

Overview of features

Femta is the only application that gives you all these great features:

- Very easy to use interface
- The eternal calendar with possibility to display from 1 to 36 months simultaneously
- 5 types of charts, calculated using the data of Your past periods
- Easy browsing of the calendar and charts
- Synchronization of moving on the calendar and charts
- Conveniently viewing of the periods and calculated probabilities in the calendar
- Easy to note or change dates of period in the calendar
- Fast access to the all important functions from the pop up menus, tool bar or main menu.
- Automatic checking of possibility to record a period at chosen date to prevent mistakes
- Very configurable :
 - Easy to change any colors of the calendar or charts
 - Easy to change the fonts of the calendar or charts
 - A lot of settings for viewing of the calculated probabilities
 - Different forms for changing of preferences of the calendar, charts, and general settings
 - Preference forms contain the calendar and charts with the real user data
 - Immediately view changes in the calendar and charts
 - Several predefined color sets
 - User can create and save custom color sets
 - Easily hide or show charts or other program objects
- Automatic saving of the configuration
- The easy-to-use Wizard with explanation of all user actions
- WYSIWYG Print preview with a lot of possibilities
- Undo the last actions
- Possibility of using password for Femta starting
- Compatibility of the Femta database and easy upgrade to the new versions of Femta
- Context sensitive help from anywhere in the program
- Good installation / uninstallation program
- Year 2000 Compliance

See also

[What is Femta ?](#)

[Why to use Femta ?](#)

[Who can use Femta ?](#)

What is Femta ?

Femta is an application for women. It contains a lot of useful possibilities, which help you:

- Plan your sexual life and use the natural method of contraception. Femta calculates the probabilities of becoming pregnant for every day and displays them in the charts and calendar. You can easily view and determine the "safe" and "unsafe" periods.
- Keep the track of your cycles. With Femta you can easily record all your periods: menstruations, pregnancy and childbirth, lactation.
- Plan your family and control the conception of your child. You can use Femta to avoid or for achieving pregnancy.
- Determine the estimated date of childbirth.
- Plan the gender of your future child. Using Femta you can increase the probability to conceive the child with the desired sex.
- Predict future cycles, making it possible for you to plan menstruation-free important events, such as vacation, trip or travel, romantic getaway, sport competitions, wedding, honeymoon and others important events. It will estimate the dates of your future periods several months ahead.

Femta allows you to view conveniently all the data in the calendar and 5 types of charts, contains a lot of settings for displaying of data, includes other great features, such as Wizard, Print Preview, context sensitive help etc.

There are only several days in which you can become pregnant in each cycle. With Femta you can easily determine these days and plan your intimate life. You can use the natural method of contraception based on calculation of these days. Femta - is the best program for such purposes, it will do all calculations for you.

The emotional, psychological state and sexual feelings of woman often depend on the day of current cycle. With Femta you can watch it easily.

Femta will relieve you from the burden of counting the days on a calendar and avoid errors in calculations. All the periods and any calculated probabilities can be conveniently viewed on the calendar.

Femta is very easy-to-use, configurable, well-designed, high-quality application with an affordable price.

Femta is very useful and necessary application for every woman.

See also

[Overview of features](#)

[Why to use Femta ?](#)

[Who can use Femta ?](#)

Installation and Uninstallation

Installation

The installation is quite simple: You only need to run the Femta.exe and follow the directions given in the screen. The automatic installation procedure will copy all the necessary files to the specified directory and create the shortcut for the program. You may want to manually create a second shortcut for Femta in your StartUp folder if you want automatic starting of Femta.

Uninstallation

The program can be easily uninstalled. You can uninstall Femta from the Control Panel Add/Remove Applications window. Activate the Control Panel, double click Add/Remove Programs, and double click on the Femta list box entry.

Note: Before uninstalling don't forget to save the Femta database, which contains Your data and all saved settings for using it later, or with the new version of Femta.

See also

[System Requirements](#)

[How to upgrade to the new version of Femta](#)

Why to use Femta ?

Because...

- You want to keep a precise track of your periods
- You want to know Your "safe" and "unsafe" days
- You want to use the natural method of contraception
- You want to plan Your intimate life
- You want to plan menstruation-free trips or travels, vacations, romantic getaway, wedding, honeymoon and other important events.
- You have to participate in a sport competition
- You don't want to count days on a calendar
- You don't want to lose your menstrual calendar
- You are trying to become pregnant
- You want to conceive a child with a defined gender
- You want to know the current period of pregnancy
- You want to know the estimated date of the childbirth

Every woman can find something useful in Femta.

See also

[What is Femta ?](#)

[Overview of features](#)

[Who can use Femta ?](#)

Who can use Femta ?

- Every woman can use Femta
- Every family can use it
- Every male can use Femta - if he would like to help his wife or girlfriend to take care of contraception or planning events
- Every gynecologist can refer to Femta

See also

[What is Femta ?](#)

[Overview of features](#)

[Why to use Femta ?](#)

What is registration ?

Femta is not free software, nor public domain software. Authors made it by their investment and spent a lot of their own time. The unregistered version of Femta available to You for free evaluation. You are entitled to evaluate the software for up to 50 days without obligation to pay. Within 50 days, if You decide to keep the software, You must register your copy with us for a small fee.

Evaluation (non-registered) Femta is a "full-featured" release. It means that the same features (capabilities) of Femta available in the registered software are present in the non-registered software. It allows You to try out all the features in Femta to confirm that they work to your satisfaction. But the non-registered software has a one limitation: You cannot get a printed copy of the calendar or charts that You can see in our great Print Preview. In fact, the non-registered software includes a bonus feature - the nag box. This is an added incentive for users to register the software rather than to continue using it too long without paying.

See also

[Why should I register ?](#)

[How can I register ?](#)

Why should I register ?

- You liked this software
- You`d like to use this software as long, as You wish
- You`d like to get free technical support
- You`d like to get free upgrades to this software

Finally, by registering the software, You provide us with the resources and incentive to create new features and improvements in this software, making it the best, support this software and to develop additional quality software products in the future.

See also

[How can I register ?](#)

How can I register ?

For your convenience and protection, we provide the following secure methods of registration:

- **Internet (Online)**
- **Telephone** (TOLL-FREE if you are using RegSoft)
- **Fax**
- **Postal mail**

We recommend you to use the online registration - it is the fastest, secure and reliable method. Your encrypted credit card information will be sent by using SSL (Secure Socket Layer) transaction.

The registration fee for Femta is US\$ 18. We accept Visa, MasterCard, American Express, Discover(Novus) and cheques or money orders (by postal mail).

You can register this software by using [Registration Wizard](#) or via the World Wide Web using the Order link on the [Femta Web homepage](#).

After processing your payment the registration service company will sent a registration code to you through e-mail. You can enter it by using the Registration Wizard.

Note: In case of any problem, please contact us by e-mail sales@femta.com

See also

[Registration Wizard](#)

[Licensing details](#)

Licensing details

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You may evaluate the unregistered program for maximum of fifty calendar days, after which you must register the program or remove it from your computer.

You may allow other users to evaluate copies of the unregistered Femta software. All evaluation users are subject to the terms of this agreement.

The evaluator/registered user is not allowed to attempt to reverse engineer, disassemble or decompile Femta software and products. You may not modify, rent or resell for profit this software, or create derivative works based upon this software.

