

September 2009

August 2009							September 2009							October 2009							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
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23	24	25	26	27	28	29	27	28	29	30	25	26	27	28	29	30	31				
30	31																				

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 7:30 AM Open Exercise (C. Meadows)	31	1 Teacher Inservice 5:00 PM Weight Watchers (Home Ec Rm)	2 Teacher Workday 7:30 AM Open Exercise (C. Meadows)	3 Teacher Workday 12:00 PM Hospice Training 5:00 PM Open House 5:00 PM JH FB Scrimmage @ Cromwell 5:45 PM VB @ CROMWELL (V, JV & JH)	4 ... Open House 7:00 PM FB @ Hill City	5
6 No School 7:30 AM Open Exercise (C. Meadows)	7	8 1st Day of School 5:00 PM Weight Watchers (Home Ec Rm) 5:45 PM JV FB @ Floodwood 5:45 PM VB (V, JV & JH) @ CARLTON	9 7:30 AM Open Exercise (C. Meadows)	10 12:00 PM Hospice Training 4:00 PM CC Meet @ Peq Lakes 5:45 PM JHFB - Floodwood 5:45 PM VB (V, JV & JH) - WRENSHALL	11 7:00 PM FB - LaPorte	12
13 5:00 AM JHVB @ Carlton 7:30 AM Open Exercise (C. Meadows) 4:30 PM JHFB - Northland Remer 6:00 PM JV FB - Northland Remer	14	15 3:30 PM GED Class (MORE Bldg) 4:30 PM CC Meet @ Northland 5:00 PM Weight Watchers (Home Ec Rm)	16 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class 6:30 PM Memoir Class	17 4:00 PM CC Meet @ Eveleth 5:45 PM JHFB @ Hill City 5:45 PM VB - BARNUM	18 7:00 PM FB @ Kelliher-Northome	19
20 7:30 AM Open Exercise (C. Meadows) 5:30 PM JV FB @ Albrook 5:45 PM VB (V, JV & JH) @ REMER	21	22 3:30 PM GED Class 4:00 PM CC Meet @ Gr Rapids 5:00 PM VB (V, JV & JH) @ SILVER BAY 5:00 PM Weight Watchers (Home Ec Rm)	23 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class	24 5:15 PM JHFB - Cromwell 5:45 PM VB (V, JV & JH) - CROMWELL	25 5:15 PM JHFB - Cromwell 7:00 PM FB @ Isle	26 VB @ Hill City (Tournament)
27 7:30 AM Open Exercise (C. Meadows) 5:15 PM JV FB @ Hill City	28	29 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:00 PM VB - COOK CTY	30 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class	1 4:00 PM CC Meet - McGregor 5:45 PM JHFB @ Albrook 5:45 PM VB @ TWO HARBORS	2 7:00 PM FB - Cromwell (Homecoming)	3

