

Sheet1

ST_,ST_NAME,C,20ST_CAPITAL,C,20

AL	Alabama	Montgomery
AK	Alaska	Juneau
AZ	Arizona	Phoenix
AR	Arkansas	Little Rock
CA	California	Sacramento
CO	Colorado	Denver
CT	Connecticut	Hartford
DE	Delaware	Dover
FL	Florida	Tallahassee
GA	Georgia	Atlanta
HI	Hawaii	Honolulu
ID	Idaho	Boise
IL	Illinois	Springfield
IN	Indiana	Indianapolis
IA	Iowa	Des Moines
KS	Kansas	Topeka
KY	Kentucky	Frankfort
LA	Louisiana	Baton Rouge
ME	Maine	Augusta
MD	Maryland	Anapolis
MA	Massachusetts	Boston
MI	Michigan	Lansing
MN	Minnesota	St. Paul
MS	Mississippi	Jackson
MO	Missouri	Jefferson City
MT	Montana	Helena
NE	Nebraska	Lincoln
NV	Nevada	Carson City
NH	New Hampshire	Concord
NJ	New Jersey	Trenton
NM	New Mexico	Santa Fe
NY	New York	Albany
NC	North Carolina	Raleigh
ND	North Dakota	Bismark
OH	Ohio	Columbus
OK	Oklahoma	Oklahoma City
OR	Oregon	Salem
OR	Oregon	Salem
OR	Oregon	Portland
OR	Oregon	Salem
PA	Pennsylvania	Harrisburg
RI	Rhode Island	Providence
SC	South Carolina	Columbia
SD	South Dakota	Pierre
TN	Tennessee	Nashville
TX	Texas	Austin
UT	Utah	Salt Lake City
VT	Vermont	Montpelier

Sheet1

VA	Virginia	Richmond
WA	Washington	Olympia
OR	Oregon	Astoria
WV	West Virginia	Charleston
WI	Wisconsin	Madison
WY	Wyoming	Cheyenne