



**The 18th Biennial International Conference  
Strength through Diversity:  
Creating One Breastfeeding World  
Hilton San Francisco & Towers  
San Francisco, California USA  
July 3 - 6, 2003**

105

## A Tapestry of Breastfeeding and Parenting Around the World:

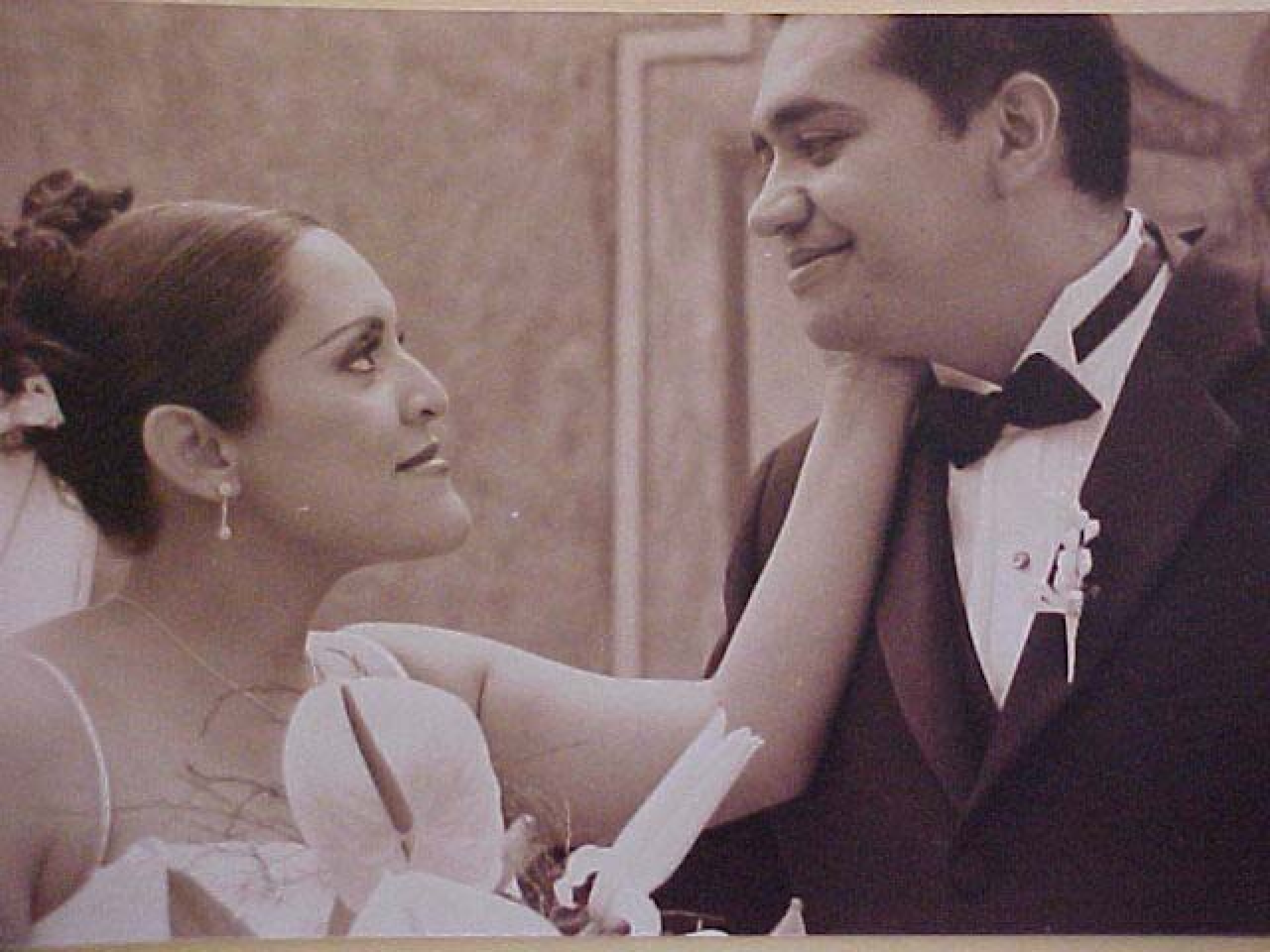
A look at breastfeeding practices and parenting styles  
from an international perspective.