October 2009

- Sports
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September 2009							October 2009							November 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5					1	2	3		1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 5:15 PM JV FB @ Hill City 	28 <ul style="list-style-type: none"> ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:00 PM VB – COOK CTY 	29 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 3:30 PM GED Class 	30 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 3:30 PM GED Class 	1 <ul style="list-style-type: none"> ■ 4:00 PM CC Meet – McGregor ■ 5:45 PM VB @ TWO HARBORS ■ 5:45 PM JHFB @ Albrook 	2 <ul style="list-style-type: none"> ■ 7:00 PM FB – Cromwell (Homecoming) 	3
4 <ul style="list-style-type: none"> School Photo Day ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe ■ 5:45 PM JV FB – Cromwell ■ 6:00 PM CPR Class 	5 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM VB @ ESKO 	6 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr – K 	7 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 4:15 PM JHFB @ Wrenshall ■ 4:45 PM CC Meet @ C-I ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM VB (V, JV & JH) – FLOODWOOD (Parent's Night) 	8 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 4:15 PM JHFB @ Wrenshall ■ 4:45 PM CC Meet @ C-I ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM VB (V, JV & JH) – FLOODWOOD (Parent's Night) 	9 <ul style="list-style-type: none"> ■ 8:00 AM Early Childhood Screening ■ 10:15 AM Water Aerobics ■ 7:00 PM FB @ Floodwood 	10 <ul style="list-style-type: none"> VB @ Braham (Tournament)
11 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe ■ 5:45 PM VB (V, JV & JH) – HILL CITY 	12 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 4:30 PM JHVB – AITKIN (H) ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM VB @ MLWR 	13 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 1:00 PM CC Polar League Conf Meet Gr. Marais ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr – K ■ 7:00 PM FB – Wrenshall (Parent's Night) 	14 <ul style="list-style-type: none"> No School ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class 	15 <ul style="list-style-type: none"> No School ■ 10:15 AM Water Aerobics 	16 <ul style="list-style-type: none"> No School ■ 10:15 AM Water Aerobics 	17
18 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe ■ 5:45 PM VB – ISLE ■ 5:45 PM JHFB – Isle ■ 6:00 PM First Aid Class 	19 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM Field Trip Ball Bluff Farm ■ 4:00 PM CC Meet @ Proctor ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class ■ 5:30 PM ECFE Science Night ■ 7:00 PM FB – Northland Remer 	20 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr – K 	21 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 12:30 PM AARP MN Drivers Safety Program (Grace Church) ■ 5:30 PM Stability Ball & Weights Class 	22 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	23 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	24 <ul style="list-style-type: none"> FB Section 5-9man Playoffs (TBA)
25 <ul style="list-style-type: none"> VB SECTION (TBA) ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	26 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	27 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr – K 	28 <ul style="list-style-type: none"> CC Sections 7A @ Cloquet, TBA VB SECTION (TBA) ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	29 <ul style="list-style-type: none"> VB SECTION (TBA) ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	30 <ul style="list-style-type: none"> FB Section 5-9man Semis (TBA) ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	31

November 2009

October 2009							November 2009							December 2009								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
				1	2	3	1	2	3	4	5	6	7					1	2	3	4	5
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12		
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19		
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26		
25	26	27	28	29	30	31	29	30						27	28	29	30	31				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	2 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	3 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K 	4 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:30 PM ECFE Math Night 	5 <ul style="list-style-type: none"> FB Section 5-9man Champ (TBA) Early Release/Teacher InService End of 1st Qtr 8:30 AM AM Preschool 10:15 AM Water Aerobics 	6 <ul style="list-style-type: none"> 9:00 AM Craft Fair 	7
8 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	9 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	10 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 10:50 AM Veteran Day Observance (Auditorium) 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	11 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 7:00 PM HS Band/Choir Concert 	12 <ul style="list-style-type: none"> Early Release 8:30 AM AM Preschool 10:15 AM Water Aerobics 1:00 PM Conferences 	13	14
15 <ul style="list-style-type: none"> No School GBB Practice Begins 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 11:30 AM Conferences 	16 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	17 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	18 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 	19 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 	20	21
22 <ul style="list-style-type: none"> BBB Practice Begins 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	23 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 7:00 PM JH Band Choir Concert 	24 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	25 <ul style="list-style-type: none"> No School 	26 <ul style="list-style-type: none"> No School 	27 <ul style="list-style-type: none"> 10:15 AM Water Aerobics 	28
29 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	30 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K 	2 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - LVCA 	3 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Carlton 	4	5

December 2009

November 2009							December 2009							January 2010								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
1	2	3	4	5	6	7	1	2	3	4	5										1	2
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9		
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16		
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23		
29	30						27	28	29	30	31			24	25	26	27	28	29	30		
														31								

