


October 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Assorted juices & cereal available daily			1 B-Bagel/ham L-Turkey sandwich, soup w/crackers, veggies w/dip, leaf lettuce & tomato & fruit	2 B-Apple turnover L-Sloppy joe, nachos w/cheese sauce, corn & fruit	3 B-Cinnamon roll L-BBQ chicken bits, rice pilaf, peas & fruit	4
5	6 B-Waffles L-Chicken sandwich, french fries, green beans & fruit	7 B-Oatmeal & muffin L-Hot pork w/mashed potatoes & gravy, buttered bread, corn & fruit	8 B-Cowboy bread & sausage links L-Chili w/crackers, cheese, corn bread, chocolate cake & fruit	9 B-Sausage/egg/cheese biscuit L-Tater tot hotdish, mixed veggies, buttered bread & fruit	10 B-Caramel roll L-Mini corn dogs, smiley potatoes, broccoli & fruit	11
12	13 B-Funnel cakes L-Lasagna w/meat sauce, corn, garlic bread & fruit	14 B-Bagel/ham L-Ham/cheese sandwich w/leaf lettuce & tomato, soup w/crackers & fruit	15 B-Cinnamon roll L-Stuffed crust pizza, California Medley, veggies w/dip & fruit	MEA NO SCHOOL		18
19	20 B-Pancakes L-Cheeseburger w/lettuce & tomato, french fries, carrots & fruit	21 B-Scrambled egg, ham, muffin L-Grilled cheese sandwich, soup w/crackers, celery sticks & fruit	22 B-Stuffed hashbrowns L-Baked potato bar w/ham, cheese, broccoli, chili, butter, sour cream & fruit	23 B-Breakfast pizza L-Hamburger gravy over mashed potatoes, corn, buttered bread & fruit	24 B-Caramel roll L-Cheesy bread w/dunker sauce, peas & fruit	25
26	27 B-Pizza bagel L-Hot dog, baked beans, mac & cheese & fruit	28 B-Breakfast burrito L-Chicken or beef taco w/lettuce & tomato cup, s. Cream, tater tots, refried beans & fruit	29 B-Sausage gravy over biscuit L-Chicken gravy over mashed potatoes, green beans & fruit	30 B-Pancake wrap K-3: Tacos w/lettuce & tomato cup, tater tots & fruit 4-12: Build your own taco salad w/lettuce, tomato, onions taco meat & s. Cream & salsa, nachos w/cheese sauce, bread stick & fruit	31  B-Assorted rolls L-Chicken nuggets, french fries, veggies w/dip & fruit	Lunch: Bread, fruit & assorted milk are available daily. Salad bar is available for a lunch alternative for grades 4-12