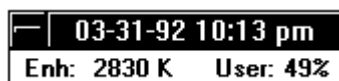


Fres Version 1.00

Fres is a little Windows 3.0 program designed to display update vital session information. Fres displays and updates the current date, time, windows mode, free memory and free system resources (the percentage of space remaining in the User or GDI heaps -- whichever is less). It will not run in real mode.

The display looks something like this:



Mode Memory Heap %

Description

Mode	The Windows Mode Enh -- Enhanced 386 mode Std -- Standard mode
Memory	The remaining amount of system memory. This may total more than the physical amount of storage in the machine in enhanced mode. Welcome to the world of virtual memory!
Heap	The name of the limiting windows heap User -- the USER.EXE heap GDI -- the GDI.EXE heap By 'limiting' we mean the heap which has the least free memory. These 2 heaps comprise what Windows calls 'Free System Resources'.
%	The amount of space remaining in the heap.

When you close Fres, it saves its current location to the WIN.INI file. It starts up in the saved position the next time you open it.

Fres is copyrighted software, but you may use it and distribute the program freely. Please report any problems, comments or suggestions for Fres to:

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DISCLAIMER

No guarantees whatsoever.