

Chrome effect. The essential chrome effect, don't leave home without it!

1. Create your type layer, or import your shape that you want to turn into shiny chrome  
Render type: right click/mac Cmd click the name on the layer and select "render type".  
This converts your text to an object, so you can apply all the filters to it.
2. select a dark gray for your foreground color and a light gray for your background.
3. Select the gradient tool (Linear, fore to background) and drag from the top to the bottom of the image. Tip: Hold down the shift key to constrain to 90 degrees.