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	30 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	2 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM GBB - LVCA 	3 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 5:45 PM BB @ Carlton 	4 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 5:45 PM BB @ Greenway 	5 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 5:45 PM BB @ Floodwood
6 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	7 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	8 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	9 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM GBB @ Albroom 	10 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 5:45 PM BB @ Floodwood 	11 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 1:30 PM Elementary Holiday Musical ■ 5:45 PM BB @ Floodwood 	12 <ul style="list-style-type: none"> ■ 6:00 PM HS Band Choir Dinner Concert
13 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe ■ 6:00 PM GBB @ Isle 	14 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class ■ 6:00 PM BB @ Isle 	15 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	16 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM GBB @ Floodwood 	17 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 5:45 PM BB @ Floodwood 	18 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 1:30 PM Elementary Holiday Musical ■ 5:45 PM BB @ Floodwood 	19 <ul style="list-style-type: none"> ■ 6:00 PM HS Band Choir Dinner Concert
20 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe ■ 5:45 PM GBB @ Wrenshall 	21 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class ■ 5:45 PM BB - Wrenshall 	22 <ul style="list-style-type: none"> ■ No School 	23 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	24 <ul style="list-style-type: none"> ■ No School 	25 <ul style="list-style-type: none"> ■ No School ■ 10:15 AM Water Aerobics 	26 <ul style="list-style-type: none"> ■ No School
27 <ul style="list-style-type: none"> ■ No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 12:00 PM GBB @ Aitkin (Tournament) ■ 6:00 PM BB @ Aitkin (Tournament) 	28 <ul style="list-style-type: none"> ■ No School ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:00 PM GBB @ Aitkin (Tournament) ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class ■ 6:00 PM BB @ Aitkin (Tournament) 	29 <ul style="list-style-type: none"> ■ No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	30 <ul style="list-style-type: none"> ■ No School ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class 	31 <ul style="list-style-type: none"> ■ No School ■ 10:15 AM Water Aerobics 	1 <ul style="list-style-type: none"> ■ No School ■ 10:15 AM Water Aerobics 	2 <ul style="list-style-type: none"> ■ No School

January 2010

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S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2			1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	7	8	9	10	11	12	13
13	14	15	16	17	18	19	10	11	12	13	14	15	16	14	15	16	17	18	19	20
20	21	22	23	24	25	26	17	18	19	20	21	22	23	21	22	23	24	25	26	27
27	28	29	30	31	24	25	26	27	28	29	30	28								
					31															

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 12:00 PM GBB @ Aitkin (Tournament) 6:00 PM BB @ Aitkin (Tournament)	28 No School 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:00 PM GBB @ Aitkin (Tournament) 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 6:00 PM BB @ Aitkin (Tournament)	29 No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	30 No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	31 No School 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:30 PM Stability Ball & Weights Class	1 No School 10:15 AM Water Aerobics	2
3 School Resumes 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Two Harbors	4 School Resumes 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Two Harbors	5 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Two Harbors	6 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	7 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Moose Lake/WR	8 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ ML-WR	9 2:00 PM Church Basement Ladies Trip
10 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Cromwell	11 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Cromwell	12 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Cromwell	13 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	14 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Esko	15 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB - Esko	16
17 No School/Teacher In-Service 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 5:45 PM GBB - Floodwood	18 No School/Teacher In-Service 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB - Floodwood	19 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB - Floodwood	20 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	21 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Barnum	22 End of 2nd Qtr Early Release/Teacher InService 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Barnum	23
24 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	25 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Hill City	26 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec) 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Hill City	27 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	28 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Cromwell	29 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB - Cromwell	30 Speech Meet
31 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Carlton	1 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	2 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	3 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	4 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class	5 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM GBB @ Silver Bay 4:45 PM BB @ Silver Bay	6

February 2010

January 2010							February 2010							March 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	1	2	3	4	5	6		
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28							28	29	30	31			
31																				

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Carlton 	1 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	2 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	3 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB @ Silver Bay 4:45 PM GBB @ Silver Bay 	5 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB - Cook County 4:45 PM GBB - Cook County 	6
7 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Ogilvie 5:45 PM BB - Ogilvie 	8 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	9 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	10 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 6:00 PM GBB @ Northland Remer 	11 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB - East Central 5:45 PM BB @ East Central 	12 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB @ Onamia 5:45 PM BB @ Onamia 	13 <ul style="list-style-type: none"> Quilt Show
14 <ul style="list-style-type: none"> No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 5:45 PM BB - Barnum 	15 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Hill City 	16 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	17 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Carlton 	18 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB - East Central 5:45 PM BB @ East Central 	19 <ul style="list-style-type: none"> 8:00 AM Preschool Screening 10:15 AM Water Aerobics 5:45 PM BB - Carlton 	20
21 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM BB - Northland Remer 	22 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Onamia 	23 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	24 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - East Central 	25 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB @ East Central 5:45 PM BB @ East Central 	26 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ East Central 	27
28 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 6:00 PM BB @ Albrook 	1 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	2 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K 	3 <ul style="list-style-type: none"> 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB @ Onamia 5:45 PM BB @ Onamia 	5 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Onamia 	6

