

ING\_LINE,C,40

- 1 In 10 inch skillet over medium heat, in
- 1 hot oil, cook chicken, 1/2 at a time,
- 1 until browned. Add onion and peppers.
- 1 Cook 5 Min. or until vegetables are tender-crisp. Stir in soup, water and soy
- 1 sauce. Heat to boiling. Reduce heat to
- 1 low. Cover and simmer 5 min. or until
- 1 vegetables are tender-crisp. Serve over
- 1 rice
- 2 In skillet over medium heat, in hot
- 2 margarine, cook onion until tender.
- 2 Stir in soup, milk and pepper. Heat to
- 2 boiling. Add Potatoes. Reduce heat to
- 2 low. Cover; simmer 5 min. or until hot
- 2 and bubbling, stirring occasionally.
- 2 Garnish with sage if desired.
- 3 In skillet over medium heat, in 1 tbsp.
- 3 hot margarine, cook chicken 10 min. or
- 3 until browned on both sides. Remove
- 3 chicken; keep warm. In same skillet,
- 3 in remaining margarine, cook broccoli,
- 3 carrots and mushrooms 5 min., stirring
- 3 often. Stir in soup, milk, and pepper.
- 3 Heat to boiling. Return chicken to
- 3 skillet. Reduce heat to low; simmer 5
- 3 min., or until chicken is fork-tender.
- 3 Garnish with lemon slices.
- 4 Slice beef across grain into very thin
- 4 strips. In skillet, over medium-high
- 4 heat, in hot oil, cook beef and garlic
- 4 until beef is browned. Add onion. Cook
- 4 5 min., stirring often. Stir in soup,
- 4 water and soy sauce. Heat to boiling.
- 4 Add broccoli. Reduce heat to low. Cover;
- 4 simmer 5 min. or until vegetables are
- 4 tender. Serve over noodles.
- 4 TIP: To make slicing easier, freeze beef
- 4 1 hour.
- 5 In skillet over medium heat, in hot
- 5 margarine, cook chicken 10 min. or until
- 5 browned on both sides. Spoon of fat.
- 5 Stir in soup, water and pepper. Heat to
- 5 boiling. Add broccoli. Reduce heat to
- 5 low. Cover; simmer 10 min. or until
- 5 chicken is fork-tender and broccoli is
- 5 done, stirring occasionally.
- 6 Heat Oven to 375
- 6 Mix 1 C Mozzarella cheese, spinach, egg,

## Sheet1

- 6 corn and ricotta. Place about 1/2 c.
- 6 mixture down center of each tortilla.
- 6 Roll tightly; arrange seam side down in
- 6 greased 13 X 9 inch baking dish.
- 6 Mix tomatoes, tomato sauce and basil;
- 6 spoon over filled tortillas. Sprinkle
- 6 with remaining Mozzarella and Parmesan
- 6 cheese. Bake 30 Minutes.