

CORN AND BLACK BEAN SALAD

16 oz. drained black beans
10 oz. drained corn
1/2 green pepper, chopped
1/2 red pepper, chopped
2 sliced green onions
1 T. parsley
1 T. oil
2 T. lime juice
black pepper

Toss all ingredients, sprinkling with pepper last. Refrigerate several hours. Makes 8 1/2 cup servings at 90 calories each.

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