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If any person other than yourself uses Femta software registered in Your name, regardless of whether it is at the same time or different times, then this agreement is being violated !

The sale or distribution of registered copies of this software is strictly forbidden. It is a violation of this agreement to loan, rent or resell, lease, borrow, or transfer the use of registered copies of Femta.

This license gives you the right to use this software but all rights not specifically mentioned in this agreement, including ownership rights, intellectual property rights, trademarks and copyright, are reserved by Oleg Lisovsky.

Warning :

The Femta software includes several protection schemes against hacking, unregistered using this software longer than 50 days, changing any part of code or other violations of this User Agreement.

Changed, cracked or patched software, or other violations of this User Agreement **cause to incorrect working of this software without any warnings or messages.**

How to record a period

You can record a period by 2 ways:

- By using the calendar pop-up menu:
Click the right(second) button of mouse on the starting day of period in the calendar.
Then click on the **Record >>**
This menu item contains 4 subitems:
 - **Menstruation**
 - **Pregnancy**
 - **Childbirth**
 - **Lactation**Click on the period You want to enter and it will be appeared in the calendar.
Before displaying this pop up menu the automatic checking of possibility to record a period at the chosen date will be done.
Entries(periods), which are impossible or there is no sense to record at this date, will be grayed. It helps to prevent mistakes.
Tip: If You want to record some period at the selected date, but the needed menu item is grayed - try to do it with the Femta Wizard and You'll get explanations about it.
- By using the Femta Wizard:
 - Press the "Wizard" button in the Tool Bar.
 - Select "Record >" "period" items from the "Edit" menu in the main menu. The Femta Wizard will be displayed with the active "Do it" page.

Note: All the periods will be recorded with the average duration. To know how to change the bound dates of period see the "[How to change the bound dates of period](#)" topic.

You can undo the most recent command by selecting "Undo" from the Edit menu. Pressing Ctrl+Z has the same effect as selecting Undo.

See also

[Calendar overview](#)

[Wizard overview](#)

Getting program updates

To check whether you have the most recent version of Femta, please check the Femta home page at <http://www.femta.com>

Registered user of this version of Femta can use all 1.x versions of Femta without extra charge.

See also

[Getting support](#)

[Feedback](#)

Getting support

Registered users are entitled to technical support, should the need arise. Please contact us by email at support@femta.com.

When reporting problems, please include the following information:

- 1) Name of registered user
- 1) Full description of your problem - provide as much information as possible. Is the problem reproducible? If so, how?
- 2) What version of Windows are you running? For example, Windows 95, Windows NT 4.0, etc.
- 3) What version of Femta are you running? Select About from the Femta Help pull-down menu.
- 4) If a dialog box with an error message was displayed, please include the full text of the dialog box, including the text in the title bar.

Note: You can press F1 any time while Femta is active for context sensitive help.

Before requesting of technical support, please ensure you are using the latest version of Femta available from <http://www.femta.com/download.htm>

See also

[Getting program updates](#)

[Feedback](#)

Feedback

If you have any comments or concerns about Femta please direct them to info@femta.com. Your feedback is important to us in order to get an idea of how to make Femta a better product for You. So if You have a great idea for a new feature, or a better way of doing something, please send us a note, and we'll implement it in the future version.

See also

[Getting program updates](#)

How to change the bound dates of period

You can change the starting or ending day of the period by 2 ways:

- By using the calendar pop-up menu:
Click the right(second) button of mouse on the day, which must be the new border of period.
Then click on the **Record >>** , and choose the same period as the period You want to change. The nearest bound of the period will be moved to the selected date.
For all periods there are minimum and maximum duration, and dates will not move, if the resulting duration of period out of these values.
Tip: If You cannot move the bound of some period to the selected date, try to do it with the Femta Wizard.
- By using the Femta Wizard:
 - Press the "Wizard" button in the Tool Bar.
 - Select "Note >" "period" items from the "Edit" menu in the main menu. The Femta Wizard will be displayed with the active "Do it" page.

Note: You can undo the most recent command by selecting "Undo" from the Edit menu. Pressing Ctrl+Z has the same effect as selecting Undo.

See also

[Calendar overview](#)

[Wizard overview](#)

Wizard overview

The Femta Wizard can help You to learn how to perform the actions with the periods in Your calendar. It is very easy !

You can access the Femta Wizard by 2 ways :

- Press the "Wizard" button in the Tool Bar.
- Select "Record >" "period" or "Delete" item from the "Edit" menu of main menu. The Femta Wizard will be displayed with the active "Do it" page.

Features :

- Easy to use
- Displays explanations of all Your actions
- Possibility to undo last actions
- Contains only 3 pages :
 - "Select Action" page
 - "Select Period" page
 - "Do it" page

You can use the F1 key any time to get help on a specific screen.

Using the pop up menu of Femta calendar for operations with notes might be faster and more convenient for You - try it !

See also

["Select Action" page](#)

["Select Period" page](#)

["Do it" page](#)

[Calendar Overview](#)

Print Preview

The Print Preview dialog allows You to view how the calendar and charts will be printed on the page.

With Femta Print Preview You can :

- Select / deselect each object for printing
- Choose the color set for each object
- Change the size of the objects
- Zoom In / Zoom Out page print preview image
- Access the Printer Setup dialog
- Change the alignment and page orientation

You can access the Print Preview dialog by 2 ways :

- Select "Printer Setup..." item from the "File" menu.
- If the "Display Print Preview before printing" option is turned on then pressing on the "Print" button in the Tool Bar will display Print Preview dialog.

This page contains the controls, listed below :

Alignment

This list box is used to specify the alignment for placing the objects on the page.

Orientation

In this box You can change the page orientation.

Objects

This list box allows You to select or unselect each object for printing. Clicking by right(second) mouse button on any item, You can select / unselect it. If the item is selected, then the image of checked box appears at the left of this item. All objects corresponding selected items will be printed and they are displayed in the print preview image. Using left mouse button You can focus items and then change their color sets in the "Color Sets" box.

Color Sets

Using this list box You can choose the color set for the object which is focused in the Object list box.

Size

This track bar allows You to change the objects on the page. The slider can be moved to the desired position by dragging it with the mouse or by clicking the mouse on the bar.

Buttons

Zoom In, Zoom Out

These buttons allow You to zoom in or zoom out the print preview image. If the image is zoomed in then You can move it by mouse with the pressed left button.

Printer...

Displays the Print Setup dialog. It allows change the printer settings(paper size, page orientation etc).

Print

This button is used to print currently viewed objects.

Cancel

Use this button to exit this dialog without printing.

Help

Displays the help about Print Preview dialog.

Note: The non-registered software has a one limitation: You cannot get a printed copy of the calendar or charts that You can see in our great Print Preview.

See also

[Printer Setup](#)

[Program objects overview](#)

Calendar preferences

The Calendar Preferences dialog allows You to change all colors, fonts and options of calendar. Also this dialog enables You to select periods and calculated data for displaying, change its highlighting options.

The Calendar Preferences dialog contains the following objects:

Calendar

It is the same calendar, like the main calendar of Femta. It has 1 row and 2 columns.

The great features :

- It contains Your real periods and data
- It immediately displays the changes of settings

Note: This calendar is located inside the scroll box. If its size by changing of settings becomes larger than size of scroll box, then scroll bars will appear.

