

Sheet1

*--A macro to create a TABLE of all range names, the table is created outside the worksheet area using the {end}{home} key combination.
*--Use the /Range Name Label Right {End} {Down} <ENTER> to define the range names in this column (starts with the \Z macro name)
*--Hold the <ALT> key and press <Z> to activate the macro
!
!
!
!
\Z
RANGETBL
!
menu154
!
!
!

```
{BREAKON}  
{windowsoff}{paneloff}{menubran menu154}
```

Worksheet

Create the names table in the worksheet

```
/RNT{BS}{end}{home}{right}{end}{up}~{end}{home}{right}{end}{up}{left 2}
```

Printer

Print the range names table

```
/RNT{BS}{end}{home}{right}{end}{up}~{end}{home}{right}{end}{up}{left 2}/rntemp~~/rndtemp~/rntemp~.{end}{down}{right}~/retemp~/rndtemp~
```

Both

Print and create

```
/RNT{BS}{end}{home}{right}{end}{up}~{end}{home}{right}{end}{up}{left 2}/rntemp~~/rndtemp~/rntemp~.{end}{down}{right}~/rndtemp~
```

Quit
Quit the macro