

SUNFLOWER SEED COOKIES

2 c. sugar
1 t. soda
1 t. baking powder
1 c. butter
1 c. shortening

1 t. vanilla

3 c. flour

1 c. coconut

1 c. roasted sunflower seeds Cream first six ingredients. Stir in remaining ingredients. Roll into balls and flatten onto ungreased baking sheet. Bake at 350 degrees for 10 to 15 minutes.

Can also use salted peanuts.

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