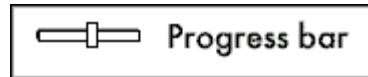
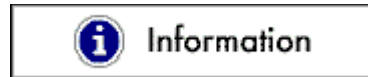
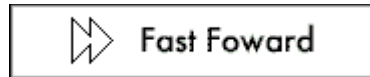
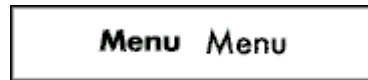
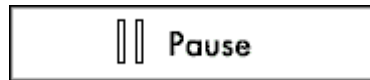
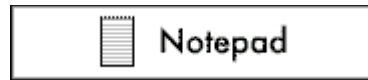


## Button explanations

Click on any button to see what it is used for.



## **Continue**

The Continue button moves you from screen to screen. You will always know when you can click on the Continue button, because it will be green.

## **Notepad**

The Notepad facility allows you to make notes as you move through the course. After you click on the Notepad button, you can type in whatever notes you would like to record.

## **Exit**

Click on the Exit button any time you want to leave the course.

## **Pause**

When you click on this button, the course will pause. To go on either click on the [Continue](#) button or the pause button again. However if you pause during a video, to go on you may need to click on [Repeat](#) if video does not restart.

## **Repeat**

Clicking on the Repeat button will replay the section of the course which you are currently in.

## **Menu**

Clicking on the Menu button allows you to go to the previous menu. When you are in a topic, the Menu button takes you to the Topic Menu. From the Topic Menu, this same button takes you to the Main Menu.

## **Fast Forward**

Clicking on the Fast Forward button moves you to the section immediately following the present one. You can fast forward through to the end of the topic.



## **Information**

If you click on the Information button, three options will be made available to you: Return to course returns you to where you were in the course, Help gives you information about the navigation buttons, and Glossary contains explanations about the meaning of different words used in this course.

## **Rewind**

Clicking on the Rewind button allows you to review the section just before the current one. You can rewind through to the beginning of a topic.

## **Progress Bar**

The Progress Bar shows you how far you have progressed through each topic. By clicking anywhere along the Progress Bar, you can move to any part of a topic.



