shopping lists and nutritional analyses of recipes. MasterCook PC's exclusive MenuMaker feature lets you create single-meal menus as well as meal and diet plans for up to 31 days.

Other features include an online cooking glossary of almost 450 items; a nutrition database of 1650 food items that can be expanded to include 350 additional user-specified items; a wine list manager; and cooking tips on yields and equivalents, ingredient substitutions, and spices.

MasterCook PC is a thoroughly Windows application, supporting multiple windowing; fonts, sizes, and styles; and a graphical, intuitive interface that's easy to learn and use. MasterCook PC is ideal for cooking enthusiasts, dieters, athletes, and busy professionals.

===== How to Order MasterCook PC =====

MasterCook PC is available from your local software dealer and by mail order from MicroWAREHOUSE (800-367-7080) and other mail order retailers.

For more information please contact Arion Customer Support at 1-800-444-8104 or write to:
Customer Support Department
Arion Software, Inc.
3355 Bee Cave Rd., Suite 503
Austin, Texas 78746

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A demonstration version of MasterCook PC can be found on:

America On-Line	-- file names MCWINDEM.ZIP or MCDEMO.ZIP
CompuServe	-- file name MCDEMO.ZIP (cooking forum)
Other BBS's	-- file names MCDEMO.ZIP or MCWINDEM.ZIP