

```
dim i,startPos,endPos as integer

if me.listindex>=0 then
    listBox2.deleteAllRows
    startPos = ForumPosition(me.listindex+1)
    endPos = ForumPosition(me.listindex+2)
    //loop through the Sub arrays
    //and add the results to Listbox2
    for i=1 to ubound(ForumSubNames)
        if ForumSubPosition(i)>startPos and ForumSubPosition(i)<endPos then
            listBox2.addrow ForumSubNames(i)
            listBox2.cell(listBox2.lastindex,1)=ForumSubURL(i)
        end if
    next
end if
```