Sarah Amin, Elisabet Helsing, Pauline Kissanga,  
Doralee Gonzales Barreiro

*Peggy O'Mara, Speaker/Moderator*

# BREASTFEEDING PRACTICES AND PARENTING STYLES IN LATINAMERICA





# COMMON PARENTING STYLE IN LATINAMERICA

- More than 80% of the children stay at home until they get married (ages 23-35)
- They usually offer financial help to the family.
- Even if they go out to University, they return and stay with the family until they get married.
- This is what families expect from them.



In Latinamerica and the Caribbean there  
are aproximatly 1170 Mother and Baby  
Friendly Hospitals

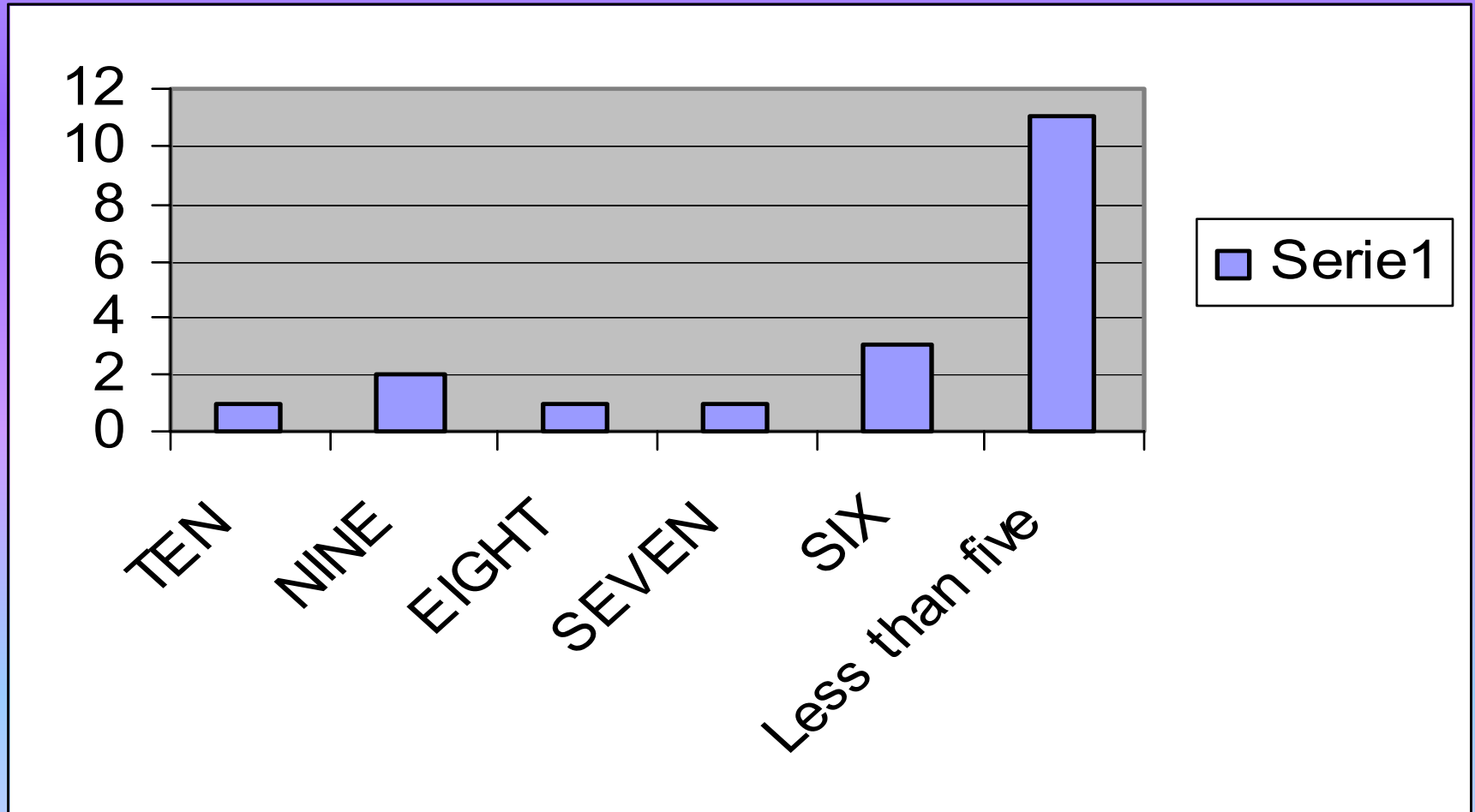
- 41 - Argentina
- 2 - Guatemala
- 18 - Paraguay
- 90 - Perú
- 791 - Mexico
- 228 - OTHERS

