

Sheet1

NUM	ITEM,C,25	AMOU	MEASURE,(PREPARED,C,25
1	Sausage roll	1.00	lb
1	Cheddar cheese	1.00	lb
1	Biscuit baking mix	3.00	cups
1	Water	0.75	cup
2	Margarine	2.00	sticks
2	Cheddar cheese, sharp	9.00	oz
2	Flour	2.00	cups
2	Salt	1.00	tsp
2	Rice Krispies	1.75	cups
3	Spaghetti sauce	20.00	oz
3	Cornstarch	2.00	tbsp
3	Pepperoni	4.00	oz
3	Italian seasoning	1.00	tsp
3	Onion, instant minced	1.00	tbsp
3	Process cheese food	16.00	oz
4	Bread, thinly sliced	1.00	loaf
4	Cucumber	1.00	
4	Butter	1.00	stick
4	Salt	0.00	to taste
4	Pepper	0.00	to taste
5	Margarine	1.00	cup
5	Cream cheese	6.00	oz
5	Flour	2.00	cups
5	Beef, ground	1.00	lb
5	Onion	1.00	medium
5	Peas & carrots	8.00	oz
5	Beef gravy mix	1.00	oz
5	Water	1.00	cup
6	Velveeta cheese	1.00	lb
6	Green chilies	4.00	oz
6	Tomatoes, canned	16.00	oz
6	Nacho cheese chips	8.00	oz
7	Chicken breasts	4.00	halves
7	Bread crumbs, Italian	1.50	cups
7	Margarine	0.50	cup
8	Margarine	0.50	cup
8	Salt	0.25	tsp
8	Flour	1.00	cup
8	Eggs	4.00	
8	Tuna or chicken salad	2.00	cups
9	Cream cheese	8.00	oz
9	Mayonnaise	0.25	cup
9	Lemon juice	2.00	tbsp
9	Salt	0.50	tsp
9	Ginger	0.25	tsp
9	Pepper	0.25	tsp
9	Chicken	2.00	cups
9	Shallots	2.00	

Sheet1

9 Green pepper	2.00 rings	
9 Sesame seeds	2.00 tbsp	
9 Black olives	4.00 tbsp	pitted & chopped
9 Pimento	4.00 tbsp	drained & chopped
9 Crackers	1.00 package	
10 Broccoli, fresh	2.00 lbs	
10 Green pepper	0.25 cup	chopped
10 Salad dressing, Italian	1.00 cup	
11 Marshmallows, miniature	1.00 cup	
11 Mayonnaise	0.50 cup	
11 Orange juice	0.25 cup	
11 Apples	3.00	pared and cubed
11 Bananas	3.00	sliced
11 Celery	1.00 stalk	chopped
11 Lettuce	1.00 head	
12 Strawberry gelatin	6.00 oz	
12 Water	1.00 cup	boiling
12 Bananas	3.00	mashed
12 Almonds	1.00 cup	chopped
12 Strawberries, frozen	20.00 oz	
12 Pineapple, crushed	20.00 oz can	
12 Sour cream	2.00 cups	
13 Carrots	4.00 lbs	
13 Green pepper	1.00	chopped
13 Tomato soup	10.00 oz	
13 Oil	0.50 cup	
13 Sugar	1.00 cup	
13 Vinegar	0.75 cup	
13 Mustard	2.00 tsp	
13 Onion	1.00 medium	chopped
14 Cabbage	8.00 cups	shredded
14 Carrots	3.00 medium	shredded
14 Green pepper	1.00 small	chopped
14 Onion	1.00 small	chopped
14 Sugar	0.50 cup	
14 Salt	1.00 tsp	
14 Celery seeds	1.00 tsp	
14 Pepper	0.25 tsp	
14 Oil	0.50 cup	
14 Vinegar	0.75 cup	
14 Lemon gelatin	3.00 oz	
15 Chicken breasts	8.00 halves	
15 Bacon	8.00 slices	
15 Chipped beef	2.00 oz	
15 Soup, cream of mushroom	10.00 oz	
15 Sour cream	8.00 oz	
16 Turkey	4.00 cups	cooked & diced
16 Mayonnaise	0.75 cup	
16 Soup, cream of chicken	10.00 oz	

