September 2009

Sports
21st Century/Kids Plus
Community Education
School Board/Admin
Outside Agency
Arts & Music

August 2009 September 2009 October 2009 S M T W T F S S M T W T F S S M T W T F S 1 2 3 2 3 4 5 6 7 8 6 7 8 9 10 11 12 4 5 6 7 8 9 10 9 10 11 12 13 14 15 13 14 15 16 17 18 19 11 12 13 14 15 16 17 16 17 18 19 20 21 22 20 21 22 23 24 25 26 18 19 20 21 22 23 24 23 24 25 26 27 28 29 27 28 29 30 25 26 27 28 29 30 31 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	7:30 AM Open Exercise (C. Meadows)	Teacher Inservice 5:00 PM Weight Watchers (Home Ec Rm)	Teacher Workday 7:30 AM Open Exercise (C. Meadows)	Teacher Workday 12:00 PM Hospice Training 5:00 PM JH FB Scrimmage @ Cromwell 5:00 PM Open House 5:05 PM VB @ CROMWELL (V, JV & JH)	4 Open House 7:00 PM FB @ Hill City	5
6	No School 7:30 AM Open Exercise (C. Meadows)	1st Day of School 5:00 PM Weight Watchers (Home Ec Rm) 5:45 PM JV FB @ Floodwood 5:45 PM VB (V, JV) @ CARLTON	9 7:30 AM Open Exercise (C. Meadows) 3:30 PM Elem VB	10 12:00 PM Hospice Training 4:00 PM CC Meet @ Peq Lakes 5:45 PM JHFB - Floodwood 5:45 PM VB (V, JV & JH) - WRENSHALL	7:00 PM FB – LaPorte	12
13	5:00 AM JHVB @ Carlton 7:30 AM Open Exercise (C. Meadows) 4:30 PM JHFB – Northland Remer 6:00 PM JV FB – Northland Remer	3:30 PM GED Class (MORE Bldg) 4:30 PM CC Meet @ Northland 5:00 PM Weight Watchers (Home Ec Rm) 6:00 PM Cub Scout Meeting	7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class 3:30 PM Elem VB 6:30 PM Memoir Class	### 4:00 PM CC Meet @ Eveleth ### 5:45 PM JHFB @ Hill City ### 5:45 PM VB – BARNUM	7 T:00 PM FB @ Kelliher–Northome	19
20	21 = 7:30 AM Open Exercise (C. Meadows) = 5:30 PM JV FB @ Albrook = 5:45 PM VB (V, JV & JH) @ REMER	3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:00 PM VB (V, JV & JH) @ SILVER BAY	23 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class 3:30 PM Elem VB 6:00 PM NHS Induction Ceremony	3:30 PM Girl Scouts Registration 5:15 PM JHFB – Cromwell 5:45 PM VB (V, JV & JH) – CROMWELL	25 7 :00 PM FB @ Isle	26 VB @ Hill City (Tournament)
27	7:30 AM Open Exercise (C. Meadows) 5:15 PM JV FB @ Hill City 6:00 PM School Board Mtg	3:30 PM GED Class 4:00 PM CC Meet @ Remer 5:00 PM Weight Watchers (Home Ec Rm) 5:15 PM VB - COOK CTY	7:30 AM Open Exercise (C. Meadows) 3:30 PM Elem VB 3:30 PM GED Class	■ 4:00 PM CC Meet – McGregor ■ 5:45 PM VB @ TWO HARBORS ■ 5:45 PM JHFB @ Albrook	7:00 PM FB – Cromwell (Homecoming)	3

October 2009

Sports
21st Cer

21st Century/Kids Plus

Community Education

School Board/Admin

Outside Agency

Arts & Music

October 2009 September 2009 November 2009 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 1 2 3 1 2 3 4 5 6 7 6 7 8 9 10 11 12 4 5 6 7 8 9 10 8 9 10 11 12 13 14 13 14 15 16 17 18 19 11 12 13 14 15 16 17 15 16 17 18 19 20 21 20 21 22 23 24 25 26 18 19 20 21 22 23 24 22 23 24 25 26 27 28 27 28 29 30 25 26 27 28 29 30 31 29 30

