THAI TURKEY BALLS

1 lb. ground raw turkey 1 T. light soy sauce 1 t. chili powder 1/2 t. sesame or salad oil 1/4 c. boiling water

3 T. brown sugar

- 3 T. lime or lemon juice
- 1 t. instant minced onion
- 4 oz. chopped chilies,

drained Combine first 4 ingredients. Shape into 25 1-inch balls (12 regular sized meatballs) and flatten slightly. Microwave, covered with wax paper, on high for 5 minutes, turning once. Drain.

Combine remaining ingredients and pour over turkey balls. Heat through in microwave for 1 minute. Makes 25 appetizers or 4 main servings, 240 calories each.

From: Donna Kummer Date Entered: May 26, 1990