Sheet1

16 Celery	2.00 cups	chopped
16 Salt	1.00 tsp	
16 Water chestnuts	16.00 oz	sliced
16 Onion	1.00 tbsp	chopped
16 Lemon juice	2.00 tbsp	
16 Potato chips	1.00 cup	crushed
16 Cheddar cheese	1.00 cup	shredded
16 Almonds	0.50 cup	chopped
17 Macaroni or Ziti	1.00 lb	
17 Butter	0.25 cup	
17 Swiss cheese	6.00 oz	shredded
17 Mozzarella cheese	6.00 oz	shredded
17 Provolone cheese	4.00 oz	shredded
17 Cream, heavy	1.00 cup	
17 Pepper	0.25 tsp	
17 Salt	1.00 tsp	
17 Parmesan cheese	0.50 cup	
18 Spaghetti sauce	45.00 oz	
18 Mozzarella cheese	1.50 lbs	
18 Parmesan cheese	1.00 cup	
18 Lasagne	1.00 lb	
18 Beef, ground	1.50 lbs	
18 Cottage cheese	1.50 lbs	
18 Parsley flakes	1.00 tbsp	
18 Egg	1.00	beaten
19 Spaghetti	8.00 oz	cooked
19 Vegetables, mixed	16.00 oz	drained
19 Margarine	6.00 tbsp	
19 Bread crumbs	1.00 cup	
19 Flour	4.00 tbsp	
19 Salt	1.00 tsp	
19 Milk	3.00 cups	
19 Mustard	1.50 tbsp	
19 Cheddar cheese	3.00 cups	grated
20 Steak, round	1.50 lbs	thinly sliced
20 Oil	1.00 tbsp	
20 Water	1.00 cup	
20 Sherry	2.00 tbsp	
20 Beef gravy mix	1.00 oz	
20 Bacon	6.00 slices	
21 Chicken breasts	4.00 halves	skinned
21 Asparagus, frozen	10.00 oz	
21 Carrots	4.00	peeled
21 Shallots	1.00 tbsp	
21 Cornstarch	1.50 tsp	
21 White wine	0.75 cup	
21 Water	2.00 tbsp	
21 Salt	0.50 tsp	
21 Tarragon	0.50 tsp	

Sheet1

22 Chicken pieces	3.00 lbs	
22 Flour	1.00 cup	
22 Butter	1.00 stick	
22 Salt	2.00 tsp	
22 Pepper	0.50 tsp	
22 Paprika	2.00 tsp	
23 Beef, ground	2.00 lbs	
23 Taco mix	2.00 packages	
23 Cheddar cheese	10.00 oz	grated
23 Corn chips	8.00 oz	crushed
23 Onions	2.00 large	chopped
23 Tomatoes	2.00	cut into chunks
23 Lettuce	1.00 large head	
24 Beef, ground	2.00 lbs	
24 Tomatoes, canned	40.00 oz	
24 Tomato paste	6.00 oz	
24 Green pepper	2.00	diced
24 Onions	2.00 medium	chopped
24 Celery	2.00 stalks	diced
24 Kidney beans, canned	40.00 oz	
24 Chili powder	2.00 tbsp	
24 Salt	0.00 to taste	
24 Pepper	0.00 to taste	
25 Broccoli	1.00 bunch	
25 Salmon, canned	15.00 oz	drained
25 Soup, cream of onion	10.00 oz	
25 Mayonnaise	0.33 cup	
25 Milk	0.25 cup	
25 Cheddar cheese	0.50 cup	grated
26 Sausage links	1.50 lbs	
26 Green pepper	1.00	sliced
26 Red pepper	1.00	sliced
26 Onions	2.00 large	sliced
26 Italian seasoning	1.50 tsp	
26 White wine	6.00 oz	
27 Veal, stewing	1.00 lb	
27 Oil	2.00 tbsp	
27 Paprika	1.00 tbsp	
27 Salt	1.50 tsp	
27 Pepper	0.25 tsp	
27 Chicken bouillon	2.00 cubes	
27 Flour	0.25 cup	
27 Sour cream	1.00 cup	
27 Onion	1.00 medium	chopped
27 Green pepper	1.00	chopped
28 Margarine	3.00 tbsp	
28 Bread crumbs	0.50 cup	
28 Shallots	0.25 cup	diced
28 Oil	1.00 tbsp	

