

## September 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Assorted juices & cereal available daily	NO SCHOOL LABOR DAY	2 B-Pancakes L-Hot dogs, baked beans, tater tots, fruit	3 B-Bagel & ham  L-Turkey/cheese sandwich, carrots w/dip, smiley potatoes, lettuce & tomato & fruit	4 B-Breakfast pizza L-Beef gravy over noodles or mashed potatoes, corn & fruit	5 B-Cinnamon roll L-Chicken nuggets, sweet potato fries, green beans & fruit	6
7	8 B-French toast  L-Cheeseburger w/lettuce & tomato, french fries, broccoli & fruit	9 B-Stuffed hash browns L-Chicken sandwich, rice pilaf, peas & fruit	10 B-Cowboy bread & sausage links L-Sloppy joes, nachos w/ cheese, mixed veggies & fruit	11 B-Scrambled eggs, ham & muffin L-Spaghetti w/meat sauce, corn, bread stick & fruit	12 B-Carmel roll  L-Chicken quesadilla w/ lettuce & tomato & sour cream, tater tots. Celery sticks w/dip & fruit	13
14	15 B-Waffles L-Chicken fajita on a bun, lettuce & tomato, carrots, smiley potatoes & fruit	16 B-Muffin & yogurt L-Ham/cheese sandwich, soup w/crackers, cauliflower w/dip & fruit	17 B-Sausage gravy over biscuit  L-Beef or chicken taco w/ lettuce & tomato, sour cream, refried beans, tater tots & fruit	18 B-Apple turnover  L-Turkey gravy over mashed potatoes, green beans, buttered bread & fruit	19 B-Cinnamon roll L-Stuffed crust pizza, tossed salad, fresh veggies w/dip & fruit	20
21	22 B-Breakfast bagel  L-Riblets, criss cut potatoes, peas/carrots & fruit	23 B-Pancake wrap  L-Grilled cheese sandwich, tomato soup w/crackers, celery sticks & fruit	24 B-Egg, sausage & cheese English muffin sandwich  L-Pasta bar with Alfredo sauce over spaghetti or noodles, broccoli, garlic bread & fruit	25 B-Breakfast burrito L-Chicken strips, french fries, veggies w/dip & fruit	26 B-Caramel roll L-Mini corn dogs, green beans, mac & cheese & fruit	27
28	29 B-Funnel cakes L-BBQ beef on a bun, cole slaw, smiley potatoes & fruit	30 B-Pancakes L-Fish sandwich, french fries, broccoli & fruit				Lunch: Bread, fruit & assorted milk are available daily. Salad bar is available for a lunch alternative for grades 4-12