

August 2009

July 2009							August 2009							September 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1				1	2	3	4	5
5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	7	8	9	10	11	12
12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19
19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26
26	27	28	29	30	31	23	24	25	26	27	28	29	27	28	29	30				
							30	31												

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 7:30 AM Open Exercise (C. Meadows) 9:00 AM Swimming Lesson	27	28 9:00 AM Swimming Lessons 5:00 PM Weight Watchers (Band Room)	29 7:30 AM Open Exercise (C. Meadows) 9:00 AM Swimming Lessons	30 9:00 AM Swimming Lessons	31	1
2 7:30 AM Open Exercise (C. Meadows) 9:00 AM Swimming Lessons	3	4 9:00 AM Swimming Lessons 5:00 PM Weight Watchers (Band Room)	5 7:30 AM Open Exercise (C. Meadows) 9:00 AM Swimming Lessons	6 9:00 AM Swimming Lessons	7	8
9 7:30 AM Open Exercise (C. Meadows) 5:00 PM Work Session 6:30 PM Firearm Safety	10	11 5:00 PM Weight Watchers (Home Ec Rm)	12 7:30 AM Open Exercise (C. Meadows) 6:30 PM Firearm Safety	13 6:30 PM Firearm Safety	14	15
16 VOLLEYBALL & FOOTBALL BEGIN 7:30 AM Open Exercise (C. Meadows) 6:30 PM Firearm Safety	17	18 8:00 AM WIC (MORE Bldg) 8:30 AM Kinder Kamp 5:00 PM Weight Watchers (Home Ec Rm) 6:00 PM School Board/Admin Mtg	19 7:30 AM Open Exercise (C. Meadows) 5:00 PM AARP MN Driver's Safety Refresher Course (Public Library) 6:30 PM Firearm Safety	20 8:30 AM Kinder Kamp 12:00 PM Hospice Training 6:30 PM Firearm Safety	21	22
23 7:30 AM Open Exercise (C. Meadows)	24	25 5:00 PM Weight Watchers (Home Ec Rm)	26 7:30 AM Open Exercise (C. Meadows) 5:00 PM Aitkin Cty Land (Auditorium)	27 12:00 PM Hospice Training	28 9:00 AM ESKO JAMBOREE	29 10:00 AM FB Scrimmage @ Albrook
30 7:30 AM Open Exercise (C. Meadows)	31	1 Teacher Inservice 5:00 PM Weight Watchers (Home Ec Rm)	2 Teacher Workday 7:30 AM Open Exercise (C. Meadows) 5:45 PM JHVB @ CROMWELL	3 Teacher Workday 12:00 PM Hospice Training 5:00 PM Open House 5:00 PM JH FB Scrimmage @ Cromwell 5:45 PM VB @ CROMWELL	4 ... Open House 7:00 PM FB @ Hill City	5

September 2009

August 2009							September 2009							October 2009							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1		1	2	3	4	5							1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	27	28	29	30	25	26	27	28	29	30	31				
30	31																				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 7:30 AM Open Exercise (C. Meadows)	31	1 Teacher Inservice 5:00 PM Weight Watchers (Home Ec Rm)	2 Teacher Workday 7:30 AM Open Exercise (C. Meadows) 5:45 PM JHVB @ CROMWELL	3 Teacher Workday 12:00 PM Hospice Training 5:00 PM JH FB Scrimmage @ Cromwell 5:00 PM Open House 5:45 PM VB @ CROMWELL	4 ... Open House 7:00 PM FB @ Hill City	5
6 No School 7:30 AM Open Exercise (C. Meadows)	7	8 1st Day of School 5:00 PM Weight Watchers (Home Ec Rm) 5:45 PM JV FB @ Floodwood 5:45 PM VB (V, JV & JH) @ CARLTON	9 7:30 AM Open Exercise (C. Meadows)	10 12:00 PM Hospice Training 5:45 PM VB (V, JV & JH) - WRENSHALL (H) 5:45 PM JHFB - Floodwood	11 7:00 PM FB - LaPorte	12
13 7:30 AM Open Exercise (C. Meadows) 4:30 PM JHFB - Northland Remer 6:00 PM JV FB - Northland Remer	14	15 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm)	16 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class 6:30 PM Memoir Class	17 5:45 PM JHFB @ Hill City 5:45 PM VB - BARNUM (H)	18 7:00 PM FB @ Kelliher-Northome	19
20 7:30 AM Open Exercise (C. Meadows) 5:30 PM JV FB @ Albrook 5:45 PM VB (V, JV & JH) @ REMER	21	22 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:15 PM VB (V, JV & JH) @ SILVER BAY	23 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class	24 5:45 PM VB (V, JV & JH) - CROMWELL (H)	25 5:15 PM JHFB - Cromwell 7:00 PM FB @ Isle	26
27 7:30 AM Open Exercise (C. Meadows) 5:15 PM JV FB @ Hill City	28	29 3:30 PM GED Class 5:00 PM VB - COOK CTY (H) 5:00 PM Weight Watchers (Home Ec Rm)	30 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class	1 5:45 PM VB @ TWO HARBORS 5:45 PM JHFB @ Albrook	2 7:00 PM FB - Cromwell (Homecoming)	3

