

<

AUM
.. atha kaThopanishhad.h ..

AUM saha naavavatu . saha nau bhunaktu . sahaviiryaM karavaavahai .
tejasvi naavadhiitamastu . maa vidvishhaavahai ..

AUM shaantiH shaantiH shaantiH ..

{Part I}##
{Canto I}##

AUM ushan.h ha vai vaajashravasaH sarvavedasaM dadau .
tasya ha nachiketaa naama putra aasa .. 1..

ta.N ha kumaara.N santaM dakshiNaasu
niiyamaanaasu shraddhaavivesha so.amanyata .. 2..

piitodakaa jagdhatR^iNaa dugdhadohaa nirindriyaH .
anandaa naama te lokaastaan.h sa gachchhati taa dadat.h .. 3..

sa hovaacha pitaraM tata kasmai maaM daasyasiiti .
dvitiiyaM tR^itiyyaM ta.N hovaacha mR^ityave tvaा dadaamiiti .. 4..

bahuunaamemi prathamo bahuunaamemi madhyamaH .
ki.N svidyamasya kartavyaM yanmayaa.adya karishhyati .. 5..

anupashya yathaa puurve pratipashya tathaa.apare .
sasyamiva martyaH pachyate sasyamivaajaayate punaH .. 6..

vaishvaanaraH pravishatyatithirbraahmaNo gR^ihaan.h .
tasyaitaa.N shaantiM kurvanti hara vaivasvatodakam.h .. 7..

aashaapratiikshe sa.ngata.N suunR^itaam
cheshhTaapuerte putrapashuu.Nshcha sarvaan.h .
etad.hvR^iN^kte purushhasyaalpamedhaso
yasyaanashnанvasati braahmaNo gR^ihe .. 8..

tisro raatriiryadavaatsiirgR^ihe me
anashnan.h brahmamatithirnamasyaH .
namaste.astu brahman.h svasti me.astu
tasmaatprati triinvaraanyR^iNiishhv .. 9..

shaantasa.nkalpaH sumanaa yathaa syaad.h
viitamanyurgautamo maa.abhi mR^ityo .
tvatprasR^ishhTa maa.abhivadetpratiita
etat.h trayaaNaam prathamaM varaM vR^iNe .. 10..

yathaa purastaad.h bhavitaa pratiita
auddaalaakiraaruNirmatprasR^ishhTaH .
sukha.N raatriiH shayitaa viitamanyuH
tvaam dadR^ishivaanmR^ityumukhaat.h pramuktam.h .. 11..

svarge loke na bhayaM ki.nchanaasti

na tatra tvaM na jarayaa bibheti .
ubhe tiirtvaa.ashanaayaapipaase
shokaatigo modate svargaloke .. 12..

sa tvamagni.N svargyamadhyeshhi mR^ityo
prabruuhi tva.N shraddadhaanaaya mahyam.h .
svargalokaa amR^itatvaM bhajanta
etad.h dvitiiyena vR^iNe vareNa .. 13..

pra te braviiimi tadu me nibodha
svargyamagniM nachiketaH prajaanan.h .
anantalokaaptimatho pratishhThaaM
viddhi tvametaM nihitaM guhaayaam.h .. 14..

lokaadimagniM tamuvaacha tasmai
yaa ishhTakaa yaavatiirvaa yathaa vaa .
sa chaapi tatpratyavadadyathoktaM
athaasya mR^ityuH punarevaaha tushhTaH .. 15..

tamabraviit.h priiyamaaNo mahaatmaa
varaM tavehaadya dadaami bhuuyaH .
tavaiva naamnaa bhavitaa.ayamagniH
sR^iN^kaaM chemaamanekaruupaaM gR^ihaaNa .. 16..

triNaachiketastribiletya sandhiM
trikarmakR^ittarati janmamR^ityuu .
brahmajaGYaM devamiiDyaM viditvaa
nichaayyemaa.N shaantimatyantameti .. 17..

triNaachiketastrayametadviditvaa
ya evaM vidvaa.Nshchinute naachiketam.h .
sa mR^ityupaashaan.h purataH praNodya
shokaatigo modate svargaloke .. 18..

eshha te.agnirnachiketaH svargyo
yamavR^iNiithaa dvitiiyena vareNa .
etamagniM tavaiva pravakshyanti janaasaH
tR^itiiyaM varaM nachiketo vR^iNiishhva .. 19..