Sheet1

28	Lemon juice	2.00	tblsp	
28	Vinegar, red wine	2.00	tblsp	
28	Mustard	2.00	tblsp	
28	Worcestershire sauce	2.00	tsp	
28	Steaks, cube	4.00		
29	Chicken	1.00	lb	skinned & boned
29	Oil	2.00	tblsp	
29	Carrots	3.00		thinly sliced
29	Green beans, frozen	1.00	cup	
29	Water chestnuts	8.00	oz	drained & sliced
29	Salt	2.00	tsp	
29	Pepper	0.25	tsp	
29	Soy sauce	3.00	tblsp	
29	Water	1.00	cup	
29	Cornstarch	1.00	tblsp	
29	Almonds	2.00	tblsp	sliced
30	Flour	0.50	cup	
30	Beef, chuck	2.00	lb	cubed
30	Oil	0.25	cup	
30	Onions	5.00	medium	sliced
30	Garlic cloves	2.00		chopped
30	Beer	12.00	oz	
30	Bay leaf	1.00		
30	Thyme	0.25	tsp	
30	Salt	1.00	tsp	
30	Pepper	0.50	tsp	
31	Pork chops, 1 inch thick	4.00		
31	Biscuit baking mix	0.50	cup	
31	Oil	4.00	tblsp	
31	Flour	4.00	tblsp	
31	Water	1.50	cups	
31	Beef bouillon	2.00	cubes	
31	Milk	0.33	cup	
32	Beef, ground	1.50	lbs	
32	Bread	1.50	cups	cubed
32	Milk	0.75	cup	
32	Eggs	2.00		beaten
32	Salt	1.50	tsp	
32	Pepper	0.25	tsp	
32	Worcestershire sauce	2.00	tsp	
32	Potatoes	6.00		peeled
32	Carrots	6.00		peeled
32	Onion	1.00		cut in 6 wedges
32	Margarine	2.00	tsp	melted
33	Steak, round	3.00	lbs	
33	Soup, veg. Old Fashioned	20.00	oz	
33	Vinegar, red wine	1.00	cup	
33	Sugar	1.00	tblsp	
33	Pepper	0.25	tsp	

Sheet1

33 Cloves	4.00	
33 Peppercorns	4.00	
33 Bay leaves	2.00	
33 Gingersnaps	10.00	crushed
34 Soup, cream of mushroom	10.00 oz	
34 Soup, cream of chicken	10.00 oz	
34 Soup, cream of celery	10.00 oz	
34 Cream, light	0.50 cup	
34 Butter	4.00 tbsp	melted
34 Rice, uncooked	1.50 cups	
34 Chicken	3.00 lbs	cut up
34 Salt	0.00 to taste	
34 Pepper	0.00 to taste	
34 Paprika	0.00 to taste	
35 Beef, ground	1.50 lbs	
35 Onion	1.00 medium	chopped
35 Eggplant	1.00 medium	peeled & cubed
35 Spaghetti sauce	15.00 oz	
35 Salt	2.00 tsp	
35 Pepper	0.25 tsp	
35 Mozzarella cheese	8.00 oz	
36 Scallops, bay	1.00 lb	
36 White wine	2.00 tbsp	
36 Salt	0.50 tsp	
36 Cayenne pepper	0.00 to taste	
36 Margarine	2.00 tbsp	
36 Mushrooms	0.25 lb	sliced
36 Onion	1.00 small	chopped
36 Flour	0.25 cup	
36 Bread crumbs	0.75 cup	buttered
36 Parmesan cheese	2.00 tbsp	
37 Oil	0.25 cup	
37 Onion	2.00 large	chopped
37 Garlic cloves	3.00	chopped
37 Carrots	3.00 large	grated
37 Celery	1.50 cups	sliced
37 Beef, ground	2.50 lbs	
37 Salt	2.00 tbsp	
37 Oregano	1.50 tsp	
37 Tomato sauce	16.00 oz	
37 Tomatoes, canned	56.00 oz	
37 Garlic powder	1.00 tsp	
37 Macaroni	1.00 lb	cooked
37 Spinach, frozen	20.00 oz	
37 Parmesan cheese	1.00 cup	
38 Oil	2.00 tbsp	
38 Pork, lean, boneless	1.00 lb	
38 Green pepper	1.00	sliced
38 Pineapple chunks	8.00 oz	

