

Sheet1

*---A macro to present a flashing message in the panel area
*---Use the /Range Name Label Right {End} {Down} <ENTER> to define the
range names in this column (starts with the \Z macro name)
*---Hold the <MACRO> key and press <Z> to activate the macro
*---Type your message right to the cell MESSAGE
!
!
!
!
\Z
MESSAGE
loop023
!
!
!
!
!
MESSAGE023
!
KEY023

```
{BREAKON}  
{BREAKON}  
{WINDOWSOFF}{PANELOFF}{MESSAGE023}{PANELON}  
{EDIT}{WAIT @NOW+@TIME(0,0,1)}{ESC}{LOOK KEY023}~  
{IF KEY023=""}{WAIT @NOW+@TIME(0,0,1)}{BRANCH loop023}  
{GET KEY023}~
```

This is our message Press any key to Quit

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