yeYaM prete vichikitsaa manushhyeH
astiyeke naayamastiiti chaike .
etadvidyaaamanushishhTastvayaa.ahaM
varaNaameshha varastR^itiiyaH .. 20..

devairatraapi vichikitsitaM puraa
na hi suviGYeyamaNureshha dharmaH .
anyaM varaM nachiketo vR^iNiishhva
maa moparotsiirati maa sR^ijainam.h .. 21..

devairatraapi vichikitsitaM kila
tvaM cha mR^ityo yanna suGYeyamaattha .
vaktaa chaasya tvaadR^iganyo na labhyo
naanyo varastulya etasya kashchit.h .. 22..

shataayushhaH putrapautraanvR^iNiishhva
bahuunpashan.h hastihiraNyamashvaan.h .

bhuumermahadaayatanaM vR^iNiishhva
svayaM cha jiiva sharado yaavadichchhasi .. 23..

etattulyaM yadi manyase varaM
vR^iNiishhva vittaM chirajiivikaM cha .
mahaabhuumau nachiketastvamedhi
kaamaanaaM tvaas kaamabhaajaM karomi .. 24..

ye ye kaamaa durlabhaa martyaloke
sarvaan.h kaamaa.NshchhandataH praarthayasva .
imaa raamaaH sarathaah satuuryaa
na hiidR^isha lambhaniiyaa manushhyaiH .
aabhirmatprattaabhiH parichaarayasya
nachiketo maraNaM maa.anupraakshiiH .. 25..

shvobhaavaa martyasya yadantakaitat.h
sarve.ndriyaaNaaM jaraya.nti tejaH .
api sarvaM jiivitamalpameva
tavaiva vaahaastava nR^ityagiite .. 26..

na vittena tarpaNiiyo manushhyo
lapsyaamahe vittamadraakshma chettvaa .
jiivishhyaamo yaavadiishishhyasi tvaM
varastu me varaNiiyaH sa eva .. 27..

ajiiiryataamamR^itaanaamupetya
jiiryanmartyaH kvadhaHsthaH prajaanan.h .
abhidhyaayan.h varNaratipramodaan.h
atidiirghe jiivite ko rameta .. 28..

yasminnidaM vichikitsanti mR^ityo
yatsaamparaaye mahati bruuhi nastat.h .
yo.ayaM varo guuDhamanupravishhTo
naanyaM tasmaannachiketaa vR^iNiite .. 29..

.. iti kaaThakopanishhadi prathamaadhyaaye prathamaa vallii ..

{Part I}##
{Canto II}##

anyachchhreyo.anyadutaiva preyaH
te ubhe naanaarthe purushha.N siniiitaH .
tayoH shreya aadadaanasya saadhu
bhavati hiiyate.arthaadya u preyo vR^iNiite .. 1..

shreyashcha preyashcha manushhyametaH
tau sampariiitya vivinakti dhiiraH .
shreyo hi dhiiro.abhi preyaso vR^iNiite
preyo mando yogakshemaad.hvR^iNiite .. 2..

sa tvaM priyaanpriyarupaa.nshcha kaamaan.h
abhidhyaayannachiketo.atyasraakshiiH .
naitaaM sR^iN^kaaM vittamayiimavaapto

yasyaaM majjanti bahavo manushhyaaH .. 3..

duuramete vipariite vishhuuchii
aviGYaa yaa cha vidyeti GYataa .
vidyaabhiipsinaM nachiketasaM manye
na tvaas kaamaa bahavo.alolupanta .. 4..

aviGYaayaamantare vartamaanaaH
svayaM dhiiraaH paNDitaMmanyamaanaaH .
dandramyamaaNaaH pariyanti muuDhaa
andhenavaa niiyamaanaa yathaandhaaH .. 5..

na saamparaayaH pratibhaati baalaM
pramaadyantaM vittamohena muuDham.h .
ayaM loko naasti para iti maanii
punaH punarvashamaapadyate me .. 6..

shravaNaayaapi bahubhiryo na labhyaH
shR^iNvanto.api bahavo yaM na vidyuH .
aashcharyo vaktaa kushalo.asya labdhaa
aashcharyo GYataa kushalaanushishhTaH .. 7..