# MOTHER AND BABY FRIENDLY HOSPITALS IN MEXICO

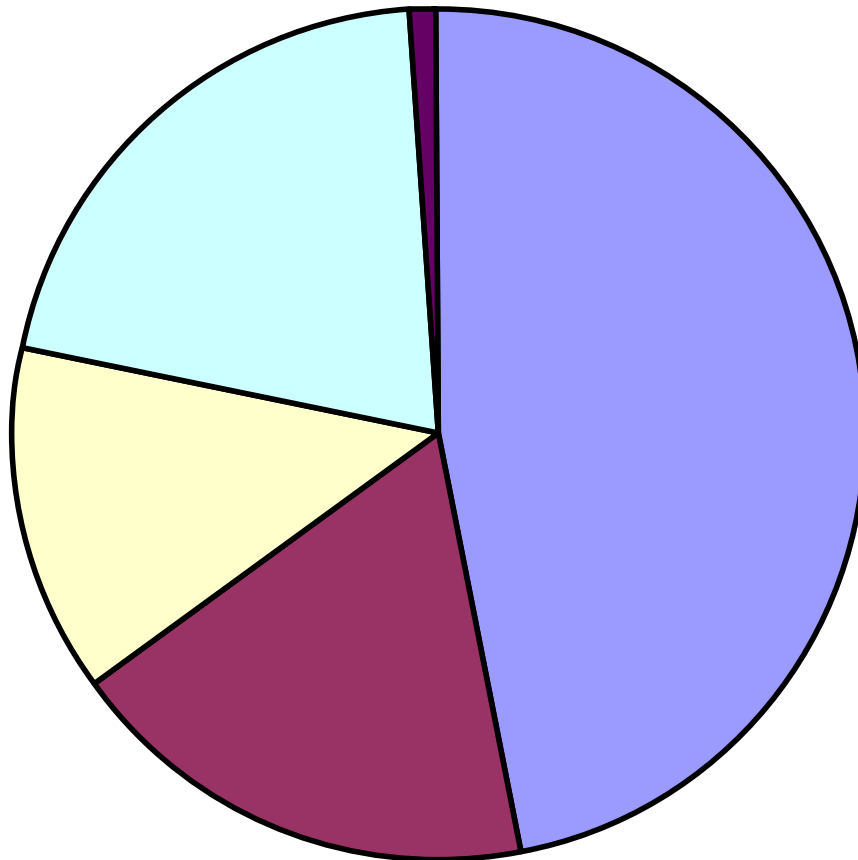
- 734 from 919 Public Hospitals are certificated. 57 are still pending.
- In 1994 284 were certificated.
- In 1996 the number grew to 548.
- In 2000 the number reached more than 700.



