

BEEF STEW

3 carrots, chunked
3 potatoes, chunked
2 lbs. stew meat
2 c. beef broth
1 t. Worcestershire sauce
1 crushed garlic clove

1 bay leaf
1 t. paprika
1 chopped onion
1 stalk celery, chunked
2 t. kitchen bouquet
salt and pepper to taste

Combine all ingredients in slow cooker and cook on low 10 to 12 hours or on high for 4 to 5 hours.

Date Entered: May 29, 1989
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