na nareNaavareNa prokta eshha
suviGYeyo bahudhaa chintyamaanaH .
ananyaprokte gatiratra naasti
aNiiyaan.h hyatarkyamaNupramaNaat.h .. 8..

naishhaa tarkeNa matiraapaneyaa
proktaanyenaiva suGYaanaaya preshhTha .
yaaM tvamaapaH satyadhR^itirbataasi
tvaadR^iN^.hno bhuuyaannachiketaH prashhTaa .. 9..

jaanaamyahaM shevadhirityanityaM
na hyadhruvaiH praappyate hi dhruvaM tat.h .
tato mayaa naachiketashchito.agniH
anityairdravyaiH praaptavaanasmi nityam.h .. 10..

kaamasyaaptiM jagataH pratishhThaaM
kratoraanantyamabhayasya paaram.h .
stomamahadurgaayaM pratishhThaaM dR^ishhTvaa
dhR^ityaa dhiiro nachiketo.atyasraakshiiH .. 11..

taM durdarshaM guuDhamanupravishhTaM
guhaahitaM gahvareshhThaM puraaNam.h .
adhyaatmayogaadhigamena devaM
matvaa dhiiro harshhashokau jahaati .. 12..

etachchhrutvaa samparigR^ihya martyaH
pravR^ihya dharmyamaNumetamaapya .
sa modate modaniyya.N hi labdhvaa
vivR^ita.N sadma nachiketasaM manye .. 13..

anyatra dharmaadanyatraadharmaat.h
anyatraasmaatkR^itaakR^itaat.h .
anyatra bhuutaachcha bhavyaachchya
yattatpashyasi tadvada .. 14..

sarve vedaa yatpadamaamananti
tapaa.Nsi sarvaaNi cha yadvadanti .
yadichchhinto brahmacharyaM charanti
tatte pada.N sa.ngraheNa braviiomyomityetat.h .. 15..

etad.hdhyevaaksharaM brahma etad.hdhyevaaksharaM param.h .
etad.hdhyevaaksharaM GYaatvaa yo yadichchhati tasya tat.h .. 16..

etadaalambana.N shreshhThametadaalambanaM param.h .
etadaalambanaM GYaatvaa brahmaloke mahiyate .. 17..

na jaayate mriyate vaa vipashchin.h
naayaM kutashchinna babhuuva kashchit.h .
ajo nityaH shaashvato.ayaM puraaNo
na hanyate hanyamaane shariire .. 18..

hantaa chenmanyate hantu.N hatashchenmanyate hatam.h .
ubhau tau na vijaaniito naaya.N hanti na hanyate .. 19..

aNoraNiiyaanmahato mahiiyaan.h
aatmaa.asya jantornihito guhaayaam.h .
tamakratuH pashyati viitashoko
dhaatuprasaadaanmahaanamaatmanaH .. 20..

aasiino duuraM vrajati shayaano yaati sarpataH .
kastaM madaamadaM devaM madanyo GYatumarhati .. 21..

ashariira.N sharireshhvavanavastheshhvavasthitam.h .
mahaantaM vibhumaatmaanaM matvaa dhiiro na shochati .. 22..

naayamaatmaa pravachanena labhyo
na medhayaa na bahunaa shrutena .
yamevaishha vR^iNute tena labhyaH
tasyaishha aatmaa vivR^iNute tanu.N svaam.h .. 23..

naavirato dushcharitaannaashaanto naasamaahitaH .
naashaantamaanaso vaa.api praGYaanenainamaapnuyaat.h .. 24..

yasyaa brahma cha kshatraM cha ubhe bhavata odanaH .
mR^ityuryasyopasechanaM ka itthaa veda yatra saH .. 25..

iti kaaThakopanishhadi prathamaadhyaaye dvitiyyaa vallii ..

{Part I}##
{Canto III}##

R^itaM pibantau sukR^itasya loke
guhaaM pravishhTau parame paraardhe .
chhaayaatapau brahmavido vadanti
paJNchaagnayo ye cha triNaachiketaaH .. 1..

yaH seturijaanaanaamaksharaM brahma yat.h param.h .

abhayaM titiirshhataaM paaraM naachiketa.N shakemahi .. 2..

aatmaana.N rathitaM viddhi shariira.N rathameva tu .
buddhiM tu saarathiM viddhi manaH pragrahameva cha .. 3..

indriyaaNi hayaanaahurvishhayaa.N steshhu gocharaan.h .
aatmendriyamanoyuktaM bhoktetyaahurmaniishhiNaH .. 4..

