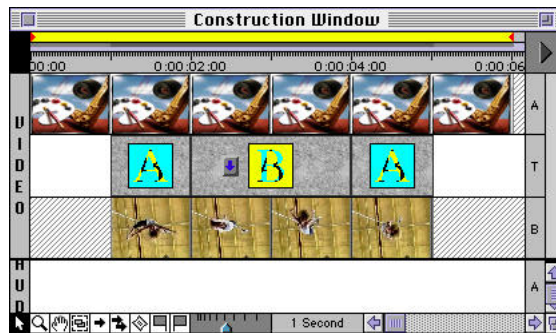


Adobe Customer Services

Creating Long Superimpositions in Adobe Premiere

Traditional analog video switchers can produce a special effect known as a *super*. A super is a dissolve with an extremely long duration or a dissolve that holds in the middle of the effect for an extremely long time and then either ends or returns to the first clip. Supers are commonly used in dream sequences or in romantic scenes. They usually convey a soft mood, slow pace, or something that has not really happened, as in a dream sequence.

Traditionally, the super effect is achieved by moving the fader bar on the video switcher to a midway point and holding it there until you want the effect to end. The fader is then returned to the starting point. You can achieve the super effect in the Adobe Premiere program by using three transitions positioned one after another, as shown below.

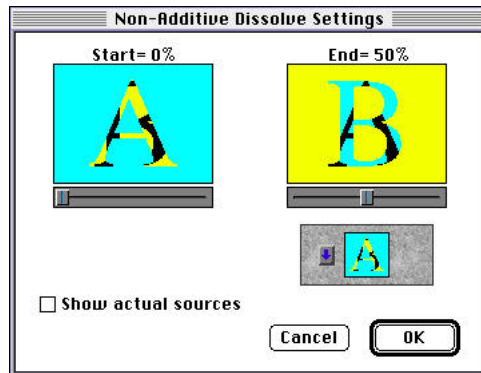


Dissolves are used to create the super demonstrated in this technical note. You can use this same technique with wipes to move into and out of split screens.

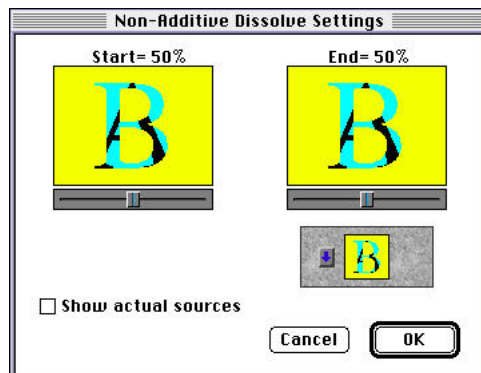
To create a long superimposition:

- 1 Drag the Non-Additive Dissolve transition to the T track in the Construction window. This first dissolve starts the super, and its duration can be as long as you want before the main effect.
- 2 Double-click the transition in the Construction window to display the Non-Additive Dissolve Settings dialog box.

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- 3 Adjust the settings to fade to 50% of track B.



- 4 Drag another Non-Additive Dissolve transition to the T track. This transition makes up the longest part of the super.
- 5 Display the second transition's Settings dialog box, and adjust the settings to start and end at 50%. Doing so causes the transition to have no apparent change from the end of the first dissolve through the end of the second dissolve.



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- 6 Drag the final Non-Additive Dissolve transition to the T track. This transition ends the super. As with the first dissolve, its duration can be as long as you want before the end of the effect.
 - 7 Display the third transition's Settings dialog box, and adjust the settings to start at 50% and end at 0% or 100%. Ending at 100% reverses the direction of the effect.

