

TURKEY BLACK BEAN CHILI

1 lb. ground turkey
1 chopped onion
1 T. oil
2 large garlic cloves
1-1/2 T. chili powder
1/2 t. salt
4 oz. diced green chilies
2 28-oz. cans whole tomatoes, crushed
2 16-oz. cans black beans
sour cream
shredded cheddar cheese
guacamole

Brown turkey and onion in oil. Drain off fat. Add crushed garlic and next 5 ingredients. Bring to boil, reduce heat, and simmer, stirring occasionally, for 30 minutes. Serve topped with remaining ingredients. Makes 6 to 8 servings.

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