

**DIRECTIONS for COMPLETING the MCGILL PAIN QUESTIONNAIRE:
VERBAL ADMINISTRATION FORMAT**

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Page 1: Demographics page

1. Ask the patient when she/he had last pain medication dose; write drug name(s), dose(s), and time(s) last taken as well as time tool is completed.

[disregard remainder of page 1 as it is used to orient the patient to the tool in a written rather than verbal format]

Page 2: Body Outline

1. Read directions to patient.
2. Orient patient to left and right sides on front and back; point and say, this represents the right side of your front, this the left side of your front, this is the left side of your back, and this is the right side of your back.
3. Give patient a red felt tip pen to mark tool.
4. Let patient mark the tool any way he/she wants.
5. When patient appears to be finished, ask if there are any other pain sites. Do so until patient says there are no additional sites.
6. Ask patient if sites are inside/outside/both, and mark I, O, or B with an ink pen (not red)
7. Ask patient which sites are current (present right now) and mark - C.
8. Number all pain sites starting with site patient marked first.

Page 3: Pain Quality Word List

1. Read directions to patient.
2. Tell patient you will read the words and he/she can stop you to indicate which words describes his/her pain.
3. Start reading words in group one at the rate of **one word per second**, then group two, group three, etc., and circle all words patient indicates. If patient selects more than one word per group, circle them even though the directions indicate only one word per group is to be selected.

4. If patient indicates spontaneously that a word describes a certain pain location, write the number of the pain site next to the word.
5. After patient has responded to all words, go back to each circled word and inquire which pain sites are described by each of the words.
6. **PLEASE DO NOT DEFINE ANY OF THE WORDS - Say, "that's OK, if you don't know the word, let's not use it, lots of people don't know that word."**

Page 4: Pattern of pain

1. Read directions and words, circle word patient indicates. Write note regarding any other comment patient makes regarding the pain pattern words, especially if the words describe how particular pain sites change with time; use number from body outline to indicate site.
2. Read questions about what relieves and what increases pain. Write patient responses in spaces provided. Continue to ask "anything else" until patient says there is nothing else.

Page 4: Intensity of pain

1. Read directions for "how strong" pain section and ask the patient to use the words that best describe current, worst, least pain, worst toothache etc, but write the number representing the word on the line next to each phase.

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