Data tree view box

It is located at the top right corner of this dialog window.

Data tree view box contains the list of all kinds of data, which can be displayed. Clicking by right(second) mouse button on any item, You can select / unselect it. If the item is selected, then the image of checked box appears at the left of this item. Calendar displays data corresponding selected items only. Using left mouse button You can focus items and change their settings in "Highlighting Settings" box.

Colors & Fonts

Top Bar

Starting, Ending

These buttons are used to change the starting and ending colors of the top bar. Top bar is located above the each row of months and contains names of months. Selecting the different starting and ending colors gives the color gradient effect.

Double Blending

When this checkbox is filled in, the double color gradient effect appears: blending of colors from the starting color to the ending, and to the starting again.

Days

Names of days

This button is used to change color of the short names of days.

Days Off

This button is used to change days off color.

Background

Starting, Ending

These buttons are used to change the starting and ending colors of the background. Selecting the different starting and ending colors gives the color gradient effect.

Double Blending

When this checkbox is filled in, the double color gradient effect appears: blending of colors from the starting color to the ending, and to the starting again.

Fonts

Days

This button is used to change font of days (all dates of calendar, in other words). Clicking on the color box near this button allows to change color of days.

Months

This button is used to change the month names font. Clicking on the color box near this button allows to change the month names color.

General

Size

Columns, Rows

These controls are used to change the number of rows and columns in the calendar. The greater number of rows and columns, the

greater number of months, displayed simultaneously. The maximum number of rows and columns is 6.

Start of the week

This list box is used to select name of the first day of the week.

Weekend days

This list allows You to choose the weekend days. Clicking on any name of the day, You can select / deselect it. If the day is selected, then the image of checked box appears at the left of this name of the day.

Show Tips

If this checkbox is filled in, then tips are turned on. Tip is a short text, displayed whenever the mouse pointer pauses over a date.

Synchronize

If this checkbox is filled in, then synchronization is turned on, and moving on chart will move the calendar to the same date.

Color Sets

This list box is used to select color set of calendar from the list. This list contains several predefined color sets and also can contain user-defined color sets.

Highlighting Settings

Highlighting Type

This list box is used to select type of highlighting. There are 5 entries in this list:

- Clear (don't use background highlighting)
- Rectangle
- Bar
- Arc
- Ellipse

Colors

Starting, Ending

These buttons are used to change the starting and ending colors of the highlighting. The resulting color of highlighting depends on calculated probability. The value of probability, equal 0 is corresponding to the starting color, the value equal 1 (maximum probability) is corresponding to the ending color. It is great feature, which gives good visual perception of information.

Font Colors

Starting, Ending

These buttons are used to change the starting and ending colors of the font for highlighted dates. See previous info for more details.

Do not use it

When this checkbox is filled in, the highlighting by using font colors is turned off.

Minimum visible probability

Possibility to set the Minimum visible probability value - is another great feature. It allows You to disable displaying of probabilities with low values. You can enter values from 0.00 to 0.99.

Note: Calculated data with probability equal 0 will never be displayed.

Buttons

Save Color Set

Use this button to save custom color set. The "Save color set" dialog will be displayed, then enter a name of color set and click OK. Note: The current color set has the name "User defined". It saves after pressing OK button.

OK

Pressing on this button saves calendar preferences and closes this dialog window.

Cancel

Use this button to exit this dialog without saving of current preferences.

Help

This button displays the help about Fenta calendar.

See also

[Displaying data in the calendar](#)
[Charts Overview](#)

Charts preferences

The Charts Preferences dialog allows You to configure all colors, fonts and various options of charts.

The Charts Preferences dialog contains the following objects:

Chart

It is the same object as You can see in the main window of Femta.

The great features :

- It contains Your data
- It immediately displays the changes of settings

Note: This chart is located inside the scroll box. If its size by changing of settings becomes larger than size of scroll box, then scroll bars will appear.

Colors & Fonts

Value Bar

Starting, Ending

These buttons are used to change the starting and ending colors of these bars. Selecting the different starting and ending colors gives the color gradient effect.

Background

Starting, Ending

These buttons are used to change the starting and ending colors of the background. Selecting the different starting and ending colors gives the color gradient effect.

Double Blending

When this checkbox is filled in, the double color gradient effect appears: blending of colors from the starting color to the ending, and to the starting again.

Chart

Title

This button allows You to change color of the title.

Axes

This button allows You to change color of the axes.

Days

Color

This button is used to change color of the dates.

Font

This button is used to change font of the dates.

Today

Background

This button is used to change background color of the today date highlighting.

Text

This button is used to change text color of the today date highlighting.

Color Sets

This list box is used to select color set of chart from the list. This list contains several predefined color sets and also can contain user-defined color sets.

Chart types

This list box allows You to choose the type of chart. Click on any name of chart to select it. The selected chart and all its preferences will be displayed.

Properties

Show Tips

If this checkbox is filled in, then tips are turned on. Tip is a short text, displayed whenever the mouse pointer pauses over a date.

Synchronize

If this checkbox is filled in, then synchronization is turned on, and moving on calendar will move the chart to the same date.

Buttons**Save Color Set**

Use this button to save custom color set. The "Save color set" dialog will be displayed, then enter a name of color set and click OK.

Note: The current color set has the name "User defined". It saves after pressing OK button.

OK

Pressing on this button saves charts preferences and closes this dialog window.

Cancel

Use this button to exit this dialog without saving of current preferences.

Help

Displays the help about Femta charts.

See also

[Displaying data in the charts](#)

[Charts Overview](#)

[Probability](#)

InfoString preferences

The InfoString Preferences dialog allows You to configure all colors, fonts and options of the InfoString Bar.

The InfoString Preferences dialog contains the following objects:

InfoString

It is the same object as You can see in the main window of Femta.

Features :

- It contains Your data
- It immediately displays the changes of settings

Note: This InfoString is located inside the scroll box. If its size by changing of settings becomes larger than size of scroll box, then scroll bars will appear.

Colors & Fonts

Text

Color

This button is used to change color of the text.

Font

This button is used to change font of the text.

Background

Color

This button is used to change background color.

Color Sets

This list box is used to select color set of InfoString from the list. This list contains several predefined color sets and also can contain user-defined color sets.

Buttons

Save Color Set

Use this button to save custom color set. The "Save color set" dialog will be displayed, then enter a name of color set and click OK.

Note: The current color set has the name "User defined". It saves after pressing OK button.

OK

Pressing on this button saves InfoString preferences and closes this dialog window.

Cancel

Use this button to exit this dialog without saving of current preferences.

Help

Displays the help about InfoString.

See also

[InfoString Bar Overview](#)

[InfoString Pop Up Menu](#)

"Common" page

This page contains the following controls :

Window

Save window position

If this radio button is selected, then Femta will save the main window position.

Auto set to screen center

Selecting this radio button causes Femta to place its main window to the screen center after starting.

Print

Print immediately

If this radio button is selected, then pressing on the Print button from the Femta tool bar causes to printing of the currently viewed charts and calendar without displaying the Print Preview dialog.

Display Print Setup before printing

Selecting this radio button causes to displaying the Print Setup dialog before printing.