Sheet1

38 Celery	1.00 cup	sliced
38 Ketchup	2.00 tbsp	
38 Chicken broth	10.00 oz	
38 Vinegar	0.50 cup	
38 Sugar	0.33 cup	
38 Cornstarch	2.00 tbsp	
38 Rice	2.00 cups	cooked
39 Steak, round	1.50 lbs	
39 Flour	2.00 tbsp	
39 Salt	1.00 tsp	
39 Pepper	0.25 tsp	
39 Margarine	2.00 tbsp	
39 Onion	1.00 medium	sliced
39 Beef bouillon	0.33 cup	
39 Spaghetti sauce	15.00 oz	
39 Sour cream	0.50 cup	
40 Chicken	3.00 lbs	cut up
40 Flour	2.00 tbsp	
40 Salt	1.00 tsp	
40 Pepper	0.25 tsp	
40 Oil	4.00 tbsp	
40 Rice mix, Spanish	14.00 oz	
40 Salami, sliced	8.00 oz	
40 Chicken bouillon	2.00 cubes	
40 Water	4.00 cups	
40 Shrimp, frozen	5.00 oz	cooked
41 Salmon steaks, 1 in thick	4.00	
41 Butter	2.00 tbsp	
41 White wine	0.25 cup	
41 Thyme	0.25 tsp	
41 Savory	0.25 tsp	
42 Steak, round	1.00 lb	
42 Oil	2.00 tbsp	
42 Celery	1.50 cups	sliced
42 Green pepper	1.00 medium	sliced
42 Onion	1.00 large	sliced
42 Beef broth, canned	10.00 oz	
42 Soy sauce	1.00 tbsp	
42 Water	0.25 cup	
42 Cornstarch	2.00 tbsp	
42 Rice	4.00 cups	cooked
43 Steaks, rib, strip, 1 in	4.00	
43 Oil	3.00 tbsp	
43 Red wine	0.50 cup	
43 Butter	2.00 tbsp	
43 Salt	0.00 to taste	
43 Pepper	0.00 to taste	
44 Beef, chuck	3.00 lbs	cubed
44 Consomme	10.00 oz	

Sheet1

44 V-8 juice	1.00 cup	
44 Burgundy wine	1.00 cup	
44 Brown sugar	0.50 cup	
44 Soup, cream of onion	10.00 oz	
44 Garlic powder	0.25 tsp	
44 Oregano	1.00 tsp	
44 Bay leaves	2.00	
44 Cornstarch	3.00 tbsp	
44 Water	3.00 tbsp	
45 Chicken breasts	8.00 halves	boned & skinned
45 Butter	1.00 stick	
45 Tarragon	1.50 tsp	
45 Parsley	2.00 tbsp	
45 Salt	1.00 tsp	
45 Eggs	2.00	
45 Chicken coating mix	4.00 oz	
45 Pepper	0.00 to taste	
46 Eggplant	1.00 medium	
46 Pizza sauce	1.00 cup	
46 Mozzarella cheese	2.00 cups	
46 Onion	1.00 cup	chopped
47 Carrots	2.00 cups	sliced thinly
47 Water	0.50 cup	boiling
47 Butter	2.00 tsp	
47 Sugar	1.00 tbsp	
47 Salt	0.25 tsp	
47 Lemon juice	1.00 tsp	
48 Onion	0.50 cup	chopped
48 Butter	7.00 tbsp	
48 Ham	1.00 cup	diced
48 Eggs	4.00	
48 Shallot	1.00	minced
48 Swiss cheese	0.50 cup	grated
48 Milk	4.00 tbsp	
48 Potatoes	3.00 medium	
48 Salt	0.50 tsp	
48 Pepper	0.25 tsp	
49 Spinach, frozen	20.00 oz	
49 Margarine	6.00 tbsp	
49 Garlic clove	1.00	chopped finely
49 Salt	1.00 tsp	
49 Cayenne pepper	0.25 tsp	
49 Parmesan cheese	0.25 cup	
50 Asparagus	1.00 lb	
50 Margarine	4.00 tbsp	
50 Salt	0.75 tsp	
50 Pepper	0.25 tsp	
51 Potatoes	4.00	pared
51 Margarine	4.00 tbsp	melted

