



**COLLABORATORS**

	<i>TITLE :</i> 57		
<i>ACTION</i>	<i>NAME</i>	<i>DATE</i>	<i>SIGNATURE</i>
WRITTEN BY		August 10, 2024	

**REVISION HISTORY**

<i>NUMBER</i>	<i>DATE</i>	<i>DESCRIPTION</i>	<i>NAME</i>

# Contents

<b>1</b>	<b>57</b>	<b>1</b>
1.1	57.guide . . . . .	1
1.2	57.guide/Cook Islands . . . . .	1
1.3	57.guide/Header (Cook Islands) . . . . .	2
1.4	57.guide/Geography (Cook Islands) . . . . .	2
1.5	57.guide/People (Cook Islands) . . . . .	3
1.6	57.guide/Government (Cook Islands) . . . . .	4
1.7	57.guide/Government (Cook Islands 2. usage) . . . . .	5
1.8	57.guide/Economy (Cook Islands) . . . . .	5
1.9	57.guide/Communications (Cook Islands) . . . . .	7
1.10	57.guide/Defense Forces (Cook Islands) . . . . .	7

# Chapter 1

## 57

### 1.1 57.guide

Texified version of data for Cook Islands.

Texified using wfact from

Gerhard Leibrock  
Neuhäuselerstr. 12  
D-66459 Kirkel  
Germany

Tel.: 06849 / 6134  
INTERNET: leibrock@fsinfo.cs.uni-sb.de  
fach5@cipsol.cs.uni-sb.de

Project Gutenberg

P. O. Box 2782

Champaign, IL 61825

When all other email fails try our Michael S. Hart, Executive  
Director:

hart@vmd.cso.uiuc.edu (internet) hart@uiucvmd (bitnet)

We would prefer to send you this information by email (Internet,  
Bitnet, Compuserve, ATTMAIL or MCI mail).

Cook Islands

### 1.2 57.guide/Cook Islands

Cook Islands

\*\*\*\*\*

---

Header (Cook Islands)  
Geography (Cook Islands)  
People (Cook Islands)  
Government (Cook Islands)  
Government (Cook Islands 2. usage)  
Economy (Cook Islands)  
Communications (Cook Islands)  
Defense Forces (Cook Islands)

### 1.3 57.guide/Header (Cook Islands)

Header (Cook Islands)

=====

Affiliation:  
    (free association with New Zealand)

### 1.4 57.guide/Geography (Cook Islands)

Geography (Cook Islands)

=====

Location:  
    Oceania, 4,500 km south of Hawaii in the South Pacific Ocean, about halfway  
    between Hawaii and New Zealand

Map references:  
    Oceania

Area:  
    total area:  
        240 km<sup>2</sup>  
    land area:  
        240 km<sup>2</sup>  
    comparative area:  
        slightly less than 1.3 times the size of Washington, DC

Land boundaries:  
    0 km

Coastline:  
    120 km

Maritime claims:  
    continental shelf:  
        200 nm or the edge of continental margin  
    exclusive economic zone:  
        200 nm  
    territorial sea:  
        12 nm

International disputes:

---

none  
 Climate:  
   tropical; moderated by trade winds  
 Terrain:  
   low coral atolls in north; volcanic, hilly islands in south  
 Natural resources:  
   negligible  
 Land use:  
   arable land:  
     4%  
   permanent crops:  
     22%  
   meadows and pastures:  
     0%  
   forest and woodland: 0%  
   other:  
     74%  
 Irrigated land:  
   NA km2  
 Environment:  
   subject to typhoons from November to March

## 1.5 57.guide/People (Cook Islands)

People (Cook Islands)

=====

Population:  
   18,903 (July 1993 est.)  
 Population growth rate:  
   1.18% (1993 est.)  
 Birth rate:  
   23.4 births/1,000 population (1993 est.)  
 Death rate:  
   5.2 deaths/1,000 population (1993 est.)  
 Net migration rate:  
   -6.45 migrant(s)/1,000 population (1993 est.)  
 Infant mortality rate:  
   24.7 deaths/1,000 live births (1993 est.)  
 Life expectancy at birth:  
   total population:  
     71.14 years  
   male:  
     69.2 years  
   female:  
     73.1 years (1993 est.)  
 Total fertility rate:  
   3.32 children born/woman (1993 est.)  
 Nationality:  
   noun:  
     Cook Islander(s)  
   adjective:  
     Cook Islander

## Ethnic divisions:

Polynesian (full blood) 81.3%, Polynesian and European 7.7%, Polynesian and other 7.7%, European 2.4%, other 0.9%

## Religions:

Christian (majority of populace members of Cook Islands Christian Church)

## Languages:

English (official), Maori

## Literacy:

total population:

NA%

male:

NA%

female:

NA%

## Labor force:

5,810

by occupation:

agriculture 29%, government 27%, services 25%, industry 15%, other 4% ←  
(1981)

## 1.6 57.guide/Government (Cook Islands)

### Government (Cook Islands)

=====

## Names:

conventional long form:

none

conventional short form:

Cook Islands

## Digraph:

CW

## Type:

self-governing parliamentary government in free association with New Zealand; Cook Islands is fully responsible for internal affairs; New Zealand ←

retains responsibility for external affairs, in consultation with the Cook Islands