Display Print Preview before printing

If this radio button is selected, then pressing on the Print button from the Femta tool bar displays the Print Preview dialog.

Space above the charts

This edit control allows You to change the distance between a chart and the other object.

Display splash screen when application starts

Allows You to enable or disable displaying the Femta splash screen when application starts.

See also

[General preferences overview](#)

[Print overview](#)

[Tool Bar](#)

Calendar overview

Calendar - is the most important program object of Femta. It has significantly more functions than an usual calendar. The Femta calendar allows You conveniently to record periods, view it, displays calculated future periods and data.

Features of the Femta calendar :

- It is eternal calendar with possibility to display dates from 1900 to far future
- View from 1 to 36 months simultaneously
- Easy browsing
- Focus on the date, pointed by mouse
- Synchronization of moving on dates with the charts
- Conveniently to record, change or delete periods
- Conveniently to view the past periods and calculated future periods and data
- Very configurable :
 - You can select the starting day of week, days off, change their colors, etc.
 - Easy to change the fonts and colors of the calendar
 - Possibility to draw nice gradient background
 - Different types of periods and calculated data highlighting
 - Several predefined color sets
 - Easy to create and save custom color sets

See also

[Browsing of calendar](#)

[Displaying data in the calendar](#)

[Calendar Pop Up Menu](#)

[Calendar Preferences](#)

Charts overview

Charts are very important program objects of Femta. The Femta charts allow You conveniently to view all kinds of calculated data.

Features :

- Easy browsing
- Displays calculated data for all days of a month simultaneously
- Focus on the date, pointed by mouse
- Synchronization of moving on dates with the calendar
- Conveniently to view data as vertical bars, the height of which depend on calculated values
- Very configurable :
 - Easy to change the fonts and colors
 - Possibility to draw nice gradient background
 - Possibility to draw nice gradient value bars
 - Several predefined color sets
 - Easy to create and save custom color sets

There are 5 types of charts in Femta :

- **Pregnancy chart**

For every woman there are only some days of menstrual cycle, in which she can become pregnant. These days can be calculated using data of Your past menstrual cycles. The natural method of contraception is based on calculating of these "unsafe" days. With Femta You don't need to count days, or to do mathematical operations. You only note Your periods, and Femta does all the calculations itself.
See the [Natural method of contraception](#), [Menstrual cycle](#) topics for more details.
This chart allows You to see the probability to get pregnant (probability of conception, in other words) for every day in the past periods and for several months ahead. The greater value for some day, the greater probability to get pregnant this day.
Note: This applies if You have a intercourse this day and don't use any of the artificial, chemical or hormonal contraceptives.
You can use information from this chart in different ways :

 - For planning of Your intimate life
 - For contraception
 - If You are trying to become pregnant
- **Free Sex chart**

If You are using Femta for contraception, then using of this chart may be the most convenient for You. It displays probability not to get pregnant (inverse of previous type of chart).
- **Conception (Boy) chart**
- **Conception (Girl) chart**

These charts display the approximate probabilities to conceive a child with the gender You wish.
See the [Planning a gender of the child](#) topic for more details.
- **Childbirth chart**

If You are pregnant, this chart helps You to determine the approximate date of childbirth. This chart displays the probabilities of childbirth for every day of pregnancy. The greater value for some day, the greater probability of childbirth this day.
Note: Please consult with Your doctor in all the questions about Your pregnancy and childbirth.

See also

[Browsing of charts](#)

[Displaying data in the charts](#)

[Charts Pop Up Menu](#)

[Charts Preferences](#)

[Probability](#)

InfoString Bar

InfoString Bar is the Femta program object indicating the current day of cycle (week of pregnancy or lactation).

Features :

- Displays the day (week) number of current period
- Pressing on the InfoString Bar moves the calendar and charts to the today date
- Very configurable :
 - Easy to change the font and colors
 - Several predefined color sets
 - Easy to create and save custom color sets

See also

[InfoString Pop Up Menu](#)

[InfoString Preferences](#)

Acknowledgments

- Thanks to the beta testers who help track down some problems before Femta is publicly released
- Finally, thanks to all users who supported the development of this software by registering and recommending it to their friends

How to upgrade to the new version of Femta

You can easily upgrade your Femta to the newest version.

If you want to install the newest version of Femta :

- Save the Femta database by using the "Save To.." item of the [File menu](#) in main menu.
- Uninstall Femta.
- Install the newest version of Femta to the selected folder and run it.
- Load the Femta database by using the "Load From.." item of the [File menu](#) in main menu.

If you want to install Femta in the other computer then :

- Save the Femta database by using the "Save To.." command.
- Install Femta in the other computer and run it.
- Load the Femta database by using the "Load From.." command.

Tip: Instead of using the "Save To.." and "Load From.." commands you can save or copy the file Femta.fdb from the Femta folder.

Note: Don't forget to create the back-up copy of your Femta database.

See also

[File Menu](#)

[Installation and Uninstallation](#)

Tool Bar

The tool bar is composed of short-cuts to frequently used features. You can either use the menu commands or the buttons on the tool bar. The tool bar can be in docked or floating mode and located (in docked mode) at the top of main window of Femta(below the main menu) or at the bottom.

The tool bar contains the following buttons:

Back, Forward

Clicking on these buttons browses the calendar and all charts to a month back or forward. Clicking at right side of these buttons displays the drop-down menu with following entries :

Month

Browses calendar and charts a month back(forward)

Calendar

Browses calendar and charts on number of months, contained in calendar

Year

Browses calendar and charts a year back(forward)

Today

Moves calendar and charts to today

Wizard

Displays the Femta Wizard.

Print

This button displays the Print Preview.

View

Displays the drop-down menu that lets to show/hide all the Femta charts.

Help

This button displays the help topics

In its floating mode, a toolbar has a thin title bar and can appear anywhere on your display. A floating toolbar is always on top of all other windows.

In its docked mode, a toolbar is fixed to a dock along any of four borders of the application window. You cannot modify its size when it is docked.

To move a toolbar from a dock:

1. Position the mouse pointer in a blank area in the toolbar (not on a button or control).
2. Drag the toolbar away from the dock, and move it to the desired position, either on the desktop or in another dock.

To dock a floating toolbar:

1. Position the mouse pointer over the toolbar title bar or in a blank area in the toolbar.
2. Drag the toolbar to any of the top or bottom window borders of the application window.
3. When the mouse pointer reaches the boundary of the docking area, the toolbar window becomes a single horizontal row of buttons.

See also

[Program objects overview](#)

How to change color of...

To change the colors of the Femta calendar, charts or InfoString bar :

- Select appropriate item from the "Preferences" menu in the main menu. The "Preferences" dialog of this object will be displayed.
- Click the right(second) button of mouse on this object to call the pop up menu. Then click on the **Preferences** item. The "Preferences" dialog of this object will be displayed.

Within "Preferences" dialogs You can change the colors, fonts and other settings. You can create a nice gradient background for the calendar or charts. The "Preferences" dialogs allow You to save the custom color set, or choose the color set from the list. For each object there are several predefined color sets.