yastvaviGYaanavaanbhavatyayuktena manasaa sadaa .
tasyendriyaaNyavashyaani dushhTaashvaa iva saaratheH .. 5..

yastu viGYaanavaanbhavati yuktena manasaa sadaa .
tasyendriyaaNi vashyaani sadashvaa iva saaratheH .. 6..

yastvaviGYaanavaanbhavatyamanaskaH sadaa.ashuchiH .
na sa tatpadamaapnoti sa.nsaaraM chaadhigachchhati .. 7..

yastu viGYaanavaanbhavati samanaskaH sadaa shuchiH .
sa tu tatpadamaapnoti yasmaad.hbhuuyo na jaayate .. 8..

viGYaanasaarathiryastu manaH pragrahavaannaraH .
so.adhvanaH paaramaapnoti tadvishhNoH paramaM padam.h .. 9..

indriyebhyaH paraa hyarthaa arthebhyashcha paraM manaH .
manasastu paraa buddhirbuddheraatmaa mahaanparaH .. 10..

mahaataH paramavyaktamavyaktaatpurushhaH paraH .
purushhaanna paraM ki.nchitsaa kaashhThaa saa paraa gatiH .. 11..

eshha sarveshhu bhuuteshhu guuDho.a.atmaa na prakaashate .
dR^ishyate tvagryayaa buddhyaa suukshmayaa suukshmadarshibhiH .. 12..

yachchhedvaaN^manasii praaGYastadyachchhejGYaana aatmani .
GYaanamaatmani mahati niyachchhettadyachchhechchhaanta aatmani .. 13..

uttishhThata jaagrata
praapya varaannibodhata .
kshurasya dhaaraa nishitaa duratyayaa
durgaM pathastatkavayo vadanti .. 14..

ashabdasparshamaruupamavyayaM
tathaa.arasaM nityamagandhavachcha yat.h .
anaadyanantaM mahataH paraM dhrubaM
nichaayya tanmR^ityumukhaat.h pramuchyate .. 15..

naachiketamupaakhyaanaM mR^ityuprokta.N sanaatanam.h .
uktvaa shrutvaa cha medhaavii brahmaaloke mahiiyate .. 16..

ya imaM paramaM guhyaM shraavayed.h brahmasa.nsadi .
prayataH shraaddhakaale vaa tadaanantyaaya kalpate .
tadaanantyaaya kalpata iti .. 17..

iti kaaThakopanishhadi prathamaadhyaaaye tR^itiyyaa vallii ..

{Part II}##

{Canto I}##

paraaNchi khaani vyatR^iNat.h svayambhuuH
tasmaatparaaN^pashyati naantaraatman.h .
kashchiddhiiraH pratyagaatmaanamaikshat.h
aavR^ittachakshuramR^itatvamichchhan.h .. 1..

paraachaH kaamaananuyanti baalaaH
te mR^ityoryanti vitatasya paasham.h .
atha dhiiraaM amR^itatvaM viditvaa
dhruvamadhruveshhviha na praarthayante .. 2..

yena ruupaM rasaM gandhaM shabdaan.h spa {shaa.N}.rshcha maithunaan.h .
etenaiva vijaanaati kimatra parishishhyate . etadvai tat.h .. 3..

svapnaantaM jaagaritaantaM chobhau yenaanupashyati .
mahaantaM vibhumaatmaanaM matvaa dhiiro na shochati .. 4..

ya imaM madhvadaM vedaaatmaanaM jiivamantikaat.h .
iishaanaM bhuutabhavyasya na tato vijugupsate . etadvai tat.h .. 5..

yaH puurvaM tapaso jaatamad.hbhyaH puurvamajaayata .
guhaaM pravishya tishhThantaM yo bhuutebhvirvyapashyat.h . etadvai tat.h .. 6..

ya praaNena saMbhavatyaditirdevataamayii .
guhaaM pravishya tishhThantiiM yaa bhuutebhvirvyayaayata . etadvai tat.h .. 7..

araNyornihito jaatavedaa garbha iva subhR^ito garbhiNiibhiH .
dive dive iiDyo jaagR^ivadbhihavishhmadbhirmanushhyebhiragniH . etadvai tat.h .. 8..