## Capital:

Avarua

## Administrative divisions:

none

## Independence:

none (became self-governing in free association with New Zealand on 4 August ←

1965 and has the right at any time to move to full independence by unilateral action)

## Constitution:

4 August 1965

## Legal system:

NA

## National holiday:

Constitution Day, 4 August

Political parties and leaders:

Cook Islands Party, Geoffrey HENRY; Democratic Tumu Party, Vincent INGRAM;  
Democratic Party, Terepai MAOATE; Cook Islands Labor Party, Rena JONASSEN;  
Cook Islands People's Party, Sadaraka SADARAKA

Suffrage:

universal adult at age NA

Elections:

Parliament:

last held 19 January 1989 (next to be held by January 1994); results -  
percent of vote by party NA; seats - (24 total) Cook Islands Party 12,  
Democratic Tumu Party 2, opposition coalition (including Democratic Party)  
9, independent 1

Executive branch:

British monarch, representative of the UK, representative of New Zealand,  
prime minister, deputy prime minister, Cabinet

Legislative branch:

unicameral Parliament; note - the House of Arikis (chiefs) advises on  
traditional matters, but has no legislative powers

Judicial branch:

High Court

Leaders:

Chief of State:

Queen ELIZABETH II (since 6 February 1952); Representative of the UK Sir  
Tangaroa TANGAROA (since NA); Representative of New Zealand Adrian SINCOCK  
(since NA) Head of Government:

Prime Minister Geoffrey HENRY (since 1 February 1989); Deputy Prime ←  
Minister

Inatio AKARURU (since NA February 1989)

Member of:

AsDB, ESCAP (associate), ICAO, IOC, SPARTECA, SPC, SPF, UNESCO, WHO

Diplomatic representation in US:

none (self-governing in free association with New Zealand)

## 1.7 57.guide/Government (Cook Islands 2. usage)

Government (Cook Islands 2. usage)

=====

US diplomatic representation:

none (self-governing in free association with New Zealand)

Flag:

blue, with the flag of the UK in the upper hoist-side quadrant and a large  
circle of 15 white five-pointed stars (one for every island) centered in ←  
the  
outer half of the flag

## 1.8 57.guide/Economy (Cook Islands)

## Economy (Cook Islands)

=====

## Overview:

Agriculture provides the economic base. The major export earners are fruit, copra, and clothing. Manufacturing activities are limited to a fruit-processing plant and several clothing factories. Economic development is hindered by the isolation of the islands from foreign markets and a lack of natural resources and good transportation links. A large trade deficit is annually made up for by remittances from emigrants and from foreign aid. Current economic development plans call for exploiting the tourism potential and expanding the fishing industry.

## National product:

GDP - exchange rate conversion - \$40 million (1988 est.)

## National product real growth rate:

5.3% (1986-88 est.)

## National product per capita:

\$2,200 (1988 est.)

## Inflation rate (consumer prices):

8% (1988)

## Unemployment rate:

NA%

## Budget:

revenues \$33.8 million; expenditures \$34.4 million, including capital expenditures of \$NA (1990 est.)

## Exports:

\$4.0 million (f.o.b., 1988)

## commodities:

copra, fresh and canned fruit, clothing

## partners:

NZ 80%, Japan

## Imports:

\$38.7 million (c.i.f., 1988)

## commodities:

foodstuffs, textiles, fuels, timber

## partners: NZ 49%, Japan, Australia, US

## External debt:

\$NA

## Industrial production:

growth rate NA%

## Electricity:

14,000 kW capacity; 21 million kWh produced, 1,170 kWh per capita (1990)

## Industries:

fruit processing, tourism

## Agriculture:

export crops - copra, citrus fruits, pineapples, tomatoes, bananas;  
subsistence crops - yams, taro

## Economic aid:

Western (non-US) countries, ODA and OOF bilateral commitments (1970-89), \$128 million

## Currency:

1 New Zealand dollar (NZ\$) = 100 cents

## Exchange rates:

New Zealand dollars (NZ\$) per US\$1 - 1.9490 (January 1993), 1.8584 (1992),  
 1.7266 (1991), 1.6750 (1990), 1.6711 (1989), 1.5244 (1988)  
 Fiscal year:  
 1 April - 31 March

## 1.9 57.guide/Communications (Cook Islands)

Communications (Cook Islands)

=====

### Highways:

187 km total (1980); 35 km paved, 35 km gravel, 84 km improved earth, 33 km  
 unimproved earth

### Ports:

Avatiu

### Merchant marine:

1 cargo ship (1,000 or over) totaling 1,464 GRT/2,181 DWT

### Airports:

total:

7

usable:

7

with permanent-surface runways:

1

with runways over 3,659 m:

0

with runways 2,440-3,659 m:

0

with runways 1,220-2,439 m:

5

### Telecommunications:

broadcast stations - 1 AM, 1 FM, 1 TV; 11,000 radio receivers; 17,000 TV  
 receivers (1989); 2,052 telephones; 1 Pacific Ocean INTELSAT earth station

## 1.10 57.guide/Defense Forces (Cook Islands)

Defense Forces (Cook Islands)

=====

Note: defense is the responsibility of New Zealand