See also

[Preferences menu](#)

[Calendar Preferences](#)

[Charts Preferences](#)

[InfoString Preferences](#)

How to delete a period

You can delete a period by 2 ways:

- By using the calendar pop-up menu:
Click the right(second) button of mouse on any day of this period.
Then click on the **Delete** item. This period will be deleted.
- By using the Femta Wizard:
 - Press the "Wizard" button in the Tool Bar.
 - Select "Delete" item from the "Edit" menu in the main menu. The Femta Wizard will be displayed with the active "Do it" page.

Note: You can undo the most recent command by selecting "Undo" from the Edit menu. Pressing Ctrl+Z has the same effect as selecting Undo.

See also

[Calendar overview](#)

[Wizard overview](#)

How to show / hide a period or calculated data on the calendar

You can choose what kind of periods and calculated data to display, type of highlighting them in the calendar, and other options by using the **Calendar Preferences** dialog.

To access this dialog:

- Select the "Calendar Preferences" item from the "Preferences" menu in the main menu.
- Click the right(second) button of mouse on the calendar to call the pop up menu.
Then click on the **Preferences** item.

You can set different starting and ending colors of background (or font). It's the great feature. The resulting color of highlighting depends on calculated probability. The value of probability, equal 0 is corresponding to the starting color, the value equal 1 is corresponding to the ending color.

Also You can control the displaying of the calculated data by specifying the Minimum visible probability value. It is another great feature of Femta. It allows You to disable displaying of probabilities with low values.

See also

[Calendar Preferences](#)

[Displaying data in the calendar](#)

Keyboard shortcuts

You can use the following shortcuts within the main window of Femta:

Key	Function
Ctrl+P	Print Preview
Ctrl+Q	Quit Femta
Ctrl+S	Save Femta database to other location
Ctrl+L	Load Femta database from other location
Ctrl+Z	Undo the last action
Alt+C	Display Calendar Preferences form
Alt+T	Display Charts Preferences form
Alt+I	Display InfoString Preferences form
Alt+G	Display General Preferences form
F1	Help
Left, Right	Move the calendar and charts a month backward or forward
Home	Move the calendar and charts to the today date

See also

[Program objects overview](#)

Natural method of contraception

Great number of women try to avoid using of chemical or hormonal contraceptives. There are a lot of reasons for this: side effects of such contraceptives, possible negative influence on health now or in future, individual reaction of organism and many others. For some people their religious convictions don't allow to use the contraceptives.

The natural method of contraception is the safest method for health, suitable for almost all women. It has high effectiveness level (up to 95%). This method allows to have free sexual life during 18-20 days of cycle (for 28 days cycle).

The natural method of contraception is based on the determining the date of ovulation and calculating the "unsafe" and "safe" periods. The "unsafe" period is the days before and following the ovulation, when an egg is released from an ovary and travels along a fallopian tube to the uterus. The conception is possible only for these days. This period can be calculated using the date of ovulation and the knowledge that the egg survives for 24-48 hours, and the sperm for a maximum of 72 hours. Ovulation occurs approximately 14 days before the next menstruation.

During the "unsafe" period You must avoid the sexual intercourse or use other method of contraception: condoms or coitus interruptus.

Using the information about Your past menstrual cycles is possible to calculate the "unsafe" and "safe" periods.

Femta performs much more complex calculations for You and displays not the simple "safe" days, but the probabilities to become pregnant for each day in the past and several months ahead. You can determine possible chances to become pregnant for every day and plan Your sexual life.

For women with regular menstrual cycles this method is reliable, but for women with variable in length cycles (which vary in length more than 2 days from month to month) it is necessary to use additional methods to determine the date of ovulation more exactly. There is the **temperature(sympto-termal) method** of determining the date of ovulation. (this method will be implemented in the next version of **Femta**). Read the [Ovulation](#) topic for more details.

Note: This method is not suitable for a woman, if :

- Menstrual cycles are very irregular
- Cycles are shorter than 25 or longer than 35 days
- Working in the different time(day / night) or with the shift in time (stewardess, for example)

Note: Please consult with Your doctor about contraception.

See also

[Ovulation](#)

[Menstrual cycle](#)

[Charts overview](#)

Menstruation

The shedding of the lining of the uterus which occurs regularly in women between menarche (the beginning of menstrual periods) and menopause (the end of periods). It produces vaginal bleeding which lasts for 3 to 7 days and occurs every 22 - 35 days - the length of the menstrual cycle.

See also

[Menstrual cycle](#)

Ovulation

Ovulation is the release of a mature ovum (egg) from the graafian follicle in the ovary. Ovum (egg) is a female reproductive cell. Ova are formed in the ovaries, pass down the fallopian tubes, and then enter the uterus. Ovulation occurs in the middle of each menstrual cycle, approximately 14 days before the start of the next menstrual period. After ovulation the ovum passes along a fallopian tube to the uterus.

Ovulation may occur earlier or later by influence of some negative factors: depression, malnutrition, disease.

The conception is possible only during an ovulation. The fertile period lasts for a maximum of 5 days, because sperm can survive in the uterus up to 72 hours, and the egg can survive for 24-48 hours.

Determining the date of ovulation is important for reliable using the natural method of contraception. For women with a regular menstruation cycle it is possible to calculate the approximate date of ovulation. But for the other women it is necessary to use additional methods to determine the date of ovulation.

There is the well-known and widely practiced **temperature(sympto-termal) method**. It is used to determine the date of ovulation, for contraception, check whether You are pregnant, for diagnostic of menstrual cycles when infertility. This method consists of recording the temperature of body for each day of the cycle and observing of the cervical fluid (mucus) and the position of the cervix. Some women can have special feelings preceding the ovulation.

- Temperature method will be implemented in the next version of **Femta**.

See also

[Natural method of contraception](#)

[Planning a gender of the child](#)

[Menstrual cycle](#)

[Charts overview](#)

Planning a gender of the child

Is it possible to conceive a child with the gender you wish ? Possible answers are Yes and No. There are no methods which guarantee the 100% result. But using of some methods can increase the probability to conceive a child with the desired gender. The most reliable are the methods based on the scientific information or researches. There is a complex method of artificial fertilization including the special processing of sperm. Also there are alternative methods based on a special diet or using age of parents and the date of conception.

Femta allows You to try the method, based on the scientific biological information. Its main principle is using different activity and duration of life of the spermatozoon with Y-chromosome (which enables the conception of boy) and spermatozoon without this chromosome (which enables the conception of girl).

- The closer the sexual intercourse to the ovulation day, the greater probability to conceive a boy.
- Probability to conceive a girl is more if the intercourse occurs 2-3 days before the ovulation.

Note: The alternative methods of planning the gender of a child will be implemented in the next versions of **Femta**.

See also

[Ovulation](#)

[Charts overview](#)

Pregnancy

A normal pregnancy is the period that lasts from conception to delivery. Usually pregnancy lasts 280 days from the first day of the last normal period to childbirth.

See also

[Menstrual cycle](#)

[Lactation](#)

Lactation

Lactation is the process of secretion of milk from the female breast, which is used to nourish an infant. Lactation begins with the birth of the child and is controlled by a complex interaction between various hormones in the mother's bloodstream. The period of lactation is the length of time for which nursing of the child continues.

See also

[Pregnancy](#)

Menstrual cycle

The menstrual cycle is the time between the first day of one menstrual period, and the first day of the next one, including the days when bleeding occurs.

The average cycle is 28 days, but some women have a cycle that is consistently longer or shorter than that. The normal menstrual cycle is lasting anywhere between 22 and 35 days.