October 2009

September 2009							October 2009							November 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5					1	2	3		1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30					

- Sports
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- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 5:15 PM JV FB @ Hill City 	28 <ul style="list-style-type: none"> 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:00 PM VB - COOK CTY (H) 	29 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 3:30 PM GED Class 	30 <ul style="list-style-type: none"> 5:45 PM VB @ TWO HARBORS 5:45 PM JHFB @ Albrook 	1 <ul style="list-style-type: none"> 7:00 PM FB - Cromwell (Homecoming) 	2	3
4 <ul style="list-style-type: none"> School Photo Day 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM JV FB - Cromwell 6:00 PM CPR Class 	5 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM VB @ ESKO 	6 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K 	7 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 4:15 PM JHFB @ Wrenshall 5:30 PM Stability Ball & Weights Class 5:45 PM VB (V, JV & JH) - FLOODWOOD (H) 	8 <ul style="list-style-type: none"> 8:00 AM Early Childhood Screening 10:15 AM Water Aerobics 7:00 PM FB @ Floodwood 	9	10
11 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM VB (V, JV & JH) - HILL CITY (H) 	12 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 3:30 PM GED Class 4:30 PM JHVB - AITKIN (H) 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM VB - MLWR (H) 	13 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K 7:00 PM FB - Wrenshall 	14 <ul style="list-style-type: none"> No School 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:30 PM Stability Ball & Weights Class 	15 <ul style="list-style-type: none"> No School 10:15 AM Water Aerobics 	16	17 <ul style="list-style-type: none"> 10:00 AM VB TRNY @ ISLE
18 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM JHFB - Isle 5:45 PM VB - ISLE (H) 6:00 PM First Aid Class 	19 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 3:30 PM Field Trip Ball Bluff Farm 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM ECFE Science Night 7:00 PM FB - Northland Remer 	20 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	21 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 12:30 PM AARP MN Drivers Safety Program (Grace Church) 5:30 PM Stability Ball & Weights Class 	22 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 	23	24 <ul style="list-style-type: none"> FB Section 5-9man Playoffs (TBA)
25 <ul style="list-style-type: none"> VB SECTION (TBA) 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	26 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	27 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	28 <ul style="list-style-type: none"> VB SECTION (TBA) 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	29 <ul style="list-style-type: none"> FB Section 5-9man Semis (TBA) 8:30 AM AM Preschool 10:15 AM Water Aerobics 	30	31