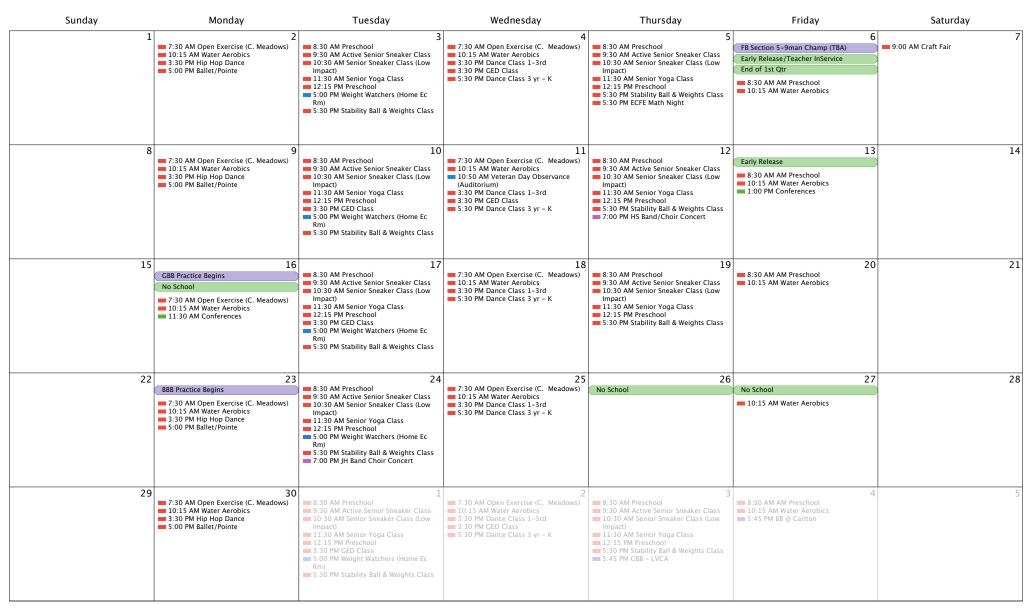
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	7 28 7:30 AM Open Exercise (C. Meadows) 5:15 PM JV FB @ Hill City 6:00 PM School Board Mtg	3:30 PM GED Class 4:00 PM CC Meet @ Remer 5:00 PM Weight Watchers (Home Ec Rm) 5:15 PM VB - COOK CTY	7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class 3:30 PM Elem VB	4:00 PM CC Meet - McGregor 5:45 PM VB @ TWO HARBORS ■ 5:45 PM JHFB @ Albrook	7:00 PM FB – Cromwell (Homecoming)	3
4	1 5	6	7	8		
	School Photo Day 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:00 PM AFSCME Mtg 5:45 PM JV FB - Cromwell 6:00 PM CPR Class	9:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM VB @ ESKO	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Elem VB ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr − K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 4:15 PM JHFB @ Wrenshall 4:45 PM CC Meet @ C-I 5:30 PM Stability Ball & Weights Class 5:45 PM VB (V, JV & JH) - FLOODWOOD (Parent's Night)	8:00 AM Early Childhood Screening 10:15 AM Water Aerobics 7:00 PM FB @ Floodwood	VB @ Braham (Tournament)
11	T:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	No School	No School	17
	3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM VB (V, JV & JH) - HILL CITY	10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 4:30 PM JHVB - AITKIN (H) 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM VB @ MLWR	1:00 PM CC Polar League Conf Meet Gr. Marais 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 3:30 PM Elem VB 5:30 PM Dance Class 3 yr - K 7:00 PM FB - Wrenshall (Parent's Night)	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:30 PM Stability Ball & Weights Class	■ 10:15 AM Water Aerobics	
18	19 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM JHFB - Isle 5:45 PM VB - ISLE 6:00 PM First Aid Class	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:00 PM Flu Clinic 3:30 PM Field Trip Ball Bluff Farm 4:00 PM CC Meet @ Proctor 5:00 PM Weight Watchers (Home Ec 5:30 PM ECFE Science Night 5:30 PM Stability Ball & Weights Class 7:00 PM FB - Northland Remer	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1–3rd ■ 5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 12:30 PM AARP MN Drivers Safety Program (Grace Church) 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	FB Section 5-9man Playoffs (TBA)
25	VB SECTION (TBA) 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	27 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	28 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	VB SECTION (TBA) CC Sections 7A @ Cloquet, TBA 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class	FB Section 5-9man Semis (TBA) 8:30 AM AM Preschool 10:15 AM Water Aerobics	31