Approximately 14 days before the next menstruation occurs the ovulation.

The absence of periods is usually a sign of pregnancy.

See also

[Menstruation](#)

[Ovulation](#)

[Pregnancy](#)

[Natural method of contraception](#)

File menu

Commands in the File menu let You load or save the Femta database, print calendar and charts, exit Femta.

Database >>

This menu item contains 2 subitems :

Load From..

This command allows You to load Femta database from selected source. After loading, this database becomes the current. It is useful, for example, after installing new version of Femta, or after installing it on a new computer.

Save To..

This command allows You to save Femta database in the selected storage device. It is necessary, for example, for creating the back-up copy of Your Femta database, or to de-install this version of Femta and install the newest one.

Printer Setup..

This menu item is used to configure your printer. It displays standard Windows Printer Setup dialog window for changing of printer settings(paper size, page orientation etc).

Print Preview..

This command displays Print Preview dialog. The Print Preview dialog allows You to view how the calendar and charts will be printed on the page, change settings of Femta objects, change printer settings, and print.

Exit

This menu item is used to quit Femta.

See also

[Print Overview](#)

[Printer Setup](#)

[Keyboard shortcuts](#)

Edit menu

Commands in the Edit menu let You note the period, delete notes, undo last action.

Record >>

This menu item contains 4 subitems : **Menstruation, Pregnancy, Childbirth, Lactaton.**

Selecting any of these entries lets You to record the corresponding period. The Femta Wizard will be displayed.

You can also use the calendar pop-up menu to perform the same operation on the chosen date without displaying of the Femta Wizard.

Delete

This command displays the Femta Wizard and allows You to delete chosen periods. You can also use the calendar pop-up menu to perform the same operation on the chosen date without displaying of the Femta Wizard.

Undo

Each time you make a change, Femta records the information required to reverse its effect. Select "Undo" from the Edit menu, to undo the most recent command. Pressing Ctrl+Z has the same effect as selecting Undo.

See also

[Wizard overview](#)

[Calendar pop up menu](#)

Preferences menu

Commands in the Preferences menu let You change preferences of the main objects of Femta.

Calendar...

This menu item displays Calendar Preferences dialog. You can also press Alt+C to perform the same operation.

Charts...

This menu item displays Charts Preferences dialog. You can also press Alt+T to perform the same operation.

InfoString...

This menu item displays InfoString Preferences dialog. You can also press Alt+I to perform the same operation.

General...

This menu item displays General Preferences dialog. You can also press Alt+G to perform the same operation.

See also

[Calendar Preferences](#)

[Charts Preferences](#)

[InfoString Preferences](#)

[General Preferences](#)

Help menu

Commands in the Help menu allow You to see this help, get support or send feedback, visit Femta Home Page, display information about Femta.

Contents...

This command displays this help file. Pressing F1 has the same effect as selecting "Contents..".

Help Topics...

This command displays the help topic list of this help file.

Support...

This command allows You to get the technical support. It displays the "Send message" dialog of current mail program with filled address field. Then describe a problem in the message field and press "Send" button. Also You can send message to support@femta.com to get support.

See the [Getting support](#) topic for more details.

Feedback...

Use this command to send Your comments or ideas of new features to the authors of Femta. It displays the "Send message" dialog of current mail program with filled address field. Sending message to info@femta.com has the same effect.

Femta Home Page...

This command runs the current Internet browser and displays the [Femta home page](#).

Tell Your Friends...

Use this command to support development of this software. Registering and recommending this software to Your friends - the best way of doing it.

Copy Link

This command copies the link to the Femta Web home page in the clipboard. You can insert it from clipboard in the message or letter.

About Femta...

This command displays "About Femta" dialog, containing information about Femta, version and copyright.

See also

[Getting program updates](#)

[Getting support](#)

[Feedback](#)

Register menu

This page applies if you are running the evaluation unregistered version of Femta.

Use this command to register Your Femta. This command displays [Femta Registration Wizard](#). You can choose 4 secure methods of registration : via Internet - **Online**, by **Telephone**, or print out a registration form to send it by **Fax**, or by **Mail** (cheque or money order).

See also

[Registration Wizard](#)

[What is registration ?](#)

[Why should I register ?](#)

[How can I register ?](#)

[Licensing details](#)

"Select action" page

This page contains the "Actions" list box to select an action You want to perform.

There are the following items in this list box :

- Enter new period
- Change dates of period
- Enter and change periods
- Delete a period

Select an action, then click the "Next" button. If You've selected the first three items, then the "Select Period" page will appear. If You've selected "Delete a period" item, then the "Do it" page will appear.

See also

["Select Period" page](#)

["Do it" page](#)

"Select period" page

This page contains the "Period" list box to select a period You want to enter or change.

There are the following items in this list box :

- Menstruation
- Pregnancy
- Childbirth
- Lactation

Select a period, then click the "Next" button and the "Do it" page will appear.
You can click the "Previous" button to return to the "Select Action" page.

See the [Displaying data in the calendar](#), [Charts Overview](#) topics for more information about periods.

See also

["Select Action" page](#)

["Do it" page](#)

"Do It" page

This page contains the following objects :

Calendar

It is the same calendar, like the main calendar of Femta. It has 1 row and 2 columns.
This calendar contains Your real periods and data.

You want to :

This combo box is used to change the action You want to do without returning to the "Select Action" page.

Period :

This combo box is used to change the period You want to note or change without returning to the "Select Period" page.

Message box

This message box displays comments and explanations of all Your actions.

Undo button

Click this button to undo the most recent command.

Click the "Finish" button to close the Femta Wizard.

You can click the "Previous" button to return to the previous page.

See also

[Calendar Overview](#)

[Wizard Overview](#)

["Select Action" page](#)

["Select Period" page](#)

["Do it" page](#)

"Calculations" page

Use this page to configure some settings for calculations.

Don't use for calculations the cycles with duration

Less, than ... days

More, than ... days

Sometimes the length of menstrual cycle is longer or shorter than average length of the past cycles. It may occur under influence of some factors. If it is occurred, then results of future calculations will depend on the length of this cycle too. You can exclude such cycles from calculations by using of these settings.

Calculate probabilities for future ... months

This edit control allows You to set the number of months from the last period for which the data will be calculated.

See also

[General preferences overview](#)

[Menstrual cycle](#)

"Security" page

If You want to prevent viewing Your data in Femta by other people, then You can set the password. When using of the password is turned on, the Enter Password dialog will be displayed every time Femta is starting. If the incorrect password is entered, then Femta will be closed.

This page contains the following controls :

Use password for Femta running

Use this check box to turn on/off using the password for Femta running. If this checkbox is checked, then the password must be entered and reentered into the corresponding fields.

Enter password

This field is used to enter the password. The symbols of password are hidden.

Reenter

This field is used to re-type the password for confirmation (to avoid typographical errors).

Note: Be sure to remember the password You use.

See also

[General preferences overview](#)

[Using of password](#)

"User Info" page

The "User Info" page is used to show information about user.
This page contains the following controls :

Information

Name

This field is used to display [the name of registered user](#).

Date of birth

This field is used to display the user's birthday. Using of this date will be implemented in the next versions of Femta.