Sheet1

51 Salt	1.00 tsp	
51 Pepper	0.25 tsp	
51 Paprika	0.00 to taste	
52 Margarine	2.00 tbsp	
52 Onion	1.00 medium	chopped
52 Sugar	2.00 tsp	
52 Salt	1.00 tsp	
52 Caraway seeds	1.25 tsp	
52 Vinegar, white	2.00 tsp	
52 Red cabbage	0.50 large head	shredded
53 Broccoli	1.00 lb	coarse chopped
53 Margarine	3.00 tbsp	
53 Flour	2.00 tbsp	
53 Onion	3.00 tbsp	chopped
53 Milk	1.25 cups	
53 Swiss cheese	2.00 cups	shredded
53 Eggs	2.00	beaten
53 Salt	1.50 tsp	
54 Green beans	1.00 lb	
54 Bacon	3.00 slices	diced
54 Onion	1.00 large	chopped
54 Mushrooms	1.00 cup	sliced
54 Chicken broth, canned	10.00 oz	
54 Pepper	0.25 tsp	
55 Milk	1.00 cup	
55 Eggs	3.00	
55 Salt	1.50 tsp	
55 Pepper	0.25 tsp	
55 Cheddar cheese	1.00 cup	cubed
55 Margarine	2.00 tbsp	
55 Green pepper	0.25 cup	chopped
55 Onion	1.00 small	quartered
55 Potatoes	4.00 medium	pared & cubed
56 Corn, cream style	15.00 oz	
56 Corn meal	1.00 cup	
56 Flour	0.33 cup	
56 Oil	0.33 cup	
56 Buttermilk	1.00 cup	
56 Baking soda	0.50 tsp	
56 Salt	1.00 tsp	
56 Onion	1.00 large	chopped
56 Jalapana peppers	2.00	chopped
56 Eggs	2.00	
56 Cheddar cheese	6.00 oz	grated
57 Eggs	3.00	beaten
57 Sugar	2.00 cups	
57 Oil	1.00 cup	
57 Vanilla	1.00 tsp	
57 Zucchini	2.00 cups	grated

Sheet1

57 Flour	2.00 cups	
57 Lemon rind	1.00 tsp	
57 Cinnamon	1.00 tsp	
57 Baking powder	0.25 tsp	
57 Baking soda	0.25 tsp	
57 Salt	1.00 tsp	
57 Walnuts, chopped	1.00 cup	
58 Raisins	1.00 cup	
58 Flour	2.00 cups	
58 Salt	1.50 tsp	
58 Baking powder	4.00 tsp	
58 Sugar	0.33 cup	
58 Margarine	4.00 tbsp	
58 Oatmeal	2.00 cups	
58 Molasses	0.50 cup	
58 Milk	1.66 cups	
59 Biscuit baking mix	2.00 cups	
59 Water	0.50 cup	
59 Cheddar cheese	0.75 cup	grated
60 Egg	1.00	
60 Milk	0.50 cup	
60 Applesauce	0.50 cup	
60 Margarine	4.00 tbsp	melted
60 Flour	1.50 cups	
60 Sugar	0.50 cup	
60 Baking powder	2.00 tsp	
60 Salt	0.50 tsp	
60 Cinnamon	0.50 tsp	
60 Nutmeg	0.50 tsp	
61 Onion, Spanish	1.00 lb	
61 Margarine	6.00 tbsp	
61 Eggs	4.00	
61 Sour cream	1.50 cups	
61 Salt	0.50 tsp	
61 Milk	0.50 cup	
61 Biscuit baking mix	1.75 cups	
62 Flour	2.00 cups	
62 Baking powder	1.00 tbsp	
62 Salt	0.50 tsp	
62 Onion gravy mix	1.25 oz	
62 Margarine	4.00 tbsp	
62 Milk	0.75 cup	
63 Sour cream	8.00 oz	
63 Custard mix with egg	3.00 oz	
63 Flour	2.00 cups	
63 Baking powder	2.50 tsp	
63 Salt	1.00 tsp	
63 Baking soda	0.50 tsp	
63 Milk	0.33 cup	