November 2009

Sports
21st Century/Kids Plus
Community Education
School Board/Admin
Outside Agency

Arts & Music

October 2009 November 2009 December 2009 SMTWTFS SMTWTFS SMTWTFS 1 2 3 1 2 3 4 5 6 7 1 2 3 4 5 4 5 6 7 8 9 10 8 9 10 11 12 13 14 6 7 8 9 10 11 12 11 12 13 14 15 16 17 15 16 17 18 19 20 21 13 14 15 16 17 18 19 18 19 20 21 22 23 24 22 23 24 25 26 27 28 20 21 22 23 24 25 26 29 30 25 26 27 28 29 30 31 27 28 29 30 31



December 2009

Sports
21st Century/Kids Plus
Community Education
School Board/Admin
Outside Agency

Arts & Music

November 2009 December 2009 January 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 6 7 1 2 3 4 5 1 2 8 9 10 11 12 13 14 6 7 8 9 10 11 12 3 4 5 6 7 8 9 13 14 15 16 17 18 19 15 16 17 18 19 20 21 10 11 12 13 14 15 16 22 23 24 25 26 27 28 20 21 22 23 24 25 26 17 18 19 20 21 22 23 29 30 27 28 29 30 31 24 25 26 27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	2 T:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - LVCA	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Carlton	5
■ 1:00 PM Ligths of Love	6 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Sneaker Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	9 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K	10 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Albrook	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB - Greenway	12
	13 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Sallet/Pointe 6:00 PM GBB @ Isle	15 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM BB @ Isle	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Floodwood	8:30 AM AM Preschool 10:15 AM Water Aerobics 1:30 PM Elementary Holiday Musical 5:45 PM BB @ Floodwood	19 6:00 PM HS Band Choir Dinner Concert
	20 21 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB @ Wrenshall	22 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM BB - Wrenshall	No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	No School	No School 10:15 AM Water Aerobics	26
	27 No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 12:00 PM GBB @ Aitkin (Tournament) 6:00 PM BB @ Aitkin (Tournament)	No School 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:00 PM GBB @ Aitkin (Tournament) 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM BB @ Aitkin (Tournament)	No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	No School 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	No School 10:15 AM Water Aerobics	2