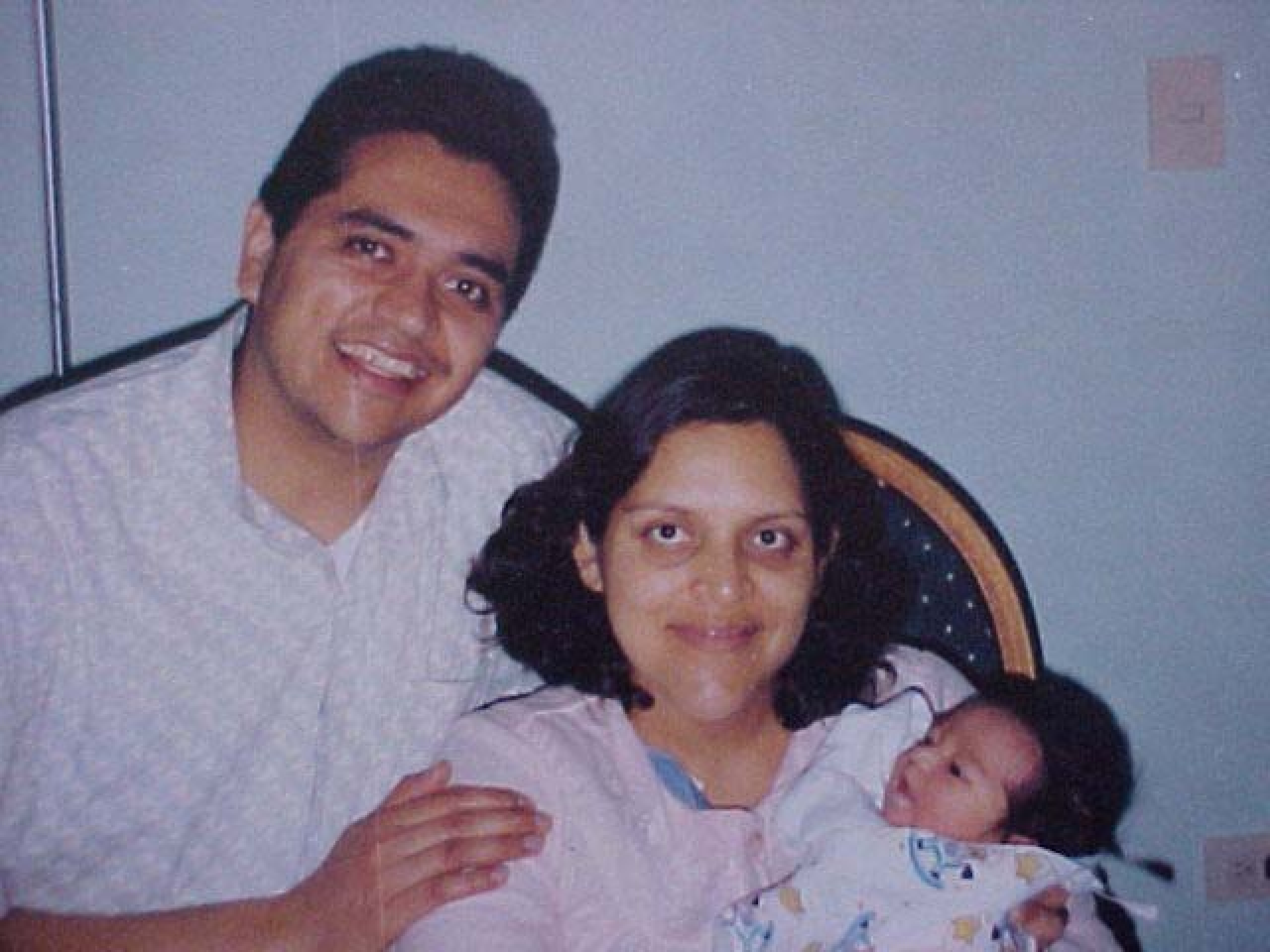
# STUDY MADE TO 18 OUT OF THE 90 PERU'S CERTIFICATED HOSPITALS



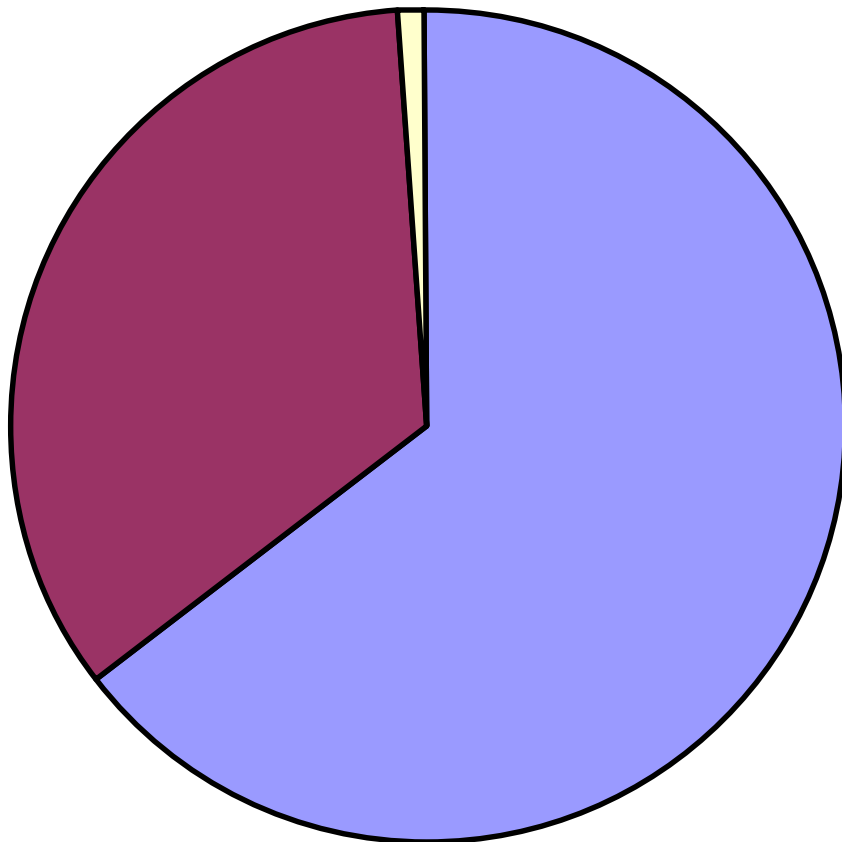
# BREASTFEEDING DURING THE FIRST SIX MONTHS



- EXCLUSIVE B. 47%
- PREDOMINANT B. 18%
- PARCIAL BF. 13%
- FORMULA 21%
- OTHER LIQUIDS 1%



# BIRTH PRACTICES



■ VAGINAL 65%

■ CESAREAN  
35%

■ FORCEPS 1%

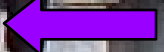


- In Mexico, there are born two millions seven hundred kids per year. 16 hundred of them die before they reach 5 years old. 44% of the 16 hundred die due to intestinal infections, desnutrition or severe respiratory infections.





