

Sheet1

*---A macro to move the cell pointer around the worksheet to predefined set of locations. Every time the macro is activated the cell pointer moves to the next location (station). The macro already includes a list of stations A1, B1. . . G1, insert your stations instead. The list is not limited in size but has to be contiguous.

*---Use the /Range Name Label Right {End} {Down} <ENTER> to define the range names in this column (starts with the \Z macro name)

*---Hold the <ALT> key and press <Z> to activate the macro

!

\Z

STATIONS

!

!

!

!

!

!

first208

!

!

!

!

!

!

```
{BREAKON}  
{windowsoff}{paneloff}{GOTO}first208~{DOWN}{LEFT}!~/C~.{RIGHT}{END}{DOWN}{LEFT}~{RIGHT}{UP}M~{END}{DOWN}  
{DOWN}/M.{END}{DOWN}~{UP}~  
{UP}{LEFT}first208~/RNL~{END}{DOWN}LAST#~/RNL~  
{goto}{LAST#}~/rdLAST#~
```

LIST

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- A1
- B1
- C1
- D1
- E1
- F1
- G1

