

Sheet1

\*--A macro to INSERT a column to the left with the current column  
format  
\*--Use the /Range Name Label Right {End} {Down} <ENTER> to define the  
range names in this column (starts with the \Z macro name)  
\*--Place the cell pointer on the column to be copied (format only)  
\*--Hold the <ALT> key and press <Z> to activate the macro  
!  
!  
!  
\Z  
COLINSFT  
!  
!

```
{BREAKON}  
{windowsoff}{paneloff}  
/wic~{end}{up}/rncTEMP250~/RNDTEMP250~/RNCTEMP250~{END}{down}~  
{right}/c.{left}{end}{down}{right}~{left}~/RETEMP250~/RNDTEMP250~{left}~
```