839







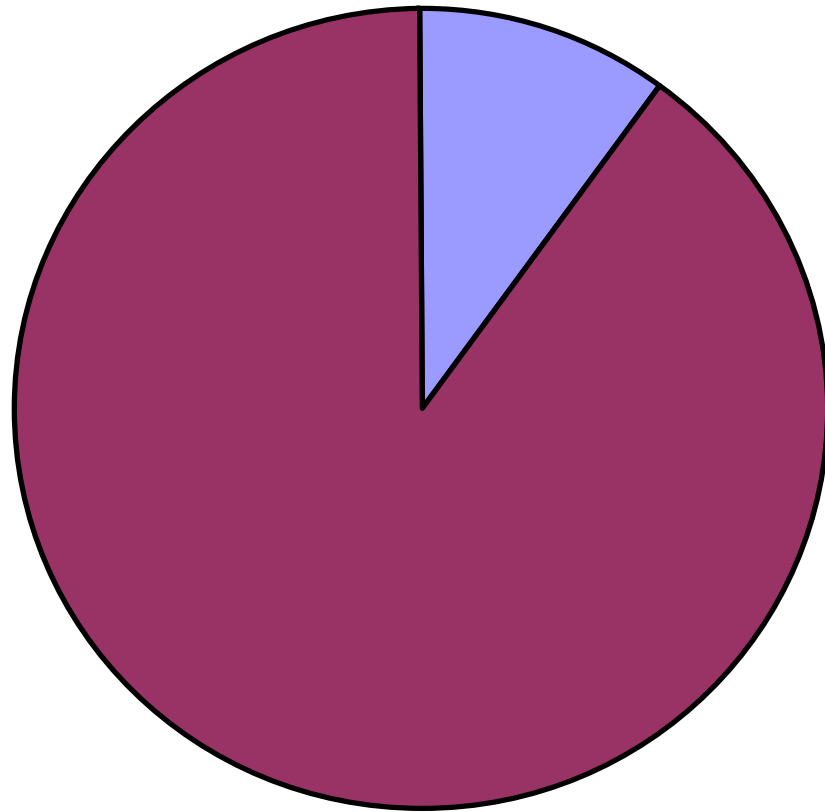








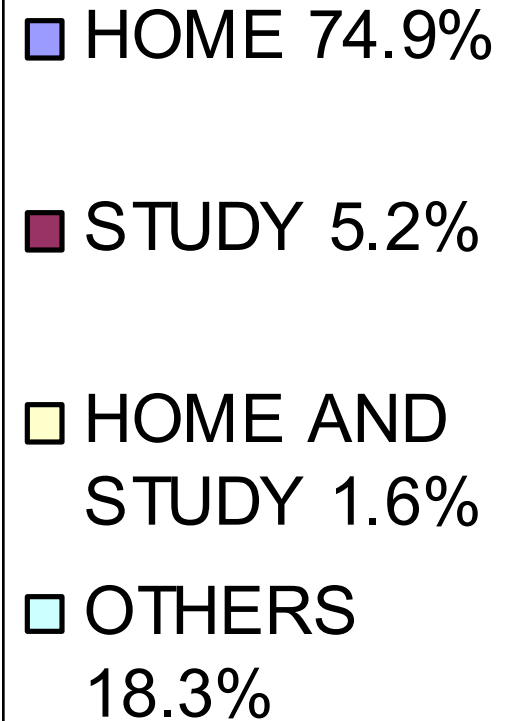
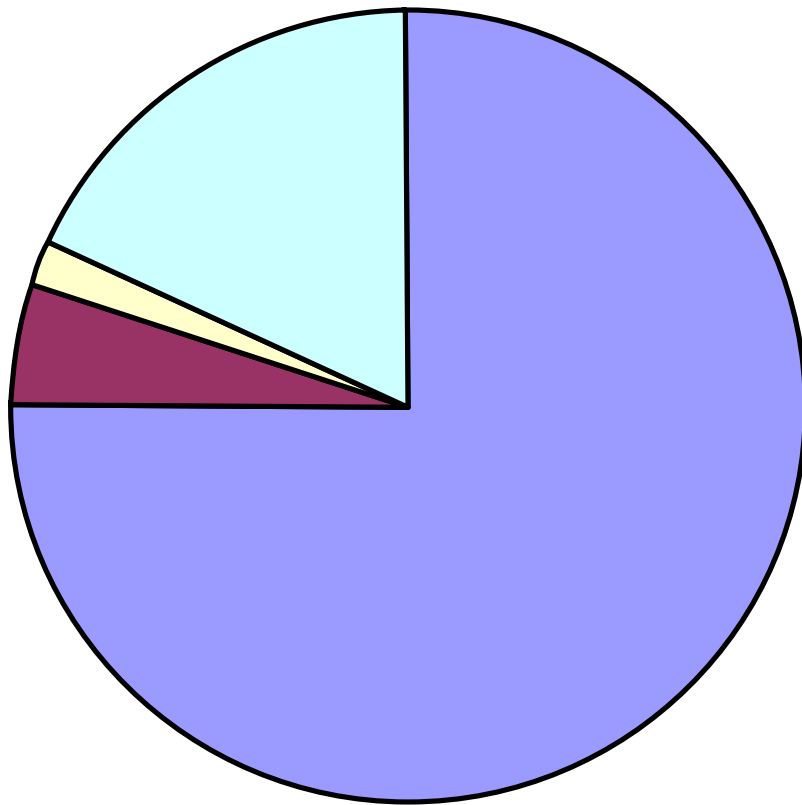
# PORCENTAGE OF NATIVE PEOPLE IN MEXICO



