Local Wellness Policy Wellness Activity Report

School/Facility: <u>Burch Elementary</u>

Date Activity Took Place: May 17-19, 2011

Name of Activity: <u>Healthy Snacks during WESTEST</u>

Person in Charge: Paula Brown, Debbie Starr, Mary Endicott, & Kim Vinson

Target Population: $3^{rd} - 6^{th}$ grade students

of Participants: 256 students

Description of Activity:

Stations were set up throughout the building with healthy snacks for students. During set breaks in WESTEST students were escorted by teachers to specific locations. Different snacks and drinks were at each station for students. Earlier in the week Principal and Assistant Principal visited classrooms being tested talking to students about the importance of getting a good nights sleep and eating a good breakfast.

Comments/Evaluation/ Was this activity successful? Yes X No___ Will the activity continue or expand to other schools? Explain.

Healthy snacks for students will be provided during WESTEST next year.

Paula L. Hinkle BrownPrincipalJune 3, 2011Person Submitting ReportJob TitleDate