See also

[General preferences overview](#)

[What is registration ?](#)

[How can I register ?](#)

General preferences overview

The General Preferences dialog allows You to configure main window preferences, calculation settings, set the password, and see information about user.

You can access the General Preference dialog by 2 ways :

1. Select "Preferences" from the main menu. Then select "General..." from the "Preferences" pull-down menu.
2. Press Alt+G.

The preferences in this dialog are grouped under four tabs (pages) :

- **"Common"** page
This page is used to change the main window settings and print preferences.
- **"Calculations"** page
This page is used to change the settings for calculations.
- **"Security"** page
Use this page if You want to enter the password for starting of Femta, turn on/off using it.
- **"User Info"** page
This page displays information about user.

You access a page by clicking on its tab.

You can use the F1 key any time to get help on a specific screen.

Press the **OK** button to save changes, or **Cancel** to cancel the changes and close this dialog.

See also

["Common" page](#)

["Calculations" page](#)

["Security" page](#)

["User Info" page](#)

[Main Menu Overview](#)

Status Bar

A status bar occupies the bottom of Femta window and displays text.

- Status bar displays the "Tip" messages, whenever the mouse pointer pauses over the calendar or charts, even if "Show Tips" option is turned off
- Status bar displays the short information, describing the function of Main menu item or Tool Bar button, whenever the mouse pointer pauses over them.

You can hide/show the status bar by using the **Status Bar** entry in the **View** pull-down menu.

See also

[Program objects overview](#)

Printer Setup

The Printer Setup dialog is used to specify printer settings.

You can access this dialog by 3 ways :

- Select "Printer Setup..." item from the "File" menu.
- Press the "Printer..." button within the Print Preview dialog.
- If the "Display Print Setup before printing" option is turned on then pressing on the "Print" button in the Tool Bar will display Printer Setup dialog.

Within this dialog you may select the printer you want to use, the orientation and paper size. For information about which settings to use, refer to the documentation which comes with your printer.

If you have more than one printer connected to your computer or network, click on the arrow in the list box beside the "**Name**" field to select a printer from the list.

Many printers have specific settings (such as page orientation, paper size and graphics resolution) which you can specify to get the printing results you want. Click on the "**Properties**" button to see specific options available for the selected printer.

See also

[Print overview](#)

[Print Preview](#)

Print overview

With Fenta You can easy print the calendar and charts, see the WYSIWYG print preview in order to look at the objects on the page before you print it out, choose color sets for printing of objects, change printer settings.

You can start printing by 3 ways :

- Click on the "Print" button of the tool bar. See below for more details.
- Select "Print Preview..." item from the "File" menu of main menu.
- Press Ctrl+P. The Print Preview dialog will be displayed.

If You click on the "Print" button of the tool bar then there are 3 variants of execution :

Display Print Preview before printing

The Print Preview dialog will be displayed. Then user can change settings and print or close this dialog.

Display Print Setup before printing

The Print Setup dialog will be displayed. It allows to change the printer settings(paper size, page orientation etc).Then currently viewed objects will be printed.

Print immediately

Currently viewed objects will be printed without displaying of any dialogs.

You can choose one of them from the "Common" page of the General Preferences dialog.

Note: The non-registered software has a one limitation: You cannot get a printed copy of the calendar or charts that You can see in our great Print Preview.

See also

[Print Setup](#)

[Print Preview](#)

[Main Menu overview](#)

[Tool Bar](#)

[General preferences overview](#)

Program objects overview

The main window of Femta contains the following objects :

- Main Menu
- Tool Bar
- InfoString Bar
- Calendar
- Up to 5 charts
- Status Bar

Each of these objects(excluding Main Menu) can be visible or invisible.
For more detailed information about these objects read the corresponding topics.

See also

[Main Menu Overview](#)

[Tool Bar](#)

[InfoString Bar](#)

[Calendar Overview](#)

[Charts Overview](#)

[Status Bar](#)

Calendar pop up menu

Commands in the Calendar pop up menu let You record or delete a period, browse the calendar, change some options, display Calendar Preferences dialog and display this help about the calendar.

If You are clicking on a date, then this date appears on the top of pop up menu.

Record >>

This menu item contains 4 subitems:

- **Menstruation**
- **Pregnancy**
- **Childbirth**
- **Lactation**

This allows You to record a period started from the selected date.

This command also can be used to change the starting or ending day of some period. If You've chosen from this pop up menu some period, and the selected date belongs to the same period, the closest bound of period will be moved to this date.

Features :

- Before displaying this pop up menu the automatic checking of possibility to record a period at chosen date will be done. Entries(periods), which are impossible or there are no sense to record at this date, will be grayed. It helps to prevent mistakes.
- For all periods there are minimum and maximum duration, and dates will not moved, if the resulting duration of period out of these values.

Note: Childbirth - is the particular "period". Its duration is 1 day, and this day is the last day of pregnancy.

Tip: If You want to record some period at the selected date, but the needed menu item is grayed - try to do it with the Femta Wizard and You'll get explanations about it.

Delete

This command allows You to delete a period. If there are no period at this day, this menu item will be grayed.

Back >>, Forward >>

This menu items contain 3 subitems each:

- **Month**
- **Calendar**
- **Year**

These menu items are used to browse the calendar to month, calendar, year back or forward accordingly.

Today

This command moves the calendar to the today date.

Show Tips

This command turns on or off the tips. Tip - it is the short text, displayed whenever the mouse pointer pauses over a date.

Synchronize

This command turns on or off synchronization. If synchronization is turned on, then moving on chart will moves the calendar to the same date.

Preferences...

Displays Calendar Preferences dialog.

Help

This command displays the help about Femta calendar.

See also

[Browsing of Calendar](#)
[Calendar Preferences](#)

Browsing of Calendar

You can browse the Femta calendar by several different ways :

- By pressing the buttons, located at the left and right sides of calendar. One click moves the calendar to one month back or forward. If You still hold this button, then calendar will browse repeatedly until You release the button.
- By using calendar pop up menu. It contains **Back** and **Forward** entries. These entries have a sub-menu each with the following items: **Month**, **Calendar**, **Year**. Select these items to browse the calendar accordingly. The calendar pop up menu also contains the **Today** entry. Select it to move calendar to today.
- By using tool bar browse buttons. Read the [Tool Bar](#) topic for more details.
- If the **Synchronize** mode of calendar is enabled, moving on the chart will moves the calendar to the same date as the date on which You are moving in the chart.

See also

[Tool Bar](#)

[Calendar Overview](#)

[Calendar Pop Up Menu](#)

[Calendar Preferences](#)

Displaying data in the calendar

The very useful and necessary feature of the Femta calendar is possibility to display the periods and calculated data. You can choose what kind of periods and calculated data to display, type of highlighting them in the calendar, and other options.

You can see the following data in the calendar:

The past or current periods :

- Menstruation
- Pregnancy
- Childbirth
- Lactation

Note: Childbirth - is the particular "period". Its duration is 1 day, and this day is the last day of pregnancy.

Calculated data(probabilities):

- Menstruation - the probability of menstruation
- Pregnancy - the probability to get pregnant (probability of conception, in other words)
- Free Sex - the probability not to get pregnant (inverse of previous kind of data)
- Conception (Boy) - the probability to conceive a boy
- Conception (Girl) - the probability to conceive a girl
- Childbirth - the probability of childbirth

Also the today date can be highlighted like other data.

