

## Help Menu

### Show Balloons/Hide Balloons

Toggles the balloon help on or off. Balloons describing the function of each element of SwitchBack are shown only if the “SwitchBack Help” file is present in the same folder as the SwitchBack application. Pressing the “Help” key on extended keyboards is a shortcut for this item.

### SwitchBack Help

Performs the same function as selecting the Help item from the Apple menu. Pressing the Help key while holding down the Shift key on extended keyboards is a shortcut for this item.