November 2009

October 2009							November 2009							December 2009								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
				1	2	3	1	2	3	4	5	6	7					1	2	3	4	5
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12		
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19		
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26		
25	26	27	28	29	30	31	29	30						27	28	29	30	31				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	2 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	3 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	4 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	5 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class ■ 6:00 PM ECFe Math Night 	6 <ul style="list-style-type: none"> FB Section 5-9man Champ (TBA) Early Release/Teacher InService End of 1st Qtr ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	7 <ul style="list-style-type: none"> ■ 9:00 AM Craft Fair
8 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	9 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	10 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 10:50 AM Veteran Day Observance (Auditorium) ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	11 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	12 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class ■ 7:00 PM HS Band/Choir Concert 	13 <ul style="list-style-type: none"> Early Release ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 1:00 PM Conferences 	14
15 <ul style="list-style-type: none"> No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 11:30 AM Conferences 	16 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	17 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	18 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	19 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	20 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	21
22 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	23 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class ■ 7:00 PM JH Band Choir Concert 	24 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	25 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	26 <ul style="list-style-type: none"> No School 	27 <ul style="list-style-type: none"> No School ■ 10:15 AM Water Aerobics 	28
29 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	30 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	2 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	3 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	5

December 2009

November 2009							December 2009							January 2010								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
1	2	3	4	5	6	7	1	2	3	4	5										1	2
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9		
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16		
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23		
29	30						27	28	29	30	31			24	25	26	27	28	29	30		
														31								

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- School Board/Admin
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	30 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	2 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	3 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	5
6 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	7 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	8 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	9 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	10 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	11 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	12
13 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	14 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	15 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr - K 	16 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	17 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	18 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics ■ 1:30 PM Elementary Holiday Musical 	19 <ul style="list-style-type: none"> ■ 6:00 PM HS Band Choir Dinner Concert
20 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	21 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	22 <ul style="list-style-type: none"> No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	23 <ul style="list-style-type: none"> No School 	24 <ul style="list-style-type: none"> No School 	25 <ul style="list-style-type: none"> No School ■ 10:15 AM Water Aerobics 	26
27 <ul style="list-style-type: none"> No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	28 <ul style="list-style-type: none"> No School ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	29 <ul style="list-style-type: none"> No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	30 <ul style="list-style-type: none"> No School 	31 <ul style="list-style-type: none"> No School ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> No School ■ 10:15 AM Water Aerobics 	2

January 2010

December 2009							January 2010							February 2010							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5						1	2			1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	7	8	9	10	11	12	13	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	14	15	16	17	18	19	20	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	21	22	23	24	25	26	27	
27	28	29	30	31			24	25	26	27	28	29	30	28							
							31														

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	28 No School 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	29 No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	30 No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	31 No School 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:30 PM Stability Ball & Weights Class	1 No School 10:15 AM Water Aerobics	2
3 School Resumes 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	4 School Resumes 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	5 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	6 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	7 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class	8 8:30 AM AM Preschool 10:15 AM Water Aerobics	9 2:00 PM Church Basement Ladies Trip
10 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	11 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	12 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	13 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	14 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class	15 8:30 AM AM Preschool 10:15 AM Water Aerobics	16
17 No School/Teacher In-Service 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	18 No School/Teacher In-Service 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	19 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	20 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	21 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class	22 End of 2nd Qtr Early Release/Teacher InService 8:30 AM AM Preschool 10:15 AM Water Aerobics	23
24 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	25 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	26 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	27 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	28 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class	29 8:30 AM AM Preschool 10:15 AM Water Aerobics	30 Speech Meet
31 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	1 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	2 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	3 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	4 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class	5 8:30 AM AM Preschool 10:15 AM Water Aerobics	6

February 2010

January 2010							February 2010							March 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	1	2	3	4	5	6		
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28							28	29	30	31			
31																				

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	1 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	2 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	3 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	5 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	6
7 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	8 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	9 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	10 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	11 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	12 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	13
14 <ul style="list-style-type: none"> No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	15 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	16 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	17 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	18 <ul style="list-style-type: none"> ■ 8:00 AM Preschool Screening ■ 10:15 AM Water Aerobics 	19	20
21 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	22 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	23 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	24 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	25 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	26	27
28 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	1 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM GED Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	2 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM GED Class ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	3 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	5	6

March 2010

February 2010							March 2010							April 2010							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
	1	2	3	4	5	6	1	2	3	4	5	6							1	2	3
7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10	
14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17	
21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24	
28							28	29	30	31				25	26	27	28	29	30		

