

Sheet1

ID,N,	PAREINITY	CLIP	RETITLE,C,40	TIMEIN,C,11	TIMEOUT,C,11
1	0	1	0	Understanding Conflict	
2	1	1	1	Tour	
3	2	1	2	259	1
4	1	2	1	Introduction	
5	4	1	2	259	1
6	4	2	2	257	1
7	4	3	2	259	1
8	1	3	1	Positive Effects	
9	8	1	2	262	1
10	8	2	2	258	1
11	8	3	2	259	1
12	8	4	2	257	1
13	8	5	2	258	1
14	1	4	1	Negative Effects	
15	14	1	2	257	1
16	14	2	2	258	1
17	14	3	2	257	1
18	14	4	2	259	1
19	14	5	2	258	1
20	1	5	1	Misconceptions	
21	20	1	2	257	1
22	20	2	2	258	1
23	20	3	2	257	1
24	1	6	1	Reflections	
25	24	1	2	259	1
26	24	2	2	262	1
27	24	3	2	261	1
28	0	2	0	Types of Conflict	
29	28	1	1	Three Types	
30	29	1	2	259	1
31	29	2	2	258	1
32	28	2	1	Internal Conflict	
33	32	1	2	257	1
34	32	2	2	258	1
35	32	3	2	257	1
36	28	3	1	Interpersonal Conflict	
37	36	1	2	258	1
38	36	2	2	257	1
39	28	4	1	Intergroup Conflict	
40	39	1	2	258	1
41	28	5	1	Reflections	
42	41	1	2	259	1
43	41	2	2	262	1
44	41	3	2	261	1
45	41	4	2	261	1
46	0	3	0	Stages of Conflict	
47	46	1	1	Three Stages	
48	47	1	2	259	1

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49	47	2	2	258	1		00:27:44:00	00:28:23:00
50	46	2	1			Everyday Concerns		
51	50	1	2	257	1		00:28:23:00	00:29:45:00
52	46	3	1			Significant Challenges		
53	52	1	2	257	1		00:29:45:00	00:30:20:00
54	52	2	2	258	1		00:30:20:00	00:32:13:00
55	46	4	1			Overt Battles		
56	55	1	2	257	1		00:32:13:00	00:33:22:00
57	46	5	1			Reflections		
58	57	1	2	259	1		00:00:00:00	00:00:00:00
59	57	2	2	262	1		00:00:00:00	00:00:00:00
60	57	3	2	261	1		00:00:00:00	00:00:00:00
61	57	4	2	261	1		00:00:00:00	00:00:00:00
62	0	4	0			Managing Conflict		
63	62	1	1			Five Styles		
64	63	1	2	259	1		00:00:00:00	00:00:00:00
65	63	2	2	257	1		00:36:20:00	00:37:05:00
66	63	3	2	258	1		00:37:05:00	00:37:22:00
67	62	2	1			Collaboration		
68	67	1	2	258	1		00:37:22:00	00:37:47:00
69	67	2	2	257	1		00:37:47:00	00:38:32:00
70	62	3	1			Obliging		
71	70	1	2	258	1		00:38:32:00	00:39:00:00
72	70	2	2	257	1		00:39:00:00	00:40:26:00
73	62	4	1			Dominating		
74	73	1	2	258	1		00:40:26:00	00:40:54:00
75	73	2	2	257	1		00:40:54:00	00:41:31:00
76	62	5	1			Avoiding		
77	76	1	2	258	1		00:41:31:00	00:42:07:00
78	76	2	2	257	1		00:42:07:00	00:42:33:00
79	62	6	1			Compromising		
80	79	1	2	258	1		00:42:33:00	00:43:20:00
81	62	7	1			Reflections		
82	81	1	2	257	1		00:43:20:00	00:43:36:00
83	81	2	2	259	1		00:00:00:00	00:00:00:00
84	81	3	2	262	1		00:00:00:00	00:00:00:00
85	0	5	0			Maintaining Relationships		
86	85	1	1			Principles		
87	86	1	2	259	1		00:00:00:00	00:00:00:00
88	86	2	2	257	1		00:43:36:00	00:43:55:00
89	86	3	2	258	1		00:43:55:00	00:45:39:00
90	86	4	2	257	1		00:45:39:00	00:46:24:00
91	86	5	2	258	1		00:46:43:00	00:48:03:00
92	86	6	2	261	1		00:00:00:00	00:00:00:00
93	85	2	1			Guidelines		
94	93	1	2	257	1		00:48:03:00	00:53:57:00
95	93	2	2	259	1		00:00:00:00	00:00:00:00
96	93	3	2	258	1		00:53:57:00	00:54:21:00
97	93	4	2	257	1		00:54:21:00	00:55:38:00

