ORANGE POPPY SEED MUFFINS

3 c. flour 2-1/4 c. sugar 1-1/2 t. baking powder 1-1/2 t. salt 1/4 to 1/2 c. poppy seeds 3 eggs

1 c. sour cream

1/2 c. vegetable oil

1-1/2 c. orange juice

2 t. orange extract Stir together left-hand column and set aside. Whisk right-hand column and add dry ingredients just until moistened. Divide batter into 24 greased muffin cups. Bake at 350 degrees for 25 to 30 minutes or until golden brown.

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