

## RAITA

1 cucumber  
1 tomato  
1 boiled potato  
1 t. salt  
1 t. black pepper

1 t. chopped cilantro

1 t. ground roasted cumin

1/2 t. dried mint

3 c. plain yogurt      Peel cucumber and shred. Dice tomato and potato. Mix vegetables and add yogurt. Serve immediately or chill. Makes 8 servings.

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