See the [Charts Overview](#) topic for information about some kinds of calculated data.

For all kinds of data You can set (see the [Calendar Preferences](#) topic for more details) :

- Type of background highlighting:
 - Clear (don't use background highlighting)
 - Rectangle
 - Bar
 - Arc
 - Ellipse
- The starting and ending colors of background highlighting
- The starting and ending colors of font
- Minimum visible probability

Possibility to set different starting and ending colors of background (or font) - it's the great feature - the resulting color of highlighting depends on calculated probability. The value of probability, equal 0 is corresponding to the starting color, the value equal 1 is corresponding to the ending color.

Possibility to set the Minimum visible probability value - is another great feature. It allows You to disable displaying of probabilities with low values.

Note: Calculated data with probability equal 0 never will be displayed.

See also

[Calendar Preferences](#)

[Charts Overview](#)

Browsing of charts

You can browse of the Femta chart by several different ways :

- By pressing the buttons, located at the left and right sides of the chart. One click moves the chart to one month back or forward. If You still hold this button, then chart will browse repeatedly until You release the button.
- By using chart pop up menu. It contains **Back** and **Forward** entries. These entries have sub-menu with the following items: **Month**, **Year**. Select these items to browse the chart accordingly. The chart pop up menu also contains the **Today** entry. Select it to move chart to today.
- By using tool bar browse buttons. Read the [Tool Bar](#) topic for more details.
- If the **Synchronize** mode of chart is turned on, moving on the calendar will moves the chart to the same date as the date on which You are moving in the calendar.

See also

[Tool Bar](#)

[Charts Overview](#)

[Charts Pop Up Menu](#)

[Charts Preferences](#)

Displaying data in the charts

The chart contains 2 axes : horizontal and vertical.

On the horizontal axis the dates of month are placed. The bottom of vertical axis is corresponding to the minimum value of probability (0). The top of vertical axis is corresponding to the maximum value of probability. The maximum value - is maximum related to the others days (it is not the mathematical maximum probability that is equal 1 and trustworthy for 100%).

The data are displayed on the chart as vertical bars. The greater height of some bar, the greater the calculated value of probability for this day.

You can set a nice gradient background for values bars for better visual perception of information.

See also

[Charts Overview](#)

[Charts Preferences](#)

[Probability](#)

Charts pop up menu

Commands in the Charts pop up menu let You browse the calendar, change some options, display Charts Preferences dialog and display this help about charts.

Today

This command moves the chart to the today date.

Back >>, Forward >>

These menu items contain 2 subitems each:

- **Month**
- **Year**

These menu items are used to browse the chart to month, year back or forward accordingly.

Show Tips

Turns on or off the tips. Tip is a short text, displayed whenever the mouse pointer pauses over a chart.

Synchronize

Turns on or off synchronization. If synchronization is turned on, then moving on calendar will moves the chart to the same date.

Hide

This command hides this chart.

Preferences...

Displays Charts Preferences dialog.

Help

This command displays the help about Femta charts.

See also

[Browsing of Charts](#)
[Charts Preferences](#)

InfoString pop up menu

Commands in the InfoString pop up menu let You move the calendar and charts to today, display InfoString Preferences dialog and display this help.

Today

Moves the calendar and the charts to the today date.

Hide

This command hides InfoString Bar.

Preferences...

This command displays InfoString Preferences dialog.

Help

Displays the help about InfoString Bar.

See also

[InfoString Bar Overview](#)

[InfoString Preferences](#)

Main Menu overview

The Main Menu contains the following entries:

- File
- Edit
- View
- Preferences
- Help
- Register (applied if you are running the evaluation unregistered version of Femta)

Clicking on the every entry displays a pull-down menu with commands.

Also You can display these menus by pressing Alt+underlined symbol (Alt+V for View menu, for example).

For more detailed information about these menus read the corresponding topics.

See also

[File menu](#)

[Edit menu](#)

[View menu](#)

[Preferences menu](#)

[Help menu](#)

[Register menu](#)

How to undo the last action

Every time You make a change, Femta records the information required to reverse its effect. Select "Undo" from the [Edit menu](#), to undo the most recent command. Pressing Ctrl+Z has the same effect as selecting Undo.

See also

[Main Menu overview](#)

View menu

Items in the View menu let You show or hide the program objects of Femta.

Calendar
Pregnancy Chart
Free Sex Chart
Conception (Boy) Chart
Conception (Girl) Chart
Childbirth Chart
Tool Bar
InfoString Bar
Status Bar

Each of these items can be checked or unchecked. By clicking on the item it switches to the inverse state. If the item is checked, then corresponding object is visible. You can show or hide an object by clicking on selected item. Also You can hide charts and InfoString Bar by using pop up menus.

See also

[Program objects overview](#)

Probability

The probability is an objective characteristic of events that does not depend on our attitude towards them. If a casual event occurs as consequence from one of M events with the total number of N possible events then probability of this event is ratio M / N .

The probability of any event is between 0 and 1. The probability of the impossible event is 0, and for trustworthy event is 1.

In ordinary life, probability is understood to mean something like a rough assessment of chance.

In **Femta** probability is the relative value. The value of 1 means the most possible event from other events, and does not mean that this event will be occurred with 100% trustworthy.

WYSIWYG - What You See Is That You Get

System Requirements

Femta - is 32 bit application. It requires Windows 95, 98 or Windows NT 3.51 or higher.
When installed it occupies about 1 Mb of the disk space.

We recommend You to use the display resolution at least 800x600 and hi-color(16 bit) or true color (24 or 32 bit) video mode.

See also

[Installation and Uninstallation](#)

Registration Wizard

This page applies if you are running the evaluation unregistered version of Femta.

The Registration Wizard allows You to perform registration easy.

At first it let You choose one of our registration service companies. Currently our distributors are 2 companies: **RegSoft**, United States and **Soft-Shop**, United Kingdom.

Then You can get information about the methods of registration: Internet - **Online, Telephone, Fax, Postal Mail**.

After that the Registration Wizard will started your Internet browser to open the Femta order page from the chosen registration service company Web-site. This Page contains instructions about each methods of payment.

After processing of your payment the registration service company will sent a registration code to You by e-mail. To complete the registration start the Registration Wizard again and enter your name and registration code in the corresponding fields.

- If You've registered Femta without using this Wizard then to enter your registration code start this Wizard and click on the Femta registration logo image, which placed at the top left corner of the first page. The page which allow to enter your code will be opened.

Note: The registration code contains from 30 to 40 case-sensitive symbols. It's better to copy the registration code from the letter You received by using Windows clipboard to avoid errors of manual typing.

Note: In case of any problem, please contact us by e-mail sales@femta.com

See also

[What is registration ?](#)

[Why should I register ?](#)

[How can I register ?](#)

[Licensing details](#)

Using of password

If You want to prevent viewing Your data in Femta by other people, then You can set the password.

When using of the password is turned on, the Enter Password dialog will be displayed every time Femta is starting. If the incorrect password is entered, then Femta will be closed.

Note: Be sure to remember the password You use. If You forget your password then:

- If You are not the registered user of Femta then You should install this application again.
- If You are registered user then You can enter the first 5 symbols of Your registration code.

See also

[General preferences overview](#)