Sheet1

64 Eggs	3.00	beaten
64 Butter	2.00 tbsp	melted
64 Flour	2.00 tbsp	
64 Vanilla	0.25 tsp	
64 Salt	0.25 tsp	
64 Sugar	0.50 cup	
64 Corn syrup, dark	1.50 cups	
64 Pecans, broken	4.00 oz	
64 Pie shell, unbaked	9.00 inch	
65 Flour	0.75 cup	
65 Salt	0.50 tsp	
65 Cinnamon	0.50 tsp	
65 Ginger	0.50 tsp	
65 Nutmeg	0.25 tsp	
65 Cloves	0.25 tsp	
65 Brown sugar	0.50 cup	
65 Margarine	4.00 tbsp	
65 Molasses	0.50 cup	
65 Egg yolk	1.00	beaten
65 Water	0.75 cup	boiling
65 Baking soda	0.50 tsp	
65 Pie shell, unbaked	9.00 inch	
66 Brown sugar	0.50 cup	packed
66 Margarine	0.25 cup	
66 Bananas	4.00	peeled & quartered
66 Cinnamon	0.00 to taste	
66 Rum	0.50 cup	
66 Banana Liqueur	0.25 cup	
66 Vanilla ice cream	1.00 pint	
67 Flour	2.10 cups	
67 Baking powder	1.00 tsp	
67 Sugar	1.25 cups	
67 Eggs	5.00	
67 Salt	0.00 to taste	
67 Margarine	1.00 stick	melted
67 Pineapple, crushed	15.00 oz	
67 Cream cheese	1.00 lb	softened
67 Vanilla	2.00 tsp	
67 Lemon juice	2.00 tbsp	
67 Cinnamon	0.00 to taste	
67 Milk	4.00 cups	
68 Chocolate chips	6.00 oz	
68 Water	5.00 tbsp	boiling
68 Eggs	4.00	separated
68 Rum	2.00 tbsp	
69 Pound cake	8.00 oz	cubed
69 Sherry	6.00 tbsp	
69 Cream, heavy	2.00 cups	
69 Vanilla pudding mix	3.00 oz	cooked type

Sheet1

69 Raspberry preserves	3.00 oz	
69 Milk	2.00 cups	
70 Oreo cookies	14.00	
70 Butter	2.00 tbsp	melted
70 Marshmallows, large	24.00	
70 Milk	0.50 cup	
70 Salt	0.25 tsp	
70 Kahlua	0.33 cup	
70 Cream, heavy	1.00 cup	
71 Cherry pie filling	20.00 oz	
71 Oatmeal	0.75 cup	
71 Brown sugar	0.75 cup	packed
71 Flour	0.50 cup	
71 Cinnamon	1.50 tsp	
71 Margarine	1.00 stick	
72 Apricots, canned	24.00 oz	
72 Pineapple, canned	24.00 oz	
72 Peaches, canned	24.00 oz	
72 Bing cherries	2.00 #2 cans	
72 Oranges	3.00	
72 Lemon	1.00	
72 Brown sugar, light	0.50 cup	
72 Cream, heavy	1.00 cup	
72 Sour cream	1.00 cup	
72 Sugar	2.00 tsp	
73 Flour	3.00 cups	
73 Sugar	2.75 cups	
73 Oil	1.00 cup	
73 Eggs	4.00	
73 Salt	0.50 tsp	
73 Orange juice	0.33 cup	
73 Vanilla	2.50 tsp	
73 Baking powder	3.00 tsp	
73 Apples	6.00 cups	thinly sliced
74 Apple juice	1.00 cup	
74 Raspberry gelatin	3.00 oz	
74 Vanilla ice cream	1.00 pint	
74 Applesauce	2.00 cups	
75 Pistachio instant pudding	6.00 oz	
75 White cake mix	1.00 package	
75 Oil	1.00 cup	
75 Walnuts, chopped	0.50 cup	
75 Ginger ale	1.00 cup	
75 Eggs	3.00	
75 Milk	1.25 cups	
75 Whipped topping	1.00 large	container
76 Milk	4.00 cups	
76 Rice, uncooked	0.50 cup	
76 Sugar	0.66 cup	