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98	85	3	1		Constructive Process		
99	98	1	2	258	1	00:55:38:00	00:57:32:00
100	98	2	2	262	1	00:00:00:00	00:00:00:00
101	85	4	1		Communication Tips		
102	101	1	2	257	1	00:57:32:00	00:58:18:00
103	101	2	2	262	1	00:00:00:00	00:00:00:00
104	101	3	2	262	1	00:00:00:00	00:00:00:00
105	101	4	2	261	1	00:00:00:00	00:00:00:00
106	0	6	0		Emotions of Conflict		
107	106	1	1		Emotional Responses		
108	107	1	2	259	1	00:00:00:00	00:00:00:00
109	107	2	2	257	1	00:00:08:00	00:00:24:00
110	107	3	2	258	1	00:00:24:00	00:02:24:00
111	107	4	2	261	1	00:00:00:00	00:00:00:00
112	106	2	1		Four Questions		
113	112	1	2	257	1	00:02:24:00	00:02:49:00
114	112	2	2	258	1	00:02:49:00	00:05:54:00
115	106	3	1		Rejection Response		
116	115	1	2	258	1	00:05:54:00	00:08:34:00
117	115	2	2	261	1	00:00:00:00	00:00:00:00
118	0	7	0		Responses to Avoid		
119	118	1	1		Emotional Don'ts		
120	119	1	2	259	1	00:00:00:00	00:00:00:00
121	119	2	2	258	1	00:08:34:00	00:09:09:00
122	118	2	1		Closer Look		
123	122	1	2	258	1	00:09:09:00	00:14:29:00
124	122	2	2	257	1	00:14:29:00	00:16:19:00
125	122	3	2	259	1	00:00:00:00	00:00:00:00

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WORDSIN,C,75	WORDSOUT,C,75	FILENAME,C,40
THIS TRAINING COMES	INTERACTIVE TRAINING EXP	M0001
INTRO SLIDE	INTRO SLIDE	M0002
when was the	effects of conflict	H0001
Hi, I'm Professor		M0003
		P0001
number one	usually worth it	C0001
THIS IS GOOD NEWS	ARE USUALLY WORTH IT	M0004
let me explain	effective conflict	H0002
conflict can increase	growth is predictable	C0002
now we've looked	of unresolved conflict	H0003
number one conflict	climate of mediocrity	C0003
the issue of	later that afternoon	H0004
HOW MANY PEOPLE	DOESN'T HAVE TO	M0005
number three conflict	explore reasonable conclusions	C0004
i recall a	out into the community	H0005
part of this campaign	than a reward	C0005
once we were able	for everyone	H0006
Facilitator introduction		M0006
Q19 (Exercise 1)		P0002
		L0001
		M0007
obviously these	these conflict types	C0006
internal conflict is	competing for primacy	H0007
here's an example	choose a response	C0007
let me explain	the timeline	H0008
now lets	conflict looms	C0008
while interpersonal conflict	lowest possible leverl	H0009
the third and final	people are engaged	C0009
Facilitator Intro		M0008
Q20 (Exercise 2)		P0003
		L0002
		L0003
		M0009

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as you begin	desire to punish	C0010
when you're faced	work for both parties	H0010
when conflict escalates stage two is	well everybody knows to stage three	H0011 C0011
Stage three conflict	To manage it effectively	H0012
Facilitator Intro Q18,21,45 (Exercise 3)	Put Case Study HERE!!!!	M0010 P0004 L0004 L0005
		M0011
now id like	difficult for you	H0013
here are the	number 5 - compromising	C0012
lets consider each if you decide	issues are complex be very difficult	C0013 H0014
the second conflict this style of	for common ground mistrust among members	C0014 H0015
the opposite of it's best to	conflict resolution capabilities with my recommendation	C0015 H0016
avoiding is the if you decide	demonstrate effective action all the facts	C0016 H0017
compromising is the	i can give up	C0017
when you master Facilitator Intro Q27 - Exercise 4	of that conflict	H0018 M0012 P0005
		M0013
now id like	quickly to resolution	H0019
let's take them	very positive outcomes	C0018
First you gain	The issues effectively	H0020
in short its	than the person	C0019 L0006
guideline no 1	to argue about	H0021
conflict is inevitable	something to argue about	M0014
did you know	misunderstanding runs rampant	C0020
communication is an	non threatening fashion	H0022

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here's the process Q35 Const. Conf. Model p58	it by 8am	C0021 P0006
the constructive confrontation Q34 10 tips p57	more than once	H0023 P0007 P0008 L0007
if you've ever there are four	not very productive those around them	M0015 H0024 C0022 L0008
the good news question no 1	a cool head most productive manner	H0025 C0023
anxiety is a	chaotic and unmanageable	C0024 L0009
with regard to	fooled by projection	M0016 C0025
now let's dig we've covered a lot I hope you enjoyed	needed from her opportunity for change career and personal developme	C0026 H0026 M0017