File Saving, when on, automatically saves all TimeSlice files to disk.

heck the box "Auto-Save files every" to have all TimeSlice files saved to disk at every time interval you select in the minutes field.

TimeSlice files save
Turn on or off some features of TimeSlice when saving a file to disk.

Which time records are highlighted, when checked, tells TimeSlice to save highlighted records, and highlight them again when the file is reopened.

Scrolled position, when checked, tells TimeSlice to save time records which are displayed, and scrolls to that position when the file is reopened.

Timer state, when checked, tells TimeSlice to save the mode or state of the timer, whether it's tracking time, paused, or idle (neither tracking or paused).   When the file is reopened, the timer state is resumed.   For example, if you quit TimeSlice while a file was tracking time, TimeSlice will restart the timer immediately once the file is reopened.