Sheet1

76 Salt	0.50 tsp	
76 Vanilla	1.00 tsp	
76 Nutmeg	0.25 tsp	
77 Cream, light	1.00 pint	
77 Brown sugar	0.75 cup	
77 Cognac	2.00 tbsp	
77 Vanilla	1.00 tbsp	
77 Egg yolks	4.00	beaten
78 Lemon pudding, instant	3.00 oz	
78 Water	1.00 cup	boiling
78 Lemon gelatin	3.00 oz	
78 Lemon	1.00	
78 Milk	2.00 cups	
79 Brown sugar	1.00 cup	packed
79 Flour	6.00 tbsp	
79 Pie shell, unbaked	10.00 inch	
79 Cream, heavy	1.00 cup	
79 Cream, light	1.50 cups	
79 Vanilla	1.00 tsp	
79 Margarine	2.00 tbsp	
80 Flour	3.00 cups	
80 Sugar	2.00 cups	
80 Baking soda	1.00 tsp	
80 Salt	1.00 tsp	
80 Cinnamon	1.00 tsp	
80 Almonds, chopped	1.00 cup	
80 Oil	1.50 cups	
80 Eggs	3.00	beaten
80 Almond extract	1.00 tsp	
80 Bananas	2.00 cups	chopped
80 Pineapple, crushed	8.00 oz	
80 Cream cheese	8.00 oz	
80 Butter	1.00 stick	
80 Confectioners sugar	1.00 lb	
80 Cocoa	1.00 tbsp	
81 Pear halves	28.00 oz	
81 Cinnamon stick	1.00	
81 Allspice	0.50 tsp	
81 Whipped topping	8.00 oz	(optional)
82 Shortening	1.00 cup	
82 Sugar	1.25 cups	
82 Cream cheese	3.00 oz	
82 Orange extract	1.00 tsp	
82 Chocolate chips	6.00 oz	
82 Eggs	2.00	
82 Lemon extract	0.25 tsp	
82 Flour	2.00 cups	
82 Salt	0.75 tsp	
83 Butter	1.00 lb	softened

