September 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast Assorted juices \& cereal available daily | NO SCHOOL <br> LABOR DAY | 2 <br> B-Pancakes <br> L-Hot dogs, baked beans, tater tots, fruit | 3 <br> B-Bagel \& ham <br> L-Turkey/cheese sandwich, carrots w/dip, smiley potatoes, lettuce \& tomato \& fruit | 4 <br> B-Breakfast pizza <br> L-Beef gravy over noodles or mashed potatoes, corn \& fruit | 5 <br> B-Cinnamon roll <br> L-Chicken nuggets, sweet potato fries, green beans \& fruit | 6 |
| 7 | 8 <br> B-French toast <br> L-Cheeseburger w/lettuce \& tomato, french fries, broccoli \& fruit | 9 <br> B-Stuffed hash browns <br> L-Chicken sandwich, rice pilaf, peas \& fruit | 10 B-Cowboy bread \& sausage links <br> L-Sloppy joes, nachos w/ cheese, mixed veggies \& fruit | 11 B-Scrambled eggs, ham \& muffin <br> L-Spaghetti w/meat sauce, corn, bread stick \& fruit | 12 <br> B-Carmel roll <br> L-Chicken quesadilla w/ lettuce \& tomato \& sour cream, tater tots. Celery sticks w/dip \& fruit | 13 |
| 14 | 15 <br> B-Waffles <br> L-Chicken fajita on a bun, lettuce \& tomato, carrots, smiley potatoes \& fruit | 16 <br> B-Muffin \& yogurt <br> L-Ham/cheese sandwich, soup w/crackers, cauliflower w/dip \& fruit | 17 <br> B-Sausage gravy over biscuit <br> L-Beef or chicken taco w/ lettuce \& tomato, sour cream, refried beans, tater tots \& fruit | 18 <br> B-Apple turnover <br> L-Turkey gravy over mashed potatoes, green beans, buttered bread \& fruit | 19 <br> B-Cinnamon roll <br> L-Stuffed crust pizza, tossed salad, fresh veggies w/dip \& fruit | 20 |
| 21 | 22 <br> B-Breakfast bagel <br> L-Riblets, criss cut potatoes, peas/carrots \& fruit | 23 <br> B-Pancake wrap <br> L-Grilled cheese sandwich, tomato soup w/crackers, celery sticks \& fruit | 24 <br> B-Egg, sausage \& cheese English muffin sandwich <br> L-Pasta bar with Alfredo sauce over spaghetti or noodles, broccoli, garlic bread \& fruit | 25 <br> B-Breakfast burrito <br> L-Chicken strips, french fries, veggies w/dip \& fruit | 26 <br> B-Caramel roll <br> L-Mini corn dogs, green beans, mac \& cheese \& fruit | 27 |
| 28 | 29 <br> B-Funnel cakes <br> L-BBQ beef on a bun, cole slaw, smiley potatoes \& fruit | 30 <br> B-Pancakes <br> L-Fish sandwich, french fries, broccoli \& fruit |  |  |  | Lunch: Bread, fruit \& assorted milk are available daily. Salad bar is available for a lunch alternative for grades 4-12 |