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	1 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	2 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	3 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	5 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 	6
7 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	8 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	9 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	10 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	11 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	12 <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 	13
14 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	15 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	16 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K 	17 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	18 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	19 <p style="background-color: #cc66cc; padding: 2px;">School Play</p> <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 	20 <p style="background-color: #cc66cc; padding: 2px;">School Play</p>
21 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	22 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	23 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	24 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	25 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	26 <p style="background-color: #339933; padding: 2px;">End of 3rd Qtr</p> <p style="background-color: #339933; padding: 2px;">Early Release/Teacher InService</p> <ul style="list-style-type: none"> 8:30 AM AM Preschool 10:15 AM Water Aerobics 	27
28 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 	29 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 	30 <ul style="list-style-type: none"> 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K 	31 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM PM Preschool 5:30 PM Stability Ball & Weights Class 	2 <p style="background-color: #339933; padding: 2px;">No School</p> <ul style="list-style-type: none"> 10:15 AM Water Aerobics 	3

April 2010

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

March 2010							April 2010							May 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3								1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	29 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	30 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	31 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	1 <ul style="list-style-type: none"> No School ■ 10:15 AM Water Aerobics 	2 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	3 <ul style="list-style-type: none"> Sections Meet
4 <ul style="list-style-type: none"> No School ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	5 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	6 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 4:00 PM Conferences ■ 5:30 PM Dance Class 3 yr - K 	7 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 4:00 PM Conferences ■ 5:30 PM Stability Ball & Weights Class 	8 <ul style="list-style-type: none"> EARTH DAY ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	9 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	10 <ul style="list-style-type: none"> State Speech Meet
11 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	12 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	13 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	14 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	15 <ul style="list-style-type: none"> State Speech Meet ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	16 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	17 <ul style="list-style-type: none"> State Speech Meet
18 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	19 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	20 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	21 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	22 <ul style="list-style-type: none"> PROM ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	23 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	24 <ul style="list-style-type: none"> PROM
25 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	26 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	27 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	28 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	29 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	30 <ul style="list-style-type: none"> PROM 	1 <ul style="list-style-type: none"> PROM

May 2010

April 2010							May 2010							June 2010									
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S			
				1	2	3						1			1	2	3	4	5				
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12			
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19			
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26			
25	26	27	28	29	30	23	24	25	26	27	28	29	27	28	29	30							
							30	31															

- Sports
- 21st Century/Kids Plus
- Community Education
- School Board/Admin
- Outside Agency
- Arts & Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	26 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	27 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	28 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	29 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	30 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	1 <ul style="list-style-type: none"> PROM
2 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe 	3 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 3:30 PM Dance Recital Rehearsal ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K 	5 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class ■ 7:00 PM Dance Recital 	6 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	7 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	8
9 <ul style="list-style-type: none"> MOTHER'S DAY 	10 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	11 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	12 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	13 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 12:15 PM PM Preschool ■ 5:30 PM Stability Ball & Weights Class 	14 <ul style="list-style-type: none"> ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics 	15
16 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	17 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	18 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	19 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class ■ 7:00 PM HS Pops Concert 	20 <ul style="list-style-type: none"> ■ 10:15 AM Water Aerobics 	21	22
23 <ul style="list-style-type: none"> 2:00 PM Graduation 	24 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 7:00 PM JH Pops Concert 	25 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:00 PM Weight Watchers (Home Ec Rm) ■ 5:30 PM Stability Ball & Weights Class 	26 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	27 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class 	28 <ul style="list-style-type: none"> Last day of school/End of 4th Qtr ■ 10:15 AM Water Aerobics 	29
30 <ul style="list-style-type: none"> MEMORIAL DAY 	31 <ul style="list-style-type: none"> ■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics 	1 <ul style="list-style-type: none"> Teacher Workday 	2 <ul style="list-style-type: none"> Teacher Make-up Day 	3 <ul style="list-style-type: none"> ■ 9:30 AM Active Senior Sneaker Class ■ 10:30 AM Senior Sneaker Class (Low Impact) ■ 11:30 AM Senior Yoga Class ■ 5:30 PM Stability Ball & Weights Class 	4 <ul style="list-style-type: none"> ■ 10:15 AM Water Aerobics 	5