

## Sheet1

### TYPICAL LUX LEVELS AND RECOMMENDATIONS FOR WORK ENVIRONMENTS

Light level in lux	Environment
	100000.00 Bright sunlight
	30000 Overcast day
2500 to 5000	Recommendation for intricate assembly work
1500 to 2000	Brightness created by 100-watt incandescent bulb at a distance of 1 meter (about 3 feet)
1000 to 2000	Recommendation for fine work such as precision tuning, fine molding, polishing
750 to 1500	Recommendation for drafting rooms
400 to 800	Recommendation for general office work
400 to 600	Brightness created by 40-watt incandescent bulb at a distance of 1 meter (about 3 feet) or that of a 100-watt bulb about 6 feet away
100 to 150	Brightness created by 40-watt incandescent bulb at a distance of 2 meters (about 6 feet)
75 to 150	Recommendation for areas not in constant use, such as warehouses, stairwells and corridors
	0.10 Full moonlight

Source: IBM Ergonomics Handbook.