


January 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Breakfast</u> Assorted juices & cereal available daily</p>			<p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>NO SCHOOL</p>	<p>4</p>
<p><u>Lunch:</u> Bread, fruit & assorted milk are available daily. Salad bar is available for a lunch alternative for grades 4-12</p>	<p>6</p> <p>B-French toast</p> <p>L-Cheeseburger w/lettuce & tomato, french fries, broccoli & fruit</p>	<p>7</p> <p>B-Stuffed hash browns</p> <p>L-Chicken sandwich, rice pilaf, peas & fruit</p>	<p>8</p> <p>B-Cowboy bread & sausage links</p> <p>L-Sloppy joe, nachos w/ cheese sauce, mixed veggies & fruit</p>	<p>9</p> <p>B-Scrambled eggs, ham & muffin</p> <p>L-Long spaghetti w/meat sauce, corn, bread stick & fruit</p>	<p>10</p> <p>B-Caramel roll</p> <p>L-Chicken quesadilla w/ lettuce, tomato & sour cream, tater tots, celery sticks w/dip & fruit</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>B-Waffle</p> <p>L-Chicken fajita on a bun w/lettuce & tomato, carrots, smiley potatoes & fruit</p>	<p>14</p> <p>B-Muffin & yogurt</p> <p>L-Ham & cheese sandwich, soup w/crackers, cauliflower w/dip & fruit</p>	<p>15</p> <p>B-Sausage gravy over biscuit</p> <p>L-Beef or chicken taco w/ lettuce/tomato cup, sour cream, refried beans, tater tots & fruit</p>	<p>16</p> <p>B-Breakfast bagel</p> <p>L-Turkey gravy over mashed potatoes, green beans, buttered bread & fruit</p>	<p>17</p> <p>B-Cinnamon roll</p> <p>L-Stuffed crust pizza, tossed salad, fresh veggies w/dip & fruit</p>	<p>18</p>
<p>19</p>	<p>20</p> <p>NO SCHOOL</p>	<p>21</p> <p>B-Pancake wrap</p> <p>L-Grilled cheese sandwich, tomato soup w/crackers, celery sticks & fruit</p>	<p>22</p> <p>B-Saus., egg & cheese muffin</p> <p>L-Pasta bar w/chicken Alfredo sauce or spaghetti sauce over noodles, broccoli, garlic bread & fruit</p>	<p>23</p> <p>B-Breakfast burrito</p> <p>L-Chili w/crackers, cheese sticks, chocolate cake & fruit</p>	<p>24 - EARLY RELEASE</p> <p>B-Caramel roll</p> <p>L-Mini corn dogs, mac & cheese, green beans & fruit</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>B-Funnel cakes</p> <p>L-BBQ pork on a bun, cole slaw, smiley potatoes & fruit</p>	<p>28</p> <p>B-Pancakes</p> <p>L-Hot dog, baked beans, tater tots & fruit</p>	<p>29</p> <p>B-Bagel & ham</p> <p>L-Turkey/cheese sandwich w/lettuce & tomato, smiley potatoes carrots w/dip and fruit</p>	<p>30</p> <p>B-Breakfast pizza</p> <p>L-Beef gravy over noodles or mashed potatoes, corn & fruit</p>	<p>31</p> <p>B-Cinnamon roll</p> <p>L-Chicken nuggets, sweet potato fries, green beans & fruit</p>	