January 2010

Sports
21st Century/Kids Plus
Community Education
School Board/Admin

Outside Agency

Arts & Music

February 2010 December 2009 January 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 1 2 3 4 5 6 6 7 8 9 10 11 12 3 4 5 6 7 8 9 7 8 9 10 11 12 13 13 14 15 16 17 18 19 10 11 12 13 14 15 16 14 15 16 17 18 19 20 20 21 22 23 24 25 26 17 18 19 20 21 22 23 21 22 23 24 25 26 27 27 28 29 30 31 24 25 26 27 28 29 30 28 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	No School	No School	No School	No School	No School	2
	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 12:00 PM GBB @ Aitkin (Tournament) ■ 6:00 PM BB @ Aitkin (Tournament)	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:00 PM GBB @ Aitkin (Tournament) 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 6:00 PM BB @ Aitkin (Tournament)	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics	 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 	■ 10:15 AM Water Aerobics	
3	School Resumes 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Two Harbors	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Two Harbors	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB – Moose Lake/WR	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ ML-WR	9 2:00 PM Church Basement Ladies Trip
10	11 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Cromwell	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Cromwell	13 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1–3rd 5:30 PM Dance Class 3 yr – K	### 8:30 AM Preschool ### 9:30 AM Active Senior Sneaker Class ### 10:30 AM Senior Sneaker Class (Low Impact) ### 11:30 AM Senior Yoga Class ### 12:15 PM Preschool ### 3:30 PM PK Dance Class ### 5:30 PM Stability Ball & Weights Class ### 5:45 PM GBB @ Esko	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB – Esko	16
17	No School/Teacher In-Service	8:30 AM Preschool	9 20 7:30 AM Open Exercise (C. Meadows)	8:30 AM Preschool	Early Release/Teacher InService	23
	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 5:45 PM GBB - Floodwood	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM BB - Floodwood	■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1–3rd ■ 5:30 PM Dance Class 3 yr – K	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB – Barnum	End of 2nd Qtr 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Barnum	
24	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Hill City	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	28 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Cromwell	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB - Cromwell	6:00 AM Speech Meet
31	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Carlton		3 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1–3rd 5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB @ Silver Bay 4:45 PM GBB @ Silver Bay	6

February 2010

Sports
21st Century/Kids Plus
Community Education
School Board/Admin
Outside Agency
Arts & Music

S M T W T F S S M T W T F S S M T W T F S 1 2 1 2 3 4 5 6 1 2 3 4 5 6 3 4 5 6 7 8 9 7 8 9 10 11 12 13 7 8 9 10 11 12 13 10 11 12 13 14 15 16 14 15 16 17 18 19 20 14 15 16 17 18 19 20 17 18 19 20 21 22 23 21 22 23 24 25 26 27 21 22 23 24 25 26 27 24 25 26 27 28 29 30 28 28 29 30 31 31

January 2010

February 2010

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	4 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB @ Silver Bay 4:45 PM GBB @ Silver Bay	6
7	8 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM BB - Ogilvie 5:45 PM GBB - Ogilvie	9 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	11 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 6:00 PM GBB @ Northland Remer	8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB - Cook County 4:45 PM GBB - Cook County	8:00 AM Quilt Show
14	No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 5:45 PM BB - Barnum	16 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Hill City	17 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K	18 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Carlton	8:00 AM Preschool Screening 10:15 AM Water Aerobics 5:45 PM BB - Carlton	20
21	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM BB - Northland Remer	8:30 AM Preschool 9:30 AM Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Onamia	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM CED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	25 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - East Central	26 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ East Central	27
28	1 T:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 6:00 PM BB @ Albrook	8:30 AM Preschool 9:30 AM Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Onamia	6

March 2010

Sports
21st Century/Kids Plus
Community Education
School Board/Admin
Outside Agency
Arts & Music

