



# Adult Learning Worksheet

**Directions:** Review the lists that follow and answer the questions at the end of the worksheet.

## Principles of Effective Adult Education Facilitation

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Use the experiences of learners.

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Develop problem-centered programs.

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Involve learners in planning and evaluating.

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Develop interactive programs.

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Use multimedia elements in meaningful ways.

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Create a safe and respectful environment.

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Encourage exploration, action, and reflection.

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Nurture self-directed learning.

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## Principles of Effective Web-Based Training

Interactive (*learners choose sequence, respond to quizzes, participate in online conferences*).

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Nonlinear (*learners select and sequence their lessons and access resources on the Web*)

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Easy-to-use graphic user interface (*intuitive menus, easy-to-understand icons, background colors and text provide clues*)

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Structured lessons (*clear guidance and directions for each lesson*)

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Effective use of multimedia (*text, graphics, video, sound, and animation convey content*)

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Attention to educational details (*clear objectives, adequate practice, and meaningful feedback*)

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Attention to technical details (*free of ÓbugsÓ and the links to other web sites work*)

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Learner control (*to select navigational paths, sequence content, determine level of detail, and select presentation mode*)

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1. What are the similarities between the lists?

2. What are the differences?

3. What challenges exist to developing Web-based training programs for adults? Are there conflicting principles? If so, what are they?