■ native 9.9%  
■ regular 90.1%

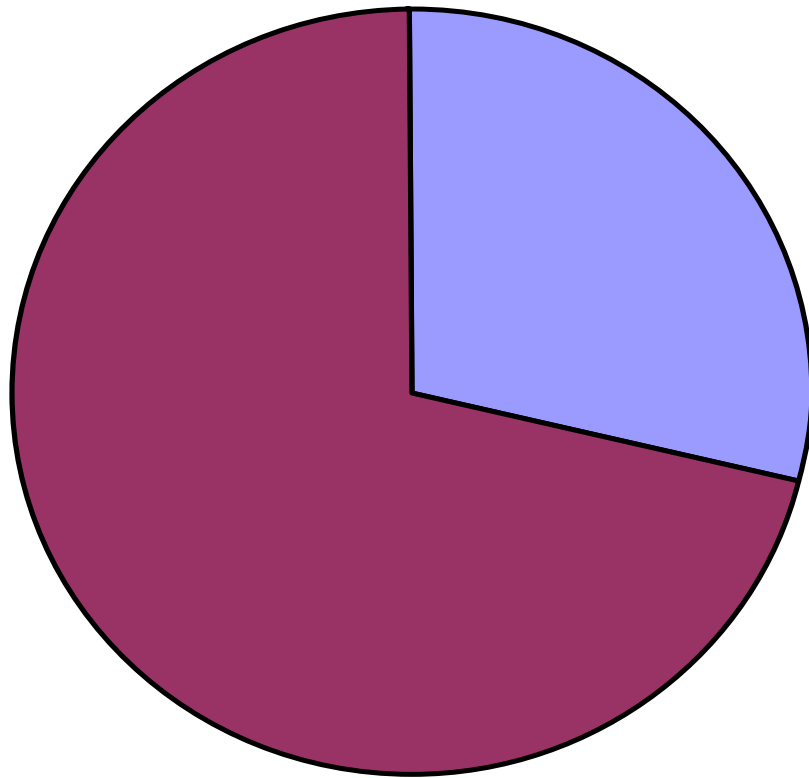


# WOMEN OCUPATION (by INEGI)





# MOTHER'S OCUPATION

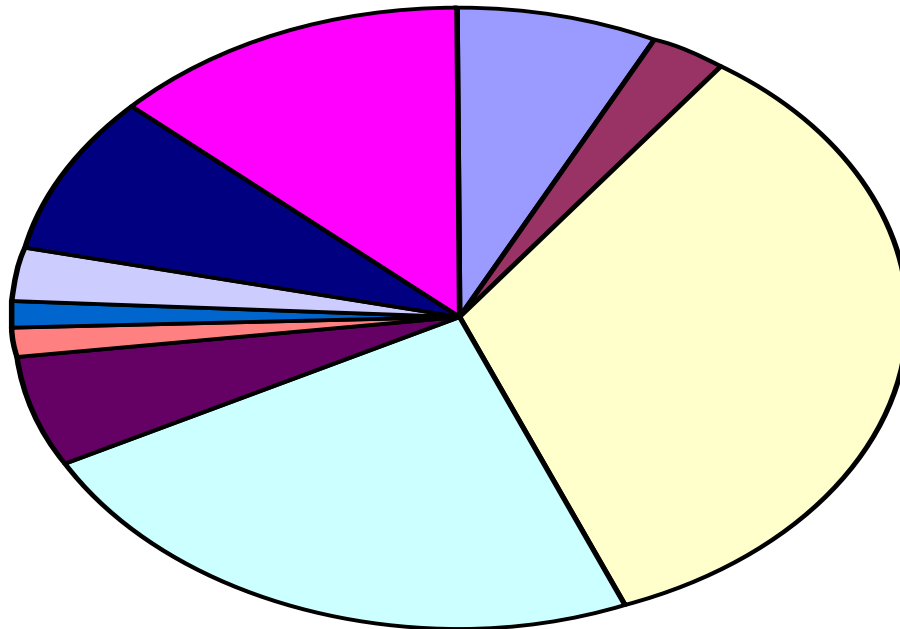


□ WORKS 29%

■ DO NOT  
WORK 71%



# Weaning causes



- Mother illness 7%
- Baby illness 3%
- Not enough milk 35%
- Mother's decision 23%
- Baby rejection 6%
- Pregnancy 1%
- Nipple problem 1%
- others 3%
- Medical advice 8%
- Working mother 13%





La Leche League of Mexico has 67  
Leaders distributed in 15 states.

- Statistics and information from:
- IBFAN MEXICO.
- IBFAN International.
- CEPREN, Peru
- INEGI, Mexico

# SPECIAL THANKS TO:

- Perla Alatorre and her Family
- Nair Carrasco, CEPREN Peru
- Paloma Lerma, IBFAN Mexico  
(Diagnóstico del estado actual de la Lactancia Materna en Mexico)