yatashchodeti suuryo.astaM yatra cha gachchhati .
taM devaaH sarve arpitaastadu naatyeti kashchana . etadvai tat.h .. 9..

yadeveha yadamutra yadamutra tadanviha .
mR^ityoH sa mR^ityumaapnoti ya iha naaneva pashyati .. 10..

manasaivedamaaptavyaM neha naanaa.asti ki.nchana .
mR^ityoH sa mR^ityuM gachchhati ya iha naaneva pashyati .. 11..

aN^gushhThamaatraH purushho madhya aatmani tishhThati .
iishaanaM bhuutabhavyasya na tato vijugupsate . etadvai tat.h .. 12..

aN^gushhThamaatraH purushho jyotirivaadhuumakaH .
iishaano bhuutabhavyasya sa evaadya sa u shvaH . etadvai tat.h .. 13..

yathodakaM durge vR^ishhTaM parvateshhu vidhaavati .
evaM dharmaan.h pR^ithak.h pashya.nstaanevaanuvidhaavati .. 14..

yathodakaM shuddhe shuddhamaasiktaM taadR^igeva bhavati .
evaM munervijaanata aatmaa bhavati gautama .. 15..

iti kaaThakopanishhadi dvitiyaadhyaaaye prathamaa vallii ..

{Part II}##
{Canto II}##

puramekaadashadvaaaramajasyaavakrachetasaH .
anushhThaaya na shochati vimuktashcha vimuchyate . etadvai tat.h .. 1..

ha.NsaH shuchishhadvasuraantarikshasad.h
hotaa vedishhadatithirduroNasat.h .
nR^ishhadvarasadR^itasadvyomasad.h
abjaa gojaa R^itajaa adrijaa R^itaM bR^ihat.h .. 2..

uurdhvaM praaNamunnayatyapaanaM pratyagasyati .
madhye vaamanamaasiinaM vishve devaa upaasate .. 3..

asya visra.nsamaanasya shariirasthasya dehinaH .
dehaadvimuchyamaanasya kimatra parishishhyate . etadvai tat.h .. 4..

na praaNena naapaanena martyo jiivati kashchana .
itareNa tu jiivanti yasminnettaavupaashritau .. 5..

hanta ta idaM pravakshyaami guhyaM brahma sanaatanam.h .
yathaa cha maraNAM praapya aatmaa bhavati gautama .. 6..

yonimanye prapadyante shariiratvaaya dehinaH .
sthaaNumanye.anusa.nyanti yathaakarma yathaashrutam.h .. 7..

ya esha supteshhu jaagarti kaamaM kaamaM purushho nirmimaaNaH .
tadeva shukraM tad.hbrahma tedevaamR^itamuuchyate .
tasmi.NllokaaH shrtaaH sarve tадu naatyeti kashchana . etadvai tat.h .. 8..

agniryathaiko bhuvanaM pravishhTo
ruupaM ruupaM pratiruupo babhuuva .
ekastathaa sarvabhuutaantaraatmaa
ruupaM ruupaM pratiruupo bahishcha .. 9..

vaayuryathaiko bhuvanaM pravishhTo
ruupaM ruupaM pratiruupo babhuuva .
ekastathaa sarvabhuutaantaraatmaa
ruupaM ruupaM pratiruupo bahishcha .. 10..

suuryo yathaa sarvalokasya chakshuH
na lipyate chaakshushhairbaahyadoshhaiH .
ekastathaa sarvabhuutaantaraatmaa
na lipyate lokaduHkhena baahyaH .. 11..

eko vashii sarvabhuutaantaraatmaa
ekaM ruupaM bahudhaa yaH karoti .
tamaatmastaM ye.anupashyanti dhiiraH
teshhaaM sukhaM shaashvataM netareshmaam.h .. 12..

nityo.anityaanaaM chetanashchetanaanaaM
eko bahuunaaM yo vidadhaati kaamaan.h .
tamaatmastaM ye.anupashyanti dhiiraH
teshhaaM shaantiH shaashvatii netareshmaam.h .. 13..

tadetaditi manyante.anirdeshaM paramaM sukham.h .
kathaM nu tadvijaaniyyaaM kimu bhaati vibhaati vaa .. 14..

na tatra suuryo bhaati na chandrataarakaM
nemaa vidyuto bhaanti kuto.ayamagniH .
tameva bhaantamanubhaati sarvaM
tasya bhaasaa sarvamidaM vibhaati .. 15..

iti kaaThopanishhadi dvitiyaadhyaaaye dvitiyyaa vallii ..

