

## **Topics in Session 07-08**

### **Acquired Diseases:**

Exercise and Asthma  
Effects of exercise on depression  
Malaria  
Obesity  
Alcohol Addiction

### **Diseases affecting the Immune System**

SLE  
Myasthenia Gravis  
HIV/AIDS  
Multiple Sclerosis

### **Developmental Diseases**

Thalidomide  
Fetal Alcohol  
Progeria  
Cleft Palate

### **Genetic Diseases**

Cystic Fibrosis  
Huntington's  
Breast Cancer  
DMD

### **Diseases affecting the Nervous System**

SAD  
Parkinson's  
ALS  
MS  
Alzheimer's Disease

### **Exercise is the Best Medicine**

Exercise and Osteoporosis  
Exercise and Hypertension  
Exercise and Heart Disease  
Exercise and Depression  
Exercise and Cancer  
Cheating Aids in Sport