March 2010

February 2010							March 2010							April 2010							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
	1	2	3	4	5	6	1	2	3	4	5	6							1	2	3
7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10	
14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17	
21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24	
28							28	29	30	31				25	26	27	28	29	30		

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe ■ 6:00 PM BB @ Albrook 	1 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	2 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	3 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	5 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 5:45 PM BB @ Onamia 	6
7 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	8 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	9 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	10 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	11 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	12 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	13
14 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	15 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	16 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	17 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	18 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	19 <ul style="list-style-type: none"> School Play ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	20 <ul style="list-style-type: none"> School Play
21 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	22 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	23 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	24 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	25 <ul style="list-style-type: none"> Early Release/Teacher InService End of 3rd Qtr ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	26 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	27
28 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	29 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	30 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	31 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> No School 	2 <ul style="list-style-type: none"> ■ 10:15 AM Water Aerobics 	3

April 2010

March 2010							April 2010							May 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6				1	2	3							1	
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31	25	26	27	28	29	30	23	24	25	26	27	28	29				
													30	31						

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	29 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	30 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	31 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> No School ■ 10:15 AM Water Aerobics 	2	3
4 <ul style="list-style-type: none"> No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	5 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	6 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 4:00 PM Conferences ■ 5:30 PM Dance Class 3 yr - K 	7 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 4:00 PM Conferences ■ 5:30 PM Stability Ball & Weights Class 	8 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	9 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	10
11 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	12 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	13 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	14 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	15 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	16 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	17 <ul style="list-style-type: none"> Sections Meet
18 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	19 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	20 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	21 <ul style="list-style-type: none"> EARTH DAY 	22 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	23 <ul style="list-style-type: none"> State Speech Meet ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	24 <ul style="list-style-type: none"> State Speech Meet
25 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	26 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	27 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	28 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	29 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	30 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	1 <ul style="list-style-type: none"> PROM

May 2010

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

April 2010							May 2010							June 2010							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3							1					1	2	3	4	5
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30				
							30	31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	26 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	27 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	28 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	29 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	30 <div style="background-color: #339933; color: white; padding: 2px; text-align: center;">PROM</div>	1
2 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	3 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 3:30 PM Dance Recital Rehearsal ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	5 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 1:30 PM Elementary Spring Concert ■ 5:30 PM Stability Ball & Weights Class ■ 7:00 PM Dance Recital 	6 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	7	8
9 <div style="background-color: #339933; color: white; padding: 2px; text-align: center;">MOTHER'S DAY</div>	10 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	11 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	12 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	13 <ul style="list-style-type: none"> ■ 8:30 AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	14 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	15
16 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	17 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	18 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	19 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class ■ 7:00 PM HS Pops Concert 	20 <ul style="list-style-type: none"> ■ 10:15 AM Water Aerobics 	21	22
23 <ul style="list-style-type: none"> ■ 2:00 PM Graduation 	24 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 7:00 PM JH Pops Concert 	25 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	26 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	27 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class 	28 <div style="background-color: #339933; color: white; padding: 2px; text-align: center;">Last day of school/End of 4th Qtr</div> <ul style="list-style-type: none"> ■ 10:15 AM Water Aerobics 	29
30 <div style="background-color: #339933; color: white; padding: 2px; text-align: center;">MEMORIAL DAY</div> <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	31 <div style="background-color: #339933; color: white; padding: 2px; text-align: center;">Teacher Workday</div>	1 <div style="background-color: #339933; color: white; padding: 2px; text-align: center;">Teacher Make-up Day</div> <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	2 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	3 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 10:15 AM Water Aerobics 	5