{Part II}##
{Canto III}##

uurdhvamuulo.avaak {} shaakha eshho.ashvatthaH sanaatanaH .
tadeva shukraM tadbrahma tadevaamR^itamuchyate .
tasmi.NllokaaH shrithaaH sarve tadu naatyeti kashchana . etadvai tat.h .. 1..

yadidaM kiM cha jagat.h sarvaM praaNa ejati niHsR^itam.h .
mahad.hbhayaM vajramudyataM ya etadviduramR^itaaste bhavanti .. 2..

bhayaadasyaagnistapati bhayaattapati suuryaH .
bhayaadindrashcha vaayushcha mR^ityurdhaavati paJNchamaH .. 3..

iha chedashakad.hboddhuM praakshariirasya visrasaH .
tataH sargeshhu lokeshhu shariiratvaaya kalpate .. 4..

yathaa.a.adarshe tathaa.a.atmani yathaa svapne tathaa pitR^iloke .
yathaa.apsu pariiva dadR^ishe tathaa gandharvaloke
chhaayaatapayoriva brahmaloke .. 5..

indriyaaNaaM pR^ithagbhaavamudayaastamayau cha yat.h .
pR^ithagutpadyamaanaanaaM matvaa dhiiro na shochati .. 6..

indriyebhyaH paraM mano manasaH sattvamuttamam.h .
sattvaadadhi mahaanaatmaa mahato.avyaktamuttamam.h .. 7..

avyaktaattu paraH purushho vyapako.aliN^ga eva cha .
yaM GYaatvaa muchyate janturamR^itatvaM cha gachchhati .. 8..

na sa.ndR^ishe tishhThati ruupamasya
na chakshushhaa pashyati kashchanainam.h .
hR^idaa maniishhaa manasaa.abhiklR^ipto
ya etadviduramR^itaaste bhavanti .. 9..

yadaa paJNchaavatishhThante GYanaani manasaa saha .
buddhishcha na vicheshhTate taamaahuH paramaaM gatim.h .. 10..

taaM yogamiti manyante sthiraamindriyadhaaraNaam.h .
apramattastadaa bhavati yogo hi prabhavaapyayau .. 11..

naiva vaachaa na manasaa praaptuM shakyo na chakshushhaa .
astiiti bruvato.anyatra kathaM tadupalabhyate .. 12..

astiityevopalabdhyastattvabhaavena chobhayoH .
astiityevopalabdhasya tattvabhaavaH prasiidati .. 13..

yadaa sarve pramuchyante kaamaa ye.asya hR^idi shrithaaH .
atha martyo.amR^ito bhavatyatra brahma samashnute .. 14..

yathaa sarve prabhidyante hR^idayasyeha granthayaH .
atha martyo.amR^ito bhavatyetaavaddhyanushaasanam.h .. 15..

shataM chaikaa chaM hR^idayasya naaDyaH
taasaaM muurdhaanamabhiniHsR^itaikaa .
tayordhvamaayannamR^itatvameti
vishhvaN^N^anyaa utkramaNe bhavanti .. 16..

aN^gushhThamaatraH purushho.antaraatmaa
sadaa janaanaaM hR^idaye sa.nnivishhTaH .
taM svaachchhariiraatpravR^ihenmuJNjaadiveshhiikaM dhairyNa .
taM vidyaachchhukramamR^itaM taM vidyaachchhukramamR^itamiti .. 17..

mR^ityuproktaaM nachiketo.atha labdhvaa
vidyaametaaM yogavidhiM cha kR^itsnam.h .
brahmapraapto virajo.abhuudvimR^ityuH
anyo.apyevaM yo vidadhyaatmameva .. 18..

saha naavavatu . saha nau bhunaktu . saha viiryam karavaavahai .
tejasvinaavadhiitamastu maa vidvishhaavahai .. 19..

AUM shaantiH shaantiH shaantiH ..

iti kaaThakopanishhadi dvitiyaadhyaaaye tR^itiyyaa vallii ..

AUM saha naavavatu . saha nau bhunaktu . sahaviiryam karavaavahai .
tejasvi naavadhiitamastu . maa vidvishhaavahai ..

AUM shaantiH shaantiH shaantiH ..

AUM tat.h sat.h ..