

September 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Breakfast</u> Assorted juices & cereal available daily</p>	<p><u>Lunch:</u> Bread, fruit & assorted milk are available daily. Salad bar is available for a lunch alternative for grades 4-12</p>			
<p>3 Labor Day No School</p>	<p>4 Welcome Back!</p> <p>B-Pancakes</p> <p>L-Hot dog, broccoli w/ cheese, potato wedges & fruit</p>	<p>5</p> <p>B-Hot pocket</p> <p>L-Grilled cheese sandwich, tomato soup w/crackers, celery & fruit</p>	<p>6</p> <p>B-Breakfast pizza</p> <p>L-Turkey/cheese sandwich, smiley potatoes, lettuce/tomato salad, green beans & fruit</p>	<p>7</p> <p>B-Cinnamon roll</p> <p>L-Chicken nuggets, rice pilaf, carrots & fruit</p>
<p>10</p> <p>B-French toast</p> <p>L-Cheeseburger, sweet potato fries, lettuce/tomato salad, fresh carrots, pickles & fruit</p>	<p>11</p> <p>B-English muffin w/ scrambled egg & cheese</p> <p>L-Chicken quesadilla w/ lettuce/tomato/sour cream/salsa, refried beans & fruit</p>	<p>12</p> <p>B-Ham/Bagel</p> <p>L-Sloppy joe, nachos w/ cheese sauce, broccoli & fruit</p>	<p>13</p> <p>B-Breakfast burrito</p> <p>L-Turkey gravy over mashed potatoes, squash, buttered bread & fruit</p>	<p>14</p> <p>B-Caramel roll</p> <p>L-Stuffed crust pizza, tossed Romain lettuce salad, veggies w/dip & fruit</p>
<p>17</p> <p>B-Waffle</p> <p>L-Chicken sandwich, savory rice, California blend & fruit</p>	<p>18</p> <p>B-Pancake wrap</p> <p>L-Chili, cheese sticks, celery, cornbread, chocolate cake & fruit</p>	<p>19</p> <p>B-Sausage gravy over biscuit</p> <p>L-Spaghetti w/meat sauce, corn, bread stick & fruit</p>	<p>20</p> <p>B-Oatmeal & yogurt</p> <p>L-Mini corn dogs, french fries, peas & fruit</p>	<p>21</p> <p>B-Cinnamon roll</p> <p>L-Cheesy bread w/dunker sauce, green beans, celery sticks & fruit</p>
<p>24</p> <p>B-Funnel cakes</p> <p>L-Ham/cheese sandwich, ham/bean soup w/ crackers, carrots & fruit</p>	<p>25</p> <p>B-Breakfast bagel</p> <p>L-Tater tot hotdish, mixed veggies, buttered bread & fruit</p>	<p>26</p> <p>B-Cowboy bread & sausage links</p> <p>L-Beef or chicken tacos w/lettuce & tomato, s cream & salsa, sweet potato puffs & fruit</p>	<p>27</p> <p>B-Scrambled egg, ham & muffin</p> <p>L-BBQ pork sandwich, coleslaw, baked beans, triangle potatoes & fruit</p>	<p>28</p> <p>B-Caramel roll</p> <p>L-Chicken strips, 3 bean salad, french fries & fruit</p>