February 2010 March 2010 April 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 7 8 9 10 11 12 13 7 8 9 10 11 12 13 4 5 6 7 8 9 10 14 15 16 17 18 19 20 14 15 16 17 18 19 20 11 12 13 14 15 16 17 21 22 23 24 25 26 27 21 22 23 24 25 26 27 18 19 20 21 22 23 24 28 28 29 30 31 25 26 27 28 29 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
28	1 = 7:30 AM Open Exercise (C. Meadows) = 10:15 AM Water Aerobics = 3:30 PM Hip Hop Dance = 5:00 PM Ballet/Pointe = 6:00 PM BB @ Albrook	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Onamia	6					
7	8 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	9 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	11 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	13					
14				18	19	20					
	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	8:30 AM Preschool	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	School Play	School Play	School Play					
	3:30 PM High Hop Dance 5:00 PM Ballet/Pointe	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 	 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 	10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM CED Class 5:00 PM Weight Watchers (Home Ec Rm)	■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm)	Hip Hop Dance Ballet/Pointe 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm)	330 PM Hip Hop Dance In 10:30 AM Senior Sneaker Class (Low Impact) In 13:30 AM Senior Sneaker Class (Low Impact) In 13:30 AM Senior Yoga Class In 13:30 PM GED Class In 13:30 PM	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics	
21	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	25 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM FS Dance Class 5:30 PM Stability Ball & Weights Class	End of 3rd Qtr Early Release/Teacher InService 8:30 AM AM Preschool 10:15 AM Water Aerobics	27					
28	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	31 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	No School 10:15 AM Water Aerobics	3					

April 2010

Sports
21st Century/Kids Plus
Community Education
School Board/Admin
Outside Agency
Arts & Music

May 2010 March 2010 April 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 6 1 2 3 7 8 9 10 11 12 13 4 5 6 7 8 9 10 2 3 4 5 6 7 8 11 12 13 14 15 16 17 14 15 16 17 18 19 20 9 10 11 12 13 14 15 21 22 23 24 25 26 27 18 19 20 21 22 23 24 16 17 18 19 20 21 22 28 29 30 31 25 26 27 28 29 30 23 24 25 26 27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	No School 10:15 AM Water Aerobics	3
4	No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 4:00 PM Conferences 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 4:00 PM Conferences 5:30 PM Stability Ball & Weights Class	9 8:30 AM AM Preschool 10:15 AM Water Aerobics	10
11	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	15 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	9:00 AM Sections Meet
18	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	20 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	EARTH DAY 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	State Speech Meet ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics	24 State Speech Meet
25	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	27 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 8:30 PM Stability Ball & Weights Class	28 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	29 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	PROM 1

May 2010

Sports
21st Century/Kids Plus
Community Education
School Board/Admin

Outside Agency Arts & Music

April 2010 May 2010 June 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 1 2 3 4 5 4 5 6 7 8 9 10 2 3 4 5 6 7 8 6 7 8 9 10 11 12 11 12 13 14 15 16 17 9 10 11 12 13 14 15 13 14 15 16 17 18 19 18 19 20 21 22 23 24 16 17 18 19 20 21 22 20 21 22 23 24 25 26 25 26 27 28 29 30 23 24 25 26 27 28 29 27 28 29 30 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:	5 26 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1–3rd 5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics	PROM
	2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	8:30 AM Preschool 9:30 AM Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM Dance Recital Rehearsal 5:00 PM Dance Recital Dress Rehearsal 5:00 PM Weight Watchers (Home Ec	5 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1–3rd 5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 7:00 PM Dance Recital	7 = 8:30 AM AM Preschool = 10:15 AM Water Aerobics = 1:30 PM Elementary Spring Concert	8
MOTHER'S DAY	9 10 10 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	### 8:30 AM Preschool ### 9:30 AM Active Senior Sneaker Class ### 10:30 AM Senior Sneaker Class (Low Impact) ### 11:30 AM Senior Yoga Class ### 12:15 PM Preschool ### 5:30 PM Weight Watchers (Home Ec Rm) ### 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	15
16	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	18 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 7:00 PM HS Pops Concert	10:15 AM Water Aerobics	22
2:00 PM Graduation	3 24 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 7:00 PM JH Pops Concert	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	27 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	Last day of school/End of 4th Qtr 10:15 AM Water Aerobics	29
30	MEMORIAL DAY	Teacher Workday	Z Teacher Make-up Day	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low	10:15 AM Water Aerobics	5
	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics	Impact) = 11:30 AM Senior Yoga Class = 3:30 PM HS Dance Class = 5:30 PM Stability Ball & Weights Class		