Sheet1

83 Brown sugar	1.00 cup	packed
83 Vanilla	1.00 tsp	
83 Flour	4.50 cups	
84 Butter	1.50 lbs	
84 Brown sugar	1.00 lb	
84 Flour	8.00 cups	
85 Shortening	1.00 cup	
85 Brown sugar	1.00 cup	packed
85 Sugar	0.50 cup	
85 Vanilla	2.00 tsp	
85 Flour	2.25 cups	
85 Baking soda	1.00 tsp	
85 Eggs	2.00	beaten
85 Salt	1.00 tsp	
85 M&Ms	1.50 cups	
86 Butter	1.00 cup	
86 Confectioners sugar	0.50 cup	
86 Flour	2.00 cups	
86 Vanilla	2.00 tsp	
86 Salt	0.25 tsp	
86 Almonds, finely ground	1.00 cup	
86 Confectioners sugar	1.00 cup	
87 Butter	1.00 cup	
87 Cream cheese	3.00 oz	
87 Sugar	1.00 cup	
87 Flour	2.50 cups	
87 Egg yolk	1.00	
87 Vanilla	1.00 tsp	
87 Candied cherries	4.00 oz	
88 Flour	0.50 cup	
88 Salt	0.50 tsp	
88 Margarine	0.50 cup	
88 Sugar	1.00 cup	
88 Eggs	2.00	
88 Vanilla	1.00 tsp	
88 Chocolate, unsweetened	2.00 square	
88 Oatmeal	1.00 cup	
88 Walnuts	0.50 cup	(optional)
88 Confectioners sugar	0.25 cup	
89 Margarine	1.00 cup	
89 Sugar	0.50 cup	
89 Water	2.00 tbsp	
89 Almond extract	1.00 tsp	
89 Coconut	7.00 oz	
89 Flour	1.50 cups	
89 Strawberry jam	0.50 cup	
90 Flour	2.75 cups	
90 Sugar	1.50 cups	
90 Margarine	2.00 sticks	

Sheet1

90 Eggs	3.00	
90 Baking soda	1.00 tsp	
90 Cinnamon	1.00 tsp	
90 Salt	0.25 tsp	
90 Dates, pitted	8.00 oz	
90 Walnuts	1.00 cup	chopped
91 Angel food cake	10.00 inch	
91 Raspberries	1.00 pint	
91 Heavy Cream	2.00 cups	
91 Sugar	0.75 cup	
91 Vanilla	1.00 tsp	
91 Red food coloring	6.00 drops	
92 Spinach	30.00 oz	frozen
92 Onion soup mix	1.00 package	dry
92 Shallot	1.00	finely chopped
92 Sour cream	8.00 oz	
92 Parmesan cheese	0.50 cup	grated
93 Pork roast, center loin	4.00 lb	
93 Orange juice	6.00 oz	frozen
93 Onion	1.00 small	chopped
93 Garlic	1.00 clove	chopped
93 Salt	0.50 tsp	
93 Brandy	0.25 cup	
94 French bread loaf	1.00 lb	
94 Italian salad dressing	1.00 oz	package
94 Margarine	0.75 cup	softened
94 Cheddar cheese	0.50 cup	grated
95 Creme de Cassis	1.25 cup	
95 Gelatin, unflavored	2.00 envelopes	
95 Heavy cream	3.00 cups	
95 Sugar	0.50 cup	
95 Red food coloring	0.00	as required
96 Rice	0.50 cups	cooked
96 Blueberries	1.50 cups	fresh
96 Coconut	0.50 cup	flaked
96 Walnuts	0.33 cup	chopped
96 Heavy cream	1.00 cup	
96 Sugar	0.25 cup	
96 Almond extract	0.50 tsp	
97 Lime gelatin	6.00 oz	
97 Water	2.00 cups	boiling
97 Pear Juice	1.75 cups	
97 Cream Cheese	11.00 oz	
97 Pears	1.00 can	large, diced, drained
98 Romano Cheese	1.00 cup	grated
98 Bacon slices	3.00	crisply cooked
98 Spinach	1.50 quarts	torn
98 Mushrooms	2.00 cups	slices
98 Peas	16.00 oz	canned or frozen

Sheet1

98 Mayonnaise	0.50 cup	
98 Sour cream	0.50 cup	
98 Sugar	1.00 tsp	
98 Red onion	1.00 cup	rings
99 Pineapple	8.75 oz	crushed
99 Unflavored gelatin	1.00 tbsp	
99 Strawberry yogurt	8.00 oz	
99 Salt	0.00 to taste	
99 Frozen strawberries	10.00 oz	thawed
100 Lemon juice	0.50 cup	
100 Orange juice	0.50 cup	
100 Paprika	0.50 tsp	
100 Salt	1.00 tsp	
100 Garlic powder	1.00 tsp	
100 Black pepper	0.00 to taste	
100 Spinach leaves	1.00 qt	torn
100 Lettuce leaves	1.00 qt	torn
100 Radishes	0.50 cup	sliced
100 Oranges	2.00	peeled, bite-sized